

## Leisure Theory Principles And Practice

*Fathering is a highly contested concept in popular, media, academic and policy discourses, yet in the areas of family studies and men's studies the leisure component of family life is under-played. This book provides a long overdue and thorough investigation of the relationship between fatherhood, sport, and leisure. Fathering Through Sport and Leisure investigates what fathers actually do in the time they spend with their children. Leading researchers from the fields of sport, leisure and family studies examine the tensions men encounter as they endeavour to meet the new expectations of fatherhood, and the central role that sport and leisure play in overcoming this. Analyzed in relation to social trends and current policy debates, this unique collection examines fathering in a wide range of contexts including: parental expectation and youth sports fathers and daughters leisure time and couple time in dual earner families divorce, fatherhood and leisure. The book shows how contemporary fathers use sport and leisure to engage with their sons and daughters, achieve emotional closeness and fulfil their own expectations of what it means to be a 'good father'. Drawing on research carried out in the UK, Australia, Canada and the United States, this is a crucial text for anybody with an interest in leisure studies, family studies or fatherhood. The idea of a 'leisure society' was in its heyday in the 1960s and 1970s, when it was predicted that the pattern of falling working hours which had been experienced in Western societies in the first half of the twentieth century would continue indefinitely. The leisure society has*

*clearly not been realised. On the contrary: contemporary industrial societies seem to be characterised by a shortage of time, experienced as 'time squeeze' and stress. The leisure society idea can be seen as the modern version of the age-old dream of a 'life of ease and plenty'. This analytically and empirically rich book traces the idea in history, through biblical, classical Greek, medieval and nineteenth century utopian writings and into twentieth century concerns with dystopia and the impact of rapid technological change. The 'leisure society' concept turns out to have been an elusive and short-lived phenomenon. For a variety of reasons, the trend towards shorter working hours ran out of steam in the last quarter of the twentieth century. However, while leisure scholars have deserted the topic, a diverse range of activists, including environmentalists, economists and feminists, continue to make the case for reducing working hours. Whatever Happened to the Leisure Society? concludes that the ongoing 'struggle for time' should be supported, for the sake of human health and well-being and for the sake of the planet. This is a valuable resource for students and academics in the fields of leisure studies, cultural studies, history, economics, sociology and political science. Presenting a ground-breaking study of the emerging phenomenon of location-independence, this book examines the way in which the practices of 'global nomads', who live on the road, without fixed abode, place of employment or localised circle of friends, question many of the unwritten norms and ideals that characterise settled life in societies. With the lifestyles of global nomads blurring the boundaries between travel, migration, and dwelling, Global Nomads and Extreme Mobilities draws on in-depth interviews with a worldwide group of*

*location-independent travellers, together with virtual and instant ethnography and discourse analysis, to show how lives oriented around extreme forms of mobility offer researchers in migration, tourism and mobilities a unique opportunity for examining the complex subjectivities and power relations associated with multi-mobility. With close attention to the nationalistic, political, and travel-related attachments of global nomads and the ways in which their own representation and justification of their lifestyles and subjectivities constitute a power negotiation, the book examines 'global nomads' social and intimate relationships and the forms of exclusion and discrimination that they encounter, raising the question of whether they live inside or outside societies - and indeed, whether there can be any life outside societies. A re-assessment of much contemporary research in the fields of mobility, migration and tourism studies, *Global Nomads and Extreme Mobilities* will appeal to scholars across the social sciences.*

*In current academic debates, leisure is increasingly defined as a discursive construction originating both from the specific meanings created by individuals, and the institutionalizing processes that legitimate certain experiences and their spatial-temporal conditions as "leisure". As a result of social construction and the different social conditions existing at a certain historical moment in different societies, the borders among the various aspects of leisure are becoming more and more blurred; as is the case, for instance, with the borders between leisure and work activities. Such border-crossing is the leitmotif of this book. Although focusing on sociological research, it has in fact a multidisciplinary scope and will*

*appeal to a variety of scholars and students interested in the study of leisure in contemporary society as a fundamental dimension of everyday sociality and sociability with very important effects on social cohesion as a whole. After an introductory section, offering general frames on key definitions of leisure and leisure issues, five other sections follow which concentrate on more specific aspects of leisure practices and forms in contemporary society.*

*The Nature and Future of Tourism*

*Whatever Happened to the Leisure Society?*

*Revisiting Family Leisure Research*

*The Future of Events & Festivals*

*The Culture of Free Time*

*Event Studies*

What is leisure? How does leisure relate to leading a good life? This critical and intelligent study interrogates the basic principles of leisure and demonstrates the continuing relevance of these questions for our society today. It not only explores the traditional philosophical concepts at the heart of leisure studies, but also pursues new possibilities for reconceptualising leisure that have emerged from recent developments in society, technology and the broader discipline of philosophy itself. Approaching leisure from a philosophically inquisitive perspective, the book argues that leisure revolves around the pursuit of happiness, human flourishing and well-

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being, making it both a state of mind and a state of being. Its exploration of the meaning of leisure addresses key issues such as identity, ethics, spirituality, human experience, freedom, technology, embodiment, well-being, the fundamental properties of leisure and the challenge of offering a meaningful definition. Revitalising the subject of leisure studies with its originality, *Philosophy of Leisure: Foundations of the Good Life* is fascinating reading for all students and scholars of leisure studies, philosophy, sociology, psychology and ethics.

Leisure has always been associated with freedom, choice and flexibility. The week-end and vacations were celebrated as 'time off'. In his compelling new book, Chris Rojek turns this shibboleth on its head to demonstrate how leisure has become a form of labour. Modern men and women are required to be competent, relevant and credible, not only in the work place but with their mates, children, parents and communities. The requisite empathy for others, socially acceptable values and correct forms of self-presentation demand work. Much of this work is concentrated in non-work activity, compromising traditional connections between leisure and freedom. Ranging widely from an analysis of the inflated aspirations of the leisure society thesis to the culture of deception that permeates leisure choice, Rojek shows how leisure is inextricably linked to emotional labour and

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intelligence. It is now a school for life. In challenging the orthodox understandings of freedom and free time, *The Labour of Leisure* sets out an indispensable new approach to the meaning of leisure. Chris Rojek is Professor of Sociology and Culture at Brunel University. In 2003 he was awarded the Allen V. Saporita Award for outstanding achievement in the field of leisure studies.

This book looks back at the meaning and purpose of leisure in the past. But this is not a simple social history of leisure. It is not enough to write a history of leisure on its own in fact, it is impossible without engaging in the debate about what counts as leisure (in the present and in the past). Writing a history of leisure, then, entails writing a philosophy of leisure: and any history needs to be a philosophical history as well. That is the purpose of this book. It provides an account of leisure through historical time, how leisure was constructed and understood by historical actors, how communicative reason and free will interacted with instrumentality at different times, how historians have reconstructed past leisure through historiography, and finally, how writers have perceived the meaning and purpose of leisure in alternative histories. Providing a sweeping overview of the field, Karl Spracklen charts how the concept of leisure was understood in Ancient history, through to modern times, and looks at leisure in different societies and cultures including

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Byzantium and Asian civilizations, as well as looking at leisure and Islam. Spracklen concludes with a chapter on future histories of leisure.

No single introductory book has until now captured the range of thought appropriate for scrutinizing the idea of leisure. Beginning with a discussion of expressions in classical thought, etymological definitions and key leisure studies concepts, Blackshaw suggests that the idea abounds with ambivalence, which is unlikely ever to be resolved. After analyzing the rise and fall of modern leisure patterns, the emphasis shifts from the historical to the sociological and the author identifies and critically discusses the key modernist and postmodernist perspectives. Drawing on the idea that leisure studies is a 'language game', Tony Blackshaw subsequently offers his own original theory of liquid leisure which asks some key questions about the present and the future of leisure in people's lives, as well as what implications it has for individuals' abilities to embrace the opportunity for an authentic existence that is both magical and moral. Leisure is an essential purchase for undergraduate and postgraduate students, researchers and academics in the fields of Sociology of Leisure, Sports and Leisure Studies, and Popular Culture.

Leisure

Challenging the Common Sense View of Free Time

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Leisure Theory

Australasian Parks and Leisure

Themes and Perspectives

The SAGE Dictionary of Leisure Studies

***Offering readers the most complete and authoritative critical introduction to Leisure Theory and written by one of the major figures in the field, the book provides an exciting and reliable guide to leisure forms, leisure practice and the representation of leisure. It demonstrates how power relations influence leisure choices and introduces students to the primary functions and regulative mechanisms of leisure, providing a thought provoking account of the central problems confronting students of leisure today.***

***Written with the needs of students at both undergraduate and postgraduate levels in mind, the book will quickly be recognized as the bible for Leisure Theory.***

***This is the first handbook devoted entirely to leisure theory, charting the history and philosophy of leisure, theories in religion and culture, and rational theories of leisure in the Western philosophical tradition, as well as a range of socio-cultural theories from thinkers such as Adorno, Bauman, Weber and Marx. Drawing on contributions from experts in leisure studies from around the world, the four sections cover: traditional theories of leisure; rational theories of leisure; structural theories of leisure; and post-structural theories of leisure. The Palgrave Handbook of Leisure Theory is essential reading for students and scholars working in leisure studies, social theory as well as those working on the problem of leisure in the wider humanities and social sciences. This book illustrates how leisure, as with other complex ideas that hold currency in***

***today's world, suffers at the level of common sense, due to a combination of oversimplification, moral depreciation, and even lack of recognition. Leisure's modern legacy is both profound and immense, as a product of approximately 45 years of steady research, application and theory development. The common sense view of free-time activities, therefore, can and should be challenged. Stebbins provides this confrontation by tackling four particular themes: that gatekeepers within the institutions of higher education and funding agencies for research often fail to attach adequate resources to the idea of leisure; that the general population are guided by certain common sense definitions and largely unaware of how an informed view of free time could be beneficial; that practitioners within certain fields continue to refuse to engage with the idea of leisure despite its benefit for their clients; and that the weak reception of the science of leisure within mainstream social sciences suggests a similarly warped understanding of how people use their free time. Leisure's Legacy will be of interest to scholars of Leisure Studies and all those wishing to learn more about the vital importance of leisure in modern Western society.***

***Leisure Theory Principles and Practice Springer***

***Leisure, Sports & Society***

***Developing Professional Practice in Health and Social Care***

***A Handbook of Leisure Studies***

***Meanings, Motives and Lifelong Learning***

***Theory, Research and Policy for Planned Events***

***The Encyclopedia of Tourism and Recreation in Marine Environments***

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Serious Leisure offers a comprehensive view and analysis of the current state of the study of leisure. Defining and differentiating the way people use their free time, Stebbins divides such activity into categories of serious, casual, and project-based leisure that he further separates into a variety of types and subtypes. Together they comprise what he calls "serious leisure." In this perspective, serious leisure constitutes systematic pursuit of an amateur, hobbyist, or volunteer activity sufficiently substantial and interesting in nature and requiring special skills, knowledge, and experience. Casual leisure, though immediately, intrinsically rewarding, is by contrast a relatively short-lived pleasurable activity, requiring little or no special training to enjoy it. Project-based leisure is a short-term, reasonably complicated, occasional creative undertaking carried out in free time. Stebbins sets out the basic concepts and propositions that make up the three forms, focusing on their essential elements. He surveys the stock of the serious leisure literature as well as that for casual and project-based leisure. Stebbins sees "serious leisure" realized by way of a set of foundational concepts--organization, community, history, lifestyle, and culture--and several of their component areas. He reviews the history and background of the concept of serious leisure, then adds historical commentary on, first, casual leisure and, then, project-based leisure. Finally, he examines the future and the importance of the serious leisure perspective in a globalizing world, and some of its critical links with other fields of knowledge and practice, notably the nonprofit sector and preventive medicine. Together with its original insights, Serious Leisure offers a single, handy, coherent, comprehensive resource. It will be of interest to

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to sociologists, labor studies specialists, and economists.

The growth of events and festivals has been significant over the last decade and a wide range of skills are essential to ensure those events are successful. This requirement has been instrumental in stimulating the creation of more tertiary education opportunities to develop events management knowledge. As the discipline develops, knowledge requires direction in order to understand the changing advances in society. This is the first book to take a systematic approach to understanding event management. A systematic and pattern-based understanding is used to determine the likelihood of future events and trends. Using blue skies scenarios provide a vision of the future of events, not only capturing how the events industry is changing but also important issues that will affect events now as well as the future. Chapters include analysis of sustainability, security, impacts of social media, design at both megacities and community level and review a good range of different types of events from varying geographical regions. A final section captures the contributions of each chapter through the formation of a conceptual map for a future research agenda. Written by leading academics in the field, this ground breaking book will be a valuable reference point for educators, researchers and industry professionals.

A unique, international resource for Leisure Studies: in one volume the history, organization and central debates in the field of Leisure Studies are defined, providing a one-stop-shop for students and an agenda for future debate and research academics.

Electronic Inspection Copy available for instructors here [What is the place of leisure in](#)

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societies where people complain of 'over-work'? How do personal freedom and choice relate to the inequalities of class, gender, disability and ethnicity? This critical introduction to the field offers a systematic account of the meaning and structure of leisure today. The book situates the student in the field • provides a comprehensive account of the leading approaches to leisure • explores the influence of class, race, gender, ethnicity, disability and age • discusses the role of the state • examines leisure in the context of changing work relations • locates leisure in the debate around globalization In short, this is an indispensable, one-stop guide to understanding leisure.

Common Ground/Separate Worlds

Re-Imagining Leisure Studies

The Labour of Leisure

Leisure, Health and Well-Being

Philosophy of Leisure

Habermas and Leisure at the End of Modernity

*A range of thinkers in philosophy, religion, and the social sciences have argued that thanks to science, technology, and the organization of society, the human condition has improved and will continue to do so. People are becoming progressively happier and enjoying an ever-improving quality of life, they say, mostly because they are putting their skills and reason to work. The Idea of Leisure is based on the assumption that leisure also fits into the social order, and it*

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*provides a singular vector by which to measure progress, even though it is rarely mentioned in writings about the idea of progress. Robert A. Stebbins believes that leisure fosters positive development in both the individual and community. Progress through free-time activity may sometimes be hard to grasp because of the all-too-common manifestations of deviant behavior from schoolyard bullying to date rape. Despite these examples, the vast majority of leisure activities often have profound, positive consequences for participants and society. Stebbins makes a solid case for linking leisure with progress. Although leisure has huge importance for humanity, observations about the idea of leisure as part of the idea of progress have been sporadic. It is no accident that the World Leisure Organization promotes the motto: "Leisure: integral to social, cultural, and economic development." Nor is it an accident that Article 24 of the United Nations Universal Declaration of Human Rights declares that: "Everyone has the right to rest and leisure, including reasonable limitation of working hours and periodic holidays with pay." For whole nations to find satisfaction and self-fulfillment based on leisure would be a true sign of progress. Stebbins' book offers original insight into this basic human requirement. This book focuses on the tourism industry in conjunction with the impact of COVID-19 from the perspective that it is both negatively*

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*impacting the industry while also offering an opportunity to rise from the ashes. The volume offers a new conceptualization and theorization of tourism, suggests new research methods, offers parallels with other crises (such as 9/11) to better understand the current one, and suggests futurist and innovative strategies. This book offers a wide range of topics on how a pandemic can impact customer satisfaction and the tourism industry.*

*What is Leisure Studies? Who are the key figures in the field? How can we evaluate the relevance of concepts in the field? This is the first full length Dictionary of Leisure Studies. It examines the key concepts, assesses the work of central figures and helps students zero-in on essential issues and conceptual distinctions. The Book:*

- Provides an unprecedented critical survey of the field*
- Offers students authoritative, comprehensive accounts of the basic concepts and leading figures*
- Provides students with core resources to write essays and pass exams*

*Written by teachers experienced with the needs of undergraduates and postgraduates in the field, the book will be quickly recognized as a vital asset in making sense of Leisure Studies.*

*Serious Leisure offers a comprehensive view and analysis of the current state of the sociology of leisure. Defining and differentiating the way people use their free time, Robert A. Stebbins*

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*divides such activity into categories of serious (skilled), casual (unskilled), and project-based (short-term) leisure that he further separates into a variety of types and subtypes. Together they comprise what he calls the serious leisure perspective. Stebbins sets out the basic concepts that make up the three leisure forms, focusing on their essential elements. Stebbins sees serious leisure realized by way of a set of foundational concepts—organization, community, history, lifestyle, and culture. He reviews the history and background of the concept of serious leisure and follows up with historical commentary. Finally, he examines the future and the importance of the serious leisure perspective in a globalizing world, and some of its critical links with other fields of knowledge and practice, notably the nonprofit sector and preventive medicine. Serious Leisure is a coherent and comprehensive resource setting out the main parameters of what is now widely recognized as an interdisciplinary research area. It will be of interest to sociologists, labor studies specialists, and economists.*

*Criminological Perspectives on Leisure and Harm*

*An Introduction to Leisure Studies*

*Key Concepts in Leisure*

*A Holistic Approach*

*The New Politics of Leisure and Pleasure*

*The Palgrave Handbook of Leisure Theory*

**This book explores health and leisure as a holistic phenomenon with individual and social dimensions. Contributors to this edited volume explore the physical, mental, emotional, sexual and social aspects of health and leisure as well as the influence of moral and religious principles. The connections between the individual and the social structure, social integration, the social division of labor, and the natural environment are also analysed. The volume studies this relationship from a range of disciplinary backgrounds, including sociology, psychology, psychiatry, medical sciences, sport sciences, education, policy making, and from both national and international perspectives. As such, the collection will be of interest to scholars and students across a range of disciplines, including Leisure Studies, Health Studies, Health Promotion, Psychology and Mental Health, Sociology and Sport Studies.**

**In this provocative new book, Tony Blackshaw argues that Leisure Studies is in a quiet but deep state of crisis. The twenty-first century has brought profound change to all aspects of society, including a plurality of new leisure worlds, and traditional concepts of Leisure Studies fail to capture this richness. This book aims to re-invigorate Leisure Studies by revealing and unpacking these leisure worlds, thereby changing the way we think about leisure and the way we do Leisure Studies. Both trivial and serious in its implications, it is precisely this paradox that makes leisure such a fascinating subject of study. Re-Imagining Leisure Studies presents a new and radical set of methodological rules for**

***studying leisure trends and cultures in contemporary society. It discusses the critical issues that underpin recent developments in leisure theory and explores the key themes of social class, community, politics, freedom and globalization. Marking a turning point in the reception and understanding of Leisure Studies, this book is vital reading for all students and scholars with a social scientific interest in leisure.***

***This book is about the new politics of leisure and pleasure - the values, practices, struggles and contradictions that now characterize the social worlds of rambling, drinking, tourism, sex, watching TV, gambling, using the internet, reading, comedy, sport, popular music and censorship.***

***The way we organise our free time can reveal a great deal about our identities and ideology. This book explores what our sports and leisure choices can tell us about the society in which we live. Comprehensive, cutting edge and packed with global examples it covers all the essentials for students of sports and leisure sociology.***

***Leisure Myths and Mythmaking***

***The Meaning and Purpose of Leisure***

***Serious Leisure***

***Leisure Studies***

***First Principles***

***Foundations of the good life***

The study of consumption has never seriously examined the role of leisure. This

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ambitious, agenda-setting study, provides the most in-depth examination of the relationship between the two to date, drawing on the serious leisure perspective and outlining a new conceptual framework for analyzing consumption for leisure. This book reviews empirical and theoretical research on sustainable development in the context of leisure management for communities. Although leading research centers are pursuing interdisciplinary research on leisure in the context of sustainable development, there are still few papers that holistically address the current challenges in this area. In addition, demographic changes have made the promotion of a healthy lifestyle essential. Doing so requires responsible behavior on the part of various stakeholders in this market. This book fills an important gap in the literature and gathers contributions from an interdisciplinary and international team of authors, whose fields of expertise include human geography, management, intersections of sustainability and leisure, behavioral psychology and tourism. This is the first book to address the link between culture and sport management. The aim is to demonstrate that culture profoundly affects how we research, teach and practice sport management. The book engages with the concept of culture both as an abstract analytical category and specific beliefs and practices. It recognizes that a single best way of managing does not exist; that the applicability of management theories may stop at national boundaries; and that fundamental cultural values act as a strong determinant to managerial ideology and practice. Culture makes the study of sport management interesting because it challenges many taken-for-granted assumptions about management, yet it reinforces our belief in the existence of common

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management problems. The book offers a comprehensive review of the conceptualisations of culture and its relation with sport management by examining a range of issues: the emergence of multiculturalism as a policy issue; the impact of commonly shared cultural values within the fitness industry on managers and organisations behaviour; building cultural bridges in community sport organisations; cultural meanings attached to the consumption of Olympic merchandise, and culturally-informed interpretation through a reflective analysis of sport management texts. This book was published as a special issue of *European Sport Management Quarterly*. Marine tourism has become one of the fastest growing areas within the tourism industry. With the increased use of marine environments comes the need for informed planning and sustainable management as well as for the education and training of planners, managers and operators. Combining the disciplines of marine scientists and tourism researchers, this encyclopedia will bring together the terms, concepts and theories related to recreational and tourism activities in marine settings. Entries range from short definitions to medium and long articles.

The Idea of Leisure

Global Nomads and Extreme Mobilities

Handbook of Sustainable Development and Leisure Services

A Post-COVID-19 Context

A Perspective for Our Time

Deviant Leisure

**Event Studies is the only book devoted to developing knowledge**

and theory about planned events. It focuses on event planning and management, outcomes, the experience of events and the meanings attached to them, the dynamic processes shaping events and why people attend them. This title draws from a large number of foundation disciplines and closely related professional fields, to foster interdisciplinary theory focused on planned events. This revised edition has been updated to reflect and examine a number of substantial and important new ideas. New to the fourth edition: New sections on the evolution of design theory, management, planning and marketing theory applied to events, sensory stimulation, leadership, and the nature of crises and security issues New content on critical event studies and what this means for research and practice, the life-cycle model for event programming, and an action plan for how events can be a positive force in sustainable cities New and additional case studies from a wide range of international events, and reviews of the evolving theory of contemporary research in Events Studies are included throughout This will be an invaluable resource for all undergraduate students of Events Studies throughout their degree programs.

There have been a number of social, political and economic shifts that have played a major role in constraining, enriching, mediating and altering everyday family interactions and family practices. These include globalization, economic instability, neoliberal government paradigms, a culture of consumerism, technological advancements, shifting demographics and changing parenting ideologies. This book considers what advancements have been made in family leisure research over the past two decades within the context of a rapidly shifting society and examines potential new directions for scholarship. The book begins with an emphasis on the need for scholarship that explores diverse constructions of family and provides a call to action for family-centered scholars to engage with broader social issues. A collection of authors argue the importance of expanding the understanding of family to include older adults, highlight the missing perspectives of recreation and leisure agencies in family scholarship, and examine the ways in which information communication technology may alter family leisure. Authors also consider the dominance of particular theoretical perspectives, and the limitations and consequences of such perspectives, to

understand the complexity, diversity and richness of the lived family experience. The chapters in this book were originally published in a special issue of Leisure Sciences and an invited commentary in the Annals of Leisure Research.

Leisure studies encompasses the broadest range of leisure and sports pursuits and marries management, administration and sports, as well as customer service. Key Concepts in Leisure presents an indispensable guide to the key themes and concepts in this rapidly developing, fast-paced and demanding industry. "There are textbooks galore, but there aren't many crafted as intelligently as this one. This book will change the way that students understand leisure. It will give them an easier entry to that place where difficult ideas fuse into something intelligible, where real understanding sits and the educated imagination is stirred." - Tony Blackshaw, Sheffield Hallam University Peter Bramham and Stephen Wagg provide a foundation for those studying within the broad field of leisure studies. The book gives students an accessible and engaging introduction to leisure studies and leisure research, encouraging students to engage in reflexive analysis of their common sense

**understandings of everyday life and enabling them to develop an understanding of contemporary leisure studies and changing leisure practices.**

**Leisure and Food**

**Mapping Leisure across Borders**

**Leisure and Consumption**

**Constructing Leisure**

**Historical and Philosophical Debates**

We are entering a new era of leisure. Quality rather than quantity is now the focus of researchers, policymakers and managers. Technological change, an ageing population and a harsh economic climate are changing the values and practices of leisure, as well as the relationship between leisure, society and the individual. Contemporary Perspectives in Leisure uses a variety of disciplinary approaches to introduce the most important trends in contemporary leisure in the Twenty-First Century. With contributions from some of the leading international figures in modern leisure studies, the book examines key philosophical and theoretical debates around leisure, with reference to concepts such as happiness, enjoyment and quality of life, as well as the most interesting contemporary themes in leisure studies, from youth leisure and 'dark' leisure to technology and

adventure. Understanding changes in leisure helps us to better understand changes in wider society. *Contemporary Perspectives in Leisure* is a perfect companion to any course in leisure studies, and useful reading for any student or scholar working in sociology, cultural studies, recreation, tourism, sport, or social psychology.

This book brings together a collection of critical essays that challenge the existing dogma of leisure as an unmitigated social good, in order to examine the commodification and marketisation of leisure across a number of key sites. Leisure and consumer culture have become symbolic of the individual freedoms of liberal society, ostensibly presenting individuals with the opportunity to display individual creativity, cultural competence and taste. This book problematizes these assertions, and considers the range of harms that emerge in a consumer society predicated upon intense individualism and symbolic competition. Approaching the field of commodified leisure through the lens of social harm, this collection of essays pushes far beyond criminology 's traditional interest in ' deviant ' forms of leisure, to consider the normalized social, interpersonal and environmental harms that emerge at the intersection of leisure and consumer capitalism. Capturing the current vitality and interdisciplinary scope of recent work which is underpinned by the deviant leisure perspective, this collection uses case studies, original research and other forms of empirical enquiry to scrutinise activities that range from alcohol consumption and gambling, to charity tourism; CrossFit training; and cosmetic

pharmaceuticals. Drawn from researchers across the UK, US, Europe and Australia, *Deviant Leisure: Criminological Perspectives on Leisure and Harm* represents the first systematic attempt at a criminological consideration of the global harms of the leisure industry; firmly establishing leisure as a subject of serious criminological importance. This book uses the work of Jurgen Habermas to interrogate leisure as a meaningful, theoretical concept. Drawing on examples from sport, culture and tourism, and going beyond concerns about the grand project of leisure, Spracklen argues that leisure is central to understanding wider debates about identity, postmodernity and globalization. This book centralizes powerful leisure stories that may otherwise be understood as myths—sometimes recognized, often less so—that circulate in the field of leisure studies and beyond. In everyday use, a myth perpetuates a popularly held belief that is false or untrue. However, in social and cultural theories, myths are more complex as partial truths that privilege particular versions of a shared social reality. We see myth as having an “absent presence” in leisure studies, and want to know what myths are, what they do, and how they circulate and shape people’s leisure lives. Myths can do more than obfuscate; they often animate people’s lives, motivate collective action, and inspire change. As the chapters in this edited volume explore in further detail, leisure myths and mythmaking involve complex relations in the gaps between reality and imagination—from the shared myths of musical legends to myths of placemaking and

communities, as well as from origin myths of sport practices to fantasy and festivals, to the importance of storytelling as mythmaking in tourism. In different ways, each of these chapters alerts the readers to the “ absent presence ” of myths and mythmaking in leisure research. The chapters in this book were originally published as a special issue of Leisure Sciences.

Principles and Practice

Contemporary Perspectives in Leisure

Leisure ' s Legacy

Fathering Through Sport and Leisure

Critical Reflections on the Future of Family-Centered Scholarship

Sport Management Cultures

**Leisure and food seem to be a natural fit, but the recent, unprecedented focus on all aspects of food has not been reflected in the field of leisure studies. This book is the first to combine these vital aspects of human interest by exploring the interface between leisure and food in a number of areas. For example, it examines sports nutrition products, which straddle the boundary between junk and food. It also looks into hosting sustainable meals, and what eaters can learn about sustainable food choices and food citizenship. It visits ethnic restaurants and inquires about the authenticity**

of eatertainment experiences from both the supply and demand side. And it takes up gardening, while investigating questions of food security, social capital, gardening narratives and the role of place. The book concludes with a dynamic reflection that sums up these leisure and food practices and sites, and challenges us to continue these debates. This book was published as a special issue of Leisure/Loisir.

Addressing the changing world of professionalism, this text combines theory, research and practice, using real case studies, to investigate the process of becoming professional. Mapping the journey from allied or associate practitioner positions through qualifying and into advanced practitioner status, it is a valuable companion for health and social care, social work and allied health students from the beginning of their studies. *Developing Professional Practice in Health and Social Care* is an accessible text, including case studies, reflective exercises and activities, chapter aims and summaries and further reading boxes throughout. It covers: the context for professional practice, including historical perspectives, policy and discussion of relevant competencies and frameworks the concept of professionalism, exploring what it means to be a professional values and ethics underpinning professional practice professional identity

**development, including formation and changes in identity professional practice in complex environments, paying particular attention to working in organisations becoming a critical and globally aware practitioner the role of evidence and knowledge in professional practice working with supervision. Maintaining a strong focus on the ethical dimensions of professional practice, this text emphasises how health and social care practitioners can contribute to social justice and challenge social exclusion.**

**This landmark publication brings together some of the most perceptive commentators of the present moment to explore core ideas and cutting edge developments in the field of Leisure Studies. It offers important new insights into the dynamics of the transformation of leisure in contemporary societies, tracing the emergent issues at stake in the discipline and examining Leisure Studies' fundamental connections with cognate disciplines such as Sociology, Cultural Studies, History, Sport Studies and Tourism. This book contains original work from key scholars across the globe, including those working outside the Leisure Studies mainstream. It showcases the state of the art of contemporary Leisure Studies, covering key topics and key thinkers from the psychology of leisure to leisure policy, from Bourdieu to Baudrillard, and suggests that leisure in the 21st**

**century should be understood as centring on a new 'Big Seven' (holidays, drink, drugs, sex, gambling, TV and shopping). No other book has gone as far in redefining the identity of the discipline of Leisure Studies, or in suggesting how the substantive ideas of Leisure Studies need to be rethought. The Routledge Handbook of Leisure Studies should therefore be the intellectual guide of first choice for all scholars, academics, researchers and students working in this subject area.**

**Routledge Handbook of Leisure Studies**