

## The New Equine Sports Therapy

Effective horse trainers strive to improve the performance of their horses while preserving the integrity of the musculoskeletal apparatus. *Biomechanics and Physical Training of the Horse* supplies an anatomical and functional overview of the topic, enabling trainers to optimize the different exercises their horses undergo during training and competition. Following a brief description of the biomechanics of the muscles underlying equine movement, the book discusses the muscles of the forelimb, hindlimb, and neck and trunk. These fundamentals have direct bearing on the later chapters, which focus on training and the core exercises for a horse. This text is illustrated throughout by the author's top-quality photographs, diagrams, and his own beautiful anatomical drawings. The book is of lasting value to all professionals and well-informed amateurs who work with horses: veterinarians, trainers and riders, researchers, physical therapists, and educators in equine courses.

A memoir detailing a woman's insights about being an anxiety-ridden but passionate equestrian. After returning to riding as a mother, she is determined to follow her dreams despite the fear she is somehow lacking in talent or ability. An in-depth look into the heart and head of a returning adult equestrian, this message is not limited only those with horse experience. In fact, *Confessions of a Timid Rider* is the perfect book to read for anyone whom even for a moment questions their value in their designated profession or life choice. This book will inspire you to pursue your dreams despite the inner voice that says you aren't good enough.

Authored by nationally and internationally recognized authorities, this unique, new book offers the latest information on the diagnosis and treatment of equine joint diseases. Presents new information on basic joint pathobiology and translates it into practical application for the clinician. Chapters cover current research and recent advances in arthroscopic surgery!

*Laser Therapy in Veterinary Medicine: Photobiomodulation is a complete guide to using therapeutic lasers to treat veterinary patients, focusing on practical information. Offers a comprehensive resource for incorporating therapeutic lasers in veterinary practice Focuses on practical information tailored for the veterinary clinic Written by 37 leading experts in veterinary laser therapy Provides a thorough foundation on this standard-of-care modality Emphasizes clinical applications with a real-world approach*

*Equine Sports Therapy*

*Principles and Practice of Equine Sports Medicine*

*Stress Reduction and Emotional Self-Regulation in the Company of Horses*

*Improve Your Horse's Health and Wellbeing*

*Routledge Handbook of Sports Therapy, Injury Assessment and Rehabilitation*

*Equine Electro-Acupressure*

**A growing number of individuals with special needs are discovering the benefits of therapies and activities involving horse riding. Naomi Scott, offers information about the amazing results possible with therapeutic riding, or hippotherapy.**

**Bridging the gap between human physical therapy and veterinary medicine, Canine Rehabilitation and Physical Therapy, 2nd Edition provides vets, veterinary students, and human physical therapists with traditional and alternative physical therapy methods to effectively evaluate and treat dogs with various debilitating conditions. Coverage includes treatment protocols for many types of cutaneous, neurologic, and musculoskeletal injuries to facilitate a faster and more complete recovery. "Overall, this book is an extensive text for anyone interested in pursuing canine rehabilitation and physical therapy" Reviewed by: Helen Davies, University of Melbourne on behalf of Australian Veterinary Journal, March 2015 Invaluable protocols for conservative and postoperative treatment ensure the successful healing of dogs and their return to full mobility. Printable medical record forms on the companion website, including client information worksheets, referral forms, orthopedic evaluation forms, and more, can be customized for your veterinary practice. Six completely updated chapters on exercising dogs define the basic principles of aquatic and land-based exercise and how they may be applied to dogs, as well as how physical therapy professionals can adapt common "human" exercises to dogs. Numerous chapters on therapeutic modalities, including therapeutic lasers, illustrate how physical therapy professionals can adapt common "human" modalities to dogs. Physical examination chapters offer comprehensive information on orthopedics, neurology, and rehabilitation. NEW! Companion website with 40 narrated video clips of modalities and exercises used by physical therapists demonstrates effective ways to treat various neurologic and musculoskeletal problems in dogs. NEW! Fourteen new chapters describe the latest advances in the areas of joint mobilization, rehabilitation of the athletic patient, biomechanics of rehabilitation, therapeutic lasers, and physical therapy for wound care.**

**Equine Sports Medicine and Surgery provides the most up-to-date, in-depth coverage of the basic and clinical sciences required for management of the equine athlete. The unique treatment of exercise physiology and training within a clinical context, together with detailed review of all diseases affecting athletic horses, makes this the most comprehensive text available. The book will provide a thorough grounding in the basic physiology of each body system, and in particular the responses of each body system to exercise and training, that will be separate, but highly relevant to, the succeeding sections on clinical disorders of each body system. The highly respected editors have brought together an internationally renowned team of 50 contributors, producing the ultimate reference for veterinarians, students, horse-owners, and all those involved in the world of equine athletics. High quality artwork, including relevant radiographic, ultrasonographic, CAT scan, and MRI images, aid understanding and diagnosis Provides a truly international perspective, including guidelines pertinent to different geographic areas, and racing jurisdictions In-depth coverage of the role of the veterinarian in the management of athletic horses Explores the use of complementary therapies ~ Equine-imity is a self-health How-To book that teaches how time spent in nature with horses can relieve stress, depression, anxiety and sadness and lead to contentment and joy. Based on the Four Phase Stanford Medical School class of the same name, Equine-imity somatic horsemanship uses qigong ("chee-goong"), a tai chi-like health practice with and, optionally, on horses for somatic and psycho-spiritual development and peace of mind. Written for the not-necessarily horsey, not necessarily qigong-y reader, Equine-imity also tells readers how to easily find horses and equestrian centers with which to experience the activities.**

**Horse Anatomy for Performance**

**Beyond Horse Massage**

**Canine Rehabilitation and Physical Therapy - E-Book**

**Equine Injury, Therapy and Rehabilitation**

**The Power of Horses to Heal**

**Illustrated Myofascial Release Manual**

*The New Equine Sports TherapyEclipse Press*

*Would you like to enable your horse to perform and feel better, to overcome old limitations and restrictions and reach its full potential? In this book, Jim Masterson, Equine Massage Therapist for the 2006 and 2008 and 2010 USET Endurance Teams, and for equine clientele competing in FEI World Cup, Pan American and World Games competitions, teaches a unique method of equine bodywork, in which the practitioner recognizes and follows the responses of the horse to touch to release tension in key junctions of the body that most affect performance. This practical book: \* has step-by-step instructions, photographs and illustrations \* is ideally suited to accompany you to the barn, where you will practice the Masterson Method® techniques on horses. \* includes chapters with Tips & Techniques, anatomical explanations and examples from Jim's practice help deepen your understanding. \* has a "quick reference" section will point you to exercises that are specifically suited to your particular discipline, may it be dressage, endurance, eventing or barrel racing, or others in the vast realm of horse sports. By using these techniques, and knowing the responses to look for, you are able to: \* achieve a release of accumulated stress in deep-seated key junctions of the horse's body that affects mobility, comfort, attitude, training and performance \* restore muscular and structural balance, and natural alignment \* enable your horse to perform optimally and respond to your training without stiffness and pain \* achieve new levels of communication and trust with your horse that spill over into other areas of interaction.*

*The work of a sports therapist is highly technical and requires a confident, responsible and professional approach. The Routledge Handbook of Sports Therapy, Injury Assessment and Rehabilitation is a comprehensive and authoritative reference for those studying or working in this field and is the first book to comprehensively cover all of the following areas: Sports Injury Aetiology Soft Tissue Injury Healing Clinical Assessment in Sports Therapy Clinical Interventions in Sports Therapy Spinal and Peripheral Anatomy, Injury Assessment and Management Pitch-side Trauma Care Professionalism and Ethics in Sports Therapy The Handbook presents principles which form the foundation of the profession and incorporates a set of spinal and peripheral regional chapters which detail functional anatomy, the injuries common to those regions, and evidence-based assessment and management approaches. Its design incorporates numerous photographs, figures, tables, practitioner tips and detailed sample Patient Record Forms. This book is comprehensively referenced and multi-authored, and is essential to anyone involved in sports therapy, from their first year as an undergraduate, to those currently in professional practice.*

*The Equine-Assisted Therapy Workbook gives readers the tools they need to increase professional competency and personalize the practical applications of equine-assisted therapy. Each chapter includes thought-provoking ethical questions, hands-on learning activities, self-assessments, practical scenarios, and journal assignments applicable to a diverse group of healthcare professionals. The perfect companion to The Clinical Practice of Equine-Assisted Therapy, this workbook is appropriate for both students and professionals.*

*True Stories: Remarkable Horses Bringing Miraculous Change to Humankind*

*Riding Home*

*Equine Massage*

*Equine Structural Integration*

*Laser Therapy in Veterinary Medicine*

*A Breakthrough Interactive Method for Alleviating Soreness, Strain, and Tension*

Examine the anatomy of a horse from an entirely different perspective. This intriguing and original explanation of the 11 internal body systems of horses shows them painted on the outside to describe everything on the inside. The horse is a highly sophisticated living organism so to enable him to reach his full athletic performance and give him a happy, healthy quality of life it is vital to understand both his capabilities and limitations within the context of his structure and function. Gillian Higgins turns her trademark technique of painting internal diagrams directly onto live horses to show how all the systems work, and work together, to influence performance and reduce the risk of injury. Divided into 12 chapters, Horse Anatomy for Performance combines high quality photographs and intricate paintings with top tips and fascinating facts to provide a practical and useful guide to horse anatomy. Visually appealing, original and easily understandable, the book explains how anatomy influences the way we manage, ride and train our horses. This book is a sequel to How Your Horse Moves by Gillian Higgins; together the books provide a comprehensive guide to horse anatomy in action "Finally a book where you can learn how your horse ticks - inside out - and it is easy to understand and fun to read. A must for every serious equestrian." --Dr W. Bechtolsheimer

ASHLEY was locked in closets as punishment, and physically and sexually abused, resulting in an angry and violent child who threatened her adoptive family—until she met Cocoa and Radar, the horses that helped her learn to trust again. BRENDA was diagnosed bipolar and lived through humiliating domestic abuse, but three horses—Delilah, Wiscy, and Diesel—helped her establish a sense of self-worth, hope for the future, and ultimately, the will to go on. NICK was angry, suicidal, and a veteran with combat PTSD, who now says, "Horses literally saved my life." Inspired by her own childhood trauma when she spent seven days in a coma, awakened to a severely compromised body and brain, and rebuilt her life with the help of a horse, Michelle Holling-Brooks founded Unbridled Change, a non-profit Equine-Partnered Therapy organization that helps match horses to individuals in need. Here she shares amazing stories of the people she's worked with and the "horse cure" that changed their lives. Survivors of trauma, loss, illness, abuse, stress, and depression can face seemingly insurmountable obstacles. But today, a growing body of scientific evidence suggests that horses play a crucial role in therapy for those struggling with significant psychological and emotional challenges. Horses respond to angry, inhibited, heartbroken, defiant, terrified clients in many different ways, often breaking through defensive barriers via their physical presence, or by pointing to areas of psychological distress not immediately apparent. The horse's response guides the treatment team, as well as the client, in the healing process.

Equine Electro-Acupressure is a must have DIY book for all competitive equestrians who are dedicated to enhancing their horse's health and maximizing their horse's athletic potential. This book teaches horsemen and women how to perform Equine Electro-Acupressure treatments on their own horses.

Developed by Equine Performance Consultant, Donald Doran, the techniques presented in Equine Electro-Acupressure are a reflection of Doran's 40+ years of hands-on experience working with a broad spectrum of equine athletes ranging from Kentucky Derby winners to Olympic contenders. Equine Electro-Acupressure is a hybrid equine bodywork modality that combines modern science and technology with ancient knowledge of massage, energy meridians and acupoints. The net effect is a fast, effective method of getting a horse out of muscular pain and maximizing her/her athletic performance without the use of drugs, surgery or invasive procedures. In the fiercely competitive world of equine sports, properly fitting equipment, cross training and frequent equine bodywork often make the difference between bringing home the prize money or coming home empty-handed. However, for many horse owners, regularly scheduled equine bodywork is often limited due to lack of availability and/or financial constraints. This book empowers motivated horse owners with the ability to use this new, revolutionary form of equine bodywork for the benefit of their own horses on a regular, cost-effective basis. Step by step instructions teach equestrians how to use a TENS unit to provide their horses with muscle and acupoint stimulation previously only available through a professional acupuncture session. The book provides treatment plans, full color photographs and location descriptions of muscle points and acupoints used to treat the following common problem areas in the performance horse: Upper and Lower Neck, Mid and Lower Back, Shoulders, Hindquarters, Hamstrings, Quadriceps and Stifles. When the stakes are high, Doran relies on Equine Electro-Acupressure in his own practice to treat Olympic competitors and championship horses. Doran offers training in this modality to horsemen and women as part of the Equine Sports Therapy course curriculum at Animal Dynamics.

An incredible illustrated reference to help keep the horse sound in body and mind and at the top of his game. In this highly illustrated book, equine physical therapy expert Helle Katrine Kleven begins with a comprehensible introduction to the musculoskeletal and nervous systems, as well as an instructive conversation covering biomechanics basics, then explores the major areas of physical therapy in detail. Readers will find practical how-to guidance in the most popular therapeutic modalities, as well as cutting-edge alternatives that are currently gaining ground: Fascia work Stretching Massage Stability and strengthening exercises Laser therapy Kinesiotaping And much more. With this incredible course in preventive and rehabilitative techniques, horse owners and professionals will be thoroughly prepared to ensure their horses' comfort and well-being. The book includes: Over 300 color photos and illustrations.

Facts and tips in easy-to-read callouts throughout. A section on preventive measures to stop problems before they start. Handy anatomical guides to the equine skeleton, muscle layers, and fascia.

Osteopathy and the Treatment of Horses

The Equine-Assisted Therapy Workbook

The Illustrated Guide to Holistic Care for Horses

The "how To" Manual of Sports Massage for the Equine Athlete

The Sports Rehabilitation Therapists' Guidebook

The Clinical Practice of Equine-Assisted Therapy

The Clinical Practice of Equine-Assisted Therapy bridges theory, research, and practical methods to fill a rapidly developing gap for physical, occupational, speech, and mental health professionals interested in incorporating horses in therapy. Extensively researched and citing over 300 peer-reviewed journal articles, it examines core issues such as terminology, scope of practice, competency recommendations, horse care ethics, and clinical practice considerations. This book is an essential resource for professionals who wish to use a best-practices approach to equine-assisted therapy.

This unique resource provides the most up-to-date, in-depth coverage of the basic and clinical sciences required for management of the equine athlete. The unique treatment of exercise physiology and training within a clinical context, together with a detailed review of all diseases affecting athletic horses, makes this the most comprehensive text available. Provides a thorough grounding in the basic physiology of each body system, and in particular the responses of each body system to exercise and training. The internationally renowned team of contributors has created the ultimate reference for veterinarians, students, horse-owners, and all those involved in the world of equine athletics. High quality artwork, including relevant radiographic, ultrasonographic, CAT scan, and MRI images, aid understanding and diagnosis Provides a truly international perspective, including guidelines pertinent to different geographic areas, and racing jurisdictions In-depth coverage of the role of the veterinarian in the management of athletic horses Explores the use of complementary therapies Covering many different diagnostic tools, this essential resource explores both traditional treatments and alternative therapies for conditions that can cause gait abnormalities in horses. Broader in scope than any other book of its kind, this edition describes equine sporting activities and specific lameness conditions in major sport horse types, and includes up-to-date information on all imaging modalities. This title includes additional digital media when purchased in print format. For this digital book edition, media content may not be included. Cutting-edge information on diagnostic application for computed tomography and magnetic resonance imaging includes the most comprehensive section available on MRI in the live horse. Coverage of traditional treatment modalities also includes many aspects of alternative therapy, with a practical and realistic perspective on prognosis. An examination of the various types of horses used in sports describes the lameness conditions to which each horse type is particularly prone, as well as differences in prognosis. Guidelines on how to proceed when a diagnosis cannot easily be reached help you manage conditions when faced with the limitations of current diagnostic capabilities. Clinical examination and diagnostic analgesia are given a special emphasis. Practical, hands-on information covers a wide range of horse types from around the world. A global perspective is provided by a team of international authors, editors, and contributors. A full-color insert shows thermography images. Updated chapters include the most current information on topics such as MRI, foot pain, stem cell therapy, and shock wave treatment. Two new chapters include The Biomechanics of the Equine Limb and its Effect on Lameness and Clinical Use of Stem Cells, Marrow Components, and Other Growth Factors. The chapter on the hock has been expanded substantially, and the section on lameness associated with the foot has been completely rewritten to include state-of-the-art information based on what has been learned from MRI. Many new figures appear throughout the book.

Equine Structural Integration: Myofascial Release Manual This book is a valuable guide to Equine Myofascial Release (EFR) for the horse owner or therapist as well as an essential reference for the professional practitioner. This book provides the essential overview and introduction to the techniques required to understand Equine Structural Integration. Equine Structural Integration: Myofascial Release Manual presents a logical series of techniques for bringing more structural order to the horses in your care. Equine Structural Integration: Myofascial Release Manual is rich in illustrations of Equine Myofascial Release Techniques for the: Head, Forelimb, Shoulders, Rear, working with scars, joints and myofascial stretching. The book is laid out in a very user friendly manner. The Equine Myofascial Release technique illustrations/photos and their description are kept together so you can easily follow the text while working with your horse. If you are working with a client's horse you can use the book as an added educational tool to help your clients better understand your work. This book is a needed educational tool for practitioners who provide Myofascial Therapy to horses. Equine Structural Integration: Myofascial Release Manual, takes you on a journey through the fascia from the cell to skin, from physiology to movement evaluation and Myofascial Release Techniques for the entire horse.

Equine Sports Medicine and Surgery

A Learning Guide for Professionals and Students

The Basic Principles of Equine Massage/muscle Therapy

Horse Massage for Horse Owners

Techniques For Loosening And Stretching Muscles

Robinson's Current Therapy in Equine Medicine - E-Book

With coverage of current issues and the latest therapeutic advances, Robinson's Current Therapy in Equine Medicine, Volume 7 provides a concise, all-new reference for the management of equine disorders and conditions. Chapters emphasize the practical aspects of diagnosis and treatment and provide details for therapeutic regimens. This new volume brings you thorough coverage and authoritative advice on selected topics in areas that have seen significant advances in the last five years. Cutting-edge topics include emerging and exotic infectious diseases that may endanger horses in North America; biosecurity strategies; imaging updates; medical genetics; multimodal pain management; and regenerative, geriatric, and oncologic medicine. A logical body-system organization will save you time in finding the information you need. From well-known editors Kim Sprayberry and N.

Edward Robinson, with chapters written by nearly 200 equine experts, this invaluable reference provides unparalleled guidance on the latest issues in equine medicine. Key topics include all-new coverage of the latest developments in imaging, biosecurity strategies for individual horse owners and owners of commercial farms and stables, diseases affecting horses at various ages, and a review of colic and other GI tract conditions. A recognized panel of nearly 200 expert contributors represents thriving private equine practices, referral hospitals, and academia, and provides insight on challenges, developments, and differing perspectives from around the world. A succinct approach is used to discuss pathophysiology and diagnosis, but therapeutics are covered in detail. The Current Therapy format focuses on emerging trends, treatment protocols, and diagnostic updates new to the field, providing timely information on the latest advances in equine medicine. A body systems organization makes it easy to find solutions for specific disorders. Suggested readings at the end of each chapter cite peer-reviewed articles and other sources for further research and study. ALL-NEW topics provide updates on infectious diseases, including herpesvirus, equine granulocytic anaplasmosis, and lawsonia infection and proliferative enteropathy; pain diagnosis and multimodal management; management of thoracic and airway trauma, imaging, endoscopy, and other diagnostic procedures for the acute abdomen; and neurologic injury. 212 concise, NEW chapters include both a succinct guide to diagnosis of disorders and a detailed discussion of therapy. NEW images demonstrate advances in various imaging techniques. Thoroughly updated drug appendices, including all-new coverage of drug dosages for donkeys and mules, provide a handy, quick reference for the clinical setting.

Riding Home:The Power of Horses to Heal, Horse Nation's must read book of 2016, is the first and only book to scientifically and experientially explain why horses have the extraordinary ability to emotionally transform the lives of thousands of men, women and children, whether they are horse lovers, or suffering from deep psychological wounds. It is a book for anyone who wants to experience the joy, wonder, self-awareness and peace of mind that comes from creating a horse/human relationship, and it puts forth and clarifies the principles of today's Natural Horsemanship (or what was once referred to as "Horse Whispering") Everyone knows someone who needs help: a husband, a wife, a partner, a child, a friend, a troubled teenager, a war veteran with PTSD, someone with autism, an addiction, anyone in emotional pain or who has lost their way. Riding Home provides riveting examples of how Equine Therapy has become one of today's most effective cutting-edge methods of healing. Horses help us discover hidden parts of ourselves, whether we're seven or seventy. They model relationships that demonstrate acceptance, kindness, honesty, tolerance, patience, justice, compassion, and forgiveness. Horses cause all of us to become better people, better parents, better partners, and better friends. A horse can be our greatest teacher, for horses have no egos, they never lie, they're never wrong and they manifest unparalleled compassion. It is this amazing power of horses to heal and teach us about ourselves that is accessible to anyone and found in the pages of Tim Hayes's Riding Home. The information and lists of therapeutic and non-therapeutic equine programs, which are contained in the book, are also available at the book's website.

Illness and trauma touch us all. Into the uncertainty and pain trots a herd of tiny horses, bringing a smile, a laugh, a chance to heal. Mini Horse, Mighty Hope introduces you to Gentle Carousel Miniature Therapy Horses, one of the largest equine therapy programs in the world. You'll experience moments of comfort, hope, healing, and even miracles as you follow these spirited mini horses on visits to children's and veterans' hospitals, victims of natural disasters, survivors of and first responders to mass shootings, and more. Along the way, you'll also get to know the founder of Gentle Carousel as she shares how the love of these marvelous little creatures has helped her navigate her own struggles and challenges. Perfect for animal lovers, people who enjoy true stories of healing, and anyone who has undergone trials and longs for hope.

This book is a must for anyone who would like to improve the health, wellbeing or performance of their horse. Practical, educational and easy to follow, the author shares with you the knowledge and skills you need to massage your own horse. Learn about equine anatomy, massage techniques, and how to combine the moves to develop a complete massage routine. With the emphasis on how you can work with your own horse, Sue offers an insight into how to reduce pain and stiffness in your horse as well as improve performance. Massaging your horse gives something back in return for all he does for you, and will help you and your horse to truly enjoy the time that you spend together.

Equine-Imity

The Athletic Horse - E-Book

The New Equine Sports Therapy  
Photobiomodulation

Joint Disease in the Horse

Sports Performance Massage instructs the student and practising therapist to use a combination of experience and scientific evidence to inform their sports massage practice, particularly when working with athletic populations. Strength and conditioning coaches, managers and athletes frequently ask questions about the best use of sports massage in order to recover quicker from injury and fatigue and improve performance. Sports Performance Massage empowers the therapist and gives them greater confidence by improving their scientific understanding when working with injured or competitive athletes. The exciting new volume covers all the aspects required to make a highly skilled, confident and employable sports massage therapist. Working with high-level athletes requires an additional skill level compared to working with the general public. Furthermore, advanced massage skills taught in this book, such as soft tissue release and trigger point therapy, are essential when working on muscular adhesions and injured areas. Pregnant athletes, those with disabilities, contraindications and athletes with special requirements have also been considered. Sports Performance Massage is a learning and research aid for those studying vocational sports massage courses as well as those studying other courses where massage forms part of the undergraduate and postgraduate degree, such as sports therapy, sports rehabilitation, osteopathy and physiotherapy. Unlike other sports massage books, Sports performance Massage has a strong academic focus, allowing the graduate therapist to stay up to date with the latest research in their respective field.

The authors, a world leader in equine anatomy and imaging and a horse physiotherapist of international repute, provide a unique blend of basic biomechanics and practical physical therapeutic techniques, to relieve pain and improve performance, particularly in the sporting horse. This subtle and original book will be of interest to all those involved in equine welfare including veterinary practitioners, veterinary students, therapists, horse owners, riders, and trainers.

Written by pioneering and internationally-renowned specialists in the field, this text provides clinically-orientated information on osteopathy as a treatment for horses. It explains the scientific rationale of how osteopathy works in animals, as well as providing a detailed working guide to the technical skills and procedures you need to know to perform safe and effective osteopathic procedures. Drawing on well established practices for humans this book provides details on the full variety of diagnostic and therapeutic osteopathic procedures that can be used on horses. Full of practical information, it demonstrates how professionals treating equine locomotor problems can adapt different procedures in different clinical settings. Over 350 colour images and detailed step-by-step instructions demonstrate the procedures and practice of osteopathy. Covers treatment both with and without sedation and general anaesthetic. This comprehensive text is written for students and practitioners of osteopathy with an interest in treating horses. It will also be useful to other allied therapists, and to veterinary practitioners who want to know more about the treatment of musculoskeletal problems.

"Practical Horse Massage puts massage techniques and stretching exercises into perspective and is easy to learn."--Alaska Horse Journal "If you've ever thought that massage or stretching could benefit your horse, Practical Horse Massage is an easy, but thorough read."--Horse Illustrated "Well illustrated with color photographs, the author leaves nothing to chance and makes sure the reader will understand the various massage procedures by using pictures as well as text instructions."--The Northwest Horse Source This book provides a complete introduction to horse massage, with easy-to-learn techniques and exercises. It is a book for everyone who wants to help their horses to relax and regenerate after competitions or long rides.

The Horse Cure

Practical Horse Massage

Veterinary Sports Medicine and Physical Rehabilitation

Basic and Clinical Sciences of the Equine Athlete

An Illustrated Guide to Anatomy, Biomechanics, Massage, Stretching, and Rehabilitation

Sports Performance Massage

*A breakthrough work providing the latest and most complete information on accepted modalities of equine sports therapy. Discusses treating equine injuries with ultrasound, electrical stimulation, photon therapy, magnetic field therapy, and discusses the more basic modalities of stretching, and heat and cold therapies.*

*An incredible course in preventive and rehabilitative equine therapy techniques for horse owners and professionals.*

*Mary Bromiley's book remains essential reading for both professionals and the general riding community. This new edition builds on the huge success of the previous editions, first published in 1987. Fully updated to reflect recent technological advances in diagnostic ability, as well as the proven physiological effects of light, magnetic fields and electrical currents on body tissues. This information allows readers to both understand and make an informed choice of appropriate therapy following a diagnosed injury. The original edition was the first book on the subject and it has continued to be a bestseller. Covers a subject that is of worldwide interest. The author is recognised as a pioneer at the forefront of this type of treatment.*

*A vital book for equine coaches. Drawing on tried-and-tested coaching practices used successfully in other sports, this book provides an introduction to coaching specific to the equine environment. The coaching process as a whole is addressed for both the horse and rider. The UK Government Coaching Task Force highlighted the need for the development of coaching across all sports, which led to the introduction of the UK Coaching Certificate (UKCC). Soon any coaching of horses and riders will need to be done by qualified individuals only. Equine Sports Coaching is ideal for those studying for the UKCC or other qualifications in equine sports and leisure coaching. Key features: \* in line with UK Coaching Certificate qualifications \* covers performance analysis, periodisation of training programmes, sports psychology, and communication skills \* advises on the personal development of the coach to support career development in this field*

*Mini Horse, Mighty Hope*

*A Guide to the Benefits of Therapeutic Riding*

*Confessions of a Timid Rider*

*A Practical Guide*

*The Fusion of Equine Massage, Equine Acupressure and Modern Technology*

*Biomechanics-Exercise-Treatment, Second Edition*

A long-awaited update of the classic equine massage reference Fully revised and updated, this new edition provides step-by-step instructions and more than 180 photographs and diagrams to help riders and professionals alike master equine massage techniques. This authoritative guide provides detailed information about massage movements, pressures, rhythms, and sequences. It includes: \* An introduction to equine anatomy, physiology, and kinesiology \* Practical information on stretching and hydrotherapy \* Four new chapters covering equine myofascial massage, Equine TMJ (temporomandibular joint) Dysfunction Syndrome, Equine Muscular Compensation Phenomenon, and saddle fitting \* A conformation check-up routine \* Information about areas of stress specific to each discipline and different massage techniques and routines for different situations \* A handy comb-bound format that lays flat for convenient use in the stable Equine massage enhances the performance and quality of life of horses by increasing flexibility, reducing stiffness, improving attitude, and shortening recovery time from injury. In addition to its many health benefits, equine massage strengthens the bond between the horse and his owner, trainer, or groom. Using these techniques, you'll learn to "see" with your hands and sense areas that need special attention. Equine Massage, Second Edition is truly a hands-on guide to proven massage techniques that improve a horse's well-being.

Showing how to maximize performance in horses, The Athletic Horse: Principles and Practice of Equine Sports Medicine, 2nd Edition describes sports training regimens and how to reduce musculoskeletal injuries. Practical coverage addresses the anatomical and physiological basis of equine exercise and performance, centering on evaluation, imaging, pharmacology, and training recommendations for sports such as racing and show jumping. Now in full color, this edition includes new rehabilitation techniques, the latest imaging techniques, and the best methods for equine transportation. Written by expert educators Dr. David Hodgson, Dr. Catherine McGowan, and Dr. Kenneth McKeever, with a panel of highly qualified contributing authors. Expert international contributors provide cutting-edge equine information from the top countries in performance-horse research: the U.S., Australia, U.K., South Africa, and Canada. The latest nutritional guidelines maximize the performance of the equine athlete. Extensive reference lists at the end of each chapter provide up-to-date resources for further research and study. NEW full-color photographs depict external clinical signs, allowing more accurate clinical recognition. NEW and improved imaging techniques maximize your ability to assess equine performance. UPDATED drug information is presented as it applies to treatment and to new regulations for drug use in the equine athlete. NEW advances in methods of transporting equine athletes ensure that the amount of stress on the athlete is kept to a minimum. NEW rehabilitation techniques help to prepare the equine athlete for a return to the job. Two NEW authors, Dr. Catherine McGowan and Dr. Kenneth McKeever, are highly recognized experts in the field.

The Sports Rehabilitation Therapists' Guidebook is a well-equipped, comprehensive, practical, evidence-based guide that seeks to assist both students and graduate sport practitioners. The book is designed to be a quick-reference book during assessment and treatment planning, giving instant access to figures and case scenarios. It introduces evidence-based practice in all principal areas of sport rehabilitation such as anatomy, musculoskeletal assessment, pitch-side care, injury treatment modalities and exercise rehabilitation principles and related areas, and is designed to be more flexible than the usual single-focus books. It is written by a team of expert contributors offering a systematic perspective on core concepts. The book can be used as a guide in each stage of the sport rehabilitation process and it is an asset for sport clinical practitioners such as sport rehabilitators, sport therapists, personal trainers, strength and conditioning coaches, as well as for students on these and related courses in their daily practice on core clinical placements such as a clinic/sporting environment, pitch side and university.

How a Herd of Miniature Horses Provides Comfort and Healing

Diagnosis and Management of Lameness in the Horse - E-Book

Biomechanics and Physical Training of the Horse

Physical Therapy and Massage for the Horse

Assessing Evidence-Based Practice

A Visual Course in Massage, Stretching, Rehabilitation, Anatomy, and Biomechanics