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The Scoring Of  
The Aasm  
Sleep And  
Manual For  
Associated Events  
Rules  
The Scoring  
Terminology And  
Of Sleep And  
Technical  
Associated  
Specifications  
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*have ensured that  
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*tool contains an*

*assessment of the*

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*applying the new*

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*for the exam using*

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**coverage of  
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**disorders and**

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**knowledge and**

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**concisely covers  
the fundamental  
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*practice with  
graphic examples  
of classic EEG*

*presentations and  
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*throughout. Six*

*new chapters have  
been added to*

*address areas of  
growing*

*importance with  
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**waveforms, this**

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**major EEG topics:**

**normal and**

**abnormal variants,**

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**nonepileptiform**

**abnormalities,**

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**addition to**

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**video-EEG**

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**corticography, and**

**magnetoencephalo**

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**"bottom-line"**

**information in**

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*every chapter*

*helps guide*

*clinicians through*

*the many*

*challenges of EEG*

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*structured review,*

*this handbook is a*

*highly useful tool*

*for neurology*

*residents and*

*fellows, clinicians,*

*and technologists*

*in search of*

*reliable EEG*

*information,*

*regardless of*

*specialty or level*

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***technologists,***

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***Polysomnography***

***provides basic***

***information***

***regarding normal***

***sleep, sleep***

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***disorders, and  
electrophysiology***

***that is outside of***

***the scope of the***

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***(AASM Manual for***

***the Scoring of***

***Sleep and***

***Associated***

***Events)***. It aims to

***act as a guide***

***through the***

***fundamental***

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*aspects of, for  
example, types of  
overnight sleep  
study, establishing  
a sleep laboratory,  
preparing the  
patient for a sleep  
evaluation study,  
placement of  
electrodes and  
leads, and the  
scientific aspects  
of such placement,*

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***i.e., why they are  
placed at that  
particular position.***

***This information  
will be very useful  
in those parts of  
the globe where  
formal training in  
sleep technology  
is not yet  
available. Many  
further chapters  
focus on depicting***

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***real-time***

***illustrations of***

***sleep data as***

***captured in the***

***sleep laboratory***

***and the scoring of***

***recording data.***

***Information***

***regarding common***

***montages,***

***artifacts, and***

***troubleshooting in***

***the sleep***



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*laboratory will*

*facilitate the*

*reader's journey*

*as a trainee sleep*

*technologist.*

*While scoring*

*sleep recordings,*

*the "When you*

*score the data"*

*histogram can*

*provide a great*

*deal of useful*

*information, and*

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***this has been explained in detail in this book. Most***

***importantly, it is prudent to be able***

***to write reports***

***that are both informative and***

***easy to***

***understand by***

***physicians who do***

***not have advanced***

***knowledge of***

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*sleep medicine. A*

*chapter has been*

*dedicated to*

*explaining this in*

*detail. Lastly, the*

*authors have*

*provided ready-*

*made forms,*

*questionnaires,*

*and documents*

*that can either be*

*used as they are or*

*with some*

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volume will be an  
invaluable guide  
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and physicians  
who wish to  
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medicine and will  
be useful for sleep  
technology and  
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*programs. The volume is intended to complement,*

*not be a substitute for, the AASM*

*scoring manual, as*

*many areas that*

*are covered in the*

*manual are not*

*covered here.*

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development in  
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Research and

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translational  
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helping us

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by improving

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events during

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technologists,

and it is an

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a paradigm shift  
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generators of the  
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research tool.

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affecting sleep,

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half of us say  
they get a  
good night's  
sleep every  
night or  
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commonsense  
approach that  
does not claim  
to offer a  
miracle cure.

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What it does  
do is to take  
a straightforward  
approach  
to identifying  
exactly what  
sleep is, why  
so many of us  
find a good  
night's sleep  
so hard to  
come by, what

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the most

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sleeping

disorders are,

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comprehensive

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sensible ways

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be tackled. It

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sleep logs to  
create a self-  
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visuals that  
Specifications  
point the  
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the essentials  
of seeking  
relaxation  
during the day

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Sleep And  
more easily  
Associated Events  
discover a  
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Terminology And  
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Technical  
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Medicine, by

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Sleep And  
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Specifications  
test format

that includes

figures,

tables, and

lists

highlighting

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coverage of

pharmacology

and sleep

medicine,

insomnias,

parasomnias,

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sleep-related  
breathing  
Associated Events  
disorders, and  
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questions that

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Identify the

terminology and

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behind each

answer with

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explanations

so you know

how to think

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about the  
Sleep And  
problems.  
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Quickly review  
Rules  
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working with  
the sleep  
disordered  
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disorders, and

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This textbook,  
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for sleep  
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is the ideal  
resource for

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those

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Finland, June

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**Disorders in  
Neurology**

***For nearly 30***

***years, Dr. Meir***

***Kryger's must-***

***have guide to***

***sleep medicine***

***has been the***

***gold standard in***

***this fast-***

***changing field.***

***This essential,***

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sections and  
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chapters**

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disorders, giving  
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authoritative**

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need to offer  
your patients  
the best  
possible care.***

***Evidence-based  
content helps  
you make the  
most well-  
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neurological  
disorders, legal  
aspects of sleep  
medicine, dental

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***genetics,***

***associated events***

***circadian***

***rules,***

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***terminology and***

***geriatrics,***

***technical***

***women's health,***

***specifications***

***cardiovascular***

***diseases, and***

***occupational***

***sleep medicine,***

***keeps you fully***

***up to date.***

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ensure that you  
remain current  
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***sleep disorders.***

***Successfully***

***review sleep***

***medicine***

***whether you***

***plan to improve***

***your sleep***

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***competency***

***skills or prepare***

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**and-test**

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**questions and**

**answers. Now in**

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**throughout,**



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high-yield  
format designed  
to help you  
make the most  
of your study  
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**nography**

**tracings, EEG**

**illustrations,**

**sleep actigraphy**

**and sleep**

**diaries, tables,**

**algorithms, and**

**key points to**

**explain**

**challenging**

**topics. Includes**

**concise**

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**summaries from**

**epidemiology,**

**pathophysiology**

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**features,**

**diagnostic**

**techniques,**

**treatment**

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***strategies and  
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***Provides a  
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***answer and  
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***sleep clinicians,  
and educators.***

Associated Events

***The unique***

***strength of this  
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***resource is its***

***inclusion of all***

***sleep***

***subspecialties***

***from neurology***

***to pulmonary***

***medicine,***

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**psychiatry,**  
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**Technologists.**  
**Perfect for sleep**  
**medicine**  
**practitioners,**  
**sleep medicine**

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***fellows and  
trainees, allied***

***health***

***professionals,***

***nurse***

***practitioners,***

***sleep***

***technologists,***

***and other health***

***care providers***

***as review tool,***

***quick reference***



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***Includes new  
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theories for why  
we sleep, quality***

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**assessment in  
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**Contains new  
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by significant  
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This concise***

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**specialist in  
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**draws on the  
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***discussion. This  
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***providing a***

***counterpoint to***

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***Sleep disorders***

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provides a

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of the  
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along with the  
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of sleep disorders.

Detailed sections  
on  
polysomnography

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include recording  
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and report  
generation.

Chapters discuss  
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including positive

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airway pressure,  
supplemental  
oxygen, surgical  
and  
pharmacologic  
treatments, and  
patient education.

A section focuses  
on pediatric sleep  
disorders and  
polysomnography.  
Also included are

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chapters on  
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establishing and  
managing a sleep  
center and  
accrediting a

sleep program.  
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This volume  
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(NBC), held in  
Tampere, Finland,  
in June 2017. The  
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present all  
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Written by Richard  
Associated Events  
Berry, MD, author  
Rules  
of the popular  
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Sleep Medicine  
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Pearls,  
Specifications  
Fundamentals of  
Sleep Medicine is  
a concise,  
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alternative to  
larger sleep

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Education award,

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presents the  
proceedings of the  
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The proceedings,  
*Page 165/250*

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agencies to bring  
together scientists,  
academics and

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This comprehensive

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volume provides  
clinicians with a  
better understanding  
of the correlation  
between sleep and  
mental illness.

Under the motto

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Technology for

Developing

Countries” this book

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This book is both an  
exam guide to  
children's sleep  
medicine and a  
practical manual for  
diagnosis and  
management of sleep  
disorders in children.

An overview of the  
most frequent sleep  
disorders  
encountered in

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newborns, infants,

children and

adolescents is

provided. This book

discusses the main

sleep disorders in

detail, including

insomnia, respiratory

disturbances,

movement disorders

during sleep,

circadian rhythm

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disorders,  
Sleep And  
parasomnias, and  
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sleepiness. It also  
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covers sleep  
Specifications  
disorders associated  
with neurological,  
psychiatric, and  
medical diseases.

This book is divided  
into two parts. The

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The Scoring Of  
Sleep And  
Associated Events

first part is an  
introduction to  
childhood sleep  
physiology and  
pathology,  
epidemiology of  
sleep disorders, and  
diagnostic

procedures. The  
second part  
describes the most  
frequent sleep



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disorders in greater

depth. Sleep

Associated Events

Disorders in

Children is aimed at

sleep researchers,

pediatricians, child

neurologists and

child psychiatrists,

as well as patient

organizations and

families with

affected children.

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Case Studies in  
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A Practical

Approach

The

polysomnogram is

a formidable sleep

medicine tool,

typically

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incorporating  
multiple channels  
of physiologic data

including EEG,  
ECG, EMG, And

respiratory flow

and effort,

ventilation via CO2  
monitoring,

oxygen saturation  
via pulse oximetry

and ventilatory

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modalities.

Aspiring experts  
must constantly  
ask themselves  
questions  
regarding PSG  
interpretation such  
as: Am I confident  
in using all of  
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Can I accurately  
and consistently  
distinguish a

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from an auto-

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pressure signal;

an episode of

Cheyne–Stokes

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obstructive sleep  
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authors take you

into their own

sleep laboratories

and deliver real-life

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staff and fellows

learning sleep

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managing patients  
with sleep-related  
health disorders.

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designed to give

clinicians a

practical guide to

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the detection,  
assessment and  
treatment of sleep

disorders in

patients with

psychiatric illness

in order to better

treat both their  
sleep disorder and

their psychiatric

disorder. In

addition to

providing a

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thorough

introduction to the  
major sleep

disorders, it offers  
clear guidance on

how to assess and  
manage these

disorders in

patients with a

wide range of

psychiatric

conditions. The

role of psychiatric

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patients are also

addressed.

Although it is

aimed primarily at

psychiatrists, this

will also be a

useful handbook

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Terminology And  
Techniques  
for sleep clinics  
and general  
practitioners who  
frequently have to  
manage patients  
with both  
psychiatric and  
sleep disorders.

This issue of Sleep  
Medicine Clinics,  
Guest Edited by  
Teofilo Lee-Chiong  
MD, will focus on

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Biology of Sleep,  
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and Wakefulness;

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Sleep Disordered  
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Disorders;

Genetics of Sleep

Timing, Duration,

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Modulation of

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Function by Sleep-

Wake Homeostasis

and Circadian

Rhythmicity;

Cardiac Activity

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Respiratory  
Physiology During  
Sleep; and Cyclic  
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(CAP), Sleep

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Knowledge for the

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and-answer  
formatted book  
provides a  
complete yet  
focused review of  
sleep medicine. It**

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is geared to

neurologists who

wish to assess

their knowledge

of sleep medicine

and will also be

of interest to

pulmonologists,

psychiatrists,

otolaryngologists

, and respiratory

and sleep

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**technologists.**

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of questions  
mimics the sleep  
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on sleep  
evaluation and  
provides strong  
coverage of sleep  
physiology.  
Detailed**

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explanations and

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objectives

accompany every

answer. The book

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textbooks. A



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**present the**

**questions and**

**answers in the**

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The New ICSD-3**

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**And The History**  
**Of Sleep**  
**Disorders Patient**  
**Education And**  
**The Patient Flow**  
**Process Life As A**  
**Sleep Technician**  
**Patient Hookup**  
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**Sample Epochs**

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**Stages, Artifacts,**

**And Events New**

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**Is Updated To**

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**And BRPT**

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**Sleep Medicine is**

**a rapidly growing**

**and changing**

**field.**

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**sleep medicine**

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**educators**

**Richard B. Berry,**

*Page 210/250*

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Wagner, MD  
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**of a wide variety  
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**basic information**

**so that a**

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**sleep medicine  
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**information you  
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effectively  
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brief didactic  
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Classification of  
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experience**

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patients with  
sleep disorders  
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**lectures at local,**

**regional and**

**national sleep**

**medicine**

**courses. Dr Berry**

**was awarded the**

**AASM Excellence**

**in Education**

**Award in 2010.**

**Written for sleep**

**technologists,**

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Events). It aims  
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**troubleshooting  
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**While scoring  
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**provide a great  
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dedicated to  
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detail. Lastly, the  
authors have**

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made forms,  
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that can either be  
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or with some  
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**not covered here.**

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*sleep*

*technicians, and*

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*interested in*

*studying  
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*as well as*

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*staff members.*

*The new  
edition's  
content and  
questions  
reflect the new  
ICSD-3  
classifications,  
AASM Rules and  
address the BRPT  
new exam  
blueprints as  
well as the  
revised AASM*

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*Manual for the  
Scoring of Sleep*

*and Associated*

*Events released*

*in July 2013,*

*content*

*includes: An*

*overview of*

*normal sleep and*

*the history of*

*sleep disorders*

*Patient*

*education and*

*the patient flow*

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*process Life as  
a Sleep*

*Technician* Events

*Patient Hookup*

*Procedures*

*Polysomnography*

*overview and  
interpretation*

*Pediatric sleep  
medicine*

*Hundreds of  
sample epochs*

*depicting sleep  
stages,*



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*artifacts, and*

*events* New

*Chapters/Topics*

*in the Second*

*Edition include:*

*Medical and*

*Neurological*

*effects on sleep*

*Effects of*

*Medicine on*

*Sleep Updated,*

*as well as more,*

*coverage on ECG*

*All content is*

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updated to

reflect the

ICSD-3, AASM,

and BRPT changes

Environmental

noise is a

threat to public

health, having

negative impacts

on human health

and wellbeing.

This book

reviews the

health effects

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*of night time  
noise exposure,  
examines dose-  
effects*

*relations, and  
presents interim  
and ultimate  
guideline values*

*of night noise  
exposure. It  
offers guidance  
to the policy-  
makers in*

*reducing the*

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*health impacts  
of night noise,*

*based on expert*

*evaluation of*

*scientific*

*evidence in*

*Europe. The*

*review of*

*scientific*

*evidence and the*

*derivation of*

*guideline values*

*were conducted*

*by outstanding*

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scientists. The

contents of the

document were

peer-reviewed

and discussed

for a consensus

among the

experts and the

stakeholders. We

are thankful for

those who

contributed to

the development

and presentation

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*of this*

*guidelines and*

*believe that*

*this work will*

*contribute to*

*improving the*

*health of the*

*people in the*

*Region.*

*• CBT is a new,*

*increasingly*

*popular method*

*of treatment*

*that provides*

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*measurable*  
*results and is*  
*therefore* Events  
*reimbursed by*  
*insurance*  
*companies •*  
*Title is ahead*  
*of the curve,*  
*there's no*  
*competition •*  
*Concise,*  
*practical manual*  
*• Contains*  
*reader-friendly,*

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*role-playing*

*exercises to*

*apply to daily*

*practice*

*The Concise*

*Sleep Medicine*

*Handbook*

*A Technologist's*

*Handbook for*

*Understanding*

*and Implementing*

*the AASM Manual*

*for the Scoring*

*of Sleep and*



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The Scoring Of  
**Associated**

**Events**

**Rules, Associated Events**

**Terminology and**

**Technical**

**Specifications**

**6th**

**International**

**Conference on**

**the Development**

**of Biomedical**

**Engineering in**

**Vietnam (BME6)**

**Review of Sleep**

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**Medicine E-Book**  
Sleep And  
Associated Events  
Rules  
Terminology And  
Technical  
Specifications