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**#1 New York Times
Bestseller In Being
Mortal, bestselling
author Atul Gawande
tackles the hardest
challenge of his
profession: how medicine**

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can not only improve life but also the process of its ending
Medicine has triumphed in modern times, transforming birth, injury, and infectious

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disease from harrowing
to manageable. But in
the inevitable condition
of aging and death, the
goals of medicine seem
too frequently to run
counter to the interest

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of the human spirit.

Nursing homes,
preoccupied with safety,
pin patients into railed
beds and wheelchairs.
Hospitals isolate the
dying, checking for

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vital signs long after the goals of cure have become moot. Doctors, committed to extending life, continue to carry out devastating procedures that in the

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**end extend suffering.
Gawande, a practicing
surgeon, addresses his
profession's ultimate
limitation, arguing that
quality of life is the
desired goal for**

File Type PDF The Best Care Possible A Physician Apos S Quest To Transform Care patients and families.

Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the

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**varieties of hospice
care to demonstrate that
a person's last weeks or
months may be rich and
dignified. Full of eye-
opening research and
riveting storytelling,**

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Being Mortal asserts
that medicine can

comfort and enhance our
experience even to the
end, providing not only
a good life but also a
good end.

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**From debut children's
author Vanessa Bayer and
illustrator Rosie
Butcher, How Do You Care
for a Very Sick Bear? is
a sweet picture book
with advice for**

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**children—and adults—for
dealing with a sick
friend. You and your
friend Bear are an
excellent pair. But if
your friend gets sick,
And can't do all the**

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**things that you two love
to do... You may
wonder--how do you care
for a very sick Bear?
When someone dear is
dealing with illness,
it's difficult to know**

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what to do or say. The actor Vanessa Bayer experienced this firsthand when she was treated for childhood leukemia. In her first children's book, she

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**offers gentle,
reassuring advice that
people of all ages will
appreciate.**

**Helps those nearing
retirement make the best
decisions about their**

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Social Security benefits
by detailing techniques
and options like “file
and suspend” and “start
stop start” to maximize
their benefit income for
a variety of different

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life situations.

#1 New York Times

**Bestseller REVISED WITH
NEW MATERIAL Winner of
the 2014 Living Now Book
Award for Inspirational
Memoir "An enormously**

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**smart, clear-eyed, brave-
hearted, and quite
personal look at the
benefits of meditation."**

**-Elizabeth Gilbert
Nightline anchor Dan
Harrisembarks on an**

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**unexpected, hilarious,
and deeply skeptical
odyssey through the
strange worlds of
spirituality and self-
help, and discovers a
way to get happier that**

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is truly achievable.

After having a nationally televised panic attack, Dan Harris knew he had to make some changes. A lifelong nonbeliever, he found

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himself on a bizarre

**adventure involving a
disgraced pastor, a
mysterious self-help
guru, and a gaggle of
brain scientists.**

Eventually, Harris

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**realized that the source
of his problems was the
very thing he always
thought was his greatest
asset: the incessant,
insatiable voice in his
head, which had**

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**propelled him through
the ranks of a
hypercompetitive
business, but had also
led him to make the
profoundly stupid
decisions that provoked**

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his on-air freak-out.

**Finally, Harris stumbled
upon an effective way to
rein in that voice,
something he always
assumed to be either
impossible or useless:**

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**meditation, a tool that
research suggests can do
everything from lower
your blood pressure to
essentially rewire your
brain. 10% Happier takes
readers on a ride from**

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**the outer reaches of
neuroscience to the
inner sanctum of network
news to the bizarre
fringes of America's
spiritual scene, and
leaves them with a**

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takeaway that could actually change their lives.

**A Researcher's Quest to Understand Health Care
The Life You Save
Stages of Senior Care:**

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**Your Step-by-Step Guide
to Making the Best
Decisions
Estimation of the Time
Since Death
Leading Change,
Advancing Health**

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**Everything Left to Know
About the Best Care
Anywhere
The Best Care Possible
The Four Things That
Matter Most - 10th
Anniversary Edition**

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Medical mistakes are more pervasive than we think. How can we improve outcomes? An acclaimed MD's rich stories and research explore patient safety. Patients enter the medical system with faith that they will receive the best care

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possible, so when things go wrong, it's a profound and painful breach. Medical science has made enormous strides in decreasing mortality and suffering, but there's no doubt that treatment can also cause

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**harm, a significant portion of
which is preventable. In When
We Do Harm, practicing
physician and acclaimed
author Danielle Ofri places
the issues of medical error
and patient safety front and
center in our national**

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healthcare conversation.

Drawing on current research, professional experience, and extensive interviews with nurses, physicians, administrators, researchers, patients, and families, Dr. Ofri explores the diagnostic,

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systemic, and cognitive causes of medical error. She advocates for strategic use of concrete safety interventions such as checklists and improvements to the electronic medical record, but focuses on the full-scale

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cultural and cognitive shifts required to make a meaningful dent in medical error. Woven throughout the book are the powerfully human stories that Dr. Ofri is renowned for. The errors she dissects range from the hardly

**noticeable missteps to the
harrowing medical
cataclysms. While our
healthcare system is—and
always will be—imperfect, Dr.
Ofri argues that it is possible
to minimize preventable
harms, and that this should be**

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the galvanizing issue of current medical discourse.

America's health care system has become too complex and costly to continue business as usual. Best Care at Lower Cost explains that inefficiencies, an overwhelming amount of data,

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**and other economic and
quality barriers hinder
progress in improving health
and threaten the nation's
economic stability and global
competitiveness. According to
this report, the knowledge
and tools exist to put the**

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health system on the right course to achieve continuous improvement and better quality care at a lower cost. The costs of the system's current inefficiency underscore the urgent need for a systemwide

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transformation. About 30 percent of health spending in 2009-roughly \$750 billion-was wasted on unnecessary services, excessive administrative costs, fraud, and other problems. Moreover, inefficiencies cause

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needless suffering. By one estimate, roughly 75,000 deaths might have been averted in 2005 if every state had delivered care at the quality level of the best performing state. This report states that the way health

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care providers currently train, practice, and learn new information cannot keep pace with the flood of research discoveries and technological advances. About 75 million Americans have more than one chronic condition,

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**requiring coordination among
multiple specialists and
therapies, which can increase
the potential for
miscommunication,
misdiagnosis, potentially
conflicting interventions, and
dangerous drug interactions.**

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Best Care at Lower Cost
emphasizes that a better use
of data is a critical element of
a continuously improving
health system, such as mobile
technologies and electronic
health records that offer
significant potential to

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**capture and share health data
better. In order for this to
occur, the National
Coordinator for Health
Information Technology, IT
developers, and standard-
setting organizations should
ensure that these systems are**

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robust and interoperable.

Clinicians and care organizations should fully adopt these technologies, and patients should be encouraged to use tools, such as personal health information portals, to

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actively engage in their care. This book is a call to action that will guide health care providers; administrators; caregivers; policy makers; health professionals; federal, state, and local government agencies; private and public

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**health organizations; and
educational institutions.**

**A simple way to get well and
stay well without drugs or
surgery that, before this book,
was relatively unheard of.**

**A GOOD MORNING AMERICA
BOOK CLUB PICK Shortlisted**

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for the 2020 Women's Prize for Fiction "Through a novel with so much depth, beauty, and grace, we, like Ana, are forever changed."

—Jacqueline Woodson, Vanity Fair "Gorgeous writing, gorgeous story." —Sandra

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**Cisneros Fifteen-year-old Ana
Cancion never dreamed of
moving to America, the way
the girls she grew up with in
the Dominican countryside
did. But when Juan Ruiz
proposes and promises to take
her to New York City, she has**

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**to say yes. It doesn't matter
that he is twice her age, that
there is no love between them.
Their marriage is an
opportunity for her entire
close-knit family to eventually
immigrate. So on New Year's
Day, 1965, Ana leaves behind**

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**everything she knows and
becomes Ana Ruiz, a wife
confined to a cold six-floor
walk-up in Washington
Heights. Lonely and
miserable, Ana hatches a
reckless plan to escape. But at
the bus terminal, she is**

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stopped by Cesar, Juan's free-spirited younger brother, who convinces her to stay. As the Dominican Republic slides into political turmoil, Juan returns to protect his family's assets, leaving Cesar to take care of Ana. Suddenly, Ana is

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**free to take English lessons at
a local church, lie on the
beach at Coney Island, see a
movie at Radio City Music
Hall, go dancing with Cesar,
and imagine the possibility of
a different kind of life in
America. When Juan returns,**

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**Ana must decide once again
between her heart and her
duty to her family. In bright,
musical prose that reflects the
energy of New York City,
Angie Cruz's Dominicana is a
vital portrait of the immigrant
experience and the timeless**

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**coming-of-age story of a
young woman finding her
voice in the world.**

Dominicana

Your Best Health Care Now

The Research Guide

No Drugs or Surgeries

Required

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**The Best Patient Experience
What Every Clinician Should
Know. (product Id 23958320).
Health Professions Education
Balancing Honesty with
Empathy and Hope**
Inspired by his viral

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New York Times article,
prize-winning
investigative journalist
Frank Lalli details how
he mastered the ins and
outs of health care—and
how you, too, can get

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the best care for your money. Frank Lalli, the former editor of Money and George magazines, has devoted his career to getting to the bottom of a good story. When he

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was diagnosed with
Multiple Myeloma, a rare
but potentially deadly
blood cancer, he put his
reporter's instincts to
work and got the wonder
drug he needed at an

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affordable

price—thousands of
dollars less than he was
told he would have to
spend. Amazed by the
complex and arbitrary
nature of the health

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care system, he decided to share what he has learned as his own Health Care Detective so that others can find their best care and save money, too. Based on

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three years of research
and more than 300 first-
hand interviews with
experts, Your Best
Health Care Now is your
easy-to-follow, real-
world guide to making

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today's health system
work for you. You'll
learn all the smart
moves and timely tips to
get better care and save
hundreds, if not
thousands, of dollars—no

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matter what your
concerns may be. Whether
you're trying to book a
free check-up or
negotiate with a
surgeon, looking for an
effective generic drug

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or the best price for a
brand-name, or worrying
about high insurance
deductibles and rising
premiums or a stack of
surprise bills, Your
Best Health Care Now has

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the answers you need to take charge of your wellbeing.

(FAQ). Here's the lowdown on the unforgettable show about the Forgotten War.

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M*A*S*H began as a novel
written by a surgeon who
had been in a Mobile
Army Surgical Hospital
during the Korean War.
After being rejected
multiple times, the

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novel would go on to become a bestseller, leading to 14 sequels, an Oscar-winning movie that propelled its director and actors to stardom, and a multiple-

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Emmy-winning television series that lasted nearly four times the length of the war.

M.A.S.H. FAQ looks at how the novel came to be, its follow-ups in

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literary form, the
creation of the popular
movie, and most
importantly the
television series that
transformed comedy and
television in the 1970s.

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Included are chapters on
the top-20 pranks of
M*A*S*H , the cast
members' careers before
and after the television
show, famous guest
appearances, and movies

File Type PDF The Best Care Possible A Physician Apos S Quest To Transform Care shown in the mess hall.

Beyond the fiction, M.A.S.H. FAQ also features a brief chapter to put the war into perspective for easy referral and looks at

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what led to the Korean
War, how such medical
units functioned, and
how M*A*S*H shaped our
perception of the era.

For readers of Being
Mortal and Modern Death,

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an ICU and Palliative Care specialist offers a framework for a better way to exit life that will change our medical culture at the deepest level In medical school,

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no one teaches you how to let a patient die.

Jessica Zitter became a doctor because she wanted to be a hero. She elected to specialize in critical care—to become

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an ICU physician—and imagined herself swooping in to rescue patients from the brink of death. But then during her first code she found herself

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cracking the ribs of a
patient so old and frail
it was unimaginable he
would ever come back to
life. She began to
question her choice.
Extreme Measures charts

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Zitter's journey from wanting to be one kind of hero to becoming another—a doctor who prioritizes the patient's values and preferences in an

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environment where the
default choice is the
extreme use of
technology. In our
current medical culture,
the old and the ill are
put on what she terms

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the End-of-Life Conveyor belt. They are intubated, catheterized, and even shelved away in care facilities to suffer their final days alone, confused, and

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often in pain. In her
work Zitter has learned
what patients fear more
than death itself: the
prospect of dying badly.
She builds bridges
between patients and

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caregivers, formulates
plans to allay patients'
pain and anxiety, and
enlists the support of
loved ones so that life
can end well, even
beautifully. Filled with

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rich patient stories
that make a compelling
medical narrative,
Extreme Measures
enlarges the national
conversation as it
thoughtfully and

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compassionately examines
an experience that
defines being human.

Second in a series of
publications from the
Institute of Medicine's
Quality of Health Care

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in America project
Through Th

Today's health care
providers have more
research findings and
more technology
available to them than
ever before. Yet recent

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reports have raised serious doubts about the quality of health care in America. Crossing the Quality Chasm makes an urgent call for fundamental change to

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close the quality gap.

This book recommends a sweeping redesign of the American health care system and provides overarching principles for specific direction

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for policymakers, health
care leaders,

clinicians, regulators,
purchasers, and others.

In this comprehensive
volume the committee
offers: A set of

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performance expectations for the 21st century health care system. A set of 10 new rules to guide patient-clinician relationships. A suggested organizing

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framework to better
align the incentives
inherent in payment and
accountability with
improvements in quality.
Key steps to promote
evidence-based practice

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and strengthen clinical
information systems.

Analyzing health care
organizations as complex
systems, Crossing the
Quality Chasm also
documents the causes of

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the quality gap,
identifies current
practices that impede
quality care, and
explores how systems
approaches can be used
to implement change.

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Dying Well
A Book About Living
The Secrets to Maxing
Out Your Social Security
Crossing the Quality
Chasm
Get Doctor Discounts,

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Save With Better Health
Through Th

Insurance, Find

Affordable Prescriptions

Tracking Medicine

Finding What Works in

Health Care

Building a Safer Health

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System

*As the government and
insurance companies
continue to make the
quagmire of health care
even more confusing, this
book puts you in control*

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and takes the guesswork out of obtaining the best health care for less money, whether you have a chronic condition or are simply seeking preventive measures. As industry

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*insiders, family physician
Cynthia Haines, M.D., and
medical journalist Eric
Metcalf, M.P.H., empower
you to make informed
decisions that save you
time, money, aggravation,*

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and unnecessary testing.

They Reveal: -shortcomings of common drugs and procedures -how to work with your doctor to save money -the pitfalls and side effects of expensive

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exams and certain

*screenings -when to seek a
specialist or take a 'wait
and see' approach*

The Future of Nursing

explores how nurses'

roles, responsibilities,

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*and education should
change significantly to
meet the increased demand
for care that will be
created by health care
reform and to advance
improvements in America's*

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increasingly complex health system. At more than 3 million in number, nurses make up the single largest segment of the health care work force. They also spend the

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*greatest amount of time in
delivering patient care as
a profession. Nurses
therefore have valuable
insights and unique
abilities to contribute as
partners with other health*

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*care professionals in
improving the quality and
safety of care as
envisioned in the
Affordable Care Act (ACA)
enacted this year. Nurses
should be fully engaged*

File Type PDF The Best Care Possible A Physician Apos S Quest To Transform Care with other health professionals and assume leadership roles in redesigning care in the United States. To ensure its members are well-prepared, the profession

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*should institute residency
training for nurses,
increase the percentage of
nurses who attain a
bachelor's degree to 80
percent by 2020, and
double the number who*

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pursue doctorates.

Furthermore, regulatory and institutional obstacles -- including limits on nurses' scope of practice -- should be removed so that the health

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system can reap the full benefit of nurses' training, skills, and knowledge in patient care. In this book, the Institute of Medicine makes recommendations for

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an action-oriented blueprint for the future of nursing.

Millions of Americans suffer from indifferent, outdated health care; an estimated 40,000 incidents

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*of medical harm happen
every day. The good news
is that you can prevent
this from happening to you
or a family member. Better
yet, you can find the very
best care in the world.*

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*Patrick Malone's sensible
advice and real-life
anecdotes will inspire you
to take charge of your own
health care, make the best
choices, and avoid serious
harm. With the ' 'Necessary*

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Nine - the essential
steps to finding the best
medical care - *The Life
You Save* offers vital
information such as: ; *The
single most important
question you can ask your*

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Through Th
doctor ; When to know you
have symptoms your doctor
should not shrug off ;
Checklists to help you get
out of the hospital in one
piece ; Where to locate
the best surgeons and

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safest hospitals.

The Institute of Medicine
study Crossing the Quality
Chasm (2001) recommended
that an interdisciplinary
summit be held to further
reform of health

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professions education in order to enhance quality and patient safety. Health Professions Education: A Bridge to Quality is the follow up to that summit, held in June 2002, where

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150 participants across disciplines and occupations developed ideas about how to integrate a core set of competencies into health professions education.

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These core competencies include patient-centered care, interdisciplinary teams, evidence-based practice, quality improvement, and informatics. This book

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*recommends a mix of
approaches to health
education improvement,
including those related to
oversight processes, the
training environment,
research, public*

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*reporting, and leadership.
Educators, administrators,
and health professionals
can use this book to help
achieve an approach to
education that better
prepares clinicians to*

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*meet both the needs of
patients and the
requirements of a changing
health care system.*

*How to Get the Best Health
Care in a Broken System
Extreme Measures*

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Best Care Everywhere

Sickening

A Primer for Residents,

Other Health Care

Trainees, and

Practitioners

Peace and Possibilities at

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the End of Life

*Finding a Better Path to
the End of Life*

*Medicine and What Matters
in the End*

Integration of

Palliative Care in

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Chronic Conditions: An

Interdisciplinary

Approach will equip

multidisciplinary teams

with the resources

necessary to provide

patients and their

File Type PDF The Best Care Possible A Physician Apos S Quest To Transform Care families with the best possible care and management of multiple chronic conditions. Written in an easily accessible outline format, this

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comprehensive text

explores pharmacologic

interventions; advance

care planning; and the

physiology, symptoms,

diagnostics, and

interventions of various

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chronic conditions and malignancies. In addition, case studies highlight approaches to the care of individual patients with varying backgrounds and needs.

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**Emphasizing the
importance of self care,
spiritual and religious
support, compassion,
goal setting, education,
preparation, and
communication in all**

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areas of the palliative
care realm, this book is
an essential resource in
guiding healthcare
professionals in their
mission of providing
quality care to patients

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and their families.

Explores the important
emotional work
accomplished in the
final months of life and
offers advice on dealing
with doctors, talking

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with friends and
relatives, and managing
end-of-life care

A doctor on the front
lines of hospital care
illuminates one of the
most important and

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controversial social
Through Th
issues of our time. It
is harder to die in this
country than ever
before. Though the vast
majority of Americans
would prefer to die at

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home—which hospice care
provides—many of us
spend our last days
fearful and in pain in a
healthcare system ruled
by high-tech procedures
and a philosophy to

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**“fight disease and
illness at all cost.”**

**Dr. Ira Byock, one of
the foremost palliative-
care physicians in the
country, argues that how
we die represents a**

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national crisis today.

To ensure the best
possible elder care, Dr.
Byock explains we must
not only remake our
healthcare system but
also move beyond our

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cultural aversion to
thinking about death.

The Best Care Possible
is a compelling
meditation on medicine
and ethics told through
page-turning life-or-

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death medical drama. It
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has the power to lead a
new national
conversation.

Phil Longman, an award-
winning journalist and
senior fellow at the New

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America Foundation,
tells the compelling
story of how the
Veterans Administration,
once notorious for
dangerous, dirty and
scandal-ridden

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hospitals, transformed
itself into what is
demonstrably the
highest quality health
care system in America.
By making extensive use
of electronic medical

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records and evidence-
based medicine the VA
has developed a model
of 21st century health
care that boosts safety,
cost effectiveness, and
patient satisfaction,

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and provides deep
lessons for overhauling
the U.S. health care
system. Drawing on real
world examples and the
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Anywhere—now in it's
second edition—is
particularly with the
passage of health care
reform in America,
offering readers
powerful new ways of

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**Why VA Health Care Would
Work Better For Everyone**

**NURSING CARE AT THE END
OF LIFE**

M.A.S.H. FAQ

What Broke American

Health Care--and How to

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Fix It

What Matters

The Price We Pay

A Bridge to Quality

An Interdisciplinary

Approach

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*Physician's Quest to Transform
Care Through the End of
LifePenguin*

*America is the richest nation
in the world, yet the health of
our country's citizens has been
in increasingly rapid decline*

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for years. Unless we begin to
make significant changes, the
odds are great that America's
health care system will
eventually collapse under the
weight of her citizens'
collective obesity. Americans

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spend \$1.8 trillion a year on health care; now one of the biggest drivers of both public and private spending. Yet, what do we get for all the money? Increased rates of arthritis, obesity, diabetes,

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cancer, heart disease, and hypertension. We pay, but get sicker. What's wrong? According to Dr. Kantor, we don't have a true health care system in this country: we have a disease and

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accident management system — and it's built to fail. It's bankrupting us, threatening our prosperity at home and leadership on the world stage. Chronically ill people don't go to work, and if they do, they

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don't work well. And the rest of us foot the bill. In "What Matters," Dr. Keith Kantor has carefully laid out a no-nonsense plan on what needs to be done to improve Americans' collective health.

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What's surprising is that many of his strategies do not require large investment by the individual, the government, or the private business community. Dr. Kantor is a United States Marine, a doctor

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of nutritional science and naturopathic medicine, an award-winning entrepreneur, an innovator and a business and industry leader, giving him a unique perspective on the simple - but at the same

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*time, complex - relationships
between food and the
American healthcare situation.
This practical guideline
provides common sense
solutions and illustrations that
will put the country back on*

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the road to good health and fiscal soundness. In addition, Dr. Kantor has woven in a lifetime of stories, anecdotes and life-lessons that make this an entertaining and easy read. As a side benefit, you might

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how to be more effective in
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*change in the future. It is also
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and forming their own opinion
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Death remains the foremost*

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story of the turnaround of the
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health-care system from a
dysfunctional, scandal-prone
bureaucracy into the benchmark
for high-quality medicine in the**

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**Anywhere shows that vast swaths
of what we think we know about
health, health care, and medical
economics are just plain wrong.
And the book demonstrates how
this extraordinarily cost-effective**

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**model, which has proven to be
highly popular with veterans, can
be made available to everyone.**

**New to this edition is an analysis
of how the shortcomings of both
so-called Obamacare and
Republican plans to privatize**

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**Medicare reinforce the need for
applying the lessons of the VA.**

**Also included are completely
updated statistics and research, as
well as examples of how the
private sector is already beginning
to learn from the VA's example.**

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“Among the most important social policy books published in the last decade.” —Ezra Klein, The Washington Post “Read Best Care Anywhere not just to learn about one of our public health agencies that is a global star in terms of

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York Journal of Books

**Physicians who care for patients
with life-threatening illnesses face
daunting communication
challenges. Patients and family
members can react to difficult
news with sadness, distress, anger,**

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or denial. This book defines the specific communication tasks involved in talking with patients with life-threatening illnesses and their families. Topics include delivering bad news, transition to palliative care, discussing goals of

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**advance-care planning and do-not-
resuscitate orders, existential and
spiritual issues, family
conferences, medical futility, and
other conflicts at the end of life.**

**Drs Anthony Back, Robert
Arnold, and James Tulsky bring**

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together empirical research as well as their own experience to provide a roadmap through difficult conversations about life-threatening issues. The book offers both a theoretical framework and practical

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**conversational tools that the
practising physician and clinician
can use to improve
communication skills, increase
satisfaction, and protect
themselves from burnout.**

Experts estimate that as many as

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98,000 people die in any given year from medical errors that occur in hospitals. That's more than die from motor vehicle accidents, breast cancer, or AIDS—three causes that receive far more public attention. Indeed,

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more people die annually from medication errors than from workplace injuries. Add the financial cost to the human tragedy, and medical error easily rises to the top ranks of urgent, widespread public problems. To

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**Err Is Human breaks the silence
that has surrounded medical
errors and their
consequenceâ€™"but not by
pointing fingers at caring health
care professionals who make
honest mistakes. After all, to err is**

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human. Instead, this book sets forth a national agendaâ€™"with state and local implicationsâ€™"for reducing medical errors and improving patient safety through the design of a safer health system. This volume reveals the

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often startling statistics of medical error and the disparity between the incidence of error and public perception of it, given many patients' expectations that the medical profession always performs perfectly. A careful

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**examination is made of how the
surrounding forces of legislation,
regulation, and market activity
influence the quality of care
provided by health care
organizations and then looks at
their handling of medical**

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mistakes. Using a detailed case study, the book reviews the current understanding of why these mistakes happen. A key theme is that legitimate liability concerns discourage reporting of errorsâ€™" which begs the question,

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"How can we learn from our mistakes?" Balancing regulatory versus market-based initiatives and public versus private efforts, the Institute of Medicine presents wide-ranging recommendations for improving patient safety, in

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**the areas of leadership, improved
data collection and analysis, and
development of effective systems
at the level of direct patient care.
To Err Is Human asserts that the
problem is not bad people in
health careâ€"it is that good**

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**people are working in bad systems
that need to be made safer.**

**Comprehensive and
straightforward, this book offers a
clear prescription for raising the
level of patient safety in American
health care. It also explains how**

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**patients themselves can influence
the quality of care that they
receive once they check into the
hospital. This book will be vitally
important to federal, state, and
local health policy makers and
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**licensing officials, hospital
administrators, medical educators
and students, health caregivers,
health journalists, patient
advocatesâ€™ as well as patients
themselves. First in a series of
publications from the Quality of**

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**Health Care in America, a project
initiated by the Institute of
Medicine**

**Integration of Palliative Care in
Chronic Conditions**

Standards for Systematic Reviews

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**A New Health System for the 21st
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**The Path to Continuously
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an eye-opening, urgent look at
America's broken health care
system--and the people who are
saving it--now with a new Afterword by
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chief, FORBES One in five Americans*

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now has medical debt in collections and rising health care costs today threaten every small business in America. Dr. Makary, one of the nation's leading health care experts, travels across America and details why health care has become a bubble. Drawing from on-the-ground stories,

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*his research, and his own experience,
The Price We Pay paints a vivid picture
of the business of medicine and its
elusive money games in need of a
serious shake-up. Dr. Makary shows
how so much of health care spending
goes to things that have nothing to do
with health and what you can do about*

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it. Dr. Makary challenges the medical establishment to remember medicine's noble heritage of caring for people when they are vulnerable. The Price We Pay offers a road map for everyday Americans and business leaders to get a better deal on their health care, and profiles the disruptors who are

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*innovating medical care. The
movement to restore medicine to its
mission, Makary argues, is alive and
well--a mission that can rebuild the
public trust and save our country from
the crushing cost of health care.
The Public Health Foundation (PHF) in
partnership with the Centers for*

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Disease Control and Prevention (CDC) is pleased to announce the availability of Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition or "The Pink Book" E-Book. This resource provides the most current, comprehensive, and credible information on vaccine-preventable

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diseases, and contains updated content on immunization and vaccine information for public health practitioners, healthcare providers, health educators, pharmacists, nurses, and others involved in administering vaccines. "The Pink Book E-Book" allows you, your staff, and others to

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*preventable disease and delivers
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information on: Principles of
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*· Updated information on available
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zoster immune globulin Contact*

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The preeminent doctor and bioethicist Ezekiel Emanuel is repeatedly asked one question: Which country has the

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best healthcare? He set off to find an answer. The US spends more than any other nation, nearly \$4 trillion, on healthcare. Yet, for all that expense, the US is not ranked #1 -- not even close. In Which Country Has the World's Best Healthcare? Ezekiel Emanuel profiles eleven of the world's

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healthcare systems in pursuit of the best or at least where excellence can be found. Using a unique comparative structure, the book allows healthcare professionals, patients, and policymakers alike to know which systems perform well, and why, and which face endemic problems. From

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*Taiwan to Germany, Australia to
Switzerland, the most inventive
healthcare providers tackle a global set
of challenges -- in pursuit of the best
healthcare in the world.*

*Healthcare decision makers in search
of reliable information that compares
health interventions increasingly turn to*

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systematic reviews for the best summary of the evidence. Systematic reviews identify, select, assess, and synthesize the findings of similar but separate studies, and can help clarify what is known and not known about the potential benefits and harms of drugs, devices, and other healthcare

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services. Systematic reviews can be helpful for clinicians who want to integrate research findings into their daily practices, for patients to make well-informed choices about their own care, for professional medical societies and other organizations that develop clinical practice guidelines. Too often

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systematic reviews are of uncertain or poor quality. There are no universally accepted standards for developing systematic reviews leading to variability in how conflicts of interest and biases are handled, how evidence is appraised, and the overall scientific rigor of the process. In Finding What

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Works in Health Care the Institute of Medicine (IOM) recommends 21 standards for developing high-quality systematic reviews of comparative effectiveness research. The standards address the entire systematic review process from the initial steps of formulating the topic and building the

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review team to producing a detailed final report that synthesizes what the evidence shows and where knowledge gaps remain. Finding What Works in Health Care also proposes a framework for improving the quality of the science underpinning systematic reviews. This book will serve as a vital

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*resource for both sponsors and
producers of systematic reviews of
comparative effectiveness research.
How I Tamed the Voice in My Head,
Reduced Stress Without Losing My
Edge, and Found Self-Help That
Actually Works--A True Story
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*Mastering Communication with
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Get What's Yours

To Err Is Human

*Which Country Has the World's Best
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Best Care at Lower Cost

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Best Care Everywhere provides a path to the standardization of best practices that have been developed by the front line of US Department of Veterans Affairs' personnel, serving the U.S. veterans population to improve the quality of

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*healthcare and delivery experience
from any of the current 1,700 VA
healthcare facilities. This book
contains numerous successful
stories and innovations that will
hopefully build trust in the ill,
injured, and aging American*

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veteran. America's veterans, their spouses and families, VA personnel, private and public medical community may be interested in this cutting-edge resource. Additionally, business developers, leaders, and students

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practical. This book will guide
family caregivers through the
surprisingly complex world of
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for your aging parents and other
seniors in your life is not only
complex, with multiple options*

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*available, it's also highly personal
and often emotional. This essential
resource—written by the founders of
Home Instead Senior Care, the
world's largest provider of
nonmedical care for seniors—guides
you through a comprehensive*

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*range of things to consider, step by
step, so you can make better
informed decisions and be
confident that the senior in your
life is receiving the best care
possible. Checklists and diagnostics
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your loved ones Evaluate the pros
and cons of retirement
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nonmedical caregivers, assisted
living facilities, nursing homes,
and hospice Determine the costs of*

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*senior care options and find helpful
support networks "This is not just
another book about caring for
aging parents. It's a great reference
you'll use again and again. Stages
doesn't shy away from the hard
questions. Rather, it shows you how*

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to confront them."—**SUZANNE MINTZ**, President/CEO, National Family Caregivers Association

"Recognizing that there is no one-size-fits-all solution, this salient volume compassionately addresses a full range of hard-to-discuss

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subjects."--PUBLISHERS

WEEKLY All of the authors' profits from the sale of this book will be donated to the Home Instead Senior Care Foundation. Paul and Lori Hogan founded Home Instead Senior Care in 1994.

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*Now with 850 offices in 15
countries, Home Instead is
recognized as a global leader and
authority on senior care. Visit them
at www.stagesofseniorcare.com.
The inside story of how Big
Pharma's relentless pursuit of ever-*

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*higher profits corrupts medical
knowledge—misleading doctors,
misdirecting American health care,
and harming our health. The
United States spends an excess \$1.5
trillion annually on health care
compared to other wealthy*

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*countries—yet the amount of time
that Americans live in good health
ranks a lowly 68th in the world. At
the heart of the problem is Big
Pharma, which funds most clinical
trials and therefore controls the
research agenda, withholds the real*

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data from those trials as corporate secrets, and shapes most of the information relied upon by health care professionals. In this no-holds-barred exposé, Dr. John Abramson—one of the foremost experts on the drug industry's

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deceptive tactics—combines patient stories with what he learned during many years of serving as an expert in national drug litigation to reveal the tangled web of financial interests at the heart of the dysfunction in our health-care

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system. For example, one of pharma's best-kept secrets is that the peer reviewers charged with ensuring the accuracy and completeness of the clinical trial reports published in medical journals do not even have access to

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*complete data and must rely on
manufacturer-influenced
summaries. Likewise for the
experts who write the clinical
practice guidelines that define our
standards of care. The result of
years of research and privileged*

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*access to the inner workings of the
U.S. medical-industrial complex,
Sickening shines a light on the
dark underbelly of American health
care—and presents a path toward
genuine reform.*

When someone you love is

*hospitalized, it can be scary-even
terrifying-for the patient and for
family and friends. A hospital may
seem like a foreign land. Sounds,
smells, and the culture are
unfamiliar; even the medical
terminology sounds like a different*

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language. Understanding the hospital environment and knowing how to navigate its complicated pathways can make you a strong champion for your loved one. You are as critical to your loved one's recovery as the doctors and nurses.

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Your role is different, but vital. In some cases, you can make the difference between life and death. Hospital Warrior de-mystifies the process and provides the tools, understanding and insight you need to get the best care for your

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*loved one. Based on Bonnie
Friedman's own experiences
fighting for her husband's
healthcare needs for more than 24
years and through 14 separate
hospitalizations, Hospital Warrior
lays out in direct, simple terms hard-*

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*Through Th
learned and time-tested tactics to
help ensure a loved one's medical
needs are met. Hospital Warrior
also includes checklists and
interviews with doctors and other
healthcare professionals who
provide essential tips and advice for*

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*the reader. If you have a loved one
in the hospital, don't leave home
without this book. Praise for
Hospital Warrior "Hospital
Warrior isn't just about
advocating; it's about saving lives.
Bonnie Friedman delves deep into*

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*the hospital setting, and provides
valuable insights, wisdom and tips
to help readers get the best possible
medical care for the ones they love.
She knows what she's talking about
and it shows. Read her book before
someone you know has to go to the*

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*hospital." -- Heidi Godman, health
journalist, host of Health Check
with Heidi Godman on WSRQ-FM,
Sarasota, FL. "Hospital Warrior is
more than a how-to book on how to
advocate for a loved one. It is like
having a smart, savvy friend with*

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*you every step of the way, helping
you get the best hospital care for
someone you love. Bonnie
Friedman has learned the ropes,
and she'll help you learn them
too." - Mindy Utay, LCSW, JD,
couples and family therapist,*

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*psychoanalyst, writer, lecturer,
official blogger for the Huffington
Post "Ms. Friedman has assembled
a well-researched guide to help
family and friends navigate the
complex environment of modern
hospitals. Packed with helpful*

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information, Hospital Warrior was invaluable to me during my husband's three-week stay in intensive care following heart surgery that led to a stroke. The book helped me decipher medical terms, understand treatments and

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identify appropriate questions to ask amidst the emotional turmoil I faced when my husband was seriously ill. The extensive reference section was also helpful as my husband passed through acute rehab to sub-acute care

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*during recovery." - Susan Fleming,
Annandale, VA*

*The Best-Kept Secret in Health
Care*

Best Care Anywhere

Hospital Warrior

A Physician's Quest to Transform

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Care Through the End of Life
A Doctor Confronts Medical Error
Occupational Outlook Handbook

Why VA Health Care Is Better
Than Yours

Updated with stories from people who

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have been inspired by the original text, a guide to connecting with what matters most identifies four phrases for honoring relationships, letting go of unhealthy emotions, and living life fully.

In today's healthcare environment,

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satisfying patients is essential to good medical care and business success. But physicians' chances of moving the needle on patient satisfaction are much higher if they have the support of their healthcare organization's leadership team. The Best Patient Experience:

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Helping Physicians Improve Care,
Satisfaction, and Scores explains how
healthcare leaders can help physicians
improve their interactions with patients
and achieve higher patient satisfaction
scores. Written in a conversational
style, the book is filled with tips, tools,

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templates, and resources leaders can employ to support physicians in their relationships with patients.

Recognizing that the process for building a better patient experience is not easy, the book intersperses practical advice with anecdotes from

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the author and other healthcare leaders
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to provide context for working through
these challenges. The resulting
transformation creates an environment
of personal gratification and
professional pride that galvanizes not
just the physicians but the entire

File Type PDF The Best Care Possible A Physician Apos S Quest To Transform Care Through Th organization. Features of the book include: A case study of a physician group that improved its patient satisfaction scores from the 20th percentile to the 99th percentile A dozen reasons leaders should care about patient satisfaction A six-step

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process for getting physicians to engage on patient satisfaction Typical objections of skeptical physicians and how to respond to them Advice on helping doctors sustain behavior changes to ensure success Tips on using patient satisfaction data A DIY

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approach to shadow coaching
physicians
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