

## Get Free The Wild Book Outdoor Activities To Unleash Your Inner Child

# The Wild Book Outdoor Activities To Unleash Your Inner Child

Get close to nature with this outdoor project book for kids. This is the perfect gift for adventurous children, as they pl their way through 40 crafts and games to be done outside. You don't need to live near a forest or have a huge garden--have a go at these projects--the activities and crafts in the book can be done on-the-go, in your neighborhood, or at your local park. Discover the magic of the outdoors and get hands-on with activities that are perfectly suited for young children, as you collect treasure on a nature walk, learn to

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identify animals from their tracks, create wild art, whittle a magic wand from a stick, and build a twig teepee. There are also mindful games that encourage children to tune into their senses and feel connected to their surroundings.

Whether your child loves the great outdoors, or could benefit from spending more time away from screens, research shows that playing, learning, and being free in nature boosts children's development and helps them to grow in confidence. Get inspired by nature, be creative, and feel free. Get outdoors and have amazing real-life adventures with an inspirational guide from adventurer, world-record breaker, and British TV personality Helen Skelton. From kayaking the length of the Amazon to biking to the South Pole and

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running an ultramarathon across the Namib desert, Helen Skelton shares the stories of her most daring feats of endurance and grit in some of the world's most extreme wildernesses--overcoming challenges, embracing her fears, and finding the positives in the toughest situations. Alongside each exciting account are ideas for outdoor adventures readers can have closer to home, as well as gear lists, information about Helen's support teams, statistics, tips for physical and mental preparation, and a Wild Girl Wall of Fame featuring the diverse women who inspired Helen with their own achievements. A likable, no-nonsense tone paired with a combination of photographs and fun art will inspire young people to get outside and dream big.

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It's raining outside - let's get out and play! Don't huddle cooped up indoors on a bad weather day: wrap up in warm clothes or waterproofs and get out of doors for some fun. This book is bursting with wonderful ideas for having fun outdoors even in the most challenging weather! Imagine jumping in the biggest puddle you can find! Or running barefoot and feeling squidgy mud ooze up between your toes. Or running up the nearest hill to feel the wind try to carry you away! Go on an animal hunt and find the creatures that come out in the wet, or fly a kite in the wind and catch falling leaves! Take your camera into a white wintry world and see how many different icy patterns and shapes you can find. There are loads of exciting and creative things you can

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do in the natural world when the weather's wild...so don't wait for the sun, take this book with you and go outdoors a wild weather adventure!

50 savvy skills for outdoor adventurers. This trusty guide teaches you all the essential skills you need to survive in the wild, from building a shelter to making a fire. Forest school practitioner Richard Skrein shares his expertise and enthusiasm for the outdoors through easy-to-understand instructions, illustrated with captivating drawings by Maria Nilsson. The book is divided into four main chapters reflecting the elemental skill sets: Earth - this chapter focuses on toolcraft, foraging and natural resources. Learn how to make a bow, arrows and a mallet; identify essential

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plants and trees and their medicinal properties. Air – this chapter focuses on shelters, knots, navigation and the sky. Learn the secrets of selecting the perfect wilderness camp; master knots and lashings; and discover how to read nature's 'GPS'. Water – this chapter focuses on finding, drinking and using water, fishing and rafts. Learn how to purify water for drinking; suss out the skills needed to fashion a fishing rod; and make a sail for your handmade raft. Fire – this chapter focuses on making and using fire and cooking food. Master the art of building a fire, set your own signal fire and build a Swedish fire log. The book also explains the items you need to ensure your rucksack is kitted out with the best equipment for exploring. With extra tips

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and a rundown of useful tools, you'll find everything you need to get out there, have an adventure and survive the great outdoors.

Kids in the Wild

The Wild Weather Book

Get Messy, Get Wet, Build Cool Things, and Have Tons of Wild Fun! 51 Free-Play Activities

The Wild Year Book

Outdoor Activities for Children

The Wild Book

Outdoor Book IR

***Girls belong outdoors! This handbook***

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*covers everything you need to get outside, including ideas for what to do, camping and hiking basics, body stuff in the wilderness, advanced skills like maps, weather, and first aid, as well as recipes, projects, activities, and profiles of inspiring outdoorswomen. Your definitive guide to getting outside--for girls ages 9-12! In addition to basic outdoor skills, this entertaining guidebook includes easy camping recipes, outdoor projects*



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*including science experiments and crafts, fun activity suggestions, and inspiring stories of diverse historical and contemporary outdoorswomen (such as Arunima Sinha, the first amputee woman to summit Mount Everest; Juliette Gordon Low, founder of the Girl Scouts; and Libby Riddles, first woman to win the Iditarod). The goal is to improve the quality of girls' outdoor time by increasing participation and independence, making them feel*

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*comfortable and safe, and giving them essential skills and knowledge.*

*Charming and approachable, this book will encourage both reluctant campers and budding naturalists to go wild and embrace the outdoors.*

*There are times when keeping your young children occupied and entertained can be a real challenge, no matter how super-organized or imaginative your parenting skills. This is where The Big Book of 100 Outdoor Activities, a*

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*bumper book of boredom-busting fun, comes in. The aim is to provide parents with loads of simple and quick activities and creative ideas, to engage and entertain their children and encourage them to learn more about their natural environment. Activities are grouped into eight handy sections: Wildlife Spotting In the Garden Messy Makes Arts and Crafts Games Rainy Day Activities Outdoor Cooking Music Dressing up Each one is packed with*

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*things to do that range from spur-of-the-moment creative play, involving little or no preparation, to mini projects with step-by-step instructions. No matter what your preschooler is into, there will be something to stimulate their senses. These are just a few of the ingenious ideas: making a baking soda rocket, painting with fruit, growing your own pizza toppings, feather printing and making a bug hotel to cooking smores,*

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*pressing flowers, leaf rubbing and wildlife spotting.*

*Provides practical information for introducing children to wilderness adventures, suggests nature activities, and discusses child's gear and safety issues*

*The benefits of being outdoors in a leisure context are widely acknowledged across a range of disciplinary perspectives (including tourism, therapeutics, education and*

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*recreation). These benefits include the development of: health and wellbeing; social skills; leadership and facilitation skills; personal, emotional and reflective abilities; confidence and identity creation. Drawing on a variety of perspectives, geographies and approaches, this book explores the opportunities that leisure in the outdoors provides for learning, developing and challenging. The authors in this collection challenge dominant*

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*discourses of outdoor leisure through their selection of outdoor activities, theoretical approaches and modes of representation. All offer fresh insights and thinking into how leisure in the outdoors can be understood. The book covers a range of outdoor conceptualisations that challenge the reader to think deeply and broadly about the common threads which bind the broad field of outdoor leisure together. The experiences explored in*

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*this book range from suburban outdoors to wild places, surfing to mindful reflection, and trail walking to Nordic skiing, and encompass a broad spectrum of people.*

*50 Things to Do in the Wild*

*Food for Your Outdoor Adventures*

*The Girl Outdoors*

*Backyard Adventure*

*Wild Nights Out*

*Wild Girl*

*My Nature Journal and Activity Book*



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Young people these days are often homebound, entertaining themselves with the Internet, television, video games, and text messages, but completely disconnected from the reality of the great outdoors. Many have never experienced simple pleasures such as telling stories around a warm campfire, camping outdoors, or whittling a stick. Go Wild! is the perfect book for families with children ages 10 to 14 wanting to get in touch with the natural world. The authors describe a range of wild and fun adventures for families to share. Readers learn potentially life-saving skills that give them confidence, independence, and a sense of environmental awareness. Topics include building

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shelter, building a fire, foraging for food, cooking outdoors, tools and weapons, bushcraft skills, water and keeping clean, and safety. From making a catapult to catching crayfish, creating fire without matches to constructing a tepee, Go Wild! is all about thrilling activities, amazing discoveries, and young people having the time of their lives in the great outdoors.

Boy and Bear both love to explore the outdoors. There are so many neat things to see, and so many strange things to find. These explorers are prepared for anything . . . except each other! When Bear and Boy meet in the woods, they're scared at first. Really scared. But soon these kings of the wild realize that no

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mountain is too big to conquer if you have a friend to climb it by your side. Praise for Explorers of the Wild "[An] exquisite book . . . [with] ravishing art." -- USA Today Praise for To the Sea "A whale's tale that dives deep and surfaces with useful lessons about making, keeping, and helping friends." -- Kirkus Reviews "An unusual and appealing story about friendship." -- School Library Journal

The companion to The Call of the Wild + Free: styled in the lush aesthetic of the Wild + Free brand, a four-color book offering outdoor activities and essays, that parents, educators, and caregivers can use to inspire their children. Wild and Free Nature is a beautiful, four-color

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resource book for parents, educators, and caregivers to enjoy doing hands-on activities outside with kids. One of the core philosophies behind Wild + Free is the belief that nature is the best classroom we could ever hope for. It unlocks the imagination and inspires creativity in ways that a schoolroom never could. Being out in nature has a number of benefits. Studies show that children are more likely to interact with kids of different ages and learn to problem solve in natural settings. Being in natural settings stimulates the brain and restores cognitive function. Children who spend time in natural settings also interact better with kids of all ages and learn to solve problems more easily. They build muscle

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and coordination and fend off obesity. It cultivates a sense of responsibility for caring for the earth, not to mention, encourages imaginative play, curiosity, and other qualities necessary to spark a love for investigation and learning. This resource book will help equip parents and adults who work with children to get them outdoors with activities such as: Build a treehouse in the woods. Cultivate a garden plot. Make land art and nature crafts. Create a mud kitchen in the backyard. Go for a nature walk each morning. Find a secret swimming hole. Go to the creek to learn about the water cycle. Plant a garden to see what will grow in your backyard. Raise monarch caterpillars and feed them milkweed

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until they transform into butterflies. Set up a birdwatching station in your front window equipped with binoculars, notebooks, and bird guides. Make a wilderness fort with the fallen branches from trees. With the same lush photography as *The Call of the Wild + Free*, this book includes step-by-step pictures that show parents how to do the activity, and essays on the importance of nature in a child's life.

A trailblazing environmental educator raised his children in the heart of nature. His story shows other parents how they can counter today's pervasive "nature deficit." Updated with new essays. When David Sobel's children, Tara and Eli, were toddlers, he set out to

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integrate a wide range of nature experiences into their family life, play, and story telling. Blending his passion as a parent with his professional expertise, he created adventures tailored to their developmental stages: cultivating empathy with animals in early childhood, exploring the woods in middle childhood, and devising rites of passage in adolescence. Wild Play is Sobel's vivid and moving memoir of their journey and an inspiring guide for all parents who seek to help their children bond with the natural world. Through this family's experiences, we observe how free play in nature hones a sense of wonder, provides healthy challenges, and nurtures earth stewardship. "Parents need to

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support kids' access to independent outdoor play," says Sobel. "Of course they should use judgment, but the benefits outweigh the risks." Richard Louv's Last Child in the Woods identified the urgent problem of "nature deficit" in today's children, sounding the alarm for parents, educators, and policy-makers. Wild Play is a hopeful response, offering families myriad ways to blaze their own trails.

Leisure Activities in the Outdoors  
28 Activities to Make Books Come Alive  
Learning, Developing and Challenging

Dirty Gourmet



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### Muddy Boots

#### Kids' Outdoor Adventure Book

*When children are outside and interacting with nature, they learn lots about the world through fun, creativity and skill building. Tiny Explorers: Into the Wild is the first book in a series of beautifully illustrated activity books for children of all ages. With over 33 activities and heaps of ideas for outdoor fun, children will engage with nature like never before. They will learn how to watch wildlife, make nature-inspired art and so much more. This is the perfect way to keep even the*

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*tinest of explorers entertained for hours. Each activity is carefully categorised so that you can see how much time, mess and skill it will involve, and the watercolour illustrations compliment the step-by-step activities perfectly. Loved this book? Want to find a way to store all of your memories and creations? Check out the companion workbook - Tiny Explorers: Into the Wild: Build Your Own Nature Journal.*

*From Wild + Free, a wonderful collection of creative activities for parents, educators, and caregivers filled with engaging and fun ideas to*

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*help kids fall in love with literature and reading. Foster a love of reading in your child with Wild + Free Book Club. An invaluable educational resource curated by Wild + Free families around the world, this full-color illustrated book offers imaginative suggestions for creating themed book clubs for kids. Here are hands-on activities, games, food, and decoration ideas inspired by a carefully chosen list of beloved classic novels, as well as discussion questions about plots and themes that engage kids minds and sparks their curiosity. Wild + Free Book Club is filled with fun ideas for each*

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*book, including: Anne of Green Gables—host a picnic tea party The Secret Garden—craft a terrarium, a secret garden of your own Charlotte's Web—host an old-time country fair The Lion the Witch and the Wardrobe—turn your front door into a magical portal to Narnia With step-by-step instructions, lush photography, and family-tested and kid-approved activities, Wild + Free Book Club will help parents and educators inspire children and instill a lifelong passion for literature and the joy of books. The Wild + Free Book Club reading list: The Adventures of Tom Sawyer Anne of Green*

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*Gables Around the World in 80 Days Black Beauty Charlotte's Web The Crossover Esperanza Rising The Evolution of Calpurnia Tate Farmer Boy From the Mixed-Up Files of Mrs. Basil E. Frankweiler The Green Ember Heidi The Hobbit Island of the Blue Dolphins The Lion, the Witch and the Wardrobe Little House in the Big Woods A Little Princess Little Women Mrs. Frisby and the Rats of NIMH My Side of the Mountain Peter Pan Pippi Longstocking Robin Hood Roll of Thunder, Hear My Cry The Secret Garden The Swiss Family Robinson Treasure Island The Vanderbeekers of*

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### *141st Street*

*An adventurous best mate in book form, The Girl Outdoors offers up support and knowledge and empowers the reader, whether she's thinking about cycling the length of Vietnam or just needs some help fixing her bike. Packed with stunning photography, the book is organised into four main parts: - Active Outdoors, showing you how to get to grips with the wildest activities on land and water. From mountain biking to climbing and surfing to kayaking, not forgetting night hiking and paddleboard yoga! - Wild Adventures, taking*

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*you that bit further with your outdoor skills, from canoe camping to cycle touring, building your own wild house and holding mini festivals - Wild Cooking, Crafts and Wellbeing looks at the everyday wild lifestyle, showing you how to build a fire, easy foraging, growing your own fruit and veg, getting to grips with outdoor photography and keeping up energy levels with delicious recipes - Wanderlust takes it further, giving sensible advice on planning for weekends away and longer trips, essential kit lists and tips on long-term backpacking and travelling, as well as working and*

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*volunteering abroad Scattered throughout there are enticing ideas for fabulous adventures all over the world, from canoe camping in Canada to hiking in the Arctic Circle. Whether it's going on a physically-demanding adventure or making cordial from homegrown flowers, this beautiful book is packed with inspiring and attainable ideas for the wild life.*

*"A fun, inventive adventure guide about helping children explore nature after dark . . . Its activities are a great excuse to turn off the television, set down smartphones, and explore the rich,*



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*mysterious world just beyond the back door."—Foreword Reviews The go-to guide for exploring nature at night, whether on summer holidays, weekends away or even back garden adventures! Foreword by Chris Packham, author, naturalist, and BBC presenter Learn how to call for owls, walk like a fox and expand your sensory perceptions. Wild Nights Out is a wonderful new hands-on guide for those who wish to take kids (of all ages) outdoors for fun, thrilling nighttime nature adventures. Parents, grandparents, teachers and nature educators alike will discover a*

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*wealth of unique activities to explore the natural world from dusk till dawn. Alongside games, walks and exercises to expand our senses, storyteller and outdoor educator Chris Salisbury will bring this unexplored nocturnal dimension to life with lore about badgers, bats and minibeasts as well as tales of the constellations and planets to share around the campfire. In Wild Nights Out you can expect to find: 25 fun and informative games and activities  
Practical information on how to conduct night walks safely  
Animal facts and stargazing stories  
Beautiful black-and-white illustrations throughout*

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*Nature has so much to offer at night, so let Wild Nights Out be your guide to the dark. It will boost the resilience and self-confidence of children and adults, and instill a lifelong love of having fun in the outdoors when the sun goes down.*

*Loads of things to do outdoors in rain, wind and snow*

*Wild and Free Nature*

*Into the Wild: Outdoor Activities, Play Ideas and Fun*

*The Stick Book*

*Your Complete Outdoor Handbook*

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*The Wild Girl's Guide to Adventure, Travel and Wellbeing*

*A Family Guide to Outdoor Recreation*

*Make This Book Wild is a fun children's scrapbook filled with creative activities to help children connect with nature.*

*DOWNLOAD THREE FREE SAMPLE RECIPES FROM DIRTY GOURMET More than 120 deliciously modern recipes for day trips, car camping, and backcountry adventures Offers a fun and easy approach to planning and prepping camp food The Dirty Gourmet authors were recently featured in Sunset magazine and other*

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*national media “Dirty Gourmet” is really a lifestyle, one that celebrates delicious food, warm company, and outdoor fun. It emerged as a website and blog when friends Aimee Trudeau, Emily Nielson, and Mai-Yan Kwan joined forces to share their love of wilderness, outdoor education experiences, and knowledge of backcountry cooking through classes, workshops, catering events, and easy yet exciting recipes. Now, their new book, Dirty Gourmet: Food for Your Outdoor Adventures, extends their mission to get more people to eat well outdoors and have fun doing it! It emphasizes healthy eating with*

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*fresh ingredients, efficient techniques, and global flavors. Breakfast, trail meals, sweet and savory snacks, dinners, appetizers, side dishes, desserts, even refreshing camp drinks—it's all here! Camp cooks can choose recipes based on the type of activity they are pursuing—from picnics, day hikes, and car camping to backcountry adventures by foot, bike, or paddle—as well as find recipes perfect for large groups. Recipes are organized by activity: Car campers can relax around the fire with Ember Roasted Baba Ghanoush and Mason Jar Sangria before diving into One Pot Pasta Puttanesca and Grilled*

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*Green Bean Salad, with Maple Syrup Dumplings for dessert. Day hikers will want to take a break on the trail with Spicy Tofu Jerky and Curried Chickpea Salad or maybe a Pressed Sandwich with Sundried Tomato Pesto.*

*Backpackers can start their day with Fried Grits Scramble with Greens, Leeks, and Bacon and recharge in the evening with Soba Noodles with Sweet Chili Chicken and a Hibiscus Chia Cooler. To simplify packing and planning, each section offers a base kit checklist of needed supplies along with tips on getting organized, preparing ingredients, and cooking with different methods. Complemented by full-*

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*color photos, each recipe features insights from the authors, any additional tools needed, quick-reference icons, step-by-step instructions for what to prepare at home and in camp, plus creative variations.*

*Perfect for inspiring kids to get out in the fresh air, this brilliant book is crammed full of outdoor activities and fun for children. As well as gaining some simple survival skills, children will learn more about the world around them and their place within it. Practical, creative and educational, the tasks concentrate on leaving only a positive trace, while enjoying the*



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*great outdoors.*

*In a world in which we're never far from our phones or tablets, computers or consoles, we can often be blind to the joy that can be found in the great outdoors. We're building worlds in Minecraft when we could be building a raft; we're watching the latest Netflix show when we could be gazing at the stars; we're idly scrolling on social media when we could be strolling through woodlands; we're internet shopping when we could be panning for gold. Our phones may be smarter, but our experiences have shrunk down to the size of the screens in front of our eyes. The Wild*

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*Book is here to re-acquaint us with the wonders that await in the outside world. Beautifully produced, full of fun, easy-to-do games and activities - including how to make sloe gin, climb trees, build a fire, identify different cloud formations and make a shelter - this is the ultimate book to unleash your inner child.*

*The Big Book of 100 Outdoor Activities  
Make it Wild!*

*Things to do outdoors through the seasons  
The Call of the Wild and Free  
Supplemental Book #2*

*Loads of things you can make or do with a*

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*stick*

*A Girl's Guide to the Wild*

This book has lots and lots of activities to do outdoors, wherever you are or whatever the weather - by the sea or on a riverbank, in the woods, in your garden, when it's sunny or raining, or even at night. Activities include making a shelter from branches and leaves, going on a nighttime nature walk, marking out trails to follow, making your own map, exploring a rock pool, and even cooking over a campfire.

Nature is a destination, but you don't have to travel anywhere to find it. Just open the door and step outside. A fun, hands on approach to getting involved in nature, *The Kids' Outdoor Adventure Book* is a year-round how-to activity guidebook for getting kids outdoors and exploring nature, be it catching fireflies

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in the cool summer evenings; making birdfeeders in the fall from peanut butter, pine cones, and seed; building a snowman in 3 feet of fresh winter snow; or playing duck, duck, goose with friends in a meadow on a warm spring day. The Kids' Outdoor Adventure Book includes 448 things to do in nature for kids of all ages--more than one activity for every single day of the year. Each of the year's four seasons includes fifty checklist items, fifty challenge items, three each of projects, destinations, garden recipes, and outdoor games. Throughout the book, you'll also find fascinating facts, useful tips and tricks, and plenty of additional resources to turn to. Complete with whimsical, vibrant illustrations, this book is a must for parents and their kids.

Let your imagination run wild with over 100 magical outdoor adventures in this fantastical activity book. Track dragons, brew

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witches' potions, build snow unicorns, discover trolls, and bring tree monsters to life and lots more as you get creative, learn new skills and take a giant leap into the world of Wild Things!

For women who enjoy hiking, camping, backpacking, and other outdoor recreation or those inspired by Cheryl Strayed's *Wild*, this is the definitive guide to being a woman in the great outdoors. This friendly handbook covers the matters of most concern to women from "feminine functions" in the wilderness to how to deal with condescending men, as well as the basics of wilderness survival tailored to women's unique needs. It includes gear lists in addition to advice for camp setup, fire building, food and water, safety, weather, and navigation.

448 Great Things to Do in Nature Before You Grow Up  
Around the World with Survivorman

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Changing the Face of the Outdoors

Wild Play

The Big Book of Nature Activities

Go Wild!

Wild Days

Make it Wild! shows how children can enjoy the endless opportunities offered by wild places. Looking at what nature has to offer, they explore the potential of diverse raw materials such as snow, leaves, and sticks and suggest how to work with them. The book

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demonstrates how to use nature's free, renewable resources to make anything from a clay monster to an ice lantern or flaming balloons. Making things outdoors involves creativity and imagination, as well as learning how to solve practical problems, how to work together, the need to see a process through from start to finish, and the safe use of potentially dangerous tools – all of which help children acquire the skills they need to cope with the

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world and develop a commonsense understanding of the way it works. A fun-filled outdoor activity book, based on four bestselling picture books by Julia Donaldson and Axel Scheffler.

- Chronicles the first all-African American summit attempt on Denali, the highest point in North America
- Part adventure story, part history, and part argument for the importance of inspiring future generations to value nature

The nation's wild places—from



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national and state parks to national forests, preserves, and wilderness areas—belong to all Americans. But not all of us use these resources equally. Minority populations are much less likely to seek recreation, adventure, and solace in our wilderness spaces. It's a difference that African American author James Mills addresses in his new book, *The Adventure Gap: Changing the Face of the Outdoors*. Bridging the so-called “adventure gap” requires role

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models who can inspire the uninitiated to experience and enjoy wild places. Once new visitors are there, a love affair often follows. This is important because as our country grows increasingly multicultural, our natural legacy will need the devotion of people of all races and ethnicities to steward its care. In 2013, the first all-African American team of climbers, sponsored by the National Outdoor Leadership School (NOLS), challenged

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themselves on North America's highest point, the dangerous and forbidding Denali, in Alaska. Mills uses Expedition Denali and its team members' adventures as a jumping-off point to explore how minority populations view their place in wild environments and to share the stories of those who have already achieved significant accomplishments in outdoor adventures—from Mathew Henson, a Black explorer who stood with Peary at the

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North Pole, to Kai Lightner, a teenage sport climber currently winning national competitions. The goal of the expedition, and now the book, is to inspire minority communities to look outdoors for experiences that will enrich their lives, and to encourage them toward greater environmental stewardship.

Adventures, games and crafts to get you outdoors all the year round. Playing outdoors should be an essential part of

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growing up; developing your imagination, keeping fit and letting the wild world weave its magic spell on you. In The Wild Year Book, Fiona and Jo have selected 70 of their favourite activities to help you enjoy spending time outdoors, season by season. Perhaps you'll want to play camouflage games in Spring and make enormous bubbles in the summer, challenge your friends to a foraging bake-off in the autumn, or create ice mobiles in the

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winter. With this book you will never be short of inspiration! Over 100,000 copies sold of Fiona and Jo's Going Wild series.

101 Things to Do Outdoors Before You Grow Up

Wild Outside

In the Wild Activity Book

An eBook with Audio

101 Things to Make and Do Outdoors

Adventure Tourism and Outdoor

Activities Management

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Explorers of the Wild

No child can walk through a puddle of mud without a gigantic smile, and while the stuff might be the spring-time bane of grownups, children just love mud. Muddy Boots targets kids and families who value outdoor exploration and grandparents who long for their grandchildren to have the same unfettered time in nature as they did. The book features a wide range of hands-on activities for kids, including mud play, forts, animal tracking and forest wisdom, foraging,

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insects and worms, bird watching and bird feeding, and many small things for kids to make. Although not primarily about mud, the activities do encourage all hands to get dirty as they explore the world around them.

Allow your children to experience the adventure, freedom, and wonder of childhood with this practical guide that provides all the information, inspiration, and advice you need for creating a modern, quality homeschool education. Inspired by the spirit of Henry David Thoreau—"All good things are wild and



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free”—mother of five Ainsley Arment founded Wild + Free. This growing online community of mothers and families want their children to receive a quality education at home by challenging their intellectual abilities and nurturing their sense of curiosity, joy and awe—the essence of a positive childhood. The homeschool approach of past generations is gone—including the stigma of socially awkward kids, conservative clothes, and a classroom setting replicated in the home. The Wild + Free movement is focused on a love of

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nature, reading great books, pursuing interests and hobbies, making the entire world a classroom, and prolonging the wonder of childhood, an appealing philosophy that is unpacked in the pages of this book *The Call of the Wild and Free* offers advice, information, and positive encouragement for parents considering homeschooling, those currently in the trenches looking for inspiration, as well as parents, educators, and caregivers who want supplementary resources to enhance their kids' traditional educations.

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View more details of this book at  
[www.walkerbooks.com.au](http://www.walkerbooks.com.au)

Fiona Danks and Jo Schofield are back with more wonderful ideas for fun outdoors even in the most challenging weather! Imagine - jumping in the biggest puddle you can find! - Or running barefoot and feeling squidgy mud ooze up between your toes! - Or run up the nearest hill to feel the wind try to carry you away! When it's wet, or windy or cold, there's no need to stay cooped up indoors; it's a great opportunity to rush outside for some fun. - Go

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on an animal hunt and find the creatures that come out in the wet. - Fly a kite in the wind and catch falling leaves. - Take your camera into a white world and see how many different icy patterns and shapes you can find. There are loads of exciting and creative things you can do in the natural world when the weather's wild. So don't wait for the sun: take this book with you and go outdoors for a wild weather adventure!

The Nature Adventure Book  
Outdoor Play for Young Adventurers

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The Gruffalo and Friends Outdoor Activity Book

Wild and Free Book Club

Wild Girl: How to Have Incredible Outdoor Adventures

Reclaiming the Wonder in Your Child's Education, A New Way to Homeschool

The Adventure Gap

An resource for those wishing to understand the driving factors behind the operation of an adventure tourism company, this textbook offers guidance on how to deliver a profitable and sustainable product. The importance of

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changing markets, technology and corporate social responsibility, including environmental impacts and climate change, are discussed in the context of managing an adventure tourism firm. To remain profitable, companies must address these issues along with the important aspects of risk and safety. Key features include: - Case studies from successful professionals in the industry. - Consideration of the development of sustainable adventure tourism. - Guidance on managing products and customers."

"A wealth of ideas for adults to engage children and themselves in the wonders of the natural world with suggested activities for all seasons."?Robert Bateman,

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artist and author of *Life Sketches: A Memoir* The Big Book of Nature Activities is a comprehensive guide for parents and educators to help youth of all ages explore, appreciate, and connect with the natural world. This rich, fully illustrated compendium is packed with crafts, stories, information, and inspiration to make outdoor learning fun! The Big Book of Nature Activities features:

- Nature-based skills and activities such as species identification, photography, journaling, and the judicious use of digital technology
- Ideas, games, and activities grounded in what's happening in nature each season
- Core concepts that promote environmental literacy, such as climate change and the mechanisms and wonder of

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evolution, explained using a child-friendly, engaging approach · Lists of key species and happenings to observe throughout the year across most of North America

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The companion to The Call of the Wild and Free: a beautiful, full-color illustrated "boho-chic" workbook, styled in the aesthetic of the Wild + Free brand, offering crafts, activities, essays, prompts, and more parents, educators, and caregivers can use to inspire their children. Wild + Free is an online community started by Ainsley Arment, mom and homeschooler of five, who



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was inspired by the spirit of Henry David Thoreau: "All good things are wild and free." The Wild + Free method is grounded in providing children a quality education, but equally important, ensuring that they experience the adventure, freedom, and wonder of childhood. Modeled after the booklets sent to Wild + Free monthly subscribers, and including contributions from others in the Wild + Free community, this full-color supplemental resource is filled with creative and intellectually stimulating ideas and hands-on activities parents, educators, and caregivers can use to nurture their child's curious spirit and imagination. This visually arresting resource is organized around helpful themes

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such as "Wander," "Belong," "Family," and more. This modern primer includes 100 beautiful and inviting photographs, thematic essays, how-to activities, crafts, and helpful guided experiences any family can use. This Wild + Free Supplemental book is ideal for homeschooling parents as well as parents and caregivers looking for extra activities and ideas to stimulate the imaginations of traditionally educated children after school, on weekends, or during vacations.

The Magic of Exploring the Outdoors After Dark  
A Woman's Guide to the Wild  
Be an Adventure-Seeking Outdoor Explorer!  
Tiny Explorers

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Wild Things

Outdoor Activities to Unleash Your Inner Child  
A 21st Century Toolkit

*The stick is a universal toy. Totally natural, all-purpose, free, it offers limitless opportunities for outdoor play and adventure and it provides a starting point for an active imagination and the raw material for transformation into almost anything! As New York's Strong National Museum of Play pointed out when they selected a stick for inclusion in their National Toy Hall of Fame, 'It can*

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*be a Wild West horse, a medieval knight's sword, a boat on a stream, or a slingshot with a rubber band . . .'* In this book Fiona Danks and Jo Schofield offer masses of suggestions for things to do with a stick, in the way of adventures and bushcraft, creative and imaginative play, games, woodcraft and conservation, music and more.

*Join TV's Survivorman on twelve edge-of-your-seat adventures as he proves anyone can be an outdoor explorer. From surviving a frigid night in northern Canada to*

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*munching on grubs in the Australian Outback, Les Stroud's passion for the outdoors has driven him to some of the planet's most remote and beautiful locations. In Wild Outside, he invites readers into his world of wilderness adventures with fast-paced stories, nature facts, and practical advice for spending time outside. Featuring kid-friendly activities and tips like how to safely observe wildlife, Stroud shows readers that adventure awaits everywhere—whether in a jungle or a city park. Andrew P.*

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*Barr's dramatic illustrations amp up the excitement alongside photos of Survivorman's adventures.*

*The backyard has long been a space associated with recreation and relaxation, a private patch of earth to escape to, and a springboard for the imagination. In her signature style and drawing on her personal experience as a mother, gardener, and author, Amanda Thomsen encourages kids to create kingdoms of their own making, right in their own backyards. With whimsical projects for every season and*

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*any setting, from forest to pavement, fun-seeking kids and their families will rediscover the yard as a place for inspired play, using repurposed materials and existing features of outdoor spaces. Whether they're creating tiny gardens inhabited by action figures, weaving a secret hideaway out of a loom of twine and twigs, or setting sidewalk cracks on fire with Coffeemate, Backyard Adventure lets kids of all ages turn their yards into a place they can call their own.*

*Make This Book Wild*

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*25 Outdoor Adventures for Kids to Explore, Discover, and Awaken Their Curiosity*  
*Parenting Adventures in the Great Outdoors*  
*A Year-Round Guide to Outdoor Learning*