

The Stuff Of Life

The challenges of teaching a successful introductory sociology course today demand materials from a publisher very different from the norm. Texts that are organized the way the discipline structures itself intellectually no longer connect with the majority of student learners. This is not an issue of pandering to students or otherwise seeking the lowest common denominator. On the contrary, it is a question of again making the practice of sociological thinking meaningful, rigorous, and relevant to today's world of undergraduates. This comparatively concise, highly visual, and affordable book offers a refreshingly new way forward to reach students, using one of the most powerful tools in a sociologist's teaching arsenal—the familiar stuff in students' everyday lives throughout the world: the jeans they wear to class, the coffee they drink each morning, or the phones their professors tell them to put away during lectures. A focus on consumer culture, seeing the strange in the familiar, is not only interesting for students; it is also (the authors suggest) pedagogically superior to more traditional approaches. By engaging students through their stuff, this book moves beyond teaching about sociology to helping instructors teach the practice of sociological thinking. It moves beyond describing what sociology is, so that students can practice what sociological thinking can do. This pedagogy also posits a relationship between teacher and learner that is bi-directional. Many students feel a sense of authority in various areas of consumer culture, and they often enjoy sharing their knowledge with fellow students and with their instructor. Opening up the sociology classroom to discussion of these topics validates students' expertise on their own life-worlds. Teachers, in turn, gain insight from the goods, services, and cultural expectations that shape students' lives. While innovative, the book has been carefully crafted to make it as useful and flexible as possible for instructors aiming to build core sociological foundations in a single semester. A map on pages ii–iii identifies core sociological concepts covered so that a traditional syllabus as well as individual lectures can easily be maintained. Theory, method, and active learning exercises in every chapter constantly encourage the sociological imagination as well as the "doing" of sociology.

*America's top cleaning expert and star of the hit series Legacy List with Matt Paxton distills his fail-proof approach to decluttering and downsizing. Your boxes of photos, family's china, and even the kids' height charts aren't just stuff; they're attached to a lifetime of memories--and letting them go can be scary. With empathy, expertise, and humor, *Keep the Memories, Lose the Stuff*, written in collaboration with AARP, helps you sift through years of clutter, let go of what no longer serves you, and identify the items worth keeping so that you can focus on living in the present. For over 20 years, Matt Paxton has helped people from all walks of life who want to live more simply declutter and downsize. As a featured cleaner on Hoarders and host of the Emmy-nominated Legacy List with Matt Paxton on PBS, he has identified the psychological roadblocks that most organizational experts routinely miss but that prevent so many of us from lightening our material load. Using poignant stories from the thousands of individuals and families he has worked with, Paxton brings his signature insight to a necessary task. Whether*

you're tired of living with clutter, making space for a loved one, or moving to a smaller home or retirement community, this book is for you. Paxton's unique, step-by-step process gives you the tools you need to get the job done.

*Although Asif Zaidi is a banker and a business leadership advisor by profession, he is fundamentally a thinker of broad understanding and interests. In *The Stuff of Life*, he offers an anthology of thoughts on diverse subjects, attempting to see the problems of life in the light of human reasoning. Asif Zaidi is endlessly curious, and leaves no big question untouched. While turning his gaze from one intellectual pursuit to the next, in this collection of essays he addresses nature, evolution, religion, literature, psychology, and scientists, sages, prophets, philosophers, thinkers, and poets who have, down the ages, contributed to human development, making life meaningful. From the personal to the societal to the universal, he turns his spirit of inquiry to a wide swathe of topics: the love of learning: mans search for meaning: faith, tradition, and rationality: and the moral dimension of existence. Simple and direct, *The Stuff of Life* articulates a viewpoint grounded in a rational approach to life and this world.*

What does living for Jesus look like in the everyday stuff of life? Many Christians have unwittingly embraced the idea that "church" is a once-a-week event rather than a community of Spirit-empowered people; that "ministry" is what pastors do on Sundays rather than the 24/7 calling of all believers; and that "discipleship" is a program rather than the normal state of every follower of Jesus. Drawing on his experience as a pastor and church planter, Jeff Vanderstelt wants us to see that there's more—much more—to the Christian life than sitting in a pew once a week. God has called his people to something bigger: a view of the Christian life that encompasses the ordinary, the extraordinary, and everything in between. Packed full of biblical teaching, compelling stories, and real-world advice, this book will remind you that Jesus is filling the world with his presence through the everyday lives of everyday people... People just like you.

Living an Uncommon Life

Every Moment Matters

How Our Homes Reflect Our Lives

How I Learned to Do Less, Do Better, and Live More

Winds of Heaven, Stuff of Earth

Introducing Sociology Using the Stuff of Everyday Life

Being Disciples of Jesus in the Everyday Stuff of Life

At the lowest point in his life, living in a motel room with his wife and two children, John St. Augustine undertook a journey of a thousand miles, walking from northern Michigan to Chicago—and back—a journey that became one of discovery, and a chance for St. Augustine to reinvent himself. It was on this walk that the inspiration was born for a radio show that would be a positive voice in a world saturated by cynicism. Upon his return, despite having no prior radio experience, a local station gave him a chance: one hour a week for five weeks... Ten years and 5,000 guests later St. Augustine is living his dream, and, like *The Seven Habits of Highly Effective People*®, *Living an Uncommon Life* offers a roadmap for reaching your

own dreams. St. Augustine discovered a pattern in the lives of the exceptional personalities with whom he has crossed paths including Oprah Winfrey, John Denver, Walter Payton, Wayne Dyer and others. Each of them refused to let negative circumstances dictate their life. Instead they found the inner strength to achieve great things. St. Augustine insists we all share these remarkable traits and in Living an Uncommon Life he offers powerful principles for unlocking your strengths and achieving your personal best. The authors tackle the all-important question, "Where do I put it all?", sharing clever storage tips and hiding places for every imaginable item.

This book is an initiative of Ed Annink, Ontwerpwerk, The Hague. Fourteen-year-old Simon, known as Stuff, struggles with his new stepfamily, tries to avoid a giant attack rabbit, hopes to break up with his girlfriend and connect with a new one, and creates cartoons of "Punykid's battle with drooling dorkoids."

Blood

The Stuff of Legend

A Cultural History of the Stuff of Life

Holy Stuff of Life

The Stuff of Family Life

The Stuff of Life

Selected for The Globe 100 Books in 2013. With the 2013 CBC Massey Lectures, bestselling author Lawrence Hill offers a provocative examination of the scientific and social history of blood, and on the ways that it unites and divides us today. Blood runs red through every person's arteries and fulfills the same functions in every human being. The study of blood has advanced our understanding of biology and improved medical treatments, but its cultural and social representations have divided us perennially. Blood pulses through religion, literature, and the visual arts. Every time it pools or spills, we learn a little more about what brings human beings together and what pulls us apart. For centuries, perceptions of difference in our blood have separated people on the basis of gender, race, class, and nation. Ideas about blood purity have spawned rules about who gets to belong to a family or cultural group, who enjoys the rights of citizenship and nationality, what privileges one can expect to be granted or denied, whether you inherit poverty or the right to rule over the masses, what constitutes fair play in sport, and what defines a person's identity. Blood: The Stuff of Life is a bold meditation on blood as an historical and contemporary marker of identity, belonging, gender, race, class, citizenship, athletic superiority, and nationhood.

Introduces the history and science of genetics through the story of an alien scientist researching humans to find a cure for an alien disease.

Let's face it: From adenines to zygotes, from cytokinesis to parthenogenesis, even the basics of genetics can sound utterly alien. So who better than an alien to explain it all? Enter Bloort 183, a scientist from an asexual alien race threatened by disease, who's been charged with researching the fundamentals of human DNA and evolution and laying it all out in clear, simple language so that even his slow-to-grasp-the-point leader can get it. In the hands of the award-winning writer Mark Schultz, Bloort's

predicament becomes the means of giving even the most science-phobic reader a complete introduction to the history and science of genetics that's as easy to understand as it is entertaining to read.

Fat: such a little word evokes big responses. While 'fat' describes the size and shape of bodies, our negative reactions to corpulent bodies also depend on something tangible and tactile; as this book argues, there is more to fat than meets the eye.

Fat: A Cultural History of the Stuff of Life offers a historical reflection on how fat has been perceived and imagined in the West since antiquity. Featuring fascinating historical accounts, philosophical, religious and cultural arguments, including discussions of status, gender and race, the book digs deep into the past for the roots of our current notions and prejudices. Three central themes emerge: how we have perceived and imagined obesity over the centuries; how fat as a substance has elicited disgust and how it evokes perceptions of animality; but also how it has been associated with vitality and fertility. By exploring the complex ways in which fat, fatness and fattening have been perceived over time, this book provides rich insights into the stuff our stereotypes are made of.

Objects and Stories in the Creation of an American Myth

Savoring the Stuff of Life

A Graphic Guide to Genetics and DNA

Declutter, Downsize, and Move Forward with Your Life

Saturate

Arranging things ordinary & extraordinary

Speaking the Truths of Jesus into the Everyday Stuff of Life

Small slices of time go unnoticed. You go about your day, never realizing how much information missed moments contain. They are packed with lessons about living life to its fullest. John St. Augustine can teach you how to notice these ordinary moments. Remember them. Relive them. Live in the present while creating future moments that have depth, meaning, and purpose. Through anecdotes from his own life, St. Augustine demonstrates how to turn ordinary moments into extraordinary ones. Be still. Pay attention. Find the moments that matter.

The Stuff of Life A Graphic Guide to Genetics and DNA Hill and Wang

Does putting your smartphone on the dinner table impact your relationships? How does where you place your TV in your home affect your family? The Stuff of Family Life takes readers inside the changing world of families through a unique examination of their stuff. From digital family photo albums to the growing popularity of "man caves," author Michelle Janning looks at not only what large demographic studies say about family dynamics but also what our lives—and the stuff in them—say about how we relate to each other. The book

takes readers through various phases of family life, including dating, marriage, parenting, divorce, and aging, while paying attention to how our choices about our spaces and objects impact our lives. Janning has joked, "I'm not a social scientist who uses large national datasets to illustrate family life; I'm the social scientist who asks people to examine what's in their underwear drawers to tell stories about their family life." From underwear drawers to calendars, *The Stuff of Family Life* offers an illuminating and entertaining look at the complexities of American families today.

Demonstrates how possessions can be used to decorate interior spaces, and showcases homes accessorized in styles that include neatnik, bohemian, and naturalist.

Self, Sense, Soul, and Spirit in Human Experience

The Stuff of Legend: Book 1: The Dark

A jester's tale. Book 3

Life Admin

The Recalcitrant Stuff Of Life

Spiritual Conversations Inspired by the Life and Lyrics of Rich Mullins

The 10 Things That Stress Teen Girls Out and How to Cope with Them

Stem cell therapy is ushering in a new era of medicine in which we will be able to repair human organs and tissue at their most fundamental level- that of the cell. The power of stem cells to regenerate cells of specific types, such as heart, liver, and muscle, is unique and extraordinary. In 1998 researchers learned how to isolate and culture embryonic stem cells, which are only obtainable through the destruction of human embryos. An ethical debate has raged since then about the ethics of this research, usually pitting pro-life advocates vs. those who see the great promise of curing some of humanity's most persistent diseases. In this book Cynthia Cohen agrees that we need to work toward a consensus on the issue of how we treat the embryo. But more broadly she claims that we need to transform and expand the ethical and policy debates on stem cells (adult and embryonic). This important and much-needed book is both a primer and a means by which to understand the implications of this research. Cohen starts by introducing readers to the basic science of stem cell research, and the core ethical questions surrounding the embryo. She then expands the scope of the debate, looking at the moral questions that will crop up down the line, such as e.g. the use of therapeutic cloning to overcome the body's immune resistance to stem cells; the ethics of using animals to test stem cells; how to disentangle federal and state legal and regulatory policies in pursuit of a coherent national policy; and how to develop an ethics of stem cell research that will accommodate new techniques

and controversies that we cannot even foresee now. Her final chapter develops a concrete plan for an oversight system for this research. This is the first single-author book that addresses the many broad ethical and legal issues related to stem cells, and it should be of great interest to bioethicists, researchers, clinicians, philosophers, theologians, lawyers, policy makers, and general readers.

The Recalcitrant Stuff of Life is a story of searching - for friends, for forgiveness, for truth. A detailing of friendship dragged through the Amazon jungle and spit out through the stars with the aid of decades, DMT, and well-meaning debauchery. Roosevelt "Rosy" Robinson is a broken man living a purgatory existence in Peru. Two of his oldest friends from Canada-Stanley "The Deuce" Doucette and Ishmael "Ishy" Lords-have pressing news to deliver. Never have two individuals been so ill-equipped to navigate the "Gringo Trail," but this is precisely what they must do to track down Rosy in one of the most inaccessible places on the planet. Ambitious, gritty, and raucously entertaining, Sean McCallum's debut novel takes readers from Toronto and New York to Lima, then across the Andes, down the Amazon River, and into darkness. Bristling with tragedy, regret, and a little ayahuasca, The Recalcitrant Stuff of Life screams into the void with electric urgency, reveling in what it means to be alive. This book grabs readers by the wrist and leads them headlong into an authentically raw examination of love and friendship. It's a moving tale of the places we go to seek forgiveness.

In the Book of Life, Robert Collier shares with us the secrets of the ages. This book gives you the tools to have a happier and more successful life. Collier will show you how the way you think and the decisions you make have a direct influence on how successful and happy you are. With out the foundation that Collier laid herein, Rhonda Byrnes' The Secret could never have been written. Long before Michael Losier and James Arthur Ray reminded the world just how effective the power of positive thinking could be in Laws of Attraction and The Science of Success, there was Robert Collier's The Book of Life.

In an astonishing unfurling of our universe, Newbery Honor winner Marion Dane Bauer and Caldecott Honor winner Ekua Holmes celebrate the birth of every child. Before the universe was formed, before time and space existed, there was . . . nothing. But then . . . BANG! Stars caught fire and burned so long that they exploded, flinging stardust everywhere. And the ash of those stars turned into planets. Into our Earth. And into us. In a poetic text, Marion Dane Bauer takes readers from the trillionth of a second when our universe was born to the singularities that became each one of us, while vivid illustrations by Ekua Holmes capture the void before the Big Bang and the ensuing life that burst across galaxies. A seamless blend of science and art, this picture book reveals the composition of our world and beyond — and how we are all the stuff of stars.

Stuff of Life

Dealing with the Stuff That Makes Life Tough

Profiles of the Molecules That Make Us Tick

Organizing the Stuff of Life

Still Life

The Stuff of Stars

Stuff

A book to help people understand what they are doing with their lives. Addressing its readers directly and as individuals, this book allows them to move through it in their own way. It takes them on a wide-ranging expedition into their lives, so that they may be better guided by their own uniqueness. It seeks to enkindle within people the desire to reclaim their bodies, recover their souls, and re-enter the world."A book that should make a name for Gene Ruyle as a contemporary philosopher who has something important to say." -Atlanta Journal/Constitution

(www.generuyle.com)

Wouldn't you like: - Products that don't damage the environment? - A better way of life without agonising about your 'footprint'? - To really know your stuff? Climate change? Biofuels? Nuclear power? Landfills? Recycling? Renewable energy? Environmental issues can feel overwhelming. But, in fact, it is simple; it all comes down to one thing - stuff. Our use of the Earth's resources - whether a crisp packet or a cargo ship, a T-shirt or a wind turbine - has an inescapable impact on our future. In *The Secret Life of Stuff*, Julie Hill uncovers the origins and the true cost of what we use. Her inventory of over-consumption may shock but it is the first step towards overcoming waste. The misuse of stuff is not your fault, it's a product of history. But it is only by understanding what has gone wrong, that everyone - politicians, business people and us as consumers - can create a new and better material world.

"It's a relief just to talk about it. It's heaven to fix it: "admin," the administrative chores that have exploded in our busy lives. Here's the book that will give you many hours of your life back"--

This book is a narrative "treasure hunt" for the implicit holiness of human things and a quest for a transformative encounter that turns consumption into consecration. Readers will explore the holy human connections of things such as apple seeds, a tattoo, dish towels, a broken chalice, and extra-virgin cooking oil blessed by the pope.

Fat

The Secret Life of Stuff

A Manual for a New Material World

Nine Pints

The Story of Life on Earth

Evolution

Gerd Arntz

The year is 1944. As Allied forces fight the enemy on Europe's war-torn beaches, another battle begins in a child's bedroom in Brooklyn.

When the nightmarish Boogeyman snatches a boy and takes him to the realm of the Dark, the child's playthings, led by the toy soldier known as the Colonel, band together to stage a daring rescue. On their perilous mission they will confront the boy's bitter and forgotten toys, as well as betrayal in their own ranks. Can they save the boy from the forces of evil, or will they all perish in the process? The Stuff of Legend is a haunting and ultimately redemptive tale of loyalty, camaraderie, and perseverance. This edition includes a brand-new story featuring the Colonel's war journal, maps, sketches, and other original material!

An accessible graphic introduction to evolution for the most science-phobic reader Illustrated by the brilliant duo Kevin Cannon and Zander Cannon, this volume is written by the noted comic author and professor of biology Jay Hosler. Evolution features the same characters introduced in the highly regarded The Stuff of Life: A Graphic Guide to Genetics and DNA, now here to explain the fundamentals of the evolution of life on earth. On the heels of explaining to his planetary leader the intricacies of human genetics in The Stuff of Life, the intrepid alien scientist Bloort-183 is charged in this sequel with covering the wider story of evolution. Using the same storytelling conceit that Plenty magazine declared "so charming that you won't even notice you've absorbed an entire scientific field" and that caused Seed to pick The Stuff of Life as a best book of 2008, Evolution brilliantly answers Wired's demand, "What's the solution to America's crisis in science education? More comic books!" Evolution, the most accessible graphic work on this universally studied subject, takes the reader from earth's primordial soup to the vestigial structures, like the coccyx and the male nipple, of modern humans. Once again, the award-winning illustrations of the Cannons render the complex clear and everything cleverly comedic. And in Hosler, Evolution has an award-winning biology teacher whose science comics have earned him a National Science Foundation grant and an interview on NPR's Morning Edition.

They began their existence as everyday objects, but in the hands of award-winning historian Laurel Thatcher Ulrich, fourteen domestic items from preindustrial America-ranging from a linen tablecloth to an unfinished sock-relinquish their stories and offer profound insights into our history. In an age when even meals are rarely made from scratch, homespun easily acquires the glow of nostalgia. The objects Ulrich investigates unravel those simplified illusions, revealing important clues to the culture and people who made them. Ulrich uses an Indian basket to explore the uneasy coexistence of native and colonial Americans. A piece of silk embroidery reveals racial and class

distinctions, and two old spinning wheels illuminate the connections between colonial cloth-making and war. Pulling these divergent threads together, Ulrich demonstrates how early Americans made, used, sold, and saved textiles in order to assert their identities, shape relationships, and create history.

Hilary Robertson reveals a multitude of ways to style and display the “stuff of life”—the flotsam and jetsam of possessions, from pictures and ornaments to hats and bicycles, that we accumulate over the course of time. In the first chapter, How to Arrange your Stuff, Hilary identifies and illustrates four different approaches to arrangements—intuitive, narrative, practical, and curatorial—and shows how each one can be achieved. She also considers the variety of display locations available within the home—walls, mantelpieces, windowsills, chests of drawers, tabletops—and suggests how to make the most of them. Next, in Stories Told by Real Homes, Hilary shares insider knowledge drawn from the experience of creating interiors that fall into five different styles—Neatnik, Bohemian, Naturalist, Sculpture Vulture, and Noble Salvage. Some people are magpies—they love stuff; finding, collecting, and displaying it—while their opposite, the minimalists, are on a mission to contain or tame it. The ideas in this book will appeal to magpies, minimalists, and everyone in between.

The Life of a Cool Demented Dude

Renewing the Stuff of Life

Practical Help for the Those Who Desire More Out of Life

The Life of Stuff

The Stuff of a Lifetime

Language as a Window into Human Nature

Stories, Poems, and Prayers about Human Things

The Oregon Book Awards presented the Sarah Winnemucca Award for Creative Nonfiction to Karen Karbo for *The Stuff of Life*. When Karen Karbo's father, a charming, taciturn Clint Eastwood type who lives in a triple-wide in the Nevada desert, is diagnosed with lung cancer, his only daughter rises to the challenge of caring for him. Neither of them is exactly cut out for the job. As Dick Karbo's disease progresses, Karen finds herself sometimes the responsible adult, sometimes a stubborn teenager all over again. But in the end, what father and daughter discover more than anything is the love and the toughness that makes them alike.

This New York Times bestseller is an exciting and fearless investigation of language from the author of *Rationality*,

The Better Angels of Our Nature and The Sense of Style and Enlightenment Now. "Curious, inventive, fearless, naughty." --The New York Times Book Review Bestselling author Steven Pinker possesses that rare combination of scientific aptitude and verbal eloquence that enables him to provide lucid explanations of deep and powerful ideas. His previous books - including the Pulitzer Prize finalist The Blank Slate - have catapulted him into the limelight as one of today's most important popular science writers. In The Stuff of Thought, Pinker presents a fascinating look at how our words explain our nature. Considering scientific questions with examples from everyday life, The Stuff of Thought is a brilliantly crafted and highly readable work that will appeal to fans of everything from The Selfish Gene and Blink to Eats, Shoots & Leaves.

Offers advice on dealing with common, stress-producing issues for teenage girls, including body image, parents' divorce, and cliques.

A Good Morning America Book Club Pick A Veranda Magazine Book Club Pick A captivating, bighearted, richly tapestried story of people brought together by love, war, art, flood, and the ghost of E. M. Forster, by the celebrated author of Tin Man. Tuscany, 1944: As Allied troops advance and bombs fall around deserted villages, a young English soldier, Ulysses Temper, finds himself in the wine cellar of a deserted villa. There, he has a chance encounter with Evelyn Skinner, a middle-aged art historian who has come to Italy to salvage paintings from the ruins and recall long-forgotten memories of her own youth. In each other, Ulysses and Evelyn find a kindred spirit amidst the rubble of war-torn Italy, and set off on a course of events that will shape Ulysses's life for the next four decades. As Ulysses returns home to London, reimmersing himself in his crew at The Stoat and Parot—a motley mix of pub crawlers and eccentrics—he carries his time in Italy with him. And when an unexpected inheritance brings him back to where it all began, Ulysses knows better than to tempt fate, and returns to the Tuscan hills. With beautiful prose, extraordinary tenderness, and bursts of humor and light, Still Life is a sweeping portrait of unforgettable individuals who come together to make a family, and a deeply drawn celebration of beauty and love in all its forms.

Less Stuff More Life

A Journey Through the Money, Medicine, and Mysteries of Blood

The Stuff of Thought

Keep the Memories, Lose the Stuff

A Memoir about the Mess We Leave Behind

A Reminiscence

The Book of Life

When the Boogeyman steals a boy from a child's room and takes him to the Dark, the child's toys band together in an attempt to rescue their fellow plaything.

Rich Mullins was a once-in-a-lifetime singer/songwriter whose impact on Christian music and the church is still felt today, even twenty years after his passing. His words and music softened and inspired the most hardened hearts to believe. His a ragged and raw faith of a pilgrim, poet, and prophet. Now more than a dozen of today's singers, songwriters, producers, and authors gather to share never-before heard stories and lessons that continue to influence their music and ministries today. These lessons, gleaned from Rich's own struggles and pursuits, are combined with lyrics from unreleased Rich Mullins songs that will inspire longtime Mullins fans, new Christian music followers, and spiritual seekers trying to understand the reckless love of God.

Does organizing and simplifying your life seem to be a task too large to attempt? Do you begin with "good intentions" on weeding out things and then quickly resort back to your old ways as life gets busy? Do you ever wish that your chaos would "go away?" This book gives you 52 changes that zero in on all of the physical and emotional things that tend to "clutter" up our lifestyles. By choosing a simple change each week, in one year's time your life will contain less stuff and you will begin to experience more out of life. Follow along with the author as she eliminates chaos for peace in her own home. By choosing to eliminate things that do not add to your life, you will be able to successfully remove the clutter to experience Less Stuff for More Life.

An eye-opening exploration of blood, the lifegiving substance with the power of taboo, the value of diamonds and the promise of breakthrough science Blood can give life, yet the sight of it makes people faint. It is a waste product and a commodity pricier than oil. It can save lives and transmit deadly infections. Each one of us has roughly nine pints of it, yet many don't even know their own blood type. And for its ubiquitousness, the few tablespoons of blood discharged by 800 million women are still regarded as taboo: menstruation is perhaps the single most demonized biological event. Rose George, author of *The Big Necessity*, is renowned for her intrepid work on topics that are invisible but vitally important. In *Nine Pints*, she takes us from ancient practices of bloodletting to the breakthrough of the "liquid biopsy," which promises to diagnose cancer and other diseases with a simple blood test. She introduces Janet Vaughan, who set up the world's first system of mass blood donation during the Blitz, and Arunachalam Muruganantham, known as "Menstrual Man" for his work on sanitary pads for developing countries. She

probes the lucrative business of plasma transfusions, in which the US is known as the "OPEC of plasma." And she looks to the future, as researchers seek to bring synthetic blood to a hospital near you. Spanning science and politics, stories and global epidemics, *Nine Pints* reveals our life's blood in an entirely new light. *Nine Pints* was named one of Bill Gates recommended summer reading titles for 2019.

The Age of Homespun

A Place for Everything

Essential Lessons from 21 Extraordinary People

Gospel Fluency

Stem Cells, Ethics, and Public Policy

'Absolutely fascinating. She writes with admirable honesty... It is a book I know I shall read again' Ruth Hogan, author of *The Keeper of Lost Things* What do our possessions say about us? Why do we project such meaning onto them? Only after her mother's death does Susannah Walker discover how much of a hoarder she had become. Over the following months, she has to sort through a dilapidated house filled to the brim with rubbish and treasures, in search of a woman she'd never really known or understood in life. This is her last chance to piece together her mother's story and make sense of their troubled relationship. What emerges from the mess of scattered papers, discarded photographs and an extraordinary amount of stuff is the history of a sad and fractured family, haunted by dead children, divorce and alcohol. *The Life of Stuff* is a deeply personal memoir about mourning and the shoring up of possessions against the losses and griefs of life, which also raises universal questions about what makes us the people we are.

flu-en-cy / noun :the ability to speak a language easily and effectively Even if they want to, many Christians find it hard to talk to others about Jesus. Is it possible this difficulty is because we're trying to speak a language we haven't actually spent time practicing? To become fluent in a new language, you must immerse yourself in it until you actually start to think about life through it. Becoming fluent in the gospel happens the same way—after believing it, we have to intentionally rehearse it (to ourselves and to others) and immerse ourselves in its truths. Only then will we start to see how everything in our lives, from the mundane to the magnificent, is transformed by the hope of the gospel.

Seeks to deconstruct the fundamental processes and biological substances that make up the human body, covering such topics as fat varieties, the role of cholesterol, how the stomach digests food, and the sources of energy.