



is to have children. If we don't have children, our civilization will cease to exist. The "unmentionable elephant in the room", he tells us, is sex, properly understood. Religious liberty is being attacked in the name of "sexual liberty", in other words, abortion. Kreeft encourages us to fight back—with joy and confidence—with the one weapon that will win the future: children. "This is your cross, and I am not going to take it away from you. I will be with you, and I will help you, but it is yours to carry." Christy Wilkens heard Jesus speak those words after she prayed for her son Oscar's healing in her parish adoration chapel one bright September day. Almost a year later she would find herself in Lourdes, France, seeking a miracle. The grotto at Lourdes is known as a place of healing. But sometimes the miracle that occurs is not physical, but something much deeper. Wilkens made the long trek to Lourdes with her husband, Todd, and their toddler—who is plagued by mysterious seizures—through a program with the Order of Malta. In Awakening at Lourdes, Wilkens shares that while Oscar's condition did improve after their visit, the real healing took place between she and her husband. Through their time at Lourdes, they discovered a deeper love for each other, a renewed sense of appreciation for their faith community, and an abiding confidence in God's mercy. Persuaded by her husband to take the trip, Wilkens summoned her faith—faith in God, faith in her husband, and faith in the doctors and other helpers who surrounded them every step of the way—to embark on the journey of a lifetime. Recording their experiences with deeply personal yet highly relatable language, Wilkens offers a firsthand account of the traditions and culture of the Shrine of Our Lady of Lourdes and the shrine's special servers, the Order of Malta. She also captures her own doubts, questions, and fears as she attempted to process the family's physical and emotional journey. The Wilkens family's story will help you learn to be open to what God has in store for you and to see that if you surrender control, open yourself to God's grace, and lean on your community, you are never alone. The book includes a study guide for individual or group use. Do you ever feel caught in an endless cycle of working harder and longer to get more while enjoying life less? The Stewart family did—and they decided to make a radical change. Popular Catholic blogger and podcaster Haley Stewart explains how a year-long internship on a sustainable farm changed her family's life for the better, allowing them to live gospel values more intentionally. When Haley Stewart married her bee-keeping sweetheart, Daniel, they dreamed of a life centered on home and family. But as the children arrived and Daniel was forced to work longer hours at a job he liked less and less, they dared to break free from the unending cycle of getting more yet feeling unfulfilled. They sold their Florida home and retreated to Texas to live on a farm with a compost toilet and 650 square feet of space for a family of five. Surprisingly, they found that they had never been happier. In The Grace of Enough, Stewart shares essential elements of intentional Christian living that her family discovered during that extraordinary year on the farm and that they continue to practice today. You, too, will be inspired to live simply offer hospitality revive food culture and the family table reconnect with the land nurture community prioritize beauty develop a sense of wonder be intentional about technology seek authentic intimacy center life around home, family, and relationships Drawing from Pope Francis's encyclical on the environment, *Laudato Si'*, Stewart identifies elements of Catholic social teaching that will enhance your life and create a ripple effect of grace to help you overcome the effects of today's "throwaway" culture and experience a deeper satisfaction and stronger faith. Pray for Us