

## Mental Disorders In Older Adults Second Edition Fundamentals Of Assessment And Treatment

This publication contains papers on the following topics: challenges & resources related to positive mental health in aging; common mental disorders among seniors and the management of these disorders; social isolation & loneliness, and strategies to address these issues for older people; mental health issues of informal caregivers, gay & lesbian seniors, and seniors living in long-term care facilities; best practices for the mental health care of older adults; and the care & treatment of people with dementia & cognitive impairment.

As the population ages, increasing numbers of older people require the attention and services of mental health professionals. Despite their prevalence, however, mental health problems in this population often go undiagnosed and therefore untreated. This textbook offers medical students and professionals the information they need to care for older people with mental disorders. Drs. Donna Cohen and Carl Eisdorfer, two internationally recognized experts in geriatric mental health, provide a comprehensive framework within which students and practitioners alike can address the salient issues of the field. These include the biopsychosocial aging processes, specific pathologies prevalent in later life, social issues common to the elderly, the delivery of care in various settings, and the economic policies affecting services for older people. The authors' goal is not only to enhance clinical practice but also to urge physicians to develop and coordinate a more holistic care strategy that acknowledges the complex challenges of older patients. To this end, Cohen and Eisdorfer discuss essential principles of optimal care, the latest research findings, evidence- and consensus-based practice standards, resources to help professionals keep abreast of the changing mental health landscape, and ethical dilemmas of clinical practice and research. The signal strength of this book lies in its integrated approach, an approach that emphasizes the philosophy and principles of caring for older people along with clinical practices and issues. From this broader perspective, the authors describe the many factors that influence the lives, health, and well-being of older patients and their caregivers, making this an ideal text for psychiatrists, psychologists, nurses, and social workers.

Health care organizations are beginning to recognize the importance of cultural competence as it relates to efficiency, quality, and equity in the delivery of care within a competitive health care market, and Culture, Heritage, and Diversity in Older Adult Mental Health Care is designed to train mental health clinicians to deliver culturally sensitive care to an increasingly diverse patient population. Projections indicate that 35% of patients older than age 65 will be from a racial or ethnic minority group by 2050, compared with 11% in 1970. Today's mental health practitioners require knowledge, sensitivity, and an understanding of institutionalized practices and systems that undermine their patients' health and well-being. The term culture is multifaceted and may refer to one's belief system, values, religion, race, socioeconomic status, ethnicity, language, sexual orientation, geographic location, educational level, age, occupational risks and exposures, and gender. The authors of the book examine mental health care through these lenses, teaching the reader about implicit biases and potential miscommunication and offering strategies for overcoming these difficulties. The editor, who has worked in leadership positions overseeing veterans' mental health services, has assembled an impressive and diverse roster of contributors, each with specific expertise in his or her assigned subject. \* The ways in which cultural competency interacts with the six Accreditation Council for Graduate Medical Education core competencies are explored in detail. For example, in terms of patient care, cultural competency plays an important role in gathering subjective data about a patient that may ultimately impact outcomes. Teaching methods to increase cultural sensitivity and build skills in this area are highlighted, as are training modalities and clinician evaluation.\* The effects of migration and acculturation on mental health are examined, providing clinicians with several theoretical frameworks for understanding the migratory experience in older adults and exploring psychosocial factors associated with psychological risk in aging immigrants.\* Linguistic competence, defined broadly as effective communication with individuals speaking a nondominant language, is an essential component of culturally competent health care and is of particular importance in mental health care. Accordingly, the authors analyze linguistic competency in both administrative and clinical encounters and present strategies for achieving mastery in this critically important area.\* The text provides an abundance of tables and pedagogical features designed to enhance comprehension, including learning objectives, key points, and study questions. Cultural competence in health care systems is defined as the ability to understand and integrate the features listed above into the provision of health care services. Culture, Heritage, and Diversity in Older Adult Mental Health Care prepares clinicians to provide sensitive, high-quality, culturally competent care to geriatric patients from diverse backgrounds and diverse demographics continue to change.

This important book examines the relationship between religion and mental health throughout the life cycle, with a special emphasis on later life. It asserts that successful aging is possible regardless of physical health or environmental circumstances, and that religious beliefs and behaviors may facilitate successful aging. Aging and God thoroughly examines the effects of religion and mental health on aging and provides a centralized resource of up-to-date references of research in the field. It focuses on recent findings, theoretical issues, and implications for clinical practice and contains ideas for further research. In Aging and God, you'll also find information on project design that can help you develop grant applications and carry out studies. Aging and God is a helpful book for both mental health and religious professionals. It helps mental health specialists better understand the spiritual needs of older adults and the impact that religion can have on facilitating mental health. It also describes how religion can be utilized in clinical practice and integrated into psychotherapeutic approaches to older patients. The book brings religious professionals current knowledge of the major psychological problems that older adults face and how religion can be used to help alleviate these problems. Full of pertinent information, Aging and God addresses theoretical aspects of human development, focusing on cognitive, moral, and religious faith development examines situations and disorders of particular concern to older persons and looks at how religion can be used as a resource applies research findings to the problem of meeting the spiritual and mental health needs of elders with chronic or acute health problems provides an in-depth look at end-of-life issues such as physician-assisted suicide Hospital and nursing home chaplains will find this book informative and encouraging, as will gerontologists, hospital administrators, and community clergy faced with increasingly older congregations. It gives mental health professionals new strategies to help improve the later years of older adults, and makes an excellent text for courses on religion, mental health, and aging. Middle-aged and older adults, as well as their families, will also find Aging and God enjoyable and inspiring as they attempt to grapple with the myriad adjustment and coping problems associated with aging.

Spiritual Pathways to Mental Health in Midlife and Later Years

A Professional Guide for Mental Health Practitioners

A Review of the Present State of Research

Building the Health Care Workforce

Cases and Approaches

Contemporary Perspectives on Ageism

*Community Mental Health for Older People is the perfect resource for mental health workers as it discusses the ageing population, within the context of community mental health. It provides a comprehensive overview of the important issues and clinical practices that influence mental health care for older people. Written from a multidisciplinary perspective it is suitable for all health workers in community mental health teams (Aboriginal and Torres Strait Islander health workers, clinical psychologists, consumer representatives, medical practitioners, occupational therapists, registered nurses, social workers, etc) as it incorporates the use of case studies to aid in the application of evidence-based practice. Multidisciplinary approach serves to illustrate the breadth and context of mental issues for older people Chapters are topical and relevant, discussing issues such as service provision, cultural and rural issues, major disorders and interventions, as well as ethical and legal issues. Vignettes are included throughout the clinical chapters and serve to illustrate real cases derived from practice Evidence-based practice is a key element to this pivotal new text as it highlights the best method of practise, in a clear and accessible manner. Highly readable style without the bulkiness of excessive references This text will cover issues relevant to the mental health of older people within a community context in Australia and New Zealand. Issues will include population health and the clinical management of the major concerns experienced with the diverse clinical presentations by older people. The mental health care of older people is now considered a specialist area with older person's mental health services being key components of the mental health service framework. The publication is primarily aimed at health workers in community mental health teams (registered nurses, clinical psychologists, medical practitioners, social workers, occupational therapists, Aboriginal and Torres Strait Islander health workers etc), but would incorporate those trainee health professionals involved in relevant undergraduate and postgraduate studies.*

*A practical guide to providing home-based mental health services, Providing Home Care for Older Adults teaches readers how to handle the unique aspects of home-based care and apply and adapt evidence-based assessment and treatment within the home-based setting. Featuring contributions from experienced, board-certified home care psychologists, social workers, and psychiatrists, the book explains the multifaceted role of a home-based provider, offers concrete and practical considerations for working within the home, and highlights adaptations to specific evidence-based methods used in treating homebound older adults. Also covered are special topics related to hoarding, safety, capacity evaluations, caregivers, case management, and use of technology. Each chapter includes engaging case examples with practical tips that illustrate what it is like to work in this new and exciting frontier. Psychologists, counselors, and other mental health practitioners in home settings will be able to use this guide to provide effective home-based care to older adults.*

*Counseling older adults is not equivalent to counseling the general population, and specialized skills and knowledge, as well as sensitivity to the contexts in which older adults live, are essential in working successfully with this population. This text provides an introduction to gerontological counseling, integrating the basic skills of working with older adults with theories of counseling and aging. Specific counseling issues discussed include mental health counseling, career counseling, rehabilitation counseling, and family counseling. Along with these, important contextual factors such as race/culture, social class, social justice, spirituality, Alzheimer's and other dementias, and family issues are considered in light of the latest research. Each chapter contains case studies, discussion questions, a glossary, and suggestions for further reading to reinforce the material presented.*

*H. Hafner, G. Moschel, N. Sartorius The size of the world's population aged over 65 was estimated at about 250 million in 1980; by the year 2025 it is expected to grow to about 760 million (see Hauser, this volume). This sharp increase in life expectancy at birth, in some countries amounting to almost 100% in only a hundred years, has resulted from better nutrition and improved living conditions, hygiene and medical care. Not only life expectancy at birth, but also further life expectancy in advanced age has shown a clear, though more moderate increase. This increased life expectancy, together with a simultaneous fall in birth rates, has caused the mean age of the world population and, especially, the average age of the population of industrial nations to climb substantially in recent times, a development which will reach its peak only some decades from now. For these demographic reasons alone, health care authorities will have to devote more attention to the health problems of the elderly. The main task of medical research is to develop improved methods of disease prevention and treatment. Yet, because the full benefits of such research are only realized after many years of work, researchers have already begun to respond to demographic pressures by focussing part of their efforts on the study of illnesses characteristic of old age.*

The American Psychiatric Association Publishing Textbook of Geriatric Psychiatry, Sixth Edition

Mental Health and Aging

Older People and Mental Health Nursing

Diagnosis, Assessment, and Treatment

Mental Health and Illness of the Elderly

Opportunities For the Health Care System

*A comprehensive summary of the state-of-the-art of the field in clinical practice and research in the second decade of the 21th century Features future directions for research and clinical practice in integrative medicine and aging.*

*Fully updated and revised, this new edition of a highly successful text provides students, clinicians, and academics with a thorough introduction to aging and mental health. The third edition of Aging and Mental Health is filled with new updates and features, including the impact of the DSM-5 on diagnosis and treatment of older adults. Like its predecessors, it uses case examples to introduce readers to the field of aging and mental health. It also provides both a synopsis of basic gerontology needed for clinical work for older adults and an analysis of several facets of aging well. Introductory chapters are followed by a series of chapters that describe the major theoretical models used to understand mental health and mental disorders among older adults. Following entries are devoted to the major forms of mental disorders in later life, with a focus on diagnosis, assessment, and treatment issues. Finally, the book focuses on the settings and contexts of professional mental health practice and on emerging policy issues that affect research and practice. This combination of theory and practice helps readers conceptualize mental health problems in later life and negotiate the complex decisions involved with the assessment and treatment of those problems. Features new material on important topics including positive mental health, hoarding disorder, chronic pain, housing, caregiving, and ethical and legal concerns Substantially revised and updated throughout, including reference to the DSM-5 Offers chapter-end recommendations of websites for further information Includes discussion questions and critical thinking questions at the end of each chapter Aging and Mental Health, Third Edition is an ideal text for advanced undergraduate and graduate students in psychology, for service providers in psychology, psychiatry, social work, and counseling, and for clinicians who are experienced mental health service providers but who have not had much experience working specifically with older adults and their families.*

*Geropsychiatric and Mental Health Nursing, Second Edition addresses the knowledge and skills necessary in the assessment and nursing care of older adults experiencing common late life mental health and psychiatric problems. This text features experts in gerontological nursing and geropsychiatric fields and provides essential information for advanced practice and professional nurses, as well as graduate and undergraduate nursing students.The Second Edition has been completely revised and updated to include crucial areas like assessment, diagnosis, psychopharmacology, and behavioral management strategies in nursing care of older adults. New to this edition are case studies in each chapter in addition to discussion questions. This new edition also presents the work of the Geropsychiatric Nursing Collaborative (GNPC) in its entirety. The focus of the GNPC is to improve the education of nurses who care for elders suffering from depression, dementia, and other mental health disorders. The collaborative effort enhances extant competencies for all levels of nursing education, focusing on older adults with mental health/illness concerns. Shared in the Appendix are the competency statements developed for basic, graduate, post-graduate, and continuing education nursing programs.*

*This volume presents the foundational knowledge and skills that mental health practitioners need to focus the growing needs of our aging population. Thorough coverage is provided of normal aging processes and their effects on intellectual functioning, memory, personality, and other areas. Common psychological problems are discussed, and a comprehensive framework for evaluation and treatment is delineated. Outlining helpful concepts and approaches to guide psychotherapeutic work with this population, the book describes ways to coordinate psychological interventions with psychiatric treatment and supportive services. A special section is devoted to working with families on alleviating caregiver stress, simplifying the senior's living environment, and weighing difficult decisions about the level of assistance a loved one may need. Other topics covered include working as a consultant in nursing homes and dealing with ethical questions around confidentiality and end-of-life issues. An essential resource for clinicians, this book also serves as a text for courses in psychology and aging, gerontology, and geriatric psychology.*

Depressed Older Adults

Providing Home Care for Older Adults

Education and Screening

Counseling Older Adults

A Global Perspective

Psychological Assessment and Therapy with Older Adults

People are progressively ageing all over the world, and it is estimated that the number of persons aged 60 or over will more than triple by 2100. This emerging population will experience an inevitable rise in dementia, mental health problems and chronic diseases. According to GBD (2010), neuropsychiatric disorders among older adults account for 6.6% of the total disability (DALYs) for this age group, with 15% suffering from a mental disorder. Multiple social, psychological and biological factors are determinant of mental health, as well as life stressors. Among these, the lack of independence, limited mobility, chronic diseases, pain, frailty or other mental and physical problems require long-term care. Beyond this, the elderly are more prone to experience events such as bereavement, a drop in socio-economic status, loneliness, which leads to isolation, loss of independence, and psychological distress. Mental health problems and needs assessment by health-care professionals and older people themselves are under-recognised, and the stigma surrounding mental illness makes people reluctant to seek help. The early investigation and diagnosis of these situations are crucial, as well as prior management with an important combination of pharmacological and psychosocial interventions, in conjunction with caregivers' and families' support. The present book aims to contribute to the development of knowledge in Aging and Mental Health, taking different approaches from authors, coming from diverse scientific fields, with the final goal being the improvement of quality of life and healthy aging for this growing population.

Many practitioners are hesitant to treat mental health issues in older adults, believing that special expertise is required to do so effectively. DSM-5® Pocket Guide for Elder Mental Health is based on the premise that all practitioners can acquire the confidence needed to work with older patients. Primary care practitioners, clinical psychiatrists, psychiatric nurses, psychiatric residents, and resident fellows are just some of the professionals who will benefit from memorable cases that illustrate how the presented information can quickly be applied to the reader's own patients, handy mnemonics that make complex diagnostic information easy to commit to memory, and informative tables that help readers easily locate DSM-5® case information for billing purposes. All of the information presented in this guide is grounded in real-world advice, so readers can be confident that the information provided is practical and clinically based as they learn how to Perform 15- and 30-minute diagnostic interviews Recognize the main elements of the most common mental health disorders Reach an initial diagnosis Engage patients in psychosocial, psychotherapeutic, and psychopharmacological treatment plans and work with caregivers Know when to refer patients for additional subspecialty mental health treatment. With expert consensus threaded throughout, DSM-5® Pocket Guide for Elder Mental Health is the ideal companion for trainees and seasoned professionals alike, who will find the thoughtful, practical information they need to efficiently and effectively employ DSM-5® as part of comprehensive diagnostic interview and treatment planning for their older patients. Throughout the world, the population of older adults continues to grow. The rise in geriatric populations has seen an increase in research on clinical diagnostic, assessment, and treatment issues aimed at this population. Clinical geropsychologists have increased their interest both in providing mental health services as well as developing approaches to improve quality of life for all older adults. The Oxford Handbook of Clinical Geropsychology is a landmark publication in this field, providing broad and authoritative coverage of the research and practice issues in clinical geropsychology today, as well as innovations expanding the field's horizons. Comprising chapters from the foremost scholars in clinical geropsychology from around the world, the handbook captures the global proliferation of activity in this field. In addition to core sections on topics such as sources of psychological distress, assessment, diagnosis, and intervention, the handbook includes valuable chapters devoted to methodological issues such as longitudinal studies and meta-analyses in the field, as well as new and emerging issues such as technological innovations and social media use in older populations. Each chapter offers a review of the most pertinent international literature, outlining current issues as well as important cultural implications and key practice issues where relevant, and identifying possibilities for future research and policy applications. The book is essential to all psychology researchers, practitioners, educators, and students with an interest in the mental health of older adults. In addition, health professionals – including psychiatrists, social workers, mental health nurses, and trainee geriatric mental health workers – will find this a invaluable resource. Older adults comprise a growing percentage of the population worldwide. Clinical psychologists with an interest in older populations have increased the amount of research and applied knowledge about effectively improving mental health later in life, and this book captures that information on an international level. The book addresses how to diagnose, assess and treat mental illness in older persons, as well as ways to improve quality of life in all older persons. It has a great breadth of coverage of the area, including chapters spanning how research is conducted to how new technologies such as virtual reality and social media are used with older people to improve mental health. The book would appeal to all psychology researchers, practitioners, educators and students with an interest in the mental health of older adults. It would also appeal to other health professionals, including psychiatrists, social workers, and mental health nurses who work with older people. It is a valuable resource for trainee geriatric mental health workers because it highlights key readings and important practice implications in the field.

This book shows mental health providers how to expand their practice in order to treat older adults.

Psychological Assessment and Treatment of Older Adults

Culture, Heritage, and Diversity in Older Adult Mental Health Care

Linking Older Adults with Medication, Alcohol, and Mental Health Resources

A Treatment Guide for Health Professionals

Fundamentals of Assessment and Treatment

This book examines the issues and implications that mental health professionals face when dealing with ageing and older adults. The book focuses on the biological, psychological and cultural influences that impact on the work of mental health practitioners who work with this client group. Based on current empirical research and evidence-based practical issues this book explores topics including: ageing and dementia elder abuse caring for older adults depression and ageing the paradox of ageing how older adults are cared for. Throughout the book the contributors emphasise the notion of 'healthy ageing' and the importance and significance of this concept as part of the life-cycle process. As such Ageing and Older Adult Mental Health will be key reading not only for mental health professionals, but also for those involved in policy making for older adults.

This book is a practical resource that will support the delivery of holistic mental health interventions in the primary and community care setting for older people. Primary care delivery is discussed in relation to both functional mental health problems, such as anxiety, depression, and psychotic and personality disorders, and acquired organic mental disorders of old age, such as dementia, cognitive impairments, and delirium. Careful consideration is paid to the complex relationship between mental and somatic health problems. Further topics include, for example, epidemiology, wider determinants of health, different care models, history taking, neurocognitive and capacity assessment, and pharmacological, psychological, and physical interventions. The wider goals of the book are to support the development of community resilience and self-care in older people; to promote universal access and equity for older people in order to enable them to achieve or recover the highest attainable standard of health, regardless of age, gender, and social class. This book is an essential resource for all professionals who work with older adults with mental health problems and those training in these fields including physicians, psychiatrists, family doctors, geriatricians, general practitioners, nurses, psychologists, neurologists, occupational therapists, social workers, support workers and community health and social care workers. This open access book provides a comprehensive perspective on the concept of ageism, its origins, the manifestation and consequences of ageism, as well as ways to respond to and research ageism. The book represents a collaborative effort of researchers from over 20 countries and a variety of disciplines, including, psychology, sociology, gerontology, geriatrics, pharmacology, law, geography, design, engineering, policy and media studies. The contributors have collaborated to produce a truly stimulating and educational overview of the state of the art in the field. The book serves as a catalyst to generate research, policy and public interest in the field of ageism and to reconstruct the image of old age and will be of interest to researchers and students in gerontology and geriatrics.

Older People and Mental Health Nursing provides an evidence-based guide to caring for the growing number of older people with mental health issues. It focuses on the knowledge and key skills which practitioners require to work effectively with older people who have, or are at risk of developing, mental health needs. Divided into five sections, Older People and Mental Health Nursing first explores the background, historical perspectives and influences on mental health care in later life. It then looks at the ethical and legal issues that underpin support and care. Part three focuses on aspects which have traditionally been neglected in mental health care, including culture, religion and sexuality. Part four details specific mental health issues for older people, including delirium, depression, and dementia. The final section explores future trends in older people's mental health and offers ideas on how nursing is developing, and could develop, to address these. Offers a practical evidence-based guide to the care of older people with mental health issues

The Mental Health and Substance Use Workforce for Older Adults

Handbook of Mental Health and Aging

Community Mental Health for Older People

The Oxford Handbook of Clinical Geropsychology

Complementary and Integrative Therapies for Mental Health and Aging

DSM-5® Pocket Guide for Elder Mental Health

*This book provides practical, up-to-the-minute information and tools for clinicians working with older adults. A roster of expert authors offers the most practical clinical and research insights across the most relevant, frequently encountered diagnostic and treatment problems. Each chapter is organized in a logical, easy-to-follow structure that hinges discussion of a particular symptom or disorder on the presentation of a representative, realistic clinical vignette.*

*This book consolidates current knowledge in the field and discusses psychiatric disorders among the elderly, while bridging the gap between clinical practice and the socio-cultural contexts. The book is particularly important in the face of rapidly changing conditions globally and challenges such as migration, war and violence, diminishing physical health due to ageing and their impact on the mental health of elderly. Longevity is a great gift of medical sciences and modern health care and since the benefit of longevity comes with specific mental health issues of the elderly, this book responds to the heightened need to understand and address the mental health challenges of the elderly.*

*This book provides a manual designed for mental health practitioners and primary care providers without advanced training in geriatric psychiatry. Gary J. Kennedy sets forth a clear framework for understanding the interplay of medical, psychological, and social factors in frequently encountered problems among older adults. Clear guidelines are delineated for assessing and treating such conditions as depression and anxiety, dementia, psychosis and mania, sleep disturbances, personality and somatoform disorders, substance abuse, and suicidality. Throughout, the book focuses on ways to sustain seniors' independence and overall quality of life while enhancing their adaptive capacities. Winner--American Journal of Nursing Book of the Year Award (2000) See also the author's Geriatric Depression: A Clinical Guide, which distills the best available interventions for depression in older adults in a highly accessible format.*

*Mental health practitioners are encountering an ever-growing number of older adults and so an up-to-date and comprehensive text addressing the special considerations that arise in the psychological assessment and treatment of this population is vital. This*

*Personality Disorders and Older Adults*

*Aging and God*

*Aging and Mental Health*

*Integrated Textbook of Geriatric Mental Health*

*Geriatric Mental Health Care*

*Mental Disorders in Older Adults, Second Edition*

Designated a Duxbury Core Title This volume is one of the best predoctoral-oriented books on mental health and aging that I have read. I hope that the coming years will see substantive developments in outreach to depressed older adults. This book lays a solid and credible foundation for these efforts." --PycCRITIQUES Late life depression has become increasingly prevalent among older adults. This book presents guidelines to help enable aging and social service programs to establish a mental health education and screening program focused on late-life depression. This 2-time award-winning model presented in this book offers a practical and culturally-sensitiveproach to mental health education which can be adapted by service programs seeking to identify clinical depression among their older adult clientele. Additionally, this program offers professionals serving older adults an opportunity to increase their knowledge about clinical depression among older adults; develop the skills necessary to identify the signs of clinical depression and suicidal ideation; and create long-standing, collaborative relationships across the professional disciplines of aging, social services, medical and mental health services. Older adults who participate in this program are able to: increase their awareness of the role of mental health in their overall quality of life identify both long-standing and newly emergent symptoms of clinical depression, a serious mental health condition connect to treatment providers within their own communities

\*Due to improvements in health and healthcare, the elderly population is expanding rapidly within the developed world. However, more and more elderly people require some form of psychological support at some point in their later years. The types of problems faced by this population are quite distinct and often more complex than those faced by younger adults, and throw up many new challenges - in both assessment and treatment. Within this book Knight and Pachana argue that psychological assessment needs to be more tightly integrated with therapy, especially with older adult clients. Using the Contextual Adult Lifespan Theory for Adapting Psychotherapy (CALTAP) as a framework for applying our knowledge about developmental, social contextual, and cohort/generational factors that influence age differences in response to psychological assessment and therapy, they present an integrated framework for psychological assessment and therapy with older adults."--Publisher's website.

The older adult population is booming in the United State and across the globe. With this boom comes an increase in the number of older adults who experience psychological disorders. Current estimates suggest that about 20% of older persons are diagnosable with a mental disorder. Personality disorders are among the most poorly understood, challenging, and frustrating of these disorders among older adults. This book is designed to provide scholarly and scientifically-based guidance about the diagnosis, assessment, and treatment of personality disorders to health professionals, mental health professionals, and senior service professionals who encounter personality-disordered or "difficult" older adults.

A comprehensive book written by experienced practitioners, this single-volume work describes clinical competencies, specific techniques, and applications in providing services to the elderly and their caregivers. • Includes therapeutic interventions and addresses critical elements including diversity, poverty, disability, and the law and ethics of elder care • Features case studies that clearly illustrate expressive arts, animal-assisted therapy, couple's counseling, family therapy, and evidence-based treatments • Ideally suited to students, psychologists, counselors, therapists, and health professionals who work with, or aim to practice with, elderly people and their families • Enables interns in their early years of practice to ensure that their services are appropriate, client centered, client driven, and evidence-based

The Praeger Handbook of Mental Health and the Aging Community

A Handbook of Care

Practical Strategies in Geriatric Mental Health

Mental Disorders in Older Adults

Retooling for an Aging America

Patterns and Predictors of Mental Health Service Use and Serious Mental Illness Among Community-dwelling Elderly

Mental Disorders in Older Adults, Second EditionFundamentals of Assessment and TreatmentGuilford Press

"This new edition retains the multidisciplinary and developmental perspectives of its predecessors, drawing on the knowledge not only of psychiatrists but also of relevant biomedical and behavioral experts in order to present the most comprehensive approach to patient care. It has been extensively updated to reflect the latest scientific advances and clinical developments in the field. Not only will readers find the most up-to-date information on phenomenology, diagnosis, and assessment of late-life mental disorders, they will also access the latest research on psychotherapeutic, psychopharmacological, and other somatic treatments. A dedicated chapter delves into the role of technology-including digital phenotyping, wearables, digital and web-based neurocognitive testing, and more-in aiding the geriatric mental health workforce and improving both access to and engagement support. Throughout the book, several sections examine the impact of COVID-19 and its attendant social isolation on older adult mental health and the evolution of treatment approaches, revealing insights learned about telepsychiatry and care in nursing homes during the pandemic. Chapters on the legal and ethical factors in the psychiatric care of older adults close out the book, the most exhaustive on the topic. Extensively researched and with key points for ease of reference, this edition will equip both the scholar and the clinician with the current state of scientific understanding as well as the practical skills and knowledge base required for dealing with mental disorders in late life.--

The purpose of this book is to disseminate "best practice" models of treatment for the common mental health problems of late life, so that evidence-based practice will become the norm (rather than the exception) when working clinically with older adults. Each chapter contains reviews of the empirical literature focusing on studies conducted with elders; then they emphasize how CBT can be applied most effectively to that specific patient population. Case studies illuminate practice recommendations, and issues of diversity are likewise highlighted whenever possible.

Created to help aging services providers learn more about alcohol and medication misuse and mental health problems in older adults and to help them address these issues more effectively.

Issues and Implications for Practice

Social Isolation and Loneliness in Older Adults

Mental Health in the Elderly

Ageing and Older Adult Mental Health

Primary Care Mental Health in Older People

Mental Health Problems and Older Adults

As the first of the nation's 78 million baby boomers begin reaching age 65 in 2011, they will face a health care workforce that is too small and woefully unprepared to meet their specific health needs. Retooling for an Aging America calls for bold initiatives starting immediately to train all health care providers in the basics of geriatric care and to prepare family members and other informal caregivers, who currently receive little or no training in how to tend to their aging loved ones. The book also recommends that Medicare, Medicaid, and other health plans pay higher rates to boost recruitment and retention of geriatric specialists and care aides. Educators and health professional groups can use Retooling for an Aging America to institute or increase formal education and training in geriatrics. Consumer groups can use the book to advocate for improving the care for older adults. Health care professional and occupational groups can use it to improve the quality of health care jobs.

The Handbook of Mental Health and Aging, Third Edition provides a foundational background for practitioners and researchers to understand mental health care in older adults as presented by leading experts in the field. Wherever possible, chapters integrate research into clinical practice. The book opens with conceptual factors, such as the epidemiology of mental health disorders in aging and cultural factors that impact mental health. The book transitions into neurobiological-based topics such as biomarkers, age-related structural changes in the brain, and current models of accelerated aging in mental health. Clinical topics include dementia, neuropsychology, psychotherapy, psychopharmacology, mood disorders, anxiety, schizophrenia, sleep disorders, and substance abuse. The book closes with current and future trends in geriatric mental health, including the brain functional connectome, repetitive transcranial magnetic stimulation (rTMS), technology-based interventions, and treatment innovations. Identifies factors influencing mental health in older adults Includes biological, sociological, and psychological factors Reviews epidemiology of different mental health disorders Supplies separate chapters on grief, schizophrenia, mood, anxiety, and sleep disorders Discusses biomarkers and genetics of mental health and aging Provides assessment and treatment approaches

Social isolation and loneliness are serious yet underappreciated public health risks that affect a significant portion of the older adult population. Approximately one-quarter of community-dwelling Americans aged 65 and older are considered to be socially isolated, and a significant proportion of adults in the United States report feeling lonely. People who are 50 years of age or older are more likely to experience many of the risk factors that can cause or exacerbate social isolation or loneliness, such as living alone, the loss of family or friends, chronic illness, and sensory impairments. Over a life course, social isolation and loneliness may be episodic or chronic, depending upon an individual's circumstances and perceptions. A substantial body of evidence demonstrates that social isolation presents a major risk for premature mortality, comparable to other risk factors such as high blood pressure, smoking, or obesity. As older adults are particularly high-volume and high-frequency users of the health care system, there is an opportunity for health care professionals to identify, prevent, and mitigate the adverse health impacts of social isolation and loneliness in older adults. Social Isolation and Loneliness in Older Adults summarizes the evidence base and explores how social isolation and loneliness affect health and quality of life in adults aged 50 and older, particularly among low income, underserved, and vulnerable populations. This report makes recommendations specifically for clinical settings of health care to identify those who suffer the resultant negative health impacts of social isolation and loneliness and target interventions to improve their social conditions. Social Isolation and Loneliness in Older Adults considers clinical tools and methodologies, better education and training for the health care workforce, and dissemination and implementation that will be important for translating research into practice, especially as the evidence base for effective interventions continues to flourish.

Older adults have historically utilized mental health services at substantially low rates. Unfortunately, though professional, policy, and other recent developments portend an increase in service use, there has been scant empirical attention devoted to the current or recent utilization of mental health treatment by the elderly, and almost nothing is known about the correlates of mental health need and service use among older adults. Accordingly, the present study examined patterns of serious mental illness (SMI), specific mental health syndromes, and service use among older (65+) and younger (18-64) adults throughout the United States, and the extent to which various factors predict mental health need and the use and magnitude of mental health treatment. In addition, the study examined factors related to unmet need, as well as age group differences in perceived benefit from treatment. The findings reveal that older adults were three times less likely than their younger counter parts to receive any outpatient mental health treatment. Only 2.5% of older individuals utilized any outpatient mental health service in the past year, versus 7.0% of younger adults. The results indicate that the low rate of utilization by older adults may be partly a function of limited subjective mental health need. Prevalence estimates for SMI and all specific mental health syndromes, with the exception of agoraphobia, were markedly lower in the older than the younger cohort. Importantly, though mental health problems appear to be significantly undertreated in older and younger age groups, the study also reveals that those older and younger adults that make it into services typically benefit considerably from treatment. It is hoped that the knowledge yielded by the current study will promote efforts to enhance mental health care access and reduce the long neglected mental health needs of the nation's elderly population. Several factors related to mental health need and service use were identified in the study that may assist policy, planning, and outreach efforts aimed at increasing service access.

Mental Health Problems of Older Adults

Get Connected!

Geropsychiatric and Mental Health Nursing

A Guide for Mental Health Professionals

Handbook of Behavioral and Cognitive Therapies with Older Adults

In Whose Hands?

Illustrated with abundant clinical material, this book provides essential knowledge and skills for effective mental health practice with older adults. It demonstrates how to evaluate and treat frequently encountered clinical problems in this population, including dementias, mood and anxiety disorders, and paranoid symptoms. Strategies are presented for implementing psychosocial interventions and integrating them with medications. The book also describes insightful approaches for supporting family caregivers and addresses the nuts and bolts of consulting in institutional settings. Combining their expertise as a researcher and an experienced clinician, the authors offer a unique perspective on the challenges facing older adults and how to help them lead more fulfilling and independent lives. Three reproducible forms can also be downloaded and printed in a convenient 8 1/2" x 11" size.

At least 5.6 million to 8 million-nearly one in five-older adults in America have one or more mental health and substance use conditions, which present unique challenges for their care. With the number of adults age 65 and older projected to soar from 40.3 million in 2010 to 72.1 million by 2030, the aging of America holds profound consequences for the nation. For decades, policymakers have been warned that the nation's health care workforce is ill-equipped to care for a rapidly growing and increasingly diverse population. In the specific disciplines of mental health and substance use, there have been similar warnings about serious workforce shortages, insufficient workforce diversity, and lack of basic competence and core knowledge in key areas. Following its 2008 report highlighting the urgency of expanding and strengthening the geriatric health care workforce, the IOM was asked by the Department of Health and Human Services to undertake a complementary study on the geriatric mental health and substance use workforce. The Mental Health and Substance Use Workforce for Older Adults: In Whose Hands? assesses the current state of this population and the workforce that serves it. The breadth and magnitude of inadequate workforce training and personnel shortages have grown to such proportions, says the committee, that no single approach, nor a few isolated changes in disparate federal agencies or programs, can adequately address the issue. Overcoming these challenges will require focused and coordinated action by all.

Assessment and Treatment of Older Adults

Mental Health Assessment and Therapeutic Intervention with Older Adults