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Winner of the Guardian Children
Fiction's Prize 2016 Shortlisted for the
YA Book Prize 2017 Living on the
South Crongton council estate has its

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worries - and life for McKay has been even tougher since his mum died. His dad has been working all hours to keep the bailiffs from their door. His brother is always out riding the streets at night, tempting trouble. And now, having strayed off his turf on a 'heroic' (if misguided) mission to help out a girl,

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McKay finds himself facing a friend's crazy ex-boyfriend, some power-tripping hood-rats and a notoriously violent gangster with a vendetta which hits too close to home. Poor McKay. He never asked for trouble . . . But during one madcap night of adventure and danger, he will find out who his true

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friends are and what it means to stick with your family. Crongton Knights is a very funny, very moving story that shows that although life is testing, the lessons learned the hard way are the ones you'll never forget.

This booklet provides guidance for those who have any involvement with

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the operation and management of health and safety in swimming pools: primarily pool owners (including local authority clients), pool operators (including management contractors), architects, engineers, designers, manufacturers and constructors. Aspects of this guidance will also apply

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to pool hirers. Its aim is to provide guidance on the risks associated with swimming pool operation and the precautions which may be taken to help achieve a safer environment for people who use swimming pools and employees who work at them. The revision brings the guidance up to date with changes in

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health and safety law and new developments in relation to equipment, facilities and supervision arrangements. Andrew McCarthy grows concerned for his family after he catches a young man, Zachary Denton, photographing his daughter, Grace McCarthy, and other children at a park. To his dismay,

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Zachary talks his way out of trouble when he's confronted by the police. He hopes that's the end of it. Then he finds Zachary at a diner and then at a grocery store. He knows their encounters aren't coincidences. And just as Andrew prepares to defend his family, Grace vanishes. As the police

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search stalls and the leads dry up, Andrew decides to take matters into his own hands. He starts by searching for sex offenders in the area and researching enhanced interrogation techniques... He convinces himself he'll do anything to rescue his daughter, unaware of the pure evil he'll face in his

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journey. He's willing to hurt-to torture- anyone to save his family. Jon Athan, the author of Into the Wolves' Den and The Abuse of Ashley Collins, delves into the underworld of internet predators in this disturbing horror novel. Are your children safe? WARNING: This book contains graphic content. Reader

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discretion is advised.

Principles and Practice

Pediatric First Aid and CPR

Safe Practice in Physical Education

Numismatic History of the Royal Life

Saving Society - Australia

MusicPhysio

The WHO Global report on

Page 11/82

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**drowning: preventing a
leading killer highlights
that 372,000 people drown
worldwide each year.**

**Drowning is among the ten
leading causes of death for
children and young people in
every region of the world.**

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The report sets out the evidence showing a range of effective drowning prevention strategies, and makes a number of recommendations for concrete measures to be taken by national and local

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**governments. With the
release of this report, WHO
aims to galvanize attention
and action to this issue by
highlighting how
collaboration across sectors
can save lives.--Publisher
description.**

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**A journal to write things
and let your creativity and
ambitions run wild.**

**Understanding the law is now
a more important part of
youth work practice than
ever before, and all
successful youth work**

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professionals need to understand the way that law and policy supports good ethical practice. This book provides a coherent overview of the legal processes and requirements encountered by today's youth work

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professionals, helping readers learn how to make informed ethical judgements and offer appropriate advice to young people. It offers an insight into how laws are made, explains major legal requirements for safe youth

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work practice and details a range of guidance on the current frameworks and legislation students and practitioners need to be aware of. Using real world scenarios, case studies, and reflective questions, it

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helps the reader to engage critically with the current legal context of youth work, and develop their thinking, skills and practice. This is essential reading for all students working towards professional recognition in

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**work with young people.
The Solicitors' Journal
Crongton Knights
Basic Water Rescue
GUIDELINES for Safe Pool
Operation -3rd
Preventing a Leading Killer
History of the RLSS**

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Commonwealth Mountbatten
Medal

This must-read for
lovers of Stephen King's
The Shining will leave
readers breathless as
Seda and her family find

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themselves at the mercy of a murderer in an isolated and snowbound hotel. Get ready for what Kirkus calls "A bloody, wonderfully creepy scare ride." When

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her mom inherits an old,
crumbling mansion,
Seda's almost excited to
spend the summer there.
The grounds are
beautiful and it's fun
to explore the sprawling

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house with its creepy rooms and secret passages. Except now her mom wants to renovate, rather than sell the estate—which means they're not going back

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to the city...or Seda's friends and school. As the days grow shorter, Seda is filled with dread. They're about to be cut off from the outside world, and she's

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not sure she can handle the solitude or the darkness it brings out in her. Then a group of teens get stranded near the mansion during a blizzard. Seda has no

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choice but to offer them shelter, even though she knows danger lurks in the dilapidated mansion—and in herself. And as the snow continues to fall, what

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Seda fears most is about
to become her reality...

As the number of
community pools and
waterparks grows
nationwide,
participation in aquatic

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activities is also growing. Lifeguards must receive proper and effective training, and maintain their skills to ensure their ability to work effective with

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others as a part of a lifeguard team. This manual will supplement your in-service training to keep your knowledge and skills sharp.

Alone

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Understanding Youth Work
Law

The Award in Education
and Training

How to Make a Great
Living Doing What You
Love

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The Science of Beach
Lifeguarding

This volume contains all
presentations at the MusicPhysio
Congress, the first international
conference on
physiotherapy/occupational

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therapy and musicians' health. It covers current aspects of physiotherapy relating to the assessment and management of pain disorders in instrumentalists, singers, and dancers. As many musicians complain of

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neuromusculoskeletal pain,
physiotherapy plays a major role
in prevention, diagnosis and
therapy. (Series: Medicine /
Medizin, Vol. 14) [Subject: Health,
Physiotherapy, Music Studies]
The Award in Education and

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Training is the threshold qualification for anyone wanting to teach in a wide range of contexts including the further education and skills sector, workplace learning, offender learning and adult and community settings. This

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user-friendly text is your guide to all the units of the Award and is a key text for the course. Structured around the teaching, learning and assessment cycle, it includes full coverage of all units as well as information relevant to the

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Learning and Development units. Examples, activities and checklists help link theory to practice. The text is written for all learners and all awarding organisations. This revised edition is updated for the new qualification requirements

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and the Professional Standards for Teachers and Trainers. • A key text for the new Award in Education and Training. • Contents specifically follow the teaching, learning and assessment cycle, and match the qualification

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requirements. • Readable, relevant and easy to understand. • Provides valuable support for prospective teachers and trainers with little or no previous experience. • An excellent foundation for those considering or

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progressing to further teaching qualifications. ?Ann Gravells is leading a CPD Day on 22nd June in London. The event will focus on Raising quality and improving practice in the FE and Skills sector and is a rare opportunity to learn

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from leading experts. There will only be a limited number of seats available, so book your place here to avoid disappointment.

This New American Red Cros
CPR/AED for the Professional
Rescuer Participant's Manual and

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course reflect changes based on the 2005 Consensus on Science for CPR and Emergency Cardiovascular Care (ECC) and the Guidelines 2005 for First Aid. Changes to this program and manual include simplifications to

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many of the CPR skill sequences, which helps improve retention. There have also been changes to help improve the quality of CPR. The integration of CPR skills into the operation of AEDs had changed to help improve survival

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from sudden cardiac arrest. Professional rescuers are now trained to use AEDs on adults and children. Information has been updated and added to this program to help professional rescuers administer epinephrine,

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aspirin and fixed-flow-rate oxygen. The skills learned in this course include adult, child and infant rescue breathing, conscious and unconscious choking, CPR, two-rescuer CPR and adult and child AED. Additional training can be

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added to this course including bloodborne pathogens training and emergency oxygen administration. While the skills and knowledge that professional rescuers use are increasing, this training will help you meet your most important

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responsibility as a professional rescuer- the responsibility to save lives.

Canadian Life Saving Manual
Open Water Lifesaving
Individually, Societally,
Economically, Nationally

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The YMCA Lifeguard Manual
Level one

'GOLD SILVER BRONZE at ı The
Aussies" continues the tradition
established by award winning historian-
author Barry Galton of recording this
important part of surf lifesaving history
- the Australian Championships - in

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both results and photographic coverage. A complete and exhaustive record of gold, silver and bronze medal winners at this truly Aussie event. Brilliant, colourful history of the Australian Surf Lifesaving Championships spanning the past 100 years.

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'Official SQA Past Papers' provide perfect exam preparation. As well as delivering at least three years of actual past papers - including the 2008 exam - all papers are accompanied by examiner-approved answers to show students how to write the best responses for the most marks.

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History and presentation of RLSSA
awards and honours from 1892 to
present

Building a Wellness Business That
Lasts

The United States Lifesaving
Association Manual

The Health and Wellbeing Benefits of

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Swimming

One Hand Two Fingers

The World Health Organization's recently published Global Report on Drowning found that drowning is the third leading cause of unintentional injury death

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worldwide—making the information presented in this new book an important part of the global effort to reduce this health risk. Written by leading researchers and academics from around the world, The Science of

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Beach Lifeguarding focuses on the scientific evidence that underpins what is taught to and practised by beach lifeguards. It is the first book to pull together all the different areas involved in beach lifeguarding and evaluate

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their evidence base. An accessible and informative reference underpinned by the best current research, the book's key themes cover the context of beach lifeguarding, the physical environment in which lifeguards

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work, medical aspects, practical lifeguarding techniques, physiological standards for lifeguards, safety education, and future developments in beach lifeguarding. The book presents groundbreaking work quantifying

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the scientific rationale behind a universally accepted fitness standard. It supplies an in-depth examination of the risks and hazards associated with the beach environment, including rip currents and cold water

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immersion. The book includes a state-of-the-art review of drowning and a comprehensive chapter on first aid. Detailing the recently announced 2015 European Resuscitation Council Guidelines, this book is a must-

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have for beach lifeguards, beach lifeguard managers, search and rescue personnel, paramedics, sports scientists, health and safety practitioners, and occupational health practitioners. Discusses the history and

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techniques of swimming and diving, safety rescue techniques, and skills for a variety of aquatic activities.

*American Red Cross
Lifeguarding Manual Krames-
Staywell*

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Advanced Higher Biology

Let Your Imagination Go Wild

*Gold, Silver, Bronze at 'The
Aussies'*

The Mountbatten Medal

Global Report on Drowning

Covers lifeguarding responsibilities

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along with information on such topics as rescue breathing, CRP and AED, supplemental oxygen support, spinal injury management, handling risks, and professionalism. Whether a sunbathing beach in the Mediterranean, a surf beach in

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Australia, a conservation area in the UK or a wild section of wind and wave swept dunes on the Oregon coast, beaches are one of the most widely loved and heavily used and abused areas in the world.

Competing social or recreational,

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economic and conservation uses and the needs of many users make beach management particularly challenging but vitally important. This comprehensive book provides full coverage of beach management principles and practice, with an

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emphasis on needs-based management. The book comprises two sections. Part one covers beach management principles and theory and addresses practical management tools and guidelines including how to determine the best

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management strategy for different beach types (linear, pocket, resort, urban, village, rural and remote) as well as how to include user preferences and priorities in effective management plans. The second section provides a wealth of

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case studies of best and worst practice authored by a cast of international beach management experts from the UK, USA, New Zealand, the Mediterranean, and Latin America. The emphasis throughout the book is on

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optimizing economic, social and environmental outcomes and reconciling competing needs in management planning for beach area. This book is an indispensable tool kit for all professionals in beach and coastal/beach zone

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management including local and regional authorities, planners, park and protected area managers, societies, resort and beach owners and managers. It is also a comprehensive primer for university undergraduate students in

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professional planning, land, coastal zone and beach management, coastal geography as well as tourism and conservation planning and management.

Start and grow a durable business in the rapidly growing wellness

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industry! Wellness has become one of the largest and most important business opportunities of our age, fueled by massive societal trends, rapid technology innovations and hundreds of thousands of wellness business entrepreneurs. It is these

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independent teachers, trainers, and therapists, and studio, gym, spa and salon owners who transforming shopping malls and downtown districts with wellness experiences that help hundreds of millions of people live healthier, happier lives.

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Whether your goal is to open a neighborhood wellness business, work independently from home, or launch the next highly successful wellness brand Building a Wellness Business That Lasts: How to Make a Great Living Doing What You

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Love is your definitive guide. This book will teach you how to translate your passion for wellness into a compelling business vision, weave that vision into an effective business plan, and leverage the latest technologies to accelerate

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your growth. Author Rick Stollmeyer is the Co-Founder and CEO of Mindbody, Inc., the leading technology platform for the wellness industry. Across more than two decades, Rick built Mindbody from a garage startup

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into a multi-billion-dollar technology platform for the wellness industry, helping thousands of wellness business owners achieve their visions in the process. This experience gave Rick a front-row seat to the explosive growth of the

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wellness industry. He brings that unique experience and his passion for entrepreneurialism to Building a Wellness Business That Lasts. This book will inspire and inform you at the same time and will serve as a powerful guide you can refer back

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to on your path to success.
Curriculum for Excellence Through
Outdoor Learning
Swimming Teaching and Coaching
CPR/AED for the Professional
Rescuer
Swimming and Water Safety

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International Lifeguard Training
Program

This collection includes over
200 political cartoons by
prizewinning Gavin Coates.
First published in The Standard
or Asia Times Online, Coate's

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often biting work is marked by the bulbous heads, and too wide grins of his Hong Kong and Chinese officials; his large and clumsy [Chinese government] panda, and his depiction of Hong Kong officials groveling

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at their senior counterparts:
first the British, then post-
handover, the Chinese
government.

The Theoretical and
Experimental Basis of Modern
First Aid Practice

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The Pool Lifeguard Handbook
The Science of First Aid
The Groomer
On the Guard