

Nadi Vijnana

The Kalacakratantra, the latest and most comprehensive Buddhist Tantra available in its original Sanskrit, has never been the topic of a full scale scholarly study. This fascinating volume fills that gap, concentrating on the inner Kalackaratantra and discussing the nature of human beings.

***Critical interpretation with text of Hindu Tantric text.
Research papers on Sanskrit and science.***

Ashtanga Yoga

A 21st-Century Yogasana

Introduction to Tantra Shastra

Letters from the Yoga Masters

A Comparative Study of Hindu and Buddhist Spiritual Healing Traditions in Urban Nepalese Society

History of Nanotechnology

Highlights the importance of translation for the global exchange of medical theories, practices, and materials in the premodern period. This volume of Osiris turns the analytical lens of translation onto medical knowledge and practices across the premodern world.

Understandings of the human body, and of diseases and their cures, were influenced by a range of religious, cultural, environmental, and intellectual factors. As a result, complex systems of translation emerged as people crossed linguistic and territorial boundaries to share not only theories and concepts, but also materials,

such as drugs, amulets, and surgical tools. The studies here reveal how instances of translation helped to shape and, in some cases, reimagine these ideas and objects to fit within local frameworks of medical belief. *Translating Medicine across Premodern Worlds* features case studies located in geographically and temporally diverse contexts, including ninth-century Baghdad, sixteenth-century Seville, seventeenth-century Cartagena, and nineteenth-century Bengal. Throughout, the contributors explore common themes and divergent experiences associated with a variety of historical endeavors to “translate” knowledge about health and the body across languages, practices, and media. By deconstructing traditional narratives and de-emphasizing well-worn dichotomies, this volume ultimately offers a fresh and innovative approach to histories of knowledge.

Technological advancements have enhanced all functions of society and revolutionized the healthcare field. Smart healthcare applications and practices have grown within the past decade, strengthening overall care. Biomedical signals observe physiological activities, which provide essential information to healthcare professionals. Biomedical signal processing can be optimized through artificial intelligence (AI) and machine learning (ML), presenting the next step towards smart healthcare. *AI-Enabled Smart Healthcare Using Biomedical Signals* will not

only cover the mathematical description of the AI- and ML-based methods, but also analyze and demonstrate the usability of different AI methods for a range of biomedical signals. The book covers all types of biomedical signals helpful for smart healthcare applications. Covering topics such as automated diagnosis, emotion identification, and frequency discrimination techniques, this premier reference source is an excellent resource for healthcare administration, biomedical engineers, medical laboratory technicians, medical technology assistants, computer scientists, libraries, students and faculty of higher education, researchers, and academicians.

The heart has consistently captured the human imagination. It has been singled out as a cultural icon, the repository of our deepest religious and artistic impulses, the organ whose steady functioning is understood, both literally and symbolically, as the very life force itself. The Sublime Engine will explore the profound sense of awe every person feels when they ponder the miracle encased within their ribs. In this lyrical history of our most essential organ, a critically-acclaimed novelist and a leading cardiologist--who happen to be brothers--draw upon history, science, religion, popular culture, and literature to illuminate all of the heart's physical and figurative chambers. Each of the four sections-- The Ancient Heart, The

Renaissance Heart, The Modern Heart, and The Future Heart--will focus on a major epoch in our understanding of the heart and the hidden history of cardiology. Erudite, witty, and enthralling, The Sublime Engine makes the heart come alive for readers.

Situating Subaltern Therapeutics

The Sublime Engine

The Ancient Art of Ayurvedic Pulse Diagnosis

Osiris, Volume 37

Vedic Nadi Astrology And Career

Studies in the History of Science in India

Hinduism is one of the world's oldest religions;

an amalgam of diverse beliefs and schools, it

originates in the Vedas and is rooted in Indian

culture. Hinduism: An Alphabetical Guide

illuminates complex philosophical concepts

through lucid definitions, a historical perspective

and incisive analyses. It examines various

aspects of Hinduism, covering festivals and

rituals, gods and goddesses, philosophers,

memorials, aesthetics, and sacred plants and

animals. The author also explores pivotal ideas,

including moksha, karma, dharma and samsara,

and details the diverse commentaries on the

Bhagavad Gita and other important texts. Citing

extensively from the regional languages, the

book describes Hinduism's innumerable myths

and legends, and looks at the many versions of

texts including the Ramayana and Mahabharata,

placing each entry in its historical context and

tracing its evolution to the present. Like many of the traditional medicines of South Asia, Ayurvedic practice transformed dramatically in the later nineteenth and early twentieth centuries. With Doctoring Tradition, Projit Bihari Mukharji offers a close look at that recasting, upending the widely held yet little-examined belief that it was the result of the introduction of Western anatomical knowledge and cadaveric dissection. Rather, Mukharji reveals, what instigated those changes were a number of small technologies that were introduced in the period by Ayurvedic physicians, men who were simultaneously Victorian gentlemen and members of a particular Bengali caste. The introduction of these devices, including thermometers, watches, and microscopes, Mukharji shows, ultimately led to a dramatic reimagining of the body. By the 1930s, there emerged a new Ayurvedic body that was marked as distinct from a biomedical body. Despite the protestations of difference, this new Ayurvedic body was largely compatible with it. The more irreconcilable elements of the old Ayurvedic body were then rendered therapeutically indefensible and impossible to imagine in practice. The new Ayurvedic medicine was the product not of an embrace of Western approaches, but of a creative attempt to develop a viable alternative to the Western tradition by braiding together elements drawn from

internally diverse traditions of the West and the East.

Ashtanga Yoga: Practice and Philosophy is the first book of its kind, presenting a comprehensive guide to all eight limbs of Ashtanga Vinyasa Yoga. Join author Gregor Maehle, a seasoned yogi and compassionate teacher, as he guides you through: • the history and lineage of yoga • the fundamentals of breath, bandhas (energy locks within the body), drishti (the focal point of the gaze), and vinyasa (sequential movement) • a detailed breakdown of the asanas of the Ashtanga Primary Series, following the traditional vinyasa count • a lively and authentic rendering of the complete Yoga Sutra of Patanjali, yoga's ancient sacred text • a glossary of yoga terminology In the asana section, Maehle describes each posture with clear, meticulous instructions, photographs, anatomical illustrations, and practical tips. Information on the mythological background and yogic context of specific postures brings further insight to the practice. In the philosophy section, Maehle illuminates the Yoga Sutra using the major ancient commentaries as well as his own insights. This volume makes the entire path of Ashtanga Yoga accessible to modern practitioners. Both practical guide and spiritual treatise, Ashtanga Yoga is an excellent introduction to the eight limbs of yoga and an invaluable resource for any yoga teacher or

practitioner.

***Sri Venkateswara University Oriental Journal
Hinduism, Its Contribution to Science and
Civilisation***

***A Comprehensive Resource for the
Understanding & Practice of Traditional Indian
Medicine***

Glory of India

An Alphabetical Guide

Indian Antiquary

The scientific knowledge of nanoscience and nanotechnology is regarded to be a modern science that evolved after Feynman's concept was formulated in the 1950s. However, Faraday and other scientists in the 19th century showed the science behind the small and its relation to optical properties. And it is now accepted that knowledge of using nanoparticles prevailed during the medieval period as well. This book takes the readers on a fascinating journey writing the history of nanotechnology based on the evidence of existence from the prehistoric period right up to the contemporary times. Nature utilized nanotechnology during the origin and expansion of the universe and especially in the evolution of living beings on our planet. Early civilizations in different parts of globe fabricated and used materials without having perception of their actual size. This unique historical view systematically evaluates the development of

various applications of nanotechnology through the ages and the science behind it. Some of the issues covered include: • How old is nanotechnology? • Pre-historic evidence of knowledge of nanotechnology • Nanotechnology in ancient India • Ayurvedic Bhasma as nanomedicine • Mayan 's knowledge of nanotechnology • Nanotechnology during the Roman empire and medieval period • European knowledge in the 19th century • Modern and contemporary history of nanotechnology This book is compilation of existence of scientific knowledge even of the people who existed before there were schools, universities and organized teaching. The author has scoured literature dating back to Mayan ... as well as historical observations A systematic evaluation of development of various applications of nanotechnology and the science behind it is presented in this book under following headings

- How old is Nanotechnology
- Pre-historic Evidence of Knowledge of Nanotechnology
- Nanotechnology in Ancient India
- Ayurvedic Bhasma as Nanomedicine, its use prevails even today
- Mayan 's Knowledge of Nanotechnology
- Nanotechnologists Flourished During Roman Empire and medieval period
- European Nano knowledge That Led to Faraday Understands of Gold Nanoparticles
- Contemporary History of Nanotechnology

This book is a manual with photographs that passes on the art of Ayurvedic Massage as practised by the

Wandering Monks, an ancient discipline that uses techniques that are different from those practised in Ayurvedic clinics and taught in Western schools, which today risks being lost. The reader is taken on a journey to learn more about this ancient manual discipline with the help of sacred scriptures and by traditional Indian medical texts. It is a useful book for people receiving massage or Ayurvedic medicine treatments that helps them understand a little more in depth what lies at the heart of all therapeutic treatments. It is a textbook for the increasing number of students of Ayurveda, whether they be future therapists or doctors. And finally it is a book for travellers, for all those who want to get to know the most profound and unique aspects of Indian culture; the tale of a journey whose central notion is the only truly important journey: the interior one.

This intimate and insightful account of the life of Dr. Harry (Hari) Dickman, referred to by Swami Sivananda as “the yogi of the West,” features more than fifty years of correspondence between Dickman and well-known yoga masters such as Swami Sivananda, Ramana Maharshi, Paramhansa Yogananda, and almost one hundred others. Marion (Mugs) McConnell, Dickman’s student, has created a brilliant and loving tribute to her teacher, who founded the Latvian Yoga Society in the early 1930s and later spread his knowledge in the U.S. with the blessings of Paramhansa Yogananda, author of

Autobiography of a Yogi. Offering a broad range of information on yoga history, theory, and techniques from a variety of different paths, Letters from the Yoga Masters contains a treasure trove of previously unavailable material and presents detailed teachings about pranayama, mudras, diet, and much more, all interwoven with stories and personal anecdotes. Taken together, the rare correspondence and personal chronicles provide an unparalleled glimpse into the life of a yogi, the development of yoga in the West, and the ways that spiritual wealth is disseminated across generations. From the Trade Paperback edition.

Tantric Healing in the Kathmandu Valley
Spiritual Liberty

The Inner Kalacakra Tantra
A Guide to Constitutional and Conditional Pulse
Diagnosis

Vedānta, what Can it Teach?

On the life and work of men who propounded Ayurveda system of medicine in India.

Vijnana Bhairava Tantra is a part of Rudra Yamala Tantra which again belongs to the category of Bhairava Agamas. This is a Jnana Tantra which contains one hundred and twelve meditation techniques as different from outer rituals prescribed by other Tantras. The techniques taught by many gurus of today in all mystic schools are found in the list of these 112 methods. We find the

practitioners of these techniques more in East and North of India than in the South. Especially for the followers of the Trika system of Kashmir Shaivism, this book is a favourite. There are many commentaries available on these verses. Nevertheless, I too have tried to explain them in the light of my understanding and experience. Those who are adept in the control of Prana and mind, Dharana and Dhyana could find it easy to practice these methods. For others, this book just satisfies their idle curiosity. The speciality of this Tantra lies in its simple and direct approach in teaching the meditation methods without beating around the bush indulging in theoretical jargon. Those who are interested in Tantra need to search for a competent guru, learn the subtleties of these methods from him directly, practice and experience the results mentioned in this book. We hope that this book too, like our earlier books, will be appreciated by readers. Thousands of years ago Ayurveda described multiple levels of the radial pulse that could be used to interpret the status of the organs and systems of the body as well as the mental and physical constitutions of the individual. For the first time in the west this book presents this ancient art and provides a method by which anyone can learn to read his or her own pulse. Imbalances and potential disease states can be detected in their early stages, giving one the opportunity to correct them before they affect the quality of life. With practice and guidance, one can acquire the proficiency to use this knowledge to heal self and others. This book will give guidelines to think about various ways of feeling, reading and gathering information through the pulse. It is quite difficult to put

subjective experience into words. It is an attempt to express these simple ways of feeling the pulse.

A Biography of the Human Heart

Luzac's Oriental List and Book Review

Sri Vijnana Bhairava Tantra

Translating Medicine across Premodern Worlds

The Compleat Acupuncturist

Hinduism

It has been a well-known fact that astrology was called the eye of the Vedas, for it threw light on matters relating to timing events. The conduct of Vedic rituals had to be timed at a specific period, hence astrology was put to this use. In the modern context, this divine science is used to interpret birth charts to have an overview of an individual's personal and professional future in terms of success and prosperity. The book deals with this analysis at great length and enlightens a lay reader about the subject.

Vijnana Mala - Garland of Knowledge is a string of sutras or teaching threads by Yoga and Ayurveda Teacher and Veda Kovid, Durgadas that have been imparted to students and appeared in many of his teachings. It discusses Yoga and Spirituality from the traditional standpoint and contains many wisdoms based upon his own insights in meditations and experience in Traditional Yoga which he imparts here through this book, which serves as an excellent reference guide to any teacher, practitioner or student on the path of Yoga and Spirituality.

In this small booklet, you can explore the importance of the Mahat-tattva, the Cosmic Intelligence in Yoga and how we can connect to it on a deeper level. Discover the four levels of the mind and how they connect to planetary

influences, and the importance of connecting to the Mahat, the Cosmic Intellect through local planetary influences.

Artha Vijñāna

***AI-Enabled Smart Healthcare Using Biomedical Signals
Celebrating the Integration of Yoga, Science, and
Medicine***

***Teachings Revealed through Correspondence from
Paramhansa Yogananda, Ramana Maharshi, Swami
Sivananda, and Others***

Secrets of the Pulse

Samskr̥ta Vijñāna Vaibhavam

Examining the world of popular healing in South Asia, this book looks at the way that it is marginalised by the state and medical establishment while at the same time being very important in the everyday lives of the poor. It describes and analyses a world of ‘subaltern therapeutics’ that both interacts with and resists state-sanctioned and elite forms of medical practice. The relationship is seen as both a historical as well as ongoing one. Focusing on those who exist and practice in the shadow of statist medicine, the book discusses the many ways in which they try to heal a range of maladies, and how they experience their marginality. The contributors

also provide a history of such therapeutics, in the process challenging the widespread belief that such 'traditional' therapeutics are relatively static and unchanging. In focusing on these problems of transition, they open up one of the central concerns of subaltern historiography. This is an important contribution to the history of medicine and society, and subaltern and South Asian studies.

In this highly original and authoritative book, Peter Eckman takes pulse diagnosis as a common thread that links and integrates the various disciplines of Oriental medicine, and shows that they are in fact related by a common origin several thousand years ago. The text describes the clinical details used in a variety of acupuncture styles, synthesizing them into a coherent whole, and illustrating the usefulness of this model with an extensive presentation of case histories. A fundamental premise of the book is that treatment should be based not only on the current condition of the patient, but even more importantly

on their inherent constitution. The description of constitutional pulse diagnosis therefore forms Part 1 of the text, the description of conditional pulse diagnosis forms Part 2 and Part 3 provides more than 30 case histories with pulse analysis, diagnosis and treatment (with outcomes), so that the book will be of utmost practical benefit. Much of the book consists of new theoretical schemata to organize traditional Oriental medical concepts into a coherent whole - groundbreaking work that will provide fresh insights and deeper understanding to all practitioners of Chinese medicine, especially acupuncturists. It presents a wealth of material that is not commonly available in Indian (Ayurveda), Korean or Chinese medicine, as well as other traditions of Oriental medicine, including the only thorough presentation of Korean Constitutional Acupuncture in English, based on the author's personal study under its originator.

Nāḍī VijñānaNadi-vijnanaNāḍī
VijñānaDoctoring TraditionsAyurveda,
Small Technologies, and Braided

Sciences University of Chicago Press
Vijnana Mala (Garland of Knowledge):
Insights on Yoga and Spirituality
Vijnana Bhairava Tantra
International Books in Print
A Buddhist Tantric View of the
Individual

Indian Books in Print

Biographical History of Indian Medicine

A comprehensive resource by one of the world's most respected Ayurveda experts Ayurveda is the art of good life and gentle healing. It is a holistic system of medicine that includes prevention, psychology, diet, and treatment. Join Hans H. Rhyner, a leading authority on Ayurveda, as he explores the principles, therapies, and collected knowledge of this powerful approach to health and wellbeing, including:

Anatomical Aspects (Rachana Sharira)
Evolutionary Physiology (Kriya Sharira)
Constitution (Prakruti) Pathology
(Samprapti) Diagnostics (Nidana)
Pharmacology (Dravya Guna) Treatment
Strategies (Chikitsa) Nutritional
Sciences (Annavijnana) Preventative
Medicine (Swasthavritta) Quintet of
Therapeutics (Panchakarma) Clinical

Applications Filled with natural treatment suggestions and herbal remedies for dozens of conditions, Llewellyn's Complete Book of Ayurveda provides detailed explanations of the most important topics in the field, such as: The Legend of Ayurveda Creation and Evolution (Sankhya) Logic and Analysis (Nyaya-Vaisheshika) Yoga The Channel System (Srota) Vital Points (Marma) Seven Basic Tissues (Sapta Dhatus) Biological Fire (Agni) Toxic Wastes (Ama) Somatic Constitution Psychic Constitution Causes of Disease (Nidana) Six Stages of Pathogenesis (Kriya Kala) Observation and Examination Principles of Treatment Acupuncture and Moxibustion Eight Considerations on Food Diet for Your Constitution Kitchen Pharmacy Daily Healthy Habits (Dinacarya) Rules for Different Seasons (Rutacarya) Ethical Life (Sadvritta) Purificatory Treatments (Pradhanakarma) Dietetics (Pascat Karma) Ethics Spirituality in Psychotherapy (Vedanta) Ayurveda Surgery Ayurveda Psychiatry Vastu-Vedic Geomancy Medical Astrology And Much More

Ayurveda, Small Technologies, and
Braided Sciences
History of Indian Medicine, Containing
Notices, Biographical and
Bibliographical, of the Ayurvedic
Physicians and Their Works on Medicine,
from the Earliest Ages to the Present
Time
Doctoring Traditions
The Ascent
At The Heart of Ayurvedic Massage - A
Look at India
From Prehistoric to Modern Times