

## The Keys To Acting

In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual’s health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. Communities in Action: Pathways to Health Equity seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

In *The Power of the Actor*, a Los Angeles Times bestseller, premier acting teacher and coach Ivana Chubbuck reveals her cutting-edge technique, which has launched some of the most successful acting careers in Hollywood. The first book from the instructor who has taught Charlize Theron, Brad Pitt, Elisabeth Shue, Djimon Hounsou, and Halle Berry, *The Power of the Actor* guides you to dynamic and effective results. For many of today ’ s major talents, the Chubbuck Technique is the leading edge of acting for the twenty-first century. Ivana Chubbuck has developed a curriculum that takes the theories of the acting masters, such as Stanislavski, Meisner, and Hagen, and the next step by utilizing inner pain and emotions, not as an end in itself, but rather as a way to drive and win a goal. In addition to the powerful twelve-step process, the book takes well-known scripts, both classic and contemporary, and demonstrates how to precisely apply Chubbuck ’ s script-analysis process. *The Power of the Actor* is filled with fascinating and inspiring behind-the-scenes accounts of how noted actors have mastered their craft and have accomplished success in such a difficult and competitive field.

For over 2000 years, philosophy has been our best guide to the experience of being human, and the true nature of reality. From Aristotle, Plato, Epicurus, Confucius, Cicero and Heraclitus in ancient times to 17th century rationalists Descartes, Leibniz and Spinoza, from 20th-century greats Jean-Paul Sartre, Jean Baudrillard and Simone de Beauvoir to contemporary thinkers Michael Sandel, Peter Singer and Slavoj Zizek, 50 Philosophy Classics explores key writings that have shaped the discipline and had an impact on the real world. Philosophy can no longer be confined to academia, and 50 Philosophy Classics shows how powerful it can be as a tool for opening our minds and helping us think. Whether you are fascinated or daunted by the big questions of how to think, how to be, how to act and how to see, this is the perfect introduction to some of humanity’s greatest minds and their landmark books.

Recently selected as an Edexcel set text, Paul Elsam’s *Acting Characters* is an introductory handbook for the aspiring actor, compiled of twenty steps grouped into six sections to help create, present and sustain a believable character in most circumstances. It is fundamentally practical and avoids heavy discussion of theory, looking instead at how to use different voices and body language to convey character. According to a peer reviewer, the book is “both interesting for the casual enquirer and illuminating for the more serious practitioner”. It de-mystifies the fundamental concepts of Stanislavski’s teaching in an accessible way and it is this clarity and empathy with its readership that sets this book apart from its main competition, which the author describes as containing “a lot of rather mystical ideas on how actors go about their craft, but very little on the actual moment-by-moment skills you can work on”.

The Keys to Commercial Acting

Own Your Morning. Elevate Your Life.

The New Business of Acting

Seven Keys to Success

Black Acting Methods

To the Actor

The Science Of Acting

*Stanford Meisner was one of the best known and beloved teachers of acting in the country. This book follows one of his acting classes for fifteen months, beginning with the most rudimentary exercises and ending with affecting and polished scenes from contemporary American plays. Written in collaboration with Dennis Longwell, it is essential reading for beginning and professional actors alike. Throughout these pages Meisner is a delight—always empathizing with his students and urging them onward, provoking emotion, laughter, and growing technical mastery from his charges. With an introduction by Sydney Pollack, director of *Out of Africa* and *Tootsie*, who worked with Meisner for five years. “This book should be read by anyone who wants to act or even appreciate what acting involves. Like Meisner’s way of teaching, it is the straight goods.”—Arthur Miller “If there is a key to good acting, this one is it, above all others. Actors, young and not so young, will find inspiration and excitement in this book.”—Gregory Peck*

*A collection of new essays on the philosophy of theatre and the philosophy of drama, combining historical perspectives and new directions.*

*Black Acting Methods seeks to offer alternatives to the Euro-American performance styles that many actors find themselves working with. A wealth of contributions from directors, scholars and actor trainers address afrocentric processes and aesthetics, and interviews with key figures in Black American theatre illuminate their methods. This ground-breaking collection is an essential resource for teachers, students, actors and directors seeking to reclaim, reaffirm or even redefine the role and contributions of Black culture in theatre arts.*

*“How to Win Friends and Influence People” is one of the first best-selling self-help books ever published. It can enable you to make friends quickly and easily, help you to win people to your way of thinking, increase your influence, your prestige, your ability to get things done. x000D\_ Enable you to win new clients, new customers. x000D\_ Increase your earning power. x000D\_ Make you a better salesman, a better executive. x000D\_ Help you to handle complaints, avoid arguments, keep your human contacts smooth and pleasant. x000D\_ Make you a better speaker, a more entertaining conversationalist. x000D\_ Make the principles of psychology easy for you to apply in your daily contacts. x000D\_ Help you to arouse enthusiasm among your associates. x000D\_ Dale Carnegie (1888-1955) was an American writer and lecturer and the developer of famous courses in self-improvement, salesmanship, corporate training, public speaking, and interpersonal skills. Born into poverty on a farm in Missouri, he was the author of *How to Win Friends and Influence People* (1936), a massive bestseller that remains popular today. x000D\_*

The Art of Film Acting

The 5AM Club

How To Win Friends And Influence People

A Primer for Actors

In-Depth Acting

A Guide For Actors and Directors

Tools for the Working Actor

"I was totally unprepared for the transformation that Seth’s technique created in me. . . . I realized that what I thought I knew about acting up to that point was largely misguided. . . . but I now had a great, talented, dedicated teacher who generously wanted to share his tools with everyone. There is muscularity, not to mention wisdom and truth to Seth’s techniques. He is a wonderful teacher, and I know that having him as my first guide is one of the luckiest things to have happened to me in my career and life. And when I can’t get back to class with him, I am so grateful I have this book to turn to.”—Anne Hathaway “This book is truly unlike anything else I know—these pieces are haikus on specific elements of performance and character building.”—Philip Humberg, executive director, Sundance Theatre Institute A collection of practical acting tips, tools, and exercises, *An Actor’s Companion* is ideal for both the seasoned professionals and actors-in-training. The tips—all simple, direct, and useful—are easy to understand and even easier to apply, in both rehearsal and in performance. Seth Barrish is an actor, teacher, and the co-artistic director of The Barrow Group in New York City. In his thirty-year career, he has directed the award-winning shows *My Girlfriend’s Boyfriend* (Lucille Lortel Award for Best Solo Show, Drama Desk and Outer Critics Circle nominations for Best Solo Show), *Sleepwalk With Me* (Nightlife Award for Outstanding Comedian in a Major Performance), *The Tricky Part* (Obie Award, Drama Desk nomination for Best Play and Best Solo Show), *Pentecost* (Drama Desk nomination for Best Play), *Old Wicked Songs* (Los Angeles Drama Critics Circle Award and Garland Award for Best Direction), and *Good* (Straw Hat Award for Best Direction), among dozens of others.

In *The Master Key to Acting Freedom*, Graham Dixon explores the basic principles of Michael Chekhov’s approach to acting and shows how it is radically different from many of the practices currently taught to actors and directors.

Rhythm is often referred to as one of the key elements of performance and acting, being of central importance to both performance making and training. Yet what is meant by this term and how it is approached and applied in this context are subjects seldom discussed in detail. Addressing these, *Rhythm in Acting and Performance* explores the meanings, mechanisms and metaphors associated with rhythm in this field, offering an overview and analysis of the ways rhythm has been, and is embodied and understood by performers, directors, educators, playwrights, designers and scholars. From the rhythmic movements and speech of actors in ancient Greece to Stanislavski’s use of Tempo-rhythm as a tool for building a character and tapping emotions, continuing through to the use of rhythm and musicality in contemporary approaches to actor training and dramaturgy, this subject finds resonance across a broad range of performance domains. In these settings, rhythm has often been identified as an effective tool for developing the coordination and conscious awareness of individual performers, ensembles and their immediate relationship to an audience. This text examines the principles and techniques underlying these processes, focusing on key approaches adopted and developed within European and American performance practices over the last century. Interviews and case studies of individual practitioners, offer insight into the ways rhythm is approached and utilised within this field. Each of these sections includes practical examples as well as analytical reflections, offering a basis for comparing both the common threads and the broad differences that can be found here. Unpacking this often mystified and neglected subject, this book offers students and practitioners a wealth of informative and useful insights to aid and inspire further creative and academic explorations of rhythm within this field.

Presents different techniques for stage and screen actors, including a new approach to acting and advice on auditioning, developing a character, and playing difficult roles.

Acting It Out

Why We Are More Powerful Than We Believe

Embodied Acting

The Outstanding Actor

The Keys to Acting

20 simple steps from rehearsal to performance

The 113 Keys to Acting

In today’s confrontational and connected world, communication is the key strategic act. This book uses drama theory—a radical extension of game theory—to show how best to communicate so as to manage the emotionally charged confrontations occurring in any worthwhile relationship. Alongside a toolset that provides a systematic framework for analysing conflicts, drama theory explains why people need to listen to, and rely on, their feelings to help shake themselves out of provides a sufficient grounding in the approach to enable you to apply it immediately for your own benefit and for the benefit of those with whom you work. A host of inspirational examples are included based upon actual situations in social and personal relations, business and organisational relations, defence and political management. These will give you an entirely fresh way of seeing how power is exercised in everyday interpersonal exchanges and a greater critical awareness of why we are able to overcome the dilemmas of credibility and disbelief to build compelling messages that underpin your strategic intent. Moving beyond the vague platitudes of concepts like emotional intelligence, drama theory will also help you to avoid the pathologies that bedevil the process of managing conflicts and find ways of achieving authentic resolutions.

The Keys to ActingThe 113 Keys to ActingKendall Hunt Publishing CompanyThe Four PrinciplesApplying the Four Keys of Authentic Acting to Life

This handbook takes an actor, step by step, through the preparation of a character, similar to that of a master chef preparing a feast. Each ingredient is selected to attain the greatest effect. Every actor is a unique individual. The Actor’s Menu helps to bring out the emotions, experiences and beliefs that make up the uniqueness of each actor and have them use these to prepare and present a powerful character.

What is good acting? How does one create believable characters? How can an actor understand a character if they do not understand themselves? In *The Science of Acting*, Sam Kogan uses his theories on the relationship between neuroscience, psychology and acting to answer these questions. Practical exercises provide a step-by-step guide to developing an actor’s ability, culminating in Ten Steps to Creating a Character. He presents the reader with a groundbreaking understanding of the original perspective on Stanislavski’s teaching gives readers a unique insight into their character’s minds. Sam Kogan studied at the Moscow Institute of Theatre Arts (now the Russian Academy of Theatre Arts) under the tutelage of Professor Maria Knebel. He established *The Science of Acting*, a complete stand-alone technique. Helen Kogan is the chair and former principal of *The Academy of Science of Acting and Directing*, has helped to shape her father’s words and work for the

The Master Key to Acting Freedom

Communities in Action

How to Build a Career in a Changing Landscape - The Next Edition

Critical Approaches

The Power of the Actor

The Four Principles

Rhythm in Acting and Performance

This book is about how to get cast in commercials - plain and simple. Whether you are a seasoned commercial actor, an industry newcomer or the parent of a child actor, the advice in this book will be invaluable in teaching you how to navigate the industry to land more jobs. In this book, acclaimed veteran casting director Stuart Stone shares his insights and experience from behind the camera to help you attain your commercial acting goals. Stuart’s inspiring words and no-nonsense advice will be able to overcome the dilemmas of credibility and disbelief to build compelling messages that underpin your strategic intent. Moving beyond the vague platitudes of concepts like emotional intelligence, drama theory will also help you to avoid the pathologies that bedevil the process of managing conflicts and find ways of achieving authentic resolutions. Expert tips are also provided for auditioning, cold reading, and taking direction.

A pragmatic intervention in the study of how recent discoveries within cognitive science can and should be applied to performance. Drawing on his experience the author interrogates the key cognitive activities involved in performance inc non-verbal communication: thought, speech, and gesture relationships; empathy, imagination, and emotion.

Legendary leadership and elite performance expert Robin Sharma introduced The 5am Club concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity. Now, in this life-changing book, handcrafted by the author over a rigorous four-year period, you will discover the early-rising habit that has helped so many accomplish their dreams and overcome their fears. Enchanting—and often amusing—story about two struggling strangers who meet an eccentric tycoon who becomes their secret mentor, The 5am Club will walk you through: How great geniuses, business titans and the world’s wisest people start their mornings to produce astonishing achievements A little-known formula you can use instantly to wake up early feeling inspired, focused and flooded with a fiery drive to get the most out of each day A step-by-step method to protect neuroscience-based practice proven to help make it easy to rise while most people are sleeping, giving you precious time for yourself to think, express your creativity and begin the day peacefully instead of being rushed “Insider-only” tactics to defend your gifts, talents and dreams against digital distraction and trivial diversions so you enjoy fortune, influence and a magnificent impact on the world Part manifesto for mastery, part playbook for genius-grade productivity and part co

The Ultimate Teen Guide

Acting That Matters

Pathways to Health Equity

50 Philosophy Classics

Key Exchange

Sanford Meisner on Acting

Using Drama in the Classroom to Improve Student Engagement, Reading, and Critical Thinking

E. Katherine Kerr, an award-winning actress, translates her unique keys of acting into how to manifest a fulfilled life. It is based on her 30 years experience teaching acting and a two-day transformational workshop called *The Creative Explosion*. Tony award winning actress, Faith Prince declared, “I enrolled in her powerful *Creative Explosion* workshop. My career and my life have never been the same. I now know how to be fully present on stage and off. *The Four Principles* are life altering. Do yourself a favor and read this book.” Kerr taught acting in New York City and master classes at NYU, Sarah Lawrence, Oberlin College in Ohio, and International Centre at Herdmonceux, England. After 30 years helping actors, singers, writers, and people not directly related in the arts manifest their dreams and hearts’ desires, Kerr puts her experience and expertise into this powerful book. It is personal, humorous, and as full of compassion as Kerr is.

Animation has a lot to do with acting. That is, character animation, not the standardized, mechanical process of animation. Acting and animation are highly creative processes. This book is divided into two parts: From film history we learn about the importance of actors and the variety of acting that goes into animation; then, we will turn to the actor’s point of view to describe the various techniques involved. Through exhaustive research and interviews with people ranging from the late Ray Harryhausen, Jim Danforth, Joe Letteri, and Bruno Bozzetto, this book will be the primary source for animators and animation actors.

Drawing on Ken Rea’s 35 years’ teaching experience and research, as well as interviews with top actors and directors, *The Outstanding Actor* identifies seven key qualities that the most successful actors manifest, along with practical exercises that help nurture those qualities and videos to demonstrate them. Featuring contributions and insights from Ewan McGregor, Jude Law, Judi Dench, Al Pacino, Lily James, Rufus Norris and many more, *The Outstanding Actor* gives you techniques that you can immediately put into practice in rehearsals, classes or private preparation. It also shows you how to increase the chances of having a more successful career. This new edition covers topical issues such as the #MeToo movement, gender balance and race issues, and how these affect working conditions and careers. There are also brand new links to video resources that bring the valuable exercises to life. The book also includes forewords by Damian Lewis and Lily James.

First Published in 1998. Routledge is an imprint of Taylor & Francis, an informa company.

Brave Leadership

On the Technique of Acting

The Complete Guide to the Art of Acting

Acting Magic

The Invisible Actor

The Philosophy of Theatre, Drama and Acting

Acting Strategically Using Drama Theory

*This guide for actors and directors develops a valid method for training performers to act from their core—whether they are cold reading, auditioning, or performing for film or television. This book teaches actors how to achieve and respond to believable and honest emotions before the camera, and it maintains that the key to a successful performance lies in how the actors relate to one another and to the circumstances. Exercises, including script examples, throughout the book give readers an easy resource for practicing the principles outlined. *The Art of Film Acting* applies a classic stage acting method (Stanislavsky) to the more intimate medium of performing before a camera, teaching readers to experience an emotion rather than to indicate it.*

*The End of Acting Technique encompasses Larry’s experience of decades of dedication to the craft of acting, summarized with great clarity and effectiveness, offering a simple way to reach the heart of the work. He illuminates with precision and essentiality the fundamental passages for an authentic, living acting. This is a book and an interactive website. At certain points in the book, Larry invites you to join him online for a longer discussion, instruction and exercises.*

*This book will help readers be brave. While we may think that we need to follow some kind of prescription to get results, the most amazing leaders are those who dare to be their true selves, powerfully. People want to give them their best. But in a business world that’s so competitive and uncertain, how do you connect with others more authentically to tap into their illusive want? *Brave Leadership* is the essential guide for leaders in today’s ever-shifting world. Wherever you are in your leadership journey—new, seasoned, young, or old—if you aspire to be the best leader you can be, then this book is for you. It will help you • Uncover your barriers to brave • Escape overwhelm and frustration and learn to manage stress and anxiety • Prepare for high-stakes meetings and conversations • Have the influence you want to have • Set the direction of your career • Connect powerfully • Feel more confident, courageous, satisfied, and purposeful • Tap into the want of the people you lead to get the results you need *On a quest to make these powerful conversations more accessible, professional-actress-turned-leadership-educator Kimberly Davis shares the transformative tools she uses in her workshops to help thousands of leaders worldwide. Drawing from years of working with leaders of all experience levels and industries and the latest research in psychology, sociology, business, and the arts, this provocative and inspiring book bridges traditional business how-to with a personal development approach to demystify what it takes to be the brave leader you were born to be.**

*THE STORY: The scene is a bicycle path in Central Park, where three young cyclists come together each weekend. Philip, an aspiring novelist, is having an affair with Lisa, a photographer, while Michael, a Madison Avenue copywriter, is newly married*

Acting for Young Actors

Acting Action

Acting with Power

Embodied Approaches and Understandings

Thinking, Being, Acting Seeing - Profound Insights and Powerful Thinking from Fifty Key Books

The End of Acting Technique

*ACTING MAGIC is a comprehensive guidebook that takes the aspiring actor from beginning steps to a high level of performance excellence. The book breaks down all the components of acting into simple and engaging chunks so that even the youngest students can apply them on the stage. Games, stories, exercises, illustrations, handouts, and teacher’s keys guide the actor to discover everything the pros know. The extensive glossary of theater terms and the in-depth history of theater completes the book as a perfect study and performance text.*

*In Acting It Out, you’ll discover how to use drama in your ELA and social studies classrooms to boost student participation and foster critical thinking. With years of experience supervising arts integration programs in Chicago Public Schools, authors Juliet Hart, Mark Onuscheck, and Mary T. Christel offer practical advice for teachers in middle and high schools. Inside, you’ll find... Group activities to improve concentration, harness focus, and engage students of all abilities and learning styles in teamwork Close reading exercises that encourage students to think critically and build personal relationships with the text Strategies for integrating active approaches to dramatic literature, such as improvisation and scene work Ideas for using dramatic literature as a springboard for studying history and interdisciplinary studies Annotated reading lists that highlight each play’s content and recommended uses in ELA or social studies Throughout the book, you’ll also find handy tools such as reflection questions, handouts, and rubrics. By implementing the strategies in this book and allowing students to step into different roles from a text, you’ll improve reading comprehension and energize your classroom!*

*A guide to acting covers auditions, rehearsals, monologues, and improvisation, along with acting exercises and tips on pursuing acting as a career.*

*“A book that will stand the test of time.”—Pierce Brosnan An essential guide to the Stanislavski technique, filtering out the complexities of the system and offering a dynamic, hands-on approach. Provides a comprehensive understanding of character, preparation, text, subtext and objectives. How to prepare for drama school and professional auditions How to develop a 3-dimensional, truthful character Preparation exercises to help you get in character Rehearsal guidelines An appendix of Transitive/Active Verbs and more*

*A Performer’s Guide to Emotions on Cue*

*The Art of Animated Films, Acting and Visualizing*

*A Character Preparation Handbook*

*How to Stop Acting*

*Applying the Four Keys of Authentic Acting to Life*

*Getting Ready for the Theatre of Life*

*An Actor’s Companion*

Based on the latest research from the fields of neuroscience and mind-body psychology, *Acting With Passion* offers a revolutionary new approach to the age-old problems of the actor: dealing with nerves, engaging the body, quieting the inner critic, auditioning, creating a character, and even playing comedy. With this step-by-step guide, actors who have struggled with ‘visualization’ and ‘emotional recall’ can learn an alternative method of accessing feelings through the release of chronic, subtle muscular tensions that connect into the brain at lightning fast speed and can actually produce emotions on cue. Written with verve and accessibility, and using practical exercises to guide the actor through each stage, *Acting With Passion* is the must-have text for actors seeking that magical ‘state of aliveness’.

The best actor never gets the role. But the right actor always gets hired and if you want to be the right actor, you need to create a well-paved pathway through the traffic jam that can slow you down, divert your attention and create stress behind the wheel of the career you’re committed to driving forward. It’s your journey and it’s time for a career tune up, even if you’re just starting out In this revised and expanded Next Edition to his popular book for actors, talent manager, educator and author Brad Lemack tackles the tough challenges actors face in seeking, building and maintaining rewarding careers in the new landscape. From the role of personal ethics and integrity to landing the role of a lifetime, Lemack teaches readers how to navigate through and thrive in a continually changing landscape in an industry challenged to redefine itself and how it does business. Whether you’re new to the business or in need of a professional career rebranding, *The New Business of Acting: The Next Edition* will empower you with a critical perspective on how to create, map out and embark on a life-long journey that will earn you the career-building opportunities you seek.

"A refreshing and enlightening new perspective on what it means to be powerful."—Susan Cain, bestselling author of *Quiet* We all know what it looks like to use power badly. But how much do we really know about how to use power well? There is so much we get wrong about power: who has it, what it looks like, and the role it plays in our lives. Grounded in over two decades’ worth of scientific research and inspired by the popular class of the same name at Stanford’s Graduate School of Business, *Acting with Power* offers a new and eye-opening paradigm that overturns everything we thought we knew about the nature of power. Although we all feel powerless sometimes, we have more power than we tend to believe. Power exists in every relationship, not just at the top of big institutions. It isn’t merely a function of status or hierarchy, either. It’s about how much we are needed and how well we take care of other people. We often assume that power flows to those with the loudest voice or the most commanding presence. But, in fact, true power is often much quieter and more deferential than we realize. Moreover, it’s not just how much power we have but how we use it that determines how powerful we actually are. Actors aren’t the only ones who play roles for a living. We all make choices about how to use the power that comes with our given circumstances. We aren’t always cast in the roles we desire—or the ones we feel prepared to play. Some of us struggle to step up and be taken more seriously, while others have trouble standing back and ceding the spotlight. In *Acting with Power*, Deborah Gruenfeld shows how we can get more comfortable with power by adopting an actor’s mindset. Because power isn’t a personal attribute. It’s a part we play in someone else’s story.

"A vigorous inquiry into the art of acting focusing on playing action, this book teaches actors how to do the “doing of acting.” Hugh O’Gorman provides special insight into the acting methods of Earle Gister and Lloyd Richards"--

The Actor’s Menu

What Neuroscience Tells Us about Performance

The Art of Acting

Canadian Patent Office Record

Acting with Passion

Acting Characters

Unleash Your Most Confident, Powerful, and Authentic Self to Get the Results You Need

In *To the Actor* Michael Chekhov has recorded brilliantly the results of his many years of experimenting, testing and verifying in the professional theater and schools of the theater. He brings to actors far greater insight into themselves and the characters they are to portray, which enables them to approach any role with new ease and skill. " To the Actor is by far the best book that I have read on the subject of acting. Actors, directors, writers and critics will be grateful for it. It should prove enlightening to theatergoers who wish to deepen their appreciation for fine acting and thus help to invigorate the theatrical art. " —Gregory Peck " I think without a doubt every creative person in the theater will want to have it as a constant reference book, outside of its being, in my opinion, absorbing and entertaining reading. " —Yul Brynner (from the Preface) " One of the most remarkable and practical books on the technique of acting I have ever read...Enthusiastically recommended to all theatre collections of whatever size. " —Library Journal

Acting and Character Animation

The Chubbuck Technique -- The 12-Step Acting Technique That Will Take You from Script to a Living, Breathing, Dynamic Character