

My Body Belongs To Me A Book About Body Safety

God Made All of Me by Justin and Lindsey Holcomb is an invaluable resource and beautifully illustrated story to help families talk about sensitive issues with two- to eight-year-old children. Because the private parts of our bodies are private, home is the ideal environment for a child to learn about his or her body and how it should be treated by others—without conveying a message of shame. Through carefully written language and relatable storytelling, God Made All of Me helps parents navigate discussion that can so easily be warped into confusion, embarrassment, and secrecy. Instead of instilling a message that their bodies are shameful—which can often prevent children from recognizing and reporting sexual abuse—Justin and Lindsey Holcomb equip parents to build a first line of defense against sexual abuse in the safety of their own homes. This helpful guide starts from the fundamental truth that God created everything and applies that truth—the doctrine of creation—to kids and their bodies. With the help of God Made All of Me, parents and caregivers can begin conversations with boys and girls about their bodies, helping kids understand the difference between the appropriate and inappropriate touch of others. This life-changing resource shows readers how to establish the foundation for a healthy bond with their children to meet increasing challenges of sexuality, which they will inevitably confront in childhood and adolescence. By teaching their children how to establish body and health boundaries, parents are imparting invaluable skills for their kids to express thoughts and feelings. God Made All of Me is the first children’s book written by Rid of My Disgrace authors, Justin and Lindsey Holcomb. Parents of young children themselves, the Holcombs are profoundly aware of the dangers kids face, and they regularly counsel victims of sexual abuse. Explore God Made All of Me and find encouragement, clear guidance, and the tools necessary to facilitate open conversations about how your children can protect their bodies, an important step in keeping them as safe as possible.

Designed to help adults talk with toddlers and preschoolers about sexual abuse in a way that reduces embarrassment and fear and emphasizes self-reliance and open communication, It’s MY Body does not contain specific references and stories about sexual abuse, a nod to the

tender age of its target audience. It does, however, emphasize how children's feelings can help them make decisions about sharing their bodies, and how to communicate those decisions to others. The book introduces two "touching codes," which children can use to protect themselves when they are uncomfortable.

What exactly can your body do? A beloved bestseller that helps children understand anatomy, from their eyes to their toes, is back! Now refreshed with new art from Ed Miller. What is under your skin? Why do you have bones? What do your muscles do? Where does the food that you eat go? Me and My Amazing Body can show you! From your head to your toes and everything in between, this playful introduction to anatomy explains all the important parts of your body. Easy to read and easy to understand, Me and My Amazing Body helps children appreciate everything their bodies can do.

My Body is MY Body is a simple rhyming book for children that creates a safe space for families and communities to begin the conversation about body safety and boundaries. Children learn that they have the power to use their voices to help prevent and stop unwanted touching and sexual abuse. With resources included, My Body is MY Body is an informative and helpful tool for everyone.

My Body

No Country for Old Men

A Book about Body Ownership , Healthy Boundaries and Communication,

A Book about Body Ownership, Healthy Boundaries and Communication

Me and My Amazing Body

The Hero In You

Your body is amazing! It can move, grow and heal as well as help you think, read and talk. Look after your brilliant body, from eating well to exercising and keeping clean. Respect your body and make sure others respect it too. If you don't want a hug or a kiss from friends or family, it's okay to say no. Your body belongs to you! Take care of your body and it will take care of you.

Young readers will enjoy reading The Berenstain Bears: The Trouble with Secrets, another addition to the Berenstain Bears Living Lights™ series of books. Children will learn along with

the Brother and Sister Bear that being loving, respectful, and not excluding others is a good way to live every day. The Berenstain Bears: The Trouble with Secrets—part of the popular Zonderkidz Living Lights series of books—is perfect for: Early readers ages 4-8 Reading out loud in Sunday school classrooms, and during story time at home or at bedtime Birthday gifts, Easter, holiday gift giving, or as a new addition to your home library Sparking conversations about the importance of inclusion and respecting and loving behavior toward all The Berenstain Bears: The Trouble with Secrets is an addition to the Living Lights™ series that: Features the hand-drawn artwork of the Berenstain family Continues in the much-loved footsteps of Stan and Jan Berenstain in this Berenstain Bears series of books Is part of one of the bestselling children's book series ever created, with more than 250 books published and nearly 300 million copies sold to date

Without being taught about body boundaries, a child may be too young to understand when abuse is happening—or that it's wrong. This straightforward, gentle book offers a tool parents, teachers, and counselors can use to help children feel, be, and stay safe. The rhyming story and simple, friendly illustrations provide a way to sensitively share and discuss the topic, guiding young children to understand that their private parts belong to them alone. The overriding message of My Body Belongs to Me is that if someone touches your private parts, tell your mom, your dad, your teacher, or another safe adult.

My Body Belongs To Me - Coloring and Activity book encourages conversation about private parts, body safety, healthy boundaries, safe and unsafe touch in an engaging, rhythmic, and entertaining way. Have the conversation, keep children safe!

Teacher Edition

My Private Parts Belong to Me!

I Had a Secret

A Book about Body Safety

My Body Belongs to Me!

It's My Body

Introduces young children to the concept of sexual abuse and how they should deal with unwanted touching by others.

This Activity Book reinforces the following crucial Body Safety skills taught in the children's picture book My Body! What I Say Goes!: safe and unsafe feelings, early warning signs, a safety network, safe and unsafe touch, private parts, the difference between secrets and surprises, and body boundaries. Ages 3-9

A guide about body boundaries shares gentle, straightforward advice about how to recognize potentially abusive situations while staying safe and asking for help.

Empowering children to understand that they have a right to be treated appropriately, especially their private parts, is an important step toward reducing the risk of prolonged sexual abuse. Experts promote, in addition to parental education, educating children to know when a body safety rule is broken and that it is always right to tell are essential to protecting children.

A Parents' Guide to Protecting Kids from Sexual Abuse

My Body's Mine

You Can Tell Me

God Made All of Me

My Body Is Special and Belongs to Me

My Body Is My Body

This book helps children to understand the difference between secrets, surprises and privacy. Avoid asking children to keep secrets because secrets are predators greatest weapon to silence a child from speaking up. In all my body safety story books, I have made reference to close family and friends like cousins, friends, neighbours, aunties and uncles because 90% of abuse is done by someone known, liked and trusted by the family and the child. Body safety is a topic that we know we need to teach our kids about. But quite often we fall short because we do not know where to begin. Not only do we want to keep our children safe, but we also want to teach them to respect the bodies of others. My four collection of body safety story books uses storytelling to explain inappropriate behaviours and body safety rules. These small and yet powerful books can make a massive difference to our society and future generations.

Teaches children to take care of their body and understand their body is special and belongs to them.

Guy and Tammy come home from school and tell Mom that they learned about the private parts of their body: parts that "belong only to us, and no one else is allowed to touch them." Mom and the kids talk about it, and along the way they learn what private parts are, as well as what kind of touch is permitted and what's not. They also learn about good secrets and bad ones, and whom they can approach for help. This book teaches children how to protect their bodies and their privacy. It clarifies their rights over their own bodies and explains how to avoid potential harm. The friendly and accessible story addresses this vital yet sensitive subject in a format crafted especially for children in the primary grades. Yael Feder is a social worker by training and a professional actress. She writes, acts and produces for Yael's Friends Theater, which specializes in educational performances for children. This book is based on the theater's popular main performance, "Yael Learns to Protect Her Body." The work was also produced in video and digital download format as "Yael's Friends," which also became a best-seller. Lee Kurzweil is a children's illustrator who has illustrated the works of Nobel laureate S. Y. Agnon. Professional consultant: Dr. Carmit Katz of the Bob Shapell School of Social Work at Tel Aviv University.

This blistering novel—from the bestselling, Pulitzer Prize-winning author of *The Road*—returns to the Texas-Mexico border, setting of the famed Border Trilogy. The time is our own, when rustlers have given way to drug-runners and small towns have become free-fire zones. One day, a good old boy named Llewellyn Moss finds a pickup truck surrounded by a bodyguard of dead men. A load of heroin and two million dollars in cash are still in the back. When Moss takes the money, he sets off a chain reaction of catastrophic violence

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that not even the law—in the person of aging, disillusioned Sheriff Bell—can contain. As Moss tries to evade his pursuers—in particular a mysterious mastermind who flips coins for human lives—McCarthy simultaneously strips down the American crime novel and broadens its concerns to encompass themes as ancient as the Bible and as bloodily contemporary as this morning's headlines. *No Country for Old Men* is a triumph.

Body Safety Education

Lets Talk About Body Boundaries, Consent and Respect

A book about body safety / Un libro sobre el cuidado contra el abuso sexual

My Body Belongs to Me!

The Berenstain Bears: The Trouble with Secrets

A Guide to Helping Kids Understand the Connection Between Their Sensations (what the Heck are Those?) and Feelings So that They Can Get Better at Figuring Out what They Need

Acclaimed songwriter Ellis Paul brings the inspirational words from his songs to the pages of a new picture book! Based on his award-winning family album of the same name, *The Hero in You* introduces kids to thirteen real-life American heroes. From Chief Joseph to Rosa Parks, their remarkable, heroic lives motivate and encourage us to aim high and try our best. Also included is a special edition CD of *The Hero in You* with 14 songs and exclusive introductory tracks from Ellis Paul. Readers can listen along to the lyrical book text, then read additional facts about the heroes on each spread.

Teaches children to develop a healthy self-concept and feel good about their bodies. Presents safety rules for children who are threatened with sexual abuse or exploitation.

Do you know your own feelings? Sometimes, we're happy, so we laugh and shout with glee. Other times, we're angry, and want to rage and roar. It is not easy to deal with our many contradictory emotions. To recognize our own feelings and deal with them responsibly is an important learning process for children, and a trial of limits. This vibrantly and expressively illustrated book invites children to talk about feelings. It takes readers through a range of potential emotions without ever calling them "good" or "bad," allowing children to recognize and examine their own emotional world.

If he is to become a man, what sort of man should Thomas Page McBee be? To find out, McBee must confront the suffering he has endured at the hands of men: the abuse he endured as a child from his father, and the violent mugging which almost killed him as an adult. Standing at the brink of the life-changing decision to transition from female to male, McBee seeks to understand these examples of flawed manhood, and reclaim his body on his own terms. Powerful, uplifting and profound, *Man Alive* is a story about transformation; about freedom, and love, and finding the strength to rebuild ourselves as the people we are meant to be.

My Body Is Special and Private

A Book to Teach Young Children How to Resist Uncomfortable Touch

My Body Belongs to Me

30 Days of Sex Talks

My Body! What I Say Goes! Activity Book

My Body Belongs to Me / Mi cuerpo me pertenece

Without being taught about body boundaries, a child may be too young to understand when abuse is happening--or that it's wrong. This straightforward, gentle book offers a tool parents, teachers, and counselors can use to help children feel, be, and stay safe. The rhyming story and simple, friendly illustrations provide a way to sensitively share and discuss the topic, guiding young children to understand that their private parts belong to them alone. The overriding message of My Body Belongs to Me is that if someone touches your private parts, tell your mom, your dad, your teacher, or another safe adult.

My Body Belongs to Me teaches children body boundaries, instills early awareness and empowerment, and seeks to prevent child physical/sexual abuse. Using easy to understand language and pictures to help relay a fundamentally important message to even the youngest reader. Principles of early psychology and child development are woven throughout this text to safely begin this important conversation, creating a fun but richly powerful experience, and holding space for you to continue integrating healthy body boundaries in your child's life. My Body Belongs to Me is part of a new generation of children's literature aimed to raise children who do not need to recover from their childhood. Prevention begins with awareness and empowerment, it begins at home with you. Recommended for ages 3-4 and up.

This book explores consent and respect with children especially in relation to body boundaries, both theirs and others. A child growing up knowing they have a right to their own personal space, gives that child ownership and choices as to what happens to them. These concepts are presented in a child-friendly and easily-understood manner.

This book is a step-by-step guide on how to protect children from sexual abuse through Body Safety Education. It contains practical and age-appropriate ideas, as well as information on how abusers groom and signs a child is being sexually abused. Body Safety helps keep children safe from sexual abuse, ensuring they grow up assertive and confident.

Empowering Your Child with Knowledge of Sexual Intimacy

I Said No!

A Child Body Safety Story Book

Listening to My Body

A Book about Body Boundaries

My Feelings and Me

"Listening to My Body is an engaging and interactive picture book that introduces children to the practice of paying attention to their bodies. Through a combination of story, and simple experiential activities, it guides them through the process of noticing and naming

their feelings and the physical sensations that accompany them so that they can build on their capacity to engage mindfully, self-regulate and develop a deeper sense of well-being."--

An informational picture book that provides children with confidence about accepting and rejecting physical contact from others is an invaluable resource that can help give children a voice in uncomfortable situations.

3 picture books to be used in series, to promote awareness of child sexual abuse. Col illus. 4-7 yrs.

New readers can discover how their body works, inside and out. Clear, concise text presents key body parts and how they relate to the whole body, while relating to readers' experience, such as feeling their heartbeat on the outside. Colorful photos and diagrams enhance understanding.

Secrets and Surprises

Your Body Belongs to You

Those are My Private Parts

It's MY Body

A Book on Body Boundaries and Sexual Abuse Prevention

A book about body safety

The 30 Days of Sex Talks program provides you with the opportunity and materials you need to have vital conversations with our child at this age, focusing on intimacy. This book contains many questions, sample scenarios and conversation starters to launch these essential talks with your child allowing you to interject your personal thoughts, feelings and cultural beliefs.

Julie, who is eight or nine, talks about privacy and about saying "no" to touching that makes her uncomfortable.

Acclaimed book, now in English and Spanish, helps adults teach children about abuse, getting help, and how to set boundaries to stay safe. Without being taught about body boundaries, a child may be too young to understand when abuse is happening—or that it's wrong. Now available in a bilingual English-Spanish edition, My Body Belongs to Me /Mi cuerpo me pertenece offers a tool parents, teachers, and counselors can use to sensitively share and discuss the topic of sexual abuse.

Through simple language and colorful illustrations, this straightforward, gentle book guides young children to understand that their private parts belong to them alone. The overriding message is that if someone touches your private parts, tell your mom, your dad, your teacher, or another safe adult. In a country where, according to estimates from the CDC, one in four girls and one in six boys will be sexually abused before age eighteen, this book is an essential abuse-prevention resource to help children feel, be, and stay safe. Using her experience working as a New York City prosecutor of child abuse and sex crimes, Jill Starishevsky has crafted a book that addresses body boundaries in a way that kids can understand and that doesn't seem scary or heavy-handed. Includes, in both English and Spanish, a letter to adults at the beginning and a section in

the back with suggestions and resources for discussing the book with children.

'You Can Tell Me' is a guide for parents establishing a foundation for their children to learn and understand how to identify and communicate about inappropriate touching or behaviors. It is critical for parents to establish a haven and a clearly identifiable communication channel that allows their children to freely express their experiences of inappropriate touching or behaviors. This book is not all inclusive of what parents must do but it is a great start. 'You Can Tell Me' is intended to be interactive so please help your child fill in the blanks when you see " _____ " on a page. You will also find questions at the end of each section. These questions are intended to spark a conversation. Please pose these questions to your children and begin a very necessary conversation. (Recommended for ages 4 and up.)

My Body Belongs To Me! A Coloring and Activity Book

A Book to Help Children Protect Their Bodies

My Body Is Private

Man Alive

My Body Is Special and Belongs to Me! (English)

A Book about Body Privacy

My Body's Mine helps children learn they have the rights to their body. Told through rhyme from a child's point of view, this book on boundaries empowers a child to say no when others approach him or her in ways that make them uncomfortable. It also gives clear instructions on what to do if they are approached in an unwanted manner. The questions at the end of the book provide an easy transition for counselors and parents to open a discussion, assisting the child in understanding and practicing body boundaries or further exploring if abuse has occurred. Through the use of this book, I have experienced families being able to openly discuss abuse together for the first time. Kayla's heart for children from hard places is infectious. Her vision for all children to know they are not alone is unfolding in this new book. She is a gifted writer who will continue to create works benefiting children. My Body's Mine was a missing piece of literature in abuse prevention and I am so thankful to Kayla for writing it! Jessica Kilpatrick, M.A., LPG, STARRY

Talking to children about body safety, boundaries, safe and unsafe touch can be tedious and uncomfortable. If you are looking for a book to start the conversation about the

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prevention of child sexual abuse, then this is the book for you! My Body Belongs To Me, Coloring and Activity book gets the conversation going in an engaging and entertaining way. By the end of the book, children will have a better understanding of their rights, their bodies, their private areas, and the importance of telling a trusted adult if someone makes them uncomfortable. Start the conversation, keep our children safe, join in the fight of combating child sexual abuse and sexual violence in their homes and communities.

Written from a child's point of view, advises young readers on ways to handle a variety of problematic situations, provides an easy-to-use system to help children rehearse and remember appropriate responses to keep them safe, and includes coverage of where to go for help and how to deal with shame and guilt.

Talking to children about body safety, boundaries, safe and unsafe touch can be tedious and uncomfortable. If you are looking for a book to start the conversation about the prevention of child sexual abuse, then this is the book for you! My Body Belongs To Me! gets the conversation going in an engaging, rhythmic, and entertaining way. By the end of the book, children will have a better understanding of their rights, their bodies, their private areas, and the importance of telling a trusted adult if someone makes them uncomfortable. Start the conversation, keep our children safe, join in the fight of combating child sexual abuse and sexual violence in their homes and communities. This book is about PREVENTING CHILD SEXUAL ABUSE! It is vitally important to have regular discussions with our children about child sexual abuse prevention. The lack of communication between parents/guardians and children significantly contributes to the prevalence of sexual abuse. Parents, it's equally important to teach your child/ren to use the correct terms for each private part. Our children need to be informed about their bodies, their bodies' safety, and their rights, and this information is best coming from you. Without being taught that they have rights and their bodies have boundaries, a child may be too young to understand that the behavior is wrong.

A Kid-to-kid Guide to Keeping Private Parts Private
My Body Belongs To Me!

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My Body is My Own

My Body Belongs to Me from My Head to My Toes

A Coloring and Activity Book

My Body is My Own will open young minds to topics of boundaries and respect and empower children with the knowledge that their body is their own. This beautifully illustrated children's book will capture attention while exploring topics vital to our children's safety.