

Magic Of Nlp Demystified Second Edition

This practical resource makes three radically different types of hypnosis easy to use in daily hypnotic work, exploring the methods of Milton H. Erickson, George Estabrooks and David Elman. "A gem. Well-written, well-paced and packed with information." Andrew Bradbury, author of Successful Presentation Skills and Develop Your NLP Skills
 Magic of NLP DemystifiedCrown House Pub Limited
 This is an exploration and development of the meta-model, which lies at the heart of communicational excellence in neuro-linguistic programming.
 "Hung Q. Pham has applied sound business practice to learning to create a inspiring guide to tackling any language. From identifying the vocabulary that really matters to tips for pronunciation - it's a great set of techniques which will have you speaking, reading and writing your new language in no-time" - Chris Graham (UK)
 NLP in ELT
 Time Line Therapy® Made Easy
 The Origins of Neuro Linguistic Programming
 Principles and Practice of Geriatric Psychiatry
 Dive Into Deep Learning
 Mind-Lines

Change programmes in both private and public sectors have a poor record of delivering their intended value. The reasons given most often for their failure include lack of executive support or buy-in from key users, loose requirements definition, weak programme thinking. They rarely include technical limitations. Value Management puts forward the view that the true problem lies in failing to understand the causal links between the intended stakeholder outcomes and the actual programme outputs. Repeating the pair of two questions: - Before implementation, what capabilities must a change programme deliver, when and in what order so as to cause intended value against a defined purpose with speed and certainty? - During and after implementation, what minor adjustments are certain that the programme remains on purpose and on value? and two answers to be given: - Target, time and align change programmes to deliver maximum intended value to stakeholders - the baseline business case - track and respond to changes during implementation that the programme actually delivers or exceeds intended value - value realisation. The authors show how, by asking and answering these questions, direction and delivery of any programme can be clarified and greater economic value achieved.

Aza Holmes, a high school student with obsessive-compulsive disorder, becomes focused on searching for a fugitive billionaire.

Neurolinguistic programming is a psychological technique that explains the ways individuals receive, perceive and process information differently. Teaching the techniques to lawyers encourages them to listen, notice responses and become flexible in their delivery of a message they are delivering is heard by each receiver. This book discusses the importance of rapport in the courtroom and explains how people communicate. A step-by-step guide to negotiating and mediating techniques, with tips on avoiding common pitfalls and maintaining rapport, and how to phrase statements to influence cases

The internationally bestselling guide to "mind-reading" by influencing those around you via non-verbal communication, from human psychology expert Henrik Fexeus. How would you like to know what the people around you are thinking? Do you want to network more effectively to give you that promotion, and finally become the life of every party? Now, with Henrik Fexeus's expertise, you can. The Art of Reading Minds teaches you everything you need to know in order to become an expert at mind-reading. Using psychology-based techniques for communication, reading body language, and using psychological influence, Fexeus explains how readers can find out what another person thinks and feels– and consequently control that person's thoughts and beliefs. Short, snappy chapters cover subjects such as how they mean, how people flirt without even knowing it, benevolent methods of suggestion and undetectable influence, how to plant and trigger emotional states, and how to perform impressive mind-reading party tricks. Fexeus gives readers practical (and often surprising) mind-read others and use this information, benevolently, both in personal and professional settings.

Lines for Changing Minds
 Effective Communication and Persuasion Techniques for Lawyers
 5 Steps to Speak a New Language
 The Uninvited Dilemma

The Krasner Method of Hypnotherapy

The renowned Principles and Practice of Geriatric Psychiatry, now in its third edition, addresses the social and biological concepts of geriatric mental health from an international perspective. Featuring contributions by distinguished authors from around the world, the book offers a distinctive angle on issues in this continually developing discipline. Principles and Practice of Geriatric Psychiatry provides a comprehensive review of: geriatric psychiatry spanning both psychiatric and non-psychiatric disorders scientific advances in service development specific clinical dilemmas New chapters on: genetics of aging somatoform disorders epidemiology of substance abuse somatoform disorders care of the dying patient Continuing the practice of earlier editions, the major sections of the book address aging, diagnosis and assessment and clinical conditions, incorporating an engaging discussion on substance abuse and schizophrenic disorders. Shorter sections include the presentation of mental illness in elderly people from different cultures—one of the most popular sections in previous editions. Learning and behavioural studies, as well as models of geriatric psychiatry practice, are covered extensively. This book provides a detailed overview of the entire range of mental illness in old age, presented within an accessible format. Principles and Practice of Geriatric Psychiatry is an essential read for psychiatrists, geriatricians, neurologists and psychologists. It is of particular use for instructors of general psychiatry programs and their residents.

Create learning experiences that transform not only learning, but life itself. Learn about, improve, and expand your world of learning. This hands-on companion to the runaway best-seller, Deep Learning: Engage the World Change the World, provides an essential roadmap for building capacity in teachers, schools, districts, and systems to design deep learning, measure progress, and assess conditions needed to activate and sustain innovation. Loaded with tips, tools, protocols, and real-world examples, the easy-to-use guide has everything educators need to construct and drive meaningful deep learning experiences that give purpose, unleash student potential, and prepare students to become problem-solving change agents in a global society.

How do brain, mind, matter, and energy interact? Can we create a comprehensive model of the mind and brain, their interactions, and their influences? Synthesizing research from neuroscience, physics, biology, systems science, information science, psychology, and the cognitive sciences, The Neurophysics of Human Behavior advances a unified theory of brain, mind, behavior and information. This groundbreaking work helps you more deeply understand, more accurately predict, and more effectively change human behavior - a significant contribution to the fields of psychology, education, medicine, communications, and human relations. Cognitive neurophysics, as detailed in this work, presents an integrated perspective of brain, mind, behavior, thoughts, and nature. The distinguished authors emphasize the need to view psychological science - and our image of the "self" - in the context of the physical world: matter, energy, and natural laws. NeuroPrint is the powerful application model of this perspective. This comprehensive, detailed algorithm defines the network of interactions that develop brain, mind, behavior, thoughts, and emotions and redefines the meaning of psychotherapeutic intervention. The Neurophysics of Human Behavior gives the background, tools, and methods for intervention and modeling. It outlines the systematic, behavioral approach of NeuroPrint, promising to promote a deep understanding of the process of human change. Using The Neurophysics of Human Behavior, practitioners and researchers can plot and gauge the paths of change in neurocognitive dynamics and the improvements in mental health.

Historically viewed as a vehicle for entertainment or the occult, hypnosis has slowly gained recognition as an effective tool in the medical arts, sports programs, and stress seminars. Gradually law enforcement specialists also have used hypnosis - specifically forensic hypnosis - as a powerful tool when collecting information from the witness. Hypnosis serves police and prosecutors by enabling the witness to recall minute details that they had previously forgotten due to momentary excitement or fear. Investigative Forensic Hypnosis presents the practical application and scientific side of this subject, explaining forensic hypnosis in an understandable way, answering many common questions, and identifying its practical use in the courtroom. The author, with 22 years of experience in law enforcement and 14 years experience in forensic hypnosis, brings his outstanding law enforcement background and valued expertise to this important, informative handbook, dissolving misconceptions or doubts and illuminating forensic hypnosis as a valuable advantage in any case. Two parts divide the discussion: The Essence of Hypnosis - covers the origins of hypnosis to its current uses o explains hypnosis from a scientific approach o clarifies misleading information o provides a logical approach to this unusual phenomenon o illustrates its potential in law enforcement Investigative Forensic Hypnosis - arms its reader with a clear understanding of hypnosis o discusses applications to the criminal justice system o outlines essential guidelines for correctly using forensic hypnosis o identifies specific procedures for determining the facts of a case The information presented assists: the hypnotist performing this investigative technique the investigator considering hypnosis lawyers and judges determining the appropriate application of hypnosis in a case This book provides the framework for hypnosis as a successful and dependable tool to assist in investigations - not to solve crimes by magic but to provide useful, indispensable clues and details. This technique improves information gained from that most important asset in a case - the witness. Understanding the proper guidelines provided in Investigative Forensic Hypnosis can make a good witness a great witness.

Turtles All the Way Down

How to Understand and Influence Others Without Them Noticing

Health Informatics: Practical Guide for Healthcare and Information Technology Professionals (Sixth Edition)

and the basis of personality

Magic Demystified

Know Your Enemy

The authors, practitioners in NLP, explain Milton H. Erickson's skills of hypnotism to the readers, identifying the elements of his skill by using refined patterning and modelling techniques. Erickson also describes his methods in his own words.

Typical Lean Six Sigma training takes 10 to 20 days at costs ranging from \$5,000 to \$40,000 per person

Written as a tutorial to explore and understand the power of R for machine learning. This practical guide that covers all of the need to know topics in a very systematic way. For each machine learning approach, each step in the process is detailed, from preparing the data for analysis to evaluating the results. These steps will build the knowledge you need to apply them to your own data science tasks.Intended for those who want to learn how to use R's machine learning capabilities and gain insight from your data. Perhaps you already know a bit about machine learning, but have never used R; or perhaps you know a little R but are new to machine learning. In either case, this book will get you up and running quickly. It would be helpful to have a bit of familiarity with basic programming concepts, but no prior experience is required.

The Uninvited Dilemma is different from the autobiographies and clinical studies on transsexuality. It represents two years of research involving carefully structured, in-depth personal interviews with seventy-five transsexuals, consultations with members of the medical and mental health communities, and conversations with loved ones of transsexuals. This book will give you an understanding of the true nature of transsexuality. It is a remarkable reading experience for all who are interested in the human condition and exploration of the most fundamental aspect of our humanity.-- Provided from Amazon.com

Exploring the Structure and Meaning of Language

The Dynamic Leader

A comprehensive guide

Beliefs

How to Measure and Optimize Your Marketing Investment

Patterns of the Hypnotic Techniques of Milton H. Erickson, M.D.

Are you a business owner who, as your business has grown, has had to learn to lead a team? Or have you been promoted to a leadership role and thought 'What now?' You haven't received any training, there's little support and you're finding few places to go for advice; so you decide to just follow your own leader, only to realise they are not the type of leader you want to be.By following the proven nine-stage model outlined in this book - which Shelley Flett has created and tested - you will be well on your way to finding your own dynamic leadership style. By focusing on relationships, respect and results, you will succeed as a new leader.The Dynamic Leader may not be the only thing you'll need to become an amazing leader, but it's a great place to start.

Now in its Fourth Edition, Mind-Lines is a practical book about how to use the Meta-Model for conversationally reframing and transforming meaning. Learn how to recognize and use neurolinguistic magic. Mind-Lines presents the Sleight of Mouth Patterns using the logical level system of Meta-States by rigorously reworking the old Sleight of Mouth patterns. With a model of levels it sorts out the structure of meaning and magic to bring order and understanding to using the magic of language for influence, persuasion, in selling, negotiating, etc. Learn how to language the magic of transformation that comes from meta-stating meaning itself. In other words, Meta-States show up linguistically as Mind-Lines. In this book, you will discover the magic of conversational reframing.

When it comes to network security, many users and administrators are running scared, and justifiably so. The sophistication of attacks against computer systems increases with each new Internet worm.What's the worst an attacker can do to you? You'd better find out, right? That's what Security Warrior teaches you. Based on the principle that the only way to defend yourself is to understand your attacker in depth, Security Warrior reveals how your systems can be attacked. Covering everything from reverse engineering to SQL attacks, and including topics like social engineering, antiforensics, and common attacks against UNIX and Windows systems, this book teaches you to know your enemy and how to be prepared to do battle.Security Warrior places particular emphasis on reverse engineering. RE is a fundamental skill for the administrator, who must be aware of all kinds of malware that can be installed on his machines -- trojaned binaries, "spyware" that looks innocuous but that sends private data back to its creator, and more. This is the only book to discuss reverse engineering for Linux or Windows CE. It's also the only book that shows you how SQL injection works, enabling you to inspect your database and web applications for vulnerability.Security Warrior is the most comprehensive and up-to-date book covering the art of computer war: attacks against computer systems and their defenses. It's often scary, and never comforting. If you're on the front lines, defending your site against attackers, you need this book. On your shelf--and in your hands.

The only guide devoted exclusively to social media metrics Whether you are selling online, through a direct sales force, or via distribution channels, what customers are saying about you online is now more important than your advertising. Social media is no longer a curiosity on the horizon but a significant part of your marketing mix. While other books explain why social media is critical and how to go about participating, Social Media Metrics focuses on measuring the success of your social media marketing efforts. Success metrics in business are based on business goals where fame does not always equate to fortune. Read this book to determine: Why striving for more Twitter followers or Facebook friends than the competition is a failing strategy How to leverage the time and effort you invest in social media How to convince those who are afraid of new things that social media is a valuable business tool and not just a toy for the overly-wired Knowing what works and what doesn't is terrific, but only in a constant and unchanging world. Social Media Metrics is loaded with specific examples of specific metrics you can use to guide your social media marketing efforts as new means of communication.

Presenting Magically

The Wizard Within

Transform your stage presence with NLP

The Winning Edge

Communication Magic

Social Media Metrics

Leverage benefits of machine learning techniques using Python About This Book Improve and optimise machine learning systems using effective strategies. Develop a strategy to deal with a large amount of data. Use of Python code for implementing a range of machine learning algorithms and techniques. Who This Book Is For This title is for data scientist and researchers who are already into the field of data science and want to see machine learning in action and explore its real-world application. Prior knowledge of Python programming and mathematics is must with basic knowledge of machine learning concepts. What You Will Learn Learn to write clean and elegant Python code that will optimize the strength of your algorithms Uncover hidden patterns and structures in data with clustering Improve accuracy and consistency of results using powerful feature engineering techniques Gain practical and theoretical understanding of cutting-edge deep learning algorithms Solve unique tasks by building models Get grips on the machine learning design process In Detail Machine learning and predictive analytics are becoming one of the key strategies for unlocking growth in a challenging contemporary marketplace. It is one of the fastest growing trends in modern computing, and everyone wants to get into the field of machine learning. In order to obtain sufficient recognition in this field, one must be able to understand and design a machine learning system that serves the needs of a project. The idea is to prepare a learning path that will help you to tackle the real-world complexities of modern machine learning with innovative and cutting-edge techniques. Also, it will give you a solid foundation in the machine learning design process, and enable you to build customized machine learning models to solve unique problems. The course begins with getting your Python fundamentals nailed down. It focuses on answering the right questions that cover a wide range of powerful Python libraries, including scikit-learn Theano and Keras.After getting familiar with Python core concepts, it's time to dive into the field of data science. You will further gain a solid foundation on the machine learning design and also learn to customize models for solving problems. At a later stage, you will get a grip on more advanced techniques and acquire a broad set of powerful skills in the area of feature selection and feature engineering. Style and approach This course includes all the resources that will help you jump into the data science field with Python. The aim is to walk through the elements of Python covering powerful machine learning libraries. This course will explain important machine learning models in a step-by-step manner. Each topic is well explained with real-world applications with detailed guidance.Through this comprehensive guide, you will be able to explore machine learning techniques.

Whether you are a newcomer or a seasoned professional, Presenting Magically will provide you with masterful tips and techniques to transform your presenting skills. " A treasure trove of information on how to acquire the skills of a world class presenter." Judith E. Pearson PhD, Anchor Point The Origins of NLP brings together the recollections and thoughts of some of the main protagonists from the very early days of NLP. In 1971 Richard Bandler and Frank Pucelik were students at Kresge College at the University of California Santa Cruz. They had a strong mutual interest in Gestalt Therapy. Frank because of his traumatic time in Vietnam and because he had been working with some disaffected and drug-addicted kids, and Richard because he had been working with Science and Behavior Books on transcribing and editing Fritz Perls' seminal work, The Gestalt Approach and Eyewitness to Therapy. They started a local Gestalt group and ran 2-3 sessions a week collaborating and experimenting with the language of therapy. They started achieving some brilliant results but were having problems transferring their skills to others and so Richard invited one of their college professors, John Grinder, to observe what they were doing in order that he would, hopefully, be able to deconstruct what they were doing that was so effective. John was a professor of Linguistics and was instantly impressed with the work that they were doing. He was able to add more structure and in due course the three of them formalised what is now known as the Meta Model. NLP, or Meta as it was known then, was born.

Summary Introducing Data Science teaches you how to accomplish the fundamental tasks that occupy data scientists. Using the Python language and common Python libraries, you'll experience firsthand the challenges of dealing with data at scale and gain a solid foundation in data science. Purchase of the print book includes a free eBook in PDF, Kindle, and ePub formats from Manning Publications. About the Technology Many companies need developers with data science skills to work on projects ranging from social media marketing to machine learning. Discovering what you need to learn to begin a career as a data scientist can seem bewildering. This book is designed to help you get started. About the Book Introducing Data ScienceIntroducing Data Science explains vital data science concepts and teaches you how to accomplish the fundamental tasks that occupy data scientists. You'll explore data visualization, graph databases, the use of NoSQL, and the data science process. You'll use the Python language and common Python libraries as you experience firsthand the challenges of dealing with data at scale. Discover how Python allows you to gain insights from data sets so big that they need to be stored on multiple machines, or from data moving so quickly that no single machine can handle it. This book gives you hands-on experience with the most popular Python data science libraries, Scikit-learn and StatsModels. After reading this book, you'll have the solid foundation you need to start a career in data science. What's Inside Handling large data Introduction to machine learning Using Python to work with data Writing data science algorithms About the Reader This book assumes you're comfortable reading code in Python or a similar language, such as C, Ruby, or JavaScript. No prior experience with data science is required. About the Authors Davy Cielen, Arno D. B. Meysman, and Mohamed Ali are the founders and managing partners of Optimately and Maiton, where they focus on developing data science projects and solutions in various sectors. Table of Contents Data science in a big data world The data science process Machine learning Handling large data on a single computer First steps in big data Join the NoSQL movement The rise of graph databases Text mining and text analytics Data visualization to the end user

Tools for Engagement

Magic of NLP Demystified

Small Press Record of Books in Print

Hypnotism

VALUES and the Evolution of Consciousness

Machine Learning with R

The intention behind this is not to give you an inspirational book, but to offer you a self-empowering guide. Adriana wants to bring to your awareness the potential offered by an offshoot of NLP, which is the science and art of Time Line Therapy® techniques. Here we share with you the beginning of the process, and we hope you will use it to your benefit. The intention is to help you to let go of past burdens and create happiness and success in your life.

With new and updated material this is the second edition of a work which has long been regarded as one of the best introductions to NLP and, in particular, its Language of Communication model available. It introduces the reader to a remarkable new approach to the study of human communications and therapeutic change. Managers, sales people, consultants, therapists, parents educators and anyone interested in or involved with influential communications and personal change - will benefit from reading this book, which is written in an informal and entertaining style.

Health Informatics (HI) focuses on the application of Information Technology (IT) to the field of medicine to improve individual and population healthcare delivery, education and research. This extensively updated fifth edition reflects the current knowledge in Health Informatics and provides learning objectives, key points, case studies and references.

This the best selling introduction to Neuro-Linguistic Programming (NLP), written in an informal and entertaining style. This book will introduce the reader to a remarkable new approach to the study of human communications and therapeutic change.

Managers, sales people, consultants, therapists, parents, educators -- anyone interested in or involved with influential communications and personal change will benefit from reading this unusual book.

Lean Six Sigma Demystified

A Pragmatic Guide to Communication and Change

Hypnosis

Time Line Therapy and the Basis of Personality

Security Warrior

Pathways to health and well-being

BELIEFS are the foundation of everyone's personal outcomes. This second edition of Beliefs: Pathways to Health & Well-Being includes new and updated material and offers leading edge technologies that rapidly and effectively identify and remodel limiting beliefs. It teaches you powerful processes for change and demonstrates how to identify and change beliefs using scripts from personal change work undertaken with individuals in workshops. These processes include reprogramming, conflict integration, belief/reality strategies, visualization and criteria identification. You will learn the latest methods to change beliefs which support unhealthy habits such as smoking, overeating and drug use; change the thinking processes that create phobias and unreasonable fears; retrain your immune system to eliminate allergies and deal optimally with cancer, AIDS and other diseases; and learn strategies to transform "unhealthy" beliefs into lifelong constructs of wellness.

In his own inimitable style Ramsey Dukes takes us through the advantages and dangers of hobnobbing with Demons. However for him Demons are very much our own creations; life's problems and challenges personified and given form. We can either be their slaves or strike bargains and get back into the driving seat. With his characteristic wit and wisdom, Uncle Ramsey takes us on a rollercoaster ride through our own subconscious in a sustained effort for us to accept and negotiate with life's challenges.

Big Data is a big topic, based on simple principles. Guided by leading expert in the field, David Stephenson, you will be amazed at how you can transform your company, and significantly improve KPIs across a broad range of business units and applications. Find out how an ecommerce company avoided two million product returns per year, how a newspaper saw triple-digit annual growth in digital subscriptions, how researchers in England learned to better detect pending cardiovascular problems, and how AI programs taught themselves to win games using techniques that even their human programmers didn't understand, all thanks to big data. Find out also how one company realized it could swap a million dollar hardware system with a twenty thousand dollar replacement. With simple and straightforward chapters that allow you to map examples onto your own business, Big Data Demystified will help you: · Know which data is most useful to collect now and why it's important to start collecting that data as soon as possible. · Understand big data and data science and how they can help you reach your business goals and gain competitive advantage. · Use big data to understand where you are now and how you can improve in the future. · Understand factors in choosing a big data system, including whether to go with cloud-based solutions. · Construct your big data team in a way that supports an effective strategy and helps make your business more data-driven. **BIG DATA MAKES A BIG DIFFERENCE "Read this book! It is an essential guide to using data in a practical way that drives results." Ian McHenry, CEO Beyond Pricing "This is the book we've been missing: big data explained without the complexity." Marc Salomon, Professor in Decision Sciences and Dean at University of Amsterdam Business School "Big Data for the rest of us! I have never come across a book that is so full of practical advice, actionable examples and helpful explanations. Read this one book and start executing Big Data at your workplace tomorrow!" Tobias Wann CEO at @Leisure Group**

With new and updated material this is the second edition of a work which has long been regarded as one of the best introductions to NLP and, in particular, its Language of Communication model, available. It introduces the reader to a remarkable new approach to the study of human communications and therapeutic change. Managers, sales people, consultants, therapists, parents educators - anyone interested in or involved with influential communications and personal change - will benefit from reading this book, which is written in an informal and entertaining style.

Big Data Demystified

The Little Book of Demons

Introducing Data Science

Value Management

Explorations at the Interface of Brain, Mind, Behavior, and Information

The Sources of Conflict in Our Modern Values

A comprehensive and self-contained introduction to Gaussian processes, which provide a principled, practical, probabilistic approach to learning in kernel machines. Gaussian processes (GPs) provide a principled, practical, probabilistic approach to learning in kernel machines. GPs have received increased attention in the machine-learning community over the past decade, and this book provides a long-needed systematic and unified treatment of theoretical and practical aspects of GPs in machine learning. The treatment is comprehensive and self-contained, targeted at researchers and students in machine learning and applied statistics. The book deals with the supervised-learning problem for both regression and classification, and includes detailed algorithms. A wide variety of covariance (kernel) functions are presented and their properties discussed. Model selection is discussed both from a Bayesian and a classical perspective. Many connections to other well-known techniques from machine learning and statistics are discussed, including support-vector machines, neural networks, splines, regularization networks, relevance vector machines and others. Theoretical issues including learning curves and the PAC-Bayesian framework are treated, and several approximation methods for learning with large datasets are discussed. The book contains illustrative examples and exercises, and code and datasets are available on the Web. Appendixes provide mathematical background and a discussion of Gaussian Markov processes.

Many elderly patients suffer from psychiatric conditions that result from--or are made worse by--existing medical conditions. This new edition integrates clinical expertise needed to evaluate and treat psychiatric, medical and neurologic disorders in the older patient. Both scientific foundations of and clinical approaches to psychiatric disease are discussed by a range of experts who rely on evidence-based clinical guidelines and outcomes data. Most chapters include case studies that illuminate the approaches to diagnosis and treatment. The book's five sections include basic principles of evaluation and treatment for specific disorders; appendices offer further insight into pharmacotherapy and neuroanatomic foundation of psychiatric diseases.

Written by Tad James and Wyatt Woodsmall, Time Line Therapy and the Basis of Personality is a compelling study of the important elements that make up a person's core personality, and a detailed exploration of and introduction to how Time Line therapy works in practice. Utilizing discoveries made by Richard Bandler, Time Line Therapy and the Basis of Personality expands and updates our knowledge of how people actually store their memories, and sheds light on the effect that the system used for memory storage has on the individual. The authors contend that the concept of Time Line, or the notion of time that you have stored in your mind, shapes and structures your experience of the world, and consequently shapes your personality. Time Line therapy is therefore based on the premise that the client goes back to the first time they remember a particular problem, does change work utilizing Neuro Linguistic Programming (NLP) to eliminate irritating behaviors or issues and, if necessary, goes to subsequent times when their behavior or response was a problem, and undertakes further change work to resolve it. Written in an informative and engaging manner, Time Line Therapy and the Basis of Personality offers readers the opportunity to see how Time Line therapy works providing a clear description of how to elicit the Time Line, and sharing step-by-step methods to subsequently help the client to release a limiting decision or trauma, remove anxiety, or set a future goal. All of these key aspects are explained using clear language and easy-to-follow steps, and the authors' expert commentary is further complemented by examples, exercises and transcripts in order to help the reader transfer the theory into effective practice. In Section I, the authors explain the NLP Communication Model and share their in-depth analysis of the filters values, beliefs, attitudes, decisions, memories and meta programs which we subconsciously use as we process the world around us and which form the basis of our personalities. Section II provides a comprehensive description of the Time Line and how it works: laying down a theoretical basis for the technique before offering insight into its practice and application with a demonstrative transcript of Time Line elicitation and change work in order to illustrate the concepts explored. In Section III the authors move on to carefully survey simple and complex meta programs (and how they can be changed) before exploring the formation, evolution and changing of values in Section IV, which includes a helpful exercise that gives guidance on how to elicit values from the client. Exploring many interesting contexts and how personality can be positively changed to help people live happier lives, Time Line Therapy and the Basis of Personality is a worthy addition to any therapist's or NLP practitioner's library and is suitable reading for anyone interested in behavioral change. Sections include: Section I Introduction; Section II Time Line Therapy; Section III Meta Programs; Section IV Values. Time Line Therapy and the Basis of Personality was originally published in 1988 by Meta Publications.

Gaussian Processes for Machine Learning

In Your Hands

How to use big data, data science and AI to make better business decisions and gain competitive advantage

The Neurophysics of Human Behavior

Translating Aspirations into Performance

The Positive Advantages of the Personification of Life's Problems