

Staying Found The Complete Map And Compass Handbook

*How do you create your own definition of success—and reach your unique potential? Building a fulfilling life and career can be a daunting challenge. It takes courage and hard work. Too often, we charge down a path leading to “success” as defined by those around us—and ultimately, are left feeling dissatisfied. Each of us is unique and brings distinctive skills and qualities to any situation. So why is it that most of us fail to spend sufficient time learning to understand ourselves and creating our own definition of success? The truth is, it can seem so natural and so much easier to just do what everyone else is doing—for now—leaving it for later to develop our best selves and figure out our own unique path. Is there a road map that will enable you to defy conventional wisdom, resist peer pressure, and carve out a path that fits your unique skills and passions? Robert Steven Kaplan, leadership expert and author of the highly successful book *What to Ask the Person in the Mirror*, regularly advises executives and students on how to tackle these questions. In this indispensable new book, Kaplan shares a specific and actionable approach to defining your own success and reaching your potential. Drawing on his years of experience, Kaplan proposes an integrated plan for identifying and achieving your goals. He outlines specific steps and exercises to help you understand yourself more deeply, take control of your career, and build your capabilities in a way that fits your passions and aspirations. Are you doing what you’re really meant to do? If you’re ready to face this question, this book can help you change your life.*

The director of Princeton University Outdoor Action, one of the country’s most respected outdoor programs, offers a comprehensive guide to skills, equipment, and trip planning for backpackers of all levels. Original. 20,000 first printing.

How to avoid swallowing things that will make you turn green, and other backcountry health tips for only \$8.95 Teaches campers and hikers how to avoid backcountry illnesses and even death due to food-borne diseases, sanitation problems, polluted water sources, and more Handy pocket-sized guide gives practical, even humorous, information on camp cleanliness, waste disposal, water treatment, food management, and germ prevention Helpful appendices and charts Nothing soothes the soul like a great escape into the wilderness for a hiking or camping adventure, but what about your physical health? Without the proper awareness of the protozoa and parasites that await you, outdoor adventures can quickly become a nightmare of viruses and infections. Add animal-borne diseases like tick fever, rabies and trichinosis and many would-be adventurers might never leave their homes unless, of course, they have this book. This invaluable resource describes food- and waterborne diseases and explains how to prevent them; how to keep a clean c& how to choose the best water filter; how to select, manage, handle, and prepare foods; how to dispose of human waste and solid waste; and how to use leave-no-trace camping techniques in the backcountry. Don't Get Sick is is a must-have for everyone who spends time in the wild.

A Complete Guide to Food, Shelter and Self-Preservation Anywhere

Exploring Colorado's Wild Areas

The Young Adult Reader's Adviser

Closing the Loop

Map of Flames (The Forgotten Five, Book 1)

The Hidden Dangers of Camping and Hiking

How to Stay Alive in the Woods

The classic backpacker’s handbook—revised and updated—providing expert guidelines for anyone who loves the outdoors. The Wilderness Guide brings the savvy of the world’s most famous and respected outdoor organization to everyone—from the sixteen million backpacking Americans to the more than 265 million people, tenderfeet and trail-hardened hikers, who visit our national parks annually. It covers: -Selecting equipment—including discussions of the advantages and disadvantages of products such as the internal frame pack, lighter-weight boots, and freestanding tents -The latest “leave no trace” camping techniques -Traveling safely and sensibly—including vital information on maps, compasses, and tips on crossing difficult terrain -Backcountry cooking, with tips on building fires and tricks for making gourmet meals -Search-and-rescue techniques, including how to organize a self-sufficient search group and when to call in professional rescue teams Illustrated throughout with instructional drawings and photos and featuring lists of equipment, the Wilderness Guide is a must-have for anyone planning to explore the great outdoors.

For the first time since 1984, we have a new edition of the classic book that Field & Stream called “the Hiker’s Bible.” For this version, the celebrated writer and hiker Colin Fletcher has taken on a coauthor, Chip Rawlins, himself an avid outdoorsman and a poet from Wyoming. Together, they have made this fourth edition of The Complete Walker the most informative, entertaining, and thorough version yet. The eighteen years since the publication of The Complete Walker III have seen revolutionary changes in hiking and camping equipment: developments in waterproofing technology, smaller and more durable stoves, lighter boots, more manageable tents, and a wider array of food options. The equipment recommendations are therefore not merely revised and tweaked, but completely revamped. During these two decades we have also seen a deepening of environmental consciousness. Not only has backpacking become more popular, but a whole ethic of responsible outdoorsmanship has emerged. In this book the authors confidently lead us through these technological, ethical, and spiritual changes. Fletcher and Rawlins’s thorough appraisal and recommendation of equipment begins with a “Ground Plan,” a discussion of general hiking preparedness. How much to bring? What are the ideal clothes, food, boots, and tents for your trip? They evaluate each of these variables in detail—including open, honest critiques and endorsements of brand-name equipment. Their equipment searches are exhaustive; they talk in detail about everything from socks to freeze-dried trail curries. They end as they began, with a philosophical and literary disquisition on the reasons to walk, capped off with a delightful collection of quotes about walking and the outdoor life. After a thoughtful and painstaking analysis of hiking gear from hats to boots, from longjohns to tent flaps, they remind us that ultimately hiking is about the experience of being outdoors and seeing the green world anew. Like its predecessors, The Complete Walker IV is an essential purchase for anyone captivated by the outdoor life.

Featuring veteran hiker and popular author Adrienne Hall’s signature fusion of expert advice, confidence-building anecdotes and insider information, The Essential Backpacker is the ideal beginner’s guide for the millions who hit the hiking trail for the first time each year. Focusing on the basics but also providing a taste of advanced backpacking techniques, this clear-cut, handsomely illustrated handbook is packed with resources and allows novices to progress comfortably from debut day-hike to ambitious long-distance trek.

The Essential Wilderness Navigator: How to Find Your Way in the Great Outdoors, Second Edition

The Young Adult Reader's Adviser: The best in social sciences and history, science and health

Compass and Map Navigator

The Wisconsin Interpreter's Guide

The Complete Walker IV

The Complete Guide to Staying Found Simply

The Backpacker's Field Manual

The seventh edition of Camp Counseling continues in the successful tradition of the six previous editions, emphasizing face-to-face leadership skills and programming ideas for the organized camp. In addition, the latest edition presents a fresh contemporary view of the trends, philosophies, and practices of the modern organized camp movement. New sections have been included to discuss important topics such as behavior management, environmental concerns, common health problems, and much more.

Now with full-color topographic maps and featuring the latest on electronic navigation, The Essential Wilderness Navigator is the clearest and most up-to-date route-finding primer available. Providing readers with exercises for developing a directional 'sixth sense,' tips on mastering the art of map- and compass-reading, and comprehensive updates on a range of technological advances, this perennially popular guide is more indispensable than ever.

Discover 69 wilderness areas--including seven new ones--showcasing everything from mountains to canyons, rushing rivers to desert landscapesA comprehensive guide to Colorado's wild areas Totally updated and revised Includes 74 maps and 90 photosMuch has changed in the landscape of Colorado's wilderness designations since the first edition of this book appeared in 1992. At the newly designated Black Canyon of the Gunnison National Park, visitors peer into the depths of this narrow canyon that drops 2,000 feet to the Gunnison River below--and some choose to follow rugged backcountry routes down to the inner canyon. A trail in Spanish Peaks Wilderness, established in 2000, leads up one of these twin sentinels that rise above the edge of the high plains. Nestled at the base of the Sangre de Cristo Mountains and standing up to 750 feet high, the dunes of the newly enlarged Great Sand Dunes National Monument and Preserve are the tallest in the Western Hemisphere. Other recent additions to Colorado's protected lands include the Castle Peak Wilderness Study Area, Bull Gulch Wilderness Study Area, San Luis Hills Wilderness Study Area, and Demaree Canyon Wilderness Area. Colorado is one of the nation's primary adventure-travel destinations, and both visitors and locals will find this book the most all-inclusive reference available to the state's wildness areas. From the state's high peaks to its spectacular canyons and deserts, Exploring Colorado's Wild Areas provides detailed information on seasons, flora and fauna, geology, history and activities.

A Complete Guide for the Foot Traveler

Using Global Positioning Systems in the Outdoors

The World Book Encyclopedia

LC Science Tracer Bullet

Get Started with the Experts

The Classic Handbook, Revised and Updated

Compass and Map Navigator - W8010 Compass

Lightning kills more people in North America than tornadoes, hurricanes, or floods. Hikers, campers, and golfers will learn to stay safe when lightning strikesPractical safety strategies for everyone who recreates or works outdoorsA quick, highly-informative read with interesting anecdotes, myths, and lore about lightningWritten by award-winning author and meteorologist Jeff RennerDiscover the risks of thunder, thunderstorm winds, lightning, and flashfloods. Lightning Strikes reviews how thunderstorms form, explains the different types of storms, and provides a guide for staying safe using the four As (Anticipate, Assess, Act, and Aid). Interwoven throughout the text are thought-provoking questions to help readers assess dangerous situations and form strategies to make sound decisions.Lightning Strikes livens its safety advice with often-humorous lore dating back to ancient Greece. This useful how-to book will appeal to anyone who spends time outdoors - hikers, climbers, golfers, construction workers - and has felt threatened by lightning.

With this guide you will learn the basic steps that will help you to easily and confidently navigate through the wilds with or without a compass, with or without a map, and then will all the tools together.

-- Clear language and illustrations demystify GPS-- Completely revised edition includes extensive new material on using GPS with maps and in rough terrain-- GPS systems have seen exponential growth recently and the first edition has sold more than 33,000 copies

Trail-Tested Advice from the Experts

A Guide for Hikers, Backpackers, Climbers, Cross-country Skiers, Paddlers

More Everyday Wisdom

Backpacker The Complete Guide to Backpacking

Best Hikes Near Seattle

Cross-country Skiing

Camp Counseling

The best in literature and language arts, mathematics and computer science.

Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, B world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured.

-- Features many new charts and illustrations -- New contact information for purchasing maps in the U.S. and Canada This tried-and-true guide teaches practical skills for navigating wilderness: reading maps; determining "true" directions following

Navigation

What You're Really Meant to Do

Tools for Connecting the Community of Women

Integrated Waste Management Activities for School and Home

The WomanSource Catalog & Review

Outdoor America

Staying Found

Escape with Russ Manning, the Southeast's hiking expert, into the deep gorges and rock shelters that make this area a natural utopia. He has trekked along every trail and behind every waterfall, from Yahoo Falls to the Gentleman's Swimming Hole--in 100 Trails of the Big South Fork, he guides you to and through the land's best of best!

HOW TO STAY ALIVE IN THE WOODS is a practical, readable-and potentially indispensable-manual for anyone venturing into the great outdoors. Broken down into four essential sections, Sustenance, Warmth, Orientation and Safety, this enlightening guide reveals how to catch game without a gun, what plants to eat (full-color illustrations of these make identification simple), how to build a warm shelter, make clothing, protect yourself and signal for help. Detailed illustrations and expanded instructions, newly commissioned for this deluxe edition, offer crucial information at a glance, making How to Stay Alive in the Woods truly a lifesaver.

X-Men meets Spy Kids in this instant New York Times bestseller! Here's the first book in a new middle-grade fantasy/adventure series from the author of The Unwanteds. Fifteen years ago, eight supernatural criminals fled Estero City to make a new life in an isolated tropical hideout. Over time, seven of them disappeared without a trace, presumed captured or killed. And now, the remaining one has died. Left behind to fend for themselves are the criminals' five children, each with superpowers of their own: Birdie can communicate with animals. Brix has athletic abilities and can heal quickly. Tenner can swim like a fish and can see in the dark and hear from a distance. Seven's skin camouflages to match whatever is around him. Cabot hasn't shown signs of any unusual power--yet. Then one day Birdie finds a map among her father's things that leads to a secret stash. There is also a note: Go to Estero, find your mother, and give her the map. The five have lived their entire lives in isolation. What would it mean to follow the map to a strange world full of things they've only heard about, like cell phones, cars, and electricity? A world where, thanks to their parents, being supernatural is a crime?

The Compass and Map Navigator

Staying Safe Under Stormy Skies

Outdoor Recreation Management in the 90's

Don't Get Sick

The National Outdoor Leadership School's Wilderness Guide

Lightning Strikes

The Essential Backpacker

Backpacker Magazine 'sThe Complete Guide to Backpacking combines and distills the most useful and relevant skills necessary for backpacking in one easy to use guide, from the most respected authority on backpacking— Backpacker magazine. From detailed descriptions of what to pack and how to pack it, to navigation and campsite cooking, to managing outdoor hazards and more, The Complete Guide to Backpacking is the definitive resource for Backpacking-related know-how.

Day Hiker's Handbook tells you everything you need to know to make smart decisions on the trail. Learn how to find a hiking club or locate partners suited to your specific abilities. Dayhiking offers the combined benefits

of exercise, outdoor experiences, quality time with friends and family, and the ultimate in affordability. This handbook will get you out on the trails with confidence.

Best Hikes Near Seattle is more than a guidebook to trails 60 minutes or 60 miles from Seattle. The book also includes short natural history essays on topics as diverse as the sex life of banana slugs, to how plants get their names, and why you should respect but not fear bears and mountain lions. There is also an extensive section of weather, trail etiquette, hiking with dogs, what constitutes the " Ten Essentials, " why judging trail mileage is an art – not a science, the flora and fauna of the Pacific Northwest, and the value of hikers lobbying for wilderness. The author also presents a history, warts and all, of the drive to operate our hiking trails as profit points for land-use agencies. And of course, as with all of the books in the Best Hikes series, useful trail specs and hike summaries are accompanied by easy-to-read maps and stunning photos.

The Complete Map and Compass Handbook

The Encyclopedia Americana

Day Hiker's Handbook

The Bloomsbury Review

100 Trails of the Big South Fork: Tennessee & Kentucky, 4th Edition

The Woods in Your Backyard

A Road Map for Reaching Your Unique Potential

An encyclopedia designed especially to meet the needs of elementary, junior high, and senior high school students.

Gathers practical advice, timesaving tips, and problem solving techniques ranging from planning and packing to field repairs and emergency improvisation.

A companion volume to the PBS-TV series "Trailside" offers instructions for beginners, discusses gear and safety, and surveys the latest equipment

A Homeowner's Guide

A Complete Guide

Leadership and Programming for the Organized Camp

Field-Tested Gear, Advice, and Know-How for the Trail

September 23–October 4, 1991 U of M St. Paul, MN, a Continuing Education Training Course

A Comprehensive Guide to Mastering Backcountry Skills

The Complete Guide to Staying Found

This book begins where basic trail guides and maps leave off. For each section of the trail, the authors describe the route in detail and recommend the best day hikes and short backpacks from each trailhead. They describe the plants and animals hikers will see, tell stories about local history, explain plate tectonics, and in a thousand other ways enrich your experience of the journey. For many people, the Pacific Crest Trail is the ultimate long-distance hiking trail. Beginning in the dry valleys of southern California, it follows the crest of the snow-capped Sierras and ends in the ancient forests of Washington's Cascades. Along the way, national treasures such as Yosemite, Crater Lake, and Mount Rainier make this trail one of the premier hiking destinations in the world. But hiking is about much more than getting from A to B. Berger and Smith draw on their tremendous experience—together they have logged more than 12,000 miles on the PCT—to give tested advice to long-distance hikers on trip planning, gear and safety, seasonal considerations, trailheads and resupplies, permits, and much more.

Compass & Map Navigator

A Practical Guide to Presenting Interpretive Programs

Tennessee & Kentuck

The Young Adult Reader's Adviser: The best in literature and language arts, mathematics and computer science

Backpacker

GPS Made Easy

The Pacific Crest Trail: A Hiker's Companion (Second Edition)