

Preventing Stress Improving Productivity European Case Studies In The Workplace

In this unique text, Christine Doyle provides the student with a cutting-edge introduction to the field of work and organizational psychology. The main focus is on recent changes that have occurred in the world of work, incorporating their causes, consequences, proposed solutions to the associated problems, and above all, the challenges they pose for work and organizational psychology. Among the topics covered are motivation at work, the concept of stress, and the causes of individual accidents and organizational disasters. Solutions to such problems might include lifelong learning and training, performance management, career development, and employee assistance programmes. This lively, provocative, and highly readable book will be an essential resource for advanced undergraduate and postgraduate students of work and organizational psychology, as well as business management students, managers and anyone with an interest in human resources management.

This book brings together a number of experts in the field of organizational interventions for stress and well-being, and discusses the importance of process and context issues to the success or failure of such interventions. The book explores how context and process can be incorporated into program evaluation, providing examples of how this can be done, and

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offers insights that aim to improve working life. Although there is a substantial body of research supporting a causal relationship between working conditions and employee stress and well-being, information on how to develop effective strategies to reduce or eliminate psychosocial risks in the workplace is much more scarce, ambiguous and inconclusive. Indeed, researchers in this field have so far attempted to evaluate the effectiveness of organizational interventions to improve workers' health and well-being, but little attention has been paid to the strategies and processes likely to enhance or undermine interventions. The focus of this volume will help to overcome this qualitative-quantitative divide. This book discusses conceptual developments, practical applications, and methodological issues in the field. As such it is suitable for students, practitioners and researchers in the fields of organizational psychology and clinical psychology, as well as human resources management, health & safety, medicine, occupational health, risk management and public health. Considers how the balance between intensive and sustainable work can be achieved by looking at existing possibilities and emerging solutions exploring some alternatives to intensive work systems.

øCorporate Wellness Programs offers contributions from international experts, examining the planning, implementation and evaluation of wellness initiatives in organizations, and offering guidance on how to introduce these programs in to the workplace.

Linking Employee and Organizational Health

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Corporate Wellness Programs

Employee Well-being Support

Stress in Health and Disease

The Wiley Blackwell Handbook of the Psychology of Occupational Safety and Workplace Health

Handbook of Human Factors and Ergonomics in Health Care and Patient Safety, Second Edition

Cultural-historical activity theory is a powerful toolkit for social sciences. This book demonstrates how the Finnish school of developmental work research uses activity theory in the analysis and practical transformation of work, technology and organizations. Developmental work research is a longitudinal and interventionist approach. Researchers aim at generating, supporting and following cycles of expansive learning in the activity systems they study. The process opens up qualitatively new possibilities for creating use values and for developing the capabilities and agency of the practitioners and their clients. Critical dialogue and partnerships are built between the researchers and the organizations they study. In their 18 chapters, the 23 authors of the book give a broad sample of work done over a period of ten years in the Center for Activity Theory and Developmental Work Research at University of Helsinki.

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The theoretical and methodological themes range from the polyphony of activity to relationships between history, ethnography and interventions. The empirical chapters range from the work of teachers and judges to collaboration between industrial enterprises. Yrjö Engeström is Professor of Adult Education and Director of the Center for Activity Theory and Developmental Work Research at University of Helsinki. Joachim Lompscher (1932-2005) was Professor Emeritus of Educational Psychology at University of Potsdam. Georg Rückriem is Professor Emeritus of Education at the Hochschule der Künste in Berlin. Cover photo: Faces of the authors in the order of their chapters.

Current trends reveal that increasing intensity at work has major consequences at individual, organizational and societal levels. New organizational approaches to work are needed so the balance between intensive and sustainable work can be achieved, yet there are no guiding models, theories or examples on how this can be done. In exploring the development of sustainable work systems, this book analyzes these problems, and provides the basis for designing and implementing 'sustainable work systems' based on the idea of regeneration and the development of human and social resources. Shedding light on the emerging work systems, this book

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describes existing problems and paradoxes. The researchers, from various academic disciplines and institutions in the US and Europe, consider the existing possibilities and emerging solutions and explore alternatives to intensive work systems.

This book maps the current state of policy, service provision and funding for mental health care across Europe, taking into account the differing historical contexts that have shaped both the development and the delivery of services. Vol. 38 of Advances in Librarianship focus on innovative leadership and management techniques e.g. selecting new team members, service design, mindful leadership, burnout causes and management, librarians as independent active public leaders and how libraries and other non-profit organizations can use UN's Agenda 21 to achieve sustainability.

Human Resource Management in Transition

Research and Practice

An Organizational Approach

Advances in Occupational, Social, and Organizational Ergonomics

Strategic Stress Management

HR Management and Performance in Practice

This revised edition is a comprehensive, authoritative set of

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essays. It is more detailed and analytical than the mainstream treatments of HRM. As in previous editions, Managing Human Resources analyses HRM, the study of work and employment, using an integrated multi-disciplinary approach. The starting point is a recognition that HRM practice and firm performance are influenced by a variety of institutional arrangements that extend beyond the firm. The consequences of HRM need to incorporate analysis of employees and other stakeholders as well as the implications for organizational performance.

A Wiley Blackwell Handbook of Organizational Psychology focusing on occupational safety and workplace health. The editors draw on their collective experience to present thematically structured material from leading thinkers and practitioners in the USA, Europe, and Asia Pacific Provides comprehensive coverage of the major contributions that psychology can make toward the improvement of workplace safety and employee health Equips those who need it most with cutting-edge research on key topics including wellbeing, safety culture, safety leadership, stress, bullying, workplace health promotion and proactivity

A comprehensive work that brings together and explores state-of-

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the-art research on the link between stress and health outcomes. Offers the most authoritative resource available, discussing a range of stress theories as well as theories on preventative stress management and how to enhance well-being Timely given that stress is linked to seven of the ten leading causes of death in developed nations, yet paradoxically successful adaptation to stress can enable individuals to flourish Contributors are an international panel of authoritative researchers and practitioners in the various specialty subjects addressed within the work

*With the increasing globalization and fast-paced technological advances in business today, service organizations must to respond to the changing business dynamic between employers and employees. The service industry has metamorphosed into a revolution not only in United States but in developed and developing countries also. Highly industrialized countries have become 'service economies', at least when measured in terms of share of the workforce employed in service industries. This new book, *Employees and Employers in Service Organizations: Emerging Challenges and Opportunities*, the first volume in the 21st*

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Century Business Management book series, provides an in-depth exploration of recent concepts and trends in business management in the service industries. It looks at the changing expectations and loyalties of young workers and others and the challenges and opportunities presented for service employers. The book considers theory and research findings, providing a plethora of practical implications and applications for these new workplace behavior dynamics. Exploring the different perspectives and concepts from the book's researchers and authors, Employees and Employers in Service Organizations: Emerging Challenges and Opportunities cover themes such as • work-life balance • spirituality in the workplace • emerging positive psychology concepts, such as psychological capital, knowledge management, and mindfulness • expectations, motivation, and behavior of different generations, such as Generation Y This informative volume will be valuable for faculty teaching courses in management and self-improvement for leaders and executives as well as for those in service industries.

*A Guide to Research and Practice
Emerging Perspectives and Practice*

New Directions in Organizational Psychology and Behavioral Medicine

A New Work Stress Theory

Occupational Health Psychology

When the Rescuer Becomes the Victim

Workplace health is now recognised as having major legal, financial and efficiency implications for organizations. Psychologists are increasingly called on as consultants or in house facilitators to help design work processes, assess and counsel individuals and advise on change management. The second edition of this handbook offers a comprehensive, authoritative and up-to-date survey of the field with a focus on the applied aspects of work and health psychology. An unrivalled source of knowledge and references in the field, for students and academics, this edition also reflects the need to relate research to effective and realistic interventions in the workplace. * Editors are outstanding leaders in their fields * Focuses on linking research to practice * Over 50% new chapters. New topics include Coping, The Psychological Contract and Health, Assessment and Measurement of Stress and Well-Being, the Effects of Change, and chapters of Conflict and Communication

Work, so fundamental to well-being, has its darker and more costly side. Work can adversely affect our health, well beyond the usual counts of injuries that we think of as 'occupational health'. The ways in which work is organized - its pace and intensity, degree

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of control over the work process, sense of justice, and employment security, among other things - can be as toxic to the health of workers as the chemicals in the air. These work characteristics can be detrimental not only to mental well-being but to physical health. Scientists refer to these features of work as 'hazards' of the 'psychosocial' work environment. One key pathway from the work environment to illness is through the mechanism of stress; thus we speak of 'stressors' in the work environment, or 'work stress'. This is in contrast to the popular psychological understandings of 'stress', which locate many of the problems with the individual rather than the environment. In this book we advance a social environmental understanding of the workplace and health. The book addresses this topic in three parts: the important changes taking place in the world of work in the context of the global economy (Part I); scientific findings on the effects of particular forms of work organization and work stressors on employees' health, 'unhealthy work' as a major public health problem, and estimates of costs to employers and society (Part II); and, case studies and various approaches to improve working conditions, prevent disease, and improve health (Part III).

Stress is defined as a feeling experienced when a person perceives that demands exceed the personal and social resources the individual is able to mobilize. It can occur due to environmental issues, such as a looming work deadline, or psychological, for example, persistent worry about familial problems. While the acute response to life-threatening circumstances can be life-saving, research reveals that the body's stress response is largely

similar when it reacts to less threatening but chronically present stressors such as work overload, deadline pressures and family conflicts. It is proffered that chronic activation of stress response in the body can lead to several pathological changes such as elevated blood pressure, clogging of blood vessels, anxiety, depression, and addiction. Organizational Stress Around the World: Research and Practice aims to present a sound theoretical and empirical basis for understanding the evolving and changing nature of stress in contemporary organizations. It presents research that expands theory and practice by addressing real-world issues, across cultures and by providing multiple perspectives on organizational stress and research relevant to different occupational settings and cultures. Personal, occupational, organizational, and societal issues relevant to stress identification along with management techniques/approach to confront stress and its associated problems at individual and organizational level are also explored. It will be of value to researchers, academics, practitioners, and students interested in stress management research.

The first edition of Handbook of Human Factors and Ergonomics in Health Care and Patient Safety took the medical and ergonomics communities by storm with in-depth coverage of human factors and ergonomics research, concepts, theories, models, methods, and interventions and how they can be applied in health care. Other books focus on particular human factors and ergonomics issues such as human error or design of medical devices or a specific application such as emergency medicine. This book draws on both

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areas to provide a compendium of human factors and ergonomics issues relevant to health care and patient safety. The second edition takes a more practical approach with coverage of methods, interventions, and applications and a greater range of domains such as medication safety, surgery, anesthesia, and infection prevention. New topics include: work schedules error recovery telemedicine workflow analysis simulation health information technology development and design patient safety management Reflecting developments and advances in the five years since the first edition, the book explores medical technology and telemedicine and puts a special emphasis on the contributions of human factors and ergonomics to the improvement of patient safety and quality of care. In order to take patient safety to the next level, collaboration between human factors professionals and health care providers must occur. This book brings both groups closer to achieving that goal.

Mental Health at Work --from Defining to Solving the Problem

Creating Healthy Workplaces

The Handbook of Work and Health Psychology

The Handbook of Stress and Health

Building More Effective Organizations

Improving Organizational Interventions for Stress and Well-being

This book is a valuable, comprehensive and unique reference text on Psychosocial Safety Climate (PSC), a new work stress theory. It proposes a new PSC theory

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concerning the corporate climate for workers' psychological health, its origins and implications for work stress, and provides a critique of current research and theories. It provides a comprehensive review of all PSC studies to date. The chapters discuss state-of-the-art empirical evidence testing PSC theory in relation to management roles, organisational resilience, corruption, organisational status, cultural perspectives, illegitimate tasks, high PSC work groups, PSC variability in work groups, etc. They investigate outcomes such as psychological distress, emotional exhaustion, depression, worry, engagement, health, cognitive decline, personal initiative, boredom, cynicism, sickness absence, and productivity loss, in various workplace settings across many countries. This unique book allows practitioners to rapidly update practical measures, benchmarks and processes, and provides students and trainees with an introduction to PSC and important concepts and methods, quantitative and qualitative, in occupational health with leads to further sources. Students as well as experts on occupational health and safety, human resource management, occupational health psychology, organisational psychology and practitioners, unions and policy makers will find this book highly informative. It covers relevant materials for undergraduate and postgraduate education, drawing upon the concepts, topics and methods (diary, multilevel, longitudinal, qualitative, data linkage) within the multidisciplinary occupational health area.

In a representative study made of European workers, twenty-eight per cent of employees reported that stress affects their health and their performance at work.

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Occupational stress is a serious problem for the performance of individuals, organisations and as a consequence, for national economies. Preventing Stress, Improving Productivity investigates the ways in which companies can combat stress by changing the working environment rather than only treating individual employees with stress symptoms. Costs and benefits of stress prevention are discussed, with an emphasis on approaches that involve both the work situation and the individual worker. The heart of the book consists of eleven European country chapters, each overviewing the current status with respect to occupational stress and its prevention in that country and then presenting one detailed case study an example of good preventive practice. Preventing Stress, Improving Productivity identifies five factors that are critical for a stress reduction programme to work, both in terms of employee health and well-being and from a financial point of view. Successful strategies combine participation from workers and support from top management. Useful as a reference for psychologists, human resource managers, occupational physicians, ergonomists and consultants, this book will also be an invaluable aid to managers in the day-to-day running of organisations. Workers in the service industry face unique types and levels of stress, and this problem is worsening. Many workers and organizations are now recognizing work stress as a significant personal and organizational cost, and seeing the need to evaluate a range of organizational issues that present psychosocial hazards to the workers. Occupation Research now shows us that long-term activation of the stress cycle can have a

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hazardous, even lethal, effect on the body, increasing the risk of obesity, heart disease, depression, cancer, and other illnesses. This new edition of an award-winning book presents cutting-edge research on the effects of stress. Edited by one of the world's authorities in stress management, occupational psychology, and occupational medicine, *Handbook of Stress Medicine and Health, Second Edition* offers a completely revised and updated look at the different types of stress, including their characteristics, symptoms, duration, and treatment approaches. The text proposes a generic theory on stress and health and explores the relationship of stress to a variety of health outcomes, including heart disease, cancer, mental health, burnout, and complications of the endocrine and immune systems. It addresses the link between stress and personality, and discusses the impact of social support on various health conditions. The final chapters deal with stress and its consequences, such as the emotional processing of traumatic events, dealing with stress in families and in chronic disease, and coping with stress in the workplace. With contributions from the foremost leaders in the field, this authoritative book evaluates a wide range of psychosocial factors that contribute to many of today's major illnesses. It also proposes strategies for prevention and management, which will hopefully encourage future research into the reduction of stress.

Organizational Stress Around the World
From Stress to Wellbeing Volume 2
Creating Sustainable Work Systems

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Causes, Consequences, Cures

Finance and Economy for Society

The contributions in *Creating Healthy Workplaces* include a number of interventions that relate the efforts undertaken by researchers and organizations together, to reduce stress and improve the mental and physical health of employees through positive change initiatives. Those working in the field of occupational stress have received criticism that too much emphasis has been placed on negative issues and that positive initiatives have been largely ignored. With the growing influence of the positive movement, this book explores the implications of using a positive approach as opposed to a stress management one and compares the types of interventions they each require. From a positive perspective, there is a need to understand the characteristics of healthy, thriving, and flourishing people and organizations. This book explores the implications of using a positive approach as opposed to a stress management one. Some of the interventions described in *Creating Healthy Workplaces* target individuals and their attitudes and behaviours, others target workplace relationships, work units and the wider organization. Outcomes such as reduced occurrences of smoking, obesity, depression, elevated blood pressure, accidents and workplace injuries, presenteeism, absence and staff turnover are reported. The factors associated with the success of these interventions are identified and advice is given as to how interested individuals and organizations might proceed to

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develop worksite interventions on their own.

This research shows the dynamic relationship between work, health and satisfaction. *New Directions in Organizational Psychology and Behavioral Medicine*, comprehensively covers new developments in the field of occupational health psychology and provides insight into the many challenges that will change the nature of occupational health psychology. The editors have gathered 40 experts from all over the developed world to discuss issues relevant to human resource and talent management, and specifically to employment related physical and psychological health issues. Especially because it comes at a time of economic turbulence that will create work stress and strain, organizations, researchers and practitioners will find this book valuable.

This book is the first to address the most urgent issues, combining a solid basic research approach with applied individual and stress issues, including interventions. Throughout, the focus is on our latest knowledge about various causes of stress and its neuro-cognitive and biological implications. World-renowned authors from Europe as well as the US describe how stress affects the brain of young people as well as adults. They cover the topic from all perspectives, showing how stress affects life in general, from the societal and organizational level to the individual, organ and molecular level. While the book clearly points out stress as a risk factor to health, it also offers a number of evidence-based methods to cope with stress and even ride the positive energy of stress - both as an individual, as well as what managers can do to create a healthy and productive

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workplace. Written in a reader-friendly and appealing style, the book provides real-life examples from various laboratories, as well as such events as the Volvo Ocean Race, the largest around-the-globe sailing competition. Essential reading for clinicians and biologists, as well as for a wide range of students, including medicine and public health, but also managers and HR staff. With a Foreword by Nobel Laureate Professor Arvid Carlsson (Medicine 2000).

Based on original research findings, it provides a comprehensive source of theoretical and practical information for students and practitioners alike.

Addressing Process and Context

European Case-Studies in the Workplace

Unhealthy Work

Occupational Strain and Efficacy in Human Service Workers

Stress Management and Enhancing Wellbeing

A Handbook for Evidence-Based Practice

"We live in a time where organizational change has become the norm. Organizations are constantly undergoing major restructurings be it outsourcing, downsizing or major reorganizational changes, e.g., team or LEAN implementation. Stability has become the ex"

Organizations today are facing heightened challenges in their efforts to perform effectively. These challenges are reflected in the failure of many long-standing

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organizations and the shortened tenure of senior level executives. There is increasing agreement that the unique competitive advantage organizations have today lies in their people, their human resource management practices and their cultures. All other elements of production can be readily obtained, bought or copied. We are now in the era of human capital; to be successful organizations need to unleash the talents of their people. Fortunately we now have considerable understanding of what high performing organizations look like. However, a large gap still exists between what we know and what managers actually do. With contributions from a team of leading academics and practitioners, *Building More Effective Organizations* provides an extensive survey of human resource management and the organizational practices associated with the high performance of individuals.

This important new collection provides not only a comprehensive overview of how organizational interventions can improve health and well-being in the workplace - addressing its causes rather than the symptoms - but also the practical issues faced in their design, implementation and evaluation. Drawing on a range of case studies and empirical investigations, it is the first book to seriously examine each element of the intervention process, and to recognize the individual, group, leader and organizational factors that researchers should consider. The authors describe the various challenges to such collaborative processes, as well as the specific methods and tools that can be used in response. Each chapter offers practical, evidence-based guidance. Featuring a

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final section examining new directions and approaches in organizational intervention research, the book features contributions from some of the leading international researchers in the field. It will be essential reading for any researcher or practitioner interested in the practical issues involved in improving the organization, design and management of the contemporary workplace.

The latest volume of Critical Studies on Corporate Responsibility, Governance and Sustainability examines the social, economic and environmental impacts of corporations, and the real effects of corporate governance, CSR and business sustainability on societies in different regions.

A Workplace Resource

Preventing Stress, Improving Productivity

Health and Safety Hazards

Managing Human Resources

An Introduction to Contemporary Work Psychology

Employees and Employers in Service Organizations

Workers' compensation data in a large public sector human service agency clearly indicated that the most significant type of compensable incident that occurred within the organisation was that of anxiety and stress related conditions. From September 1987 to September 1995, there had been 219 workers compensation claims relating to workplace

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strain (stress) in the agency. The total cost of these claims was \$4,865,249. A study was commissioned by the agency in early 1996 to review workplace strain. The outcomes sought by the department following the implementation of the project recommendations, as outlined in the project brief were to have: 1. a reduction of psychological and physical injuries of employees; 2. shorter duration of claims; 3. a reduction in the costs of claims; 4. a potential drop in sick leave; 5. a reduction in non compensable measures of occupational strain eg, absenteeism, poor performance, work flow interference, staff turnover, replacement and training costs; 6. managers and staff to be more aware of their role in preventing strain, contributing to strain, and managing strain; 7. managers to know of and use a range of resources to assist them with occupational strain issues, eg, Occupational Health and Safety Advisor, and Staff Counsellor; and 8. staff to have a clear means and strategies to assist them with occupational strain and avenues to resolve conflict.

OBJECTIVES OF THE REVIEW The main objectives of the review, as outlined in the project brief, were to have: 1.

Reflecting a decade ' s worth of changes, Human Safety and Risk Management, Second Edition contains new chapters addressing safety

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culture and models of risk as well as an extensive re-working of the material from the earlier edition. Examining a wide range of approaches to risk, the authors define safety culture and review theoretical models that elucidate mechanisms linking safety culture with safety performance. Filled with practical examples and case studies and drawing on a range of disciplines, the book explores individual differences and the many ways in which human beings are alike within a risk and safety context. It delineates a risk management approach that includes a range of techniques such as risk assessment, safety audit, and safety interventions. The authors address concepts central to workplace safety such as attitudes and their link with behavior. They discuss managing behavior in work environments including key functions and benefits of groups, factors influencing team effectiveness, and barriers to effectiveness such as groupthink.

Stress has recently overtaken the common cold as the most common cause of sick leave in many European countries and is a major cause of concern for companies worldwide. Why then do most of the 'Coping with Stress' texts to be found in bookshops consider this a problem only to be tackled by the Individual ? Strategic Stress Management is different, it

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shows how companies can boost performance by adopting integrated organizational strategies to identify and reduce stress in their employees. Including practical advice on how to conduct a stress audit and how to target stress 'hot spots' with an organization, Strategic Stress Management provides a fresh strategic model for the manager concerned with the negative effects stress can have both on company performance and the quality of life of individuals at work. This is the latest book from best-selling stress management author, Cary Cooper, and will be eagerly awaited by HR Directors, Organizational Consultants, Occupational Psychologists, Managing Directors and all managers who wish to work with healthy, stable and productive staff.

Worldwide, the attention for health, innovation, and productivity is increasing. In all situations, humans interact with their environment, which is the concern of the field of ergonomics. The need for knowledge and its applications is large and this book contributes to knowledge development as well as its application. The content varies from the effect that a complete new office interior has on its occupants, to the most efficient design of gloves for those wearing them. It examines topics as diverse as the facilitation of human interaction through work place

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design, the effects of vibration, and the improvement of the latest virtual reality applications. This book is concerned with issues in Occupational, Social, and Organizational ergonomics. It contains a total of 90 articles. The authors of the articles represent 24 countries on five continents. These articles range from individual to multi-organizational perspectives in many different settings. Explicitly, the articles are organized according to the following themes: I: Participation and Collaboration II: Human Performance III: Health and Well-being IV: Working and Working Environment V: Environment and Living Environment VI: Virtual Environment VII: Macro-ergonomic Aspects Seven other titles in the Advances in Human Factors and Ergonomics Series are: Advances in Human Factors and Ergonomics in Healthcare Advances in Applied Digital Human Modeling Advances in Cross-Cultural Decision Making Advances in Cognitive Ergonomics Advances in Human Factors, Ergonomics and Safety in Manufacturing and Service Industries Advances in Ergonomics Modeling & Usability Evaluation Advances in Neuroergonomics and Human Factors of Special Populations Developing Social Sustainability Managing the Risk of Workplace Stress

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Putting Activity Theory to Work

Emerging Challenges and Opportunities

Occupational Stress in the Service Professions

Integrating Sustainability

This is the first comprehensive overview of work psychology, with coverage of classic models, current theories, and contemporary issues affecting the 21st-century worker. Examines the positive aspects of work-motivation, performance, creativity, and engagement—instead of focusing only on adverse effects Edited by leaders in the field with chapters written by a global team of experts from the US, UK, Europe, and Australia Discusses topics such as safety at work, technology, working times, work-family interaction, working in teams , recovery, job demands and job resources, and sickness absence Suitable for advanced courses focused on work psychology as a sub discipline of work and organizational psychology Didactic features include questions for discussion, boxes with practical applications, further reading sections, and a glossary

Preventing Stress, Improving Productivity European Case-Studies in the Workplace Routledge

Employees have a set of needs as part of the 'psychological contract' of employment. However, organizations operate for a reason and they too have agendas and needs. It is how the two come together that determines the capacity for good human relations and optimum productivity. Employee Well-being

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Support is an edited collection of expert contributions that explores all key issues in this increasingly critical area.

A comprehensive collection by Professor Cary Cooper and his colleagues in the field of workplace stress and wellbeing, which draws on research in a number of areas including stress-strain relationships, sources of workplace stress and stressful occupations. Volume 2 of 2.

Handbook of Stress Medicine and Health, Second Edition

Mental Health Policy And Practice Across Europe

Prerequisites for Healthy Organizational Change

An Introduction with Attitude

Management And Leadership Innovations

Stress Reduction, Improved Well-being, and Organizational Effectiveness

This ground-breaking textbook is the first to cover the new and rapidly developing field of occupational health psychology. Provides a thorough introduction to occupational health psychology and an accessible overview of the key themes in research and practice Each chapter relates to an aspect of the core education curriculum delineated by the European Academy of Occupational Health Psychology Written by internationally recognized experts in the field Examines a host of contemporary workplace health issues, including work-related stress; the psychosocial work environment; positive psychology and employee well-being; psychosocial risk management; workspace design; organizational research methods;

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and corporate culture and health

International Journal of Mainstream Social Science: Vol.2, No.2

Psychosocial Safety Climate

Organizational Interventions for Health and Well-being

Contributions from Developmental Work Research

Human Safety and Risk Management

Work and Organizational Psychology