

The One Thing The Surprisingly Simple Truth Behind Extraordinary Results

The New York Times and Wall Street Journal bestseller, based on the principle that little, everyday decisions will either take you to the life you desire or to disaster by default. No gimmicks. No Hyperbole. No Magic Bullet. The Compound Effect is a distillation of the fundamental principles that have guided the most phenomenal achievements in business, relationships, and beyond. This easy-to-use, step-by-step operating system allows you to multiply your success, chart your progress, and achieve any desire. If you're serious about living an extraordinary life, use the power of The Compound Effect to create the success you want. You will find strategies including: How to win--every time! The No. 1 strategy to achieve any goal and triumph over any competitor, even if they're smarter, more talented or more experienced. Eradicating your bad habits (some you might be unaware of!) that are derailing your progress. The real, lasting keys to motivation--how to get yourself to do things you don't feel like doing. Capturing the elusive, awesome force of momentum. Catch this, and you'll be unstoppable. The acceleration secrets of superachievers. Do they have an unfair advantage? Yes they do, and now you can too!

'Governments around the world are using behavioural insights to help people achieve their goals. This great new book shows how you can use the same tools in your own life. Go nudge yourself!' - Richard Thaler, winner of the 2017 Nobel Prize in Economics A simple and accessible plan for success, based on seven scientifically tested steps that really work. We're often told to dream big, the sky's the limit and that nothing is impossible. While it is undoubtedly good advice to set yourself goals that have the potential to make you and those around you healthier and happier, how to reach those goals is often less clear. From getting fit or securing a new job to becoming a better manager or parent, simply setting your mind to something will rarely get you where you want to be, and big plans can quickly become overwhelming, leaving us feeling as though we've failed. Most of us set goals with very good intentions, so why do our best-laid plans so often go awry? When we're so committed to making positive changes and fulfilling our ambition at the outset, is there a way of avoiding the common roadblocks that stand between our goals and us? Thankfully, the answer is yes - and it's much easier to achieve than you might think. Working inside the world's first Nudge Unit, Owain Service and Rory Gallagher know the huge impact that small changes and clear plans, based on a scientific understanding of human behaviour, can have from an individual to an international level. For the first time, Think Smalltakes these successful approaches and translates them into an easy, simple framework that has the potential to make a big difference to all our lives.

Presents seven basic steps based on Christian principles that can be used to resolve crises that can occur in such areas of life as marriage, career, personal finances, or relationships.

Presents a narrative history of the American National Park System, examining the events and political battles that led to the establishment of each park while profiling each for its unique attributes, in a volume that also pays tribute to key advocates.

The One Thing: The Surprisingly Simple Truth Behind Extraordinary Results

Chasing the Scream

Lean in

The National Parks

The Ultimate Guide to Happiness and Success

How We Learn

Water

The international bestselling YA thriller by acclaimed author, Karen M. McManus - NOW A MAJOR NETFLIX SERIES. Five students go to detention. Only four leave alive. Yale hopeful Bronwyn has never publicly broken a rule. Sports star Cooper only knows what he's doing in the baseball diamond. Bad boy Nate is one misstep away from a life of crime. Prom queen Addy is holding together the cracks in her perfect life. And outsider Simon, creator of the notorious gossip app at Bayview High, won't ever talk about any of them again. He dies 24 hours before he could post their deepest secrets online. Investigators conclude it's no accident. All of them are suspects. Everyone has secrets, right? What really matters is how far you'll go to protect them. 'Tightly plotted and brilliantly written, with sharp, believable characters, this whodunit is utterly irresistible' - HEAT 'Twisty plotting, breakneck pacing and intriguing characterisation add up to an exciting single-sitting thrillerish treat' -THE GUARDIAN 'A fantastic murder mystery, packed with cryptic clues and countless plot twists. I could not put this book down' - THE SUN 'Pretty Little Liars meets The Breakfast Club' - ENTERTAINMENT WEEKLY

Take your real estate career to the highest level! "Whether you are just getting started or a veteran in the business, The Millionaire Real Estate Agent is the step-by-step handbook for seeking excellence in your profession and in your life." --Mark Victor Hansen, cocreator, #1 New York Times bestselling series Chicken Soup for the Soul "This book presents a new paradigm for real estate and should be required reading for real estate professionals everywhere." --Robert T. Kiyosaki, New York Times bestselling author of Rich Dad, Poor Dad The Millionaire Real Estate Agent explains: Three concepts that drive production Economic, organizational, and lead generation models that are the foundations of any high-achiever's business How to "Earn a Million," "Net a Million," and "Receive a Million" in annual income

Make small changes to your surroundings and create extraordinary happiness in your life with groundbreaking research from designer and TED star Ingrid Fetell Lee. Next Big Idea Club selection—chosen by Malcolm Gladwell, Susan Cain, Dan Pink, and Adam Grant as one of the "two most groundbreaking new nonfiction reads of the season!" "This book has the power to change everything! Writing with depth, wit, and insight, Ingrid Fetell Lee shares all you need to know in order to create external environments that give rise to inner joy." —Susan Cain, author of Quiet and

founder of Quiet Revolution Have you ever wondered why we stop to watch the orange glow that arrives before sunset, or why we flock to see cherry blossoms bloom in spring? Is there a reason that people—regardless of gender, age, culture, or ethnicity—are mesmerized by baby animals, and can't help but smile when they see a burst of confetti or a cluster of colorful balloons? We are often made to feel that the physical world has little or no impact on our inner joy. Increasingly, experts urge us to find balance and calm by looking inward—through mindfulness or meditation—and muting the outside world. But what if the natural vibrancy of our surroundings is actually our most renewable and easily accessible source of joy? In Joyful, designer Ingrid Fetell Lee explores how the seemingly mundane spaces and objects we interact with every day have surprising and powerful effects on our mood. Drawing on insights from neuroscience and psychology, she explains why one setting makes us feel anxious or competitive, while another fosters acceptance and delight—and, most importantly, she reveals how we can harness the power of our surroundings to live fuller, healthier, and truly joyful lives.

The New York Times Bestseller What if everything you think you know about addiction is wrong? Johann Hari's journey into the heart of the war on drugs led him to ask this question--and to write the book that gave rise to his viral TED talk, viewed more than 62 million times, and inspired the feature film The United States vs. Billie Holiday and the documentary series The Fix. One of Johann Hari's earliest memories is of trying to wake up one of his relatives and not being able to. As he grew older, he realized he had addiction in his family. Confused, not knowing what to do, he set out and traveled over 30,000 miles over three years to discover what really causes addiction--and what really solves it. He uncovered a range of remarkable human stories--of how the war on drugs began with Billie Holiday, the great jazz singer, being stalked and killed by a racist policeman; of the scientist who discovered the surprising key to addiction; and of the countries that ended their own war on drugs--with extraordinary results. Chasing the Scream is the story of a life-changing journey that transformed the addiction debate internationally--and showed the world that the opposite of addiction is connection.

The Dark Story of America's Shining Women

Joyful

Think Small

The Soul of an Octopus

America's Best Idea : an Illustrated History

For Graduates

The Millionaire Real Estate Investor

Apply the principles of The One Thing: the Surprisingly Simple Truth Behind Extraordinary Results to your life, and let them drive you to accomplish your goals. This companion workbook for The One Thing: The Surprisingly Simple Truth Behind Extraordinary Results will allow you to develop your leadership skills and reflect on how to accomplish a big goal in the simplest way possible. This chapter-by-chapter workbook will allow you to grow and develop your management skills: Find out what matters most to you Discover your one thing Learn to be more productive Learn to narrow your focus Find your balance Discover the right way to kick start your willpower Get your priorities straight Reflect on your habits and your environment Develop your sense of purpose Meditate on what matters most to you And much more!*Please Note: This is an unofficial companion workbook for Gary Keller's and Jay Papasan's "The One Thing: The Surprisingly Simple Truth Behind Extraordinary Results." This companion is designed to further your understanding of the book and is designed to help you take action. This is not the original book.

New York Times Bestseller USA Today Bestseller The Globe and Mail Bestseller Publishers Weekly Bestseller Whose truth is the lie? Stay up all night reading the sensational psychological thriller that has readers obsessed, from the #1 New York Times bestselling author of It Ends With Us. Lowen Ashleigh is a struggling writer on the brink of financial ruin when she accepts the job offer of a lifetime. Jeremy Crawford, husband of bestselling author Verity Crawford, has hired Lowen to complete the remaining books in a successful series his injured wife is unable to finish. Lowen arrives at the Crawford home, ready to sort through years of Verity's notes and outlines, hoping to find enough material to get her started. What Lowen doesn't expect to uncover in the chaotic office is an unfinished autobiography Verity never intended for anyone to read. Page after page of bone-chilling admissions, including Verity's recollection of the night her family was forever altered. Lowen decides to keep the manuscript hidden from Jeremy, knowing its contents could devastate the already grieving father. But as Lowen's feelings for Jeremy begin to intensify, she recognizes all the ways she could benefit if he were to read his wife's words. After all, no matter how devoted Jeremy is to his injured wife, a truth this horrifying would make it impossible for him to continue loving her.

• More than 500 appearances on national bestseller lists • #1 Wall Street Journal, New York Times, and USA Today • Won 12 book awards • Translated into 35 languages • Voted Top 100 Business Book of All Time on Goodreads People are using this simple, powerful concept to focus on what matters most in their personal and work lives. Companies are helping their employees be more productive with study groups, training, and coaching. Sales teams are boosting sales. Churches are conducting classes and recommending for their members. By focusing their energy on one thing at a time people are living more rewarding lives by building their careers, strengthening their finances, losing weight and getting in shape, deepening their faith, and nurturing stronger marriages and personal relationships. YOU WANT LESS. You want fewer distractions and less on your plate. The daily barrage of e-mails, texts, tweets, messages, and meetings distract you and stress you out. The simultaneous demands of work and

family are taking a toll. And what's the cost? Second-rate work, missed deadlines, smaller paychecks, fewer promotions--and lots of stress. **AND YOU WANT MORE.** You want more productivity from your work. More income for a better lifestyle. You want more satisfaction from life, and more time for yourself, your family, and your friends. **NOW YOU CAN HAVE BOTH — LESS AND MORE.** In **The ONE Thing**, you'll learn to * cut through the clutter * achieve better results in less time * build momentum toward your goal* dial down the stress * overcome that overwhelmed feeling * revive your energy * stay on track * master what matters to you **The ONE Thing** delivers extraordinary results in every area of your life--work, personal, family, and spiritual. **WHAT'S YOUR ONE THING?**

You're one more intentional thought and action away from discovering your best life In **The Power of One More**, renowned keynote speaker and performance expert Ed Mylett draws on 30 years of experience as an entrepreneur and coach to top athletes, entertainers, and business executives to reveal powerful strategies to help you live an extraordinary "one more" life. In **The Power of One More**, you'll: Learn why you're closer to your dreams and goals than you think and why using **The Power of One More** strategies will help you cross the finish line in whatever race you're running Understand the psychology and science of how to use **The Power of One More** in every part of your life to help you solve problems and achieve levels of success you never thought possible Discover time-tested and unique solutions to challenges that will remove the mental roadblocks you've been battling for years Perfect for anyone who wants more bliss, wealth, or better relationships, **The Power of One More** is an indispensable roadmap to realizing and exceeding your personal and professional goals by tapping into the superpowers and gifts you already have inside you.

Surprising Lessons from the Science of Motivation

Barking Up the Wrong Tree

A Biography

I'll Give You the Sun

The Surprising Secrets of Highly Happy Marriages

The Surprising Magic of a Sober Life

51 surprisingly simple ways to get extraordinary results

EXTRAORDINARY is about the author's experiences in the form of short stories about how ordinary people with extraordinary dreams get extraordinary results. This book is for people who deep inside have committed to becoming a better version of themselves. The book aims at providing personalised learning to each reader. If you are looking at validations, inspirations and nudges to help find answers for yourself, this is the book. EXTRAORDINARY has the author's points of view and his version of the truth. When you are going through it, please do not limit your knowledge, understanding, learning and interpretation to what the author has to write. The author believes in action, so this book will be highly effective if you work on the action section crafted at the end of each chapter. That is why this is an actual Self-Help book.

A NEW YORK TIMES BESTSELLER An essential exploration of women's sexuality that will radically transform your sex life into one filled with confidence and joy. After all the books that have been written about sex, all the blogs and TV shows and radio Q&As, how can it be that we all still have so many questions? The frustrating reality is that we've been lied to — not deliberately, it's no one's fault, but still. We were told the wrong story. **Come as You Are** reveals the true story behind female sexuality, uncovering the little-known science of what makes us tick and, more importantly, how and why. Sex educator **Dr Emily Nagoski** debunks the common sexual myths that are making women (and some men!) feel inadequate between the sheets. Underlying almost all of the questions we still have about sex is the common worry: 'Am I normal?' This book answers with a resounding Yes! We are all different, but we are all normal — and once we learn this, we can create for ourselves better sex and more profound pleasure than we ever thought possible. **PRAISE FOR EMILY NAGOSKI** 'As a literary work, Nagoski's book deserves plaudits for the rare achievement of merging pop science and the sexual self-help genre in prose that's not insufferably twee ... "You are normal!" doesn't sound much like a battlecry, but in a world keen to sexually homogenise women from the gap of their thighs to the shape of their mons pubis, the sentiment lands like a bomb.' *The Guardian* 'Come As You Are screams female empowerment loud and proud.' *The Independent*

Feldhahn has identified twelve powerful habits that the happiest marriages have in common. These little, unexpected, often overlooked actions can make a huge difference in your relationship!

Spanning millennia and continents, here is a stunningly revealing history of how the distribution of water has shaped human civilization. **Boccaletti**, of *The Nature Conservancy*, "tackles the most important story of our time: our relationship with water in a world of looming scarcity" (Kelly McEvers, NPR Host). Writing with authority and brio, **Giulio Boccaletti**—honorary research associate at the *Smith School of Enterprise and the Environment*, *University of Oxford*—shrewdly combines environmental and social history, beginning with the earliest civilizations of sedentary farmers on the banks of the Nile, the Tigris, and the Euphrates Rivers. Even as he describes how these societies were made possible by sea-level changes from the last glacial melt, he incisively examines how this type of farming led to irrigation and multiple cropping, which, in turn, led to a population explosion and labor specialization. We see with clarity how irrigation's structure informed social structure (inventions such as the calendar sprung from agricultural necessity); how in ancient Greece, the communal ownership of wells laid the groundwork for democracy;

how the Greek and Roman experiences with water security resulted in systems of taxation; and how the modern world as we know it began with a legal framework for the development of water infrastructure. Extraordinary for its monumental scope and piercing insightfulness, *Water: A Biography* richly enlarges our understanding of our relationship to—and fundamental reliance on—the most elemental substance on earth.

The Power of One More

TikTok made me buy it

No One Is Talking About This

Where the Crawdads Sing (Movie Tie-In)

SUMMARY - The ONE Thing: The Surprisingly Simple Truth Behind Extraordinary Results By Gary Keller And Jay Papasan

One Of Us Is Lying

Farewell to Lofty Leadership. . . Welcome Engaging Management

"We Are the Luckiest is a masterpiece. It's the truest, most generous, honest, and helpful sobriety memoir I've read. It's going to save lives." — Glennon Doyle, #1 New York Times bestselling author of Love Warrior: A Memoir What could possibly be "lucky" about addiction? Absolutely nothing, thought Laura McKowen when drinking brought her to her knees. As she puts it, she "kicked and screamed . . . wishing for something — anything — else" to be her issue. The people who got to drink normally, she thought, were so damn lucky. But in the midst of early sobriety, when no longer able to anesthetize her pain and anxiety, she realized that she was actually the lucky one. Lucky to feel her feelings, live honestly, really be with her daughter, change her legacy. She recognized that "those of us who answer the invitation to wake up, whatever our invitation, are really the luckiest of all." Here, in straight-talking chapters filled with personal stories, McKowen addresses issues such as facing facts, the question of AA, and other people's drinking. Without sugarcoating the struggles of sobriety, she relentlessly emphasizes the many blessings of an honest life, one without secrets and debilitating shame.

A story of first love and family loss follows the estrangement between daredevil Jude and her loner twin brother, Noah, as a result of a mysterious event that is brought to light by a beautiful, broken boy and a new mentor. Simultaneous eBook.

*"I felt like time was taunting me: 'Behind again? You'll never get it all done.' I worked harder and longer hours, sacrificing my limited personal time to stay ahead of the game. Still, it wasn't sufficient. My work just kept expanding, demanding more of me. I could never seem to call it a day. In my entire career, I'd never faced a sales problem of this magnitude." Sound familiar? If so, you're probably an overwhelmed seller. Your clients expect more, with faster turnarounds. Your quota keeps going up. You need to leverage social media, keep up-to-date on your industry, figure out how to sell new products and services, and learn all the latest technologies. The demands are never-ending. You could work nonstop around the clock and still not get it all done. It's a huge problem faced by experienced sales pros, busy entrepreneurs, and sales rookies. If you don't stay on top of your time, it's tough to make your numbers, let alone blow them away. Konrath, a globally recognized sales consultant and speaker, knew she needed help, but found that advice aimed at typical workers didn't work for her—or for others who needed to sell for a living. Salespeople need their own productivity guidelines adapted to the fast-paced, always-on sales world. So Konrath experimented relentlessly to discover the best time-savers and sales hacks in order to deliver the first productivity guide specifically for sales success. In *More Sales, Less Time*, Konrath blends cutting-edge behavioral research with her own deep knowledge of sales to teach you how to succeed in this age of distraction. You'll discover how to:*

- Reclaim a minimum of one hour per day by eliminating major time sucks and changing the way you tackle e-mail and social media.
- Free up time to focus on activities that have the highest impact on your sales results, such as preparing, researching, strategizing, and connecting with customers.
- Optimize your sales processes to eliminate redundancies and wasted time.
- Transform your mind-set to effortlessly incorporate new, more productive habits; leverage your best brainpower; and stay at the top of your sales game.

Konrath helps you develop strategies specifically tailored to your life in sales, using your strengths to cut through the feeling of being overwhelmed. All salespeople have the same number of hours in a day; it's up to you to rescue your time to sell smarter.

If you're like most managers and things keep you up at night, now you can turn to a book that's designed especially for you! But you won't find talking rabbits or princesses here. (There is a cow, but it doesn't jump.) Henry Mintzberg has culled forty-two of the best posts from his widely read blog and turned them into a deceptively light, sneakily serious compendium of sometimes heretical reflections on management. The moral here is this: managers need to leave their castles and find out what's actually going on in their kingdoms. And like real bedtime stories, these essays have metaphors galore. So prepare to grow strategies like weeds and organize like a cow. Discover the maestro myth of managing, find the soft underbelly of hard data, and learn why downsizing is bloodletting and your board should be a bee. Mintzberg writes, "Just try not to be outraged by anything you read, because some of my most outrageous ideas turn out to be my best. They just take a while to become obvious."

Extraordinary

Companion Workbook

Nabokov's Favorite Word Is Mauve

Gary Keller and Jay Papasan's the One Thing

The Surprising Life God Has for You When You're Bold Enough to Ask

Summary of The ONE Thing: The Surprisingly Simple Truth ...

The Surprisingly Simple Truth Behind Extraordinary Results

Offers advice on living a better life by cutting down on distractions, building momentum toward a goal, and coping with stress.

An eye-opening look at the science of sleep — covering everything adolescents could possibly want to know about a subject that's suddenly keeping them up at night! For something that all humans do every night, sleep is not that well understood. One thing we do know, though, is that it's important. Here's the scoop on why it's so crucial, including what our bodies do while we're sleeping, what happens when we don't sleep enough, and how the science of sleep research began. Also included are the reasons why teens and tweens aren't getting enough sleep — and what school principals can do about it! It's a deep dive into a fascinating subject that's so intriguing, it just might keep kids up at night!

"This book is not just a bargain, it's a steal. It's filled with practical, workable advice for anyone wanting to build wealth."—Mike Summey, co-author of the bestselling *The Weekend Millionaire's Secrets to Investing in Real Estate* Anyone who seeks financial wealth must first learn the fundamental truths and models that drive it. The *Millionaire Real Estate Investor* represents

the collected wisdom and experience of over 100 millionaire investors from all walks of life who pursued financial wealth and achieved the life-changing freedom it delivers. This book--in straightforward, no nonsense, easy-to-read style--reveals their proven strategies. The Millionaire Real Estate Investor is your handbook to the tried and true financial wealth building vehicle that rewards patience and perseverance and is available to all--real estate. You'll learn: Myths about money and investing that hold people back and how to develop the mindset of a millionaire investor How to develop sound criteria for identifying great real estate investment opportunities How to zero in on the key terms of any transaction and achieve the best possible deals How to develop the "dream team" that will help you build your millionaire investment business Proven models and strategies millionaire investors use to track their net worth, understand their finances, build their network, lead generate for properties and acquire them The Millionaire Real Estate Investor is about you and your money. It's about your financial potential. It's about discovering the millionaire investor in you.

The One Thing India the Surprisingly Simple Truth Behind Extraordinary ResultsThe ONE ThingThe Surprisingly Simple Truth Behind Extraordinary ResultsBard Press

The Surprising Impact of What We Don't Know

The Millionaire Real Estate Agent

A Surprising Exploration into the Wonder of Consciousness

The ONE Thing

Drive

Snoozefest

The Surprisingly Simple Truth Behind Extraordinary Results Summary

Wall Street Journal Bestseller Much of the advice we've been told about achievement is logical, earnest...and downright wrong. In Barking Up the Wrong Tree, Eric Barker reveals the extraordinary science behind what actually determines success and most importantly, how anyone can achieve it. You'll learn:

- Why valedictorians rarely become millionaires, and how your biggest weakness might actually be your greatest strength
- Whether nice guys finish last and why the best lessons about cooperation come from gang members, pirates, and serial killers
- Why trying to increase confidence fails and how Buddhist philosophy holds a superior solution
- The secret ingredient to "grit" that Navy SEALs and disaster survivors leverage to keep going
- How to find work-life balance using the strategy of Genghis Khan, the errors of Albert Einstein, and a little lesson from Spider-Man

By looking at what separates the extremely successful from the rest of us, we learn what we can do to be more like them—and find out in some cases why it's good that we aren't. Barking Up the Wrong Tree draws on startling statistics and surprising anecdotes to help you understand what works and what doesn't so you can stop guessing at success and start living the life you want.

Expanded and updated for graduates just entering the workforce, a latest edition of a best-selling guide to finding and getting the most out of a first job shares professional advice for résumé writing, recommended interviewing practices and salary negotiation.

*** Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big book in less than 30 minutes. As you read this summary, you will discover how to achieve all your goals, using the surprisingly simple, yet extremely effective technique of "the one thing". You will also discover how to :**

- reorganize your life according to your priorities;
- overcoming the sense of urgency and lack of time;
- get better results faster;
- implement a strategy leading to your goals;
- reduce stress and regain your energy;
- control what really matters to you.

Gary Keller did not succeed as an entrepreneur by working harder or longer than others, but by finding the secret to what he calls "The One Thing". This innovative principle can be summed up as follows: reduce all possible options in a given situation to the one important thing to do that, once done, will make all the others easier to do, or even useless. *Buy now the summary of this book for the modest price of a cup of coffee!

A New York Times, USA Today, Wall Street Journal, and Amazon Charts Bestseller! For fans of Hidden Figures, comes the incredible true story of the women heroes who were exposed to radium in factories across the U.S. in the early 20th century, and their brave and groundbreaking battle to strengthen workers' rights, even as the fatal poison claimed their own lives... In the dark years of the First World War, radium makes gleaming headlines across the nation as the fresh face of beauty, and wonder drug of the medical community. From body lotion to tonic water, the popular new element shines bright. Meanwhile, hundreds of girls toil amidst the glowing dust of the radium-dial factories. The glittering chemical covers their bodies from head to toe; they light up the night like industrious fireflies. With such a coveted job, these "shining girls" are the luckiest alive — until they begin to fall mysteriously ill. And, until they begin to come forward. As the women start to speak out on the corruption, the factories that once offered golden opportunities ignore all claims of the gruesome side effects. And as the fatal poison of the radium takes hold, the brave shining girls find themselves embroiled in one of the biggest scandals of America's early 20th century, and in a groundbreaking battle for workers' rights that will echo for centuries to come. A timely story of corporate greed and the brave figures that stood up to fight for their lives, these women and their voices will shine for years

to come. Written with a sparkling voice and breakneck pace, *The Radium Girls* fully illuminates the inspiring young women exposed to the "wonder" substance of radium, and their awe-inspiring strength in the face of almost impossible circumstances. Their courage and tenacity led to life-changing regulations, research into nuclear bombing, and ultimately saved hundreds of thousands of lives...

The Surprising Science Behind Why Everything You Know About Success Is (Mostly) Wrong

The One Thing

Verity

The Inspiration for the Feature Film "The United States vs. Billie Holiday"

The Surprising Truth About What Motivates Us

The Little Things That Make a Big Difference

Discover a "compelling" framework for setting and achieving your goals (Carol Dweck, author of *Mindset*), from a psychologist on the cutting edge of motivational science. A great deal of ink has been spilled on the subject of motivating and influencing others, but what happens when the person you most want to influence is you? Setting and achieving goals for yourself—at work, at home, and in relationships—is harder than it seems. How do you know where to start? How do you carry on in the face of roadblocks and distractions? How do you decide which tasks and ambitions to prioritize when you're faced with more responsibilities, needs, and desires than you can keep track of? In *Get It Done*, psychologist and behavioral scientist Ayelet Fishbach presents a new theoretical framework for self-motivated action, explaining how to: Identify the right goals Attack the "middle problem" Battle temptations Use the help of others around you And so much more... With fascinating research from the field of motivation science and compelling stories of people who learned to motivate themselves, *Get It Done* illuminates invaluable strategies for pulling yourself in whatever direction you want to go—so you can achieve your goals while staying healthy, clearheaded, and happy.

The End of Knowledge -- Omniscience -- Arguments from Ignorance -- 10 Managing Ignorance -- Responding to the Unknown -- Coping with Ignorance -- Transformations in the Dark -- Unpredictability and Commitment -- Chance -- From Possibility to Probability -- The Chance of Rain -- Other Intellectual Tools -- V Ignorance as Horizon -- 11 The Horizon of Ignorance -- Epistemic Luck -- How Learning Creates Ignorance -- Freedom, Creativity, and Ignorance -- Ignorance and the Possible -- Wonder and the Shepherd of Possibilities -- Ever More: A Conclusion -- Epistemology: Context and Content -- Epilogue: Ignorance and Epistemology -- Beyond Propositional Knowledge -- Negation and Complexity -- Bivalency and Scalar Gradience -- Discovery and Justification -- Individual Knowers and Epistemic Communities -- Epistemic Value -- Conclusion -- Notes -- 1 The Impact of Ignorance -- 2 Conceiving Ignorance -- 3 Dwelling in Ignorance -- 4 Innocence and Ignorance -- 5 Mapping Our Ignorance -- 6 Constructed Ignorance -- 7 The Ethics of Ignorance -- 8 Virtues and Vices of Ignorance -- 9 The Limits of the Knowable -- 10 Managing Ignorance -- 11 The Horizon of Ignorance -- Epilogue: Ignorance and Epistemology -- Bibliography -- Index

I never meant to get stuck in a dark closet, naked, at the holiday gala. Monty As a self-made billionaire and head of my tech company, the last thing I thought would happen was being pranked by my brother at an expensive gala. Instead of mingling among the crowd of potential investors, I was cold and alone with only some holiday string to keep me company. But then a Christmas miracle happened... The door opened and a beautiful woman appeared. My savior. Until she stepped inside, the door swinging closed and automatically locking behind her. Now she's trapped with me. All we had was time. Might as well get to know each other. Julia I took the coat check job because it was a paycheck, but then I struck gold... a naked hottie stuck in a closet with me. I may not be one of those "career-minded" women you read about, but I was responsible enough to pay my bills. When my sister told me about an easy coat check job that paid, I was happy to spend one night in a closet. But I swore that fancy, old hotel where the gala took place was haunted. Why? Because I heard the rumblings of an unsettled spirit back in the deep recesses of a hidden room next to the coat closet. I went in that room to face the spirit, but then something crazy happened. He wasn't a ghost, but a man. Not just a man but a naked one with a very large, uh, package. All I had to say was, thanks Santa, for bring me exactly what I wished.

Finalist for the National Book Award for Nonfiction * New York Times Bestseller * Starred Booklist and Library Journal Editors' Spring Pick * A Huffington Post Notable Nonfiction Book of the Year * One of the Best Books of the Month on Goodreads * Library Journal Best Sci-Tech Book of the Year * An American Library Association Notable Book of the Year "Sy Montgomery's *The Soul of an Octopus* does for the creature what Helen Macdonald's *H Is for Hawk* did for raptors." —New Statesman, UK "One of the best science books of the year." —Science Friday, NPR Another New York Times bestseller from the author of *The Good Good Pig*, this "fascinating...touching...informative...entertaining" (*The Daily Beast*) book explores the emotional and physical world of the octopus—a surprisingly complex, intelligent, and spirited creature—and the remarkable connections it makes with humans. In pursuit of the wild, solitary, predatory octopus, popular naturalist Sy Montgomery has practiced true immersion journalism. From New England aquarium tanks to the reefs of French Polynesia and the Gulf of Mexico, she has befriended octopuses with strikingly different personalities—gentle Athena, assertive Octavia, curious Kali, and joyful Karma. Each creature shows her cleverness in myriad ways: escaping enclosures like an orangutan; jetting water to bounce balls; and endlessly tricking companions with

multiple “sleights of hand” to get food. Scientists have only recently accepted the intelligence of dogs, birds, and chimpanzees but now are watching octopuses solve problems and are trying to decipher the meaning of the animal’s color-changing techniques. With her “joyful passion for these intelligent and fascinating creatures” (Library Journal Editors’ Spring Pick), Montgomery chronicles the growing appreciation of this mollusk as she tells a unique love story. By turns funny, entertaining, touching, and profound, *The Soul of an Octopus* reveals what octopuses can teach us about the meeting of two very different minds.

More Sales, Less Time

The Surprising Solution when Things Go Wrong

Bedtime Stories for Managers

Surprising the Billionaire with a Baby

The Surprising Science of Sleep

The Surprisingly Simple Ways to Reach Big Goals

Understanding Ignorance

What are our favorite authors’ favorite words? Which bestselling writer uses the most clichés? How can we judge a book by its cover? Data meets literature in this playful and informative look at our favorite authors and their masterpieces. “A literary detective story: fast-paced, thought-provoking, and intriguing.” —Brian Christian, coauthor of *Algorithms to Live By* There’s a famous piece of writing advice—offered by Ernest Hemingway, Stephen King, and myriad writers in between—not to use -ly adverbs like “quickly” or “fitfully.” It sounds like solid advice, but can we actually test it? If we were to count all the -ly adverbs these authors used in their careers, do they follow their own advice compared to other celebrated authors? What’s more, do great books in general—the classics and the bestsellers—share this trait? In *Nabokov’s Favorite Word Is Mauve*, statistician and journalist Ben Blatt brings big data to the literary canon, exploring the wealth of fun findings that remain hidden in the works of the world’s greatest writers. He assembles a database of thousands of books and hundreds of millions of words, and starts asking the questions that have intrigued curious word nerds and book lovers for generations: What are our favorite authors’ favorite words? Do men and women write differently? Are bestsellers getting dumber over time? Which bestselling writer uses the most clichés? What makes a great opening sentence? How can we judge a book by its cover? And which writerly advice is worth following or ignoring? Blatt draws upon existing analysis techniques and invents some of his own. All of his investigations and experiments are original, conducted himself, and no math knowledge is needed to understand the results. Blatt breaks his findings down into lucid, humorous language and clear and compelling visuals. This eye-opening book will provide you with a new appreciation for your favorite authors and a fresh perspective on your own writing, illuminating both the patterns that hold great prose together and the brilliant flourishes that make it unforgettable.

FINALIST FOR THE 2021 BOOKER PRIZE & A NEW YORK TIMES TOP 10 BOOK OF 2021 WINNER OF THE DYLAN THOMAS PRIZE “A book that reads like a prose poem, at once sublime, profane, intimate, philosophical, witty and, eventually, deeply moving.” —New York Times Book Review, Editors’ Choice “Wow. I can’t remember the last time I laughed so much reading a book. What an inventive and startling writer...I’m so glad I read this. I really think this book is remarkable.” —David Sedaris From “a formidably gifted writer” (The New York Times Book Review), a book that asks: Is there life after the internet? As this urgent, genre-defying book opens, a woman who has recently been elevated to prominence for her social media posts travels around the world to meet her adoring fans. She is overwhelmed by navigating the new language and etiquette of what she terms “the portal,” where she grapples with an unshakable conviction that a vast chorus of voices is now dictating her thoughts. When existential threats—from climate change and economic precariousness to the rise of an unnamed dictator and an epidemic of loneliness—begin to loom, she posts her way deeper into the portal’s void. An avalanche of images, details, and references accumulate to form a landscape that is post-sense, post-irony, post-everything. “Are we in hell?” the people of the portal ask themselves. “Are we all just going to keep doing this until we die?” Suddenly, two texts from her mother pierce the fray: “Something has gone wrong,” and “How soon can you get here?” As real life and its stakes collide with the increasingly absurd antics of the portal, the woman confronts a world that seems to contain both an abundance of proof that there is goodness, empathy, and justice in the universe, and a deluge of evidence to the contrary. Fragmentary and omniscient, incisive and sincere, *No One Is Talking About This* is at once a love letter to the endless scroll and a profound, modern meditation on love, language, and human connection from a singular voice in American literature.

In *Pray Big Things*, Julia Jeffress Sadler dares you to start praying big. Sharing her own story of God’s life-changing answers to bold prayers—a miraculous journey through infertility, miscarriages, and giving birth to triplets—Julia challenges you to take God at His Word and see Him move like never before. Humorous, practical, and filled with biblical insights, this book will give you the courage to pray big things and watch expectantly for God’s even bigger answers.

NOW A MAJOR MOTION PICTURE The #1 New York Times bestselling worldwide sensation with more than 12 million copies sold, “a painfully beautiful first novel that is at once a murder mystery, a coming-of-age narrative and a celebration of nature” (The New York Times Book Review). For years, rumors of the “Marsh Girl” have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969, when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Then the time comes when she yearns to be touched and loved. When two young men from town become intrigued by her wild beauty, Kya opens herself to a new life—until the unthinkable happens. *Where the Crawdads Sing* is at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a surprising tale of possible murder. Delia Owens reminds us that we are forever shaped by the children we once were, and that we are all subject to the beautiful and violent secrets that nature keeps.

the bestselling guide to the new science that will transform your sex life

Get It Done

The Radium Girls

Pray Big Things

Now what Do I Do?

Come as You Are

The Compound Effect

The New York Times bestseller that gives readers a paradigm-shattering new way to think about motivation from the author of *When: The Scientific Secrets of Perfect Timing*. Most people believe that the best way to motivate is with rewards like money—the carrot-and-stick approach. That's a mistake, says Daniel H. Pink (author of *To Sell Is Human: The Surprising Truth About Motivating Others*). In this provocative and persuasive new book, he asserts that the secret to high performance and satisfaction—at work, at school, and at home—is the deeply human need to direct our own lives, to learn and create new things, and to do better by ourselves and our world. Drawing on four decades of scientific research on human motivation, Pink exposes the mismatch between what science knows and what business does—and how that affects every aspect of life. He examines the three elements of true motivation—autonomy, mastery, and purpose—and offers smart and surprising techniques for putting these into action in a unique book that will change how we think and transform how we live.

This is a summary that is not intended to be used without reference to the original book.

In the tradition of *The Power of Habit* and *Thinking, Fast and Slow* comes a practical, playful, and endlessly fascinating guide to what we really know about learning and memory today—and how we can apply it to our own lives. From an early age, it is drilled into our heads: Restlessness, distraction, and ignorance are the enemies of success. We're told that learning is all self-discipline, that we must confine ourselves to designated study areas, turn off the music, and maintain a strict ritual if we want to ace that test, memorize that presentation, or nail that piano recital. But what if almost everything we were told about learning is wrong? And what if there was a way to achieve more with less effort? In *How We Learn*, award-winning science reporter Benedict Carey sifts through decades of education research and landmark studies to uncover the truth about how our brains absorb and retain information. What he discovers is that, from the moment we are born, we are all learning quickly, efficiently, and automatically; but in our zeal to systematize the process we have ignored valuable, naturally enjoyable learning tools like forgetting, sleeping, and daydreaming. Is a dedicated desk in a quiet room really the best way to study? Can altering your routine improve your recall? Are there times when distraction is good? Is repetition necessary? Carey's search for answers to these questions yields a wealth of strategies that make learning more a part of our everyday lives—and less of a chore. By road testing many of the counterintuitive techniques described in this book, Carey shows how we can flex the neural muscles that make deep learning possible. Along the way he reveals why teachers should give final exams on the first day of class, why it's wise to interleave subjects and concepts when learning any new skill, and when it's smarter to stay up late prepping for that presentation than to rise early for one last cram session. And if this requires some suspension of disbelief, that's because the research defies what we've been told, throughout our lives, about how best to learn. The brain is not like a muscle, at least not in any straightforward sense. It is something else altogether, sensitive to mood, to timing, to circadian rhythms, as well as to location and environment. It doesn't take orders well, to put it mildly. If the brain is a learning machine, then it is an eccentric one. In *How We Learn*, Benedict Carey shows us how to exploit its quirks to our advantage.

The One Thing India the Surprisingly Simple Truth Behind Extraordinary Results

The Surprising Power of Ordinary Things to Create Extraordinary Happiness

Surprisingly Simple Strategies for Today's Crazy-Busy Sellers

We Are the Luckiest

The Surprising Truth About When, Where, and Why It Happens

A Novel

What the Numbers Reveal About the Classics, Bestsellers, and Our Own Writing