

Where To Download The Licensed Chemical Dependency Counselor Written Exam

The Licensed Chemical Dependency Counselor Written Exam

Clinical supervision (CS) is emerging as the crucible in which counselors acquire knowledge and skills for the substance abuse (SA) treatment profession, providing a bridge between the classroom and the clinic. Supervision is necessary in the SA treatment field to improve client care, develop the professionalism of clinical personnel, and maintain ethical standards. Contents of this report: (1) CS and Prof;l. Develop. of the SA Counselor: Basic info. about CS in the SA treatment field; Presents the ;how to; of CS.; (2) An Implementation Guide for Admin.; Will help admin. understand the benefits and rationale behind providing CS for their program;s SA counselors. Provides tools for making the tasks assoc. with implementing a CS system easier. Illustrations.

In a carefully crafted evangelistic sermon, five questions

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of ultimate concern are introduced to illustrate how a conversation about spirituality can lead to an invitation to ask Christ to abide in your life.

Explains to parents how to recognize the signs of drug use in their child, overcome denial in the family, evaluate and select treatment options, and work through the recovery process.

A thorough guide about how to get help for a friend or loved one who is having problems with alcohol or other drugs.

Provides places, names, numbers--who to call, what questions to ask, and what to expect. This invaluable guide includes six initial options for getting into recovery: -- The AA treatment program --Interventions, detox and rehab --Work related programs --Al-Anon --Law-enforcement programs --Therapeutic communities

Addiction-Free: How to Help an Alcoholic or Addict Get Started on Recovery is a much-needed guide for everyone whose life is touched by addiction.

Time to Think: Meditation and Reflection

Change Is Possible

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*A Contemporary Approach to Substance Use Disorders And
Addiction Counseling*

Garbage Rules

Occupational Outlook Handbook

*Addiction Counselor Test Review for the Master Addiction
Counseling Exam*

"The perfect handbook for the clinical supervisor." —Nancy Waite-O'Brien, director, Education and Training, Betty Ford Center "An outstanding contribution to the professional well-being of the addiction field." —Thomas McGovern, editor, *Addiction Treatment Quarterly* "Forever useful." —S. Beckett, education and training coordinator, National Association of Alcohol and Drug Abuse Counselors

A practical, easy-to-follow guide to diagnosing and treating teenage adolescent substance abusers. Packed with ideas, suggestions, and strategies, Ross details eight fundamental elements that make a treatment program successful. He presents a sound rationale for conceptualizing the problem of chemical dependency, includes an easy-to-follow framework for addressing it, and lists specifically defined goals and objectives for confronting the addiction. Fifteen treatment strategies for enhancing awareness, one full chapter that outlines a model treatment program that's ready to implement, nineteen questions for

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critiquing a group session, a set of 42 criteria for addressing the outcome of a program, suggestions for conducting a comprehensive evaluation with eight possible scenarios that could result from the evaluation, and ideas for helping parents respond emotionally and behaviorally to the situation. Clinical Psychologists , Social Workers and other professionals working with teenage substance abusers. A Longwood Professional Book.

Written as an introduction to the field of addiction counseling, this text covers the fundamental knowledge and skills necessary to counsel people who are struggling with addiction. Drs. Brooks and McHenry provide a straightforward and holistic approach to treatment and recovery, from the major theoretical underpinnings, to assessment and diagnosis, to relapse prevention and spirituality. With a focus on current clinical applications and how-tos, this book is ideal both for master's-level addictions courses and mental health clinicians.

Topics covered are cultural and gender issues, including work with LGBT clients; drug classifications and referral; assessment, diagnosis, and interview techniques; the continuum from nonuse to addiction; work in college/university, school, and community/mental health agency settings; developmental approaches in treatment; the role of the family; grief and loss in addiction; group counseling; relapse and recovery; spirituality and support groups; addictions

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training, certification, and ethics; and the importance of counselor self-care. Exploration questions and suggested activities are presented in each chapter. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website [here](#). *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

In *Ethics & Professional Development for Addiction Counselors*, Dr. Marcus Mottley defines and clarifies a wide number of ethical issues and dilemmas involving conflicts of interest, boundary issues, confidentiality, professional behaviors and the core obligations, roles and responsibilities of addiction counselors. Addiction professionals who use this book will become highly aware of their own values, attitudes and behaviors and how these might impact their professional conduct and their relationships with clients. Counselors will also gain insights and get clarification on key topics such as documentation, self-disclosure, dual relationships, cultural competence and HIPAA guidelines. *Ethics & Professional Development for Addiction Counselors* is a concise manual that includes the twelve principles of ethics, eleven principles of professional development and key guidelines, issues and information that are part of the core knowledge requirements for the licensing, certification and re-certification of

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addiction counselors. Ethics & Professional Development is a precise, no fluff, get-right-to-the-point guide, reference and training manual for counselors, therapists, healthcare professionals and others interested in the field of addictions and the treatment of alcoholism and drug use.

How to Help an Alcoholic or Addict Get Started on Recovery

Chemical Dependency Counseling

Intervention: Reducing Compassion Fatigue

principles, guidelines & issues for the training, licensing, certification and re-certification of addiction counselors

Counseling for Alcoholism and Drug Abuse Problems

ADC Test Review for the International Examination for Alcohol and Drug Counselors

Drugs and alcohol are considered the elixir of life. How paradoxical it is that they are also the essence of death. Those who have not drunk do not know the simple pleasures of life. But those who do know that all pleasure is derived from it. A high price for a low life. In the beginning, the reasons for indulgence are very apparent. Unresolved issues, childhood trauma, heartbreak, the loss of a loved one, or parental neglect—any one of these reasons could lead to a

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dependency on the poison of your choice. However, as time passes, those reasons fade into the background and become unintelligible. If an individual was to ask me why I got into substance abuse, I might not be able to give them one good answer. But the truth of the matter is, there is a void that needs to be filled, no matter what. Hence, an individual is likely to fall into the pothole of drug addiction. If seen from what scholars have defined the poison one chooses for himself, it is the use of a drug that is viewed as posing a problem by a society concerned. Drug addiction can be counted as a disease that does not discriminate and can impact anyone—regardless of age, gender, ethnicity, body type, or personal beliefs. Alcoholism and drug addiction may be the end product of various other factors, too, like biological, psychological, social, and environmental. Drug addiction and sobriety are two sides of the same coin. Being sober at a place and then wholly violent just with the addictive poison is what the actual game is about. Some people might encounter diving into alcohol at an early age, mainly due to the stress, traumas, sexual assault, or violence they have been subjected to. Kids are just like monkeys; seeing their surroundings, one can quickly adapt to their life

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patterns, hence drinking or doing drugs. Exploring different avenues regarding drugs at a young age can prompt issues sometime down the road, particularly in your 20s and 30s. This is particularly evident when young people participate in regular hard-core boozing. Growing up around family members and close relatives who suffer from alcoholism or drug addiction increases the risk of alcohol or drug abuse for generations to come. Indulgence in drugs has a way back. It is critical to recognize that even if a person can improve their alertness and awareness, they must still not drive or make important decisions until the drug is ultimately out of their system. This book tells and elaborates that drug addiction is recoverable. Since the brain holds the ropes of our actions and mind games, nothing is impossible if you believe in yourself, even leaving drugs. The trouble is that quitting is rarely easy, and the best solution isn't always clear. In this book, you will find how I got addicted to drugs and how you should believe that getting rid of this abuse is not impossible. It's all in your head. But what may seem like it is in your head may also take over your entire body, your entire being. My life has taught me a lot, but it was not the kindest of teachers. It was hardly a teacher. I only

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observed my life and learned what I had to. Substance abuse has been a very consistent part of my initial existence. But it does not define me, nor will it ever. This book has written in it the depths of my chaotic but sequentially orderly life. Having a Master's in addiction Counseling, I only want to humanize the addictive aspect of existence. Despite my difficult existence, I have learned enough to prevent others from falling into the same trap. I have learned enough to laugh about it now and then, even. Because what good is a life that is not even mildly amusing? I thank God for everything and for giving me the strength and resolve to be who I am and learn what I know.

The Alcoholism and Drug Abuse Client Workbook by Robert R. Perkinson is an evidence-based program that uses treatments including motivational enhancement, cognitive-behavioral therapy, skills training, medication, and 12-step facilitation. It provides a venue for clients to write down their thoughts and experiences as they progress through treatment. The Third Edition of the workbook takes the patient through all 12 steps of recovery and continues to include chapters on honesty and preventing relapse.

This small book is for all those noble souls who have endured the

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trials and tribulations of being family members of an addict or alcoholic and have continued to love them. It is offered as a lifeline so that family members can survive the struggle and even thrive in spite of it. This book explains chemical addiction and its traumatic effects on family members, but mostly it shows family members how to successfully navigate the challenges they face. Family members need help to heal just as much as their addicts/alcoholics do because chemical addiction is a family disease. The insight that drives this small book is the same as the insight that drives the recovery of every addict/alcoholic: If you work a program, it works for you. It will not be easy, but in the end all can be well.

Here is a valuable book to help professionals provide the most successful treatment for chemically dependent teenagers by examining the special conditions associated with adolescent chemical dependency. Counselors with experience in treating alcoholism and substance abuse need to have an awareness of the distinctive problems of adolescent chemical dependence that are related to their developmental nature. Such complicated problems as sexual abuse, eating disorders, addictive gambling, and membership in cults are

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discussed in their relationship to the treatment of the adolescent substance abuser. Special cases of the mentally impaired adolescent and the relapsing chemically dependent adolescent are also discussed in this remarkable volume. Treatment professionals will find encouragement for their work with adolescent clients in Special Problems in Counseling the Chemically Dependent Adolescent, which approaches counseling from a holistic perspective and perceives the family structure as an agent of change. The comprehensive chapters create a better understanding of the different addictions that affect the adolescent population and the pertinent factors that complicate the treatment of chemical addiction. The correlation between chemical abuse and child abuse in families is examined and strategies for treating adolescents suffering from chemical abuse and gambling addiction are suggested. A study of eating disorders among adolescents demonstrates the similarities in the etiology, treatment, and assessment of anorexia, bulimia, and compulsive eating, and the conditions resulting in chemical dependency. Experienced professionals counseling and working with adolescents will be able to provide more efficient treatment to their clients by utilizing the

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practical suggestions presented in this important book.

The Gambling Addiction Patient Workbook

The Alcoholism and Drug Abuse Client Workbook

Treating Alcoholism

Special Problems in Counseling the Chemically Dependent Adolescent

Drug Dealer to Drug Counselor

Preparing for Comprehensive, Certification, and Licensing

Examinations

The best-selling *Chemical Dependency Counseling: A Practical Guide* provides counselors and front-line mental health professionals with the information and skills they need to use evidence-based treatments, including motivational enhancement, cognitive behavioral therapy, skills training, medication, and 12-step facilitation. Guiding the counselor step by step through treatment, author Robert R. Perkinson presents state-of-the-art tools, forms, and tests necessary for client success while meeting the highest standards demanded by accrediting bodies. The Fifth Edition of this landmark text has been updated to include coverage of current topics of concern for counselors, including full compliance with DSM-5, new coverage of steps 6 – 12 in 12-step facilitation, discussions on synthetic and designer drugs, new psychotherapeutic medications, new survey data on patterns of use and abuse, a list of online recovery support groups for clients, and a new section on *Recommendations for a Successful First Year in Recovery*.

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This valuable professional resource makes it easier than ever for professionals who treat chemically dependent patients to write polished, effective treatment plans that satisfy all the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. This comprehensive planner provides problem definitions, treatment goals, objectives, interventions, and DSM-IV diagnoses for 29 substance-abuse related problems.

Real life story about how one man was able to change his life. After being involved in the criminal lifestyle most of his life and going to federal and state prison. Cal Wills was able to turn his life around and eventually become a licensed chemical dependency counselor.

The addiction field has long needed a comprehensive set of exercises counselors could use to guide patients through good treatment. This 12-step treatment plan workbook for those addicted to gambling includes identifying character defects and relapse prevention.

Chemical Dependency Counseling + The Alcoholism and Drug Abuse Client

The Gambling Addiction Client Workbook

Theory and Practice of Addiction Counseling

A Year of No More Secrets

Addiction-Free

Trapped

This timesaving resource features: Treatment plan components for 44 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options A step-by-step

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guide to writing treatment plans that conform to the latest ASAM requirements and meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers The Addiction Treatment Planner, Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions New treatment planning language based on the mandates of the American Society of Addiction Medicine (ASAM) Organized around 44 main presenting problems, including Adhd, borderline traits, eating disorders, gambling, impulsivity, psychosis, social anxiety, and substance abuse Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Addiction Progress Notes Planner, Third Edition and Addiction Treatment Homework Planner, Fourth Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, The Joint Commission (TJC), COA, and the NCQA) Additional resources in the PracticePlanners series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the

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companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions.

Addiction Counseling Review: Preparing for Comprehensive, Certification, and Licensing Examinations offers a clear, readable overview of the knowledge and skills those training as alcohol or other drug counselors need to pass their final degree program, certification, and licensing examinations. It is organized into six sections: Addiction Basics, Personality Development and Drugs, Common Client Problems, Counseling Theories and Skills, Treatment Resources, and Career Issues. Each chapter includes challenging study questions that enable readers to assess their own level of understanding, including true/false, multiple choice, and provocative discussion questions. Each chapter also provides a glossary of key terms and, in addition to references, annotated suggestions for further reading and Web site exploration. This book will be a resource to which students and trainees will go on referring to long after it has helped them through their examinations. In addition, faculty and established professionals will find it a useful one-stop summary of current thinking about best practice.

Being trapped is a serious problem that is faced by millions. People can be trapped in relationships, to substances, to drugs, to careers, to success, to commitments, to gambling, to watching pornography, or even to shopping. But being trapped doesn't

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just happen. To truly overcome being trapped, one must identify and confront the root causes that led to being trapped in the first place. In Trapped, Brandon Holt, LCDC (Licensed Chemical Dependency Counselor) seeks to address the inner conflicts that can ultimately lead to being trapped, such as unhealthy relationships, anger, code-switching, miscommunication, and more. Brandon brings together both personal and professional experience in this book. He overcame his addiction to prescription painkillers and now counsels others who are feeling trapped. This book is designed to help religious leaders, professional counselors, concerned family members, and individuals offer viable, appropriate levels of care to someone with an addiction problem, one who refuses to accept assisted-living conditions or comply with medical advice. Using tools in this book can increase awareness of the issue and acceptance of recovery. Learn how to avoid compassion fatigue while using healthy personal boundaries. Because these tools are likely used in an emotional setting, the least emotionally involved helper or leader is the best person for attempting an organized intervention. Concerned others may be able to find serenity after going through this process. This book teaches a mini-intervention or one-on-one short meeting as a setup for a full-blown maxi-intervention later, if necessary. If the maxi-intervention is not successful at first, next steps and consequences are taught. These steps are in keeping with Jesus instructions on how to approach someone with an issue. This book compiles thirty-nine years of studying

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and experience of achieving compliance with the best of care for someone refusing help with a serious issue. In using these steps and illustrations, 90 percent of the full maxi-interventions result in beginning the first stages of treatment or recovery.

Understanding the Fundamental Elements

What Family Members Need to Survive and Thrive

Treating Adolescent Substance Abuse

Alcohol and Drug Counselor Exam Secrets Study Guide

The Addiction Treatment Planner

Occupations Code

Theory and Practice of Addiction Counseling by Pamela S. Lassiter and John R. Culbreth brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study. Theories covered include motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. Each chapter focuses on a single theory, describing its basic tenets, philosophical underpinnings, key concepts, and strengths and weaknesses. Each chapter also shows how practitioners using the theory would respond to a common case study, giving readers the opportunity to compare how the different theoretical approaches are applied to client situations. A final chapter discusses approaches to relapse prevention.

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Includes Practice Test Questions Master Addiction Counselor Exam Secrets helps you ace the Master Addiction Counseling Exam without weeks and months of endless studying. Our comprehensive Master Addiction Counselor Exam Secrets study guide is written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. Master Addiction Counselor Exam Secrets includes: The 5 Secret Keys to Addiction Counselor Exam Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements, Answer Choice Families; A comprehensive Content review including: Chemical Dependency, Substance Abuse, Cocaine, Marijuana, Sedative-Hypnotic Drug, Attribution of Responsibility, Four Phases of Alcohol Addiction, E.M. Jellinek, R.L. George, Codependency,

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Alcoholics, DSM Manual, Michigan Alcoholism Screening Test (MAST), Adolescent Alcohol Involvement Scale, MacAndrew Alcoholism Scale, Action Counseling Model, Relaxation Training, AA'S Twelve Steps, AA Slogans, Relapse, Counselor Burnout, Stereotyping, Heroin, Narcotics, Withdrawal Symptoms, Psychoactive Substances, Benzodiazepines, Amphetamines, Formication, Mescaline, Flashback, Hallucinogenic, Bad Trip, Ketamine, Neurotransmitters, Rohypnol, Reward Deficiency Syndrome, and much more...

Licensed Chemical Dependency Counselor (LCDC) & Counselor Intern (CI) Application, Rules, and Laws
Chemical Dependency Counseling
A Practical Guide
Sage Publications, Incorporated

52 Years By: Laquita W. Clewis
52 Years tells the true story of one typical American family's history of deception, lies, and betrayal. Struggling to put the pieces of her family's past together, our narrator tries in vain to find the truth of her family's lineage and peace of mind, eventually learning that it may be easier to forgive and forget than to cling tightly to the past.

52 Years

A National Review of State Alcohol and Drug Treatment Programs and Certification Standards for Substance Abuse Counselors and Prevention Professionals

About to Give up on Someone Who Needs Help?

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Review and Test Preparation
Principles, Models, Methods

Written for students and professionals alike, Chemical Dependency Counseling guides the addictions counselor step-by-step to deliver effective treatment and meet the highest standards demanded by accrediting bodies.

Sex and love addiction blows up lives in brutal ways, but there is hope for recovery for those who seek it. Jay Parker, professional Recovery Coach and founder of No More Secrets, provides a look inside a very unique approach to recovery with powerful stories of heartbreak, betrayal, hard work, forgiveness and restoration. Jay shares experiences and observations that are surprising, poignant, encouraging and inspiring. "Jay Parker takes us on a journey that is enlightening, inspirational and highly informative. His contribution in the field of sex and love addiction is the most cutting edge work I've seen to date. It is a must read for anyone dealing with the effects of this pervasive addiction and any clinician treating these individuals!" - Rokelle Lerner, Clinical Director of InnerPath Retreats, Cottonwood Tucson, Author of: *The Object of My Affection is in My Reflection: Coping With Narcissists*, *Daily Affirmations for Adult Children of Alcoholics*, *Affirmations for the Inner Child* and *Living in the Comfort Zone: The Gift of Boundaries in Relationship*. "Let's thank Jay Parker and his forward thinking in recovery for writing a diary of a year's accounting of what actually happens while people are getting help versus just telling a story about what's on the other side. We can begin to learn to shed our secrets and get clear and deeper

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as we go into sobriety. It's a must read!" - John Lucas, former NBA All-Star and NBA Coach, Author of *Winning One Day At a Time*. "This is a book that is hard to put down! It reveals a revolutionary way for sex and love addicts to recover. It is filled with stories of heartache and healing." - Dr. Hilarie Cash, PhD, LMHC, Co-author of *Video Games and Your Kids: How Parents Stay in Control*. "I am privileged to have experienced the positive results of Jay's work in both being a therapist who has worked closely with him in the treatment and continuing care relationship and in being able to experience his community of recovery and see the positive results achieved with even the most broken of lives and relationships as a result of sexual addiction." - Michael Morton, MA, LMFT, KeyStone Center Extended Care Unit Jay Parker is a native of New York City who ran a successful basketball talent scouting service in Texas until his own struggles with addiction took his life in another direction. He lost his business and career. Through his professional association with the former pro basketball all-star, John Lucas, Mr. Parker entered the John Lucas Treatment and Recovery Center in Houston and dealt with his addiction, turning his experience into his expertise. Mr. Parker completed counseling course work and became a Licensed Chemical Dependency Counselor (LCDC) in Texas in 1994. He began a new career in mental health as the director of education at West Oaks Hospital in Houston before moving to the private alcohol and drug treatment center, The Right Step. He moved to the Pacific Northwest to take an administrative position with Lakeside-Milam Recovery Centers in Kirkland, Washington. He met Dr. Hilarie Cash, who was at work developing observations about computer and Internet addiction. In 1999, they co-founded

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Internet/Computer Addiction Services (I/CAS) in Redmond Washington. As a byproduct of his work in I/CAS Mr. Parker started No More Secrets in 2000. He has appeared on ABC News, CNN, the BBC, and PBS, and been interviewed by publications including The Wall Street Journal, USA Today and U.S. News and World Report. In 2013 Mr. Parker left the field of counseling to become a recovery life coach. He is happily married with two adult children. He recently celebrated his twenty second year of personal sobriety. His commitment to his own recovery is unwavering. Mr. Parker takes particular delight in dancing at the weddings of his clients who, like him, have turned their lives around.

Maintaining a positive attitude throughout the various demands life places on each of us is difficult and at times seems impossible. “Time to Think: Meditation and Reflection” gives the reader a variety of approaches to a positive attitude for not only self but also in inspiring others. Author Michael Payton provides through the motivational quotes of many creative and successful people such as Billy Graham, Tom Landry, Arnold Palmer, Benjamin Franklin and many more, the opportunity to incorporate their philosophies on positive attitude and motivational leadership into your daily life. As you read “Time to Think: Meditation and Reflection,” you will notice the quotations of these people, some separated by generations, still illustrate the common positive attitude and desire shared by all for success. “Time to Think-Meditation and Reflection,” reinforces the belief that positive and progressive thinking ignites the positive attitude and desire required for success. It is the ultimate goal of “Time to Think: Meditation and Reflection,” that the reader will realize regardless of profession or lifestyle, positive thinking, high self-esteem and

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a strong motivational force will produce a healthy and successful life.

Help your clients find the path to overcoming their addiction. Alcoholics are one of the most difficult client groups to treat effectively. To preserve their way of life, they may lie about their problem or deny that one exists; that is the nature of this profoundly powerful disease. Yet if you can guide each of your clients through their own resistance towards the truth, not only will you be rewarded with starting them on the road to recovery, you will no doubt have saved their life as well. Achieving such a victory goes to the heart of being an addiction counselor; it is the experience of healing on a direct and tangible level. Treating Alcoholism provides a complete road map for assessing, diagnosing, and treating this multifaceted and tenacious illness. Detailed clinical information on the disease accompanies ready-to-use tools for practice. With a special emphasis on the 12 Steps of Alcoholics Anonymous, the author walks you through the first five steps of this established methodology in comprehensive detail, showing how to easily apply each one to treatment. Other useful resources in Treating Alcoholism include: * A sample treatment plan * Copies of alcohol screening tests (SMAST and CAGE questionnaires) * Tests for other potentially related problems such as gambling and sexual addiction * A sample behavioral contract for use with adolescents * Listings of additional resources

The treatment of alcoholism is fraught with struggles and hazards for both client and caregiver. Written in a lively tone that resonates with the author's compassion for his own clients, Treating Alcoholism gives you reliable, up-to-date, and practice-tested information and materials you need to successfully confront this deadly disease and start your clients on the path to recovery.

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Essentials of Chemical Dependency Counseling

The Twelve Core Functions of a Counselor

Ethics & professional development for addiction counselors

Helping Your Clients Find the Road to Recovery

How to Spot It, Stop It, and Get Help for Your Family

The Chemical Dependence Treatment Planner

The fourth edition of this well-known, evidenced-based text presents new ways of thinking about and addressing problems related to chemical dependency treatment and prevention.

Essentials of Chemical Dependency Counseling explores the full range of issues that face today's counselors and counselors-in-training. Three new chapters include help for aspiring counselors trying to negotiate the complex path of certification and licensure, an in-depth look at different types of psychopharmacology, and a review of evidenced-based practices for treating substance use disorders. Other updates include assessing readiness to change, couples counseling and chemical dependency, other addictions, uniting harm reduction and traditional treatment, and relapse prevention. The use of chapter objectives and discussion questions and the availability of an e-

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book instructor's manual make this an ideal textbook for use in chemical dependency counseling courses in programs of psychology, family therapy, and social work.

This book is about rules for understanding how mental garbage rules your life if you let it. If your mind is focused on garbage, then you will think garbage. If your soul is focused on garbage, then you will experience garbage. If your heart is focused on garbage, then you will feel garbage. Discover hundreds of ways that you focus on garbage, and thus receive garbage. If you become aware of this pattern, then you can learn to switch to more effective and fruitful patterns. Rules are restated for four reasons: (1) repetition aids both learning and memory; (2) sometimes you will miss a concept presented in several formats, but grasp it in another unique format; (3) you may be so lost in self-talk that you don't notice a concept the first few times you encounter it; (4) you may finally understand a concept after multiple encounters with it.

The Gambling Addiction Client Workbook by Robert R. Perkinson is an evidence-based program that uses treatments including motivational enhancement, cognitive-behavioral therapy, skills

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training, medication, and 12-step facilitation. This workbook walks clients through self-reflective activities and exercises meant to help them recognize the underlying motivations and causes of their gambling addiction and to learn the tools necessary for recovery. The Third Edition of this workbook includes coverage of all 12 steps of recovery. Chapters focused on honesty and relapse prevention as well as a personal recovery plan contribute to client success.

****Includes Practice Test Questions*** Alcohol and Drug Counselor Exam Secrets helps you ace the International Examination for Alcohol & Drug Counselors, without weeks and months of endless studying. Our comprehensive Alcohol and Drug Counselor Exam Secrets study guide is written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. Alcohol and Drug Counselor Exam Secrets includes: The 5 Secret Keys to ADC Exam Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test*

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Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements, Answer Choice Families; Comprehensive sections including: Drug Dependency, Addiction, Central nervous System (CNS), Neurotransmitters, Cerebellum, Medical/Biological Model, Limbic System, Alcoholism, Barbiturates, Sedative-hypnotic drugs, Narcotics and Synthetic Narcotics, Narcotic Analog, Marijuana, Hallucinogens/Psychedelics, Dimethyltryptamine (DMT), Lysergic acid Diethylamide (LSD), Caffeine, Cocaine and Crack Cocaine, Social Causes Model, Detoxification, Pharmacotherapeutic Therapy, Withdrawal Symptoms, Types of Treatment Programs, Assessment, VIPER Project, Confrontation, Group counseling, Sharon Wegscheider's Model, Claudia Black's Theory, Psychodynamic Theory, Clinical Model of Substance Abuse, and much more...

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The Memoirs of Angela

Chemical Addiction & Family Members

A Unique Recovery Model for Sex and Love Addicts

Licensed Chemical Dependency Counselor (LCDC) & Counselor Intern (CI)

Our Reason to Hope

Clinical Supervision in Alcohol and Drug Abuse Counseling