

Pediatric Dramatherapy They Couldnt Run So They Learned To Fly

As an emerging psychotherapeutic discipline, drama therapy has been gaining global attention over the last decade for its demonstrated efficacy in the treatment of child and adolescent populations. However, despite this attention and despite the current turbulent state of the world and the increasing population of disturbed and at-risk children, the field of drama therapy has so far lacked a standard text. Weber and Haen’s book fills this need, providing a core text for graduate students and established professionals alike. Clinical Applications of Drama Therapy in Child and Adolescent Treatment is guided by theory, but firmly rooted in practice, providing a survey of the many different possibilities and techniques for incorporating drama therapy within child and adolescent therapy. More than merely a survey of the existing literature on drama therapy, this text represents a true expansion of the field: one which articulates the breadth of possibilities and applications for drama therapy in the larger context of psychotherapy. Winner of the 2013 Sigourney Award! Psychoanalysis seen through Bion’s eyes is a radical departure from all conceptualizations which preceded him. In this major contribution to the series Makers of Modern Psychotherapy, Joan and Neville Symington concentrate on understanding Bion’s concepts in relation to clinical practice, but their book is also accessible to the educated reader who wishes to understand the main contours of Bion’s thinking. Rather than following the chronological development of Bion’s ideas, each chapter looks in depth at an important theme in his thinking and describes how this contributes to his revolutionary model of the mind.

Based on a study conducted with chronically ill children, Pediatric Dramatherapy: They Couldn’t Run So They Learned To Fly shows how children who are unable to verbalize their feelings or inner conflicts can do so through dramatherapy. The major sources of stress for chronically ill children are examined as they relate to situations within selected stories. Through detailed case studies, commentaries and analysis this groundbreaking book demonstrates a connection between the child’s symbolic expression and the struggle with illness. The use of puppets, masks, make-up and costume accessories enhances the children’s ability for self expression. This fascinating study will be a significant resource for all those working with traumatized children as well as an important contribution to the emerging field of arts medicine.

This book demonstrates that drama is not only a metaphor for everyday life, but also provides a means of self-examination and life enhancement. Asserting that emotional well-being depends upon an individual’s capacity to manage a complex and often contradictory set of roles, the author shows how role offers a uniquely effective method for working through significant personal problems when used as an element of drama therapy. The volume combines theoretical discussions with extensive clinical illustrations, and covers issues including learning to live with role ambivalence, complexity, and contradiction.

TV Guide

Laughter Under the Bombs That Takes Ovaries!

Artful Teaching Preventing Violence

They Couldn’t Run, So They Learned to Fly

"This stunning book is the story I've been waiting for my whole life; where girls rise up to claim their space with joy and power." --Laurie Halse Anderson, New York Times bestselling and award-winning author of Speak "An extraordinary story of two indomitable spirits." --Brendan Kiely, New York Times bestselling co-author of All American Boys and Tradition "Timely, thought-provoking, and powerful." --Julie Murphy, New York Times bestselling author of Dumplin' Newbery Honor and Coretta Scott King Award-winning author Renée Watson teams up with poet Ellen Hagan in this YA feminist anthem about raising your voice. Jasmine and Chelsea are best friends on a mission—they're sick of the way women are treated even at their progressive NYC high school, so they decide to start a Women's Rights Club. They post their work online--poems, essays, videos of Chelsea performing her poetry, and Jasmine's response to the racial microaggressions she experiences--and soon they go viral. But with such positive support, the club is also targeted by trolls. When things escalate in real life, the principal shuts the club down. Not willing to be silenced, Jasmine and Chelsea will risk everything for their voices--and those of other young women--to be heard. These two dynamic, creative young women stand up and speak out in a novel that features their compelling art and poetry along with powerful personal journeys that will inspire readers and budding poets, feminists, and activists. Acclaim for Pleading Me Together 2018 Newbery Honor Book 2018 Coretta Scott King Author Award 2017 Los Angeles Times Book Prize, Young Adult Finalist "Timely and timeless." --Jacqueline Woodson, award-winning author of Brown Girl Dreaming "Watson, with rhythm and style, somehow gets at . . . the life-changing power of voice and opportunity." --Jason Reynolds, NYT-bestselling author of Long Way Down "Brilliant." --John Green, New York Times bestselling author of The Fault in Our Stars "Teeming with compassion and insight." --Publishers Weekly, starred review "A timely, nuanced, and unforgettable story about the power of art, community, and friendship." --Kirkus , starred review "A nuanced meditation on race, privilege, and intersectionality." --SLJ, starred review

Having ovaries: unabashed, gutsy, feisty, playful, challenging, full ofchutzpah, mettlesome, naughty, victorious, straight from the hip, full-flavored, outrageous, righteous, loving, inspiring, bold as brass, self-assured, self-confident, self-possessed, daring, heroic, wild, wanton, crazy, optimistic, unflappable, pushy, unstoppable, impressive, rebellious, kick-ass, carefree, having moxie, having heart, having no fear . . . "That takes balls" are words of praise usually reserved for a man who has done something tough, fearless, and maybe a little crazy—someone who pushes the boundaries or breaks a few rules. But when it comes to hotheaded courage, impassioned activism, quirky wisdom, or bold confrontation, women have got what it takes—and then some! That Takes Ovaries! is a lively, fun, and often touching celebration of women and girls doing their thing their way." Kathleen, who reduced a would-be burglar to tears by lecturing him about black pride (all while standing in her underwear) * Elaine, a sky surfer who plunges from airplanes on a 30-inch surfboard * Rachel, a high school junior who organized 100 high school girls to take on the boys who harassed them * Denise, a teenage cashier who faced down an irate, gun-wielding gangbanger in an inner-city fast-food joint * Joani, a public health educator who opened the country's first women-oriented sex-toys store * Eva, who made the dangerous, illegal journey from Central America to the United States in order to give her children a better life Now that takes ovaries!

Robert Landy has assembled a collection of essays which encompasses his experience as a dramatherapist. The concept of 'double life' can be seen to be a central theme running through the work - encapsulating the dramatherapist's need to balance the issues of theory, practice and personal growth. The range of essays includes both theory and practice. Landy tackles issues of training and research, examines concepts - such as that of role - in dramatherapy and presents case studies, such as the ambitious 'The Double Life - A Case of Bipolar Disorder'. Uniting entirely new material with some of Landy's most respected work, this collection will be of enduring importance to dramatherapists, teachers and students of dramatherapy, and all those with an interest in creative arts expression.

Proulx explores many aspects of dyad art therapy including attachment relationship theories, roles in dyad interventions, the importance of the tactile experience and ways in which dyad art therapy can be used. This original book will be invaluable to mental health professionals and to parents wishing to enrich interactions with their children.

Pediatric Dramatherapy

Diaries of A Dramatherapist

Bold Females and Their Brazen Acts

Theatre as Living

The Conscious Parent

Dramatherapy and Autism

This edited book is the first of its kind to focus on creative approaches to the treatment of boys, providing a valuable resource for both students and professionals seeking new and effective strategies for reaching their young male clients.

An easy-to-use guide to creating simple dramas with young children. Written especially for parents, daycare providers, librarians, educators, and youth leaders who want to not only encourage their children’s imaginations but also enhance their self-esteem and joy in learning.

Child abuse cases and problems created by breakdowns in family relationships have highlighted the need for sound techniques for communicating with children. As a result, there is renewed interest in the therapeutic use of play to help prevent or repair emotional damage in both children and their families. The Handbook of Play Therapy is a comprehensive introduction to the theory and practice of play therapy. It provides a practical guide to the basic skills necessary to begin tapping the healing potential of play and gives many examples of good practice.

This book considers the relevance of ritual theatre in contemporary life and describes how it is being used as a highly cathartic therapeutic process. With contributions from leading experts in the field of dramatherapy, the book brings together a broad spectrum of approaches to ritual theatre as a healing system.

New Society

Watch Us Rise

Clinical Applications of Drama Therapy in Child and Adolescent Treatment

Social Work Now

Concepts, Theories and Practices (2nd Ed.)

Whole Person Healthcare: The arts and health

In this controversial and compassionate book, the distinguished psychiatrist James Gilligan proposes a radically new way of thinking about violence and how to prevent it. Violence is most often addressed in moral and legal terms: "How evil is this action, and how much punishment does it deserve?" Unfortunately, this way of thinking, the basis for our legal and political institutions, does nothing to shed light on the causes of violence. Violent criminals have been Gilligan's teachers, and he has been their student. Prisons are microcosms of the societies in which they exist, and by examining them in detail, we can learn about society as a whole. Gilligan suggests treating violence as a public health problem. He advocates initiating radical social and economic change to attack the root causes of violence, focusing on those at increased risk of becoming violent, and dealing with those who are already violent as if they were in quarantine rather than in constraint for their punishment and for society's revenge. The twentieth century was steeped in violence. If we attempt to understand the violence of individuals, we may come to prevent the collective violence that threatens our future far more than all the individual crimes put together.

Pediatric Dramatherapy:They Couldn't Run, So They Learned to FlyJenksa Kingsley Publishers

Conscious parenting is about becoming mindful of your behaviour and engaging with your child as an individual. Dr Tsabary inspires parents to get back in touch with their emotions and shed the layers of baggage they have inherited during their own life and are unconsciously heaping on their children. As they become 'conscious' in their parenting, so parents can transform their relationship with their offspring and raise happy, well-adjusted children. The Conscious Parent is already transforming the way people are parenting through its sales in the US where it's spent 15 weeks on the New York Times bestseller list. Oprah described the book as 'The most profound book on parenting I've ever read' and Eckhart Tolle has said 'becoming a conscious parent is the greatest gift you can give your child.' The book features a foreword by His Holiness The Dalai Lama.

This book is a memoir of the author's professional life as a psychologist and psychotherapist. It shows his progression from a hard-nosed behaviour therapist with a strong commitment to science to a psychodynamic therapist with an interest in narrative. Along the way he shows the way the main schools of psychotherapy (behavioural, cognitive, psychodynamic) work, drawing on case material from his professional practice. He shows the mistakes he made and the lessons he eventually learned from his patients. His focus on clinical cases enables readers to see psychotherapy in operation and get drawn into the ups and downs of trying to help some fascinating and often tricky people who rarely conform to what is expected of them.The book is free of jargon and can be enjoyed without any prior knowledge of psychology or psychotherapy. It is designed to entertain and inform the general readership about the mysterious world of psychotherapy, what goes on behind the consulting room door. It will be of particular interest to the increasing number of people who encounter psychotherapy either through their own experience of seeking help or the experiences of family and friends or through reading of popular books such as those of Oliver James and Irving Yalom.It should also prove invaluable for those interested in training as a clinical psychologist, counsellor or psychotherapist.

Folkbiology

Integrating the Arts for Understanding Across the Curriculum, K-8

Drama in Therapy: Adults

The Furies

The Practice Journal of the New Zealand Children and Young Persons Service

Encouraging Your Child's Imagination

Comprehensive in scope yet succinct in its description and explanation of individual theories, Sharf's book introduces students to the systematic theories. For each major theory presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a way for students to understand the application of the theory. Using case summaries and client-therapist dialogues, Sharf demonstrates how twelve theories can be applied to individual therapy and to common psychological disorders such as depression, anxiety, and borderline disorders. Sharf shows how each theory can be applied to work with groups. Sharf also describes how each theory can be applied to families, as well as providing a description of family systems theories in Chapter 13, Family Therapy.

This third edition of Current Approaches in Drama Therapy offers a revised and updated comprehensive compilation of the primary drama therapy methods and models that are being utilized and taught in the United States and Canada. Two new approaches have been added, Insight Improvisation by Joel Gluck, and the Miss Kendra Program by David Read Johnson, Nisha Sajjani, Christine Mayor, and Cat Davis, as well as an established but not previously recognized approach in the field, Autobiographical Therapeutic Performance, by Susana Pendzik. The book begins with an updated chapter on the development of the profession of drama therapy in North America, followed by a chapter on the current state of the field written by the editors and Jason Butler. Section II includes the 13 drama therapy approaches, and Section III includes the three related disciplines of Psychodrama and Sociodrama, Playback Theatre, and Theatre of the Oppressed that have been particularly influential to drama therapists. This highly informative and indispensable volume is structured for drama therapy training programs. It will continue to be useful as a basic text of drama therapy for both students and seasoned practitioners, including mental health professionals (such as counselors, clinical social workers, psychologists, creative arts therapists, occupational therapists), theater and drama teachers, school counselors, and organizational development consultants.

Based on a study conducted with chronically ill children, Pediatric Dramatherapy shows how children who are unable to verbalize their feelings or inner conflicts can do so through dramatherapy. The major sources of stress for chronically ill children are examined as they relate to situations within selected stories.

An audacious new play that explores the ways in which historical trauma affects the present-day intersections of race, gender, and sexuality.

Strengthening Emotional Ties Through Parent-child-dyad Art Therapy

The Double Life

Drama as Therapy

The Handbook of Play Therapy

While the Storm Rages

Slave Play

The term "folkbiology" refers to people's everyday understanding of the biological world-how they perceive, categorize, and reason about living kinds. The study of folkbiology not only sheds light on human nature, it may ultimately help us make the transition to a global economy without irreparably damaging the environment or destroying local cultures. This book takes an interdisciplinary approach, bringing together the work of researchers in anthropology, cognitive and developmental psychology, biology, and philosophy of science. The issues covered include: Are folk taxonomies a first-order approximation to classical scientific taxonomies, or are they driven more directly by utilitarian concerns? How are these category schemes linked to reasoning about natural kinds? Is there any nontrivial sense in which folk-taxonomic structures are universal? What impact does science have on folk taxonomy? Together, the chapters present the current foundations of folkbiology and indicate new directions in research. Contributors Scott Atran, Terry Kit-fong Au, Brent Berlin, K. David Bishop, John D. Coley, Jared Diamond, John Dupré, Roy Ellen, Susan A. Gelman, Michael T. Ghiselin, Grant Gutheil, Giyoo Hatano, Lawrence A. Hirschfeld, David L. Hull, Eugene Hunn, Kayoko Inagaki, Frank C. Keil, Daniel T. Levin, Elizabeth Lynch, Douglas L. Medin, Julia Beth Proffitt, Bethany A. Richman, Laura F. Romo, Sandra R. Waxman

Drama as Therapydescribes and defines dramatherapy, providing in one volume a definition of the core processes at work in dramatherapy, a clear description of how to structure sessions, a thorough review of techniques and a wide range of examples from clinical practice. At the heart of the book is a definition of the nine core processes which define how and why dramatherapy can offer the opportunity for change. Also included are step-by-step breakdowns of the ways of working with a broad range of clients. Dramatherapy's approach to role, play, mask, ritual, performance and script are all described. The book includes extensive historical material from the 1920s to the present day, covering work in the US, the UK, Russia and the Netherlands. It challenges previous accounts of dramatherapy's history with details of Evreinov's Theatrotherapy, Ilijine's work in Russia and interviews with innovators in the field, including Peter Slade, Sue Jennings and Marion Lindquist.

While the Storm Rages is the eagerly awaited new novel from the bestselling author of When the Sky Falls: The Times Children's Book of the Year, winner of the Books Are My Bag Readers Award for Children's Fiction, winner of the British Book Award for Children's Fiction Book of the Year and shortlisted for the Carnegie Medal. September 1939. The world is on the brink of war. As his dad marches off to fight, Noah makes him a promise, to keep their beloved family dog safe. When the government advises people to have their pets put down in readiness for the chaos of war, hundreds of thousands of people do as they are told. But not Noah. He's not that sort of boy. With his two friends in tow, he goes on the run, to save his dog and as many animals as he can. No matter what.

Laughter Under the Bombs is intended both as a living testimony to the horrors of surviving under war conditions and as a dramatherapy handbook. The book documents day by day a dramtherapist's feelings as the war takes hold in Lebanon in July 2006 and his amazingly successful attempts to set up a safe space for displaced children and teens to participate in drama workshops. These workshops are aimed at helping the youth to deal with the horrors of war and find a way to heal the mental and psychological wounds that mark them long after any physical wounds. We all have heard much of the war through the eyes of the media but this often removes us from the humanity and the inhumane suffering involved on a day-to-day basis. This book takes us through that suffering with individual stories of pain and suffering, yet always emphasises the need to find time and space for laughter to survive such horrors. These documented workshops also resulted in the opening of a theatre production, literally under the shelling, talking about their experiences as they lived them. The internationally acclaimed play, also entitled Laughter Under the Bombs, caught the world's attention in the midst of the war. The show went on literally under the bombs, the area was under threat - it was announced each night about two hours before the show as planes dropped fliers to say that the area would be targeted that night... and yet... the play opened to a full house and the laughter drowned out the deafening noise of the bombing right outside the doors of the theatre. Also included in this unique publication is an essay and commentary by dramatherapist and playwright JS Hartley whose theatre work and publications have received international acclaim.

A Guide and Stories for Play Acting

Theories of Psychotherapy & Counseling

Creative Approaches to the Therapy Process

The British National Bibliography

Current Approaches in Drama Therapy

Concepts and Cases

Learn how to incorporate adult play therapy into your practice with this easy-to-use guide in the Western world there has been a widening belief that play is not a trivial or childish pursuit but rather a prime pillar of mental health, along with love and work. Play Therapy with Adults presents original chapters written by a collection of international experts who examine the diverse approaches and clinical strategies available for successfully incorporating play therapy into adult-client sessions. This timely guide covers healing through the use of a variety of play therapy techniques and methods. Various client groups and treatment settings are given special attention, including working with adolescents, the elderly, couples, individuals with dementia, and clients in group therapy. Material is organized into four sections for easy reference: Dramatic role play Therapeutic humor Sand play and doll play Play groups, hypnoplay, and client-centered play Play Therapy with Adults is a valuable book for psychologists, therapists, social workers, and counselors interested in helping clients explore themselves through playful activities.

Transformative Language Arts, an emerging field and profession, calls on us to use writing, storytelling, theater, music, expressive and other arts for social change, personal growth, and culture shift. In this landmark anthology, Transformative Language Artists share their stories, scholarship and practices for a more just and peaceful world, from a Hmong storyteller and spoken word artist weaving traditions with contemporary immigrant challenges in Philadelphia, to a playwright raising awareness of AIDS/HIV prevention. Read the stories, consider the questions raised, and find inspiration and tools in using words as a vehicle for transformation through essays on the challenge of dominant stories, public housing women writing for their lives, histories and communities at the margins, singing as political action, the convergence of theology and poetics, women's self-leadership, embodied writing, and healing the self, others, and nature through TLA. The anthology also includes "snapshots," short features on transformative language artists who make their livings and lives working with people of all ages and backgrounds to speak their truths, and change their communities.

Introducing drama to the learning experience is guaranteed to enrich a child's development, and is an especially effective approach for children with special educational needs, including those with autism spectrum disorders. This practical handbook offers teachers an array of simple and easy-to-implement theatrical techniques that will enhance students' learning and encourage artistic expression. The author demonstrates how dramatic play doesn't have to be restricted to drama lessons and can be applied to a diverse range of school subjects and recreational settings. 'The Little Red Hen', for example, covers themes that are relevant to literacy (rhyming and rhythm), maths (counting seeds), science (discussing farming), and art lessons (designing costumes). Step-by-step lesson plans take teachers through every aspect of running fun and engaging story dramas, including warm ups, movement, songs and props. Handy tips throughout suggest ideas for developing the plays further and ways to adapt them according to the needs of the group. This book will be an essential and comprehensive guide for anyone interested in drama as an educational tool in inclusive or special needs settings.

Emerging from the first degree-granting program in drama therapy, this text is the first to examine drama therapy as a discipline. It deals not with drama in therapy but with drama therapy itself, documenting its legitimacy as a distinct field. After reviewing its dramatic and psychotherapeutic context, the author examines the conceptual basis of drama therapy, tracing its interdisciplinary sources and delineating important concepts from related fields. A theoretical model of drama therapy is offered, based on the source material. The most widely practiced techniques of drama therapy are examined, including psychodramatic practices and projective techniques. The author also focuses on appropriate populations and settings: the emotionally, physically, socially, and developmentally disabled in schools, clinics, hospitals, prisons, and other environments. Special attention is directed to therapeutic theatre performances. The text concludes with reports of research, past, present, and future, and offers observations based upon the significant role drama therapy can play in fostering balance within individuals and among peoples.

The Clinical Thinking of Wilfred Bion

Story Drama in the Special Needs Classroom

Play Therapy with Adults

The Meaning of Role in Drama, Therapy, and Everyday Life

The Gossamer Thread

Using extensive examples from practice with a range of client groups, Dramatherapy and Autism confronts the assumption that people with autism are not able to function within the metaphorical realms of the imagination and creativity. It demonstrates that not only are people who function along the spectrum capable of engaging in creative exploration, but that through encountering these processes in the clinical context of dramatherapy, changes can be made that are life enhancing. Bringing in cutting-edge research and practice on dramatherapy, Dramatherapy and Autism aims to contribute to developing the theory and practice of creative arts therapies interventions with clients with autism. The book is part of the Dramatherapy: approaches, relationships, critical ideas series, in which leading practitioners and researchers in the field develop the knowledge base of this unique discipline, whilst contextualising and acknowledging its relationship with other arts and therapeutic practices. Dramatherapy and Autism will be of interest to a broad spectrum of readers, such as dramatherapists in practice and training, arts practitioners and academic researchers engaged in multidisciplinary enquiry.

With an introduction by the author of Circe and The Song of Achilles, Madeline Miller In Lucky Alice Sebold reveals how her life was irrevocably changed when, as an eighteen-year-old college freshman, she was raped and beaten inside a tunnel near her campus. In this same tunnel, a girl had been raped and dismembered. By comparison, Alice was told by police, she was lucky. Though Alice's friends and family try their best to offer understanding and support, in the end it is Alice's formidable spirit which resonates most in these pages. In a narrative both painful and inspiring, Alice Sebold shines a light on the true experience of violent trauma. Sebold's redemption turns out to be as hard-won as it is real.

"Steady paced pairing with well-timed foreshadowing and fully realized characters make this one compelling from the beginning. Fans of Donna Tartt's The Secret History (1992), Erin Kelly's The Poison Tree (2011), and Tana French's The Likeness (2008) will likely enjoy the new perspective Haynes' conversational style offers to similar material." --Booklist After losing her fiancé in a shocking tragedy, Alex Morris moves from London to Edinburgh to make a break with the past. Formerly an actress, Alex accepts a job teaching drama therapy at a school commonly referred to as "The Unit," a last-chance learning community for teens expelled from other schools in the city. Her students have troubled pasts and difficult personalities, and Alex is an inexperienced teacher, terrified of what she's taken on and drowning in grief. Her most challenging class is an intimidating group of teenagers who have been given up on by everyone before her. But Alex soon discovers that discussing the Greek tragedies opens them up in unexpected ways, and she gradually develops a rapport with them. But are these tales of cruel fate and bloody revenge teaching more than Alex ever intended? And who becomes responsible when these students take the tragedies to heart, and begin interweaving their darker lessons into real life with terrible and irrevocable fury? Natalie Haynes' The Furies is a psychologically complex, dark and twisting novel about loss, obsession and the deep tragedies that can connect us to each other even as they blind us to our fate.

A dark psychological page-turner about an inexperienced teacher who builds a powerful—and ultimately dangerous—connection with her students. When you open up, who will you let in? When Alex Morris loses her fiancé in dreadful circumstances, she moves from London to Edinburgh to make a break with the past. Alex takes a job at a Pupil Referral Unit, which accepts the students excluded from other schools in the city. These are troubled, difficult kids and Alex is terrified of what she's taken on. There is one class—a group of five teenagers—who intimidate Alex and every other teacher on The Unit. But with the help of the Greek tragedies she teaches, Alex gradually develops a rapport with them. Finding them enthralled by tales of cruel fate and bloody revenge, she even begins to worry that they are taking her lessons to heart, and that a whole new tragedy is being performed, right in front of her.

Interventions with Infants and Preschoolers

Essays in Drama Therapy

DRAMA THERAPY

Transformative Language Arts in Action

TD & T.

Engaging Boys in Treatment

The authors share arts-integrating practices across the K-8 curriculum and describe how the arts offer an entry point for gaining insight into why and how students learn.

My Life as a Psychotherapist

The Motion Picture Guide

Ritual Theatre

Persona and Performance

Lucky

A Novel