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Inside The Antebellum Slave
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The chapters of this book are nothing but mirrors for seeing your "self" from different angles. And though the journey we are about to embark on is an inner one, it will draw upon every aspect of your life. The only requirement asked of you is the willingness to honestly look at yourself in the most natural, intuitive manner. Remember, if we are seeking the root of "self," what we are actually seeking is you. As you read through these pages, you will find

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that you know much more than you thought you did about some very deep subjects. The fact is, you already know how to find yourself; you have just gotten distracted and disoriented. Once refocused, you will realize that you not only have the ability to find yourself, you have the ability to free yourself. Whether you choose to do so or not is entirely up to you. But upon completion of your journey through these chapters, there will be no more confusion, no more lack of empowerment, and no more blaming others. You will know exactly what must be done. And should you choose to devote yourself to the ongoing journey of self-realization, you will develop a tremendous sense of respect

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for who you really are. It is only then that you will come to appreciate the full depth of meaning in the advice: "This above all: to thine own self be true." ---- Introduction

How do some people do it? They rise above the circumstances and distractions of life and remain consistently happy. Even in tough times they have a quiet sense of peace about them. Examining the Bible and her own life, Katie Orr has discovered that deep happiness and satisfaction are only possible when we are rooted in God and pursuing his good and specific purpose for each of us. Secrets of the Happy Soul is your invitation into a deeper, more fruitful relationship with God and his

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Word. As Katie walks you through key teachings from the book of Psalms, you will recognize how the world's definition of happiness pales compared to the daily delights God has in store for you. Draw closer to him, and your soul will go from lonely to connected, from overwhelmed to level and led, from aimless to commissioned and unique. God doesn't promise a storm-free life, but he is the anchor every happy soul needs.

Inspirational teacher Alan Seale has helped thousands of people create the lives they want. In Soul Mission, Life Vision he shares ancient and ageless techniques and tools that can launch the process of self-discovery essential

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to achieving the life of your dreams.

Seale has created a program that will lead readers to a "big-picture view" of life, beyond the constraints of any situation. Exercises, meditations and activities that appear throughout the book guide readers through a four-fold process: Self-

*discovery
Declaration of mission and vision
Utilizing the mind and thought for creation
Living your mission and manifesting your vision in daily life.*

The goal is to develop the power to make choices out of desire and clarity rather than circumstantial necessity. A powerful synergy will occur when you synthesize that power of choice with your own inner guidance, personal revelation, and life

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experience. It is that synergy that can lead to profound personal transformation and the full realization of your soul mission, your reason for being.

Have you ever sensed that your life has a deeper, more meaningful purpose, but you don't know what it is? If so, you're not alone. To help you and the millions like you, psychic Ainslie MacLeod's spirit guides have given him a systematic approach to uncovering who you really are—and the life your soul has planned for. They call it The Instruction. Now, for the first time, this unique teaching is offered as a step-by-step program for realizing personal fulfillment. The Instruction will take you through 10

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doorways to unveil the life plan your soul created before you were even born, including: Your Soul Age—Determining how it shapes your beliefs and behaviors Your Soul Type—Are you a Hunter? Thinker? Creator? What your Soul Type reveals about your true self Your Powers—Connecting fully and permanently with your spirit guides to create your destiny Your Talents—Using your past lives to enhance the present By taking you on a journey beyond this plane, Ainslie MacLeod uses a groundbreaking system to help you unlock the secrets of your soul's purpose, and illuminate the path of your life with The Instruction.

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The Book of Soul

52 Paths to Living What Matters

Recognize Your True Gifts and

Make Your Mark in the World

The Life Cycle of the Human Soul

*The Garden of the Soul, the Heart,
and the Spirit*

Swamplands of the Soul

My Soul Immortal

Follow the fascinating journey of a group of ordinary people who have been regressed though a past life and into the life between lives. And discover amazing insights that answer a host of universal questions of spiritual, historical and philosophical importance.

Explains the purpose of material

and spiritual existence. Begins and ends by examining the purpose of life and death, achieving happiness, and developing loving relationships. Curtis Mayfield was one of the seminal vocalists and most talented guitarists of his era, and his music played a vital role in the civil rights movement: "People Get Ready" was the black anthem of the time. In Traveling Soul, Todd Mayfield tells his famously private father's story in riveting detail. Born into dire poverty, raised in the slums of Chicago, Curtis became a musical prodigy, not only singing like a dream but growing into a brilliant songwriter. In the

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1960s he opened his own label and production company and worked with many other top artists, including the Staple Singers. Curtis's life was famously cut short by an accident that left him paralyzed, but in his declining health he received the long-awaited recognition of the music industry. Passionate, illuminating, vivid, and absorbing, Traveling Soul will doubtlessly take its place among the classics of music biography. Many of us have questions about the passage of life and often wonder what happens when we die. In this amazingly insightful book by medium/clairvoyant Lisa

Williams, evidence of the afterlife is explored. Through various channels such as meditation, psychic readings, communication with her Spirit Guide, and a personal near-death experience, Lisa delves into the journey of the soul, discusses the different stages of the afterlife, and reveals what life is really like on the other side. This book addresses the myriad questions many of us have surrounding this subject, especially if we've gone through the painful experience of having lost loved ones. Lisa provides a reassuring glimpse into this fascinating topic by exploring the pathway to the afterlife and

then to reincarnation; with the realization that death is not final, but rather a transition into the world beyond-a place that should be honored, not feared.

101 Tales of Family, Friendship and Fun

Duality Is the Illusion

Hades; or, the Intermediate state of man

The Life of God in the Soul of Man

A Guide to Living Beyond the Human Drama

The Survival of the Soul

Biblical Anthropology and the Monism-dualism Debate

"Are humans composed of a material body and an immaterial soul? This

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view is commonly held by Christians, yet it has been undermined by recent developments in neuroscience. How much of Christian theology is built on views of humanity that modern science has proved to be untenable? Exploring what Scripture and theology teach about issues such as being in the divine image, the importance of community, sin, free will, salvation, and the afterlife, Joel Green argues that a dualistic

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view of the human person is inconsistent with both science and Scripture"--Publisher description (cf OCLC)
Do you want to improve your relationships and experience lasting personal change? Join Curt Thompson, M.D., on an amazing journey to discover the surprising pathways for transformation hidden inside your own mind. Integrating new findings in neuroscience and attachment with Christian spirituality,

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Dr. Thompson reveals how it is possible to rewire your mind, altering your brain patterns and literally making you more like the person God intended you to be. Explaining discoveries about the brain in layman's terms, he shows how you can be mentally transformed through spiritual practices, interaction with Scripture, and connections with other people. He also provides practical exercises to help you experience

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healing in areas where you've been struggling. Insightful and challenging, *Anatomy of the Soul* illustrates how learning about one of God's most miraculous creations—your brain—can enrich your life, your relationships, and your impact on the world around you.

Book 1 of *Fated Eternals*
An endless love, for an endless price. Jack's immortality is exposed when he prevents a liquor store heist, forcing him to flee to

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protect his secret—a secret not even he understands. But when he meets Leah Winters—a mirror image of his decades-lost love, Lydia—his very soul is laid bare. He begins to question his sanity. Is she real, and if so, what does that mean for Jack and his secret? Jack's not the only mystery man in town. A stranger named Artagan hints at knowledge Jack is desperate to possess. But can he trust Artagan, or does the

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dark newcomer harbor
deadly secrets of his
own? As Jack's bond with
Leah grows, so does the
danger to her life. Jack
must discover just how
much he is willing to
risk in order to save
the woman he already
lost once. Keywords:
Paranormal, Romance,
Immortal, Love
Learn the latest details
and most recent
groundbreaking
discoveries that reveal,
for the first time, the
mystery of life in the
spirit world after death

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on Earth?proof that our
consciousness
survives?in Journey of
Souls by Michael Newton,
Ph.D. Using a special
hypnosis technique to
reach the hidden
memories of subjects,
Dr. Newton discovered
some amazing insights
into what happens to us
between lives. Journey
of Souls is the record
of 29 people who
recalled their
experiences between
physical deaths. Through
their extraordinary
stories, you will learn

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specifics about: ·How it feels to die ·What you see and feel right after death ·The truth about "spiritual guides" ·What happens to "disturbed" souls ·Why you are assigned to certain soul groups in the spirit world and what you do there · How you choose another body to return to Earth ·The different levels of souls: beginning, intermediate, and advanced ·When and where you first learn to recognize soulmates on Earth ·The purpose of

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life Journey of Souls is a graphic record or "travel log" by these people of what happens between lives on Earth. They give specific details as they movingly describe their astounding experiences. After reading Journey of Souls, you will gain a better understanding of the immortality of the human soul. You will meet day-to-day challenges with a greater sense of purpose. You will begin to understand the

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reasons behind events in your own life. Journey of Souls is a life-changing book. Already, over 165,000 people have taken Journey of Souls to heart, giving them hope in trying times. You should read a copy, too.

And, On Memory and Recollection

The Complete Saga

What Is the Meaning of Life?

Imagining the Soul

The Living Soul

Discovering the Real

Meaning of the Life You

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Planned Before You Were Born

A History

A profound and in-depth dialog of Spirit-guided insights describing the nature of the soul essence and presenting imaginative, practical tools to transform human dramas. Addressing commonly asked questions, *Opening a Window to the Soul* presents a unique way to understand how the world operates, heal painful emotions, get along with difficult people, and clear unhealthy patterns. With potent examples from

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the author's personal journey as well as client sessions, the messages are compassionate, enlightening and universally applicable. Topics include: the nature of the soul essence; what's between lives; soul memories, emotions, ego, and creative thought as aspects of the "Earth Suit"; how past life experiences impact present time; the soul family as relating to childhood and karmic agreements; love relationships and soul mates; working with the

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Spirit team (soul family guides) and soul purpose. From Madonna to Deepak Chopra, celebrities have been recording and embracing Rumi's poetry for the past two decades, creating a resurgence of interest in this 13th century Sufi mystic. Rumi's Little Book of Life is a beautiful collection of 196 poems by Rumi, previously unavailable in English. Translated by native Persian speakers, Maryam Mafi and Azima Melita Kolin, this collection will appeal to Rumi lovers everywhere.

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This collection of mystical poetry focuses on one of life's core issues: coming to grips with the inner life. During the course of life, each of us is engaged on an inner journey. Rumi's Little Book of Life is a guidebook for that journey. The poetry is a companion for those who consciously enter the inner world to explore the gardens within--out of the everyday "world of dust"--through an ascending hierarchy that restores one's soul to the heart; the heart of the

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spirit; and in finding
spirit, transcending all.
One of the greatest
spiritual teachers of the
twentieth century shares
his philosophy on self-
discovery, free will, and
the search for a place and
purpose in life. "I myself
am a question. I know not
who I am. What to do?
Where to go?"—Osho
Destiny, Freedom, and the
Soul: What Is the Meaning
of Life? explores deeply
human questions, such as:
Is there really such a
thing as "soul," and if
so, what is it? Where does
the concept of karma fit

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in? Does my life have a special meaning or purpose? Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his

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teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

This widely acclaimed study of biblical anthropology is available once more along with a substantial new preface by the author. Fully engaged with theological, philosophical, and scientific discussions on the nature of human persons and their destiny beyond the grave, John Cooper's defense of "holistic dualism" remains the most satisfying and

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biblical response to come from the monism-dualism debate. First published in 1989, *Body, Soul, and Life Everlasting* is required reading for Christian philosophers, theologians, psychologists, and students interested in the mind-body question.

Your Life in Color

A farther Vindication of the Soul's separate existence and immortality, in answer to Dr. C-'s [i.e. W. Coward's]

"Farther Thoughts upon his Second Thoughts concerning Human Soul."

Living the Life Your Soul

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Intended

Your Soul's Plan

Care of the Soul

The Journey of the Soul

Exploring the Eternal Soul

- Insights from the Life

Between Lives

Would you like to understand the deeper spiritual meaning of physical illness, parenting handicapped children, drug addiction, alcoholism, the death of a loved one, accidents, deafness, and blindness? Your Soul's Plan (which was originally published under the title *Courageous Souls: Do We Plan Our Life Challenges Before Birth?*) explores the premise

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that we are all eternal souls who plan our lives, including our greatest challenges, before we are born for the purpose of spiritual growth. Through compelling profiles of people who knowingly planned the experiences mentioned above, Your Soul's Plan shows that suffering is not purposeless, but rather imbued with deep meaning. Working with four gifted mediums, author Robert Schwartz reveals the significance of each person's life plan and allows us a fascinating look into the "other side." Each personal story focuses on a specific life

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challenge, organized by type for easy reference. Accessible both to those familiar with the metaphysical aspects of spirituality and to the general reader, the moving narratives that comprise Your Soul's Plan help readers awaken to the reality that they are transcendent, eternal souls. With this stirring book as a guide, feelings of anger, resentment, guilt, and victimization are healed and transformed into acceptance, forgiveness, gratitude, and peace. Robert Schwartz is also the author of Your Soul's Gift: The Healing Power of the Life

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You Planned Before You Were Born, which explores the pre-birth planning of spiritual awakening, miscarriage, abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. There's also a chapter about the pre-birth planning we do with our future pets. Robert Schwartz is a hypnotherapist who offers general Spiritual Guidance Sessions, Past Life Soul Regressions, and Between Lives Soul Regressions. Visit Robert online at www.yoursoulsplan.com. On these two tapes Moore takes

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the listener through an actual lecture & workshop weekend on the soul conducted at The Open Center in New York, where he discusses his ideas on work, money, futility, creativity & answers questions from the audience

Inner peace is finally within reach with Tami Shaikh's groundbreaking new book, Detox Your Soul. Do you often find yourself wishing to rid yourself of all the negative, harmful influences that often make life so difficult? Look no further than this new thirty-day program that helps you cleanse away your spiritual, mental, and

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emotional toxins and remove these relentless daily obstacles once and for all. Beginning with day one, you'll learn how to face your inner demons and build up your self-esteem. The strategies are designed to be incorporated into your daily life- no drastic changes to your routine are needed! Waking up just ten minutes earlier and going to bed just ten minutes later each day gives you all the time you need to see-and feel-a difference. Each of the thirty chapters provides a section for you to record your innermost thoughts, reflections on that day's exercises, and what you

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have achieved both physically and spiritually in the last twenty-four hours. By the end of the thirty-day program, you'll feel more in tune with your spirit, mind, and emotions. Most importantly, you'll have gained the tools to cleanse your soul for a lifetime to come. Are you searching for the kind of authentic happiness that makes your heart beam with joy? Have you felt a gentle nudge recently to listen to the call of your soul? Do you want to gain the sort of wisdom and insight that will help you have more clarity in life? Then this book is for you. Kylie Riordan,

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author of When Soul Is Life, lovingly presents life-transforming soul wisdom that inspires you to live a life of authentic happiness in the here and now by using practical real-life virtues such as kindness and love. Are you brave enough to listen to the call of your soul? Are you ready to enter into a sacred contract with love? Once you open this book and embrace the wisdom of your soul, there is no turning back. If you are courageous enough to take the first step, you can be sure that the final destination will be love. When do you know you have obtained authentic

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happiness? When soul is life!

New Life in Dismal Places

Body, Soul, and Life Everlasting

Case Studies of Life Between

Lives

Rumi's Little Book of Life

Incarnation -- Conception --

Birth -- Death -- Hereafter --

Reincarnation

The Nature of Humanity in the

Bible

A Unique Window Into the

Soul's Understanding of Reality

In this special twenty-

fifth anniversary edition

of Thomas Moore's

bestselling Care of the

Soul, which includes a new

introduction by the

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author, readers are presented with a revolutionary approach to thinking about daily life—everyday activities, events, problems, and creative opportunities—and a therapeutic lifestyle is proposed that focuses on looking more deeply into emotional problems and learning how to sense sacredness in ordinary things. Basing his writing on the ancient model of “care of the soul”—which provided a religious context for viewing the everyday events of life—Moore brings “care of

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the soul” into the twenty-first century. Promising to deepen and broaden the readers’ perspectives on their life experiences, Moore draws on his own life as a therapist practicing “care of the soul,” as well as his studies of the world’s religions and his work in music and art, to create this inspirational guide that examines the connections between spirituality and the problems of individuals and society. “Thoughtful, eloquent, inspiring.” –San Francisco Chronicle “I

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*soulfully recommend it
without reservation."*

*—John Bradshaw, author of
Homecoming*

*"It's easy in these times
to allow ourselves to slip
into resignation,
isolation, or despair. The
Book of Soul is an
antidote." —Arianna*

*Huffington, Founder & CEO,
Thrive Global and Founder,
Huffington Post "I*

*recommend The Book of Soul
for all of us wanting to
stay connected to a deeper
purpose." —Melinda Gates,
New York Times Bestselling
Author of The Moment of*

Lift "There is much to

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explore and savor in this [new] book [by] this incredibly talented writer, storyteller, poet, and teacher. The spiritual practitioner will rejoice in Nepo's uncanny ability to consistently stretch our minds and souls with fresh musings." —Frederic and Mary Ann Brussat, *Spirituality & Practice* "I love all Mark's books because of his deep insights and his amazing way with words, but there's something truly special about this one. It feels like a compilation of the best and most

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profound ideas from his work. I want to savor each and every chapter." –Katy Koontz, Editor, Unity Magazine A powerful new book of spiritual awakening from #1 New York Times bestselling author Mark Nepo In The Book of Soul, Mark Nepo, the bestselling author of The Book of Awakening, offers a powerful guide to inhabiting an authentic and wholehearted life. After we are physically born, we must be spiritually born a second time, a process that takes place through the labor of

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a lifetime as we develop into more fully realized beings. The Book of Soul delves into the spiritual alchemy of that transformation in all its mystery, difficulty, and inevitability. The book is divided into four sections that mark the passages we all face: enduring our Walk in the World, until we discover Our True Inheritance, which allows us to live in the open by Widening Our Circle, as we Help Each Other Stay Awake. The Book of Soul is a piercing guide, replete with beautiful truths and

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startling insight, that leads us deeply into the process of transformation. You can't help but be changed when you have a cat. They teach us about devotion, loyalty, and the value of living in the moment. They show us how to appreciate every day, and somehow, in those deep eyes, we learn about ourselves as well, becoming better humans. Our feline friends teach us many lessons, from their days as a kitten to their quiet senior years. Along the way they keep us company, provide

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unconditional love, and share in the ups and downs of our lives. These 101 real-life stories will delight cat lovers of all kinds. You'll laugh a lot, tear up at times, and nod your head in recognition as you read these tales about the wonderful experience of sharing life with a cat. Part of the proceeds go to support the work of American Humane, providing a better life for cats everywhere. In this timeless and profound inquiry, Aristotle presents a view of the psyche that avoids

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the simplifications both of the materialists and those who believe in the soul as something quite distinct from body. On the Soul also includes Aristotle's idiosyncratic and influential account of light and colors. On Memory and Recollection continues the investigation of some of the topics introduced in On the Soul. Sachs's fresh and jargon-free approach to the translation of Aristotle, his lively and insightful introduction, and his notes and glossaries, all bring out

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*the continuing relevance
of Aristotle's thought to
biological and
philosophical questions.
Destiny, Freedom, and the
Soul*

*The Life of Curtis
Mayfield*

Journey of Souls

Creative Stress

Anatomy of the Soul

Soul and Everyday Life

Soul by Soul

Soul by Soul tells the story of slavery in antebellum America by moving away from the cotton plantations and into the slave market itself, the heart of the domestic slave trade. Taking us inside the New Orleans slave market, the largest in the nation, where 100,000 men, women, and children were packaged, priced, and sold,

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Walter Johnson transforms the statistics of this chilling trade into the human drama of traders, buyers, and slaves, negotiating sales that would alter the life of each.

What emerges is not only the brutal economics of trading but the vast and surprising interdependencies among the actors involved.

The first volume to examine theories of soul in Greek philosophy using an approach drawn from the history of science.

Dr. Metzner discusses the experience of birth and of prenatal life, the unconscious psychic imprints of the conception event, the soul's choosing of a human incarnation, and the connection with familial ancestors. He also discusses the experience of death of the physical body and the soul's life in the intermediate realms before choosing rebirth into another life.

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Creative Stress reveals with precision how we can and must transmute negative stress so that we can evolve individually and collectively. It offers the reader a steady climb to the higher reaches of human creativity and fulfillment, and is packed with compelling stories from O'Dea's exceptionally rich experience.

The Life of God in the Soul of Man in
Modern English

Surprising Connections Between
Neuroscience and Spiritual Practices That
Can Transform Your Life and
Relationships

Opening A Window To The Soul

Detox Your Soul

Young Soul Planet

The Untethered Soul (EasyRead Super
Large 18pt Edition)

The Scorched Souls Saga,
Books 1-4, Firetrap,

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Firefight, Firestorm, and Fireworks all in one volume. "If the Scorched Souls Saga was a cocktail, it would be one part Overboard, the 1987 movie classic, starring Kurt Russell and Goldie Hawn, mixed well with the FX hit TV series, Sons of Anarchy, with a twist of 50 Shades." Olympia Olsen I don't know who I am. I don't know where I am. What I do know: I don't trust Boone Richards, my supposed husband. It doesn't matter how damn sexy he is; I refuse to give in to his demands.

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How could I marry someone like him? A biker who acts like a caveman on steroids and calls me his "old lady." What the-? Our kids, this life, this MC...it's all wrong. I don't belong. The problem is, I can't remember anything. If this really is my life, it's no wonder I want to forget. Did I mention someone is trying to kill me, and Boone is the one person standing between me and a fiery death? Boone Richards What started out as a way to get even has turned into so much more. I want to

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touch her. Taste her. Own her. I want to make Olympia mine. If I do, and she remembers, things are gonna go from bad to worse. The club is my life, my brothers are my family. I can't afford to be sidetracked by a woman, but it's hard not be distracted with her looking like that, talking like that, and shaking her sweet ass like that. What I do know: taking Olympia has changed everything, including me. Protecting her from a murdering arsonist has become my obsession. I'll destroy

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anyone who tries to hurt her. Please be advised: The entire Scorched Souls Series is for readers 18 and older due to sexual content, violence, language, and dark subject matters. You have been warned. There are BDSM elements in all four books.

Soul-Centered: Transform Your Life in 8 Weeks with Meditation presents a secular, mainstream view of meditation and applies it practically as a tool for personal transformation. Each week's lesson in the

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8-week program contains a key for navigating the journey of self-awareness, and each week's meditation practice builds on those of the previous weeks, making the process accessible and enjoyable for novices and experts alike. Inspiring stories from Sarah's own experience and from the students she's taught in her 20-year career as a meditation teacher further enrich the text. Her approach is grounded in leading-edge brain research that shows meditating for 27 minutes

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a day over 8 weeks can make a huge difference by altering the gray matter in areas of the brain that govern learning, memory, empathy, and stress. Each of the lessons in the 8-week program is designed to provide a structure for creating a successful and sustainable meditation practice. As the readers build their meditation practice, they learn to undo stressful habits that don't serve them, cultivate compassion for themselves and others, and listen to and trust their inner wisdom. The Soul-

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Centered journey is one of finding out who you really are; navigating your life based on that peaceful, loving, wise part of yourself; then fully and fearlessly expressing yourself in the world.

This book is a practical and common sense approach to helping you overcome self defeating behavior. It explores some of the ways that you may have contracted the limiting, deep seated beliefs that are keeping you stuck in negative patterns. It is presented in a humorous and somewhat sagacious

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way, which gets "in your face" and makes you think. This work touches on many of the world religions, just enough to help you understand how they, along with parental and peer pressures have led you to think and act the way you do. It also looks at the possibility of soul choices and karma and even alien influences as a reason for you actions. Above all it gives you tools you can use to rethink your deepest beliefs thereby recreate your reality, regardless of where it came from.

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Basing her approach on historical sources, Rosalie Osmond explores the way the soul has been represented in different cultures and at different times, from ancient Egypt and Greece, through medieval Europe and into the 21st century.

Body, Soul, and Human Life

When Soul Is Life

Aristotle's On the Soul

Soul-Centered

Soul Mission, Life Vision

Traveling Soul

Guide for Cultivating

Depth and Sacredne

Whether you are heading

out to an important job

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interview or a pivotal first date, feeling empowered, confident, and ready are the key elements to success.

Internationally renowned psychic and cosmic life coach Dougall Fraser draws from years of experience and observation to create a guide for utilizing the innate strength of colors in conjunction with your individual self. From white to gold to emerald green, every color has qualities that you can consciously draw strength and purpose from in order to support you in

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achieving your highest goals and dreams. Fraser explores each key color's unique spiritual and practical qualities, providing insight into its history and shadow sides, real-world personal and professional anecdotes, and exercises and inspiration to evoke each color's maximum power. His step-by-step plan will help you to integrate color energy into your daily life, from the inside out. Unlock the full magnitude of your soul's potential by letting its true colors

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shine bold and bright!

A Unique Window into the Soul's Understanding of Reality is a compilation of original essays by Kim Ripley Hartt designed to bring readers to a new understanding of themselves. These essays cover basic questions about the mind with regard to family, work, and life's purpose and direction. Kim's writings expound on topics such as life, death, health, and spiritual renewal to open up readers' minds to a new awareness of themselves. This book embraces

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interest in spiritual, philosophical, and New Age thought. Anyone who has ever wondered about his or her place in the world will find food for thought in this collection of essays. Readers are encouraged to meditate upon these writings and come back to them again and again, as each reading will reveal new truths, depending on events that have transpired since the initial reading. Open your heart and mind and allow your thoughts to be naturally guided as you look through A Unique

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Window into the Soul's Understanding of Reality. Dr. Mitchell Gibson was Chief Resident in Psychiatry at a large inner city medical center. One day, while meditating in his apartment, a mysterious being appeared and changed his life. Gibson was faced with the dilemma of interacting with a highly intelligent being who was not of this dimension. The predicament threatened to dramatically alter his career, his relationships, and his ability to function as a doctor.

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Arguing that the pursuit of happiness is futile, the Jungian perspective asserts that the goal of life is not in happiness, but in meaning which is real, rather than a fruitless ideal. This book shows how to find life's dignity by uncovering its deepest meaning and discovering errors made.

Secrets of the Happy Soul
A 30 Day Road Map to Loving Yourself
Experience the Deep Delight You Were Made For
Life Transforming Wisdom from the Heart of the Soul
Chicken Soup for the Soul:

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Life Lessons from the Cat
A Path for Evolving Souls
Living Through Personal
and Planetary Upheaval
The Instruction

When Soul Is LifeLife
Transforming Wisdom from
the Heart of the
SoulBalboa Press
Henry Scougal's, The Life
of God in the Soul of Man,
continues to provide the
most accurate description
of real Christianity. It
also provides the reader
with the differences
between true Christianity
and the many pretenders
that have arisen over the
centuries since its

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inception. That is one good reason this book, originally published in 1677, continues to sell. It is a must read for anyone who is serious about finding the narrow gate and walking the narrow path that leads to life. In this book, Scougal deals with topics such as: eternal life, born again, salvation, faith, loving God, experiencing God's presence, absolute surrender, finding peace with God, the nature of God, the character of God, God's grace, God's care

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for us, the sovereignty of
God, power to live,
abundant life, victory
over sin, victory over the
world, spiritual growth,
developing a personal
relationship with God,
loving others,
transformation, renewing
the mind, obedience,
holiness, pleasing God,
doing God's will,
worshipping God, real
humility, real purity,
effective prayer,
meditation, false ideas
about Christianity, the
fallen nature, worldly
vision vs eternal vision,
worshipping in vain,

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surface religion vs
internal religion,
hypocrisy, and
distinguishing between
spirit, soul, and flesh.
This book is recommended
for establishing new
believers in the faith and
helping them grow in the
grace and knowledge of
Jesus Christ. It is
perfectly suited for
discipleship, group study,
and spiritual development
courses. Scougal's book
gives us an opportunity to
look back into time at
historical, classical
Christianity. It is a
monument in the

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advancement and improvement of the Protestant Reformation. Therefore, the reader can better distinguish the differences between the many errors in modern Christianity and Christianity prior to these modern deviations. God has used this book in bringing revivals. Charles Wesley and George Whitefield, who were instrumental during the Great Awakening, testified to the importance of this book in their own lives. Wesley gave Whitefield a copy of this book. For

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this reason, Whitefield's quote, "I never knew what real Christianity was until God sent me this excellent book" has adorned the covers of earlier printings. Readers familiar with the great works of Christian literature written in the nineteenth and twentieth centuries will recognize the influence this book had upon those authors. This book will prove to be very helpful to those who know the end time prophecies regarding the corruption, infiltration, and apostasy of organized

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religion. It will help them to set a course out of the slow fade and into personal revival. All these reasons make this book an invaluable asset to all who desire to grow in their relationship with God. The insights that Scougal penned regarding the deeper, more intimate walk with God will encourage new believers, the most devout saints, and everyone in between. And now there is even more reason for this book to remain popular. Words like adumbrate and inveigle have been replaced with

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everyday words. The original meanings of the many words and phrases that have changed with the passing of time have been raised from the dead. Now the average person can read and comprehend it without getting a migraine, or even dusting off an old dictionary. There is no longer any need to be reluctant to give this book to a friend or loved one due to the difficult language of the original. The reading is now smooth sailing. And yes, it will still amaze you with the depth of

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insight, incredible
wisdom, and practical
advice found in the
original!

Life, Death, and
Immortality

Heat, Pneuma, and Soul in
Ancient Philosophy and
Science

Scorched Souls