

Speak With Power And Confidence Tested Ideas For Becoming A More Powerful Communicator Patrick Collins

Now more than ever, the scientific and medical community is under the microscope and in front of the media. Science matters, and in a post-truth world it's more important than ever for scientists and physicians to be heard. But there's a challenge. To get people to listen, you can't communicate in writing alone anymore. You need to speak up and be seen - on stage, online, and on camera. To do this well you need to master the art of influential speaking, which is something you weren't taught at university or medical school. This book teaches you how to become a compelling scientific speaker so that you can put your message across with confidence and clarity, both online and in person. It's written by a speaking coach with 25 years of experience in science communications. Part One shows how speaking can help you to win the war of attention, benefiting both your field and your career. Part Two explains how to craft your scientific message in a way that connects with your audience and achieves your goal. Including how to be memorable, handle the Q&A, and communicate risk. Part Three gives you a tool kit for speaking with energy and conviction in all types of situations. These include virtual channels, which are particularly important in the post-COVID era. Jo Browning is the Founder and Managing Director of Filshie Browning Associates, and its Principle Consultant. She has 25 years of experience in verbal communication skills, and helps scientists and physicians to improve their content, competence, and confidence, so that they can communicate with impact and authority. This enables them to enhance their reputations and build more effective relationships with both their peers and others.

The foolproof results of a polished and professional verbal delivery illustrate how the voice can be used to achieve greater confidence, credibility, professional success, and sales in this handbook on applying voice-control techniques used by voice-over artists in business communications. From a comprehensive voice evaluation to a step-by-step voice improvement plan, a range of activities provide information on how to improve diction and articulation, speak with greater warmth and enthusiasm, and make a lasting impression. Practical tips include how to leave a voice-mail message that is 40 percent more likely to be returned and how to make outgoing messages sound professional. Insider secrets about the influence of the spoken word will help speakers acquire and practice the skills necessary to sound more credible, tell great stories, and add a more musical quality to speech by mastering voice pitch and inflection.

Describes the techniques professional speakers and performers use to grab and hold their audiences' attention.

Provides advice and simple techniques for communicating effectively in speeches, business presentations, negotiations, job interviews, media interviews, and other situations where verbal skills are crucial for projecting a powerful and confident image. Original.

How to Command the Room and Influence Others

Overcome Your Fear and Speak with Confidence!

The Power of Voice

Your Voice Is Your Calling Card

Unmute Yourself

How Anyone Can Calmly and Confidently Learn and Speak Another Language

Cues

How to Prepare, Learn, and Deliver Effective Speeches

Public speaking is one of the most intimidating and important aspects of many jobs. As a one-time speechwriter for President Johnson, and in his current position as president of the Motion Picture Association of America, Jack Valenti has written and delivered speeches in all kinds of settings. Originally published in 1982, Speak Up with Confidence is an indispensable resource for anyone who wants to write and deliver a speech that people will listen to and remember.

No more public speaking anxiety - only bullet-proof confidence. No more blunders - only suave, compelling, persuasive speech. No more scattered clapping - only thundering applause. No more sleeping audiences - only attentive, engaged, and captivated ones. With this new book, you are now guaranteed to instantly (& easily) master speaking. Read more... You have a problem: Weak (or even average) public speaking skills hurt you. They stagnate your career. They limit your potential. They fill you with anxiety before every presentation. They make you feel ignored, sidelined, and disrespected. They make you feel like you aren't heard. Here's the truth about what you deserve: You deserve to communicate your brilliant ideas with ease. You deserve to lead, to advance, and to transform people with your words. You deserve to present your ideas with eloquence. You don't deserve to be held back by weak communication skills your entire life. I was there. I understand you: I remember when fear paralyzed me every time I stood up in front of a crowd. I understand what it's like to wonder "is my speech good enough?" Nobody should have to second-guess their ideas. And I care that your ideas are heard. Here's why you can trust me: I coached hundreds of competitive public speakers. I won national speech competitions. I received a seal of special distinction from the National Speech and Debate League. I was the State Champion. I won 27 awards as a competitive public speaker. With this new book, you will: Learn how to instantly and painlessly defeat public speaking anxiety. Discover proven & simple secrets to speak with bullet-proof confidence. Never fear a speech, meeting, or presentation again. Discover 297 proven public speaking techniques guaranteed to captivate your audience. Master the advanced, expert techniques used by the world's best speakers. Become better than 99% of other people at public speaking. Learn a step-by-step framework to speak with easy eloquence, persuasive power, and cool confidence. Master speech writing, delivery, vocal techniques, body language, rhetoric, and content. You also get \$150 of exclusive bonuses FREE: Free: The Public Speaking Essential Skills video course by the author. Free: A personal email training with the author after you read. Free: The Art of Public Speaking (PDF), by Dale Carnegie. Free: Public Speaking, by Clarence Stratton. Free: The Training of a Public Speaker, by Grenville Kleiser. Free: Successful Methods of Public Speaking, by Grenville Kleiser. Free: A 29-page book summary, which includes every chapter. Free: A 219 point speech-checklist. Free: A technique reminder sheet. Free: A 208-question self-assessment to identify improvements. Free: A PDF of parts of the book to share with friends. Here's what you should do: Go hit that buy-now button. It can save you from a life-time of public speaking anxiety and weak communication skills. And that will cost you much more than this book. If you're not ready to buy: Go hit that "look inside" button. Check out the table of contents to see the exact methods and public speaking secrets I will teach you. This public speaking book / communication book is like Ted Talks, by Chris Anderson, How to Win Friends and Influence People by Dale Carnegie, and Rhetoric.

Wall Street Journal bestseller! For anyone who wants to be heard at work, earn that overdue promotion, or win more clients, deals, and projects, the bestselling author of Captivate, Vanessa Van Edwards, shares her advanced guide to improving professional relationships through the power of cues. What makes someone charismatic? Why do some captivate a room, while others have trouble managing a small meeting? What makes some ideas spread, while other good ones fall by the wayside? If you have ever been interrupted in meetings, overlooked for career opportunities or had your ideas ignored, your cues may be the problem - and the solution. Cues - the tiny signals we send to others 24/7 through our body language, facial expressions, word choice, and vocal inflection - have a massive impact on how we, and our ideas, come across. Our cues can either enhance our message or undermine it. In this entertaining and accessible guide to the hidden language of cues, Vanessa Van Edwards teaches you how to convey power, trust, leadership, likeability, and charisma in every interaction. You'll learn: • Which body language cues assert, "I'm a leader, and here's why you should join me." • Which vocal cues make you sound more confident • Which verbal cues to use in your résumé, branding, and emails to increase trust (and generate excitement about interacting with you.) • Which visual cues you are sending in your profile pictures, clothing, and professional brand. Whether you're pitching an investment, negotiating a job offer, or having a tough conversation with a colleague, cues can help you improve your relationships, express empathy, and create meaningful connections with lasting impact. This is an indispensable guide for entrepreneurs, team leaders, young professionals, and anyone who wants to be more influential. Whether a professional stage performer, teacher, coach, or business professional, everyone is a performer. This primer is the ultimate voice and performance coaching package for overcoming nerves and stage fright and becoming a remarkable, inspiring speaker.

Fluent and Confident

How To Give Persuasive Presentations To Boost Your Confidence And Career

Confidence Culture

Find Your Voice, Trust Your Gut, and Get from Where You Are to Where You Want to Be

Gravitas

Speak with Impact

Speak to Influence

Master the Secret Language of Charismatic Communication

The Power To Speak Naked helps everyone unleash the power to speak the raw naked truth. For those who want to advance their career, increase their wage, improve their social standing, and skyrocket their confidence, The Power To Speak Naked gives them proven strategies to crush their fear of public speaking and empowers them to be able to speak in front of any audience, anywhere, at any time. The Power To Speak Naked features techniques that will make any presentation more dynamic, fire up any team, and give anyone the confidence to overcome their fear of public speaking. Within its pages, Sean Tyler Foley presents easy-to-read tips that make it possible for anyone to deliver a presentation that is engaging, persuasive, and memorable. He also presents proven actionable steps that will help anyone advance in their career and life.

You step on stage. Your palms sweat. Your pupils dilate. Your heart rate increases. You start taking deeper breaths, faster. Whether you have ever played an organized sport or acted in a school play, you'll recognize these signs. Glossophobia, the fear of public speaking, is consistently rated as people's top fear. If you are nervous or anxious before a presentation, you are not alone! Many, many people have faced this same anxiety. Are you the only person who experi-ences the fear of public speaking?Not even close. How about Prince Harry? Warren Buffett? Leonardo DiCaprio? Adele? All had anxiety prior to speaking in public at some point in their careers. It doesn't matter how famous you are, how wealthy you are, or how successful you are. This graphic novel exists to provide you with strategies you can put into practice to help you re- frame your fear and deliver a great speech or presentation!

Speak with Power and ConfidenceTested Ideas for Becoming a More Powerful CommunicatorSterling Publishing Company, Inc.

Drawing on her own successful experience and presenting advice from top female executives, Linda D. Swink guides women through each step of preparing for a speech and how to deliver it by using visual aids, voice control, and humor, among other techniques. Information is provided for both novice and expert speakers, so every woman will learn something new. This valuable guide will empower any woman who wants her words to be taken seriously and reach new levels of success.

How to Speak with Confidence, Substance and Power

Speak Inspire Empower

Packed with Tips on how to Develop Confident Communications Skills

Speaking Easy

Conversational Style

9 Habits That Build Confidence, Courage, and Influence

The Original Formula to Speaking with Power

Have you ever dreamed of being on stage and speaking to a primed and eager audience excited to receive your content? Or maybe you are like the millions of people around the world who are terrified to speak. Either way, you have a story to tell and people need to hear it. Sean Tyler will teach you how to prepare yourself, engage your audience, and connect with a group of any size. Sean Tyler addresses the technical aspects of public speaking like how to prepare a room, how to engage your audience before and during your talk.

This book offers eight easy-to-follow steps to speak with confidence, credibility and charisma, with each exercise enabling the reader to express ideas with authority, develop leadership and communicate with power, in a book that covers every aspect of speaking situations and prepares the reader for any occasion in which they will speak to an audience. Original.

This revised edition of Deborah Tannen's first discourse analysis book, Conversational Style--first published in 1984--presents an approach to analyzing conversation that later became the hallmark and foundation of her extensive body of work in discourse analysis, including the monograph Talking Voices, as well as her well-known popular books You Just Don't Understand, That's Not What I Meant!, and Talking from 9 to 5, among others. Carefully examining the discourse of six speakers over the course of a two-and-a-half hour Thanksgiving dinner conversation, Tannen analyzes the features that make up the speakers' conversational styles, and in particular how aspects of what she calls a 'high-involvement style' have a positive effect when used with others who share the style, but a negative effect with those whose styles differ. This revised edition includes a new preface and an afterword in which Tannen discusses the book's place in the evolution of her work. Conversational Style is written in an accessible and non-technical style that should appeal to scholars and students of discourse analysis (in fields like linguistics, anthropology, communication, sociology, and psychology) as well as general readers fascinated by Tannen's popular work. This book is an ideal text for use in introductory classes in linguistics and discourse analysis.

s much about "speaking in public" as it is about "public speaking, " Talking with Confidence for the Painfully Shy can help even the most shy person speak up and speak out in any business or social situation.

Analyzing Talk among Friends

Speak Fearlessly

Holding Audience Attention

Public Speaking Made Simple

Connecting at Head & Heart Level for Maximum Results

Power Speaking

Grit

Speak with Power and Confidence

A favorite among entrepreneurs, Speak with Confidence, Sell with Authority is a book for those who both hate and love sales. With over 30 years experience, Jane M Powers uses her straightforward, big-hearted style to guide thousands in transforming their message to money from any platform, with her "Speak to Profit" Formula. After decades of successful speaking, coaching, and perhaps most of all, her real-life experience founding and running multi-million dollar businesses, Jane appreciates that success is truly about the power of your message. Learn to speak with confidence and sell with authority from any platform, whether it is video, podcasts, the big stage, webinars, or networking events. Turn your message to money with big impact and generate big income, whether it is an audience of 1 or 1,000 for 7 seconds or 7 hours. Deliver a powerful, heartfelt, influential message in just 17.5 seconds that will have the audience sit up and pay attention like never before. Learn to influence others and mobilize your ideal clients to take action with a simple formula. Discover how to connect, capture, and close your ideal client, time and time again with authenticity and confidence. Many people are not closing the sale because they cannot speak the buyer's language. Speak with Confidence, Sell with Authority shows you how to identify not only your C.O.R.E. Code, but the C.O.R.E. Code of your buyer. Being able to speak the right language of your ideal clients will close them time and time again. Understand how to overcome the toughest of objections and get them to their YES!

WE CAN all speak, but when it comes to a second language most often WE WON'T speak. Even after years of studying and practicing another language most of us are uncomfortable and even nervous having conversations in another language. This problem is universal regardless of what language you speak. Speaking another language is difficult, but becoming fluent is possible for everyone. With straight forward, no nonsense explanations this book is designed to build your confidence, motivation and fluency. With over a decade of teaching and using a foreign language, Graham Alexander explains why: MORE STUDY DOES NOT MEAN BETTER LANGUAGE ABILITY. KNOWING A SECOND LANGUAGE AND USING A SECOND LANGUAGE ARE TOTALLY DIFFERENT. This book hacks into how your mind works and how you can program yourself to enjoy learning and speaking even if you are nervous. Fluent and Confident - How Anyone can Calmly and Confidently Learn and Speak Another Language' allows you to unlock your voice and speak with ease. With simple, straightforward and easy to understand explanations, this book is designed for anyone from the high school student and older. A must read for any international businessman, overseas student, expat or language learner! With literally millions of personal and professional second language conversations behind him, Graham Alexander shares his understanding of the habits we all have that sabotage our second language production. Included are easy to use tips and exercises to stop bad habits and get you speaking and interacting with confidence. Fluent and Confident' gives simple guidelines and advice which if followed closely will transform the humblest and shyest of speakers into a confident communicator. Unlike most text books this book contains NO GRAMMAR RULES NO VOCABULARY LISTS NO READING EXERCISES Most language learners fail because they lose motivation, this book focuses on developing your motivation until learning and speaking in another language is something that you have a burning desire to do! Don't waste another penny on private classes or text books until you have read what lies within these pages.

Stop Underestimating Yourself. You are capable of far more than you know. The most successful women are often not the most talented, the most gifted, or even the most experienced. What these women have is a knack for communicating that opens doors and gives them influence.

Gleaning from powerful research, bestselling author and life strategist Valorie Burton unearths practical insights you can put to work in your life immediately. Scientific studies are proving what the ancient wisdom of Scripture has shown all along: The power of life and death lies in the

very words you speak. Let Valorie teach you how to... recognize the nuances in speech that can mean the difference between success and failure increase your influence by changing what you think and say in critical moments speak accurately about yourself so you don't sabotage your most meaningful goals boost your confidence by making simple tweaks to your everyday speech Your words are powerful tools. It's time to use them to build the life you really want.

Speak Inspire Empower If you had to give a speech to a hundred colleagues today, how would you feel? Mark Robinson would feel confident, but it wasn't always that way. In Speak Inspire Empower, he explains his secrets of presenting to any audience - how you can keep them hanging on your every word and persuade them to follow your call to action. In this book, you'll learn how to: - get everyone's attention from your first words - have a clear goal for your presentation - build self-confidence for your talk - learn from the very best public speakers of today - persuade your audience using influence techniques And he relates his personal story, how he gave his first presentation - terrified - to how he ended up on the TEDx stage to give the popular talk: "How to present to keep your audience's attention". This book is unlike any other on public speaking. The techniques are powerful and practical. Each chapter contains exercises for you to implement what you've learnt. His personal story is as inspiring as it is fun to read. And his message of positive feedback is something everyone needs to hear. "Mark has taken the principles learnt from my course and built on them to give a great TEDx speech, a first-class presentation skills workshop and now a winning book! The powerful techniques in this book are well explained, easy to implement and will take your presentations to a new level. And his personal journey, from a terrified presenter to the TEDx stage, is inspiring to all. Highly recommended!" Remco Claassen: Speaker & Best Selling Author "The core of TMC is to inspire engineers to become successful "Employeneurs". Some of them also become successful entrepreneurs. Mark is a living example of this idea: by setting up the highly acclaimed Mark Robinson Training, he is empowering his fellow engineers, and hundreds of others, to communicate confidently, persuasively and clearly! Everyone who wants to give great presentations and grow in self-confidence should follow his workshop and read this book!" Thijs Manders: Founder & President TMC Group, Founder & CEO TMI-Investments.com

Speak Like a Pro - How to Destroy Social Anxiety, Develop Self-Confidence, Improve Your Persuasion Skills, and Become a Master Presenter

Successful Women Speak Differently

Speak Up and Be Heard

How to Power-Charge Your Voice, Boost Your Confidence, and Speak with Joy, Ease, and Conviction

Talking with Confidence for the Painfully Shy

Transform Inexperience and the Fear of Public Speaking Into Energy, Know-how and Results!

How to Unlock the Hidden Power of Your Voice

Communicate with Confidence, Influence and Authority

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls "grit." "Inspiration for non-geniuses everywhere" (People). The daughter of a scientist who frequently noted her lack of "genius," Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In Grit, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she's learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. "Duckworth's ideas about the cultivation of tenacity have clearly changed some lives for the better" (The New York Times Book Review).

Among Grit's most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even lite-changing, Grit is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is "a fascinating tour of the psychological research on success" (The Wall Street Journal).

Offers information on becoming an extraordinary communicator. This book helps you discover how to: replace fear with relaxation and alertness; use the 'big purpose' to shift focus from yourself; organise your ideas by asking the right questions; support your points with a simple formula; and, design your talk to attract different learning styles.

When you know what to say and how to say it, people listen. Find your powerful voice, and step into leadership. Speak with impact. Every day, you have an opportunity to use your voice to have a positive impact -- at work or in your community. You can inspire and persuade your audience -- or you can distract and put them to sleep. Presentation styles where leaders are nervous, ramble, and robotic can ruin a talk on even the most critical topics. As your performances become weak, your career prosects start to dim. To get ahead and make an impact, you need to deliver well-crafted messages with confidence and authenticity. You must?sound?as capable as you are. Public speaking is a skill, not a talent. With the right guidance, anyone can be a powerful speaker. Written by former opera singer turned CEO and TEDx speaker Allison Shapira. Speak with Impact unravels the mysteries of commanding attention in any setting, professional or personal. Whether it's speaking up at a meeting, presenting to clients, or talking to large groups, this book's easy-to-use frameworks, examples and exercises will help you: Engage your audience through storytelling and humor Use breathing techniques to overcome stage fright Strengthen and project your voice by banishing filler words/uptalk Use effective body language and build your executive presence Compose a clear message and deliver confident, authentic presentations Learn to conquer fear, capture attention, motivate action, and take charge of your career with?Speak with Impact.

Have you ever wondered why some people earn attention and respect when they speak and others don't? The secret to their success can be summed up in one word: gravitas. In this revolutionary new book, leading voice coach and speaker Caroline Goyder reveals how to speak so others will listen. Through simple techniques to build your natural gravitas, you will learn how to express yourself clearly with passion and confidence to persuade, influence and engage listeners. By being grounded in your values and capabilities, you will gain the authority needed to make people sit up and pay attention. Each chapter guides you step-by-step through practical techniques and exercises to give you the skills for great presentations, productive meetings and persuasive pitches. You'll overcome anxiety, learn how to deal with difficult people and feel calm and in control when public speaking. An essential tool for the modern workplace, Gravitas will transform the way you think about yourself and your powers of communication.

How to Present with Power in Any Situation

Tips, Tricks and Techniques to Increase Your Confidence...and Comfort!

Public Speaking to Win (Condensed Classics)

Speak with Power and Grace

Gain Public Speaking Confidence, Defeat Public Speaking Anxiety, and Learn 297 Tips to Public Speaking. Master the Art of Public Speaking, Communication, and Rhetoric.

Get Seen. Get Heard. Get Sales

Tested Ideas for Becoming a More Powerful Communicator

Speak

The Unparalleled Classic on Speaking With Confidence and Power Now in a Special Condensed Edition Here is Dale Carnegie's master class on how to speak so that people listen, available in a compact editon. If you want to deliver effective sales presentations, influence clients and customers, and speak persuasively on any topic, Public Speaking to Win! is your key to success. You will discover: • What REALLY grabs your listeners' attention. • How to establish intimacy with your audience. • How to win people's confidence. • The one vital ingredient to every powerful talk. • How to speak in a natural, easygoing manner. • How to open and close a talk. • How to move your listeners to action. Abridged and introduced by PEN Award-winning historian Mitch Horowitz, Public Speaking to Win! provides the full insight of Dale Carnegie's original guidebook, in one concise, unforgettable lesson.

Have you ever been called upon to speak at an event and the mere thought of doing it is giving you sleepless nights? Do you want to learn how to captivate a crowd with ease just like the pros? Are you looking to make your mark in the world of public speaking but have no clue where to begin? Whether you are speaking as the best man at your friend's wedding, leading a presentation by your team at the next board meeting or speaking to an audience of eager people, this book, Public Speaking: Speak Like a Pro; How to Destroy Social Anxiety, Develop Self-Confidence, Improve Your Persuasion Skills and Become a Master Presenter is just what you need. Dive into the core issues that could be affecting your self-esteem. Get practical tips on how to deliver your speech and overcome your social anxiety with the wealth of information made available in one accessible platform. Unlock the amazing potential within you in the quick and easy steps inside. In this book you will discover: Tips on getting you out of your comfort zone How to destroy your limiting beliefs and social conditioning Ways to develop unwavering confidence Effective ways to define yourself as a public speaker A simple guide to delivering the perfect presentation no matter the occasion Tips on vocal tonality, pitch, and body language for optimal influence Secrets to successfully dress to impress like a professional public speaker Tools that will help you practice, build confidence, overcome social anxiety, and succeed in your presentation And much more! The average public speaker earns as much as \$104,000 annually in the US. The people in the upper echelon of that statistic have annual earnings that go as high as \$300,000 within the same timeframe. In essence, this is a profession that is valued by a lot of people and if done right, it can create a sustainable income that can set you up for the rest of your life. Even if you are not interested in becoming a professional speaker, being a skilled public speaker is one of the most respected skill by your peers. This book, Public Speaking: Speak Like a Pro; How to Destroy Social Anxiety, Develop Self-Confidence, Improve Your Persuasion Skills and Become a Master Presenter, provides you with a wholesome perspective on becoming a public speaker that is effective, practical and insightful. The objective of this book is not just to make you a public speaker, but one who is bold enough to stand on any stage and share their truth with their audience. Your fears should not have the power to impede your dreams. Reach into yourself and unleash your full potential with this book one page at a time. Don't let that incredible talent that you have go to waste. So what are you waiting for? Scroll up, click "Buy Now" and begin your transformation as a confident, influential, public speaker!

In Confidence Culture, Shani Orgad and Rosalind Gill argue that imperatives directed at women to “love your body” and “believe in yourself” imply that psychological blocks rather than entrenched social injustices hold women back. Interrogating the prominence of confidence in contemporary discourse about body image, workplace, relationships, motherhood, and international development, Orgad and Gill draw on Foucault’s notion of technologies of self to demonstrate how “confidence culture” demands of women near-constant introspection and vigilance in the service of self-improvement. They argue that while confidence messaging may feel good, it does not address structural and systemic oppression. Rather, confidence culture suggests that women—along with people of color, the disabled, and other marginalized groups—are responsible for their own conditions. Rejecting confidence culture’s remaking of feminism along individualistic and neoliberal lines, Orgad and Gill explore alternative articulations of feminism that go beyond the confidence imperative.

From Tunde Oyeneyin, the massively popular Peloton instructor, fitness star, and founder of SPEAK, comes an empowering, inspiring book that shows how she transformed grief, setbacks, and flaws into growth, self-confidence, and triumph—for fans of Shonda Rhimes, Brene Brown, and Glennon Doyle. On any given day, thousands of devoted people clip into their bikes and have their lives changed by Tunde Oyeneyin. From her platform in a Peloton studio, she encourages riders with her trademark blend of positivity, empathy, and motivational “Tunde-isms,” to push themselves to their limits both on and off the bike. Now, fans and readers everywhere can learn about her personal journey, and discover how they too can “live a life of purpose, on purpose” with Speak, a memoir-manifesto-guide to life inspired by her immensely popular Instagram Live series of the same name. Taking us through each step of the SPEAK acronym—Surrender, Power, Empathy, Authenticity, and Knowledge—Oyeneyin shares the lessons she has learned about loss, love, body image, and how she has successfully created an intentional, joyful life for herself, offering an accessible blueprint for anyone looking to make a positive change in their lives.

PowerSpeak

How to Speak to Your Audiences with Confidence and Power

A Guide to Making Yourself Heard

Speak with Courage

Confident Speaking

How to Overcome Nervousness, Speak-Up, and Speak Out in Any Social or Business Situation

How to Master Public Speaking

The Power to Speak Naked

The Art of Public Speaking is a fantastic introduction to public speaking by the master of the art—Dale Carnegie. Featured within this classic manual are hundreds of tips and tricks on how to become an efficient and effective public speaker. One of the core ideas in his books is that it is possible to change other people's behavior by changing one's reaction to them. This is a fascinating work and is thoroughly recommended for everyone.

Foreword by Academy Award-winner Mahershala Ali “A comprehensive masterpiece. . . . Throughout the course of my life, I have struggled to be heard. With Denise’s insightful tutelage and easy-to-apply techniques, I have not only manage to find my voice, but to powerfully express myself so others listen! If you want to feel inspired and completely empowered give yourself the gift of this beautiful read!”—Halle Berry, Academy Award-winning actor An internationally renowned and highly sought-after Hollywood voice coach shares proven practices to help anyone utilize the often-untapped power of their own authentic voice. From a toddler's first words to professional public speaking, from a marriage proposal to asking for a raise, our voice is our most crucial instrument of expression. The world judges us by our voice. And yet there has been no authoritative guide to mastering its full capacity and expressing our true selves in every aspect of life, from relationships and family to work. Until now. As one of the nation’s most sought-after vocal coaches, Denise Woods has worked with everyone from Mahershala Ali, Will Smith, and Idris Elba to Kirsten Dunst and Jessica Chastain. In The Power of Voice, for the first time ever, Woods shares the secrets, tips, lessons, and stories that have helped Hollywood’s biggest stars become confident, effective communicators. Readers will learn how to: Articulate clearly Gain confidence in any situation Release tension and stress Address speech issues such as upspeak, vocal fry, and nasality Become powerful public speakers Find their truest form of expression With her unmatched ability to teach vocal mastery in real-world terms, Woods offers a much-needed, proven, practical, and invaluable set of tools that will forever change how we communicate and, ultimately, how we see ourselves and affect others.

Instructors and students understand that fear of public speaking is one of the biggest challenges in the introductory course. And that's where Speak with Courage comes in. Author and master teacher Martin McDermott has helped over 3,000 students overcome their fears and rise above speech anxiety by applying the right techniques. Speak with Courage offers 50+ diverse strategies—class-tested, rhetorical, practical, and fun—that help students at every stage of the speechmaking process, from getting started and choosing a topic to delivering the presentation and learning from the experience. Helpful and effective, this well-written and appealing text is the tool you need to get your students up and speaking—with confidence. Speak with Courage is also available as an inexpensive e-book, a great add on to any course with a public speaking component.

Speak Up and Be Heard will help you manage nerves and present yourself in a more confident and compelling way whether you're in an interview, speaking in a meeting or presenting to 500 people. Employers are looking for people who can communicate confidently and engage other people. This is a huge challenge for many people.

Executive Presentations

Develop Presence to Speak with Confidence and Skill

Speak with Passion, Speak with Power!

Speak Up to Stand Out

Speak to Win

How to Speak with Confidence, Communicate Effectively, and Win Your Audience

The Power of Passion and Perseverance

Improve Your Social Skills

The ability to speak with confidence and deliver winning presentations can accelerate your career, earn people's respect, and enable you to achieve your greatest goals. Anyone can learn to be a great speaker, just as easily as they can learn to drive a car or ride a bike. As one of the world's premier speakers and personal success experts, Brian Tracy reveals time-tested tricks of the trade that you can use to present powerfully and speak persuasively, whether in an informal meeting or in front of a large audience. In Speak To Win, you will learn how to: become confident, positive, and relaxed in front of any audience grab people's attention from the start use body language, props, and vocal techniques to keep listeners engaged transition smoothly from one point to the next use humor, stories, quotes, and questions skillfully deal with skepticism when presenting new ideas wrap up strongly and persuasively This no nonsense handbook is perfect for delivering talks that inform, impress, persuade and motivate. Brimming with unbeatable strategies for winning people over every time, Speak To Win lets you in on his most powerful presentation secrets in this indispensable, life-changing guide.

Public Speaking Made Simple is the definitive guide for anyone who wants to overcome their fear and speak with confidence. In this powerful guide, author and professional speaker Michael Fleischner reveals the specific techniques shared by today's most powerful speakers and shows you step-by-step how to overcome your speaking anxiety and present effectively. To succeed in your professional or personal life, talking with confidence is required and well within your reach. Public Speaking Made Simple is designed to help anyone who is required to speak in front of any sized audience. Learn from the author who was paralyzed with fear and anxiety but overcame great obstacles to speak with confidence and achieve a successful career.This guide is simple, effective, and powerful. Learn from Michael as he shares unique strategies that have worked for countless individuals who never believed they could achieve speaking success. Rise above your fears with proven techniques that work regardless of your current situation and speak confidently in front of any audience.With helpful, easy to follow lessons, you'll develop a deeper understanding of speaking with confidence, how to effectively prepare and present.Features include:* Never shared before strategies of today's best known and most effective speakers* One special technique that if used properly can reduce your anxiety by more than 70%* A little-known strategy that improves your confidence while you sleep* The best and most effective way to control your breathing during a presentation* How to write and confidently deliver a presentation to any sized audience*

And much, much, more...Learn from a public speaking expert - someone who overcame his own anxiety to gain confidence and feel comfortable presenting in person, online, and everywhere in between. Take the first step in an unforgettable journey and improve your life with Public Speaking Made Simple.

This book is the fulfillment of a dream to make a difference for people who have found it a challenging task to deliver a speech or give a high-impact presentation with confidence, clarity, and conviction. If you wish to speak with power and passion and to maximize your potential, then this is your book to make your dreams come true. Dr Peter Chee and Edwin Johnson have created a book that is truly the best of the best in this area. The ability to speak and influence people is the master key to success in work and life. Apply what you learn from this book and transform your future for the better (Dr. William J. Rothwell, award-winning author).

This book equips executives to give compelling and clear presentations. And it's all down to presence. There are three critical areas - what you say, how you use your body and your mindset. The rich blend of tools, tips and expert advice will help you become a consistently outstanding communicator.

Scientifically Speaking

Speak Up with Confidence

Delivering Powerful Speeches

How to speak about your research with confidence and clarity

50+ Insider Strategies for Presenting with Confidence

The Art of Public Speaking

Speak With Confidence Sell With Authority

Public Speaking

Improve Your Social Skills is a comprehensive, practical guide to social skills. It contains 200+ pages of step-by-step, easy-to-understand explanations of social interaction, written by a professional social skills coach whose TEDx talk on overcoming the social challenges of Asperger's Syndrome has been viewed over 180,000 times. You'll learn how to: Make Conversation (and keep conversation flowing smoothly!) Read Body Language (and send positive signals with your own body language!) Meet New People (and make friends with them!) Tell Stories In Conversation (that don't bore your audience!) Combat Shyness And Social Anxiety (a little courage every day adds up!) Date Successfully (without manipulation or sneaky tricks!) And More! (lots more!) Ok, enough with the bullet points. I'm Dan Wendler, and I wrote the book. I wrote it because I believe everyone deserves a place to belong and I didn't want poor social skills to hold anyone back from friendship and community, even if they struggle with social skills. I know firsthand how hard it is to struggle socially. Growing up, I was bullied, harassed, and excluded -- no matter how hard I tried to fit in. It wasn't until I was diagnosed with Asperger's Syndrome that I put the puzzle pieces together. I realized I struggled socially because I didn't have any social skills -- and just like any other skill, social skills can be learned. So I started to learn them. It took hard work, but I soon started to see improvement in my ability to interact with others. Eventually I was able to start making wonderful friends and today I feel comfortable and confident in all sorts of social interactions. On January 1st, 2012, I launched ImproveYourSocialSkills.com to share what I'd learned with the world. Hundreds of thousands of people visit the site every year, and I'm excited to help even more with the Improve Your Social Skills Kindle guide. The guide you're about to read is a compilation of the social principles I've learned during my lifetime of personal social skills study, as well as the techniques I developed while offering hundreds of hours of social skills coaching. These principles led me to a life full of close friendship, satisfying connection, and tender romance. I believe that with these principles, you can live a life full to the brim with friendship, connection, and love. I hope that after reading Improve Your Social Skills, you'll believe that too.

Unmute Yourself is a game changer for women who are tired of being both silent and silenced. Ready to step into your power and own your authenticity to truly thrive at work? Willing to do your part in closing the gender gap for female CEOs? Looking for some tools to overcome gender conversation bias? This handbook is a call to action for women (and men who support women) to take their careers and their lives to the next level and start getting what they want and deserve at work. The unicorn job, more clients, negotiating a salary increase, landing high profile projects, adding resources to your teams or simply being recognized for your ideas and unique value. Confidence impacts outcomes. If you're ready to Speak Up to Stand Out, this book is for you.

How to Communicate Effectively Using the Power Talk System

A Woman's Guide to Public Speaking