

Trekking On A Trail Hiking Adventures For Kids

"Witty, wise, and full of heart, Gail Storey's winning memoir of her hike on the Pacific Crest Trail at the age of fifty-six is a book for every one who ever dreamed of taking the road less traveled. I Promise Not to Suffer is as inspiring as it is hilarious, as poignant as it is smart. It's one of those oh-please-don't-let-it-end books. I'd carry it in my backpack anywhere."—Cheryl Strayed, author of Wild [CLICK HERE to download the first 50 pages from I Promise Not To Suffer](#) (Provide us with a little information and we'll send your download directly to your inbox) With comfortable urban lives in Houston, Texas, and career and life goals mostly accomplished, Gail D. Storey and her husband were in their fifties when they decided it was time to test themselves on a new path—a 2,663-mile path known as the Pacific Crest Trail, which stretches from Mexico to Canada. *I Promise Not to Suffer is Gail's light-hearted yet heart-felt memoir about her and her husband's adventures and misadventures, deepening marriage, and reflections on being irrevocably changed by life on the trail. She was a novice hiker, while he was an experienced outdoorsman. Removed from their usual routines and living outside in the wilderness for months exposed hidden intricacies in their relationship. Hiking 20 miles a day over mountains, thirsting in the high desert of California, forcing frozen feet into icy socks and boots each morning in the High Sierra, stumbling through lava fields in Oregon—Gail was required to meet the elements on their own tough-love terms. From an encounter with a mountain lion to her mother's battle with cancer at home, she confronts each challenge with wit and brave style. While a dangerous loss of weight forces Gail to leave the PCT after 900 miles, she*

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regains strength and later rejoins her husband on sections until he triumphantly reaches the northern terminus in Canada. Humorous yet honest, this journey of harrowing hilarity and reluctant revelations will be loved by active hikers (appendices include details of their unique ultralight gear and other essential how-to information), fans of female adventure stories, and armchair travelers alike. Want to know more about author Gail Storey? Head to her website today. Praise for I Promise Not To Suffer: "At times wrenching memoir, at times hilarious, I Promise Not to Suffer pulls no punches and has a wicked sense of fun. Storey reminds me again of what is possible with a big imagination, a dose of scrappy courage, and a lot of love." --Peter Heller, author of The Dog Stars and Kook "Some have called Gail Storey the Nora Ephron of the wilderness. With her own unique wit, Storey shares Ephron's commitment to creating and tending a long, nourishing marriage. I Promise Not to Suffer is a portrait of a union that does not fray or break under pressure but is forged, toughened, and tenderized." --Sara Davidson, author of Leap!, Loose Change, and The December Project "Of the many books that I have read about hiking the Pacific Crest Trail, none have captured the trail experience from so many different perspectives. Single hikers, couples, and those who stay behind will all enjoy Gail Storey's account of the challenges, the beauty, and the PCT community found along the way." --Liz Bergeron, Executive Director and CEO, Pacific Crest Trail Association Winner of the Nautilus Awards 2014 "Better Books for a Better World" Silver Award! Winner of the Colorado Books Awards 2014 in the Memoir category! This walking and trekking guidebook offers a total of 49 day walks and 10 multi-stage treks set right across the magnificent country of Iceland. With three national parks including the mighty Vatnajökull, it is a country of incredible beauty, and its capital, Reykjavík, is an established and easy-

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to-get-to destination. Including popular, such as the classic Laugavegur Trail from Landmannalaugar to Þórsmörk, as well as lesser-known trails, the guide is split into 12 sections that cover all the best walking and trekking to be had in and around Iceland's amazing and awe-inspiring volcanic, glacial landscapes. The routes range in difficulty from easy walks to challenging treks and give readers all the information they need to experience this wonderfully unique destination on foot. Venturing inland to the remote interior and captivating ice caps, and across glaciers, past lakes and around coastlines and geothermal areas, Paddy Dillon's guide to this 'Land of Ice and Fire' encourages visitors to explore all that Iceland has to offer, and will inspire lovers of the great outdoors to return time and time again. The guide gives lots of tips for travellers on a budget as well as details on public transport and accommodation.

This hikers notebook is perfect for keeping up with all your hiking adventures. The layout of each pages prompts you to record all the important information you'll need to know and want to remember about your hikes including name, location, and description of trail, hiking partners, date of hike, gear info, and nature notes. The compact size fits easily into a backpack, so you can take it with you on all of your trekking adventures. Ideal for any hiker, walker, trail runner, trail guide, mountain climber, scout group. Makes a great gift.

Explore the world one step at a time. Wanderlust presents legendary walking routes with inviting maps, practical tips, and inspiring landscape photographs. The exciting Canyon Trail in Zion-National Park, the spectacular El Caminito del Rey in Spain, the pilgrim trail on the holy Kumano Kodo in Japan or a mythical hiking path in the land of the giants in Norway - Wanderlust explores legendary hiking trails in enchanting corners of the world and over a variety of terrain: thin ice and desert sands; coastal tracks and forest pathways.

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Spectacular photography illustrates journeys to sharp summits, astonishing vistas, and phenomenal locales. With maps featuring noteworthy locations alongside background information and practical tips by Cam Honan, an expert who has hiked many of the trails himself, Wanderlust will suit both intrepid beginners and seasoned trekkers. From modern-day transcendentalists or those who simply desire a casual break from concrete scenery, Wanderlust allows readers to live vicariously through vivid portraits or use the trips as impetus for their own hiking journey. Following faded footsteps of migrating animals or paths of ancient trade routes, the trails featured in Wanderlust offer both outdoor exploration and enjoyment.

Trekking on a Trail

Walking and Trekking in Iceland

A Fool for Love Hikes the Pacific Crest Trail

Explore

Trails of the Angeles

A Hiking Companion to Iceland's Famous Trek

Trekking Beyond

An easy-to-use guide to 50 of the best Front Range hikes for children * Kid-friendly trail ratings and symbols *

Detailed directions and full-color easily readable maps *

Sidebars on historical and educational information, as well as activities children can enjoy on the way home from each hike Colorado's Front Range is a wonderful place to introduce children to the outdoors and hiking. From Fort Collins to Denver and Boulder and south to Colorado Springs, trails abound for kids who love spending time outside. This essential guide helps parents select age-and ability-appropriate trails at a glance with a handy rating system. Choose trails that are fun and just challenging

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enough for children between the ages of two and 16. From wheelchair accessible to more challenging trails, the 50 hikes that comprise this guidebook were selected for their variety, ease of access, unique natural beauty, educational opportunities, and proximity to some of the best known attractions along the Front Range, including the Platte River, Pikes Peak, Mount Evans, and Rocky Mountain National Park. Children may spot wild turkeys while exploring the Hornbek Homestead trail near Colorado Springs; enjoy trekking across the lands of an early settlement in the Bobcat Ridge Natural area near Fort Collins; or catch a glimpse of a bighorn sheep along the Waterton Canyon trail south of Denver.

The Laugavegur Trail is a thorough, but lighthearted guide to Iceland's most famous and popular backpacking trek. The guide provides you with all the logistical information you will need to plan and execute your hike while also providing beautiful annotated panoramas, basic maps, and anecdotal stories that provide great insight and regional context for the journey. The book is complimented well by the Serkort #4 (Landmannalaugar Fjallabak) 1:100,000 topographic map.

A comprehensive guidebook to the Pacific Crest Trail (PCT), an epic 2650 mile trek through the USA from the Mexican border to British Columbia in Canada. One of the world's best hikes, the route passes through California, Oregon and Washington State, taking in the Mojave desert, High Sierras, Cascades and countless more wild mountains of America's west coast. The guidebook is

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divided into 101 sections of 2 to 3 days, which can be combined into longer days according to ability and preference. This comprehensive guide provides all the information and maps hikers will need. Alongside the notes and route descriptions, there are overview maps for the entire trail, and a detailed introduction that provides essential advice for planning and completing the route. From information on packing, supplies, water and bears, to details on the mountains, wildlife and regions encountered, this is an essential companion to taking on - and completing - this once-in-a-lifetime adventure. The PCT boasts breathtaking scenery and varied landscapes, through deserts and forests, and over snow-covered passes and along alpine ridges. This is a long wilderness trek of true adventure and exploration through diverse and stunning mountain scenery.

An inspirational larger format guidebook to 20 summer treks in the Alps across Italy, Austria, Switzerland, France and Slovenia, including the classics such as the Tour of Mont Blanc and lesser-known routes like the Traverse of the Slovenian Alps. Perfect for planning, the treks included are: Tour of Mont Blanc, Tour of the Matterhorn, Tour of Monte Rosa, Walker's Haute Route, Tour of the Jungfrau Region, Tour of the Vanoise and Dolomites AV 1 & 2; (longer trans-Alpine routes) GR5 (Lake Geneva to Nice), Eastern Alps E5, Italian Alps GTA and the Traverse of the Slovenian Alps; and (for the Alpine adventurer) Alpine Pass Route, Tour of the Oisans, Tour of the Queyras, Tour of Mont Ruan, Stubai High Route, Zillertal

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High Route, Gran Paradiso AV2 and the Ratikon Hoehenweg. Outline schedules for each trek allow you compare the routes and become inspired to take up the challenge. Basic day-by-day route descriptions for each route are illustrated with maps and profiles, helping you choose the best routes to walk.

Hiking Log

Adventure Along the Appalachian Trail

Hike Tracking Notebook - Trail Walking Journal to Write in - Log Book for Trekking Season - Gift for Hikers

I Promise Not To Suffer

Great Day Hikes on North Carolina's Mountains-to-Sea Trail

Record Your Hikes, Hiking Trail Journal

Five Million Steps

Guidebook to the Pacific Crest Trail (PCT), an epic 2650-mile hike from California's Mexican border to Canada's British Columbia. One of the world's best hikes, the route passes through California, Oregon and Washington State, taking in the Mojave desert, High Sierras, Cascades and countless more wild mountains.

Trekking on a TrailHiking Adventures for KidsGibbs Smith

This ultimate hiker's bucket list, from the celebrated Appalachian Trail to Micronesia's off-the-beaten-path Six Waterfalls Hike, treks through 100 energizing experiences for all levels. Filled with beautiful National Geographic photography, wisdom from expert hikers like Andrew Skurka, need-to-know travel information, and practical wildlife-spotting tips, this inspirational guide offers the planet's best experiences for hikers and sightseers. From short day hikes--California's Sierra High Route, Lake Agnes

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Teahouse in Alberta, Norway's Mt. Skala--to multiday excursions like Mt. Meru in Tanzania and multi-week treks (Egypt's Sinai Trail, Bhutan's Snowman Trek, and the Bibbulum Track in Australia), you'll find a hike that matches your interests and skill level. Crossing all continents and climates (from the jungles of Costa Rica to the ice fields in Alaska's Kenai Fjords National Parks), as well as experiences (a wine route through Switzerland or moose spotting on the Teton Crest Trail in Wyoming,) there is a trail for everyone in these pages. So pack your gear and lace your boots: this comprehensive and innovative guide will lead you to experience the best hikes of your life!

Hiking Log book: A Log Book To Track Hikes & Trails
Outdoor Journal To Record Footpath or Trek Info Prompt
Journaling For Tracking Outdoor Walks, Runs & Trekking
Gift Diary To Rate Trails & Keep Note of Information: Forest Is My Home Nature Quote -Record Start / End Time, Distance, Elevation & Trail Type - Record the hike and note location for future reference - Note essential information for future hiking reference -Tough matte paperback. Crisp white paper that minimizes ink bleed-through. The book is great for either pen or pencil users. - Light weight, easy to carry around in your bag. Great a great birthday gift or Christmas present.

Hiking the PCT from Mexico to Canada

The Laugavegur Trail

Hiking Trekking Logbook

100 days of walking and multi-day treks

Faith Can Move Mountains

Hiker's Trail Notebook, Journal, Diary with Prompts to Write In. Record and Track Hike Or Trek Logs and Progress

Not All That Wander Are Lost: A Hiking Travel Trail
Adventure Outdoors Walking, Climbing, Camping, Rv, Running, Hunting, Trekking and Record Gift Tr

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Something happened there that is too rare among men: We touched the soul, and we touched heaven. The encounter put fire in my bones and brought a deep humility to know that God was at work in this crazy project of mine. Hiking from Georgia to Maine sounds incredulous to most. To Lon Chenoweth, it is a journey that calls him into the wild--a journey that reveals true tests of faith and will in the direst circumstances. What began as a dream in his teens to trek the Appalachian Trail takes flight with a preliminary hike with his two young boys from Amicalola Falls to Unicoi Gap. The initial intrigue wears off, and Lon quickly realizes he will be making a long, arduous journey alone, save for a few hiking partners and unique characters met along the way. As a section-hiker, Lon, best known as the Arkansas Traveler, spans the course of fourteen years, climbing 237 mountains in a backcountry with a culture all its own. The romance of trekking across the mountains quickly wears off, and the presence of God teaches him perseverance and faith. While at times lonesome and hard, the undeniable urge to return to nature keeps Lon climbing and chronicling his Five Million Steps. Do you look for a journal to keep your hiking memories alive? This log book is what you need to note down all your hikes and use it as a

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reference for planning your next trek. There is place for 55 hikes and every trip tracker includes: Date/ location/ trail / rating Weather/ distance/ duration/ difficulty Elevation difference and highest point Hiking buddies Highlights of the trail Best moments Remarks for next time Log/Notes This record book makes a perfect Christmas or birthday gift for hikers, nature lovers, trekking fans and travelers.

The rugged San Gabriel Mountains, rising starkly from the edge of the Los Angeles Basin, provide a sharp contrast to the hustle and bustle of the city and its surroundings. Angelinos across the county (a population of almost 10 million), as well as visitors from out of state, welcome the opportunity to escape from city chaos into the quiet wilderness. This 9th edition of the classic Wilderness Press guide has been revised and updated to reflect recent trail changes, and now includes trips in the Fish Canyon Narrows, along Alder Creek, and to Jones Peak, as well as perennial favorites such as Old Baldy, Mt. Wilson, and Devils Punchbowl. Each detailed trip description notes the distance, difficulty, and ideal season, and points out the highlights of the trail. The guide includes a companion 4-color waterproof topo map. Love Hiking? Then why not record your adventures with this beautiful journal and

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keepsake, designed to hold together the memories of all of your hiking journeys. This book for mountain climbing and hiking enthusiasts is printed on high quality interior and professionally bound with a premium cover. Each spread contains prompts and information to help you document your journey, a section for notes, and plenty of room to write. Including a place to record the date, weather, location, elevation gain/loss, time, distance, latitude/longitude, conditions, difficulty level, route taken, trail features as well as a place to document information about fees, parking, shuttles, etc. With several additional prompts for journaling and plenty of space for notes, this conveniently sized guided journal is a hiker's notebook and makes great hiking gifts!

Features: * A 6" x 9" travel size for your bag or pack * Premium Matte Soft Cover * A Bright White Interior Stock * Perfect Binding * 120 pages Includes Prompts For: * Date * Weather * Start/End Time * Elevation Info * Distance Hiked * Latitude/Longitude * Conditions * Difficulty Level * Mobile Phone Reception and Carrier Info * Trail Features * Fees * Parking * Shuttles *

Generous space for Notes & Journaling Track all your trail information on detailed forms like: * Hike/Trail Name * City/State * Date * Location * Travel time * Elevation Gain/Loss * Difficulty *

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Rating * Weather * Trail Conditions * Trail Surface * Terrain/Sightings * Hiked with * Observances * Most memorable event * Notes for next time * Trail drawing/Favorite photo Memory Book For Adventure Notes Will Be A Great Gift For: * Campers * Hikers * RV Lovers & Camping Enthusiasts * Boys, Girls, Kids & Families * Travelers * On retirement Awesome keepsake of all of your outdoor activities.

Hike Tracking Notebook - Trail Walking Journal to Write In - Log Book for Trekking Season - Gift for Hikers

Trekking in Peru

100 Hikes of a Lifetime

Q Hiking Journal

The Mountains Are Calling: A Hiking Travel Trail Adventure Outdoors Walking, Climbing, Camping, Rv, Running, Hunting, Trekking and Record Tracker

100 Hikes in the San Gabriels

Hiking Logbook

This book emphasizes not only the flora and fauna but also what each trail has to tell people of all ages about Wisconsin and about the region's past. Hikes herein range from 1.5 to just over 9 miles in length and cover all areas of the state. Each hike description includes directions to the trailhead, a topographic map, and a detailed account of the route. The authors emphasize not only the flora and fauna but also what each trail

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has to tell people of all ages about Wisconsin and about the region's past.

With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles and mountain expeditions, each journey shares one defining feature: being truly epic. In this follow-up to Epic Bike Rides and Epic Drives, we share our adventures on the world's best treks and trails. Epic Hikes is organised by continent, with each route brought to life by a first-person account, beautiful photographs and charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes in other regions of the world. Hikes featured include: Africa & the Middle East: Cape Town's Three Peaks (South Africa) Kilimanjaro (Tanzania) Camp to Camp in South Luangwa National Park (Zambia) Americas: Angel's Landing, Zion National Park (USA) Skyline Trail, Jasper National Park (Canada) Concepción volcano hike (Nicaragua) Asia: 88 Sacred Temples of Shikoku Pilgrimage (Japan) Markha Valley (India) Gubeikou to Jinshanling on the Great Wall (China) Europe: Wordsworth's Backyard: Dove Cottage and around Rydal and Grasmere (UK) Alpine Pass Route

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(Switzerland) Camino de Santiago (Spain) Oceania: Sydney's Seven Bridges Walk (Australia) The Routeburn Track (New Zealand) Kokoda Track (Papua New Guinea) About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Washington is a dynamic state to say the least. It's amazing how quickly the landscape can change; fires rage in the summer, closing trails and burning huge swaths of forest, bridges get washed away in massive floods, and avalanches knock trees over like matchsticks, taking out entire sections of trail with them. The second edition of Day and Section Hikes Pacific Crest Trail: Washington, by local author Adrienne Schaefer provides hikers with updated trail and road conditions, places to visit in the great mountain towns surrounding them and information on some of the major environmental events that have happened over the past four years, which includes the

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largest wildfire season in Washington State history. The second edition also includes five new hikes, one of which travels along the glaciated flanks of Glacier Peak through a breathtaking section of the PCT that was closed from 2003-2011. With new maps, photos, and updated trail information, this guide highlights sections of the PCT in the Columbia River Gorge, Gifford Pinchot National Forest with views of Mount Adams, Mount Rainier National Park, and Pasayten wildernesses. The guide includes ratings for scenery, trail condition, difficulty, solitude, and accessibility for children. In addition, it has driving directions, GPS waypoints, and permit and fee instructions. Click on the AUTHOR NAME to check other variants of this Hiking Logbook. Tracking and Keeping a Record of your Treks and Trips plays a crucial role in your personal growth. This journal makes it easy! Get the best and very unique Hiking Trail Notebook for noting all your treks and hikes. Fill in the details of your favorite hiking sessions and grow with it. Make those trips memorable forever!! The Perfect Gift for your Teenage/College Kids, Husband, Wife, Partners and Hiking Gang without whom your trips are incomplete! From one Hiker, to another, We Love to Relive those fun trails, don't we? Made and Customised from Personal Experiences and Needs. Get this Awesome Hiking Logger for yourself, your friends, wife, girlfriend, boyfriend, husband, partner, travel buddies, outdoor sport lovers and besties. Help

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them keep a record of each of their Climbs up the Hills and Mountains. They'll love you for this. Features: Trail Name, Location, Date, Companions. Weather Conditions - Sunny, Winds, Drizzle, Thunderstorm, Cold. Start Time, End Time, Duration Distance, Altitude Terrain Level - Ranging from Easy to Hard (5 Levels) Trail Type - Loop, One Way, Out & Back, etc Gear and Equipments Flora and Fauna (Plants and Animals - the Wildlife) Route Highlights - Milestone, Time, Notes Blank Lined Sheets after each Log Sheet to Make & Note memories. This Notebook, full of important prompts, hills, blank lined sheets and lots of space will help you keep a clean log of the hike ups for 54 different trips. Click on LOOK INSIDE to check the features. Other Details: Compact and Handy 6x9 inch Notebook High Quality 108+1 White Pages with prompts to fill Rough and Tough, Matte Cover to Keep your Records Safe. Cover Designed by Professionals to suit your trips. Decrease the Hassle and Enjoy More. Add to Cart NOW!!

50 Best Walks and Hikes

Day & Section Hikes Pacific Crest Trail: Washington The World's Ultimate Scenic Trails

Notebook Journal for Hikers - Trail Log Book - Hiking Journal

Hike More Worry Less: A Hiking Travel Trail Adventure Outdoors Walking, Climbing, Camping, Rv, Running, Hunting, Trekking and Record Tracker Epic Hikes of the World

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25 Breathtaking Treks in the United States and Canada

*The perfect way to log and remember your hikes! Small 6 x 9 size perfect for a backpack, purse or to keep in the car. Record and re-live your hikes with this one of a kind hiking notebook. It's the perfect way to store your hiking moments for years to come! Now you can record all your amazing hikes in style with your own hiking outdoor journal. Each spread contains prompts and information to help you record your journey, a section for notes, and plenty of room to write Including a section to record the date, weather, location, elevation gain/loss, time, distance, hiking companions, difficulty and danger level, trail features as well as a place to write your achievements, facilities, wildlife and more. With plenty of space for notes, this light weight hiking journal comes with a sleek, matte cover for an all-around attractive design. This compact sized guided hiking journal is a hiker's notebook and makes great hiking gifts, perfect Father's day gift, birthday gift or traveler's gift for anyone you know who loves the outdoors! Enough room to record over 50 hike/trails, it is great for recording and remembering hikes taken with the family, friends or on your own. **PRODUCT FEATURES:** A 6" x 9" travel size for your bag, purse or backpack. Premium Matte Soft Cover 107 pages **INCLUDES PROMPTS FOR:** Date Weather Mood Time Elevation gain/loss Distance Hiked GPS Conditions Difficulty Level Danger level Trail Features Achievements Enough space for Notes & Journaling*

New parents and parents of toddlers face unique challenges when it comes to planning outdoor trips. "Family-friendly trail" is often a misleading phrase, and doesn't take young children under the age of 5 into consideration, whose safety and comfort

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require a different perspective. The unpredictable nature of little ones leads many parents to put their adventure dreams on the back burner, missing out on years of meaningful experiences as a family. Hike it Baby presents 100 outdoor adventures across the U.S. that you can take with babies and toddlers (really!), along with everything you need to know about exploring the natural world. Sourced from real families using Hike it Baby's trail-tested system, this book helps moms and dads get out there in their comfort zone, yet feel like hardcore adventurers!

Whether you've always wanted to hike part of the Appalachian Trail, splash around in gentle Northwest waterfalls, or scramble up rocks in the desert surrounded by Joshua Trees, this book shows you how to plan a truly memorable journey together.

Discusses various aspects of hiking, including warming up, gear, packing, safety, map reading, food, topography, and more. A stunning photographic journey to the world's most iconic walking destinations. Discover the epic drama of mountain trails, windswept coastal paths, dense forest walks and the immense canyons, glaciers and ocean vistas only your feet can take you to. Vivid essays introduce the world's best trekking regions – from the Himalayas to the Andes, the wilds of the Scottish Highlands to the dusty Australian Outback – exploring the challenges of walking these paths, the history of their formation and the sense of exploration and wonder to be found along these distinctive routes. Each route is accompanied by stunning photography, showcasing the variety of terrains and their magnificent vistas.

The Best Front Range Hikes for Children

S Hiking Journal

Classic Hikes of North America

Hiking Log Book

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Including North, South and East Counties

Adventure May Hurt You But Monotony Will Kill You: A Hiking Travel Trail Outdoors Walking, Climbing, Camping, Rv, Running, Hunting, Trekking and Recor

I Hiking Journal

Analyzes and grades twenty five different hikes around North America, providing detailed maps, photographs, and discussions of the best times to go and potential weather and wildlife hazards.

A Fine Adventure Presents - Trekking Peru: A Hiking Guide to Independent Travel Peru is a world-class backpacker's paradise with jagged mountain peaks, massive glaciers, and hypnotic blue lakes coming together like a dream. "Trekking Peru: A Hiking Guide for Independent Travel," by Andy Fine, provides a comprehensive guide to hiking many of the spectacular treks in Peru. It includes a pre-trip planning guide, practical trail maps with hiking times and distances, recommended itineraries, detailed elevation profiles, and all the insider tips you need to successfully trek these unforgettable adventures. This guidebook provides the requisite knowledge to independently hike some of Peru's most popular, and some of its lesser-known treks without the reliance on a tour company. Guides to the following Peruvian treks are included: *Salkantay Trek to Machu Picchu *Ausangate Trek to Rainbow Mountain *Huayhuash Circuit *Alpamayo Circuit *Laguna Parón *Laguna 69 *Volcán Chachani "Trekking

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Peru" is the product of two months independently trekking throughout Peru's vastly diverse landscapes. Not only did I have the privilege to hike amongst some of the world's best terrain, but I did so for considerably less money than you might think and had the solitude and flexibility that only hiking independently without a guide provides. This guide provides very thorough details on a selection of multi-day treks rather than brief summaries of a myriad of hikes. The book is focused on how to hike the treks, additional resources will complement this guide to fill in the ancillary details like restaurants and city lodging necessary for your complete trip planning. Paperback is exclusively black and white. For colored maps and photos, choose the eBook option! All customers have free access to Andy's travel consultation services including one on one trip planning and GPS tracking files. Anyone planning to hike through Peru will greatly benefit from all the information in the guidebook!

HIKING LOG TRACKER JOURNAL Perfect notebook to take along when you go on hiking trips and trail excursions or to carry throughout your walking trails journey. It's the perfect size to carry in your pocket or backpack.

DIMENSIONS *6x9 inches *120 Pages FEATURES

*Beautiful cover art *Professionally designed interior *Space to capture the details of your trip including: -Weather elements -Hiking companion -Gear Used -Picture of the

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trip -Notes to elaborate on the trail terrain and condition -Blank Index pages at the back to organize your hiking log by page number and name of trail -List of suggestions of what to carry and pack GIFT FOR Gift for Mountain Climbers Gift for Rock Climbers Gift for Hikers Gift for Trail Walkers Gift for Birthdays, Christmas Gift for Belayers ADD TO CART and do not forget to grab one for your friend. Click on the author name Trek Hiking Logs under the listing title to view the assortment of notebooks and journals. Your Adventure Starts Here with Moon Travel Guides Seattle's best-kept secret is the beauty of its natural surroundings. Explore the dynamic topography waiting just outside your door with Moon 75 Great Hikes Seattle. Inside Moon 75 Great Hikes Seattle you'll find: A Hike for Everyone: Pick the right hike for you with options ranging from short, scenic routes suitable for families, to daylong, steep treks for more ambitious hikers, with options to extend or modify each hike Explore the Trails: All hikes are marked with difficulty ratings, features-dog-friendly or wheelchair accessible-and highlights like waterfalls, beaches, historic sites, wildlife, and wildflowers Maps and Directions: Easy-to-use maps for each trail with point-by-point navigation and detailed driving directions (including public transit directions when available) to each trailhead with GPS coordinates Top Hikes: Lists like "Best Beach Hikes," "Best for Waterfalls,"

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and "Best for Berry Picking" reveal the rugged beauty of Puget Sound, Interstate 90, Highway 2, Mountain Loop Highway, Olympic Peninsula, and Mount Rainer Trusted Advice: Melissa Ozbek shares the experience and knowledge she's gained by trekking hundreds of miles throughout the state as a hiking guide for the Washington Trails Association Tips and Tools: Essentials like health, safety, and trail etiquette, background information on the landscape and history of the trails, and volunteer opportunities so you can help keep the trails as beautiful as you found them Whether you're a veteran or a first-time hiker, Moon 75 Great Hikes Seattle will have you ready to lace up your hiking boots and head out on your next adventure. Looking to explore beyond Seattle? Try Moon Pacific Northwest Road Trip. Ready for an overnight outdoor adventure? Check out Moon Washington Camping.

Journal to Write in - Notebook to Track Hiked Trails - Trekking Diary - Hike Trip Log

Walk the World's Epic Trails

Explorer's Guide 50 Hikes in Wisconsin:

Trekking the Trails of the Badger State (Second Edition) (Explorer's 50 Hikes)

Trekking Peru: a Hiking Guide to Independent Travel

U Hiking Journal

A Hiker's Companion

From Kangerlissaq to Sisimiut

The Mountains-to-Sea Trail is an 1,175-mile destination trail that crosses North Carolina

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from Clingmans Dome in Great Smoky Mountains National Park to Jockey's Ridge State Park on the Outer Banks. It traverses 37 counties, 7 national parks and forests, and nearly a dozen state parks and historic sites. This is the first-ever guide to day hikes along the crown jewel of North Carolina foot trails. Whether you're a seasoned hiker or new to the outdoors, this official guide from Friends of the Mountains-to-Sea Trail is your go-to companion for exploring all the trail has to offer, showcasing everything from scenic mountain vistas to surprising escapes in the state's Piedmont region and the wonders of coastal plain pocosins. Features include - 40 hikes carefully chosen to appeal to hikers of all experience levels - Helpful hike finder feature to identify the perfect hikes for birding, waterfalls, history, universal accessibility, and more - Turn-by-turn guidance and key points of interest for each hike - Full-color maps and photographs - Helpful information about the trail's history and ongoing development

An essential guidebook for hiking the Arctic Circle Trail. At just over 100 miles long, and taking 7 to 10 days to complete, the Arctic Circle Trail crosses the largest ice-free patch of West Greenland. This splendid backpacking route, lying 25-30 miles north of the Arctic Circle runs from Kangerlussuaq to Sisimiut - both with airport access. Describes over fifty hiking options in Peru, including the Inca Trail, with background

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information, recommendations for accomodations and eating places, and travelers' tales.

Trekking in the Alps

100 Awesome Outdoor Adventures with Babies and Toddlers

Trekking in Greenland - the Arctic Circle Trail

Record Your Hikes, Hiking Trail Journal, Hiker's Tracker Book

From Mexico to Canada on Foot

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