

Sensation Adventures In Sex Love And Laughter

Stereotypically, science and emotion are diametric opposites: one is cold and unfeeling, the other soft and nebulous; one is based on proven facts while the other is based on inexplicable feelings and “never the twain shall meet,” until now. John Gottman delves into the unquantifiable realm of love, armed with science and logic, and emerges with the knowledge that relationships can be not only understood, but also predicted as well. Based on research done at his Love Lab and other laboratories, Gottman has discovered that the future of love relationships can be predicted with a startling 91% success rate. These predictions can help couples to prevent disasters in their relationships, recognize the signs of a promising relationship, and perhaps more importantly, recognize the signs of a doomed one. Principia Amoris also introduces Love Equations, a mathematical modeling of relationships that helps understand predictions. Love Equations are powerful tools that can prevent relationship distress and heal ailing relationships. Readers learn about the various research and studies that were done to discover the science behind love, and are treated to a history of the people, ideas, and events that shaped our current understanding. They also learn about:

- The “Four Horsemen of the Apocalypse”
- 45 natural principles of love
- 5 couple types
- 5 recipes for good relationships
- And much more! Just as science helped us to understand the physical world, it is helping us to understand the emotional world as well. Using the insights in this book, mental health professionals can meaningfully help their distressed clients, as well as better understand why a relationship is failing or succeeding. Appropriate for the curious non-mental health professional as well, Principia Amoris is a must-have on any bookshelf!

Kate grew up believing that she would one day find Prince Charming. They would fall madly in love, marry, have children, and live happily ever after. Reality is a bit less of a fairy tale, however, as each one of her exciting toadd romances dramatically fizzles out. It turns out Kate is going to have to kiss more than one toadd to find her prince. Actually, she’s going to have to kiss many, many toadds on the road to true love. Meet the toadds she hopes to turn into Prince Charming. Follow her through the stages of attraction, falling in love, and calling it quits—sometimes with a heartbreaking goodbye and sometimes with a hilarious exit. Learn the struggles she encounters with being in a rocky relationship meshed with her own inner conflicts she suffers in order to stay in a relationship and make it work.

Bestselling author Isabel Losada brings her unique blend of humour, curiosity and honesty to the still-taboo subject of sexuality. This is a brave, funny and often vulnerable quest to find out how we can make our sex life blissful. On behalf of all women, slightly terrified, she begins with a woman’s workshop where she has to get naked. From here, Isabel journeys through the first international conference of clitoral stroking, is informed of eleven different forms of orgasm – ten of which she hasn’t had, endures NHS Kegal exercises and mystical sensations with tantric masters. Irreverent yet open-minded, ‘Sensation’ is both moving and challenging. For anyone who has ever been tempted to dip their toes in the deep waters of sexual exploration, Isabel Losada plunges you straight in.

From influential feminist artist and essayist Anais Nin, Delta of Venus is one of the most important works of modern female erotica and "a joyous display of the erotic imagination" (The New York Times Book Review). Anais Nin pens a lush, magical world where the characters of her imagination possess the most universal of desires and exceptional of talents. Among these provocative stories, a Hungarian adventurer seduces wealthy women then vanishes with their money; a veiled woman selects strangers from a chic restaurant for private trysts; and a Parisian hatmaker named Mathilde leaves her husband for the opium dens of Peru. This is an extraordinarily rich and exotic collection from a master of erotic writing. "Inventive, sophisticated . . . highly elegant naughtiness."—Cosmopolitan

Twin Peaks

The Sunday Times Bestseller

Essays

The Red Rover & Other Sea Adventures – 3 Novels in One Volume

A Philosophical Primer

Sex

Few of us have been spared the agonies of intimate relationships. They come in many shapes: loving a man or a woman who will not commit to us, being heartbroken when we’re abandoned by a lover, engaging in Sisyphean internet searches, coming back lonely from bars, parties, or blind dates, feeling bored in a relationship that is so much less than we had envisaged - these are only some of the ways in which the search for love is a difficult and often painful experience. Despite the widespread and almost collective character of these experiences, our culture insists they are the result of faulty or insufficiently mature psyches. For many, the Freudian idea that the family designs the pattern of an individual’s erotic car have been the main explanation for why and how we fail to find or sustain love. Psychoanalysis and popular psychology have succeeded spectacularly in convincing us that individuals bear responsibility for the misery of their romantic and erotic lives. The purpose of this book is to change our way of thinking about what is wrong in modern relationships. The problem is not dysfunctional childhoods or insufficiently self-aware psyches, but rather the institutional forces shaping how we love. The argument of this book is that the modern romantic experience is shaped by a fundamental transformation in the ecology and architecture of romantic choice. The samples from which men and women choose a partner, the modes of evaluating prospective partners, the very importance of choice and autonomy and what people imagine to be the spectrum of their choices: all these aspects of choice have transformed the very core of the will, how we want a partner, the sense of worth bestowed by relationships, and the organization of desire. This book does to love what Marx did to commodities: it shows how love is shaped by social relations and institutions and that it circulates in a marketplace of unequal actors.

The Red Rover: Dick Fid, free black sailor Scipio Africanus and Royal Navy officer James Wilder as they encounter the famous pirate, "The Red Rover." Afloat and Ashore: A Sea Tale – Miles Wallingford Jr is the son of wealthy New York landowners who chooses to go to sea after the death of his parents. Homeward Bound: Or, the Chase: A Tale of the Sea – A wayward sailor whose ship causes some unforeseen adventures for its passengers. James Fenimore Cooper was a prolific and popular American writer of the early 19th century. His historical romances of frontier and Indian life in the early American days created a unique form of American literature. Before embarking on his career as a writer, Cooper served in the U.S. Navy, which greatly influenced many of his novels.

The feel-good book of the year for everyone who loves our planet and is looking for solutions. Fast, funny and inspiring, too. "This is the joy we need in our lives." - George Monbiot. "This book, practical and realistic as well as visionary, will keep that positive message before the reader’s eyes. Joy is after all one of the best motivations we can have for change." - Dr. Rowan Williams. Finally! A book about saving our planet that is fast, funny and inspiring too. Written in short chapters for busy people, Isabel doesn’t bother with an examination of the problem but gets right on with the solutions. Her aim: to look for every single way we can take care of the planet; how we live and work, travel, shop, eat, drink, dress, vote, play, volunteer, bank - everything. And to do this wholeheartedly, energetically and joyfully. Beginning with losing her cool in a restaurant that will only provide plastic cutlery, Isabel journeys through native tree planting in the Highlands of Scotland, playing Samba drums with Extinction Rebellion, interviewing in person the people that supply her energy and food - through every solution she can find - until both narrator and reader are fully equipped to be part of the pollution solution. "She gave my spirit a lift and my feet somewhere to stand." - Sir Mark Rylance

When The Unbearable Lightness of Being was first published in English, it was hailed as "a work of the boldest mastery, originality, and richness" by critic Elizabeth Hardwick and named one of the best books of 1984 by the New York Times Book Review. It went on to win the Los Angeles Times Book Prize for Fiction and quickly became an international bestseller.

Twenty years later, the novel has established itself as a modern classic. To commemorate the anniversary of its first English-language publication, HarperCollins is proud to offer a special hardcover edition. A young woman in love with a man torn between his love for her and his incorrigible womanizing; one of his mistresses and her humbly faithful lover -- these are the two couples whose story is told in this masterful novel. Controlled by day, Tereza’s jealousy awakens by night, transformed into ineffably sad death-dreams, while Tomas, a successful surgeon, alternates loving devotion to the dependent Tereza with the ardent pursuit of other women. Sabina, an independent, free-spirited artist, lives her life as a series of betrayals of parents, husband, country, love itself -- whereas her lover, the intellectual Franz, loses all because of his earnest goodness and fidelity. In a world in which lives are shaped by irrevocable choices and by fortuitous events, a world in which everything occurs but once, existence seems to lose its substance, its weight. Hence we feel, says the novelist, "the unbearable lightness of being" -- not only as the consequence of our private acts but also in the public sphere, and the two inevitably intertwine. This magnificent novel encompasses the extremes of comedy and tragedy, and embraces, it seems, all aspects of human existence. It juxtaposes geographically distant places (Prague, Geneva, Paris, Thailand, the United States, a forlorn Bohemian village); brilliant and playful reflections (on "eternal return," on kitsch, on man and animals -- Tomas and Tereza have a beloved doe named Karenin); and a variety of styles (from the farcical to the elegiac) to take its place as perhaps the major achievement of one of the world’s truly great writers.

Adventures in Sex, Love and Laughter

One Woman's Experiment to put Meditation to the Test

Slug

Adventures in Sex, Love and Laughter (16pt Large Print Edition)

The Joyful Environmentalist

Adventures in Lesbian Philosophy

The Reading Lesson

'Candid, thought-provoking, sassy and very, very funny' Daily Telegraph 'Searching and honest' Independent on Sunday 'Remarkably revealing' Mail on Sunday 'Brazenly probing' Scotsman
You know those people who always radiate cheerful optimism? Nauseating aren't they? I want to become one of those. I want to find out how to live life completely, abundantly, joyfully, stupidly. This is my quest. Enlightenment. So proclaims Isabel Losada, coffee addict, exercise allergic, and self confessed sceptic as she sets out on the road to enlightenment. Beginning with an Insight seminar where a hundred people with name badges learn to 'share', Isabel journey's through a gruelling course of 'Rolfing' nude Goddess workshops, a weekend of Tantric Sex (Yes! Yes! Yes!) and a Reincarnation session. Not to mention a spot of colonic irrigation. Irreverent yet open minded, funny and always honest, The Battersea Park Road to Enlightenment is also moving and ultimately illuminating. For anyone who has ever been tempted to dip a toe in the waters of self-discovery, Isabel Losada plunges you straight in. Buying a werepet is the latest fad. But can the beasts be trusted? When paramedic Christine Alt is infected by a werepet while on an EMS call, the WereHouse stops at nothing to protect their profits. Can Christine survive her transformation long enough to bring down the WereHouse? Or will she wind up just another victim of the company's greed?

1. The Dialectic of the Sex-Motif in Literature
Sex is a function of culture; in literature today it plays only a small though aggressively righteous part. Nature, long held in bondage, periodically breaks out in revolt, but its victory is never complete. In every society, prim itive as well as modern, the sexual instinct is for good or evil always subject to some measure of regulation and restraint. In literature, where the battle between love and sex, spirit and flesh, is fought out in terms of symbolic action, the writers support their cause, for or against sexual freedom, with varying degrees of evangelical ardor and outspokenness. On this issue there is no unanimity for the simple reason that American culture is not unified in its beliefs concerning the nature of man. The central conflict between instinctual needs and the claims of the ideal, between physical desire and the inner check, between Dionysus and Christ, goes on all the time. Sublimation is the cultural process whereby sexual energy is deflected from its biological source and diverted into spiritually "higher" and socially more useful channels. But sublimation is for most men hard to achieve. As civilization grows more complex, the individual is exposed to a series of increasingly severe moral strains. Pitted against Nature while subject to its laws, he must hence forth be governed in his behavior by inner as well as outer controls.

"A practical guide to practicing polyamory and open relationships in ways that are ethically and emotionally sustainable"--Provided by publisher.

Sensation

A Sociological Explanation

Erotica for Kinky Couples

The Threat of Mass Literacy in Nineteenth Century British Fiction

The Ethical Slut

Strange Attractions

Linear Tactical

" Hilarious and inspiring, Anner has made a life filled with fans, love, and Internet fame—reminding us that disability is no match for dreams. " —People (Book of the Week)
“ Zach Anner is way more than an inspirational figure for anyone who has ever felt impossibly different: he ’ s also a great f**king writer. " —Lena Dunham
Comedian Zach Anner opens his frank and devilishly funny book, If at Birth You Don’t Succeed, with an admission: he botched his own birth. Two months early, underweight and under-prepared for life, he entered the world with cerebral palsy and an uncertain future. So how did this hairless mole-rat of a boy blossom into a viral internet sensation who’s hosted two travel shows, impressed Oprah, driven the Mars Rover, and inspired a John Mayer song? (It wasn’t “Your Body is a Wonderland.”) Zach lives by the mantra: when life gives you wheelchair, make lemonade. Whether recounting a valiant childhood attempt to woo Cindy Crawford, encounters with zealous faith healers, or the time he crapped his pants mere feet from Dr. Phil, Zach shares his fumbles with unflinching honesty and characteristic charm. By his thirtieth birthday, Zach had grown into an adult with a career in entertainment, millions of fans, a loving family, and friends who would literally carry him up mountains. If at Birth You Don’t Succeed is a hilariously irreverent and heartfelt memoir about finding your passion and your path even when it’s paved with epic misadventure. This is the unlikely but not unlucky story of a man who couldn’t safely open a bag of Skittles, but still became a fitness guru with fans around the world. You’ll laugh, you’ll cry, you’ll fall in love with the Olive Garden all over again, and learn why cerebral palsy is, definitively, “the sexiest of the palsies.” Praise for Zach Anner
“ Cerebral palsy couldn’t stop Anner from becoming a celeb, traveling the world, and Friending Oprah (for starters). " —Cosmopolitan
“ Zach makes you want to be a better person, with his humor and his heart and everything he’s had to deal with from the time he was born. I’ve never met anyone like him, and I’ve met a lot of people. " —Oprah Winfrey
“ A laugh-a-minute read... If At Birth You Don ’ t Succeed recounts his journey from being what he calls a “ crappy baby ” [with cerebral palsy to] the host of his own travel show and an improbable workout guru. If there was ever a book that showed the importance of laughing at yourself, this is probably it. " —MentalFloss (#1 A Best New Book for Spring)
“ Zach Anner is a truly inspiring and hysterical human being with a warped sense of humor (and body). He ’ s also an exceptional writer and his memoir is an absolute joy. " —Rainn Wilson
“ A characteristically hilarious and candid book about growing up with cerebral palsy, winning a reality TV contest with Oprah ’ s OWN channel and becoming an unlikely-yet-inspiring fitness guru and YouTube celebrity with more than 10 million views. " —What ’ s Trending
“ Zach Anner is the living definition of ‘ giving better than he ’ s gotten. ’ Life dealt him a difficult hand but he managed to beat the house with humor, heart, and a fearless punk attitude. Required reading. " —Patton Oswalt
“ I love Zach Anner and I love his memoir. If everyone were a little more like Zach, the world may not be a better place, but it would be funnier place, which is a great step forward. " —Reddit Co-founder Alexis Ohanian
“ He ’ s a unique, creative kid with a smart, edgy sense of humor. " —Arsenio Hall
“ I think I speak for everybody when I say...I want to see more of Zach. " —John Mayer
“ Wonderful. . . Anner ’ s comedy is the peppy, uplifting sort you ’ d expect from someone who Oprah says ‘ makes [her] want to be a better person, ’ such as his elaborate Olive Garden metaphors for the nature of life. . . Anner remarks wryly that being expected to act as an ambassador for the disabled ‘ is a tightrope walk, which is hard on four wheels. ’ Maybe so, but with this book, he makes it look easy. " —Publishers Weekly (starred review)
“ Funny, empowering...An inspirational memoir with a seasoned, infectious sense of humor...[Anner ’ s book chronicles] his three decades of life (so far) with cerebral palsy, a permanent condition that hasn ’ t prevented him from living his dream as a comic, a media sensation, and a motivational speaker. " —Kirkus Reviews

THE SUNDAY TIMES BESTSELLER 'An intoxicating mixture of poetry and prose, Slug is a taboo-busting delight' SCOTSMAN 'One of the best poets we have' MATT HAIG 'She writes with honesty, conviction, humour and love' KAE TEMPEST The new collection of poetry and prose from the Ted Hughes Award-winning author of Nobody Told Me From Finnish saunas and sappy otters to grief, grandparents and Kellogg’s anti-masturbation pants, Slug is a book which holds a mirror lovingly up to the world, past and present, through Hollie’s driving, funny, hopeful poetry and prose. Slug is about the human condition: of birth and death and how we manage the possibilities in between. ‘The inimitable words of poet/goddess Hollie McNish once again hold up honest, damn funny and refreshing takes on the everydayness of our lives . . . Never have we needed her more’ STYLIST ‘Hollie always articulates exactly how I feel’ CHARLY COX ‘A tribute to life itself’ RED

A philosophical primer designed for the general reader as well as professionals in various fields, this book studies sex in itself and in its relation to love and compassion. It distinguishes between 'sensuous' and 'passionate' elements of sexuality and shows how sex in human beings is both appetitive and interpersonal. It then explores the ways in which our sexuality is always subject to aesthetic and moral valuation in relation to the appetitive and interpersonal coordinates.

Poems of heartbreak and sex, self-care and self-critique, urban adventures and love on the road from the millennial quarantine queen and comedy sensation. in L.A. we got naked and swam in the ocean we ate cured meats and carrots & sat in the back of a red pickup truck like we were in a film where two old friends fight & wrestle their way into a hug heave-sobbing as the dust settles I want to be famous for being the first person who never feels bad again In these short, captivating lyrics, Catherine Cohen, the one-woman stand-up chanteuse who electrified the downtown NYC comedy scene in her white go-go boots, and who has been posting poignant, unfiltered poems on social media since before Instagram was a thing, details her life on the prowl with her beaded bag; she ponders guys who call you "dude" after sex, true love during the pandemic, and English-major dreams. "I wish I were smart instead of on my phone," Cat Cohen confides; "heartbreak, / when it comes, and it will come / is always new." A Dorothy Parker for our time, a Starbucks philosophe with no primary-care doctor, she ’ s a welcome new breed of everywoman--a larger-than-life best friend, who will say all the outrageous things we think but never say out loud ourselves.

A Novel

The Wildes of Lindow Castle

A Beginner’s Guide to Changing the World

A Practical Guide to Polyamory, Open Relationships & Other Adventures

The Outrageous Adventures of Dating Dick: Redefining Love One Dick At a Time

Or, Love in Marriage

Well, This Is Exhausting

"You can be lonely anywhere, but there is a particular flavor to the loneliness that comes from living in a city, surrounded by thousands of strangers. The Lonely City is a roving cultural history of urban loneliness, centered on the ultimate city: Manhattan, that teeming island of gneiss, concrete, and glass. What does it mean to be lonely? How do we live, if we're not intimately involved with another human being? How do we connect with other people, particularly if our sexuality or physical body is considered deviant or damaged? Does technology draw us closer together or trap us behind screens? Olivia Laing explores these questions by travelling deep into the work and lives of some of the century's most original artists, among them Andy Warhol, David Wojnarowicz, Edward Hopper, Henry Darger and Klaus Nomi. Part memoir, part biography, part dazzling work of cultural criticism, The Lonely City is not just a map, but a celebration of the state of loneliness. It's a voyage out to a strange and sometimes lovely island, adrift from the larger continent of human experience, but visited by many - millions, say - of souls!"-

Good health and a fit body are inextricably entwined with great sex. On a physical level, fitness makes one a more attractive and skilled lover. On an emotional level, studies show that body image plays a key role in sexual desire and satisfaction. Research has linked a healthy sex life to lower risks of cardiovascular disease, diabetes, depression, and obesity. Based on the latest research on sexual health, behavioral psychology, fitness, and nutrition, The Men's Health and Women's Health Big Book of Sex is brimming with useful tips, exercise photos, practical sidebars, and more. The two-sided book also features the Better-Sex Workout, the Better-Sex Diet, a Trouble-Shooter's Guide to Sexual Health, and Q&A columns from the Men's Health "Girl Next Door" and Women's Health "Guy Next Door" and leading sexual health experts.

The bestselling author of Seinfeldia offers a fascinating retrospective of the iconic and award-winning television series, Sex and the City, in a “bubbly, yet fierce cultural dissection of the groundbreaking show” (Chicago Tribune). This is the story of how a columnist, two gay men, and a writers’ room full of women used their own poignant, hilarious, and humiliating stories to launch a cultural phenomenon. They endured shock, slut-shaming, and a slew of nasty reviews on their way to eventual—if still often begrudging—respect. The show wasn’t perfect, but it revolutionized television for women. When Candace Bushnell began writing for the New York Observer, she didn’t think anyone beyond the Upper East Side would care about her adventures among the Hamptons-wrapping media elite. But her struggles with singlehood struck a chord. Beverly Hills, 90210 creator Darren Star brought her vision to an even wider audience when he adapted the column for HBO. Carrie, Miranda, Charlotte, and Samantha launched a barrage of trends, forever branded the actresses that took on the roles, redefined women’s relationship to sex and elevated the perception of singlehood. Featuring exclusive new interviews with the cast and writers, including star Sarah Jessica Parker, creator Darren Star, executive producer Michael Patrick King, and author Candace Bushnell, “Jennifer Keishin Armstrong brings readers inside the writers’ room and into the scribes’ lives...The writing is fizzy and funny, but she still manages an in-depth look at a show that’s been analyzed for decades, giving readers a retrospective as enjoyable as a \$20 pink cocktail!” (The Washington Post). Sex and the City and Us is both a critical and nostalgic behind-the-scenes look at a television series that changed the way women see themselves.

SensationAdventures in Sex, Love and Laughter
Your Authoritative, Red-Hot Guide to the Sex of Your Dreams
Erotica by Anaïs Nin
Why Love Hurts
The Battersea Park Road to Enlightenment
Anything for You
If at Birth You Don't Succeed
The Lonely City

Features discussions of S/M sex, lesbian ethics, lesbian desire, bisexuality, and includes a bibliography of lesbian criticism. This work contains essays that explore the diverse positive understandings of 'lesbian philosophy', from contested sexual behaviours such as pornography and sadomasochism to the meaning of 'lesbianism'.

From GQ columnist and Twitter sensation, this hilarious, clever, and eye-opening memoir-in-essays explores the ins and outs of modern womanhood--from finding feminism, the power of pop culture, and how to navigate life's constant double standards--perfect for fans of Shrill and PEN15. Like so many women, Benoit spent her formative years struggling to do the "right" thing--to make others comfortable, to take minimal and calculated risks, to live up to society's expectations--only to realize that there was so little payoff to this tiresome balancing act. Now, in Well, This Is Exhausting, she shares her journey from aspiring good girl to proud feminist, and addresses the constantly shifting goalposts of what exactly it means to be "good" in today's world. Including topics as varied and laugh-out-loud funny as how to be the life of the party (even when you have crippling anxiety), navigating the disappointments of the dating world, and why no one should judge you for having an encyclopedic knowledge of reality TV stars, these essays are sure to move, motivate, and charm you.

One of Cosmopolitan's Best Books of 2017! Lord Alaric Wilde, son of the Duke of Lindow, is the most celebrated man in England, revered for his dangerous adventures and rakish good looks. Arriving home from years abroad, he has no idea of his own celebrity until his boat is met by mobs of screaming ladies. Alaric escapes to his father's castle, but just as he grasps that he's not only famous but notorious, he encounters the very private, very witty, Miss Willa Ffyneche. Willa presents the façade of a serene young lady to the world. Her love of books and bawdy jokes is purely for the delight of her intimate friends. She wants nothing to do with a man whose private life is splashed over every newspaper. Alaric has never met a woman he wanted for his own . . . until he meets Willa. He's never lost a battle. But a spirited woman like Willa isn't going to make it easy. . . .

The first book in Eloisa James's dazzling new series set in the Georgian period glows with her trademark wit and sexy charm—and introduces a large, eccentric family. Readers will love the Wildes of Lindow Castle! The Body is Designed for Pleasure In a world where women are having sex they don't want in order to please men they don't much like; where men take more pleasure on internet sites than in their own lovers and the pressure is constantly on to be having great, "red hot" sex all the time - where even Caitlin Moran admits she balks at using the word "masturbation" - this is essential reading. Beginning with a women's workshop where she has to get completely naked, Isabel journeys on behalf of all women through the first international conference of clitoral stroking, is informed of eleven different forms of orgasm - ten of which she hasn't had - and endures NHS Kegel exercises and mystical sensations with tantric masters. Irreverent yet open-minded, Sensation is both moving and challenging. For anyone who has ever been tempted to dip their toes in the deep waters of sexual exploration, Isabel Losada plunges you straight in. In the way that Cathy Rentzenbrink and Matt Haig have brought the conversations about bereavement and depression respectively into the open, Isobel Losada's Sensation will do the same for sex, pleasure and relationships. "Nakedly frank and frankly nakedly necessary" - Caroline Sanderson, The Bookseller "Candid, thought-provoking, sassy and very, very funny." - Mick

Brown, Daily Telegraph, on Isobel Losada

The Unbearable Lightness of Being

Phoenix

How Four Single Women Changed the Way We Think, Live, and Love

Sex and the City and Us

Encyclopedia of Emotion

Satisfaction

From the Renowned Author of The Last of the Mohicans and the Leatherstocking Tales

Winner of: The Pulitzer Prize The National Book Critics Circle Award The Anisfield-Wolf Book Award The Jon Sargent, Sr. First Novel Prize A Time Magazine #1 Fiction Book of the Year One of the best books of 2007 according to: The New York Times, San Francisco Chronicle, New York Magazine, Entertainment Weekly, The Boston Globe, Los Angeles Times, The Washington Post, People, The Village Voice, Time Out New York, Salon, Baltimore City Paper, The Christian Science Monitor, Booklist, Library Journal, Publishers Weekly, New York Public Library, and many more... Nominated as one of America's best-loved novels by PBS's The Great American Read Oscar is a sweet but disastrously overweight ghetto nerd who—from the New Jersey home he shares with his old world mother and rebellious sister—dreams of becoming the Dominican J.R.R. Tolkien and, most of all, finding love. But Oscar may never get what he wants. Blame the fukú—a curse that has haunted Oscar's family for generations, following them on their epic journey from Santo Domingo to the USA. Encapsulating Dominican-American history, The Brief Wondrous Life of Oscar Wao opens our eyes to an astonishing vision of the contemporary American experience and explores the endless human capacity to persevere—and risk it all—in the name of love.

Beautifully written and deeply researched, Wayward Lives, Beautiful Experiments examines the revolution of black intimate life that unfolded in Philadelphia and New York at the beginning of the twentieth century. In wrestling with the question "What is a free life?," many young black women created forms of intimacy and kinship indifferent to the dictates of respectability and outside the bounds of law. They cleaved to and cast off lovers, exchanged sex to subsist, and revised the meaning of marriage. Longing and desire fueled their experiments in how to live. They refused to labor like slaves or to accept degrading conditions of work. Here, for the first time, these women are credited with shaping a cultural movement that transformed the urban landscape. Through a melding of history and literary imagination, Wayward Lives recovers their radical aspirations and insurgent desires. "Ambitious, original . . . a beautiful experiment in its own right." -- Maggie Nelson, author of The Argonauts

In a multidisciplinary study, a noted psychiatrist draws on such diverse fields as neoscience, economics, and evolutionary psychology to address the basic question of how to find a more satisfying way to think and live, arguing that the key to satisfaction lies in the complexity and challenge in one's life. Reprint.

In her bestseller *The Battersea Park Road to Enlightenment*, Isabel Losada set out with a modest aim to be absurdly happy every day. But a few years down the road, she's stuck in a pothole. No job (not good). No man (very not good). Nothing has turned out as she'd intended. There's only one way to get out of the hole: throw out the ideas that landed her there and start over. So, using the ancient Chinese tradition of the five elements of life - Metal, Fire, Wood, Water, Earth - Isabel breaks her own life down to its essentials to explore five areas of inner and outer change.She calls in a feng shui consultant to discover that her bedroom decor is draining the father (whatever that means)... takes a motivational workshop to experience the power of doing... turns a silent meditation retreat into an exercise in unrelenting being... sits at the feet of a Brixton guru to examine the nature of mind... and undertakes a shamanic ritual in the Amazon to part company with her own mind completely. As rich as the book is in the particulars of a life hilariously lived, it's also universal: readers can see themselves in Isabel's experience and look at their lives with new eyes.

A Taxonomy of Love

God I Feel Modern Tonight

The Epic Adventures of Lydia Bennet

The Sexual Revolution in Modern American Literature

How to Practise without Preaching

Twentieth Anniversary Edition

The Battersea Park Road to Paradise

When Vanessa Potter woke up one day to find herself blind and paralysed, she was stunned to discover that it was meditating, not drugs, that saved her mind. Convinced she had more to learn, she embarked on her own consciousness road-trip, exploring the major schools of meditation, along with hypnotherapy and psychedelics.In order to objectively record her journey, Cambridge neuroscientists measured her brain activity, with their observations and results featured within the book.Offering a detailed snapshot of each practice, Vanessa provides an unusually voyeuristic glimpse into how powerful meditating can be. After 300 hours of sitting still, the scientists and Vanessa reveal whether meditation lived up to the hype and provided the key to contentment.Funny and wry, this is a unique take on citizen science, delving beneath the surface of meditation to reveal the fascinating world of the mind and the possibilities within. Books on meditation normally teach us how to meditate ¶ not about what happens when we try.

Rachel Kramer Bussel is at the top of her game in BDSM erotica and now shares the pleasure in a one-of-a-kind book, custom-made for couples. Anything for You is stimulating reading, both for experienced players and those just discovering the joy of tying up your lover or bending over for the one you love These explicit stories of obsessive desire unlock the door to a world of obsessive desires, the passion that lies just beneath the skin. Bondage is the stuff of fantasy for a shockingly large segment of the population and true happiness is discovering what makes your partner tick. In this case, it might well be the tickle of rope on naked skin, or a firm paddling. Rachel Kramer Busse's is a guidebook to great sex, told story by delicious story of uninhibited, adventurous sex sure to keep the home fires burning Each boldly wrought tale shared with your lover is another door opened into the erotic mindscape.

"[Brantlinger's] writing is admirably lucid, his knowledge impressive and his thesis a welcome reminder of the class bias that so often accompanies denunciations of popular fiction." ¶Publishers Weekly "Brantlinger is adept at discussing both the fiction itself and the social environment in which that fiction was produced and disseminated. He brings to his study a thorough knowledge of traditional and contemporary scholarship, which results in an important scholarly book on Victorian fiction and its production." ¶Choice "Timely, scrupulously researched, thoroughly enlightening, and steadily readable.... A work of agenda-setting historical scholarship." ¶Garrett Stewart Fear of mass literacy stalks the pages of Patrick Brantlinger's latest book. Its central plot involves the many ways in which novels and novel reading were viewed!especially by novelists themselves!as both causes and symptoms of rotting minds and moral decay among nineteenth-century readers.

This unique two-volume reference is an accessible, up-to-date resource for the rich and fascinating study of human emotion. * Comprises 400 A-Z entries on emotion, including general emotions, emotion theories, emotion research, emotional disorders, treatments of emotional disorders, assessment of emotional traits, organizations devoted to studying emotion, and significant people who have contributed to the understanding of emotion * Provides a chronology of the ways emotion has been conceived, research on emotion, treatment of emotional disorders, and assessment of emotional traits * Offers a bibliography of suggested print and online resources on emotion for further research * Includes a comprehensive index

Adventures in the Art of Being Alone

Delta Of Venus

Investigations Into Human Personality

Married Love

Adventures in Sex, Love & Laughter

Principia Amoris

Wilde in Love

The best-selling author of Hot Spot and Hot Pink joins forces with an up-and-coming star to present an erotic trio of romance stories that follow the sensual adventures of twins. Reprint.

A YA romance—with a sparkling commercial voice and a dash of science—that explores a relationship over six years The moment Spencer meets Hope the summer before seventh grade, it’s something at first sight. The pair become fast friends, climbing trees and planning world travels. After years of being outshone by his older brother and teased because of his Tourette syndrome, Spencer finally feels like he belongs. But as Hope and Spencer get older and life gets messier, the clear label of “friend” gets messier, too. Through sibling feuds and family tragedies, new relationships and broken hearts, the two grow together and apart, and Spencer, an aspiring scientist, tries to map it all out using his trusty system of taxonomy. He wants to identify and classify their relationship, but in the end, he finds that life doesn’t always fit into easy-to-manage boxes, and it’s this messy complexity that makes life so rich and beautiful.

Based on the Emmy Award-winning “genius” (The Guardian) web series, The Lizzie Bennet Diaries, this is a new novel starring Lizzie’s spunky sister Lydia as she navigates the joys and pitfalls of becoming an adult in the digital age. Before her older sister, Lizzie, started her wildly popular vlog, Lydia was just a normal twenty-year-old plotting the many ways she could get away with skipping her community college classes and finding the perfect fake ID. She may not have had much direction, but she loved her family and had plenty of fun. Then Lizzie’s vlog turned the Bennet sisters into Internet sensations, and Lydia basked in the attention as people watched, debated, tweeted, tumblr’d, and blogged about her life. But not all attention is good... After her ex-boyfriend, George Wickham took advantage of Lydia’s newfound web-fame, betrayed her trust, and destroyed her online reputation, she’s no longer a naïve, carefree girl. Now, Lydia must work to win back her family’s trust and respect and find her place in a far more judgmental world. Told in Lydia’s distinctive, eccentric, and endearing voice, The Epic Adventures of Lydia Bennet picks up right where The Secret Diary of Lizzie Bennet left off and “offers a fresh take on Pride and Prejudice without ruining it” (The Washington Post, on The Secret Diary of Lizzie Bennet). Featuring fresh twists, wonderful new characters, and scores of hilarious texts, doodles, and tweets, The Epic Adventures of Lydia Bennet takes you behind the webcam and into the lives of your favorite sisters in a way that’s sure to satisfy existing fans and delight new ones.

'Sometimes you just have to do something, don't you? Sometimes an injustice comes along and you think 'No, this cannot be', and rather than just turn off the TV, you know it's time to act' So begins Isabel Losada's extraordinary FOR TIBET WITH LOVE in which she explores whether it's possible for an ordinary person to change the world, just a little, and if something so serious can be achieved with joy in one's heart. From visits to Nepal and Tibet, to meetings with the Chinese ambassador and Tibetan awareness-raising groups, Isabel single-handedly hatches a stunning PR coup involving Nelson's Column, a 15 metre banner and a base-jumping parachutist that captured headlines worldwide. And then she meets the Dalai Lama... Warm and funny, moving and thought-provoking, the astonishing FOR TIBET WITH LOVE celebrates the fact that we can make a difference.

Finding My Right Mind

For Tibet, With Love

Why You Are Who You Are

Tamed

The Men's Health and Women's Health Big Book of Sex

Wayward Lives, Beautiful Experiments

Intimate Histories of Social Upheaval

"The Body is Designed for Pleasure In a world where women are having sex they don't want in order to please men they don't much like; where men take more pleasure on internet sites than in their own lovers and the pressure is constantly on to be having great, "red hot" sex all the time - where even Caitlin Moran admits she balks at using the word "masturbation" - this is essential reading. Beginning with a women's workshop where she has to get completely naked, Isabel journeys on behalf of all women through the first international conference of clitoral stroking, is informed of eleven different forms of orgasm - ten of which she hasn't had - and endures NHS Kegel exercises and mystical sensations with tantric masters. Irreverent yet open-minded, Sensation is both moving and challenging. For anyone who has ever been tempted to dip their toes in the deep waters of sexual exploration, Isabel Losada plunges you straight in. In the way that Cathy Rentzenbrink and Matt Haig have brought the conversations about bereavement and depression respectively into the open, Isobel Losada's Sensation will do the same for sex, pleasure and relationships. "Nakedly frank and frankly nakedly necessary" - Caroline Sanderson, The Bookseller "Candid, thought-provoking, sassy and very, very funny.'" - Mick Brown, Daily Telegraph, on Isobel Losada"

Behind closed doors, the wicked play... Charity Willis is a heartbreaker, and she is determined to fund her education by any means necessary. B. G. Grantham is obsessed with the unattainable - the thrill of being refused the one thing he craves. Invited to stay with the erotic-minded recluse in his mansion, Charity provides the challenge he so desires. And with the arrival of Eric Berne, her sexy 'keeper', she finds herself tempted by both men...

Adrenaline junky. Adventure traveler. Extreme sport sensation. They're all labels Riley Harrison--known to the world as Phoenix--wears as easily as the tattoos covering his body. But it's his role as undercover operative for Linear Tactical's kidnap and ransom unit that makes his blood sing. Riley uses his celebrity status to help infiltrate locations and situations nobody else can get into. In. Out. The fight is usually over before the bad guys know it's begun or that Riley was involved. But his skills and celebrity status won't help when he discovers the woman he loves is keeping unbearable secrets and in a danger he never could've imagined. She wants Riley to stay far away from her. That's not going to happen. But he'll have to be willing to lose everything to save her. To save them. Phoenix will learn you have to burn before you can rise.

My Adventures with Disaster and Destiny

The New Science of Love

Poems from a Gal About Town

The Brief Wondrous Life of Oscar Wao

Sensation Seeking, Novelty, and the Science of Finding True Fulfillment