

preparation time, the cooking time and the oven temperature. You can even rate your recipe to know how good it was. Space to write down where you got the recipe from and space to jot down some notes at the end of each recipe. You'll also find at the end of the journal an appendix with measurement equivalents, practical ingredient substitution suggestions, and more. Measures 8 inches wide by 10 inches high. This blank recipe journal is ideal to conceive and share your best family recipes and makes a wonderful gift for friends and family for any occasion. Start your own custom cookbook today! Scroll back up and order your copy now!

The bestselling author and Emmy Award-winning cohost of ABC's The Chew takes the intimidation out of cooking and shows you how to savor life fully every day with this gorgeous cookbook featuring more than 125 easy, healthy, and delicious timesaving recipes. For many people, especially those who aren't quite at home in the kitchen, the idea of cooking a homemade meal can be terrifying, uninspiring, or just feel like a chore. In The Happy Cook, Daphne Oz makes cooking fun and relaxing, and shows anyone—newbie or seasoned expert—how to celebrate every day with delicious meals that are as easy to create as they are to enjoy. Like cooking with a good friend and a glass of wine, The Happy Cook is filled with friendly advice, expert tips, inspiring ideas, and best of all, 125 simple yet fabulous recipes, all using just a handful of ingredients, that will transform the most nervous or reluctant novice into a happy, confident home cook. Here are recipes for the whole day and the whole week, from Saturday dinner parties to quick-and-easy weeknight leftovers. With The Happy Cook, eating well is a breeze with delights such as: Breakfast—Crispy-Crunchy Honey-Thyme Granola, Chocolate Almond Breakfast Bars, and Coconut-Mango Pancakes Lunch—Kale and Plum Salad with Miso Vinaigrette, Warm Spring Pea Soup, Seared Garlic-Lime Shrimp Banh Mi and Philly Cheesesteak Quesadillas Dinner—Truffle Salt Roast Chicken with Lentils and Squash, Cashew Soba Noodles with Fried Shallots, Sea Bass Roasted Over Citrus, and Apricot-Rosemary Glazed Lamb Chops Dessert—"Outlaw" Carrot Cake with Brown Sugar Buttercream, Better Brownies, Sour Apple Juice Pops, and Nutty Banana "Ice Cream" The Happy Cook is all about real-life application—and real-life success. Celebrate every occasion and every meal with mouthwatering, vibrant, easy food. It's not about perfection, as Daphne makes clear. It's about the confidence to get into the kitchen, have fun, and become a happy cook!

Simple Happy Kitchen is this first illustrated guide for a plant-based vegan lifestyle. It is packed with humorous and engaging illustrations designed to help you and your family learn more about plant-based nutrition. The book takes the reader through simple steps needed to live a healthy, nutrient-filled, compassionate life. The guide introduces a new way to learn about nutrition - with positivity, humor and fun. It breaks down complicated nutritional information, helping families learn the basics and many benefits of this lifestyle. This is not a diet or cooking book - It is the first book of its kind, meant to help guide readers and improve the diets of children and families all over the world. Instead of charts, numbers and warnings, the book uses a visual language everyone can understand. What's inside? Why go plant-based? - Why is it good for you? - How to understand the nutrition facts label? - Building a healthy shopping list - Guides for spices, oils, leafy greens, legumes and grains - Benefits of soaking and sprouting - Substitutes and plant-based milks - Planning your meals - Cooking and storing hacks - Guide for protein, iron, calcium, vitamins and minerals - Simple ways to increase minerals absorption - Making food fun for kids - Vegan lifestyle with kids - Cruelty-free shopping guide - Fun facts about animals - Checklists for going vegan - Easy to make meals - And much more! The book was written together with a clinical dietitian, making sure it is not just fun but also factual.

'Amazing recipes that spread joy.' - Giovanna Fletcher 'The perfect combination of delicious recipes and mindful food. A must-read and a must-eat!' - Frankie Bridge 'A magical reminder of how wonderful food can be.' - Tom Kerridge Feel-good food for grey and busy days The kitchen has always been my happy place - it's the only place I feel completely at ease. Cooking has got me through some proper tough times! It also helps me slow down, take a breath and take stock. These recipes are all dishes that make me smile - they give me joy and I want to share that joy with you. From my go-to Chicken Nuggets and Brown Butter Macaroni Cheese to my Cinnamon Pastry Twists, you'll find all my everyday favs here. I've included quick meals for those days when you just can't think about what to cook, and my 'therapy' recipes that are good for distracting a worried mind - at least for a while. Take care of yourself. Love, Candice x

Simple Happy Kitchen Vegan Coloring Book

An Olives Cookbook Filled with 50 Delicious Olive Recipes (2nd Edition)

A Messy Kitchen Is a Happy Kitchen

The Orchards Meet the Apricots

Christmas Designs Coloring Book

Happy Kitchen

Six California Kitchens

Eggs are a great source of protein and incredibly versatile. You can boil the, fry them, scramble them—the list goes on and on.It can be tough to be creative with eggs, but there really are so many different ways to make them. When it's coming to the end of the week and you still have a bunch of eggs left over from a grocery store trip, look in this book and we guarantee you'll be able to put them to good use.

Book for recipes journal There are so many people on this great big planet that absolutely love cooking! Are you one of them? Some people are motivated by the taste of the end product and some people love the process and the patience involved in creating a masterpiece! And then there are many people who are passionate about both. If you happen to be a wizard in the kitchen and love to keep all your favorite recipes together in one easy to find place, then our Recipe Planner will be exactly what you need! You will have ample space to record the following: * The recipe name * The various ingredients needed * The Directions * The Prep Time , Cooking Time * Any additional notes that may make the end result extra special Our Favorite Recipe Planner is divided up into color coded divisions or categories to help you to find what you need super easily! Just follow the color and you will find the correct section. With so many wonderful recipes out there, you may want to consider purchasing two of our Recipe Planners! Keep one for yourself and give the other as a gift to a friend or family member that loves cooking just as much as you do! Happy cooking!

USA TODAY Bestseller WALL STREET JOURNAL Bestseller Combining the dietary recommendations in his bestselling Genius Foods and the lifestyle recommendations of The Genius Life, Genius Kitchen features shockingly delicious, nutrient-packed recipes that will energize your mind, strengthen your body, and pave a path to health that you'll feel with the first bite. Max Lugavere's debut book Genius Foods was groundbreaking, providing much-needed information on brain health that was embraced by thousands, and became an instant New York Times bestseller. His second book, The Genius Life, introduced an easy-to-implement protocol for strengthening your body and mind. This is the follow-up fans have been waiting for: the companion cookbook, filled with over 100 delicious recipes to help you lose weight, feel great, and reach optimum health. Inspired by traditions from around the globe, the 100-plus recipes and stunning photographs in Genius Kitchen feature an international twist, with bold flavors that favor simplicity and quality of ingredients over complexity and quantity. In addition, Max lists the basic, healthy ingredients and tools that are essential for a well-stocked kitchen and pantry, and offers techniques and best practices for healthy cooking and eating well on a budget. Max wants everyone to be well and enjoy great food—a legacy imparted on him by the tragic health of his mother. Part cookbook, part wellness guide, Genius Kitchen provides key insights that make healthy eating a breeze. Max explains the importance of whole, fresh foods, how various nutrients work together keep you healthy, and how to get fit without counting calories. Breaking down each meal component, Max explains the art and science of nutrition without the dogma, so that you can feel your best every day without sacrificing your love of eating. Whether you are a novice cook or seasoned in the kitchen; just beginning the journey to wellness, or health conscious but wanting to up your game, everyone will benefit from the information presented in Genius Kitchen—and enjoy some epic food in the process.

Discover 42 fun veggie characters pages to color with watercolors, colored pencils, crayons, markers or gel pens. Inside this coloring book you'll find super cute veggie drawings that are just waiting to be filled with color!

This coloring book features Simple Happy Kitchen's drawings that will charm vegan food lovers everywhere and help kids love vegetables, fruits, legumes, grains and nuts. Each picture is printed on one side of pure white paper to minimize scoring and bleed-through. It is also suitable for framing when complete.

Camping and Cooking for Beginners

Easy Olive Cookbook

The Happy Little Cigar Book

Taking a Simple Ingredient and Turning It Into Something Elegant

Blank Recipe Book Record Favourite Family Recipes

Blank Recipe Book

Recipe Journal

In 1997, Oxford graduate, working mother and Times journalist Rachel Kelly went from feeling mildly anxious to being completely unable to function within the space of just three days. Prescribed antidepressants by her doctor, and supported by her husband and her family, Rachel slowly began to get better, but her anxiety levels remained high, and six years later, as a stay-at-home mother, she suffered a second collapse even worse than the first. Throughout both of Rachel's periods of severe depression, the healing power of poetry became an integral part of her recovery. As someone who had always loved poetry, it became something for Rachel to cling on to in times of need - from repeating short mantras to learning and reciting entire poems - these words and verses became a powerful force for change in her life. In Black Rainbow Rachel analyses why poetry can be one answer to depression, and the book contains a selected 40 of the poems that provided Rachel with solace and comfort during her breakdown and recovery. At a time when mental health problems and depression are becoming more common, and the stigma around such issues is finally being lifted, this book offers a lifeline for anyone seeking to understand depression and seek new ways to treat it. Poetry is free, has no side-effects and, as Rachel can attest, 'prescribing words instead of pills' can be an incredibly powerful remedy.

The Happy Little Cigar Book delivers a big experience. Without resorting to complex ratings, boring history, or dictatorial recommendations this work simply has fun with cigars. Perrin Lovett, a writer, former attorney, and cigar lover examines some cigar myths, proper smoking, and shop selection. He also tells a few short stories sure to warm the heat of any cigar smoker.

For 50 of your Favorite Family Recipes Recipes and Shit Kitchen Recipe Book.Blank Cookbook: Notes & Recipes Grab an apron and a pencil and starting jotting down your best recipes in this stylish blank cookbook. This blank recipe book is perfect for creating and sharing your personal recipes. You'll find it easy to organize your favorite meals created in your kitchen or passed down from family members. This 100 page blank recipe book includes areas for ingredients, directions, cook time, prep time, oven temperature and more. It's a perfect gift for family and friends or sending off with students going off to college. Bring it as a house warming gift or a celebration like a wedding or bridal shower. Get started today and fill this blank cookbook with favorite romantic meals, holiday feast, or secret family desserts and add it to your cart to get going!Put all your Favorite Family and Friends Recipes in Your Very Own Cookbook - Perfect for Women, Wife, Mom, Grandma

Finalist for the 2021 IACP Best Cookbook Award Jam making gets a bad rap for being highly technical, complicated, messy, hot, and sticky; but preserving fruit can be simple and easy. Jordan Champagne unlocks the secrets of mouthwatering fruit sauces and butters, delicious whole-fruit preserves, and fresh-tasting jams and marmalades from the comfort of your home kitchen. It Starts with Fruit features 73 recipes total: master recipes for each type of preserve, followed by recipes for jams, marmalade, juices, syrups, shrubs, whole fruit preserves, butters, pie fillings, and dried fruits, plus a final chapter on baking with preserves. • Great for home cooks who want an easy and approachable guide to making jams and other fruit-based preserves • Jordan's gentle and encouraging methods will guide you through the process of making incredible fruit preserves using seasonal produce. • Learn inventive techniques that are more flavorful and less complicated than traditional methods—with less sugar, too! Jordan Champagne, author and cofounder of Happy Girl Kitchen, learned how to make jam while working on a farm, trying to use up fruits and vegetables that would otherwise go to waste. Now it's your turn to learn. Recipes include Raspberry Lemon Jam, Pink Grapefruit Marmalade, Honeyed Apricots, and Peach Rosemary Syrup, as well as baking recipes to turn your fabulous preserves into Thumbprint Cookies, Jam Bars, Fruit Cobbler, and Homemade Toaster Pastries. • A must-have for anyone who wants to learn about making jam and other preserves, likes experimenting in the kitchen, or enjoys DIY projects • Approachable for first-timers who feel intimidated by jam-making • Perfect for those who loved The Noma Guide to Fermentation by René Redzepi & David Zilber, The Blue Chair Jam Cookbook by Rachel Saunders, and Preserving by the Pint by Marisa McClellan

The Egg Cookbook

Good Mood Food - Joyful recipes to keep you calm, boost your energy and help you sleep...

A Messy Kitchen Is a Sign of a Happy Home: Blank Recipe Journal to Write in for Women, Food Cookbook Design, Document All Your Special Recipes and Not

To Write In, Recipe Card Format, Extra Blank Lined Pages, A Special Place to Record All Your Favorite Recipes, Organizer, 6x9 Softcover, Quotes, Green Old Recipes

Community Designed Cooking Classes

125 Recipes for Eating Every Day Like It's the Weekend

Inspiring More Peace Joy and Freedom Through a Vegan Diet.