

Online Library One Tough
Mother Taking Charge In Life
Business And Apple Pies

One Tough Mother Taking Charge In Life Business And Apple Pies

Recounts the adventures of Mibs

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Beaumont, whose thirteenth birthday has revealed her "savvy"--a magical power unique to each member of her family--just as her father is injured in a terrible accident.

A NEW YORK TIMES NOTABLE
BOOK OF THE YEAR • NEW YORK

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TIMES BEST SELLER • From the indie rockstar of Japanese Breakfast fame, one of TIME's Most Influential People of 2022, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing

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up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart,

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she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in

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Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who

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would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and

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brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate

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widely, and complete with family photos, Crying in H Mart is a book to cherish, share, and reread.

Over 90 percent of new mothers will have scary, intrusive thoughts about their baby and themselves. What if I drop him? What if I snap and hurt my baby? Mothering is

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so hard—I don't know if I really want to do this anymore. Gosh, I'm so terrible for thinking that! Yet for too many mothers, those thoughts remain secret, hidden away in a place of shame that can quickly grow into anxiety, postpartum depression, and even

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self-harm. But here's the good news: you CAN feel better! Author Karen Kleiman—coauthor of the seminal book *This Isn't What I Expected* and founder of the acclaimed Postpartum Stress Center—comes to the aid of new mothers everywhere with a

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groundbreaking new source of hope, compassion, and expert help. Good Moms Have Scary Thoughts is packed with world-class guidance, simple exercises, and nearly 50 stigma-busting cartoons from the viral #speakthesecret campaign that

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help new moms validate their feelings, share their fears, and start feeling better. Lighthearted yet serious, warm yet not sugary, and perfectly portioned for busy moms with full plates, Good Moms Have Scary Thoughts is the go-to resource for moms,

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partners, and families everywhere who need help with this difficult period.

Challenges conventional views about standardized testing to argue that success is more determined by self-discipline, and describes the work of pioneering

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researchers and educators who
have enabled effective new
teaching methods.

Strong Mama

The Fifth Trimester

A Guide For Separation,

Liberation & Inspiration

Understanding the Borderline

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Mother

How The Motherhood Experience
Changes You Forever

Parenting Matters

Between Grit and Grace

*One Tough Mother Taking
Charge in Life,*

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*Business, and Apple
Pies Carroll & Graf
Publishers*

*In a career in public
office spanning five
decades, Mark Odom
Hatfield (1922-2011)*

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*never lost an election.
First elected to the
Oregon House of
Representatives in 1950,
he retired from
political office in 1997
after serving as Oregon*

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*state senator, secretary
of state, and governor
and as United States
senator for five terms.
He was arguably the
state's most important
politician, but his*

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brand of liberal-to-moderate Republicanism has long since vanished from the political stage. Mark O. Hatfield: Oregon Statesman tells Hatfield's story—as an

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*Oregonian, a politician,
and a man of practical
vision, deep
convictions, and far-
reaching consequence in
the civic life of the
state and the nation. A*

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*lifelong evangelical
Christian and
Republican—per his
mother's fondest
wishes—and politically
inclined from a young
age, Hatfield came to*

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*office after studying
and teaching political
science and observing
firsthand the ravages of
war in the Pacific and
the cruelty of
segregation at home.*

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Historian Richard W.

Etulain portrays

*Hatfield as an energetic
young Republican*

*legislator in a state
becoming increasingly
Democratic. He pushed*

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civil rights

*legislation, supported
laborers as well as
business interests, and
struck a balance that
would align him with
moderates even as the*

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*party's conservative
wing became ascendant.
Elected in 1958 as
Oregon's youngest-ever
governor, Hatfield went
on to become the first
in the twentieth century*

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*to hold that office for
two terms, using his
tenure to streamline the
state's executive branch
and promote Oregon as a
prime destination for
business and*

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tourism—efforts that quickly earned him a place on the national stage. Etulain focuses on Hatfield as a force in Oregon state politics but also examines his

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*long tenure as a U.S.
senator, garnering
attention early for his
stance against the
Vietnam War and later
for his antinuclear
position. The private*

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*life, the public figure,
the man of faith and
family, of an older West
and the new: this
biography, while
compact, captures Mark
Hatfield in full, as a*

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*major western politician
of the twentieth
century.*

*Popular author and
speaker Julie Barnhill
shares ten guilt-free
ways to stand firm and*

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be the mom

*Lessons from bossy,
caring, fearless,
vulnerable, relentless,
forgiving, smart, humble
women at the top show
readers how to fuel*

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*strengths, how to be
fierce and feminine
leaders, and how to
nurture their authentic
selves. Women need to
know it's okay to be
kind and assertive.*

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*Between Grit and Grace
will show you that
success comes when you
are comfortable living
in the space between
grit and grace -- grit
meaning being resilient*

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*and taking charge of
your life (socially-
acceptable masculine
attributes), and grace
meaning showing others
mercy (socially-
acceptable feminine*

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trait). The author explains how to give yourself permission to disappoint nice people (and know that you are still a nice person anyway). You'll learn

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*how to stop apologizing
for showing your
strength and grit, and
embrace your grace, too.
This is where personal
peace lives. Now, the
author wants to help*

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*other women be brave
enough to do the same.
Her passion is
empowering and
encouraging women to be
brave enough in their
professional and*

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personal lives. She believes women cannot be too brave, too kind, too strong, too smart, too funny, too beautiful, or too authentic. Using real-life stories --

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*ranging from women in
law and medicine to
women in education --
the book explains how
women can be feminine
and formidable.*

Leadership and lipstick

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*are not mutually
exclusive. You'll
realize you can be bossy
and caring, fearless and
vulnerable, relentless
and forgiving, smart and
humble; and make it to*

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*the top. Across the
space of ten chapters,
you'll learn how to
navigate the forces that
have shaped the modern
workplace while doing so
with grit and grace.*

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*When a woman lives
authentically, she
succeeds.*

*Stories from a South
African Childhood*

*Panic and Joy on My Solo
Path to Motherhood*

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*How to Navigate Clueless
Colleagues, Lunch-
Stealing Bosses, and the
Rest of Your Life at
Work*

Coventry

Amazing Stories of

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*History's Mightiest
Matriarchs*

*Why Parents Need to
Matter More Than Peers*

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MILLION COPIES SOLD!

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"Packed with incredible insight about what it means to be a woman today."—Reese Witherspoon (Reese's Book Club Pick)
In her most revealing and powerful memoir yet, the

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activist, speaker,
bestselling author, and
"patron saint of female
empowerment" (People)
explores the joy and peace
we discover when we stop
striving to meet others'

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expectations and start
trusting the voice deep
within us. NAMED ONE OF
THE BEST BOOKS OF THE YEAR
BY O: The Oprah Magazine •
The Washington Post •
Cosmopolitan • Marie

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Claire • Bloomberg •
Parade • "Untamed will
liberate
women—emotionally,
spiritually, and
physically. It is
phenomenal."—Elizabeth

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Gilbert, author of City of
Girls and Eat Pray Love
This is how you find
yourself. There is a voice
of longing inside each
woman. We strive so
mightily to be good: good

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partners, daughters,
mothers, employees, and
friends. We hope all this
striving will make us feel
alive. Instead, it leaves
us feeling weary, stuck,
overwhelmed, and

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underwhelmed. We look at our lives and wonder: Wasn't it all supposed to be more beautiful than this? We quickly silence that question, telling ourselves to be grateful,

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hiding our discontent—even from ourselves. For many years, Glennon Doyle denied her own discontent. Then, while speaking at a conference, she looked at a woman across the room

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and fell instantly in love. Three words flooded her mind: There She Is. At first, Glennon assumed these words came to her from on high. But she soon realized they had come to

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her from within. This was her own voice—the one she had buried beneath decades of numbing addictions, cultural conditioning, and institutional allegiances. This was the voice of the

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girl she had been before the world told her who to be. Glennon decided to quit abandoning herself and to instead abandon the world's expectations of her. She quit being good

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so she could be free. She quit pleasing and started living. Soulful and uproarious, forceful and tender, Untamed is both an intimate memoir and a galvanizing wake-up call.

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It is the story of how one woman learned that a responsible mother is not one who slowly dies for her children, but one who shows them how to fully live. It is the story of

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navigating divorce,
forming a new blended
family, and discovering
that the brokenness or
wholeness of a family
depends not on its
structure but on each

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member's ability to bring her full self to the table. And it is the story of how each of us can begin to trust ourselves enough to set boundaries, make peace with our

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bodies, honor our anger
and heartbreak, and
unleash our truest,
wildest instincts so that
we become women who can
finally look at ourselves
and say: There She Is.

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Untamed shows us how to be brave. As Glennon insists: The braver we are, the luckier we get.

A lot of people wonder how Chinese parents raise such stereotypically successful

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kids. They wonder what Chinese parents do to produce so many math whizzes and music prodigies, what it's like inside the family, and whether they could do it

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too. Well, I can tell them, because I've done it... Amy Chua's daughters, Sophia and Louisa (Lulu) were polite, interesting and helpful, they had perfect school

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marks and exceptional musical abilities. The Chinese-parenting model certainly seemed to produce results. But what happens when you do not tolerate disobedience and

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are confronted by a
screaming child who would
sooner freeze outside in
the cold than be forced to
play the piano? Battle
Hymn of the Tiger Mother
is a story about a mother,

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two daughters, and two dogs. It was supposed to be a story of how Chinese parents are better at raising kids than Western ones. But instead, it's about a bitter clash of

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cultures, a fleeting taste of glory, and how you can be humbled by a thirteen-year-old. Witty, entertaining and provocative, this is a unique and important book

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that will transform your
perspective of parenting
forever.

From the creator of the
popular website Ask a
Manager and New York's
work-advice columnist

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comes a witty, practical
guide to 200 difficult
professional
conversations—featuring
all-new advice! There's a
reason Alison Green has
been called "the Dear Abby

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of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply

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don't know what to say.

Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what

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to say when • coworkers
push their work on
you—then take credit for
it • you accidentally
trash-talk someone in an
email then hit “reply all”
• you’re being

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micromanaged—or not being
managed at all • you catch
a colleague in a lie •
your boss seems unhappy
with your work • your
cubemate's loud
speakerphone is making you

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homicidal • you got drunk
at the holiday party
Praise for Ask a Manager
"A must-read for anyone
who works . . . [Alison
Green's] advice boils down
to the idea that you

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should be professional
(even when others are not)
and that communicating in
a straightforward manner
with candor and kindness
will get you far, no
matter where you

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work.”—Booklist (starred review) “The author’s friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships

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in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library

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Journal (starred review)

"I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little

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problems in our
workplaces—and to do so
with grace, confidence,
and a sense of
humor.”—Robert Sutton,
Stanford professor and
author of The No Asshole

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Rule and The Asshole
Survival Guide "Ask a
Manager is the ultimate
playbook for navigating
the traditional workforce
in a diplomatic but firm
way."—Erin Lowry, author

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of Broke Millennial: Stop
Scraping By and Get Your
Financial Life Together
What does it mean to be
tough? Kim finds out in
this moving mother-
daughter story about

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family hardship,
vulnerability and love,
perfect for fans of Dolly
Parton's Coat of Many
Colors. Kim's mum is
tough. Everyone says so.
She can deal with unruly

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customers at the Red
Rooster with a snap of her
fingers. Kim is tough,
too. She doesn't need to
wear a hat to keep her
ears warm. And she can
make soup all by herself,

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even without the stove.
Kim and her mum are tough.
But Kim is learning that
sometimes toughness
doesn't look like what
you'd expect. In this
tender exploration of a

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mother-daughter
relationship, Kim and her
mother learn that in order
to support and truly take
care of each other, they
need to be tough -- and
that sometimes being tough

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means showing

vulnerability and asking
for help.

The Complete,
Authoritative Guide for
Parents

Fighting Off Life's

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Curveballs

Taking Charge of ADHD,
Fourth Edition

Unforgettable

A Fine Dessert: Four
Centuries, Four Families,
One Delicious Treat

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An Excellent Choice

Everyday Use

From the author of She Left Me The
Gun, an explosive and hilarious
memoir about the exceptional and
life-changing decision to conceive a
child on one's own via assisted
reproduction When British journalist,

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memoirist, and New York-transplant Emma Brockes decides to become pregnant, she quickly realizes that, being single, 37, and in the early stages of a same-sex relationship, she's going to have to be untraditional about it. From the moment she decides to stop "futzing"

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around, have her eggs counted, and "get cracking"; through multiple trials of IUI, which she is intrigued to learn can be purchased in bulk packages, just like Costco; to the births of her twins, which her girlfriend gamely documents with her iPhone and selfie-stick, Brockes

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is never any less than bluntly and bracingly honest about her extraordinary journey to motherhood. She quizzes her friends on the pros and cons of personally knowing one's sperm donor, grapples with esoteric medical jargon and the existential brain-melt of flipping

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through donor catalogues and conjures with the politics of her Libertarian OB/GYN—all the while exploring the cultural circumstances and choices that have brought her to this point. Brockes writes with charming self-effacing humor about being a British woman undergoing

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fertility treatment in the US, poking fun at the starkly different attitude of Americans. Anxious that biological children might not be possible, she wonders, should she resent society for how it regards and treats women who try and fail to have children? Brockes deftly uses her own story to

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examine how and why an increasing number of women are using fertility treatments in order to become parents—and are doing it solo. Bringing the reader every step of the way with mordant wit and remarkable candor, Brockes shares the frustrations, embarrassments,

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surprises, and, finally, joys of her momentous and excellent choice.

#1 NEW YORK TIMES BESTSELLER

• More than one million copies sold!

A “brilliant” (Lupita Nyong’o, Time),

“poignant” (Entertainment Weekly),

“soul-nourishing” (USA Today)

memoir about coming of age during

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the twilight of apartheid “Noah’s childhood stories are told with all the hilarity and intellect that characterizes his comedy, while illuminating a dark and brutal period in South Africa’s history that must never be forgotten.” —Esquire
Winner of the Thurber Prize for

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American Humor and an NAACP Image Award • Named one of the best books of the year by The New York Time, USA Today, San Francisco Chronicle, NPR, Esquire, Newsday, and Booklist Trevor Noah's unlikely path from apartheid South Africa to the desk of The Daily Show

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began with a criminal act: his birth. Trevor was born to a white Swiss father and a black Xhosa mother at a time when such a union was punishable by five years in prison. Living proof of his parents' indiscretion, Trevor was kept mostly indoors for the earliest years of his

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life, bound by the extreme and often absurd measures his mother took to hide him from a government that could, at any moment, steal him away. Finally liberated by the end of South Africa's tyrannical white rule, Trevor and his mother set forth on a grand adventure, living openly and

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freely and embracing the opportunities won by a centuries-long struggle. Born a Crime is the story of a mischievous young boy who grows into a restless young man as he struggles to find himself in a world where he was never supposed to exist. It is also the story of that

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young man's relationship with his fearless, rebellious, and fervently religious mother—his teammate, a woman determined to save her son from the cycle of poverty, violence, and abuse that would ultimately threaten her own life. The stories collected here are by turns hilarious,

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dramatic, and deeply affecting.

Whether subsisting on caterpillars for dinner during hard times, being thrown from a moving car during an attempted kidnapping, or just trying to survive the life-and-death pitfalls of dating in high school, Trevor illuminates his curious world with an

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incisive wit and unflinching honesty. His stories weave together to form a moving and searingly funny portrait of a boy making his way through a damaged world in a dangerous time, armed only with a keen sense of humor and a mother's unconventional, unconditional love.

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In *Raising Trump*, Ivana Trump reflects on her extraordinary life and the raising of her three children—Donald Jr., Eric, and Ivanka—and recounts the lessons she taught her children as they were growing up. As her former husband takes his place as the 45th President

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of the United States, his children have also been thrust into the media spotlight—but it is Ivana who raised them and proudly instilled in them what she believes to be the most important life lessons: loyalty, honesty, integrity, and drive. Raising Trump is a non-partisan, non-political

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book about motherhood, strength, and resilience. Though Ivana writes about her childhood in communist Czechoslovakia, her escape from the regime and relocation to New York, her whirlwind romance, and her great success as a businesswoman, the focus of the book is devoted to

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Ivana's raising of her children. Donald Trump Jr., Eric Trump, and Ivanka Trump will all contribute their own memories to the book. "Every day, people ask me how I raised such great kids. They are truly amazed when I tell them that there was no magic to their upbringing. I was a

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tough and loving mother who taught them the value of a dollar, not to lie, cheat, or steal, respect for others, and other life lessons that I'll share now in Raising Trump, along with unfiltered personal stories about Don, Eric, and Ivanka from their early childhood to becoming the 'first

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sons and daughter.” —Ivana Trump
“Kwame Onwuachi’s story shines a
light on food and culture not just in
American restaurants or African
American communities but around
the world.” —Questlove By the time
he was twenty-seven years old,
Kwame Onwuachi had opened—and

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closed—one of the most talked about restaurants in America. He had sold drugs in New York and been shipped off to rural Nigeria to “learn respect.” He had launched his own catering company with twenty thousand dollars made from selling candy on the subway and starred on

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Top Chef. Through it all, Onwuachi's love of food and cooking remained a constant, even when, as a young chef, he was forced to grapple with just how unwelcoming the food world can be for people of color. In this inspirational memoir about the intersection of race, fame, and food,

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he shares the remarkable story of his culinary coming-of-age; a powerful, heartfelt, and shockingly honest account of chasing your dreams—even when they don't turn out as you expected.

Tough Like Mum
Mark O. Hatfield

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A Memoir

Born a Crime

Ask a Manager

The Glass Castle

Difficult Mothers, Adult Daughters

*A psychologist with a reputation for
penetrating to the heart of complex*

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*parenting issues joins forces with a
physician and bestselling author to
tackle one of the most disturbing
and misunderstood trends of our
time -- peers replacing parents in
the lives of our children. Dr.
Neufeld has dubbed this*

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*phenomenon peer orientation,
which refers to the tendency of
children and youth to look to their
peers for direction: for a sense of
right and wrong, for values,
identity and codes of behaviour.
But peer orientation undermines*

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family cohesion, poisons the school atmosphere, and fosters an aggressively hostile and sexualized youth culture. It provides a powerful explanation for schoolyard bullying and youth violence; its effects are painfully

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evident in the context of teenage gangs and criminal activity, in tragedies such as in Littleton, Colorado; Tabor, Alberta and Victoria, B.C. It is an escalating trend that has never been adequately described or contested

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until Hold On to Your Kids. Once understood, it becomes self-evident -- as do the solutions. Hold On to Your Kids will restore parenting to its natural intuitive basis and the parent-child relationship to its rightful preeminence. The

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concepts, principles and practical advice contained in Hold On to Your Kids will empower parents to satisfy their children's inborn need to find direction by turning towards a source of authority, contact and warmth. Something has changed.

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*One can sense it, one can feel it,
just not find the words for it.*

*Children are not quite the same as
we remember being. They seem less
likely to take their cues from adults,
less inclined to please those in
charge, less afraid of getting into*

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trouble. Parenting, too, seems to have changed. Our parents seemed more confident, more certain of themselves and had more impact on us, for better or for worse. For many, parenting does not feel natural. Adults through the ages

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*have complained about children
being less respectful of their elders
and more difficult to manage than
preceding generations, but could it
be that this time it is for real? --
from Hold On to Your Kids*

NPR's Favorite Books of 2019

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Rachel Cusk redrew the boundaries of fiction with the Outline Trilogy, three “literary masterpieces” (The Washington Post) whose narrator, Faye, perceives the world with a glinting, unsparing intelligence while remaining opaque to the

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reader. Lauded for the precision of her prose and the quality of her insight, Cusk is a writer of uncommon brilliance. Now, in Coventry, she gathers a selection of her nonfiction writings that both offers new insights on the themes at

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*the heart of her fiction and forges a
startling critical voice on some of
our most urgent personal, social,
and artistic questions. Coventry
encompasses memoir, cultural
criticism, and writing about
literature, with pieces on family*

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life, gender, and politics, and on D. H. Lawrence, Françoise Sagan, and Kazuo Ishiguro. Named for an essay Cusk published in Granta (“Every so often, for offences actual or hypothetical, my mother and father stop speaking to me.

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There's a funny phrase for this phenomenon in England: it's called being sent to Coventry"), this collection is pure Cusk and essential reading for our age: fearless, unrepentantly erudite, and dazzling to behold.

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As you prepare to become a mother, you face an experience unlike any other in your life. Having a baby will redirect your preferences and pleasures and, most likely, will realign some of your values. As you undergo this

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unique psychological transformation, you will be guided by new hopes, fears, and priorities. In a most startling way, having a child will influence all of your closest relationships and redefine your role in your family's history.

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*The charting of this remarkable,
new realm is the subject of this
compelling book. Renowned
psychiatrist Daniel N. Stern has
joined forces with pediatrician and
child psychiatrist Nadia
Bruschweiler-Stern and journalist*

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*Alison Freeland to paint a
wonderfully evocative picture of the
psychology of motherhood. At the
heart of *The Birth of a Mother* is
an arresting premise: Just as a
baby develops physically in utero
and after birth, so a mother is born*

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psychologically in the many months that precede and follow the birth of her baby. The recognition of this inner transformation emerges from hundreds of interviews with new mothers and decades of clinical experience. Filled with revealing

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case studies and personal

*comments from women who have
shared this experience, this book
will serve as an invaluable
sourcebook for new mothers,
validating the often confusing
emotions that accompany the*

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development of this new identity. In addition to providing insight into the unique state of motherhood, the authors touch on related topics such as going back to work, fatherhood, adoption, and premature birth. During pregnancy,

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mothers-to-be talk about morning sickness and their changing bodies, and new mothers talk about their exhaustion, the benefits of nursing or bottle-feeding, and the dilemma of whether or when they should return to work. And yet, they can be

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*strangely mute about the dramatic
and often overwhelming changes
going on in their inner lives.*

*Finally, with The Birth of a
Mother, these powerful feelings are
eloquently put into words.*

Expert, practical advice for

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*complete mental and physical
maternal health Kate Rope's
Strong as a Mother is a practical
and compassionate guide to
preparing for a smooth start to
motherhood. Everyone knows the
secret to having "the Happiest*

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*Baby on the Block.” This is your
guide to being the Sanest Mommy
on the Block. It will prepare you
with humor and grace for what lies
ahead, give you the tools you need
to take care of yourself, permission
to struggle at times, and*

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professional advice on how to move through it when you do. This book will become a dog-eared resource on your nightstand, offering you the same care and support that you are working so hard to provide to your child. It will help you

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prioritize your emotional health, set boundaries and ask for help, make choices about feeding and childcare that feel good to you, get good sleep, create a strong relationship with your partner, make self care an everyday priority,

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*trust your instincts, and actually
enjoy the hardest job you will ever
love. This book is here to take care
of you.*

*Notes from a Young Black Chef
How to Stay Healthy, Happy, and
(Most Importantly) Sane from*

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***Pregnancy to Parenthood: The
Only Guide to Taking Care of
YOU!***

The Book Thief

Raising Trump

***Supporting Parents of Children
Ages 0-8***

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*The Working Mom's Guide to
Style, Sanity, and Success After
Baby*

Good Moms Have Scary Thoughts
**THE BLOCKBUSTER HIT—Over two
million copies sold! A New York
Times, USA Today, Wall Street**

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***Journal, and Publishers Weekly
Bestseller “Poignant,
engrossing.”—People • “Lisa
Wingate takes an almost
unthinkable chapter in our
nation’s history and weaves a
tale of enduring power.”—Paula
McLain Memphis, 1939. Twelve-***

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year-old Rill Foss and her four younger siblings live a magical life aboard their family's Mississippi River shantyboat. But when their father must rush their mother to the hospital one stormy night, Rill is left in charge—until strangers arrive in

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force. Wrenched from all that is familiar and thrown into a Tennessee Children's Home Society orphanage, the Foss children are assured that they will soon be returned to their parents—but they quickly realize the dark truth. At the mercy of

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the facility's cruel director, Rill fights to keep her sisters and brother together in a world of danger and uncertainty. Aiken, South Carolina, present day. Born into wealth and privilege, Avery Stafford seems to have it all: a successful career as a

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federal prosecutor, a handsome fiancé, and a lavish wedding on the horizon. But when Avery returns home to help her father weather a health crisis, a chance encounter leaves her with uncomfortable questions and compels her to take a journey

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through her family's long-hidden history, on a path that will ultimately lead either to devastation or to redemption. Based on one of America's most notorious real-life scandals—in which Georgia Tann, director of a Memphis-based adoption

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***organization, kidnapped and sold
poor children to wealthy families
all over the country—Lisa
Wingate's riveting, wrenching,
and ultimately uplifting tale
reminds us how, even though the
paths we take can lead to many
places, the heart never forgets***

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***where we belong. Publishers
Weekly's #3 Longest-Running
Bestseller of 2017 • Winner of
the Southern Book Prize • If All
Arkansas Read the Same Book
Selection This edition includes a
new essay by the author about
shantyboat life.***

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***“An empowering book . . .
strategies for freeing yourself
from the control of an unhealthy
mother relationship.” –Susan
Forward PhD, #1 New York
Times-bestselling author of Toxic
Parents For any adult daughter
who struggles with a narcissistic,***

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controlling, or otherwise difficult mother, here's the good news: Your mother doesn't have to change in order for you to be happy. Inspired by her own journey, Karen C.L. Anderson shows women how to emotionally separate from their difficult

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mothers without guilt and anxiety, so they can finally create a life based on their own values, desires, needs, and preferences. With personal stories, practical tools, and journal prompts that can be used now to feel better. Anderson

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***compassionately leads women
struggling in their relationships
with their difficult mothers
through a process of self-
awareness and understanding.
Her experience with hundreds of
women has resulted in cases of
profound growth and***

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transformation. This book is about Anderson discovering and accepting the whole of who she is (separate from her mother), and—in relatable, real, funny, and compassionate prose—making her discoveries accessible to women struggling

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to redefine their own challenging relationships with their mothers. Learn: · Why mothers and daughters can have difficult relationships · How to heal and transform your mother “wounds” · How to tell your stories in a way that empowers · How to handle

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the uncomfortable emotions that seem inevitable · The art of creating, articulating, and maintaining impeccable boundaries · How to stop “shouldering” How to “re-mother” yourself and acknowledge, honor, and meet

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your needs

Decades of research have demonstrated that the parent-child dyad and the environment of the familyâ€"which includes all primary caregiversâ€"are at the foundation of children's well-being and healthy development.

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From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when

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nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and

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beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness,

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fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for

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families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies

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***parenting knowledge, attitudes,
and practices associated with
positive developmental outcomes
in children ages 0-8;
universal/preventive and
targeted strategies used in a
variety of settings that have
been effective with parents of***

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young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services.

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***This report makes
recommendations directed at an
array of stakeholders, for
promoting the wide-scale
adoption of effective programs
and services for parents and on
areas that warrant further
research to inform policy and***

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***practice. It is meant to serve as a
roadmap for the future of
parenting policy, research, and
practice in the United States.
A New York Times bestseller!
Mama and baby make one
incredible team in this new
picture book from New York***

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***Times bestselling author and
Peloton instructor extraordinaire
Robin Arzón. Before I met you, I
dreamed of you. This is the story
of how we first met.***

***Ultramarathons. Bike sprints.
Squats and deadlifts. Naps.
Kitchen dance parties! All of it is***

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***in preparation for meeting
Pequeno, the "Little One"
growing in this strong mama's
belly. From first heartbeats and
fluttery kicks to grinning
grandparents and that first loud
cry -- pregnancy might just be
the biggest workout yet! But***

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***there's nothing this mom and
new baby can't tackle together
as a team. New York Times
bestselling author and Peloton
Head Instructor Robin Arzón
takes readers on sweat-packed
journey through motherhood in
this affirming and heartwarming***

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***celebration of mothers and
parents everywhere.***

One Tough Mother

How Children Succeed

Parable of the Sower

Holes

Savvy

Grit, Curiosity, and the Hidden

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**Power of Character
Essays**

***Now in a revised and updated
fourth edition, this
comprehensive, bestselling
work has earned its place as
the leading resource for***

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***parents. Prominent authority
Russell A. Barkley guides
parents to understand why 6-
to 18-year-olds with attention-
deficit/hyperactivity disorder
(ADHD) act the way they
do--and provides practical***

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***steps to help them live up to
their potential. Readers learn
how to find the right
professional help, get needed
support at school, and
manage challenging behavior
using proven techniques.***

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***Packed with realistic stories
and problem-solving ideas,
this empathic guide is solidly
grounded in science. New to
the fourth edition are a chapter
on health risks associated
with ADHD, the latest***

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***information on the causes of
the disorder, current facts on
medications, a new discussion
of sibling issues, advice for
parents who might have ADHD
themselves, and much more.
Purchasers can download and***

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***print several practical tools.
The author of Rejected
Princesses returns with an
inspiring, fully illustrated
guide that brings together the
fiercest mothers in
history—real life matriarchs***

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***who gave everything to
protect all they loved. Mothers
possess the "maternal
instinct"—an innate fierceness
that drives them to nurture,
safeguard, fight, and sacrifice
for the most important things***

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that matter to them. For some mothers, it's their children. For others, it's artistic expression, invention, social cause, or even a nation that they helped to birth. In Tough Mothers, Jason Porath brings

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his wisdom and wit to bear on fifty fascinating matriarchs. In concise, deeply researched vignettes, accompanied by charming illustrations, Porath illuminates these fearsome women, explores their lives,

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***and pays tribute to their
accomplishments. Here are
famous women as well as
lesser known figures from
around the globe who have left
their indelible mark as they
changed the course of history,***

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***including: The Mother Who
Sued to Save Her Children
from Slavery—Sojourner Truth
The Mother of Rock n'
Roll—Sister Rosetta Tharpe
The Mother of Holocaust
Children—Irena Sendler The***

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***Mothers of The Dominican
Republic—The Mirabal Sisters
The Mother of Yemen's
Golden Age—Arwa al-Sulayhi A
celebration of motherhood and
female achievement, Tough
Mothers reminds us of the***

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***power of women to transform
our lives and our world.***

***Traces the life and career of
the New York City police
officer who made over 1,400
felony arrests in a fifteen year
career.***

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**#1 NEW YORK TIMES
BESTSELLER • ONE OF TIME
MAGAZINE'S 100 BEST YA
BOOKS OF ALL TIME** *The
extraordinary, beloved novel
about the ability of books to
feed the soul even in the*

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darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl

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living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster

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father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with

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***intensity, award-winning
author Markus Zusak, author
of I Am the Messenger, has
given us one of the most
enduring stories of our time.
“The kind of book that can be
life-changing.” —The New York***

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***Times “Deserves a place on
the same shelf with The Diary
of a Young Girl by Anne
Frank.” —USA Today DON'T
MISS BRIDGE OF CLAY,
MARKUS ZUSAK'S FIRST
NOVEL SINCE THE BOOK***

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THIEF.

The Birth Of A Mother

The Seven Husbands of

Evelyn Hugo

Untamed

Before We Were Yours

Helping Her Children

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***Transcend the Intense,
Unpredictable, and Volatile
Relationship***

***How Violence Against a
Mother Shapes Children as
They Grow***

The Art of Being Feminine and

Page 194/257

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Formidable

Presents the text of Alice Walker's story "Everyday Use"; contains background essays that provide insight into the story; and features a selection of critical response. Includes a chronology

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and an interview with the author.

#1 NEW YORK TIMES

BESTSELLER • NEWBERY

MEDAL WINNER • NATIONAL

BOOK AWARD WINNER Dig

deep in this award-winning,

modern classic that will remind

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readers that adventure is right around the corner--or just under your feet! Stanley Yelnats is under a curse. A curse that began with his no-good-dirty-rotten-pig-stealing-great-great-grandfather and has since

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followed generations of
Yelnatses. Now Stanley has
been unjustly sent to a boys'
detention center, Camp Green
Lake, where the boys build
character by spending all day,
every day digging holes exactly

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five feet wide and five feet deep. There is no lake at Camp Green Lake. But there are an awful lot of holes. It doesn't take long for Stanley to realize there's more than character improvement going on at Camp Green Lake.

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The boys are digging holes because the warden is looking for something. But what could be buried under a dried-up lake? Stanley tries to dig up the truth in this inventive and darkly humorous tale of crime and

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punishment—and redemption. "A smart jigsaw puzzle of a novel."
—New York Times *Includes a double bonus: an excerpt from Small Steps, the follow-up to Holes, as well as an excerpt from the New York Times bestseller

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Fuzzy Mud.

When a heart attack claimed Gert Boyle's husband in 1970, the forty-six-year-old housewife and mother of three found herself at the helm of Columbia Sportswear, a small outerwear

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manufacturer in Portland, Oregon, that was struggling financially. With no business experience whatsoever, Boyle was faced with the challenge of running Columbia, which had been founded in 1937 by her

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father a Jewish immigrant who had fled Hitler's Germany. Boyle and her son Tim persevered, turning a company that in 1970 had forty employees and less than \$800,000 in annual sales into the leading seller of skiwear

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in the United States, with more than 2000 employees and over a billion in annual sales. Along the way, thanks in part to a creative marketing campaign that billed her as "one tough mother," Boyle established herself as an

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industry icon, and the first woman ever inducted into the International Sporting Goods Hall of Fame. "One Tough Mother" presents an honest and often irreverent account of Boyle's journey from a childhood in Nazi

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Germany to incredible success in America. She offers insights into succeeding in business and in life, and shares many of the advertisements and strategies that have made her so recognizable. "

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The first love in our lives is our mother. Recognizing her face, her voice, the meaning of her moods, and her facial expressions is crucial to survival. Dr. Christine Ann Lawson vividly describes how mothers who

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suffer from borderline personality disorder produce children who may flounder in life even as adults, futilely struggling to reach the safety of a parental harbor, unable to recognize that their borderline parent lacks a pier, or

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even a discernible shore. Four character profiles describe different symptom clusters that include the waif mother, the hermit mother, the queen mother, and the witch. Children of borderlines are at risk for

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developing this complex and devastating personality disorder themselves. Dr. Lawson's recommendations for prevention include empathic understanding of the borderline mother and early intervention with her

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children to ground them in reality and counteract the often dangerous effects of living with a "make-believe" mother. Some readers may recognize their mothers as well as themselves in this book. They will also find

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specific suggestions for creating healthier relationships.

Addressing the adult children of borderlines and the therapists who work with them, Dr. Lawson shows how to care for the waif without rescuing her, to attend to

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the hermit without feeding her
fear, to love the queen without
becoming her subject, and to live
with the witch without becoming
her victim. A Jason Aronson
Book
A Novel

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Rod Carew: One Tough Out
13 Things Mentally Strong
People Don't Do
A Son, a Mother, and the
Lessons of a Lifetime
Oregon Statesman
Taking Charge in Life, Business,

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and Apple Pies

A Healing Guide to the Secret
Fears of New Mothers

A New York Times Notable Book: In
2025, with the world descending into
madness and anarchy, one woman
begins a fateful journey toward a better

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future. “A stunner.” —Flea, musician and actor, *The Wall Street Journal*
Lauren Olamina and her family live in one of the only safe neighborhoods remaining on the outskirts of Los Angeles. Behind the walls of their defended enclave, Lauren’s father, a preacher, and a handful of other

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citizens try to salvage what remains of a culture that has been destroyed by drugs, disease, war, and chronic water shortages. While her father tries to lead people on the righteous path, Lauren struggles with hyperempathy, a condition that makes her extraordinarily sensitive to the pain of others. When

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fire destroys their compound, Lauren's family is killed and she is forced out into a world that is fraught with danger. With a handful of other refugees, Lauren must make her way north to safety, along the way conceiving a revolutionary idea that may mean salvation for all mankind. This ebook

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features an illustrated biography of Octavia E. Butler including rare images from the author's estate.

"Kick bad mental habits and toughen yourself up."—Inc. Master your mental strength—revolutionary new strategies that work for everyone from homemakers to soldiers and teachers

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to CEOs. Everyone knows that regular exercise and weight training lead to physical strength. But how do we strengthen ourselves mentally for the truly tough times? And what should we do when we face these challenges? Or as psychotherapist Amy Morin asks, what should we avoid when we

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encounter adversity? Through her years counseling others and her own experiences navigating personal loss, Morin realized it is often the habits we cannot break that are holding us back from true success and happiness. Indulging in self-pity, agonizing over things beyond our control, obsessing

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over past events, resenting the achievements of others, or expecting immediate positive results holds us back. This list of things mentally strong people don't do resonated so much with readers that when it was picked up by Forbes.com it received ten million views. Now, for the first time, Morin

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expands upon the thirteen things from her viral post and shares her tried-and-true practices for increasing mental strength. Morin writes with searing honesty, incorporating anecdotes from her work as a college psychology instructor and psychotherapist as well as personal stories about how she

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bolstered her own mental strength when tragedy threatened to consume her. Increasing your mental strength can change your entire attitude. It takes practice and hard work, but with Morin's specific tips, exercises, and troubleshooting advice, it is possible to not only fortify your mental muscle but

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also drastically improve the quality of your life.

For 19 seasons, Rod Carew was a maestro in the batter's box. Uncoiling from his crouched stance, he seemed to guide the ball wherever he wanted on the way to a whopping seven batting titles and a spot in the Baseball Hall of

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Fame. If only everything in life had been as easy as he made hitting look. In *One Tough Out: Fighting Off Life's Curveballs*, Carew reflects on the highlights, anecdotes, and friendships from his outstanding career, describing the abuse, poverty, and racism he overcame to even reach the majors. In

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conversational, confessional prose, he takes readers through the challenges he's conquered in the second half of his life, from burying his youngest daughter to surviving several near-fatal bouts with heart disease. He also details the remarkable reason he's alive today: the heart transplant he received from

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Konrad Reuland, a 29-year-old NFL player he'd met years before. Carew explains how that astonishing connection was revealed and the unique bond he and his wife, Rhonda, have since forged with his donor's family. An important thread running through this mosaic of Carew's life is

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his faith. He illustrates how his mother instilled those beliefs during their darkest days and how conversations with God helped him fight off every curveball life has thrown his way.

"I'm getting a life's lesson about grace from my mother in the ICU. We never stop learning from our mothers, do we?"

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UNFORGETTABLE is a son's spirited, affecting, and inspiring tribute to his remarkable mother and the love between parent and child. When NPR's Scott Simon began tweeting from his mother's hospital room in July 2013, he didn't know that his missives would soon spread well beyond his 1.2 million

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Twitter followers. Squeezing the magnitude of his final days with her into 140-character updates, Simon's evocative and moving meditations spread virally. Over the course of a few days, Simon chronicled his mother's death and reminisced about her life, revealing her humor and strength, and

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celebrating familial love.

UNFORGETTABLE, expands on those famous tweets to create a memoir that is rich, deeply affecting, heart-wrenching, and exhilarating. His mother was a glamorous woman of the Mad Men-era; she worked in nightclubs, modeled, dated mobsters and movie

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stars, and was a brave single parent to young Scott Simon. Spending their last days together in a hospital ICU, mother and son reflect on their lifetime's worth of memories, recounting stories laced with humor and exemplifying resilience. UNFORGETTABLE is not only one man's rich and moving tribute to his

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mother's colorful life and graceful death, it is also a powerful portrayal of the universal bond between mother and child.

One Tough Cop
Strong As a Mother
Tough Mothers
Crying in H Mart

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Hold On to Your Kids

Battle Hymn of the Tiger Mother

Little Eyes, Little Ears

The first three trimesters (and the fourth—those blurry newborn days) are for the baby, but the Fifth Trimester is when the working mom

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**is born. A funny, tells-it-like-it-is
guide for new mothers coping with
the demands of returning to the real
world after giving birth, The Fifth
Trimester is packed with honest,
funny, and comforting advice from
800 moms, including: •The boss-**

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**approved way to ask for flextime
(and more money!) •How to know if
it's more than “just the baby blues”
•How to pump breastmilk on an
airplane (or, if you must, in a
bathroom) •What military science
knows about working through sleep**

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**deprivation •Your new sixty-second
get-out-of-the-house beauty routine
•How to turn your commute into a
mini–therapy session •Your daycare
tour or nanny interview, totally
decoded
Journalist Walls grew up with**

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parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic,

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**brilliant man who, when sober,
captured his children's imagination,
teaching them how to embrace life
fearlessly. Rose Mary painted and
wrote and couldn't stand the
responsibility of providing for her
family. When the money ran out, the**

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Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls

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describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

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NEW YORK TIMES BESTSELLER

“If you’re looking for a book to take on holiday this summer, *The Seven Husbands of Evelyn Hugo* has got all the glitz and glamour to make it a perfect beach read.” —Bustle From the New York Times bestselling

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author of *Daisy Jones & the Six*—an entrancing and “wildly addictive journey of a reclusive Hollywood starlet” (PopSugar) as she reflects on her relentless rise to the top and the risks she took, the loves she lost, and the long-held secrets the public could

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**never imagine. Aging and reclusive
Hollywood movie icon Evelyn Hugo
is finally ready to tell the truth about
her glamorous and scandalous life.
But when she chooses unknown
magazine reporter Monique Grant
for the job, no one is more**

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astounded than Monique herself.

Why her? Why now? Monique is not exactly on top of the world. Her husband has left her, and her professional life is going nowhere. Regardless of why Evelyn has selected her to write her biography,

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Monique is determined to use this opportunity to jumpstart her career. Summoned to Evelyn's luxurious apartment, Monique listens in fascination as the actress tells her story. From making her way to Los Angeles in the 1950s to her decision

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to leave show business in the '80s, and, of course, the seven husbands along the way, Evelyn unspools a tale of ruthless ambition, unexpected friendship, and a great forbidden love. Monique begins to feel a very real connection to the legendary star,

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but as Evelyn's story near its conclusion, it becomes clear that her life intersects with Monique's own in tragic and irreversible ways.

**“Heartbreaking, yet beautiful”
(Jamie Blynn, Us Weekly), The
Seven Husbands of Evelyn Hugo is**

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**“Tinseltown drama at its finest”
(Redbook): a mesmerizing journey
through the splendor of old
Hollywood into the harsh realities of
the present day as two women
struggle with what it means—and
what it costs—to face the truth.**

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**A New York Times Best Illustrated
Book From highly acclaimed author
Jenkins and Caldecott
Medal-winning illustrator Blackall
comes a fascinating picture book in
which four families, in four
different cities, over four centuries,**

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**make the same delicious dessert:
blackberry fool. This richly detailed
book ingeniously shows how food,
technology, and even families have
changed throughout American
history. In 1710, a girl and her
mother in Lyme, England, prepare a**

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**blackberry fool, picking wild
blackberries and beating cream from
their cow with a bundle of twigs. The
same dessert is prepared by an
enslaved girl and her mother in 1810
in Charleston, South Carolina; by a
mother and daughter in 1910 in**

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Boston; and finally by a boy and his father in present-day San Diego. Kids and parents alike will delight in discovering the differences in daily life over the course of four centuries. Includes a recipe for blackberry fool and notes from the author and

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illustrator about their research.

The Bo Dietl Story

**Take Back Your Power, Embrace
Change, Face Your Fears, and Train
Your Brain for Happiness and
Success**

It's Time to Step Up and Be the

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Mom