

Miraculous Abundance One Quarter Acre Two French Farmers And Enough Food To Feed The World

How should we respond to our converging crises of violent conflict, political corruption, and global ecological devastation? In this sweeping, big-picture synthesis, Louis G. Herman argues that for us to create a sustainable, fulfilling future, we need to first look back into our deepest past to recover our core humanity. Important clues for recovery can be found in the lives of traditional San Bushman hunter-gatherers of South Africa, the closest living relatives to the ancestral African population from which all humans descended. Their culture can give us a sense of what life was like during the tens of thousands of years when humans lived in wilderness, without warfare, walled cities, or slavery. Herman suggests we draw from the experience of the San and other earth-based cultures and weave their wisdom together with the scientific story of an evolving universe to help create something radically new — an earth-centered, planetary politics with the personal truth quest at its heart.

The New York Times #1 best-selling series. Includes 3 novels by Ransom Riggs and 12 peculiar photographs. Together for the first time, here is the #1 New York Times best seller Miss Peregrine's Home for Peculiar Children and its two sequels, Hollow City and Library of Souls. All three hardcovers are packaged in a beautifully designed slipcase. Also included: a special collector's envelope of twelve peculiar photographs, highlighting the most memorable moments of this extraordinary three-volume fantasy. MISS PEREGRINE'S HOME FOR PECULIAR CHILDREN: A mysterious island. An abandoned orphanage. A strange collection of very curious photographs. It all waits to be discovered in this groundbreaking novel, which mixes fiction and photography in a thrilling new kind of reading experience. As our story opens, a horrific family tragedy sets sixteen-year-old Jacob Portman journeying to a remote island off the coast of Wales, where he discovers the crumbling ruins of Miss Peregrine's Home for Peculiar Children. HOLLOW CITY: September 3, 1940. Ten peculiar children flee an army of deadly monsters. And only one person can help them—but she's trapped in the body of a bird. The extraordinary adventure continues as Jacob Portman and his newfound friends journey to London, the peculiar capital of the world. There, they hope to find a cure for their beloved headmistress, Miss Peregrine. But in this war-torn city, hideous surprises lurk around every corner. LIBRARY OF SOULS: A boy, a girl, and a talking dog. They're all that stands between the sinister wights and the future of peculiar children everywhere. Jacob Portman ventures through history one last time to rescue the peculiar children from a heavily guarded fortress. He's joined by girlfriend and firestarter Emma Bloom, canine companion Addison MacHenry, and some very unexpected allies.

As seen on the BBC's This Farming Life The inspirational story of Lynbreck Croft—a regenerative Scottish farm rooted in local food, community, and the dreams of two women. "A ripping good account of the guts, luck and perseverance it takes to create a productive and healthy farm or croft that jumps the rails of our conventional industrial agriculture."—Nick Offerman, New York Times bestselling author of Where the Deer and the Antelope Play "I raced through this beautiful story with mounting awe and excitement. . . . Pragmatism, honesty and openness to new and old ideas shines through on every page. I hope it inspires legions of new farmers."—Isabella Tree, author of Wilding Lynn and Sandra left their friends, family, and jobs in England to travel north to Scotland to find a bit of land that they could call their own. They had in mind keeping a few chickens, a kitchen garden, and renting out some camping space; instead, they fell in love with Lynbreck Croft—150 acres of opportunity and beauty, shrouded by the Cairngorms and deep in the Highlands of Scotland. But they had no money, no plan, and no experience in farming. In Our Wild Farming Life, Lynn and Sandra recount their experiences as they rebuild their new home and work out what kind of farmers they want to be. They learn how to work with Highland cattle, become part of the crofting community and begin to truly understand how they can farm in harmony with nature to produce wonderful food for themselves and the people around them. Through efforts like these, Lynn and Sandra have been able to combine regenerative farming practices with old crofting traditions to keep their own personal values intact. Our Wild Farming Life is what happens when you follow your dreams of living on the land; a story of how two people became farmers—and how they learned to make a living from it, their way. "[This] is a warm yet realistic chronicle of the world of the small-time farmer, sharing a vision of how we humans can feed ourselves sustainably and ethically while living in harmony with the natural world."—Booklist

A detailed study of seventeenth century farming practices and their relevance for today We are today grappling with the consequences of disastrous changes in our farming and food systems. While the problems we face have reached a crisis point, their roots are deep. Even in the seventeenth century, Frances E. Dolan contends, some writers and thinkers voiced their reservations, both moral and environmental, about a philosophy of improvement that rationalized massive changes in land use, farming methods, and food production. Despite these reservations, the seventeenth century was a watershed in the formation of practices that would lead toward the industrialization of agriculture. But it was also a period of robust and inventive experimentation in what we now think of as alternative agriculture. This book approaches the seventeenth century, in its failed proposals and successful ventures, as a resource for imagining the future of agriculture in fruitful ways. It invites both specialists and non-specialists to see and appreciate the period from the ground up. Building on and connecting histories of food and work, literary criticism of the pastoral and georgic, histories of elite and vernacular science, and histories of reading and writing practices, among other areas of inquiry, Digging the Past offers fine-grained case studies of projects heralded as innovations both in the seventeenth century and in our own time: composting and soil amendment, local food, natural wine, and hedgerows. Dolan analyzes the stories seventeenth-century writers told one another in letters, diaries, and notebooks, in huge botanical catalogs and flimsy pamphlets, in plays, poems, and how-to guides, in adages and epics. She digs deeply to assess precisely how and with what effect key terms, figurations, and stories galvanized early modern imaginations and reappear, often unrecognized, on the websites and in the tour scripts of farms and vineyards today.

The End of Poverty

Comfortably Unaware

The Unsettling of America

Countdown to Global Catastrophe

Miraculous Abundance

Crack the Code to Wealth and Live Rich for a Lifetime

The Organic Medicinal Herb Farmer

The clock is relentlessly ticking! Our world teeters on a knife-edge between a peaceful and prosperous future for all, and a dark winter of death and destruction that threatens to smother the light of civilization. Within 30 years, in the 2030 decade, six powerful 'drivers' will converge with unprecedented force in a statistical spike that could tear humanity apart and plunge the world into a new Dark Age. Depleted fuel supplies, massive population growth, poverty, global climate change, famine, growing water shortages and international lawlessness are on a crash course with potentially catastrophic consequences. In the face of both doomsaying and denial over the state of our world, Colin Mason cuts through the rhetoric and reams of conflicting data to muster the evidence to illustrate a broad picture of the world as it is, and our possible futures. Ultimately his message is clear; we must act decisively, collectively and immediately to alter the trajectory of humanity away from catastrophe. Offering over 100 priorities for immediate action, The 2030 Spike serves as a guidebook for humanity through the treacherous minefields and wastelands ahead to a bright, peaceful and prosperous future in which all humans have the opportunity to thrive and build a better civilization. This book is powerful and essential reading for all people concerned with the future of humanity and planet earth.

10TH ANNIVERSARY EDITION Is the financial plan of mediocrity -- a dream-stealing, soul-sucking dogma known as "The Slowlane" your plan for creating wealth? You know how it goes; it sounds a lil something like this: "Go to school, get a good job, save 10% of your paycheck, buy a used car, cancel the movie channels, quit drinking expensive Starbucks mocha lattes, save and penny-pinch your life away, trust your life-savings to the stock market, and one day, when you are oh, say, 65 years old, you can retire rich." The mainstream financial gurus have sold you blindly down the river to a great financial gamble: You've been hoodwinked to believe that wealth can be created by recklessly trusting in the uncontrollable and unpredictable markets: the housing market, the stock market, and the job market. This impotent financial gamble dubiously promises wealth in a wheelchair -- sacrifice your adult life for a financial plan that reaps dividends in the twilight of life. Accept the Slowlane as your blueprint for wealth and your financial future will blow carelessly asunder on a sailboat of HOPE: HOPE you can find a job and keep it, HOPE the stock market doesn't tank, HOPE the economy rebounds, HOPE, HOPE, and HOPE. Do you really want HOPE to be the centerpiece for your family's financial plan? Drive the Slowlane road and you will find your life deteriorate into a miserable exhibition about what you cannot do, versus what you can. For those who don't want a lifetime subscription to "settle-for-less" and a slight chance of elderly riches, there is an alternative; an expressway to extraordinary wealth that can burn a trail to financial independence faster than any road out there. Why jobs, 401(k)s, mutual funds, and 40-years of mindless frugality will never make you rich young. Why most entrepreneurs fail and how to immediately put the odds in your favor. The real law of wealth: Leverage this and wealth has no choice but to be magnetized to you. The leading cause of poorness: Change this and you change everything. How the rich really get rich - and no, it has nothing to do with a paycheck or a 401K match. Why the guru's grand deity - compound interest - is an impotent wealth accelerator. Why the guru myth of "do what you love" will most likely keep you poor, not rich. And 250+ more poverty busting distinctions... Demand the Fastlane, an alternative road-to-wealth; one that actually ignites dreams and creates millionaires young, not old. Change lanes and find your explosive wealth accelerator. Hit the Fastlane, crack the code to wealth, and find out how to live rich for a lifetime.

This extensively revised and expanded edition broadens the reach and depth of the permaculture approach for urban and suburban gardeners. The text's message is that working with nature, not against it, results in more beautiful, abundant, and forgiving gardens.

Call it “Zen and the Art of Farming” or a “Little Green Book,” Masanobu Fukuoka’s manifesto about farming, eating, and the limits of human knowledge presents a radical challenge to the global systems we rely on for our food. At the same time, it is a spiritual memoir of a man whose innovative system of cultivating the earth reflects a deep faith in the wholeness and balance of the natural world. As Wendell Berry writes in his preface, the book “is valuable to us because it is at once practical and philosophical. It is an inspiring, necessary book about agriculture because it is not just about agriculture.” Trained as a scientist, Fukuoka rejected both modern agribusiness and centuries of agricultural practice, deciding instead that the best forms of cultivation mirror nature’s own laws. Over the next three decades he perfected his so-called “do-nothing” technique: commonsense, sustainable practices that all but eliminate the use of pesticides, fertilizer, tillage, and perhaps most significantly, wasteful effort. Whether you’re a guerrilla gardener or a kitchen gardener, dedicated to slow food or simply looking to live a healthier life, you will find something here—you may even be moved to start a revolution of your own.

How Our Wilderness Origins Show Us the Way Forward

The Book of the Damned

One Quarter Acre, Two French Farmers, and Enough Food to Feed the World

The Rooted Life

The Circle

75 Extraordinary Women Working in the World of Plants

The Works of Francis Thompson

In Comfortably Unaware, Dr. Richard Oppenlander tackles the crucial issue of global depletion as it relates to food choice. We should all be committed, he tells us, to understanding the reality and consequences of our diet, the footprint it makes on our environment, and seek food products that are in the best interest of all living things. His forthright information and stark mental images are often disturbing-and that's how it should be. As the guardians of Planet Earth, we need to be shaken out of our complacency, to stop being comfortably unaware, and to understand the measures we must take to ensure the health and well-being of our planet-and of ourselves. Oppenlander

Welcome to the Agrihood, Living, Shopping, and Gardening for a Farm-to-Table Lifestyle, has something for everyone--new homebuyers, city-dwellers, and retirees. Live in an agrihood, an eco-friendly, healthy-lifestyle community centered around a professionally managed farm. This book takes you through a virtual tour of agrihoods--known for beautiful, sustainably built homes with endless amenities such as charter K-12 schools, clubhouses, fitness centers, boating, golf, horseback riding, swimming, walking, hiking, and biking trails. The latest trends in multifamily housing include organic rooftop farms, community gardens, and individual raised-bed garden spaces for tenants. Grow your own organic food with helpful tips, planting guides, and valuable resources. Learn about organic certification, food safety, bees, biodiversity, composting, and how far food travels. Shop from the farmer you know, and learn the story behind your food. This book describes options for buying fresh, sustainably sourced food from on-farm markets, food hubs, and community-supported agriculture (CSA) season-long farm share programs. Book includes a national directory of agrihoods and lists more than 2,200 resources to buy fresh, locally grown food.

Thirty years after its publication, The Death and Life of Great American Cities was described by The New York Times as "perhaps the most influential single work in the history of town planning...[It] can also be seen in a much larger context. It is first of all a work of literature; the descriptions of street life as a kind of ballet and the bitinglly satiric account of traditional planning theory can still be read for pleasure even by those who long ago absorbed and appropriated the book's arguments." Jane Jacobs, an editor and writer on architecture in New York City in the early sixties, argued that urban diversity and vitality were being destroyed by powerful architects and city planners. Rigorous, sane, and delightfully epigrammatic, Jacobs's small masterpiece is a blueprint for the humanistic management of cities. It is sensible, knowledgeable, readable, indispensable. The author has written a new foreword for this Modern Library edition.

A permaculture expert and popular YouTube Homesteader shares the skills and the delights of becoming a part of your own food story in this inspiring, accessible, and beautiful invitation to a more abundant, healthy, and connected life. Have you ever wanted to experiment with growing your own food but didn't think you had the space, the time, or the knowledge? Justin Rhodes thought the same thing--until after years battling systemic illness and struggling to provide the kind of wholesome food he wanted for his family, he bought a seed packet at the grocery store and was hooked! Justin discovered the miraculous potential and empowerment of working with nature to grow food for his family, and since that discovery, he has shared his self-taught skills with hundreds of thousands of growers via his popular YouTube channel and website. Whether you're looking for greater food security, better health, tastier food, to save or earn money, connect with your food source, this book is for you. If you're looking for a different kind of life--a life focused on health and wellness--take a look down the road less traveled. Looking for every opportunity to pass his hard-earned knowledge onto others, Justin Rhodes created this inspiring and practical invitation to growing your own food and experiencing a more connected, sustainable lifestyle, no matter where you live or how much space you have. Filled with beautiful and inspiring photographs from the Rhodes' homestead and chock full of resources, including gardening plans, everything you need to know about raising chickens, tips for how to get your kids involved, and even recipes for how to serve up your home-grown goodness, The Rooted Life provides you with the inspiration, the encouragement, and the practical wisdom that you need to begin the journey to a more rooted life.

Passages from the French and Italian Note-books of Nathaniel Hawthorne

11 Truth Principles for Successful Living

Life of Pi

The New Organic Grower, 3rd Edition

The Dark Side of the All-American Meal

The Earth in Her Hands

A Guide for the Organic Orchardist

Miraculous AbundanceOne Quarter Acre, Two French Farmers, and Enough Food to Feed the WorldChelsea Green Publishing

Comprehensive coverage of passive solar greenhouse design including material selection, building methods and how to store thermal energy using a variety of simple and innovative strategies. Over a dozen case studies provide real-life inspiration, capped off with how-to guidance for building a durable, energy-efficient greenhouse. Variations include underground and aquaponic greenhouses and integrating solar panels to grow off-grid, year-round.

"Time travel, UFOs, mysterious planets, stigmata, rock-throwing poltergeists, huge footprints, bizarre rains of fish and frogs--nearly a century after Charles Fort's Book of the Damned was originally published, the strange phenomenon presented in this book remains largely unexplained by modern science. Through painstaking research and a witty, sarcastic style, Fort captures the imagination while exposing the flaws of popular scientific explanations. Virtually all of his material was compiled and documented from reports published in reputable journals, newspapers and periodicals because he was an avid collector. Charles Fort was somewhat of a recluse who spent most of his spare time researching these strange events and collected these reports from publications sent to him from around the globe. This was the first of a series of books he created on unusual and unexplained events and to this day it remains the most popular. If you agree that truth is often stranger than fiction, then this book is for you"--Taken from Good Reads website.

"Soil Culture" by J. H. Walden. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten—or yet undiscovered gems—of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

The Apple Grower

An Innovative Permaculture and Whole Systems Design Approach

The Resilient Farm and Homestead

The Youthful Wanderer

Culture & Agriculture

The Death and Life of Great American Cities

Soil Culture

The Bec Hellouin model for growing food, sequestering carbon, creating jobs, and increasing biodiversity without using fossil fuels When Charles and Perrine Hervé-Gruyer set out to create their farm in an historic Normandy village, they had no idea just how much their lives would change. Neither one had ever farmed before. Charles had been circumnavigating the globe by sail, operating a floating school that taught students about ecology and indigenous cultures. Perrine had been an international lawyer in Japan. Each had returned to France to start a new life. Eventually, Perrine joined Charles in Normandy, and Le Ferme du Bec Hellouin was born. Bec Hellouin has since become a celebrated model of innovative, ecological agriculture in Europe, connected to national and international organizations addressing food security, heralded by celebrity chefs as well as the Slow Food movement, and featured in the inspiring César and COLCOA award-winning documentary film, Demain ("Tomorrow"). Miraculous Abundance is the eloquent tale of the couple's evolution from creating a farm to sustain their family to delving into an experiment in how to grow the most food possible, in the most ecological way possible, and create a farm model that can carry us into a post-carbon future—when oil is no longer moving goods and services, energy is scarcer, and localization is a must. Today, the farm produces a variety of vegetables using a mix of permaculture, bio-intensive, four-season, and natural farming techniques--as well as techniques gleaned from native cultures around the world. It has some animals for eggs and milk, horses for farming, a welcome center, a farm store, a permaculture school, a bread oven for artisan breads, greenhouses, a cidery, and a forge. It has also become the site of research focusing on how small organic farms like

theirs might confront Europe’s (and the world’s) projected food crisis. But in this honest and engaging account of the trials and joys of their uncompromising effort, readers meet two people who are farming the future as much as they are farming their land. They envision farms like theirs someday being the hub for a host of other businesses that can drive rural communities—from bread makers and grain millers to animal care givers and other tradespeople. Market farmers and home gardeners alike will find much in these pages, but so will those who’ve never picked up a hoe. The couple’s account of their quest to design an almost Edenlike farm, hone their practices, and find new ways to feed the world is an inspiring tale. It is also a love letter to a future in which people increasingly live in rural communities that rely on traditional skills, locally created and purveyed goods and services, renewable energy, and greater local governance, but are also connected to the larger world.

“An informative and celebratory resource.” —Booklist In this beautiful and empowering book, Jennifer Jewell—host of public radio’s award-winning program and podcast Cultivating Place—introduces 75 inspiring women. Working in wide-reaching fields that include botany, floral design, landscape architecture, farming, herbalism, and food justice, these influencers are creating change from the ground up. Profiled women include flower farmer Erin Benzakein; codirector of Soul Fire Farm Leah Penniman; plantswoman Flora Grubb; edible and cultural landscape designer Leslie Bennett; Caribbean-American writer and gardener Jamaica Kincaid; soil scientist Elaine Ingham; landscape designer Ariella Chezar; floral designer Amy Merrick, and many more. Rich with personal stories and insights, Jewell’s portraits reveal a devotion that transcends age, locale, and background, reminding us of the profound role of green growing things in our world—and our lives.

Since its publication in 1977, *The Unsettling of America* has been recognized as a classic of American letters. In it, Wendell Berry argues that good farming is a cultural and spiritual discipline. Today’s agribusiness, however, takes farming out of its cultural context and away from families. As a result, we as a nation are more estranged from the land—from the intimate knowledge, love, and care of it. Sadly, his arguments and observations are more relevant than ever. Although “this book has not had the happy fate of being proved wrong,” Berry writes, there are people working “to make something comely and enduring of our life on this earth.” Wendell Berry is one of those people, writing and working, as ever, with passion, eloquence, and conviction.

The Bec Hellouin model for growing food, sequestering carbon, creating jobs, and increasing biodiversity without using fossil fuels When Charles and Perrine Hervé-Gruyer set out to create their farm in an historic Normandy village, they had no idea just how much their lives would change. Neither one had ever farmed before. Charles had been circumnavigating the globe by sail, operating a floating school that taught students about ecology and indigenous cultures. Perrine had been an international lawyer in Japan. Each had returned to France to start a new life. Eventually, Perrine joined Charles in Normandy, and Le Ferme du Bec Hellouin was born. Since then the farm has become a celebrated model of innovative, ecological agriculture in Europe, connected to national and international organizations addressing food security, heralded by celebrity chefs as well as the Slow Food movement, and featured in the inspiring 2016 César Award-winning documentary, *Demain* (Tomorrow). *Miraculous Abundance* is the eloquent tale of the couple's evolution from creating a farm to sustain their family to delving into an experiment in how to grow the most food possible, in the most ecological way possible, and create a farm model that can carry us into a post-carbon future--when oil is no longer moving goods and services, energy is scarcer, and localization is a must. Today, the farm produces a variety of vegetables using a mix of permaculture, bio-intensive, four-season, and natural farming techniques--as well as techniques gleaned from native cultures around the world. It has some animals for eggs and milk, horses for farming, a welcome center, a farm store, a permaculture school, a bread oven for artisan breads, greenhouses, a cidery, and a forge. It has also become the site of research focusing on how small organic farms like theirs might confront Europe's (and the world's) projected food crisis. But in this honest and engaging account of the trials and joys of their uncompromising effort, readers meet two people who are farming the future as much as they are farming their land. They envision farms like theirs someday being the hub for a host of other businesses that can drive rural communities--from bread makers and grain millers to animal care givers and other tradespeople. Market farmers and home gardeners alike will find much in these pages, but so will those who've never picked up a hoe. The couple's account of their quest to design an almost Edenlike farm, hone their practices, and find new ways to feed the world is an inspiring tale. It is also a love letter to a future in which people increasingly live in rural communities that rely on traditional skills, locally created and purveyed goods and services, renewable energy, and greater local governance, but are also connected to the larger world.

A Master's Manual of Tools and Techniques for the Home and Market Gardener, 2nd Edition

The 2030 Spike

(and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land with Less Water Than You Can Imagine

A Visual Guide to a Profitable Whole-systems Farm Business

One of Ours

The Omnivore's Dilemma

Adventures on a Scottish Highland Croft

With more than 45,000 sold since 1989, The New Organic Grower has become a modern classic. In this newly revised and expanded edition, master grower Eliot Coleman continues to present the simplest and most sustainable ways of growing top-quality organic vegetables. Coleman updates practical information on marketing the harvest, on small-scale equipment, and on farming and gardening for the long-term health of the soil. The new book is thoroughly updated, and includes all-new chapters such as: Farm-Generated Fertility--how to meet your soil-fertility needs from the resources of your own land, even if manure is not available. The Moveable Feast--how to construct home-garden and commercial-scale greenhouses that can be easily moved to benefit plants and avoid insect and disease build-up. The Winter Garden--how to plant, harvest, and sell hardy salad crops all winter long from unheated or minimally heated greenhouses. Pests--how to find "plant-positive" rather than "pest-negative" solutions by growing healthy, naturally resistant plants. The Information Resource--how and where to learn what you need to know to grow delicious organic vegetables, no matter where you live. Written for the serious gardener or small market farmer, The New Organic Grower proves that, in terms of both efficiency and profitability, smaller can be better.

For decades fruit growers have sprayed their trees with toxic chemicals in an attempt to control a range of insect and fungal pests. Yet it is possible to grow apples responsibly, by applying the intuitive knowledge of our great-grandparents with the fruits of modern scientific research and innovation. Since The Apple Grower first appeared in 1998, orchardist Michael Phillips has continued his research with apples, which have been called "organic's final frontier." In this new edition of his widely acclaimed work, Phillips delves even deeper into the mysteries of growing good fruit with minimal inputs. Some of the cuttingedge topics he explores include: The use of kaolin clay as an effective strategy against curculio and borers, as well as its limitations Creating a diverse, healthy orchard ecosystem through understory management of plants, nutrients, and beneficial microorganisms How to make a small apple business viable by focusing on heritage and regional varieties, value-added products, and the "community orchard" model The author's personal voice and clear-eyed advice have already made The Apple Grower a classic among small-scale growers and home orchardists. In fact, anyone serious about succeeding with apples needs to have this updated edition on their bookshelf.

An American Farm Boy In Search Of Meaning “Life was so short that it meant nothing at all unless it were continually reinforced by something that endured; unless the shadows of individual existence came and went against a background that held together.” – Willa Cather, One of Ours Claude tries to escapes from his family firm grasp who want him pious and working at their family farm in Nebraska. He marries in his attempt to escape only to realize that his wife is not interested at all in him. That’s when another opportunity arises: going overseas and fight for the American army in World War One. This Xist Classics edition has been professionally formatted for e-readers with a linked table of contents. This eBook also contains a bonus book club leadership guide and discussion questions. We hope you’ll share this book with your friends, neighbors and colleagues and can’t wait to hear what you have to say about it. Xist Publishing is a digital-first publisher. Xist Publishing creates books for the touchscreen generation and is dedicated to helping everyone develop a lifetime love of reading, no matter what form it takes

"Book and man are brilliant, passionate, optimistic and impatient . . . Outstanding." —The Economist The landmark exploration of economic prosperity and how the world can escape from extreme poverty for the world's poorest citizens, from one of the world's most renowned economists Hailed by Time as one of the world's hundred most influential people, Jeffrey D. Sachs is renowned for his work around the globe advising economies in crisis. Now a classic of its genre, The End of Poverty distills more than thirty years of experience to offer a uniquely informed vision of the steps that can transform impoverished countries into prosperous ones. Marrying vivid storytelling with rigorous analysis, Sachs lays out a clear conceptual map of the world economy. Explaining his own work in Bolivia, Russia, India, China, and Africa, he offers an integrated set of solutions to the interwoven economic, political, environmental, and social problems that challenge the world's poorest countries. Ten years after its initial publication, The End of Poverty remains an indispensable and influential work. In this 10th anniversary edition, Sachs presents an extensive new foreword assessing the progress of the past decade, the work that remains to be done, and how each of us can help. He also looks ahead across the next fifteen years to 2030, the United Nations' target date for ending extreme poverty, offering new insights and recommendations.

Triumph of the City

A Natural History of Four Meals

Cultivating Health and Wholeness Through Growing Your Own Food

Gaia's Garden

The Permaculture Market Garden

Welcome to the Agrihood: Housing, Shopping, and Gardening for a Farm-To-Table Lifestyle

Fast Food Nation

Author Zach Loeks brings together his passion for sustainable permaculture food production systems and beautiful, vibrant illustrations to provide a highly visual guide to the smooth integration of permaculture into the market garden, without use of major equipment or operation changes. Profiling crops and ecosystem-based systems, Loeks demonstrates a profitable, sustainable and approachable model for the future of market gardening.

Science has defined a variety of natural laws that explain the physical world and how it changes. One such law states that for every action there is a reaction, and that for every motion there is corresponding counter-motion. Whether it’s visible to the human eye or not, one thing is certain - movement and change will occur as a result. Having studied these principles, author Raymond Holliwell not only understood the universal physical applications, he also understood the spiritual and mental applications as well. By using this law on a spiritual and mental level, Holliwell found that a specific thought could create a desired reaction in his personal and professional life through continual and dedicated practice. As he came to realize the expanded potential of this powerful law, he eventually recognized the ultimate source of the dramatic results - God.

The world's leading resource on biointensive, sustainable, high-yield organic gardening is thoroughly updated throughout, with new sections on using 12 percent less water and increasing compost power. Long before it was a trend, How to Grow More Vegetables brought backyard ecosystems to life for the home gardener by demonstrating sustainable growing methods for spectacular organic produce on a small but intensive scale. How to Grow More Vegetables has become the go-to reference for food growers at every level, whether home gardeners dedicated to nurturing backyard edibles with minimal water in maximum harmony with nature's cycles, or a small-scale commercial producer interested in optimizing soil fertility and increasing plant productivity. In the ninth edition, author John Jeavons has revised and updated each chapter, including new sections on using less water and increasing compost power.

Shortlisted for the Financial Times and McKinsey Best Book of the Year Award in 2011 “A masterpiece.” —Steven D. Levitt, coauthor of Freakonomics “Bursting with insights.” —The New York Times Book Review A pioneering urban economist presents a myth-shattering look at the majesty and greatness of cities America is an urban nation, yet cities get a bad rap: they're dirty, poor, unhealthy, environmentally unfriendly . . . or are they? In this revelatory book, Edward Glaeser, a leading urban economist, declares that cities are actually the healthiest, greenest, and richest (in both cultural and economic terms) places to live. He travels through history and around the globe to reveal the hidden workings of cities and how they bring out the best in humankind. Using intrepid reportage, keen analysis, and cogent argument, Glaeser makes an urgent, eloquent case for the city's importance and splendor, offering inspiring proof that the city is humanity's greatest creation and our best hope for the future.

How to Grow More Vegetables, Ninth Edition

Restoration Agriculture

Digging the Past

The Ultimate Guide to Producing High-Quality Herbs on a Market Scale

Economic Possibilities for Our Time

The Millionaire Fastlane

How to Design and Build a Net-Zero Energy Greenhouse

A manual for developing durable, beautiful, and highly functional human habitat systems fit to handle an age of rapid transition, written by a land designer and site developer whose permaculture-research farm has drawn national attention.

A modern classic of the new agrarianism "Chris Smaje...shows that the choice is clear. Either we have a small farm future, or we face collapse and extinction."—Vandana Shiva "Every young person should read this book."—Richard Heinberg In a groundbreaking debut, farmer and social scientist Chris Smaje argues that organizing society around small-scale farming offers the soundest, sanest and most reasonable response to climate change and other crises of civilisation—and will yield humanity’s best chance at survival. Drawing on a vast range of sources from across a multitude of disciplines, *A Small Farm Future* analyses the complex forces that make societal change inevitable; explains how low-carbon, locally self-reliant agrarian communities can empower us to successfully confront these changes head on; and explores the pathways for delivering this vision politically. Challenging both conventional wisdom and utopian blueprints, *A Small Farm Future* offers rigorous original analysis of wicked problems and hidden opportunities in a way that illuminates the path toward functional local economies, effective self-provisioning, agricultural diversity and a shared earth. Perfect for readers of both Wendell Berry and Thomas Piketty, *A Small Farm Future* is a refreshing, new outlook on a way forward for society—and a vital resource for activists, students, policy makers, and anyone looking to enact change.

"The Youthful Wanderer" by George H. Heffner. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten—or yet undiscovered gems—of world literature, we issue the books that need to be read.

Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

***Life of Pi* is a masterful and utterly original novel that is at once the story of a young castaway who faces immeasurable hardships on the high seas, and a meditation on religion, faith, art and life that is as witty as it is profound. Using the threads of all of our best stories, Yann Martel has woven a glorious spiritual adventure that makes us question what it means to be alive, and to believe.**

A Guide to Home-scale Permaculture

TREE CROPS

Future Primal

How Our Greatest Invention Makes Us Richer, Smarter, Greener, Healthier, and Happier

An Introduction to Natural Farming

A Master's Manual of Tools and Techniques for the Home and Market Gardener, 30th Anniversary Edition

A new approach to growing local medicine, including information on geo-authenticity, wildcrafting, and developing a good business plan Both a business guide and a farming manual, The Organic Medicinal Herb Farmer will teach readers how to successfully grow and market organic medicinal Western herbs. Whether you're trying to farm medicinal plants, culinary herbs, or at-risk native herbs exclusively or simply add herbal crops to what you're already growing, successful small-scale herb farmers Jeff and Melanie Carpenter will guide you through the entire process—from cultivation to creating value-added products. Using their Zack Woods Herb Farm in Vermont as a backdrop, the Carpenters cover all the basic practical information farmers need to know to get an organic herb farm up and running, including:

- Size and scale considerations;
- Layout and design of the farm and facilities;
- Growing and cultivation information, including types of tools;
- Field and bed prep;
- Plant propagation;
- Weed control, and pests and diseases;
- Harvesting, as well as wild harvesting and the concept of geo-authentic botanicals;
- Postharvest processing; and,
- Value-added products and marketing.

The authors also provide fifty detailed plant profiles, going deeper into the herbs every farmer should consider growing. In an easy-to-understand,

*practical, and comprehensive manner, readers will learn how to focus on quality over quantity, and keep costs down by innovating with existing equipment, rather than expensive technology.*Market farmers who have never before considered growing medicinal herbs will learn why it's more important to produce these herbs domestically. *The Organic Medicinal Herb Farmer* makes a convincing case that producing organic medicinal herbs can be a viable, profitable, farming enterprise. *The Carpenters* also make the case for incorporating medicinal herbs into existing operations, as it can help increase revenue in the form of value-added products, not to mention improve the ecological health of farmland by encouraging biodiversity as a path toward greater soil health.

"Outstanding . . . a wide-ranging invitation to think through the moral ramifications of our eating habits."—The New Yorker One of the New York Times Book Review's Ten Best Books of the Year and Winner of the James Beard Award Author of How to Change Your Mind and the #1 New York Times Bestseller In Defense of Food and Food Rules What should we have for dinner? Ten years ago, Michael Pollan confronted us with this seemingly simple question and, with The Omnivore's Dilemma, his brilliant and eye-opening exploration of our food choices, demonstrated that how we answer it today may determine not only our health but our survival as a species. In the years since, Pollan's revolutionary examination has changed the way Americans think about food. Bringing wide attention to the little-known but vitally important dimensions of food and agriculture in America, Pollan launched a national conversation about what we eat and the profound consequences that even the simplest everyday food choices have on both ourselves and the natural world. Ten years later, The Omnivore's Dilemma continues to transform the way Americans think about the politics, perils, and pleasures of eating.

A bestselling dystopian novel that tackles surveillance, privacy and the frightening intrusions of technology in our lives—a "compulsively readable parable for the 21st century" (Vanity Fair). When Mae Holland is hired to work for the Circle, the world's most powerful internet company, she feels she's been given the opportunity of a lifetime. The Circle, run out of a sprawling California campus, links users' personal emails, social media, banking, and purchasing with their universal operating system, resulting in one online identity and a new age of civility and transparency. As Mae tours the open-plan office spaces, the towering glass dining facilities, the cozy dorms for those who spend nights at work, she is thrilled with the company's modernity and activity. There are parties that last through the night, there are famous musicians playing on the lawn, there are athletic activities and clubs and brunches, and even an aquarium of rare fish retrieved from the Marianas Trench by the CEO. Mae can't believe her luck, her great fortune to work for the most influential company in the world—even as life beyond the campus grows distant, even as a strange encounter with a colleague leaves her shaken, even as her role at the Circle becomes increasingly public. What begins as the captivating story of one woman's ambition and idealism soon becomes a heart-racing novel of suspense, raising questions about memory, history, privacy, democracy, and the limits of human knowledge.

The Book that Started the Organic Farming Revolution Since its original publication in 1989, *The New Organic Grower* has been one of the most important farming books available, with pioneer Eliot Coleman leading the charge in the organic movement in the United States. Now fully illustrated and updated, this 30th Anniversary Edition is a must-have for any agricultural library. Eliot Coleman's books and innovative methods have helped innumerable organic farmers build successful farms in deep accordance with nature. The wisdom in this seminal book holds true even as the modern agricultural canon has grown—in large part due to Coleman's influence as a wise elder with decades of experience. New information has been included in this edition to showcase the new tools and techniques that Eliot has been developing over the last thirty-five years. Inspired by the European intensive growers, *The New Organic Grower, 30th Anniversary Edition*, offers a very approachable and productive form of farming that has proven to work well for the earth and its stewards for centuries. Gardeners working on 2.5 acres or less will find this book especially useful, as it offers proof that small-scale market growers and serious home gardeners can live good lives close to the land and make a profit at the same time. *The New Organic Grower* is ideal for young farmers just getting started, or gardeners seeking to expand into a more productive enterprise. New material in this edition includes: Beautiful color photographs throughout, taken by master gardener and author Barbara Damrosch (Eliot's wife and co-farmer) Updated information throughout on how Eliot's practices have changed through his experiments over the years A new section from Damrosch about incorporating flowers on the small farm More information on new tools Eliot has invented that don't appear in any of his other books

Working with the Law

The New Organic Grower

The Year-Round Solar Greenhouse

Miss Peregrine's Peculiar Children Boxed Set

Making the Case for a Society Built Around Local Economies, Self-Provisioning, Agricultural Diversity and a Shared Earth

The One-Straw Revolution

A Small Farm Future

Explores the homogenization of American culture and the impact of the fast food industry on modern-day health, economy, politics, popular culture, entertainment, and food production.

Our Wild Farming Life

How and Why to Imagine Seventeenth-Century Agriculture

Real-world Permaculture for Farmers