

Secrets Of The Talking Jaguar Unmasking The Mysterious World Of The Living Maya

Raised on a Native American reservation in New Mexico, Martin Prechtel wandered as a young man throughout the landscapes of Mexico and Guatemala. Drawn in his dreams to the traditional Mayan community of Santiago Atitlan, he carved a life for himself among the villagers. Though an outsider himself, Prechtel was adopted as an apprentice by a powerful ancient Shaman. He married a Mayan woman, and became a village chief and famous Shaman in his own right - entrusted with the rich legacy of Atitlan's ancient Mayan heritage and its deepest spiritual traditions.

Things that happen to you in the past can mold you into someone you

While on a dangerous mission to help her army team take down a drug lord, Kathleen McKnight, caught in the crossfire, is rescued by a mysterious man who believes that she is his mate. Original.

A collection of quotes and sayings from the oral teachings of a leading teacher, writer and teacher of Indigenous spirituality. Martin Prechtel is widely recognized as a profound and beloved teacher for our times. Raised in the Tzutujil Maya shamanic tradition, he has dedicated his life to the preservation and promulgation of indigenous spirituality. Rescuing the Light is a collection of Prechtel's quotes and sayings spanning the course of fifteen years, and recorded at Bolad's Kitchen, a four-year course in New Mexico where students from all walks of life gather to receive hands-on training in language, history, cooking, farming, and crafts. An artist, musician, and storyteller, Prechtel teaches and initiates with passion and eloquence, awakening his students to the sacred realities present everywhere and at all times. The quotes of wisdom and inspiration collected in these pages are earth-centric and animist. Divided into thematic sections, they range from the poetic and witty to the serious and direct. Sharing his deep shamanic wisdom within a grand overview of human history, Prechtel shows us how we can reconnect with the unique and unsuspected manifestations of our own sacred selves.

A Guide to African American Wellness

The Smell of Rain on Dust

A Mayan Tale of Ecstasy, Time, and Finding One's True Form

The Jaguar Smile

A Treasury

Grief and Praise

When his archaeologist parents go missing in Central America, fourteen-year-old Max embarks on a wild adventure through the Mayan underworld in search of the legendary Jaguar Stones, which enabled ancient Mayan kings to wield the powers of living gods. Includes cast of characters, glossary, facts about the Maya cosmos and calendar, and a recipe for chicken tamales.

Prechtel's account of his 14-year love affair with a Tzutujil Mayan village on the shores of Guatemala's Lake Atitlan. Prechtel, who grew up on a Pueblo Indian reservation in New Mexico, wandered as a young man through Mexico and Guatemala. Drawn to the traditional Mayan community of Santiago Atitlan, he carved out a life for himself among the villagers. Though an outsider, he was adopted as an apprentice by a powerful, ancient shaman. He married a Mayan woman and became a village chief and a famous shaman in his own right, entrusted with the rich legacy of Atitlan's ancient Mayan heritage and its deepest cultural traditions. Here he explores the complexity and joy of contemporary Mayan village life -- a culture that is fast disappearing in the wake of modernism.

Discover What the Prophecy of 2012 Means for Your Life According to the Mayan Elders, at the moment of birth every human being is given a destiny. Our life challenge is to develop ourselves and our skills in order to fulfill this destiny, thus fueling our individual contribution to the planet. At the heart of The Book of Destiny is the sacred Mayan calendar, an extraordinary tool that allows the reader to discover this destiny, along with one's special Mayan symbol, origin, as well as the protection spirits that accompany them through life. Poetically narrated, the book describes how the calendar contains the scientific legacy of the Mayan people, preserved and transmitted over the centuries through oral tradition and written texts. Written at the request of the Mayan Elders, by member of the Guatemalan Elders Council and Mayan Priest Carlos Barrios, The Book of Destiny is a tool to help people understand their life purpose and to use this profound knowledge to make the best of their time on earth.

This groundbreaking book reveals the special strategies for keeping the HCG-slendernessNexclusive secrets previously available only to a selected few coaching clients.

A Mayan Shaman's Journey to the Heart of the Indigenous Soul

The Disobedience of the Daughter of the Sun

Sarah

Unmasking the Mysterious World of the Living Maya

The Life of Sarah Bernhardt

Electorat Realignments

Raised on a Native American reservation in New Mexico, Martin Prechtel wandered as a young man throughout the landscapes of Mexico and Guatemala. Drawn in his dreams to the traditional Mayan community of Santiago Atitlan, he carved a life for himself among the villagers. Though an outsider himself, Prechtel was adopted as an apprentice by a powerful ancient Shaman. He married a Mayan woman and became a village chief and famous Shaman in his own right - entrusted with the rich legacy of Atitlan's ancient Mayan heritage and its deepest spiritual traditions.

It is November 25, 1960, and three beautiful sisters have been found near their wrecked Jeep at the bottom of a 150-foot cliff on the north coast of the Dominican Republic. The official state newspaper reports their deaths as accidental. It does not mention that a fourth sister lives. Nor does it explain that the sisters were among the leading opponents of Gen. Rafael Leonidas Trujillo's dictatorship. It doesn't have to. Everybody knows of Las Mariposas—"The Butterflies." In this extraordinary novel, the voices of all four sisters—Minerva, Patria, María Teresa, and the survivor, Dedé—speak across the decades to tell their own stories, from hair ribbons and secret crushes to gunrunning and prison torture, and to describe the everyday horrors of life under Trujillo's rule. Through the art and magic of Julia Alvarez's imagination, the martyred Butterflies live again in this novel of courage and love, and the human cost of political oppression.

Beautiful and hilarious, tearful and rambunctious, very real, ironic and magic-filled, Martin Prechtel's new book The Mare and the Mouse is a series of lyrical songs in tribute to each of the native New Mexican horses that carried him through his youth on the Reservation and then again during the difficult times following his return home after a decade in the Mayan Highlands of Guatemala. First in the Stories of My Horses Series, The Mare and the Mouse is meant to be read aloud to crowds around campfires, especially to people who are mistaken that only rich people or rednecks ride horses. Prechtel credits both his own physical and spiritual survival in "modernity's mad rush to nowhere" with the sanity of riding and living with his natural-born Southwestern horses. Not raised for show, performance, status, or money, these little horses allowed a way of living that took him flying over ravines into deep-mountain Holy places, backwards over streams, and in general keeping alive a sparkier, older spirit in an age where horses have been grossly de-natured and sadly removed from our own everyday lives after three millennia as the closest companions of our ancestors' dreams and mythologies.

First published in 1949, this spiritual classic by Neville Goddard captures the same intensity of thought and conviction which made Goddard famous amongst progressive thinkers. In this volume we see not only a profound religious feeling, but also a sense of the dignity and responsibility of human life. Our own feeling about the results of his experiments as a whole is that they are not just an addition to our existing knowledge, but require a revolution in our whole way of thinking about the world. A wonderful read!

The Mayan Book of the Dawn of Life

The Bitter Taste of Murder

Secret Jacksonville: A Guide to the Weird, Wonderful, and Obscure

Shamanic Trance in Ancient Central and South American Art

Secrets of the Talking Jaguar

Broken Promises

Shamanism—the practice of entering a trance state to experience visions of a reality beyond the ordinary and to gain esoteric knowledge—has been an important part of life for indigenous societies throughout the Americas from prehistoric times until the present. Much has been written about shamanism in both scholarly and popular literature, but few authors have linked it to another significant visual realm—art. In this pioneering study, Rebecca R. Stone considers how deep familiarity with, and profound respect for, the extra-ordinary visionary experiences of shamanism profoundly affected the artistic output of indigenous cultures in Central and South America before the European invasions of the sixteenth century. Using ethnographic accounts of shamanic trance experiences, Stone defines a core set of trance vision characteristics, including enhanced senses, ego dissolution, bodily distortions, flying, spinning and undulating sensations, synaesthesia, and physical transformation from the human self into animal and other states of being. Stone then traces these visionary characteristics in ancient artworks from Costa Rica and Peru. She makes a convincing case that these works, especially those of the Moche, depict shamans in a trance state or else convey the perceptual experience of visions by creating deliberately chaotic and distorted conglomerations of partial, inverted, and incoherent images.

A shaman and leader of the men’s movement offers a glimpse into the complex culture of contemporary Mayan village life and spirituality

This compelling ethnography explores the issue of cultural continuity and change as it has unfolded in the representative Guatemala Mayan town Santiago Atitlán. Drawing on multiple sources, Robert S. Carlsen argues that local Mayan culture survived the Spanish Conquest remarkably intact and continued to play a defining role for much of the following five centuries. He also shows how the twentieth-century consolidation of the Guatemalan state steadily eroded the capacity of the local Mayas to adapt to change and ultimately caused some factions to reject—even demonize—their own history and culture. At the same time, he explains how, after a decade of military occupation known as la violencia, Santiago Atitlán stood up in unity to the Guatemalan Army in 1990 and forced it to leave town. This new edition looks at how Santiago Atitlán has fared since the expulsion of the army. Carlsen explains that, initially, there was hope that the renewed unity that had served the town so well would continue. He argues that such hopes have been undermined by multiple sources, often with bizarre outcomes. Among the factors he examines are the impact of transnational crime, particularly gangs with ties to Los Angeles; the rise of vigilantism and its relation to renewed religious factionalism; the related brutal murders of followers of the traditional Mayan religion; and the apocalyptic fervor underlying these events.

Twenty-five years ago, a young musician and painter named Martin Prechtel wandered through the brilliant landscapes of Mexico and Guatemala. Arriving at Santiago Atitlan, a Tzutujil Mayan village on the breathtaking shores of Lake Atitlan, Prechtel met Nicolas Chiviliu Taxacoy—perhaps the most famous shaman in Tzutujil history—who believed Prechtel was the new student he had asked the gods to provide. For the next thirteen years, Prechtel studied the ancient Tzutujil shaman and became a village chief and a famous shaman in his own right.In Secrets of the Talking Jaguar, Prechtel brings to vivid life the sights, sounds, scents, and colors of Santiago Atitlan: its magical personalities, its beauty, its material poverty and spiritual richness, its eight-hundred-year-old rituals juxtaposed with quintessential small-town gossip. The story of his education is a tale filled with enchantment, danger, passion, and hope.

The Last Legend

A Nicaraguan Journey

In the Time of the Butterflies

Long Life, Honey in the Heart

A History of Fiction in 294 Lives

The Unlikely Peace at Cuchumaquic

Martin Prechtel's experiences growing up on a Pueblo Indian reservation, his years of apprenticing to a Guatemalan shaman, and his flight from Guatemala's brutal civil war to life in the U.S. inform this lyrical blend of memoir, cultural commentary, and spiritual call to arms. The Unlikely Peace at Cuchumaquic is both an epic story and a cry to the heart of humanity based on the author's realization that human survival depends on keeping alive the seeds of our "original forgotten spiritual excellence." Prechtel relates our current state of ecological crisis to the rapid disappearance of biodiversity, indigenous cultures, and shared human values. He demonstrates how real human culture is exterminated when real (not genetically modified) seeds are lost. Like plants that become extinct once their required conditions are no longer met, authentic, unmonetized human cultures can no longer survive in the modern world. To "keep the seeds alive"—both literally and metaphorically—they must be planted, harvested, and replanted, just as human culture must become truly engaging and meaningful to the soul, as necessary as food is to the body. The viable seeds of spirituality and culture that lie dormant within us need to "sprout" into broad daylight to create real sets of cultures welcome on Earth. From the Hardcover edition.

The follow-up to Murder in Chiant finds ex-NYPD detective Nico Doyle recruited by Italian authorities to investigate the murder of a prominent wine critic. One year after moving to his late wife's Tuscan hometown of Gravigna, ex-NYPD detective Nico Doyle has fully settled into Italian country life, helping to serve and test recipes at his in-laws' restaurant. But the town is shaken by the arrival of wine critic Michele Mantelli in his flashy jaguar. Mantelli holds his influential culinary magazine and blog over Gravigna's vintners and restaurateurs. Some of Gravigna's residents are impressed by his reputation, while others are enraged—especially Nico's landlord, whose vineyards Mantelli seems intent of ruining. Needless to say, Mantelli's lavish, larger-than-life, and often vindictive personality has made him many enemies, and when he is poisoned, the local marcescilo, Perillo, has a headache of a high-profile murder on his hands—and once again turns to Nico for help.

Martin Prechtel continues the narrative of his unique life in Santiago, Atitlan in Long Life, Honey in the Heart, an eloquent memoir replete with the subtle intelligence and sophistication of Mayan culture. Set against the dramatic backdrop of Guatemala's political upheaval in the 1980s, this heady mix of magic, humor, and spirituality immerses the reader in the experiences of Mayan birth, courtng, marriage, childrearing, old age, death, and beyond, using the true story of Prechtel's own family and friends.

A survivor of the horrors of Guatemalan death squads casts his own story against the backdrop of an ancient Mayan myth, showing readers how use the powerful story as a metaphor for their own lives. Reprint.

Quotes from the Oral Teachings of Martin Prechtel

Middeworld

The Fire of the Jaguar

Revised Edition

Unlocking the Secrets of the Ancient Mayans and the Prophecy of 2012

Transcendent Wisdom of the Maya

Popol Vuh, the Quichꝰo Mayan book of creation is not only the most important text in the native language of the Americas, it is also an extraordinary document of the human imagination. It begins with the deeds of Mayan Gods in the darkness of a primeval sea and ends with the radiant splendor of the Mayan Lords who founded the Quichꝰo Kingdom in the Guatemalan highlands. Originally written in Mayan hieroglyphs, it was translated into the Roman alphabet in the 16th century. The new edition of Dennis Tedlock's unabridged, widely praised translation includes new notes and commentary, newly translated passages, newly deciphered hieroglyphs, and over 40 new illustrations.

[An interactive and empowering book] to help African American men and women create a new vision of better health and navigate the health care system (BET.com).

According to the federal Office of Minority Health, African Americans [are affected by serious diseases and health conditions at far greater rates than other Americans.]] In fact, African Americans suffer an estimated 85,000 excess deaths every year from diseases we know how to prevent: heart disease, stroke, cancer, high blood pressure, and diabetes. In this important and accessible book, Dr. Michelle Gourdin provides African Americans with the knowledge and guidance they need to take charge of their wellbeing. Reclaiming Our Health begins with an overview of the primary health concerns facing African Americans and explains who is at greatest risk of illness. Expanding on her career and life experiences as an African American physician, Dr. Gourdin presents key insights into the ways African American culture shapes health choices/how beliefs, traditions, and values can influence eating choices, exercise habits, and even the decision to seek medical attention. She translates extensive research into practical information and presents readers with concrete steps for achieving a healthier lifestyle, as well as strategies for navigating the health-care system. This interactive guide with illustrations is a vital resource for every African American on how to live a healthier and more empowered life, and an indispensable handbook for health-care providers, policy makers, and others working to close the health gap among people of color. Says Gourdin:

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I wrote this book to empower our community to solve our own health problems and save our own lives.]]

No previous author has attempted a book such as this: a complete history of novels written in the English language, from the genre's seventeenth-century origins to the present day. In the spirit of Dr. Johnson's Lives of the Poets, acclaimed critic and scholar John Sutherland selects 294 writers whose works illustrate the best of every kind of fiction—from gothic, pearly dreamful, and pornography to fantasy, romance, and high literature. Each author was chosen, Professor Sutherland explains, because his or her books are well worth reading and are likely to remain so for at least another century. Sutherland presents these authors in chronological order, in each case deftly combining a lively and informative biographical sketch with an opinionated assessment of the writer's work. Taken together, these novelists provide both a history of the novel and a guide to its rich variety. Always entertaining, and sometimes shocking, Sutherland considers writers as diverse as Daniel Defoe, Henry James, James Joyce, Edgar Allan Poe, Virginia Woolf, Michael Crichton, Jeffrey Archer, and Jacqueline Susann. Written for all lovers of fiction, Lives of the Novelists succeeds both as introduction and re-introduction, as Sutherland presents favorite and familiar novelists in new ways and transforms the less favored and less familiar through his relentlessly fascinating readings.

NAMED A NEW YORK TIMES NOTABLE BOOK OF 2017#1 New York Times and #1 Wall Street Journal bestseller! A five-hundred-year-old legend. An ancient curse. A stunning medical mystery. And a pioneering journey into the unknown heart of the world's densest jungle. Since the days of conquistador Hernán Cortés, rumors have circulated about a lost city of immense wealth hidden somewhere in the Honduran interior, called the White City or the Lost City of the Monkey God. Indigenous tribes speak of ancestors who fled there to escape the Spanish invaders, and they warn that anyone who enters this sacred city will fall ill and die. In 1940, swashbuckling journalist Theodore Morde returned from the rainforest with hundreds of artifacts and an electrifying story of having found the Lost City of the Monkey God—but then committed suicide without revealing its location. Three quarters of a century later, bestselling author Doug Preston joined a team of scientists on a groundbreaking new quest. In 2012 he climbed aboard a rickety, single-engine plane carrying the machine that would change everything: lidar, a highly advanced, classified technology that could map the terrain under the densest rainforest canopy. In an unexplored valley ringed by steep mountains, that flight revealed the unmistakable image of a sprawling metropolis, tantalizing evidence of not just an undiscovered city but an enigmatic, lost civilization. Venturing into this raw, treacherous, but breathtakingly beautiful wilderness to confirm the discovery, Preston and the team battled torrential rains, quikmud, disease-carrying insects, jaguars, and deadly snakes. But it wasn't until they returned that tragedy struck: Preston and others found they had contracted in the ruins a horrifying, sometimes lethal-and incurable-disease. Suspenseful and shocking, filled with colorful history, hair-raising adventure, and dramatic twists of fortune, THE LOST CITY OF THE MONKEY GOD is the absolutely true, eyewitness account of one of the great discoveries of the twenty-first century.

The Parallel Lives of People as Plants: Keeping the Seeds Alive

The HCG Diet Book of Secrets

Rescuing the Light

Popol Vuh

The Jaguar Within

Temple

There's a kidnapper stalking the streets in the city of Redemption. But sixteen-year-old Stori is afraid of no one and could care less—that is, until her father joins the ranks of the missing. Emboldened by her unconditional love for her father, Stori will stop at nothing until she finds him. And she knows the clock is ticking, as that relentless social worker keeps threatening to place her in foster care. As she hunts down her father through a terrain of mobsters, crooked city officials and women of the night, she faces life threatening danger and heartbreaking disappointment, but still she persists. Then she meets a mysterious woman who just might have the clues that could lead her in the right direction. Aided by her new friend, Stori continues searching. Just when she thinks she might have found him Stori's drawn to the heart of a shocking secret about her city, her father and herself that will change the course of her quest and her life forever.

▼ *The Most Dangerous Game by Richard Connell ▼ The Most Dangerous Game, also published as The Hounds of Zaroff, is a short story by Richard Connell first published in Collier's magazine on January 19, 1924. It features a big-game hunter from New York who falls off a yacht and swims to an isolated island in the Caribbean where he is hunted by a Cossack aristocrat. The story is an adaptation of the big-game hunting safaris in Africa and South America that were fashionable among wealthy Americans in the 1920s. ▼ The Most Dangerous Game by Richard Connell ▼ Big-game hunter Sanger Rainsford and his friend, Whitney, are traveling to the Amazon rainforest for a jaguar hunt. After a discussion about how they are "the hunters" instead of "the hunted," whintey goes to bed and Rainsford hears gunshots. He climbs onto the yacht's rail and accidentally falls overboard, swimming to Ship-Trap Island, which is notorious for shipwrecks. On the island, he finds a palatial chateau inhabited by two Cossacks: the owner, General Zaroff, and his gigantic deaf-mute servant, Ivan. ▼ The Most Dangerous Game by Richard Connell ▼ Zaroff, another big-game hunter, knows of Rainsford from his published account of hunting snow leopards in Tibet. Over dinner, the middle-aged Zaroff explains that although he has been hunting animals since he was a boy, he has decided that killing big-game has become boring for him, so after escaping the Russian Revolution he moved to Ship-Trap Island and set it up to trick ships into wrecking themselves on the jagged rocks that surround it. He takes the survivors captive and hunts them for sport, giving them food, clothing, a knife, and a three-hour head start, and using only a small-caliber pistol for himself. Any captives who can elude Zaroff, Ivan, and a pack of hunting dogs for three days are set free. He reveals that he has won every hunt to date. Captives are offered a choice between being hunted or turned over to Ivan, who once served as official knouter for The Great White Czar. Rainsford denounces the hunt as barbarism, but Zaroff replies by claiming that "life is for the strong." Realizing he has no way out, Rainsford reluctantly agrees to be hunted. During his head start, Rainsford lays an intricate trail in the forest and then climbs a tree. Zaroff finds him easily, but decides to play with him as a cat would with a mouse, standing underneath the tree Rainsford is hiding in, smoking a cigarette, and then abruptly departing. ▼ The Most Dangerous Game by Richard Connell ▼ After the failed attempt at eluding Zaroff, Rainsford builds a Malay man-catcher, a weighted log attached to a trigger. This contraption injures Zaroff's shoulder, causing him to return home for the night, but he shouts his respect for the trap before departing. The next day Rainsford creates a Burmese tiger pit, which kills one of Zaroff's hounds. He sacrifices his knife and ties it to a sapling to make another trap, which kills Ivan when he stumbles into it. To escape Zaroff and his approaching hounds, Rainsford dives off a cliff into the sea; Zaroff, disappointed at Rainsford's apparent suicide, returns the hunter's empty rifle by his fireplace, but two issues keep him from the peace of mind: the difficulty of replacing Ivan and the uncertainty of whether Rainsford perished in his dive.*

Author and illustrator Martin Prechtel is internationally known for his explorations of ancient folklore and uncovering the lessons therein for modern readers. In The Disobedience of the Daughter of the Sun, he revives a hitherto unknown Guatemalan Tzutujil Mayan tale of the beginnings of the world with a poetic retelling of the story, 28 evocative drawings, and a critical analysis that both enlightens and entertains. Having lived with the Mayans and learned their language, Prechtel authoritatively retells the powerful tale of the Tall Girl who weaves the world in a loom, her parents the Sun and the Moon who repudiate her suitors, and the mysterious man who disguises himself as a hummingbird to lure her away. Prechtel expands this archetypal story with five layers of commentary, each teasing out a different wisdom and revealing its relevance to the world today.

A blockbuster thriller from bestselling author Matthew Reilly. Four centuries ago, a precious idol was hidden in the jungles of Peru. To the Incan people, it is still the ultimate symbol of their spirit. To William race, an American linguist enlisted by the U.S. Army to decipher the clues to its location, it's the ultimate symbol of the apocalypse... Carved from a rare stone not found on Earth, the idol possesses elements more destructive than any nuclear bomb—a virtual planet killer. In the wrong hands it could mean the end of mankind. And whoever possesses the idol, possesses the unfathomable—and cataclysmic—power of the gods... Now, in the foothills of the Andes, Race's team has arrived—but they're not alone. And soon they'll discover that to penetrate the temple of the idol is to break the first rule of survival. Because some treasures are meant to stay buried...and forces are ready to kill to keep it that way...

Out of This World

A Critique of an American Genre

The Lost City of the Monkey God

The Most Dangerous Game

Awakened

Lives of the Novelists

A heavenly shade of blue was always in her eyes and her innocent smile captured the hearts of many. But even a beautiful smile can cover the ugliest of things. Who would've ever known that the beautiful and loving Princess Marrisra would fall victim to a very dark and hostile scheme, conjured up by something that is as old as time? No one did—not even Tairren, who was one of Marrisra's dearest friends. Overtaken by Marrisra's beauty and charm, Tairren was very much in love with her and would do anything for her—even if that meant facing the overwhelming powers of darkness... It was on Marrisra's long awaited sixteenth birthday, her engagement to Prince Phillip and the day before her entronement to the kingdom of Ishkar, when it happened. When Marrisra is abducted by someone she had always trusted, she is forced into the Forbidden Lands of Minlethrate and awakens upon a plot that would shake the world. With the company of his very different comrades, the unconventional Lady Natalia and the arrogant Prince Phillip of Ishkar, Tairren travels across the uncertain lands of Minlethrate to rescue Marrisra. They begin to realize that their precarious situation is dealing with more than just a kidnapped princess—that's just the beginning... They must trust in the unseen God of Light and have faith in a legend that they don't even understand. While their beloved princess awaits a terrifying fate, they must become awakened by light if they are to face their own dark quest... Prophecy stirrs, blood spills, light burns and darkness screams—revealing The Last Legend...

You could call Jacksonville the secret city of Florida because even many natives have a tough time pinning down its defining features and best spots. But for anyone willing to dig beneath the surface, there's no shortage of incredible sights, hidden histories and unusual relics just waiting to be discovered. Want to see the world's largest Native American woodcarving, chart the roots of Southern rock, or eat curly fries at the barbecue joint that claims to have invented them? Secret Jacksonville: A Guide to the Weird, Wonderful, and Obscure is dedicated to telling the stories behind forgotten, mysterious and just plain interesting spots across Jacksonville, St. Augustine, Fernandez Beach, and the surrounding communities. Here you'll find out where you can see a long forgotten Florida waterfall with connections to Jacksonville's founder, and learn why there's a tombstone in the middle of a neighborhood sidewalk. You'll hear the stories behind local delicacies like Jacksonville-style garlic crabs, dattl peppers, Mayport shrimp, and camel rider sandwiches. And of course, you'll learn what exactly is up with that orange roadside dinosaur everyone's always talking about. Jacksonville writer Bill Delaney has a deep passion for his hometown and a keen interest in underrepresented stories.

The study of electoral realignments is one of the most influential and intellectually stimulating enterprises undertaken by American political scientists. Realignment theory has been seen as a science able to predict changes, and generations of students, journalists, pundits, and political scientists have been trained to be on the lookout for "signs" of new electoral realignments. Now a major political scientist argues that the essential claims of realignment theory are wrong—that American elections, parties, and policymaking are not (and never were) reconfigured according to the realignment calendar. David Mayhew examines fifteen key empirical claims of realignment theory in detail and shows us why each in turn does not hold up under scrutiny. It is time, he insists, to open the field to new ideas. We might, for example, adopt a more nominalistic, skeptical way of thinking about American elections that highlights contingency, short-term election strategies, and valence issues. Or we might examine such broad topics as bellicosity in early American history, or racial questions in much of our electoral history. But we must move on from an old orthodoxy and failed model of illumination.

Everything about Sarah Bernhardt is fascinating, from her obscure birth to her glorious career—redefining the very nature of her art—to her amazing (and highly public) romantic life, to her indomitable spirit. Well into her seventies, after the amputation of her leg, she was performing under bombardment for soldiers during World War I and toured America for the ninth time. Though the Bernhardt literature is vast, this is the first English-language biography to appear in decades, tracking the trajectory through which an illegitimate—and scandalous—daughter of a Jewish courtesan transformed herself into the most famous actress who ever lived, and into a national icon, a symbol of France.—From publisher description.

Savage Hunger

The Ceremonies and Symbolism of a Living Tradition

An Ancient Mayan Story Relived in Modern Times: Leaving Home to Come Home

Memoirs from the Living Heart of a Mayan Village

The War for the Heart and Soul of a Highland Maya Town

Stealing Benefacio's Roses

Inspiring hope, solace, and courage in living through our losses, author Martin Prechtel, trained in the Tzutujil Maya shamanic tradition, shares profound insights on the relationship between grief and praise in our culture—how the inability that many of us have to grieve and weep properly for the dead is deeply linked with the inability to give praise for living. In modern society, grief is something that we usually experience in private, alone, and without the support of a community. Yet, as Prechtel says, "Grief expressed out loud for someone we have lost, or a country or home we have lost, is in itself the greatest praise we could ever give them. Grief is praise, because it is the natural way love honors what it misses." Prechtel explains that the unexpressed grief prevalent in our society today is the reason for many of the social, cultural, and individual maladies that we are currently experiencing. According to Prechtel, "When you have two centuries of people who have not properly grieved the things that they have lost, the grief shows up as ghosts that inhabit their grandchildren." These "ghosts," he says, can also manifest as disease in the form of tumors, which the Maya refer to as "solidified tears," or in the form of behavioral issues and depression. He goes on to show how this collective, unexpressed energy is the long-held grief of our ancestors manifesting itself, and the work that can be done to liberate this energy so we can heal from the trauma of loss, war, and suffering. At base, this "little book," as the author calls it, can be seen as a companion of encouragement, a little extra light for those deep and noble parts in all of us.

Not since Clifford Geertz's "Deep Play: Notes on the Balinese Cockfight" has the publication of an anthropological analysis been as eagerly awaited as this book, Terence S. Turner's The Fire of the Jaguar. His reanalysis of the famous myth from the Kayapo people of Brazil was anticipated as an exemplar of a new, dynamic, materialist, action-oriented structuralism, one very different from the kind made famous by Claude Lévi-Strauss. But the study never fully materialized. Now, with this volume, it has arrived, bringing with it powerful new insights that challenge the way we think about structuralism, its legacy, and the reasons we have moved away from it. In these chapters, Turner carries out one of the richest and most sustained analysis of a single myth ever conducted. Turner places the "Fire of the Jaguar" myth in the full context of Kayapo society and culture and shows how it became both an origin tale and model for the work of socialization, which is the primary form of productive labor in Kayapo society. A posthumous tribute to Turner's theoretical erudition, ethnographic rigor, and respect for Amazonian indigenous lifeworlds, this book brings this fascinating Kayapo myth alive for new generations of anthropologists. Accompanied with some of Turner's related pieces on Kayapo cosmology, this book is at once a richly literary work and an illuminating meditation on the process of creativity itself.

"This is a book in the tradition of indigenous oral storytelling. Martin Prechtel lived for years in the Central Guatemalan village of Santiago Atitlan. Here he interweaves retellings of his personal experience of life in the village and the political hor

A shaman and leader of the so-called men's movement offers a rare glimpse into the complex, joyful culture of contemporary Mayan village life and spirituality, expounding its teaching that all humans possess an innate spirit of generosity and community.

Stabilizing After HCG and Staying Slim Forever

The Book, the Key and the Crown

The Mare and the Mouse

Reclaiming Our Health

The Book of Destiny

The Toe Bone and the Tooth

An initiate's inside account of ancient Maya spiritual practices alive today • Includes a Foreword by José Luis Tigüilá NABÉ kaxbaltzij, spokesperson of the Maya municipality • Details the initiation process the author went through to become a Maya shaman-priestess, including rituals, prayers, and ceremonies • Explains the foundational spiritual wisdom of the Maya calendar as a living entity, its cycles of time, and the significance of "the counting of the days," which helps keep time itself alive • Examines the power of dance and Maya ceremonies, Maya future-telling, and communication with ancestors through the sacred fire Offering an insider's experiential account of ancient Maya spiritual wisdom and practices, initiated Maya shaman-priestess Gabriela Jurosz-Landa opens up the mysterious world of the Maya, dispelling the rampant misinformation about their beliefs and traditions, sharing the transcendent beauty of their ceremonies, and explaining the Maya understanding of time, foundational to their spiritual worldview and cosmology. The author, an anthropologist, details the initiation process she went through to become a Maya shaman-priestess in Guatemala, including rituals, prayers, the presence of numinous forces, and the transmission of sacred knowledge. She explains the spiritual wisdom of the Maya calendar as a living entity, its cycles of time, and the significance of "the counting of the days," which helps keep time itself alive. She examines Maya spiritual and cosmological concepts such as how the universe is shaped like a triangle over a square. She reveals the profound power of dance in Maya tradition, explaining how ritual dance halts the flow of time, reactivates primordial events, and captures vital energies that keep the Maya spiritual tradition vital and alive. Exploring other Maya secret knowledge, she also details Maya ritual attire, Maya future-telling with the calendar, the meaning of the Tzi'te beans, and how the Maya communicate with ancestors through the sacred fire. Illustrating how contemporary Maya life is suffused with spiritual tradition and celebration, the author shares the teachings of the Maya from her initiate and anthropologist point of view in order to help us all learn from the ancient wisdom of their beliefs and worldview. Because, to truly understand the Maya, one must think like the Maya.

Two years after their marriage, Jim Culback wasn't the man Clare thought he was. How many more broken promises could she accept? After packing and moving everything they owned from Ohio to Naples, Florida, she actually thought their marriage would improve. But as time went by, she couldn't take the beatings, lies or cheating any longer. But could her husband be capable of homicide? Is Jim responsible for the murders of two women? A detective from Chicago is put on the case to help solve the murders and has an encounter with Clare. What develops between them? Can Clare trust another man? Or does Jim have other plans for Clare?

Regarding Anna