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*Is your
leadership a
competitive
advantage, or
is it costing
you? How do you
know? Are you*

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*developing your
leadership
effectiveness
at the pace of
change? For
most leaders
today,
complexity is
outpacing their
personal and
collective
development.
Most leaders*

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*are in over
their heads,
whether they
know it or not.
The most
successful
organizations
over time are
the best led.
While this has
always been
true, today
escalating*

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global

*complexity puts
leadership
effectiveness
at a premium.*

Mastering

Leadership

involves

*developing the
effectiveness*

*of leaders—indi-
vidually and co-
llectively—and*

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*turning that
leadership into
a competitive
advantage. This
comprehensive
roadmap for
optimal
leadership
features:
Breakthrough
research that
connects
increased*

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leadership effectiveness with enhanced business performance The first fully integrated Universal Model of Leadership—one that integrates the best theory and research in

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*the fields of
Leadership and
Organizational
Development
over the last
half century A
free, online
self-assessment
of your
leadership,
using the
Leadership
Circle Profile,*

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*visibly
outlining how
you are
currently
leading and how
to develop even
greater
effectiveness
The five stages
in the
evolution of le
adership—Egocen
tric, Reactive,*

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*Creative,
Integral, and
Unitive—along
with the
organizational
structures and
cultures that
develop at each
of these stages
Six leadership
practices for
evolving your
leadership*

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*capability at a
faster pace A
map of your
optimal path to
greater
leadership
effectiveness
Case stories
that facilitate
pragmatic
application of
this Leadership
Development*

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System to your particular situation This timeless, authoritative text provides a systemic approach for developing your senior leaders and the leadership system of your

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organization.

*It does not
recommend quick
fixes, but
argues that
real
development
requires a
strategic, long-
term, and
integrated
approach in
order to forge*

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*more effective
leaders and
enhanced
business
performance.
Mastering
Leadership
offers a
developmental
pathway to
bring forth the
highest and
best use of*

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*yourself, your
life, and your
leadership. By
more
meaningfully
deploying all
of who you are
every day,
individually
and
collectively,
you will
achieve a*

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*leadership
legacy
consistent with
your highest
aspirations.
Use this
helpful book to
learn about the
leadership
tools to fuel
success, grow
your team, and
become the*

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*visionary you
were meant to
be. True
leadership
isn't a matter
of having a
certain job or
title. In fact,
being chosen
for a position
is only the
first of the
five levels*

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every effective leader achieves. To become more than "the boss" people follow only because they are required to, you have to master the ability to invest in

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*people and
inspire them.
To grow further
in your role,
you must
achieve results
and build a
team that
produces. You
need to help
people to
develop their
skills to*

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*become leaders
in their own
right. And if
you have the
skill and
dedication, you
can reach the
pinnacle of lea
dership—where
experience will
allow you to
extend your
influence*

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*beyond your
immediate reach
and time for
the benefit of
others. The 5
Levels of
Leadership are:*

1.

*Position—People
follow because
they have to.*

*2. Permission—P
eople follow*

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because they want to. 3. Production—People follow because of what you have done for the organization. 4. People Development—People follow because of what you have done for

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them

*personally. 5.
Pinnacle—People
follow because
of who you are
and what you
represent.*

*Through humor,
in-depth
insight, and
examples,
internationally
recognized*

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leadership expert John C. Maxwell describes each of these stages of leadership. He shows you how to master each level and rise up to the next to become a more influential,

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*respected, and
successful
leader.*

*Become a Better
Leader by
Improving Your
Emotional
Intelligence
Bestselling
author DANIEL
GOLEMAN first
brought the
concept of*

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*emotional
intelligence
(EI) to the
forefront of
business
through his
articles in
Harvard
Business
Review,
establishing EI
as an
indispensable*

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*trait for
leaders. The
Emotionally
Intelligent
Leader brings
together three
of Goleman's
bestselling HBR
articles. In
"What Makes a
Leader?"
Goleman
explores*

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*research that
found that
truly effective
leaders are
distinguished
by high levels
of self-
awareness and
sharp social
skills. In "The
Focused
Leader,"
Goleman*

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explains

neuroscience

research that

proves that

"being focused"

is more than

filtering out

distractions

while

concentrating

on one thing.

In "Leadership

That Gets

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Results,"

Goleman draws on research to outline six distinct leadership styles, each one springing from different components of emotional intelligence. Together, these

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*three articles
guide leaders
to recognize
the direct ties
between EI and
measurable
business
results.*

*Emotional
intelligence
has been shown
to be more
important than*

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other

*competencies in
determining
outstanding
leadership.*

*Emotions drive
some of our
most critical
professional in
teractions--whe
ther you're
inspiring your
team to higher*

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*performance,
persuading your
boss to see
something from
your point of
view, dealing
with difficult
colleagues, or
managing your
own stress
level. Indeed,
knowing how to
manage emotions*

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has become one of the crucial criteria in hiring and promotion. This specially priced five-volume set includes books from the HBR Guide series on the topics of Emotional

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*Intelligence,
Office
Politics,
Dealing with
Conflict,
Managing Stress
at Work, and
Managing Up and
Across. You'll
learn how to:
Monitor and
channel your
moods and*

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reactions

Determine your

emotional

intelligence

strengths and

weaknesses Deal

with difficult

people

Understand when

to resolve a

conflict head-

on--and when to

let it go

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Influence

*others across
the*

organization

Build

supportive

alliances with

coworkers and

colleagues

Handle

workplace

stress in

productive ways

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*Arm yourself
with the advice
you need to
succeed on the
job with the
most trusted
brand in
business.*

*Packed with how-
to essentials
from leading
experts, the
HBR Guides*

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*provide smart
answers to your
most pressing
work
challenges.*

*Word Phrase
Study: Primal
Leadership by
Daniel Goleman
Return on
Character
An Integrated
Framework for*

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*Breakthrough
Performance and
Extraordinary
Business
Results
Becoming a
Resonant Leader
Focus (HBR
Emotional
Intelligence
Series)
Proven Steps to
Maximize Your*

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Potential

*Helping People
Change*

Confronted by
omnipresent threats of
job loss and change,
even the brightest
among us are anxious.
Packed with practical
advice and inspiring
stories, "Flying
Without a Net"
explains how to draw

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strength from
vulnerability.

When asked to define
the ideal leader, many
would emphasize
traits such as
intelligence,
toughness,
determination, and
vision—the qualities
traditionally
associated with
leadership. Often left

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off the list are softer, more personal qualities—but they are also essential.

Although a certain degree of analytical and technical skill is a minimum requirement for success, studies indicate that emotional intelligence may be the key attribute that

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distinguishes
outstanding
performers from those
who are merely
adequate.

Psychologist and
author Daniel
Goleman first brought
the term "emotional
intelligence" to a wide
audience with his
1995 book of the same
name, and Goleman

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first applied the concept to business with a 1998 classic Harvard Business Review article. In his research at nearly 200 large, global companies, Goleman found that truly effective leaders are distinguished by a high degree of emotional

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intelligence. Without it, a person can have first-class training, an incisive mind, and an endless supply of good ideas, but he or she still won't be a great leader. The chief components of emotional intelligence—self-awareness, self-regulation, motivation, empathy, and social

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skill—can sound unbusinesslike, but Goleman found direct ties between emotional intelligence and measurable business results. The Harvard Business Review Classics series offers you the opportunity to make seminal Harvard Business Review

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articles a part of your permanent management library. Each highly readable volume contains a groundbreaking idea that continues to shape best practices and inspire countless managers around the world—and will have a direct impact on you today and for years to

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Do you have what it takes to succeed in your career? The secret of success is not what they taught you in school. What matters most is not IQ, not a business school degree, not even technical know-how or years of expertise. The single most

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important factor in job performance and advancement is emotional intelligence.

Emotional intelligence is actually a set of skills that anyone can acquire, and in this practical guide, Daniel Goleman identifies them, explains their importance, and

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shows how they can be fostered. For leaders, emotional intelligence is almost 90 percent of what sets stars apart from the mediocre. As Goleman documents, it's the essential ingredient for reaching and staying at the top in any field, even in high-tech

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careers. And organizations that learn to operate in emotionally intelligent ways are the companies that will remain vital and dynamic in the competitive marketplace of today—and the future. Managing the human side of work Research

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by Daniel Goleman, a psychologist and coauthor of Primal Leadership, has shown that emotional intelligence is a more powerful determinant of good leadership than technical competence, IQ, or vision. Influencing those around us and supporting our own

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well-being requires us to be self-aware, know when and how to regulate our emotional reactions, and understand the emotional responses of those around us. No wonder emotional intelligence has become one of the crucial criteria in hiring and promotion.

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But luckily it's not just an innate trait: Emotional intelligence is composed of skills that all of us can learn and improve on. In this guide, you'll learn how to:

- Determine your emotional intelligence strengths and weaknesses
- Understand and

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manage your

emotional reactions

Deal with difficult

people Make smarter

decisions Bounce

back from tough times

Help your team

develop emotional

intelligence Arm

yourself with the

advice you need to

succeed on the job,

with the most trusted

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brand in business.

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Critical Questions for
Becoming a More
Effective Leader and
Reaching Your
Potential

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The Emotionally
Intelligent Leader
Reaching Goals with
Prayer, Courage and
Determination
The Real Reason
Leaders and Their
Companies Win
Why It Can Matter
More Than IQ
Leading from Here to
There Study Guide
Emotional Intelligence

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Learn how to win the war in your mind by filling your heart with the truth of the Holy Spirit and defending yourself against harmful thought patterns. Whether you recognize it or not, you're at war with yourself. Anxiety --Selfishness--Self-sabotaging tendencie

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s--Narcissism--The
black dog of
depression... But
whatever your battle
may be, all is not lost.
You can win...if you
choose to engage. In
this five-session
video Bible study
(DVD sold
separately), Levi
Lusko explains how
you can fight this
battle by declaring

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war on your thoughts, your words, and your actions. Levi candidly shares about his struggles with moodiness, bullying, suicidal thoughts, and night terrors to show how you--with the help of the Holy Spirit--can achieve victory by learning to think right so you can

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live right. So that you
can claim the victory
God has for you. The I
Declare War Study
Guide includes: Video
teaching notes
Discussion questions
Bible exploration
Weekly personal
study Reflection
materials Sessions
include: It's Time to
Declare War
Declaring War on

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Your Thoughts
Declaring War on
Your Words Declaring
War on Your Actions
Your Secret Weapon
in the Battle It's time
to stop being your
own worst enemy. It's
time to declare war
and become the
person, the spouse,
the parent, the leader
God intended you to
be. Designed for use

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with I Declare War
Video Study
(9780310094913),
sold separately.

Winner of the
University of San
Diego Outstanding
Leadership Book
Award 2012!

Shortlisted for the
British Psychological
Society Book Award
2011! Shortlisted for
the CMI (Chartered

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Management
Institute)

Management Book of
the Year Award
2011–2012!

According to John
Adair, the most
important word in
the leader's
vocabulary is "we"
and the least
important word is "I".
But if this is true, it
raises one important

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question: why do psychological analyses of leadership always focus on the leader as an individual – as the great "I"? One answer is that theorists and practitioners have never properly understood the psychology of "we-ness". This book fills

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this gap by presenting a new psychology of leadership that is the result of two decades of research inspired by social identity and self-categorization theories. The book argues that to succeed, leaders need to create, champion, and embed a group

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identity in order to cultivate an understanding of 'us' of which they themselves are representative. It also shows how, by doing this, they can make a material difference to the groups, organizations, and societies that they lead. Written in an accessible and

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engaging style, the book examines a range of central theoretical and practical issues, including the nature of group identity, the basis of authority and legitimacy, the dynamics of justice and fairness, the determinants of followership and charisma, and the

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practice and politics of leadership. The book will appeal to academics, practitioners and students in social and organizational psychology, sociology, political science and anyone interested in leadership, influence and power.

Terry Cook, an

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experienced leader, teacher and life coach, shares a practical leadership game plan for anyone who leads a company, a home, a team, a service organization, or some other type of group. Proven effective in a vast array of leadership contexts around the world,

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Lead, Develop, Care is the go-to framework every leader needs--and can put to use right away. It's straightforward and simple but powerful in its impact.

The first prescriptive, innovative guide to seeing inflection points before they happen--and how to harness these

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disruptive influences to give your company a strategic advantage.

Paradigmatic shifts in the business landscape, known as inflection points, can either create new, entrepreneurial opportunities (see Amazon and Netflix) or they can lead to devastating

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consequences (e.g., Blockbuster and Toys R Us). Only those leaders who can "see around corners"-that is, spot the disruptive inflection points developing before they hit-are poised to succeed in this market. Columbia Business School Professor and corporate consultant

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Rita McGrath

contends that inflection points, though they may seem sudden, are not random. Every seemingly overnight shift is the final stage of a process that has been subtly building for some time. Armed with the right strategies and tools, smart businesses can

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see these inflection points coming and use them to gain a competitive advantage. Seeing Around Corners is the first hands-on guide to anticipating, understanding, and capitalizing on the inflection points shaping the marketplace.

What to Ask the

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Person in the Mirror
Emotional
Intelligence
Coaching with
Compassion for
Lifelong Learning
and Growth
Shaping a Different
Kind of Leader
Transforming the Art
of Leadership Into
the Science of Results
Unleashing the
Power of Emotional

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Intelligence

HBR Guide to

Emotional

Intelligence (HBR
Guide Series)

As business
reinvents itself
at broadband
speed, what
makes leaders
effective has
inevitably been

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transformed. Old assumptions and old modes no longer hold; a new style of leadership that works has emerged amidst the chaos of change. This new leader excels in the art

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of relationship,
the singular
expertise which
the changing
business climate
renders
indispensable.
Excellence is
being defined in
interpersonal
terms as
companies have

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stripped out
layers of
managers, as
corporations
merge across
national
boundaries, and
as customers
and suppliers
redefine the web
of connection.

Bestselling

Page 80/271

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author Daniel

Goleman argues
that emotionally
intelligent

leaders are now
'must-haves' for
business today.

But many
readers have
been left with,
So now what do I
do? The New

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Leaders answers that question by laying out the map for transforming leadership in individuals, in teams and organisations. Primal Leadership
Unleashing the Power of

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Emotional Intelligence Harvard
Business Press
Overview Even
with the best
intentions,
business leaders
find it difficult to
make measurable
behavior changes
to create
effective long-

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term growth. In this book, award-winning executive coach Yan Maschke declares that the most effective leaders use more than just the Mind to reach their full potential. They

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embrace

Embodied

Leadership, a
leadership

approach that
actively

integrates the
holistic

intelligence of
the Body and

Mind to increase
leadership

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effectiveness,
impact, and
fulfillment.

Drawing on 25
years of
experience as a
corporate
executive,
management
consultant,
executive coach,
and strategic

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advisor, Maschke uses her cross-cultural life experience to bring an integrative Mind-Body approach that delivers proven results. By working with the Body and Mind in

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cultivating their
BEING ("inner
game"), leaders
can deepen self-
awareness. By
working with the
Body and Mind in
cultivating their
DOING ("outer
game"), leaders
can accelerate
real change.

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Details This book offers practical applications to address real-life leadership challenges while referencing modern neuroscience and ancient wisdom. In her engaging story-telling

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style, Maschke highlights eight case studies of successful leaders enhancing their Embodied Leadership. She shows how they used the leadership strategies and

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practices to
become better
leaders and
happier people.
Leaders learn
how to connect
with their
authentic self,
develop
emotional
intelligence,
enhance

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executive

presence, drive
change, learn
impulse control,
listen powerfully,
think and act
strategically, and
lead through
delegation. Each
case study is
followed by an
Embodied

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Leadership

Practice that can be put into use right away. Filled with artistic illustrations, this easy-to-read business book is designed to delight the eye and can be read in a single

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sitting, though the concepts and practices will remain with the reader for the rest of her career. This book is for leaders who are tired of the same old tools and are interested in

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creative yet
proven ways to
achieve better
leadership
results while
feeling whole.
Leadership
coaches may
also use this
book to build the
next generation
of high-

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performing
leaders.

Whatever your
role, this book
aims to unlock
your full
business
potential and
create a better
way to lead.

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“ Students talk about Stewart D. Friedman, a management professor at the Wharton School, with a mixture of earnest admiration, gratitude and rock star adoration. ” —New

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York Times In
this national
bestseller, Stew
Friedman gives
you the tools you
need to achieve
“ four-way
wins ” —improved
performance in
all domains of
life: work, home,
community, and

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self. Friedman,
celebrated
professor and
founding director
of the Wharton
School ' s
Leadership
Program and its
Work/Life
Integration
Project, explains
how three simple

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yet potent
principles—be
real, be whole,
and be
innovative—can
help you, no
matter what your
age or what you
do for work,
become a better
leader and have
a richer life. In

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this engaging
adaptation of his
hands-on
Wharton course,
he offers step-by-
step instruction
to help you
create positive,
sustainable
change in your
world. This
proven,

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programmatic
method teaches
you how to
produce stronger
results at work,
find clearer
purpose, feel
less stressed,
strengthen
connections with
the people who
matter most to

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you, contribute further to important causes, and gain greater support for your vision of your future. If you ' re ready to learn to lead in all parts of your life—this is the book for you.

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For a full array of Total Leadership tips and tools, visit to talleadership.org. Also look for Stew Friedman ' s book, Leading the Life You Want, which builds on Total Leadership by

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profiling well-known
leaders—from
Bruce
Springsteen to
Michelle
Obama—who
exemplify its
principles and
demonstrate how
success in your
work is

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accomplished not at the expense of the rest of your life, but as the result of meaningful attachments to all its parts.

The New
Leaders
Emotional
Intelligence 2.0

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The 5 Levels of
Leadership
A Practical Guide
to Prevention
and Recovery
Lift

Leadership That
Gets Results
(Harvard
Business Review
Classics)

Four Keys to

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Winning the
Battle with
Yourself

***Do you want to
discover how to
guide people in
the right
direction by
recognising
their emotions?
Do you wonder
why some***

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***people are
progressing
faster in their
career than
you, even when
they seem less
smart? Do you
want to learn
how to manage
people more
effectively, so
you can cut
your workweek***

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***from 60 hours
to 40 hours?
Then keep on
reading... A
recent study in
Career Builder
shows that 71%
of the hiring
managers said:
'An employee's
Emotional
Intelligence (or
EQ), is more***

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important than their IQ'. 75 Percent of them even said they were more likely to promote a high-EQ employee than a high IQ employee. Which is why ... since it was first labeled by

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professor

***Daniel Goleman
in his 1995 best
seller,
Emotional
Intelligence ...
more and more
evidence shows
that your EQ
has a bigger
influence on
your success as
a leader than***

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***your IQ. And
luckily, it's a
skill that can be
acquired
without months
of studying.
Here's a tiny bit
of what you'll
discover in
'Emotional
Intelligence for
Leadership'
How to leverage***

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***positive
emotions in
people to
increase their
productivity
and happiness
(page 40 and
page 53) How
to recognise 3
key emotions
from other
people and
build better***

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***relationships
(page 39) How
to avoid
complaining
and mockery
within your
workforce (page
126) How to
manage your
own emotions
so you can
make decisions
based on sound***

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***logic and
reasoning (page
26) How to use
your voice to
influence
people and
regain the
positive spirit
in your team
(page 99) How
to turn jealousy
into motivation
by putting***

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***things in
another
perspective
(page 117) How
to deal with the
biggest enemy
for the
productivity of
your team (page
122) And much,
much more.
Even if your
empathy***

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hundreds of separate
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eludes many people and organizations. One reason, says Daniel Goleman, is that such experts offer advice based on inference, experience, and instinct, not on quantitative data. Now, drawing on research of more than 3,000 executives, Goleman explores which precise leadership behaviors

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yield positive results.

He outlines six distinct leadership styles, each one springing from different components of emotional intelligence.

Each style has a distinct effect on the working atmosphere of a company, division, or team, and, in turn, on its financial performance. Coercive leaders demand

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immediate compliance. Authoritative leaders mobilize people toward a vision. Affiliative leaders create emotional bonds and harmony. Democratic leaders build consensus through participation. Pacesetter leaders expect excellence and self-direction. And coaching leaders develop people for the

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future. The research indicates that leaders who get the best results don't rely on just one leadership style; they use most of the styles in any given week.

Goleman details the types of business situations each style is best suited for, and he explains how leaders who lack one or more of these styles can

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expand their repertoires. He maintains that with practice leaders can switch among leadership styles to produce powerful results, thus turning the art of leadership into a science. The Harvard Business Review Classics series offers you the opportunity to make seminal Harvard

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Annotation.

Does the character
of our leaders
matter? You may
think this question
was answered long

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ago. Countless business authors and analysts have assured us that great leadership demands great character. Time and again, we've seen that truth play out, as once-thriving organizations falter and fail under the guidance of leaders

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behaving badly.

Why, then, do so many executives remain skeptical about the true value of leadership character? A winning strategy and a sound business model are what really matter, they argue; character is just the icing on the

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cake. What's been missing from this debate is hard evidence: data that shows not only that leadership character matters for organizational success, but how it matters; and concrete evidence that it leads to better business results.

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Now, in this groundbreaking book, respected leadership researcher, adviser, and author Fred Kiel offers that evidence—solid data that demonstrates the connection between character, leadership excellence, and

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organizational results. After seven years of rigorous research based on a landmark study of more than 100 CEOs and over 8,000 of their employees' observations, Kiel's findings show that leaders of strong character achieved up to five times the

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ROA for their organizations as did leaders of weak character. Return on Character goes on to reveal:

- How leadership character is formed, how it creates value, and how that value spreads throughout the organization
- How low-character

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leaders undermine the success of even the best business plans • How leaders at any level can develop the habits of strong character and “unlearn” the habits of poor character The book also provides a character-building methodology—step-by-step

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advice and techniques for assessing your own character habits and improving your performance and that of your organization. Return on Character provides the blueprint for building your own leadership character and

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creating a character-driven organization that achieves superior business results.

What distinguishes great leaders?

Exceptional leaders capture passion.

They lead for real: from the heart, smart and focused on the future, and with a

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commitment to being their very best. As Annie McKee and Richard Boyatzis have shown in their bestselling books Primal Leadership and Resonant Leadership, they create resonance with others. Through resonance, leaders become attuned to

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the needs and dreams of people they lead. They create conditions where people can excel. They sustain their effectiveness through renewal. McKee, Boyatzis, and Frances Johnston share vivid, real-life stories illuminating how

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people can develop emotional intelligence, build resonance, and renew themselves. Reflecting twenty years of longitudinal research and practical wisdom with executives and leaders around the world, this new book is organized around

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a core of experience-tested exercises.

These tools help you articulate your strengths and values, craft a plan for intentional change, and create resonance with others. Practical and inspiring, *Becoming a Resonant Leader* is your hands-on

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Buehler. At the
dawn of the
next world war,
a plane crashes
on an uncharted
island,
stranding a
group of**

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schoolboys. At first, with no adult supervision, their freedom is something to celebrate. This far from civilization they can do anything they want. Anything. But as order

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**collapses, as
strange howls
echo in the
night, as
terror begins
its reign, the
hope of
adventure seems
as far removed
from reality as
the hope of
being rescued.
Bestselling**

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pastor Bill
Hybels helps
equip leaders
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skills that
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in order to
grow their
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of the video
sessions will**

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WORDS FOUND IN
PRIMAL
LEADERSHIP BY
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GOLEMAN. Last week some friends of mine had come over for dinner and asked me the question, "Dan, what do you collect?" I was taken aback for a moment, as I had grown used to my role as

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**the one asking
all the
questions. I
just simply had
never
considered the
question for
myself. I was
always asking
the question of
others.
Strangely, my
curiosity**

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**served as a
blinder to
introspection!
I hesitated for
a moment,
thinking, then
answered, "I
collect ideas."
It was an on-
the-spot
epiphany.
Actually, I
believe that is**

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**the nature of
any
epiphany. For me
it was
interesting
that I just
hadn't realized
my variety of
collection
until that
moment, and the
effect was
cathartic. I**

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**have been
studying ideas,
words and
phrases for
years. And so
this short
study is a
collection of
phrases, an
alchemy of
sorts, from one
of my favorite
authors, Daniel**

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**Goleman. Every
time I re-read
his
(collective)
work, I am amazed
by his grasp
not only of
psychology, EQ,
and leadership-
but of the
English
language
itself. To be**

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**fair, the
featured work,
Primal
Leadership is a
collaboration
between
Goleman,
Richard
Boyatzis, and
Annie McKee. It
is entirely
possible that
Goleman gets**

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**all the credit
for this work.
For all we know
it is Richard
or Annie who
hold such
mastery over
the English
language. Or
perhaps the
mastery at this
level is more
possible only**

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through such a collaborative effort. Or was it the editors, unsung forever in their hidden toils? In every topic, is there not a language? And with every language, are there words and phrases known

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**particularly to
its speakers?**

**It is with this
question in
mind that I
launched a
study of the
words used by
these and now
other authors
in a variety of
genres. Can we
better learn a**

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**topic through
the analysis of
words and
phrases known
primarily to
its micro-
culture? Can we
speedily gain
greater
dexterity and
competence
within a domain
through such a**

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**study? Better
yet, can we
make such a
process more
efficient? As
mentioned, the
work that
follows is a
collection of
words and
phrases from
Primal
Leadership. As**

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a collector, it
is my intention
to unearth
hidden
linguistic gems
found within as
a sort of
helper for any
reader, as well
as an offering
of praise to
the authors. I
enjoy the

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**visual of my
hands extending
out to you,
serving up a
pile of
powerful
linguistic
gems. The
functionality
that resides
inside these
words and their
use can serve**

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you in your
endeavors. I
noticed,
through my
collecting
process,
Goleman's
masterful
placement of
words and
phrases to make
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especially
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of metaphor and
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lingo. I also
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see a multidimensional
linguistic
hybrid that
crosses the
simple with an
advanced, more
sophisticated
terminology.
The effect
makes a
compelling read**

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**in what may
otherwise prove
dull for the
average
student. I found
myself
wondering if
others have
noticed the
pronounced
linguistic
mastery within
the work. I may**

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most

appropriate
strategy, or
combination of
strategies,
that will best
enable their
school to
achieve
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effective

leadership in
readers' own
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You're trying
to help--but is
it working?

Helping others
is a good
thing. Often,
as a leader,
manager,
doctor,

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people,
correcting
problems or
filling the
gaps between
where they are
and where we
think they
should be.

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this doesn't
work well, if
at all, to

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they say,
cannot be
focused
primarily on
fixing
problems, but
instead must
connect to that
person's
positive vision
of themselves
or an inspiring
dream or goal

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they've long held. This is what great coaches do--they know that people draw energy from their visions and dreams, and that same energy sustains their efforts

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to change, even through difficult times. In contrast, problem-centered approaches trigger physiological responses that make a person defensive and less open to

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Today Everyone
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IQ is no
guarantee of
success,
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Self-Awareness,
Assertiveness
and Your
Ability to
Manage People
**Who hasn't
suffered at one
time or another
from exhaustion,
cynicism, and a
lack of**

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effectiveness? But combine them over time and you're flirting with a disaster of catastrophic magnitude--burnout.

Elegantly defined as the depletion of personal agency (the apparatus driving our ability

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to initiate and execute actions) burnout effectively wipes out our ability to be effective, much less engaged. And the cost of burnout is astronomical in all its forms and phases, including the profound and

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lasting effects it has on employees and workplace cultures. Based on extensive research and full of real-world stories and examples, workplace culture experts Rob and Terri Bogue take a deep dive into the

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signs, sources,
and solutions of
burnout and
deliver an
essential resource
that helps anyone
identify, prevent,
and recover from
burnout.

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introduced us to
"resonant"
leaders--individual
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their own and
others' emotions in
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everywhere
recognized the
validity of resonant
leadership, but

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framework for
creating the
resonance that
fuels great
leadership. Rather
than constantly
sacrificing
themselves to
workplace
demands, leaders
can manage the
cycle using

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specific techniques to combat stress, avoid burnout, and renew themselves physically, mentally, and emotionally. The book reveals that the path to resonance is through mindfulness, hope,

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and compassion
and shows how
intentionally
employing these
qualities creates
effective and
enduring
leadership. Great
leaders are
resonant leaders.
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the

inspiration--and
tools--to spark and
sustain resonance
in ourselves and in
those we lead.

In his defining
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channel your
moods and
emotions Make
smart, empathetic
people decisions
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and regulate
emotions within
your team React to

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tough situations
with resilience
Better understand
your strengths,
weaknesses,
needs, values, and
goals Develop
emotional agility
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We have long
been taught that
emotions should
be felt and
expressed in
carefully controlled
ways, and then
only in certain

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environments and
at certain times.

This is especially
true when at work,
particularly when
managing others.

It is considered
terribly

unprofessional to
express emotion
while on the job,
and many of us

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believe that our biggest mistakes and regrets are due to our reactions at those times when our emotions get the better of us. David R. Caruso and Peter Salovey believe that this view of emotion is

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not correct. The emotion centers of the brain, they argue, are not relegated to a secondary place in our thinking and reasoning, but instead are an integral part of what it means to think, reason, and

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to be intelligent. In
The Emotionally
Intelligent
Manager, they
show that emotion
is not just
important, but
absolutely
necessary for us to
make good
decisions, take
action to solve

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problems, cope with change, and succeed. The authors detail a practical four-part hierarchy of emotional skills: identifying emotions, using emotions to facilitate thinking, understanding

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emotions, and
managing
emotions—and
show how we can
measure, learn,
and develop each
skill and employ
them in an
integrated way to
solve our most
difficult work-
related problems.

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