

Maine Mountain Guide 10th Amcs Comprehensive Guide To Hiking

This richly-illustrated, full-color guide to the geology of Mount Desert Island, Maine, the home of Acadia National Park, makes the spectacular scenery and rich geological history accessible to outdoor explorers, geology enthusiasts, and armchair travelers alike. It introduces grounds readers in basic geologic concepts before chronicling the unique history of the area from 550 million years ago to the present. Including information-packed self-guided trips with stops at 31 points of interest, this book is lavishly illustrated with 100 maps, and illustrations that enhance appreciation of this national treasure. Duane and Ruth Braun relate the fascinating story of the region's formation, explaining how a slice of South America with Mount Desert Island bordering its southern side landed on North America to form Maine. Another piece of South America collided with this landing, causing Mount Desert Island to erupt violently in a ten mile wide volcanic caldera. The Island then underwent a long period of stream erosion culminating in a period of glacial retreat that created the present landscape. The exceptional scenery that resulted has attracted visitors from around the world. This book unlocks the many secrets of the formations, offering a deeper understanding of the land and its origins.

With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes and mountain expeditions, each journey shares one defining feature: being truly epic. In this follow-up to Epic Bike Rides and Epic Drives, we share our adventures on the world's best treks and trails. Epic Hikes is organised by continent, with each route written by a first-person account, beautiful photographs and charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes in other parts of the world. Hikes featured include: Africa & the Middle East: Cape Town's Three Peaks (South Africa) Kilimanjaro (Tanzania) Camp to Camp in South Luangwa National Park (Zambia) Americas: Angel's Landing, Zion National Park (USA) Skyline Trail, Jasper National Park (Canada) Concepción volcano hike (Nicaragua) Asia: 88 Sacred Temples of Shikoku Pilgrimage (Japan) Markha Valley (India) Gubeikou to Jinshanling on the Great Wall (China) Europe: Wordsworth's Backyard: Dove Cottage and around Rydal and Grasmere (UK) North America: Pass Route (Switzerland) Camino de Santiago (Spain) Oceania: Sydney's Seven Bridges Walk (Australia) The Routeburn Track (New Zealand) Kokoda Track (Papua New Guinea) About Lonely Planet: Lonely Planet is a leading travel media company and the world's most trusted name in travel publishing. We've been helping you discover the world since 1973. One travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. We have content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

"Now in print for 110 years, AMC's comprehensive White Mountain Guide remains hikers' most trusted resource for trails in the magnificent White Mountain National Forest and surrounding regions. This 30th edition has been thoroughly updated and revised to include Irene, with accurate descriptions of more than 500 trails, as well as trip-planning advice, safety information, and a checklist of New Hampshire's 4,000-footers. New to this edition are at-a-glance icons for suggested hikes and redesigned, easier-to-follow maps showing charting cumulative distance, elevation, and time between waypoints."--Provided by publisher.

Lace up your boots and sample seventy-two of the finest trails the Pine Tree State has to offer. From the beaches of Acadia National Park and historic routes through Belfast or Portland to scenic treks up Mount Katahdin and backpacking along the Bigelow Mountains to please hikers of every stripe. Hiking Maine describes trails that vary in length from an easy one-hour stroll along a quiet nature trail to challenging treks in the backcountry. Use this guide for up-to-date trail information, accurate directions to popular and untraveled trails, difficulty ratings for each hike, detailed trail maps, tips about hiking with children and information on barrier-free trails for hikers with special needs. Whether you are a day-tripper or long-distance hiker, old hand or novice, you'll find trails suited to your interest throughout Maine. Look inside to find: Hikes suited to every ability Mile-by-mile directional cues Difficulty ratings, trail contacts, fees/permits, and best hiking seasons Full-color photos throughout Moon Coastal Maine

A Guide to the State's Greatest Hiking Adventures

Class

Cultural Landscape Report for the Historic Hiking Trail System of Mount Desert Island : Acadia National Park, Maine : History, Existing Conditions & Analysis

Four-Season Guide to 50 of the Best Trails from Kennebunk to Down East

150 Years of Misadventure on the Presidential Range of New Hampshire

The Classic Handbook, Revised and Updated

The classic backpacker's handbook—revised and updated—providing expert guidelines for anyone who loves the outdoors. The Wilderness Guide brings the savvy of the world's most famous and respected outdoor organization to everyone—from the sixteen million backpacking Americans to the more than 265 million people, from tenderfeet and trail-hardened hikers, who visit our national parks annually. It covers: -Selecting equipment—including discussions of the advantages and disadvantages of products such as the internal frame pack, lighter-weight boots, and freestanding tents -The latest "leave no trace" camping techniques -Traveling safely and sensibly—including vital information on maps, compasses, and tips on crossing difficult terrain -Backcountry cooking, with tips on building fires and tricks for making gourmet meals -Search-and-rescue techniques, including how to organize a self-sufficient search group and when to call in professional rescue teams Illustrated throughout with instructional drawings and photos and featuring lists of equipment, the Wilderness Guide is a must-have for anyone planning to explore the great outdoors.

Overview of sixteen complete systems (three or more huts) with all you need to know to plan a trip—from terrain to costs and other logistics At-a-glance tables for quick comparison of hut systems Full-color photos and detailed maps Hut to Hut USA celebrates the opportunities for hut-to-hut hiking, mountain biking, and skiing or snowshoeing at sixteen hut systems across the United States—from the Appalachian Mountain Club's hiking huts in the White Mountains, to the San Juan Huts that allow mountain bikers to pedal from Telluride or Durango to Moab, to the Rendezvous Huts for Nordic skiers in Washington's Methow Valley. For the featured systems, the book describes modes of travel, amenities, quality of experience, terrain, required skill level, the route itself, wayfinding tips, and booking and cost details, with photographs and maps. Suggested day-by-day itineraries with mileages, elevation gain and loss, and hut GPS coordinates help adventurers craft their trip. Demas and Bradley also offer a general history of hut systems around the world and examine how they have developed in the US over the past century. This comprehensive, practical guidebook is the first to cover all of the US hut systems, meeting growing interest in hut-to-hut travel.

This map is an essential addition to any hiker's pack. Created using the latest GPS technology, the full-color, fully updated map features Baxter State Park, with insets of Kidney and Daicey ponds, Roaring Brook, and Katahdin. The reverse offers complete coverage of the hiking trails of the 100-Mile Wilderness area, including the Gulf Hagas and Little Lyford Ponds. With an easy-to-use scale and trail segment mileage, printed on lightweight and tear-resistant Tyvek, this map is the perfect companion to AMC's Maine Mountain Guide, 10th edition.

Explore the full length of the rugged coast of Maine in 50 hikes, enjoying classic views, historical lighthouses, and abundant natural beauty. Whether you're a local resident or just visiting, this book is a must-have resource for daylong adventures along the coast of the Pine Tree State.

Best Hikes with Dogs New Hampshire and Vermont

Hiking Waterfalls Maine

AMC's Best Backpacking in New England

The Audubon Society Field Guide to the Natural Places of the Northeast: Inland

The Disappearance of Geraldine Largay on the Appalachian Trail

The Outdoor Citizen

AMC Maine Mountain Guide

Discover Coastal Maine with Moon Travel Guides! Explore the best of Maine's spruce-studded islands, classic shoreline villages, and rugged character with Moon Coastal Maine. Inside you'll find: Strategic itineraries for any budget and timeline, from five days in Acadia to a two-week road trip Curated advice for history buffs, foodies, beach-goers, outdoor adventurers, and more Must-see attractions and off-beat ideas for making the most of your trip: Hike or bike through lush timberland forests, or take a lighthouse cruise down the Kennebec River. Sample wild blueberries, farmstead cheeses, and preserves from roadside farmers markets, find the best beachfront lobster shack, or mingle with locals over a "chowdah suppah." Discover maritime history in a traditional fishing village, or explore quaint, pedestrian-only island towns packed with hiking trails. Watch the boats sway in a quiet harbor, unwind on a sandy pocket beach, or immerse yourself in the secluded wilderness of Mount Desert Island and Acadia National Park Honest insight from Maine native Hilary Nangle on when to go, where to eat, and where to stay, from historic inns to budget campgrounds Full-color photos and detailed maps throughout Recommendations for getting there and getting around by plane, car, train, or bus Thorough background on the culture, environment, wildlife, and history With Moon's local perspective, diverse activities, and expert tips on experiencing the best of Maine, you can plan your trip your way! Eager to see the rest of the Pine Tree State? Try Moon Maine. Hitting the road? Try Moon New England Road Trip. This guide to more than 100 ecologically significant inland sites includes an account of the natural history of the region, descriptions and illustrations of each site, and specific practical information

Don't waste hours sifting through the wrong books. This book has done all that work for you.

NOTE: NO FURTHER DISCOUNT FOR THIS PRINT PRODUCT--OVERSTOCK SALE -- Significantly reduced list price while supplies last Documents the history and significance of the trail system on Mount Desert Island, Maine. Many of Acadia National Park's foot trails preceded the establishment of the park. The earliest pathmakers were Abenakis, who made trails for carrying canoes between lakes and for other practical reasons. European settlers later developed recreation trails. Summer visitors organized Village Improvement Associations and Village Improvement Societies, whose path committee volunteers created trails that were incorporated, in 1916, into the new Sieur de Monts National Monument, precursor to Lafayette National Park (1919). Ten years later, the protected area was renamed Acadia National Park. It was the first national park to have sprung full-blown from philanthropy. Volunteers and park crews, including President Franklin D. Roosevelt's Civilian Conservation Corps in the 1930s and early 1940s, expanded and maintained the trail system. Friends of Acadia was formed in 1986 to extend the philanthropic vision of the park founders. The organization later mounted Acadia Trails Forever, which matched \$4 million in park entry fees with \$9 million in private donations, to rehabilitate the footpaths over ten years. The model project made Acadia the first national park with an endowed trail system. Each era of trail building and its individual pathmakers utilized different construction styles, standards and aesthetic nuances. The job of today's professional trail crew and its legion of volunteers is to honor the pathmakers of old by replicating their construction signatures whenever possible. National parks, after all, are repositories of history and culture, and the Park Service's legal duty of care is to preserve these magnificent places "unimpaired for the use and enjoyment of future generations." Three important books guide Acadia's trail crews in that obligation: Preserving Historic Trails, the proceedings from an October 2000 conference of trail building experts from across the nation; this volume, Pathmakers: Cultural Landscape Report for the Historic Hiking Trail System of Acadia National Park (2005), a profusely illustrated history of trail building; and the second volume of the cultural landscape report, Acadia Trails Treatment Plan (2005), which lays out precise construction and maintenance techniques favoring the historically faithful preservation of Acadia's footpaths. These authoritative resources, and the park's Hiking Trails Management Plan, were compiled with input from one of the best kept secrets in the National Park Service, the Olmsted Center for Landscape Preservation, a coterie of landscape architects, historians and writers tucked away in Brookline, Massachusetts. The Olmsted staff collaborated over several years with Acadia's trail crew, one of the best in the 388-unit National Park System. Each year, the Acadia Trails Forever project brings more trails up to the rehabilitation standards set forth in the cultural landscape report. Previously neglected features such as iron work, granite steps, bog bridges, log stringers, water bars, rock drains. Bates-style cairns and other historic features are carefully redone or added, complementing Acadia's natural splendor. Audience Environmentalists, Historians, Educators, and Students would find it interesting to learn about the history of Acadia National Park and the people that work to preserve it. Other related products: Acadia Trails Treatment Plan: Cultural Landscape Report for the Historic Hiking Trail System of Acadia National Park can be found here:https://bookstore.gpo.gov/products/sku/024-003-00196-1 Designing Sustainable Off-Highway Vehicle Trails : An Alaska Trail Manager's Perspective can be found here:https://bookstore.gpo.gov/products/sku/001-001-00701-3 National Trails System: Map and Guide, 2010 Edition (Package of 100) can be found here: https://bookstore.gpo.gov/products/sku/024-005-01277-0 Other products produced by the U.S. National Park Service can be found here:https://bookstore.gpo.gov/agency/222

Hut to Hut USA

AMC's Best Day Hikes Along the Maine Coast

A Centennial Retrospective

Code of Ethics for Nurses with Interpretive Statements

Joe Dodge

This Wild Land

Sierra Club Bulletin

From the publisher of Not Without Peril and No Limits But the Sky, this collection seeks the lessons learned from twenty stories of backcountry incidents, from close-calls to unsolved mysteries. First-hand accounts, route maps, photos, and expert analysis from Search and Rescue professionals illuminate the realities faced in the Northeastern wilds. Readers who immerse themselves in these near misses, methodical searches, and the gut-wrenching clarity of hindsight will be better prepared for whatever the wilderness brings. CLICK HERE to download the difficult hike in New Hampshire up "Smarts Mountain" and the easy hike in Vermont around "Abbey Pond" from Best Hikes with Dogs New Hampshire & Vermont * New Hampshire and Vermont trails rated 1-4 paws to show difficulty for dog owners and their four-legged friends * Terrain that's hazard free and easy on the dog paws * On most trails, no leashes required and no large crowds Lisa Densmore hiked more than 300 miles in New Hampshire and Vermont mostly with her faithful trail companion Bravo, a Chesapeake Bay retriever, but also with other dogs, while researching this book. In Best Hikes with Dogs new Hampshire and Vermontshe shares her favorite trails of easy day hikes to overnight backpacking trips, presented through canine-centric eyes. This guidebook will delight both you and your pet with directions to panoramic views, long ridge walks, lush forests, and pristine lakes. Advice is given on topics such as proper trail etiquette for dogs, wildlife encounters, and weather concerns. Additional features include what to pack for your pooch, including the Ten Canine Essentials, a doggy first aid kit, and a Trail Finder chart that lists hikes by length, terrain, difficulty for dogs, and more.

Geraldine Largay vanished in July 2013, while hiking the Appalachian Trail in Maine. Her disappearance sparked the largest lost-person search in Maine history, which culminated in her being presumed dead. She was never again seen alive. Maine Mountains Trail MapBaxter State Park Katahdin, 100-Mile WildernessAppalachian Mountain Club Guide to the Geology of Mount Desert Island and Acadia National Park Associations' Publications in Print When You Find My Body The A.M.C. Maine Mountain Guide A Guide to Trails in the Mountains of New Hampshire and Adjacent Parts of Maine An Inquiry Into Values

A comprehensive guide to hiking the New Hampshire 52 With A View mountains. Explore the pine-lined mountain trails, serene ponds, and rugged island coasts of Maine's stunning Acadia National Park with Moon. Inside you'll find: Flexible itineraries for every season, from the best of Acadia in one day to a two-week road trip, designed for day hikers, campers, families, outdoor adventurers, and more The best hikes in Acadia: Detailed descriptions, mileage and elevation gains, and difficulty ratings Experience the outdoors: Embark on a whale-watching excursion to spot humpbacks, minke whales, porpoises, and puffins. Climb the pink granite steps to Hugenot Head or hike along the secluded rocky shore of Isle de Haut. Sea kayak at sunset, take a leisurely bike ride through fiery fall foliage, or cross-country ski along miles of carriage trails. Take a swim in Echo Lake, summit Cadillac Mountain, and marvel at the tide roaring through Thunder Hole Explore around Acadia: Munch on a hot popover with tea, feast on freshly caught lobster, and sip a cold beer at a local microbrewery. Shop for antiques and local artisan goods or wander through the galleries in downtown Bar Harbor. Discover Maine's rich history, admire the coastline from atop a towering lighthouse, and take a scenic drive along Park Loop Road How to get there: Up-to-date information on gateway towns, park entrances, fees, reservations, and tours Where to stay in and outside the park, from forested campgrounds to historic inns Planning tips: When to go, what to pack, safety information, and how to avoid the crowds, with full-color photos and easy-to-use maps throughout Expert insight from born-and-bred Mainer Hilary Nangle Helpful background on Acadia's wildlife, terrain, culture, and history Find your adventure in Acadia National Park with Moon. Exploring the rest of Maine? Try Moon Maine or Moon Coastal Maine. About Moon Travel Guides: Moon was founded in 1973 to empower independent, active, and conscious travel. We prioritize local businesses, outdoor recreation, and traveling strategically and sustainably. Moon Travel Guides are written by local, expert authors with great stories to tell—and they can't wait to share their favorite places with you. For more inspiration, follow @moonguides on social media.

Fred Stott says in his preface to this book that "if you ever hiked or skied a White Mountain trail between 1922 and 1959 you may well have met Joe Dodge. Certainly you know his name. If you have been on a trail since 1959 the chances are good you have heard of him, very possibly a tale about him. Without question the best-known inhabitant of the White Mountains in this century was Joseph Brooks Dodge, Huts Manager of the Appalachian Mountain Club, Pinkham Notch, New Hampshire. He became a legend during his lifetime. The legend has grown in the years since his death." Here is the first book to tell about that legend thanks to Bill Putnam's long and intimate friendship with Joe Dodge, and his numerous anecdotes which make this remarkable man come to life. Joe himself tells much of the story in his colorful and often blunt speech. Joe Dodge managed the far flung AMC Hut System, running from Lonesome Lake to Evans Notch, each hut providing food, shelter, and sleeping quarters for hikers. In addition he founded the Mount Washington Observatory because he was interested in weather and realized the importance of establishing a permanent year-round outpost on the highest peak in northeast North America. He was also a public servant of the community where he lived. Joe Dodge was a builder, too -- of huts located miles from the nearest habitations or highways. Just as important, he was a builder of public awareness that these huts and all outdoors belonged to and must be open to the public. He was also an educator who shared with all his wisdom, his knowledge, and his zest for learning. Everyone who loves mountains and relishes a skillfully written portrait of an unique personality who understood both the out-of-doors and the people who enjoy it, will want to read and own this book.

"This guide covers thirty-seven multiday backpacking trips in Maine, New Hampshire, Vermont, Massachusetts, Connecticut, and Rhode Island. Each trip is accompanied by an informational map showing the route, basic topography, facilities (including campsites), and important landmarks. Routes vary from easy one-night adventures to epic journeys such as the 100-Mile Wilderness"--

A Trails and Trail-based Activities Bibliography

Going Places

Baxter State Park Katahdin, 100-Mile Wilderness

Two Decades of Adventure As a Park Ranger in the Shadow of Katahdin

Backpacker

The Complete Guide for Hikers, Bikers, and Skiers

Desperate Steps

A special centennial edition of the acclaimed hiker's guide to New Hampshire's White Mountains includes dozens of trail descriptions, along with information on trip planning and safety, topographic maps, numerous never-before-published period photographs, essays on the history of conservation and recreation in the region, and more.

1981- in 2 v. : v.1, Subject index; v.2, Title index, Publisher/title index, Association name index, Acronym index, Key to publishers' and distributors' abbreviations.

Hundreds of beautiful waterfalls and swimming holes across New England

Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, Backpacker is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured.

Seaside Towns, Fall Foliage, Cycling & Paddling

Death, Survival, and Choices Made in the Mountains of the Northeast

AMC's Comprehensive Guide to the Hiking Trails of Maine, Featuring Baxter State Park and Acadia National Park

A Guide Through the American Status System

Get Out, Give Back, Get Active

A Guide to More Than 400 Cascades and Waterfalls

Moon Acadia National Park

Hiking Waterfalls in Maine includes detailed hike descriptions, maps, and color photos for approximately 100 of the most scenic waterfall hikes in the area. Hike descriptions also include history, local trivia, and GPS coordinates. Hiking Waterfalls in Maine will take you through state and national parks, forests, monuments and wilderness areas, and from popular city parks to the most remote and secluded corners of the area to view the most spectacular waterfalls.

Discover Maine with Moon Travel Guides! Explore the best of Maine's spruce-studded mountains, classic shoreline villages, and rugged character with Moon Maine. Inside you'll find: Strategic itineraries for any budget and timeline, whether you're craving fall foliage, winter sports, spring markets, or summer beaches, ranging from a ten-day road trip through the whole state, to a week exploring the coast Detailed maps and handy reference photos throughout Curated advice for history buffs, foodies, beach-goers, outdoor adventurers, and more Must-see attractions and off-beat ideas for making the most of your trip: Hike or bike through lush timberland forests, ski the slopes at Sugarloaf, or canoe down the Allagash. Sample wild blueberries, farmstead cheeses, and preserves from roadside farmers markets, find the best beachfront lobster shack, or mingle with locals over a "chowdah suppah." Discover maritime history in a traditional fishing village, or hit the galleries, museums, and performing arts centers in Portland. Watch the boats sway in a quiet harbor, unwind on a sandy pocket beach, or immerse yourself in the secluded wilderness of Acadia National Park Honest advice from Maine native Hilary Nangle on when to go, where to eat, and where to stay, from luxury hotels and historic inns to budget campgrounds Recommendations for getting there and getting around by plane, car, train, or bus Thorough background on the culture, environment, wildlife, and history With Moon's local insight, diverse activities, and expert tips on experiencing the best of Maine, you can plan your trip your way! Hitting the road? Try Moon New England Road Trip. If you're headed north, try Moon Nova Scotia, New Brunswick & Prince Edward Island or Moon Montréal & Québec City.

Includes section "Book reviews."

From the president and CEO of the Appalachian Mountain Club comes an astounding comprehensive plan to save our planet, make the outdoors the epicenter of our communities, and commit to an active outdoor lifestyle. In The Outdoor Citizen, John Judge coins the term "Outdoor Citizen" as he delivers an urgent call to action and a remarkably persuasive argument for why we must all become citizens of the natural world, reconnecting with life's most essential foundation, nature, and defending it, embracing it, and advocating for it. Judge, an international leader in conservation stewardship, covers such topics as how to turn our cities into Outdoor Cities, with a wide range of green spaces, outdoor recreation activities, eco-friendly transportation, and sustainable food sources; how to globally transition to green energy sources; what environmental policies must be implemented and how to enact them; and how to fund a sustainable economy. At a time when we are facing an unprecedented climate crisis, the continued use of carbon emissions will lead to devastating, irreversible effects on the earth. This unique and riveting volume, brimming with expert advice and case studies, is unparalleled—a game-changer for saving our planet and an entry point into a world of healthier and happier people.

White Mountain Guide

A Guide to 37 of the Best Multiday Trips from Maine to Connecticut

Maine Mountains Trail Map

Epic Hikes of the World

Moon Maine

Maine Mountain Guide

New England Waterfalls

THE CLASSIC BOOK THAT HAS INSPIRED MILLIONS A penetrating examination of how we live and how to live better Few books transform a generation and then establish themselves as touchstones for the generations that follow. Zen and the Art of Motorcycle Maintenance is one such book. This modern epic of a man's search for meaning became an instant bestseller on publication in 1974, acclaimed as one of the most exciting books in the history of American letters. It continues to inspire millions. A narration of a summer motorcycle trip undertaken by a father and his son, Zen and the Art of Motorcycle Maintenance becomes a personal and philosophical odyssey into fundamental questions on how to live. The narrator's relationship with his son leads to a powerful self-reckoning; the craft of motorcycle maintenance leads to an austere beautiful process for reconciling science, religion, and humanism. Resonant with the confusions of existence, this classic is a touching and transcendent book of life. This new edition contains an interview with Pirsig and letters and documents detailing how this extraordinary book came to be.

This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Pamphlet is a succinct statement of the ethical obligations and duties of individuals who enter the nursing profession, the profession's nonnegotiable ethical standard, and an expression of nursing's own understanding of its commitment to society. Provides a framework for nurses to use in ethical analysis and decision-making.

This book describes the living-room artifacts, clothing styles, and intellectual proclivities of American classes from top to bottom

Pathmakers

The National Outdoor Leadership School's Wilderness Guide

The Guide to Travel Guides

Hiking and Hiking Trails

Zen and the Art of Motorcycle Maintenance

A Guide to the State's Best Waterfall Hikes

Hiking Maine

Why a hiking book for Boomers? Because Boomers are a savvy lot and they know that one size does not fit all. While they may be up for adventure and eager to challenge themselves, they wisely want to know what they are getting into before taking the leap. That's exactly why this book is appropriate for both novice and experienced hiker. Organized into five "Boomer Rating" categories according to the level of challenge, the 75 hikes of this book begin with an honest assessment of the physical demands (and pleasures) of a hike, then give you all the advance trail information you need to make a memorable. Drawing upon first-hand experience, the authors—who didn't start hiking until into their fifth and sixth decades—are eager to encourage others in the upper-age bracket to enjoy the great benefits of hiking. To entice you out, they include a full spectrum of hikes from easy to challenging, and a range of helpful and practical advice about the trails, along with entertaining and informative anecdotes about wildlife, trail lore, Maine history, and tips for dealing with creaky joints and cranky knees.

For more than half a century, the Appalachian Mountain Club's Maine Mountain Guide has been hikers' and backpackers' quintessential resource for trails in Maine's spectacular mountains. This new edition has been thoroughly revised and updated, featuring 175 new trails, 50 new photos, and capturing Maine's booming trail building and expansion during the past five years. Fresh coverage of classics such as Baxter State Park and Acadia National Park now sits alongside more detailed descriptions of regions including the 100-Mile Wilderness and Moosehead Lake. Dozens of new trails have been revised. Thorough trip-planning and safety information--along with full-color, GPS-rendered, pull-out maps featuring trail segment mileage--make this the trusted, comprehensive hiking guide to Maine.

Chronicles 150 years of disaster in the rugged mountains of the Presidential Range where Mount Washington has challenged visitors for centuries with its severe weather.

Two decades ago, Andrew Vietze made an unlikely career change: from punk rock magazine editor to park ranger at Maine's Baxter State Park. In This Wild Land, Vietze tells his story with humor, action, and an eye for the compelling details of life as a park ranger, making it the perfect read for park rangers and adventurers alike.

The Boomer's Guide to Hiking in Maine

Including Acadia National Park

New Hampshire's 52 with a View - a Hiker's Guide (2nd Edition)

The A.M.C. White Mountain Guide

Not Without Peril

AMC's Comprehensive Guide to Hiking Trails in the White Mountain National Forest

From Woodsy Rambles to Dozens of Peaks