

Snowboard Flex Guide

An aid to instructors for both the basic and advanced mountaineering courses within the National Ski Patrol system.

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it ' s practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

“ Read this book before you ride. ” —Snowboarder “ The best book to come along about snowboarding yet. ” —New York Outdoors Ideal for snowboarders of all levels, this second edition of the classic guide is updated to reflect the sport ' s rapid evolution over the past five years. In down-to-earth, highly accessible language, The Complete Snowboarder answers every conceivable question readers may have about getting started and keeping going. Featuring invaluable tips from world-class pros, killer action photographs, and clear how-to illustrations, the new edition also addresses the sport ' s new gear, from boots and body gear to state-of-the-art bindings and cutting-edge board designs. Here also is detailed advice on back-country snowboarding and tips on finding excellent used equipment, and the latest industry safety standards.

Flex 3 on Rails 2

Skiing and snowboarding

Popular Mechanics

Sign Me Up!

Utah skiers claim to have "the greatest snow on earth," and this revised and updated edition guides readers to the best backcountry ski tours in the state. Backcountry expert Tyson Bradley takes skiers from the urban backcountry of the Wasatch Front to spectacular desert destinations in Zion and Bryce, with detailed maps and information on backcountry equipment.

A beginner's guide to the sport profiles gear, basic techniques, safety, lessons, exercises, and etiquette.

From the port city of Duluth to Grand Portage National Monument near the Canadian border, the North Shore of Lake Superior is a favorite travel destination, popular for its breathtaking natural beauty, abundant outdoor recreation choices, and rich history. In this comprehensive and chatty guidebook, a long-time resident looks at the best places to eat, drink, play, accommodations, dining, and shopping, and includes sections describing area history and shipwrecks, natural attractions, and recreational options. The second edition has been completely updated, and a more convenient format makes this guidebook better than ever. Graced throughout with beautiful woodcuts by Minnesota illustrator Betsy Bowen (Antler, Bear, Ca even the most frequent visitors to the region with new discoveries.

The Snowboard Book

Snow Country

Willing's Press Guide

The Ski Guide Manual

Getting Started with Flex 3

A comprehensive guide for those wishing to learn to snowboard including tips on choosing equipment, getting started, basic skills, tricks, racing, tuning the board, and resources for more information.

A guide to snowboarding that provides information on choosing the right equipment, caring for a snowboard, mastering the basic techniques of snowboarding, and other related topics.

Do you want to be a professional shoe designer? You must learn how to select and specify shoe materials correctly. The Shoe Material Design Guide details all the shoe materials you will need to make modern athletic, classic casual, and high fashion footwear. Each chapter covers a specific shoe material type. You will learn how each material is made, the options available to you, and how to specify the material correctly. Inside you will find chapters on leather, textiles, synthetics, laces, glue, reinforcements, hardware, logos, midsoles, outsoles, and more! See exactly how each material is used inside real production shoes. Annotated cross-sections of over 30 different shoe types. Look inside basketball shoes, running shoes, track spikes, hiking boots, work boots, high heels, cowboy boots, and many more! You will also find information on topics such as material testing, sustainable production, exotic materials, and more. Written as a companion to our best selling How Shoes Are Made, The Shoe Material Design Guide digs deeper into the world of footwear materials and design. 8.5 x 11 28 chapters, 195 pages with over 330 color photos.

The Basic Essentials of Snowboarding

Peak Ski Guide & Travel Planner

A Guide to the State's Best Ski Tours

The EBay Price Guide

52 brilliant ideas for fun on the slopes

Discover how easy RIA development can be with this one-of-a-kind handbook from the Adobe Developer Library. Several clear, step-by-step mini-tutorials teach you about web services, event handling, designing user interfaces with reusable components, and more. After finishing this guide, you'll be able to build Flash applications ranging from widgets to full-featured RIAs using the Flex SDK and Flex Builder 3.0. With Getting Started with Flex 3, you will: Walk through sample RIA projects and see examples of amazing applications people have built with Flex Work with ActionScript 3.0 and the MXML markup language Build user interfaces using the controls and tools available with the framework Get a tour of controls available commercially and through open source Learn how Flex integrates with ASP.NET, ColdFusion, PHP, and J2EE in the server Build Flex-based widgets that let you display real-time data Use advanced controls to build 3D graphs, data dashboards, mapping applications, and more You'll find complete code for video players, a slideshow, a chat client, and an RSS reader, just to name a few. You also get plenty of tips, tricks, and techniques to leverage your existing programming skills, whether you come from an open source or Visual Studio-intensive background.

This updated, expert ski guide provides top-of-the-line insight for backcountry/off-piste skiers and guides. The Ski Guide Manual presents wisdom earned through decades of experience guiding and. The result is a successful system of travel and risk management in the winter environment. The collective work of thousands of mountain guides have proven how to have the most fun and find the best snow, all which reducing risk of avalanche, cold, crevasses, and optimize group dynamics.

In the 87 issues of Snow Country published between 1988 and 1999, the reader can find the defining coverage of mountain resorts, ski technique and equipment, racing, cross-country touring, and the growing sport of snowboarding during a period of radical change. The award-winning magazine of mountain sports and living tracks the environmental impact of ski area development, and people moving to the mountains to work and live.

Mastering Snowboarding

The Snowboarder's Total Guide to Life

The Complete Snowboarder

The Parents' Complete Guide to Sports, Activities, Music Lessons, Dance Classes, and Other Extracurriculars

Backcountry Skiing Utah

Provides lists of selling prices of items found on eBay in such categories as antiques, boats, books, cameras, coins, collectibles, dolls, DVDs, real estate, stamps, tickets, and video games.

Over 1.28 million women are now carving the slopes on snowboards. Author Julia Carlson, an expert snowboarder, has written this unique guide to encourage women of all ages to enjoy the thrill and freedom of this popular winter sport. The book is packed with practical advice: how to get started...step-by-step instructions and drills...equipment for women...facts and misperceptions...choosing y Skiing and snowboarding is the perfect insider guide to finding fun on the slopes. Cathy Struthers, a self-confessed snow and extreme sports addict, provides 52 tips and techniques to help you get the most out of your time on the slopes and off, with beginner's tips on how to improve technique to advice on choosing the right equipment, overcoming nerves, managing injuries and just as impor slopes as you have on them. With Cathy's inspiring advice you'll have every angle covered before you've even set foot on the slopes.

Ski

Snowboarding

The Ultimate Guide to Snowboarding

Skiing

Queenstown Activity Guide

Do you like the idea of going on a skiing and snowboarding holiday, but just dont know where to start? If this sounds like you, then youve come to the right book. Skiing and Snowboarding A Beginners Guide demystifies the world of winter sports, opening the door for everyone to enjoy. From when to go, where to go and how to get there, to what to pack, what to expect and how to prepare, this book is an essential companion for any first timer. You will be introduced to basic techniques, with helpful hints on how to make things easier and pitfalls to avoid. Chapters also cover mountain safety, working a ski season and other mountain activities you can try. Skiing and snowboarding will open your eyes to a whole new side of life: adrenaline like youve never experienced, breathtaking views and awe-inspiring mountains. So, what are you waiting for? Read this guide, get out there and give it a go!

Skiers will love this comprehensive, detailed look at all 650 alpine ski areas in North America. Featuring in-depth reviews of ski areas, trail maps, road maps, town maps, and ground transportation, the guide also includes sightseeing opportunities, restaurants, and accommodations.

Helps riders of all levels and riding styles, including downhill, slalom, and halfpipe, on snowboarding techniques and tricks, and offers advice on selecting or building the best board for individual riding styles and abilities.

United States & Canada

TV Guide

The Illustrated Guide To Snowboarding

Mountain Travel and Rescue

Nina's North Shore Guide

Explains the principles of snowboarding, demonstrates basic and advanced techniques, and discusses snowboarding safety and etiquette

"As a PSIA examiner I have worked with Kevin on and off the snow for several years. His creativity and knowledge of what works comes through clearly in The Illustrated Guide to Snowboarding. I'd recommend it as a reference to the professional instructor, as well as a how-to for the avid snowboarder and those who wish to be." -- J. Randy Price Member of the PSIA-AASI national demonstration team "As a professional athlete and instructor, working with Kevin and reading his book helped my riding immensely. One of Kevin's principles is straightforward and perfectly applicable for snowboarding, climbing or just about any sport--your mind leads and your body follows. It works!" -- Robyn Ebersfield 4-time World Cup rock climbing champion "Never in my thirty-three years of pioneering, shaping and defining the sport of snowboarding was there ever access to material explaining the technical aspects of riding in such an easy to understand manner. . . . This 'encyclopedia' of snowboarding how-to belongs on the shelf of every ski area, snowboard park and bookstore in the snowbelt." -- Paul Graves

A humorous insider's guide to the cult culture of snowboarding--which crosses surfing and skiing--reveals the secrets of the snowboarder community, deciphers its members' slang, and explains just what makes a snowboard cool. Original. 50,000 first printing.

Snowboarder's Start-Up

A Guide for All Boarders

North America

The Snowboard Guide

Advanced Techniques for the Backcountry

Offers guidance for parents on how to select the most compatible activities for their children, prepare for cost and time commitments, avoid over-scheduling and burnout, and handle negative child attitudes.

A guide for the beginner through expert boarder demonstrates key moves and freestyle techniques, and highlights equipment selection for one of the world's fastest growing sports

Snowboardology Pocket Guide To Snowboarding SlangLulu.comThe Illustrated Guide To SnowboardingMcGraw Hill Professional

Shoe Material Design Guide

Skiing and Snowboarding

A Beginner's Guide

A Beginner's Guide to Snowboarding

Snowboardology Pocket Guide To Snowboarding Slang

* Tips on the latest gear and developments in the snowboarding industry * A useful manual for those serious about improving their technical skills on the mountain * Clear, authoritative approach to learning the techniques of the sport With millions flocking to the sport each year, snowboarding has become one of the of most popular winter pastimes. Written for the beginning to intermediate practitioner, Snowboarding focuses on the techniques of the sport, from park and pipe riding to boardslides and tail presses. Liam Gallagher details everything from the basics of understanding snow conditions and park responsibility to the fundamentals of riding, with a complete explanation of jumps and rails. Featuring a history of the sport, a breakdown of choosing and caring for your gear, and testimonials from professional riders, this is the comprehensive guide to get you out on the mountain.

Flexible Rails is a unique, application-based guide for using Ruby on Rails 2 and Adobe Flex 3 to build rich Internet applications (RIAs). It is not an exhaustive Ruby on Rails or Flex reference. Instead, it is an extensive tutorial in which the reader builds multiple iterations of an interesting RIA using Flex and Rails together. Author Peter Armstrong walks readers through eleven iterations in which the sample application—pomodo—is variously built, refactored, debugged, sliced, diced and otherwise explored from every conceivable angle with respect to Ruby on Rails and Adobe Flex. The book unfolds both the application and the Flex-on-Rails approach side-by-side. Purchase of the print book comes with an offer of a free PDF, ePub, and Kindle eBook from Manning. Also available is all code from the book.

Learning to Ride from All Mountain to Park

Flexible Rails

The Powder & the Glory

What Sells for what (in Every Category!)

Big Lake, Big Woods, Big Fun