

## The Divided Self An Existential Study In Sanity And Madness Penguin Modern Classics

**The Divided SelfAn Existential Study in Sanity and MadnessPenguin UK**

**“The landmark book that argued that psychiatry consistently expands its definition of mental illness to impose its authority over moral and cultural conflict.” — New York Times**
**The 50th anniversary edition of the most influential critique of psychiatry every written, with a new preface on the age of Prozac and Ritalin and the rise of designer drugs, plus two bonus essays. Thomas Szasz's classic book revolutionized thinking about the nature of the psychiatric profession and the moral implications of its practices. By diagnosing unwanted behavior as mental illness, psychiatrists, Szasz argues, absolve individuals of responsibility for their actions and instead blame their alleged illness. He also critiques Freudian psychology as a pseudoscience and warns against the dangerous overreach of psychiatry into all aspects of modern life.**

**For anyone interested in Laing this is a fascinating collection of interviews and a timely reminder of his enduring importance.**

**Clinical Theology**

**Do You Love Me?**

**The Sublime Object of Psychiatry**

**“The” Divided Self**

**Controversies and Clinical Implications**

**My Journey Through Madness**

The powerful sequel to Nervous Conditions, by the Booker–shortlisted author of This Mournable Body The Book of Not continues the saga of Tambudzai, picking up where Nervous Conditions left off. As Tambu begins secondary school at the Young Ladies’ College of the Sacred Heart, she is still reeling from the personal losses that have been war has inflicted upon her family—her uncle and sister were injured in a mine explosion. Soon she’ll come face to face with discriminatory practices at her mostly-white school. And when she graduates and begins a job at an advertising agency, she realizes that the political and historical forces that threaten to destroy the fabric of her community are outside the walls of the school as well. Tsitsi Dangarembga, honored with the 2021 PEN Award for Freedom of Expression, digs deep into the damage colonialism and its education system does to Tambu’s sense of self amid the struggle for Zimbabwe’s independence, resulting in a brilliant and incisive second novel.

The name R. D. Laing continues to be widely recognized by those in the psychotherapy community in the United States and Europe. Laing’s books are a testament to his breadth of interests, including the understanding of madness, alternatives to conventional psychiatric treatment, existential philosophy and therapy, family systems, cybernetics, mysticism, and poetry. He is most remembered for his devastating critique of psychiatric practices, his controversial rejection of the concept of ‘mental illness,’ and his groundbreaking center for people in acute mental distress at Kingsley Hall, London. Most of the books that have been published about Laing have been written by people who did not know him personally and were unfamiliar with Laing the man and teacher. The Legacy of R. D. Laing: An appraisal of his contemporary relevance is composed by thinkers and practitioners who knew Laing intimately, some of whom worked with Laing. This collection of papers brings a perspective and balance to Laing’s controversial ideas, some of which were never addressed in his books. There has never been a collection of papers that address so thoroughly the question of who Laing was and why he became the most famous psychiatrist in the world. As M. Guy Thompson’s collection illustrates, there are now a number of alternatives to psychiatry throughout the world, and much of this can be credited to Laing’s influence. The Legacy of R. D. Laing will ensure the reader has a keen grasp of who Laing was, what it was like to be his patient or his friend, and why his thinking was far ahead of its time, even in the radical era of the 1970s. It is timely to appraise the nature of his contribution and bring Laing back into contemporary conversations about the nature of sanity and madness, and more humane approaches to helping those in profound mental distress. This book offers an in-depth insight into the work of R.D. Laing. It will be a must read for psychoanalysts, psychotherapists, family therapists, psychiatrists and academics alike. M. Guy Thompson, PhD is a Personal and Supervising Analyst at the Psychoanalytic Institute of Northern California and Chairman of Free Association, Inc., a non-profit organization devoted to the dissemination of Laing’s ideas, in San Francisco. Dr. Thompson received his psychoanalytic training from R. D. Laing and associates at the Philadelphia Association and is the author of numerous books and journal articles on psychoanalysis, phenomenology, and schizophrenia. He currently lives in San Rafael, California.

Schizophrenia has been one of psychiatry’s most contested diagnostic categories. The Sublime object of Psychiatry studies representations of schizophrenia across a wide range of disciplines and discourses: biological and phenomenological psychiatry, psychoanalysis, critical psychology, antipsychiatry, and postmodern philosophy.

The Politics of Experience and The Bird of Paradise

An Entertainment in Conversation and Verse

Handbook of Experimental Existential Psychology

Reason & Violence

The Existential Pleasures of Engineering

The Challenge of Psychotherapy

*A riotously funny saga of institutional insanity, based on the author’s association with the notorious psychiatrist R. D. Laing*
*Despite massive literary success, Sidney Bell feels perpetually unsatisfied and suffers unexplained physical ailments. Desperate to straighten out his twisted life, anxiety-ridden Sid seeks help from experimental psychiatrist Dr. Willie Last, whose therapeutic methods involve hallucinatory drugs such as LSD and trading places with his patients. After a tumultuous first trip, Sid ends up at Conolly House, a radical hospital for young schizophrenics where he serves as a “barefoot doctor.” From there, Sigal launches readers on a sardonic, rambling journey through a fantastic breed of insanity. With his freewheeling, ecstatic prose, Sigal spins a manic psychological quest into a telling portrait of a society in the grips of a turbulent decade. Zone of the Interior is a subversive and uproarious search for clarity and comfort in an increasingly mad world, grounded by an unforgettable narrator.*

*A much-praised memoir of living and surviving mental illness as well as “a stereotype-shattering look at a tenacious woman whose brain is her best friend and her worst enemy” (Time). Elyn R. Saks is an esteemed professor, lawyer, and psychiatrist and is the Orrin B. Evans Professor of Law, Psychology, Psychiatry, and the Behavioral Sciences at the University of Southern California Law School, yet she has suffered from schizophrenia for most of her life, and still has ongoing major episodes of the illness. The Center Cannot Hold is the eloquent, moving story of Elyn’s life, from the first time that she heard voices speaking to her as a young teenager, to attempted suicides in college, through learning to live on her own as an adult in an often terrifying world. Saks discusses frankly the paranoia, the inability to tell imaginary fears from real ones, the voices in her head telling her to kill herself (and to harm others), as well as the incredibly difficult obstacles she overcame to become a highly respected professional. This beautifully written memoir is destined to become a classic in its genre.*

*This is a two-volume textbook in clinical theology. It serves as a course in clinical pastoral training and care which makes full use of the resources and techniques of psychology. This work integrates the theological, psychiatric, and psychoanalytical disciplines with remarkable success and clarity. It offers full analyses of mental and spiritual conditions and they are illustrated with case-histories. It serves as the foundation for training seminars in pastoral counseling offered in diocesan centers in Great Britain. Thomas Oden refers to this textbook as a “brilliant work” and considers Lake to have been one of the foremost pastoral counseling theologians in the twentieth century. This work can revolutionize the pastoral counseling ministry of pastors and is also an exceptional resource for preparation of sermons with its wealth of information and insights.*

*The Existential Structure of Substance Misuse*

*Memorial*

*John Dies at the End*

*Sanity, Madness, and the Family*

*Foundations of a Theory of Personal Conduct*

*A Theological and Psychiatric Basis to Clinical Pastoral Care*

Widely recognized as the finest definition of existentialist philosophy ever written, this book introduced existentialism to America in 1958. Barrett speaks eloquently and directly to concerns of the 1990s: a period when the irrational and the absurd are no better integrated than before and when humankind is in even greater danger of destroying its existence without ever understanding the meaning of its existence. Irrational Man begins by discussing the roots of existentialism in the art and thinking of Augustine, Aquinas, Pascal, Baudelaire, Blake, Dostoevski, Tolstoy, Hemingway, Picasso, Joyce, and Beckett. The heart of the book explains the views of the foremost existentialists—Kierkegaard, Nietzsche, Heidegger, and Sartre. The result is a marvelously lucid definition of existentialism and a brilliant interpretation of its impact.

Describes how engineers think and feel about their work, and argues that engineering is a response to creative impulses

Cultural psychology and experimental existential psychology are two of the fastest-growing movements in social psychology. In this book, Daniel Sullivan combines both perspectives to present a groundbreaking analysis of culture’s role in shaping the psychology of threat experience. The first part of the book presents a new theoretical framework guided by three central principles: that humans are in a unique existential situation because we possess symbolic consciousness and culture; that culture provides psychological protection against threatening experiences, but also helps to create them; and that interdisciplinary methods are vital to understanding the link between culture and threat. In the second part of the book, Sullivan presents a novel program of research guided by these principles. Focusing on a case study of a traditionalist group of Mennonites in the midwestern United States, Sullivan examines the relationship between religion, community, guilt, anxiety, and the experience of natural disaster.

Madness, Heresy, and the Rumor of Angels

An appraisal of his contemporary relevance

An Existential Study in Sanity and Madness

50 Years Since The Divided Self

Zone of the Interior

A Study in Existential Philosophy

**Suffering is an inescapable part of life. Some suffering is so profound, or so dogged that it fundamentally changes people in indelible ways. Many existing therapeutic approaches, from a medical model, treat suffering as mental illness and seek a curative solution. However, such approaches often fail to examine the deep questions that suffering elicits (e.g., existential themes of death, isolation, freedom, identity, and meaninglessness) and the far-reaching ways in which suffering affects the lived experience of each individual. In The Courage to Suffer, Daryl and Sara Van Tongeren introduce a new therapeutic framework that helps people flourish in the midst of suffering by cultivating meaning. Drawing from scientific research, clinical examples, existential and positive psychology, and their own personal stories of loss and sorrow, Daryl and Sara’s integrative model blends the rich depth of existential clinical approaches with the growth focus of strengths-based approaches.Through cutting edge-research and clinical case examples, they detail five “phases of suffering” and how to work with a client’s existential concerns at each phase to develop meaning. They also discuss how current research suggests to build a flourishing life, especially for those who have endured, and are enduring, suffering. Daryl and Sara show how those afflicted with suffering, while acknowledging the reality of their pain, can still choose to live with hope.**

**This book is a guide for psychiatrists struggling to incorporate transformational strategies into their clinical work. The book begins with an overview of the concept of critical psychiatry before focusing its analytic lens on the DSM diagnostic system, the influence of the pharmaceutical industry, the crucial distinction between drug-centered and disease-centered approaches to pharmacotherapy, the concept of “de-prescribing,” coercion in psychiatric practice, and a range of other issues that constitute the targets of contemporary critiques of psychiatric theory and practice. Written by experts in each topic, this is the first book to explicate what has come to be called critical psychiatry from an unbiased and clinically relevant perspective. Critical Psychiatry is an excellent, practical resource for clinicians seeking a solid foundation in the contemporary controversies within the field. General and forensic psychiatrists; family physicians, internists, and pediatricians who treat psychiatric patients; and mental health clinicians outside of medicine will all benefit from its conceptual insights and concrete advice.**

**A NEW YORK TIMES NOTABLE BOOK OF THE YEAR A GOOD MORNING AMERICA BOOK CLUB PICK Named a Best Book of the Year by The New York Times, The Washington Post, TIME, NPR, Entertainment Weekly, Vanity Fair, O, the Oprah Magazine, Esquire, Marie Claire, Harper's Bazaar, Good Housekeeping, Refinery29, Real Simple, Kirkus Reviews, Electric Literature, and Lit Hub “A masterpiece.” –NPR “No other novel this year captures so gracefully the full palette of America.” –The Washington Post “Wryly funny, gently devastating.” –Entertainment Weekly A funny and profound story about family in all its strange forms, joyful and hard-won vulnerability, becoming who you’re supposed to be, and the limits of love. Benson and Mike are two young guys who live together in Houston. Mike is a Japanese American chef at a Mexican restaurant and Benson’s a Black day care teacher, and they’ve been together for a few years—good years—but now they’re not sure why they’re still a couple. There’s the sex, sure, and the meals Mike cooks for Benson, and, well, they love each other. But when Mike finds out his estranged father is dying in Osaka just as his acerbic Japanese mother, Mitsuko, arrives in Texas for a visit, Mike picks up and flies across the world to say goodbye. In Japan he undergoes an extraordinary transformation, discovering the truth about his family and his past. Back home, Mitsuko and Benson are stuck living together as unconventional roommates, an absurd domestic situation that ends up meaning more to each of them than they ever could have predicted. Without Mike’s immediate pull, Benson begins to push outwards, realizing he might just know what he wants out of life and have the goods to get it. Both men will change in ways that will either make them stronger together, or fracture everything they’ve ever known. And just maybe they’ll all be okay in the end.**

**Families of Schizophrenics**

**R.D. Laing**

**A Psychopathological Study**

**A Novel**

**How Massive Attacks of Disruption Became the Looming Existential Danger to a Divided Nation and the World at Large**

**The Legacy of R. D. Laing**

People believe quite different things about R.D. Laing, and the views it is claimed he held. Equally, there are many opinions about his intellectual worth. What is incontestable is that in the 1960s Laing wrote a number of books including The Divided Self, The Politics of Experience and the Bird of Paradise and Sanity, Madness and the Family that rocked the foundations of conventional psychiatry and galvanized the imagination of millions of ordinary readers. For the next twenty years his books were translated into every single major language in the world, and many more. His collection of short poems, Knots, enjoyed huge international success and was performed on television and the stage. His existential approach to madness angered many people as much as it sensitized others to matters of individual liberty and the importance of the social context of ‘illness’. Through his fame he was almost reinvented, hence the burgeoning of the controversies that surround his work. Mad to be Normal presents Laing’s own words, about his work and about his life. It is the most complete record on Laing, by Laing.

In ‘The Politics of Experience’ and the visionary ‘Bird of Paradise’, R.D. Laing shows how the straitjacket of conformity imposed on us all leads to intense feelings of alienation and a tragic waste of human potential. He throws into question the notion of normality, examines schizophrenia and psychotherapy, transcendence and ‘us and them’ thinking, and illustrates his ideas with a remarkable case history of a ten-day psychosis. ‘We are bemused and crazed creatures’, Laing suggests. This outline of ‘a thoroughly self-conscious and self-critical human account of man’ represents a major attempt to understand our deepest dilemmas and sketch in solutions. ‘Everyone in contemporary psychiatry owes something to R.D. Laing’ Anthony Clare, the Guardian.

This is a collection of seven true stories of individuals insulted and injured by the mental health system, individuals who then fought back, broke free, and rebuilt their lives. Madness, Heresy, and the Rumor of Angels is a work in the tradition of Thomas Szasz, R. D. Laing, and Erving Goffman, a challenge to the delusional belief-system known as psychiatry, and a protest against its appalling crimes.

Irrational Man

Psychodynamic Approaches to Evidence-Based Practice

The Revolt Against the Mental Health System

Phenomenology, psychiatry and the sense of reality

The Myth of Mental Illness

Existential Man: The Challenge of Psychotherapy presents a therapist’s impression of existential man. The book focuses on the personal experiences and conceptual organization of a practicing psychotherapist as a student, client, and therapist. This book is divided into three main topics— foundations, encounters, and directions. In these topics, this text specifically discusses the critical commitment and existential self. The congruent, modified, body, metaphor, and emergent encounters are also deliberated. This compilation likewise covers the end of professionalism, validation of experience, and metaphysics of psychotherapy. This publication is a good reference for students researching on psychotherapy, including those interested in the therapeutic interaction or treatment contracted between a trained professional and a client, patient, family, couple, or group.

Published in the year 2002, Selected Works RD Laing: Self & Other V2 is a valuable contribution to the field of Major Works.

"[Jason Pargin] has updated the Lovecraft tradition and infused it with humor that rather than lessening the horror, increases it dramatically. Every time I set the book down down, I was wary that something really was afoot, that there were creatures I couldn't see, and that because I suspected this, I was next. Engaging, comic, and terrifying." —Joe Garden, Features Editor, The Onion "[Pargin] is like a mash-up of Douglass Adams and Stephen King... 'page-turner' is an understatement." —Don Coscarelli, director, Phantasm I-V, Bubba Ho-tep "That rarest of things--a genuinely scary story." —David Wellington, author of Monster Island, Vampire Zero "JOHN DIES AT THE END has a cult following for a reason: it's horrific, thought-provoking, and hilarious all at once. This is one of the most entertaining and addictive novels I've ever read." —Jacob Kier, Publisher, Permuted Press STOP. You should not have touched this flyer with your bare hands. NO, don't put it down. It's too late. They're watching you. My name is David. My best friend is John. Those names are fake. You might want to change yours. You may not want to know about the things you'll read on these pages, about the sauce, about Korrok, about the invasion, and the future. But it's too late. You touched the book. You're in the game. You're under the eye. The only defense is knowledge. You need to read this book, to the end. Even the part with the bratwurst. Why? You just have to trust me. The important thing is this: The sauce is a drug, and it gives users a window into another dimension. John and I never had the chance to say no. You still do. I'm sorry to have involved you in this, I really am. But as you read about these terrible events and the very dark epoch the world is about to enter as a result, it is crucial you keep one thing in mind: None of this was my fault.

Who Knows?.

Feelings of Being

Cultural-Existential Psychology

Divided Self: a Existential Study in Sanity and

The Divided Self

Conversations with R.D. Laing

First published in 1960, this watershed work aimed to make madness comprehensible, and in doing so revolutionized the way we perceive mental illness. Using case studies of patients he had worked with, psychiatrist R. D. Laing argued that psychosis is not a medical condition but an outcome of the 'divided self', or the tension between the two personas within us: one our authentic, private identity, and the other the false, 'sane' self that we present to the world.

Feelings of Being is the first ever account of the nature, role and variety of 'existential feelings' in psychiatric illness and in everyday life. There is a great deal of current philosophical and scientific interest in emotional feelings. However, many of the feelings that people struggle to express in their everyday lives do not appear on standard lists of emotions. For example, there are feelings of unreality, surreality, unfamiliarity, estrangement, heightened existence, isolation, emptiness, belonging, significance, insignificance, and the list goes on. Ratcliffe refers to such feelings as 'existential' because they comprise a changeable sense of being part of a world In this book, Ratcliffe argues that existential feelings form a distinctive group by virtue of three characteristics: they are bodily feelings, they constitute ways of relating to the world as a whole, and they are responsible for our sense of reality. He explains how something can be a bodily feeling and, at the same time, a sense of reality and belonging. He then explores the role of altered feeling in psychiatric illness, showing how an account of existential feeling can help us to understand experiential changes that occur in a range of conditions, including depression, circumscribed delusions, depersonalisation and schizophrenia. The book also addresses the contribution made by existential feelings to religious experience and to philosophical thought.

Beyond traditional threats from states such as China and Russia and non-state actors employing violent extremism, can America's politics and political system withstand the assaults of the Fifth Horseman and the new MAD, Massive Attacks of Disruption? The Covid-19 pandemic, the January 6 insurrection and takeover of the US Capitol, SolarWinds cyber attacks, the Texas storms that cut power, and the blocking of the Suez Canal are harbingers of the new MAD. And the nation is unaware and unprepared to deal with them. What must be done? First, we must recognize the potentially existential dangers posed by MAD. Second, we must reorganize government to meet these dangers. Third, we need new national security strategies to protect, defend, and mitigate these new threats. Fourth, we must create a private-public partnership in a national re-investment fund that can redress many of the risks of MAD. In this transformative and highly innovative and provocative book, Dr. Harlan Ullman issues a dramatic warning about so far unrecognized existential dangers to the nation and offers a plan of action America must take if the Fifth Horseman and the new MAD are to be tamed or broken.

A Study of Sanity and Madness

The divided self : an existential study in sanity and madness

Schizophrenia in Clinical and Cultural Theory

Existential Man

Mad to be Normal

Self and Others

*This book contributes to one of the most challenging areas of mental health: substance misuse. Its focus is on the psychopathological experiences associated with it: both the consequences of substance misuse and the existential vulnerabilities that lead to it, even if such a clear-cut distinction is rarely possible. The work brings an innovative perspective to the issue, as it draws on two scientific fields whose association has not yet been fully explored: phenomenological psychopathology and substance misuse studies. The association of these two perspectives could build a greater understanding of this important topic and be of practical help to a wide array of professionals in their clinical practice. The structure of the book is inspired by this overall perspective. Its division into three parts is designed to introduce the reader, in a stepwise manner, to the complexities of the theme, based on the latest advances in the specific literature. The broad objective of this work is therefore to offer a useful instrument for mental health clinicians, psychiatrists, psychologists, nurses, undergraduate students of these disciplines, and all substance abuse workers.*

*This book offers a practitioner's guide to evidence-based practice in working with psychotic patients in an outpatient setting by clinicians and scholars who are internationally recognized for their work in treating severe psychopathology. Topics cover conceptual, technical, and practical considerations in the parameters of working with adult and adolescent populations that exhibit thought disorder, delusions, hallucinations, borderline organizations, trauma, and schizoid phenomena. Different theoretical models are presented from psychoanalytic traditions that introduce the student and practitioner to eclectic ways of conceptualizing and treating these challenging clinical groups. Concrete approaches to establishing a proper treatment environment, working alliance, symptom management, managing countertransference, and facilitating a therapeutic framework are provided. Various psychodynamic techniques are demonstrated by master clinicians through the extensive use of clinical case material culled from outpatient settings that illustrate how psychoanalytic perspectives enrich our understanding of the psychotic spectrum and lead to therapeutic efficacy.*

*Social and personality psychologists traditionally have focused their attention on the most basic building blocks of human thought and behavior, while existential psychologists pursued broader, more abstract questions regarding the nature of existence and the meaning of life. This volume bridges this longstanding divide by demonstrating how rigorous experimental methods can be applied to understanding key existential concerns, including death, uncertainty, identity, meaning, morality, isolation, determinism, and freedom. Bringing together leading scholars and investigators, the Handbook presents the influential theories and research findings that collectively are helping to define the emerging field of experimental existential psychology.*

*The Fifth Horseman and the New MAD*

*Plato and the Divided Self*

*A New Clinical Framework for Life's Greatest Crises*

*Critical Psychiatry*

*The divided self ; and existential study in sanity and madness*

*The Role of Culture in Suffering and Threat*

Investigates Plato's account of the tripartite soul, looking at how the theory evolved over the Republic, Phaedrus and Timaeus.

The Center Cannot Hold

The Courage to Suffer

The Book of Not

Knots

Outpatient Treatment of Psychosis

Madness