

## ***The Uncertainty Of Hope***

ZJ's friends Ollie, Darry and Daniel help him cope when his father, a beloved professional football player, suffers severe headaches and memory loss that spell the end of his career.

New York Times Best Seller Named a Best Book of 2019 by Vogue and NPR's Maureen Corrigan "Freudenberger's brilliant and compassionate novel takes on the big questions of the universe and proves, again, that she is one of America's greatest writers."

--Andrew Sean Greer, Pulitzer Prize-winning author of *Less* An emotionally engaging, suspenseful new novel from the best-selling author, told in the voice of a renowned physicist: an exploration of female friendship, romantic love, and parenthood--bonds that show their power in surprising ways. Helen Clapp's breakthrough work on five-dimensional spacetime landed her a tenured professorship at MIT; her popular books explain physics in plain terms. Helen disdains notions of the supernatural in favor of rational thought and proven ideas. So it's perhaps especially vexing for her when, on an otherwise unremarkable Wednesday in June, she gets a phone call from a friend who has just died. That friend was Charlotte Boyce, Helen's roommate at Harvard. The two women had once confided in each other about everything--in college, the unwanted advances Charlie received from a star literature professor; after graduation, Helen's struggles as a young woman in science, Charlie's as a black screenwriter in Hollywood, their shared challenges as parents. But as the years passed, Charlie became more elusive, and her calls came less and less often. And now she's permanently, tragically gone. As Helen is drawn back into Charlie's orbit, and also into the web of feelings she once had for Neel Jonnal--a former college classmate now an acclaimed physicist on the verge of a Nobel Prize-winning discovery--she is forced to question the laws of the universe that had always steadied her mind and heart. Suspenseful, perceptive, deeply affecting, *Lost and Wanted* is a story of friends and lovers, lost and found, at the most defining moments of their lives.

This book presents the findings of a recent interview-based study of how 28 young adults living in Melbourne, Australia viewed and related to both the personal and societal future. In so doing it addresses issues such as how individuals imagine the future of their society, and whether this has any bearing on the way in which they perceive and relate to their own, personal future. The respondents' future imaginings are also considered in relation to influential theoretical accounts that have sought to diagnose the character of contemporary society, and with it the future horizon. Drawing on this discussion, some alternative ways of conceptualising micro experiences of future-oriented thinking are proposed, and the role that hope can play in this process is addressed. This book will appeal to readers who are interested in the sociology of risk and uncertainty, time, and youth.

From Anne Lamott, the New York Times bestselling author of *Dusk, Night, Dawn* and *Help, Thanks, Wow*, comes the book we need from her now: *How to bring hope back into our lives* "I am stockpiling antibiotics for the Apocalypse, even as I await the blossoming of paperwhites on the windowsill in the kitchen," Anne Lamott admits at the beginning of *Almost Everything*. Despair and uncertainty surround us: in the news, in our families, and in ourselves. But even when life is at its bleakest--when we are, as she puts it, "doomed, stunned, exhausted, and over-caffeinated"--the seeds of rejuvenation are at hand. "All truth is paradox," Lamott writes, "and this turns out to be a reason for hope. If you arrive at a place in life that is miserable, it will change." That is the time when we must pledge not to give up but "to do what Wendell Berry wrote: 'Be joyful, though you have considered all the facts.'" In this profound and funny book, Lamott calls for each of us to rediscover the nuggets of hope and wisdom that are buried within us that can make life sweeter than we ever imagined. Divided into short chapters that explore life's essential truths, *Almost Everything* pinpoints these moments of insight as it shines an encouraging light forward. Candid and caring, insightful and sometimes hilarious, *Almost Everything* is the book we need and that only Anne Lamott can write.

Thoughts on Reclaiming the American Dream

Untold Histories, Wild Possibilities

Coping with Cancer

The Certainty of Uncertainty

BRAVING UNCERTAINTY

A critical exploration of political violence in selected literary works

This collection explores the productive potential of uncertainty for people living in Africa as well as for scholars of Africa. Eight ethnographic case studies from across the continent examine how uncertainty is used to negotiate insecurity, create and conduct relationships, and act as a source for imagining the future.

How do you keep going when things fall apart? How do you find purpose and meaning in uncertainty? Build a resilient mindset immune to adversity. We all face common pain, difficulty, and insecurity. We live in an unpredictable environment we cannot control. The only way out of it is through it. Strengthening our resilience muscle and awakening the warrior in each of us has never been more important. This book offers practical tools to take control back of our lives. How do you prepare for the worst and expect the best without becoming too pessimistic? *Unshakable Resilience* is a guidebook on becoming someone who doesn't crumble when life gets hard. What is mental resilience? It is a state of mind relying on balanced habits, strong self-assessment skills, and the will to bounce back from any negative thought spiral into reality. This book will help you learn about each of these skills, and also how to put them into action with less than 10 minutes of practice a day. Build unshakable resilience. Zoe McKey is an internationally bestselling author. She uses a variety of sources in her writing including academic studies, scientific research, counseling, and her own life experience. She's lived alone since the age of 15, which shaped her mental strength, tenacity, resilience, and her perseverance in going forward despite life's adversities. Transform pain to wisdom, fear to courage, and loneliness to solidarity. - Overcome your obstacles while staying strong. - Uncover and break through your fears and excuses for taking action. - Practical tips to get grounded in times of uncertainty. - Learn to cope with any level of adversity. Build discipline to own your thoughts and prevent them from sabotaging you. - Understand and learn to control our four major fears. - Two guided meditation routines for a peace of mind. - Practical tips to de-escalate conflict at home. Life will never be without uncertainty, obstacles, or hardships. Resilience is essential for surviving and thriving in a world full of adversities. We all get knocked down. Would you like to learn how to get back up?

A patient is standing in the middle of the river. He gazes across the water to the city and the mountain above where the sun is setting. His back is turned to the hospital. The nurses are waiting for him patiently on the river bank. He seems uncertain whether to cross the river or to return. There is no danger. He is on the edge, in an in-between space, as is the hospital where I have worked as a specialist psychiatrist for over twenty-five years. For many of us, mental illness is shrouded in mystery, and our understanding of it largely influenced by misrepresentations in the media is often founded upon misconceptions and fear. In *Madness: Stories of uncertainty and hope*, Dr Sean Baumann, who has spent 25 years as a psychiatrist at Valkenberg Hospital in Cape Town, lifts the veil on madness, arguing for a more nuanced and empathetic understanding of mental illness. In this book, Baumann tells the stories of his patients and draws on his experiences working in the South African public health sector. Based on the authors personal encounters and interviews with persons dealing with various forms of psychoses, this book uncovers what it really means to suffer from, amongst others, schizophrenia, depression and bipolar disorder. We meet a man whose shoes can transport him to the moon, an elderly, aristocratic couple, and a young man who,

one day, goes into labour without warning. But there are also the first-hand accounts of people plagued by unknown enemies frightful external forces which control their every move and thought. Madness encourages a more inclusive way of making sense of mental health. Writing with sensitivity and empathy, Bauman draws on topics such as art, psychology, consciousness, free will and theories of the self to show that mental illness raises questions that affect us all especially the meanings we attach to being who we are.

' A patient is standing in the middle of the river. He gazes across the water to the city and the mountain above where the sun is setting. His back is turned to the hospital. The nurses are waiting for him patiently on the river bank. He seems uncertain whether to cross the river or to return. There is no danger. He is on the edge, in an in-between space, as is the hospital where I have worked as a specialist psychiatrist for over twenty-five years.' For many of us, what lies beyond conventional portrayals of mental illness is often shrouded in mystery, misconception and fear. Dr Sean Baumann spent decades as a psychiatrist at Valkenberg Hospital and, through his personal engagement with patients' various forms of psychosis, he describes the lived experiences of those who suffer from schizophrenia, depression, bipolar and other disorders. The stories told are authentic, mysterious and compelling, representing both vivid expressions of minds in turmoil and the struggle to give form and meaning to distress. The author seeks to describe these encounters in a respectful way, believing that careless portrayals of madness cause further suffering and perpetuate the burden of stigma. Baumann argues cogently for a more inclusive way of making sense of mental health. With sensitivity and empathy, his enquiries into the territories of art, psychology, consciousness, otherness, free will and theories of the self reveal how mental illness raises questions that affect us all. Madness is illustrated by award-winning artist Fiona Moodie.

Notes on Hope

Ethnographies of Uncertainty in Africa

An American Lyric

Almost Everything

Lost and Wanted

Living with Hope, Coping with Uncertainty

Beautiful Uncertainty

Goodreads Choice winner for Nonfiction 2021 and instant #1 bestseller! A deeply moving collection of personal essays from John Green, the author of *The Fault in Our Stars* and *Turtles All the Way Down*. "The perfect book for right now." –People "The Anthropocene Reviewed is essential to the human conversation." –Library Journal, starred review The Anthropocene is the current geologic age, in which humans have profoundly reshaped the planet and its biodiversity. In this remarkable symphony of essays adapted and expanded from his groundbreaking podcast, bestselling author John Green reviews different facets of the human-centered planet on a five-star scale—from the QWERTY keyboard and sunsets to Canada geese and Penguins of Madagascar. Funny, complex, and rich with detail, the reviews chart the contradictions of contemporary humanity. As a species, we are both far too powerful and not nearly powerful enough, a paradox that came into sharp focus as we faced a global pandemic that both separated us and bound us together. John Green's gift for storytelling shines throughout this masterful collection. The Anthropocene Reviewed is a open-hearted exploration of the paths we forge and an unironic celebration of falling in love with the world.

An intuitive and mathematical introduction to subjective probability and Bayesian statistics. An accessible, comprehensive guide to the theory of Bayesian statistics, *Principles of Uncertainty* presents the subjective Bayesian approach, which has played a pivotal role in game theory, economics, and the recent boom in Markov Chain Monte Carlo methods. Both rigorous and friendly, the book contains: Introductory chapters examining each new concept or assumption Just-in-time mathematics – the presentation of ideas just before they are applied Summary and exercises at the end of each chapter Discussion of maximization of expected utility The basics of Markov Chain Monte Carlo computing techniques Problems involving more than one decision-maker Written in an appealing, inviting style, and packed with interesting examples, *Principles of Uncertainty* introduces the most compelling parts of mathematics, computing, and philosophy as they bear on statistics. Although many books present the computation of a variety of statistics and algorithms while barely skimming the philosophical ramifications of subjective probability, this book takes a different tack. By addressing how to think about uncertainty, this book gives readers the intuition and understanding required to choose a particular method for a particular purpose.

An exquisite new literary voice—wryly funny, nakedly honest, beautifully observational, in the vein of Jenny Offill and Elizabeth Strout—depicts one woman's attempt to keep her four chickens alive while reflecting on a recent loss. "Full of nuance and humor and strangeness...[Polzin] writes beautifully about everything." —The New York Times Over the course of a single year, our nameless narrator heroically tries to keep her small brood of four chickens alive despite the seemingly endless challenges that caring for another creature entails. From the forty-below nights of a brutal Minnesota winter to a sweltering summer which brings a surprise tornado, she battles predators, bad luck, and the uncertainty of a future that may not look anything like the one she always imagined. Intimate and startlingly original, this slender novel is filled with wisdom, sorrow and joy. As the year unfolds, we come to know the small band of loved ones who comprise the narrator's circumscribed life at this moment. Her mother, a flinty former home-ec teacher who may have to take over the chickens; her best friend, a real estate agent with a burgeoning family of her own; and her husband whose own coping mechanisms for dealing with the miscarriage that haunts his wife are more than a little unfathomable to her. A stunning and brilliantly insightful meditation on life and longing that will stand beside such modern classics as *H is for Hawk* and *Gilead*, *Brood* rewards its readers with the richness of reflection and unrelenting hope.

The world is full of people who are very certain--in politics, in religion, in all manner of things. In addition, political, religious, and social organizations are marketing certainty as a cure all to all life's problems. But is such certainty possible? Or even good? *The Certainty of Uncertainty* explores the question of certainty by looking at the reasons human beings crave certainty and the religious responses we frequently fashion to help meet that need. The book takes an in-depth view of religion, language, our senses, our science, and our world to explore the inescapable uncertainties they reveal. We find that the certainty we crave does not exist. As we reflect on the unavoidable uncertainties in our world, we come to understand that letting go of certainty is not only necessary, it's beneficial. For, in embracing doubt and uncertainty, we find a more meaningful and courageous religious faith, a deeper encounter with mystery, and a way to build strong relationships across religious and philosophical lines. In *The Certainty of Uncertainty*, we see that embracing our belief systems with humility and uncertainty can be transformative for ourselves and for our world.

Hope, Risk and Uncertainty

The Way of Inescapable Doubt and Its Virtue

Don't Let Me Be Lonely

Finding Hope in Times of Uncertainty

Madness

A Flicker of Hope After the Uncertainty

### The Anthropocene Reviewed

This enduring economics text provided the theoretical basis of the entrepreneurial American economy during the post-industrial era. A revolutionary work, it taught the world how to systematically distinguish between risk and uncertainty.

An accessible and humane handbook for cancer patients and their loved ones. Every three minutes, someone is diagnosed with cancer. Despite this staggering statistic, advances in screening and treatment mean that there are now hundreds of thousands of people living with, and well past, a cancer diagnosis. What's often overlooked, however, is that even successful medical treatments frequently fail to fully account for the disease's emotional and psychological impact on patients and those close to them. Living with Cancer aims to address the information overload often described by those affected by cancer, providing a reliable and peer-reviewed resource written in accessible and jargon-free language. Featuring contributions from experts currently working at the forefront of cancer care and treatment, Living with Cancer is a compassionate handbook to help assist people with the terror of a diagnosis and eventually guide them toward justified hope.

For more than twenty years, Dr. Holland has pioneered the study of psychological problems of cancer patients and their families -- whom she calls "the real experts." In The Human Side of Cancer, she shares what she has learned from all of them about facing this life-threatening illness and what truly helps along the cancer journey. This book is the next best thing to sitting in Dr. Holland's office and talking with her about the uncertainty and anxiety elicited by this disease. And it is a book that inspires hope -- through stories of the simple courage of ordinary people confronting cancer.

We all wait -- in traffic jams, passport offices, school meal queues, for better weather, an end to fighting, peace. Time spent waiting produces hope, boredom, anxiety, doubt, or uncertainty. Ethnographies of Waiting explores the social phenomenon of waiting and its centrality in human society. Using waiting as a central analytical category, the book investigates how waiting is negotiated in myriad ways. Examining the politics and poetics of waiting, Ethnographies of Waiting offers fresh perspectives on waiting as the uncertain interplay between doubting and hoping, and asks "When is time worth the wait?" Waiting thus conceived is intrinsic to the ethnographic method at the heart of the anthropological enterprise. Featuring detailed ethnographies from Japan, Georgia, England, Ghana, Norway, Russia and the United States, a Foreword by Craig Jeffrey and an Afterword by Ghassan Hage, this is a vital contribution to the field of anthropology of time and essential reading for students and scholars in anthropology, sociology and philosophy.

Doubt, Hope and Uncertainty

Uncertainty, Anxiety, and Fear of Cancer Recurrence

Before the Day Ends

Words and Images of Australian Migrants from Lesbos

MADNESS

A Novel

Hope and Courage in Times of Uncertainty

An instant New York Times Bestseller! The new uplifting book from Matt Haig, the #1 New York Times bestselling author of The Midnight Library, for anyone in search of hope, looking for a path to a more meaningful life, or in need of a little encouragement. Named by The Washington Post as one of the best feel-good books of 2021. "It is a strange paradox: the clearest, most comforting life lessons are learnt while we are at our lowest. But then we never think about food when we are hungry and we never think about life rafts more than when we are thrown overboard." THE COMFORT OF MATTHEW HAIG'S life raft: it's a collection of notes, lists, and stories written over a span of several years that originally served as reminders to Haig's future self that things are not always as dark as they may seem. Incorporating a diverse array of ideas from across the world, history, science, and his own experiences, Haig offers warmth and reassurance, reminding us to notice and appreciate the beauty and unpredictability of existence.

A cancer diagnosis can lead to what feel like impossible questions: How can a person face the fear, sadness, and anxiety of being paralyzed by them? Is it possible to hold on to hope without being in denial? What is the best way to get needed help? This compassionate book presents dialectical behavior therapy (DBT), a proven psychological intervention that Marsha Linehan developed specifically for the impossible situations of life--and which she and Elizabeth Cohn Stuntz now apply to the unique challenges of cancer for the first time. Readers learn powerful skills for making difficult treatment decisions, managing overwhelming emotions, speaking up for their needs, tolerating distress, and living meaningfully, even during the darkest times. Every chapter blends professional expertise, personal stories, and the collective wisdom of other cancer patients and caregivers. Celebrated speaker, author, and coach Joe Bakhmoutski uses his lived experience with cancer and mental health struggles to share inspiration and advice on how to thrive despite the setbacks and challenges you might be facing today.

This coloring book provides imagery for those practicing Exposure Therapy, a unique type of therapy that aims to help people manage and understand their distress or discomfort. Each coloring sheet depicts a variation of fear in the artwork, accompanied by a description of symptoms experienced. There are many variations of OCD and Anxiety--this coloring book scratches the surface!--so if you do not experience OCD or a related Anxiety Disorder, I hope you become curious about Exposure Therapy and learn more about these disorders. If you do experience OCD or Anxiety, I hope this book causes you some relief and discomfort in true exposure form!

Finding Hope in the Middle of Uncertainty

Build Unbreakable Strength, Will, and Hope to Live Well in Times of Uncertainty

a case of Tagwira's The uncertainty of hope and Owuor's Dust

Risk, Uncertainty and Profit

Turning Fear and Doubt into Fuel for Brilliance

A Guide to Thriving in the Challenging World of Today

The Gift of Maybe

The Uncertainty of Hope Jacana Media Hope and Uncertainty in Contemporary African Migration Taylor & Francis

"So now faith, hope, and love abide, these three; but the greatest of these is love." (I Corinthians 13:13) For years I've missed the middle word in that list. Hope. I've tried so hard to have faith and love that I've neglected hope. I've gotten busy doing life and taken hope for granted. Marriage. Family. Friendship. Adoption. The hopelessness I've felt at times has been suffocating. But God has been faithful. The Gospel frees us to find hope in the middle of whatever we face. Jesus' death on our behalf rebuilds and renews all the hopelessly broken pieces. In Him we can find hope in the middle of uncertainty.

This volume examines the relationship between hope, mobility, and immobility in African migration. Through case studies set within and beyond the continent, it demonstrates that hope offers a unique prism for analyzing the social imaginaries and aspirations which underpin migration in situations of uncertainty, deepening inequality, and delimited access to global circuits of legal mobility. The volume takes departure in a mobility paradox that characterizes contemporary migration. Whereas people all over the world are exposed to widening sets of meaning of the good life elsewhere, an increasing number of people in the Global South have little or no access to authorized modes of international migration. This book examines how African migrants respond to this situation. Focusing on hope, it explores migrants' temporal and spatial horizons of expectation and possibility and how these horizons link to mobility practices. Such analysis is pertinent as precarious life conditions and increasingly restrictive regimes of mobility characterize the lives of many Africans, while migration continues to constitute important livelihood strategies and to be seen as pathways of improvement. Whereas involuntary immobility is one consequence, another is the emergence and consolidation of new destinations emerging in the Global South. The volume examines this development through empirically grounded and theoretically rich case studies in migrants' countries of origin, zones of transit, and in new and established destinations in Europe, North America, the Middle East, Latin America and China. It thereby offers an original perspective on linkages between migration, hope, and immobility, ranging from migration aspirations to return.

Jonathan Fields knows the risks-and potential power-of uncertainty. He gave up a six-figure income as a lawyer to make \$12 an hour as a personal trainer. Then, married with a 3-month old baby, he signed a lease to launch a yoga center in the heart of New York City. . . the day before 9/11. But he survived, and along the way he developed a fresh approach to transforming uncertainty, risk of loss, and exposure to judgment into catalysts for innovation, creation, and achievement. Properly understood and harnessed, fear and uncertainty can become fuel for creative genius rather than sources of pain, anxiety, and suffering. In business, art, and life, creating on a world-class level demands bold action and leaps of faith in the face of great uncertainty. But that uncertainty can lead to fear, anxiety, paralysis, and destruction. It can gut creativity and stifle innovation. It can keep you from taking the risks necessary to do great work and craft a deeply-rewarding life. And it can bring companies that rely on innovation grinding to a halt. That is, unless you know how to use it to your advantage. Fields draws on leading-edge technology, cognitive-science and ancient awareness-focusing techniques in a fresh, practical, non-dogmatic way. His approach enables creativity and productivity on an entirely different level and can turn the once-tortuous journey into a more enjoyable quest. Fields will reveal how to: Make changes to your workflow that unlock buried creative potential. Build "creation hives" -- supportive groups that can supercharge and humanize the process. Tap social technology and user co-creation to add clarity, certainty, and sanity, even if you're an artist or solo-creator. Develop a set of personal practices and mindset shifts that let you not just tolerate, but invite and even amplify, uncertainty as a catalyst for genius. Drawing on extensive case studies and research, Fields shares a set of detailed personal practices and environmental changes that can not only humanize the creative process, but also allow individuals and teams to stay more open to opportunity and play a bigger creative game.

A novel

Hope in the Middle

Lab Girl

Imagined Futures

The Comfort Book

An EXPOSURE COLORING BOOK for Those LIVING WITH OCD Or RELATED DISORDERS

Ethnographies of Waiting

***"[A] landmark book . . . Solnit illustrates how the uprisings that begin on the streets can upend the status quo and topple authoritarian regimes" (Vice). A book as powerful and influential as Rebecca Solnit's Men Explain Things to Me, her Hope in the Dark was written to counter the despair of activists at a moment when they were focused on their losses and had turned their back to the victories behind them—and the unimaginable changes soon to come. In it, she makes a radical case for hope as a commitment to act in a world whose future remains uncertain and unknowable. Drawing on her decades of activism and a wide reading of environmental, cultural, and political history, Solnit argues that radicals have a long, neglected history of transformative victories, that the positive consequences of our acts are not always immediately seen, directly knowable, or even measurable, and that pessimism and despair rest on an unwarranted confidence about what is going to happen next. Now, with a moving new introduction explaining how the book came about and a new afterword that helps teach us how to hope and act in our unnerving world, she brings a new illumination to the darkness of our times in an unforgettable new edition of this classic book. "One of the best books of the 21st century." —The Guardian "No writer has better understood the mix of fear and possibility, peril and exuberance that's marked this new millennium." —Bill McKibben, New York Times-bestselling author of Falter "An elegant reminder that activist victories are easily forgotten, and that they often come in extremely unexpected, roundabout ways." —The New Yorker***

**To seek, pursue, and fall in love with Jesus with radical abandon. Single Woman Mandy Hale shares with readers what can happen in their lives by praying this powerful prayer. She has shown women how important it is to be secure in singleness by being smart, strong, and independent. In this all new book, she will prompt readers to never settle and not miss out on the beauty that can be found in times of "waiting." The Single Woman Says: "Whether you're idling in stubborn sinfulness or walking in seeming never-ending singleness or living with any sort of waiting: Waiting for love, waiting for babies, waiting for marriage, waiting for a cure, or a miracle, or a sign, or for GOD . . . I hope my journey will make the wait a little easier and the uncertainty a little bit more beautiful." Starting with relationships, but going beyond into areas like career, friendships, and life, Mandy will guide readers through what you can achieve if you look beyond your current circumstances, never settle for less than what God has for you, and find beauty in the waiting.**

**From the author of *The Girls at 17 Swann Street* comes a "masterful story of tragedy and redemption" (Hala Alyan, author of *Salt Houses*) "written in soul-searing prose" (BookPage, starred review) about a young Syrian couple in the throes of new love on the cusp of their bright future when a travel ban rips them apart on the eve of their son's premature birth. Sama and Hadi are a young Syrian couple in love, dreaming of their future in the country that brought them together. Sama came to Boston years before on a prestigious Harvard scholarship; Hadi landed there as a sponsored refugee from a bloody civil war. Now, they are giddily awaiting the birth of their son, a boy whose native language will be freedom and belonging. When Sama is five months pregnant, Hadi's father dies suddenly, and Hadi decides to fly back to Jordan for the funeral. He leaves America, promising his wife he'll be gone only for a few days. On the date of his return, Sama waits for him at the arrivals gate, but he doesn't appear. As the minutes and then hours pass, she becomes increasingly alarmed, unaware that Hadi has been stopped by US Customs and Border Protection, detained for questioning, and deported. Achingly intimate yet poignantly universal, *No Land to Light On* is "a tense, moving novel about the meaning of home, the risks of exile, the power of nations, and the power of love" (Kirkus Reviews).**

**Each day presents many unique paths to explore and experience the remarkable world God has created. Before the Day Ends captures some of these moments in a series of reflections organized around seven opportunities where we can find hope and strength in times of uncertainty. A collection of questions has been included which can be used for a small group study or the reader's personal reflection. Within these pages, I hope you will find encouragement, enjoyment, humor, and perhaps a new perspective here and there.**

**Tucumán, Argentina**

**A critical examination of the literary representation of marriage in Neshani Andreas' *The purple violet of Oshaantu* and Valerie Tagwira's *the uncertainty of Hope***

**Finding Hope and Possibility in Uncertain Times**

**The Human Side of Cancer**

**Journeys of Uncertainty and Hope**

**Hope and Uncertainty in Contemporary African Migration**

**Uncertainty**

#1 NEW YORK TIMES BESTSELLER • Barack Obama's lucid vision of America's place in the world and call for a new kind of politics that builds upon our shared understandings as Americans, based on his years in the Senate "In our lowdown, dispiriting era, Obama's talent for proposing humane, sensible solutions with uplifting, elegant prose does fill one with hope."—Michael Kazin, *The Washington Post* In July 2004, four years before his presidency, Barack Obama electrified the Democratic National Convention with an address that spoke to Americans across the political spectrum. One phrase in particular anchored itself in listeners' minds, a reminder that for all the discord and struggle to be found in our history as a nation, we have always been guided by a dogged optimism in the future, or what Obama called "the audacity of hope." *The Audacity of Hope* is Barack Obama's call for a different brand of politics—a politics for those weary of bitter partisanship and alienated by the "endless clash of armies" we see in congress and on the campaign trail; a politics rooted in the faith, inclusiveness, and nobility of spirit at the heart of "our improbable experiment in democracy." He explores those forces—from the fear of losing to the perpetual need to raise money to the power of the media—that can stifle even the best-intentioned politician. He also writes, with surprising intimacy and self-deprecating humor, about settling in as a senator, seeking to balance the demands of public service and family life, and his own deepening religious commitment. At the heart of this book is Barack Obama's vision of how we can move beyond our divisions to tackle concrete problems. He examines the growing economic insecurity of American families, the racial and religious tensions within the body politic, and the transnational threats—from terrorism to pandemic—that gather beyond our shores. And he grapples with the role that faith plays in a democracy—where it is vital and where it must never intrude. Underlying his stories is a vigorous search for connection: the foundation for a radically hopeful political consensus. Only by returning to the principles that gave birth to our Constitution, Obama says, can Americans repair a political process that is broken, and restore to working order a government that has fallen dangerously out of touch with millions of ordinary Americans. Those Americans are out there, he writes—"waiting for Republicans and Democrats to catch up with them."

Maybe: A simple yet powerful mindset for coping with stress and worry Allison Carmen spent many years fighting a powerful addiction. It wasn't drugs, alcohol or fame. It was an addiction to certainty. If she didn't know what the future would bring - and who does? - she felt anxious and afraid. This decades-long struggle followed her through college, marriage, parenthood, and a successful law career. While everything seemed fine from the outside, Allison was in a constant battle that was unwinnable, sapping her energy, attention, and spirit. Until the day she discovered *The Gift of Maybe*. *Maybe* is a simple yet powerful philosophy that has transformed

Allison's life, and the life of her many clients (now that she has ditched her legal career and has become a successful life coach). The message is this: In the face of uncertainty, Maybe opens your mind and heart. It creates a little space for hope. It allows you to take a deep breath, stay in the present, and forge your own path. Many things in life are beyond our control, but the mindset of Maybe presents a simple, powerful way to stay connected to what's possible, and work to make it happen. It is just one change of perspective, but Maybe it changes everything!

National Bestseller Winner of the National Book Critics Circle Award for Autobiography A New York Times Notable Book Geobiologist Hope Jahren has spent her life studying trees, flowers, seeds, and soil. *Lab Girl* is her revelatory treatise on plant life—but it is also a celebration of the lifelong curiosity, humility, and passion that drive every scientist. In these pages, Hope takes us back to her Minnesota childhood, where she spent hours in unfettered play in her father's college laboratory. She tells us how she found a sanctuary in science, learning to perform lab work "with both the heart and the hands." She introduces us to Bill, her brilliant, eccentric lab manager. And she extends the mantle of scientist to each one of her readers, inviting us to join her in observing and protecting our environment. Warm, luminous, compulsively readable, *Lab Girl* vividly demonstrates the mountains that we can move when love and work come together. Winner of the American Association for the Advancement of Science/Subaru Science Books & Film Prize for Excellence in Science Books Finalist for the PEN/E.O. Wilson Literary Science Writing Award One of the Best Books of the Year: *The Washington Post*, *TIME.com*, *NPR*, *Slate*, *Entertainment Weekly*, *Newsday*, *Minneapolis Star Tribune*, *Kirkus Reviews* Leela knows all about second chances. She picked herself up from personal tragedy, and stepped up as the single mother of a teenage son, respected principal of an alternative school, and keeper of peace with her demanding parents. But when a chance meeting with an old flame rekindles forgotten passions, her well-ordered existence threatens to fall apart. Twenty years ago, Leela and Nandini had been each other's first loves, though life eventually took them in different directions. So when Nandini tumbles back into Leela's orbit, she is surprised at her instant attraction. They fall back into easy camaraderie and clandestine trysts. Leela knows that as long as they can keep it that way, it's fine. She can't afford to fall for Nandini. Of course, Leela falls in love, bringing her world tumbling down around her ears. Her son is embroiled in a crisis of his own, her mother is horrified that her daughter might be a lesbian, and an anonymous source threatens to out her at her place of work. In "respectable" middle-class India, the resulting social and professional ostracism would be instant. The only way to keep the shadow of scandal from consuming her is for Leela to walk away from Nandini. But doing that will destroy her.

*Living with Cancer*

*With Hope Amid the Uncertainty*

*Brood*

*The Audacity of Hope*

*Hope in the Dark*

*Before the Ever After*

*Unshakable Resilience*

**"Here, available for the first time in the UK, is the book in which Claudia Rankine first developed the 'American Lyric' form which makes her Forward Prize-winning collection *Citizenso* distinctive- an original combination of poetry, lyric essay, photography and visual art, virtuosically deployed. *Don't Let Me Be Lonely* is Rankine's meditation on the self bewildered by race riots, terrorism, medicated depression and television's ubiquitous influence. Written during George W. Bush's presidency in an America still reeling from the 9/11 attacks and charging headlong into war in Iraq, this is an early 21st-century work of great wit, intelligence and depth of feeling, with urgent lessons for the present."**

*Principles of Uncertainty*

*Essays on a Human-Centered Planet*

*No Land to Light On*

*Stories of Uncertainty and Hope*

*God's Waiting Room*

*A Period of unCertainty*

*The Uncertainty of Hope*