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# Up And Down In The Dales

Despite the warnings of her mother and father, Anna persists in trying to climb things, until she gets stuck in the top of a tree and needs their help to get down.

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In this exuberant and lyrical follow-up to the award-winning *Over and Under the Snow*, discover the wonders that lie hidden between stalks, under the shade of leaves . . . and down in the dirt. Explore the hidden world and many

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lives of a garden  
through the course  
of a year! Up in the  
garden, the world is  
full of green—leaves  
and sprouts, growing  
vegetables, ripening  
fruit. But down in  
the dirt exists a busy  
world—earthworms  
dig, snakes hunt,  
skunks

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burrow—populated by all the animals that make a garden their home. Plus, this is the fixed format version, which will look almost identical to the print version. Additionally for devices that support audio, this ebook includes a read-

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along setting.

From the illustrator  
of the #1 smash hit  
The Day the  
Crayons Quit comes  
a humorous,  
resonant tale about  
the value of shared  
experiences. A  
penguin has wings  
for a reason . . .  
doesn't he? Having a

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best friend with his own airplane is one thing, but actually experiencing what it feels like to fly by himself? Here is one penguin who believes this is precisely what he needs to feel complete. Only . . . if flying by himself

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is so wonderful, then why does he feel so empty? Because some experiences are better shared. (And penguins are much happier on the ground.) Oliver Jeffers delivers the perfect companion to his much-loved *Lost and Found*. *Penguins*

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everywhere will take  
flight in delight.

Based on the CD  
series by spencer  
Strand

A First Book of  
Opposites

Up, Up, Down  
Coaching Up and  
Down the  
Generations

Up and Down the



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Andes

Up Cat Down Cat  
The Ultimate Tool  
for Creative  
Drumming, Book  
and CD

***Bel Kaufman's Up  
the Down Staircase  
is one of the best-  
loved novels of our  
time. It has been  
translated into  
sixteen languages,***

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***made into a prize-winning motion picture, and staged as a play at high schools all over the United States; its very title has become part of the American idiom. Never before has a novel so compellingly laid bare the inner workings of a***

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***metropolitan high school. Up the Down Staircase is the funny and touching story of a committed, idealistic teacher whose dash with school bureaucracy is a timeless lesson for students, teachers, parents--anyone concerned about public education.***

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***Bel Kaufman lets her characters speak for themselves through memos, letters, directives from the principal, comments by students, notes between teachers, and papers from desk drawers and wastebaskets, evoking a vivid picture of teachers***

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***fighting the good  
fight against all that  
stands in the way of  
good teaching.***

***"Don't just set the  
table-set the mood."***

***This is the advice  
that daytime's bad  
boy, Sean***

***Kanan-"Deacon  
Sharpe" in The  
Young and the  
Restless and The  
Bold and the***

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***Beautiful-has shared only with his closest friend's until now. Sean is witty, funny and, most importantly, tells it like it is as he guides you to creating meaningful connection through the art of cooking and entertaining, all the while never compromising what***

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***it means to be a  
guys guy. The  
Modern Gentleman  
isn't just a book; it's  
a movement whose  
time has come. The  
Modern Gentleman  
doesn't just speak to  
men. Women will be  
fascinated to gain  
insider information  
about how guys  
think. Remember  
ladies: knowledge is***

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***power. Let's face it. In today's confusing social landscape littered with mixed signals, guys are understandably confused and frustrated. Are we supposed to be Mr. Sensitive-guy-good-listener, or the Alpha male, or somewhere in between? If you***



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***don't know the  
answer, then you  
should read this  
book.***

***PICTURE  
STORYBOOKS.***

***Little Penguin  
misses his friend  
and decides it's time  
to visit. Leaping off  
his iceberg, he  
embarks on a  
journey, facing ups  
and downs, ins and***

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***outs (and more opposites, besides!) until the pair are finally reunited. Young readers will have fun getting hands-on with this interactive book of lift-flap opposites, presented in an upmarket format that perfectly showcases Britta Teckentrup's colour-***

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**rich artwork. Ages**

**0+**

***Pretend you're a toad. Look up. What do you see? Imagine you're a whale. Look down. What do you see? Now, come along on a picture book journey that invites you to see the world from many different perspectives. Look***

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***up, down, and  
everywhere in  
between. What do  
you see?***

***Questions You'd  
Only Ask Your  
Gynecologist If She  
Was Your Best  
Friend***

***Up, Down, or  
Sideways***

***What's Up, What's  
Down?***

***Horsey Up and***

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***Down  
Changes***

**A witty,  
psychedelic,  
and telling  
novel of the  
1960s Richard  
Fariña evokes  
the Sixties as  
precisely,  
wittily, and**

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**poignantly as  
F. Scott  
Fitzgerald  
captured the  
Jazz Age. The  
hero, Gnostus  
Pappadopoulos,  
weaves his way  
through the  
psychedelic  
landscape, enc  
ountering-**

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**among other things-  
mescaline,  
women, art,  
gluttony,  
falsehood,  
science,  
prayer, and,  
occasionally,  
truth. For  
more than  
seventy years,**

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**Penguin has  
been the  
leading  
publisher of  
classic  
literature in  
the English-  
speaking  
world. With  
more than  
1,700 titles,  
Penguin**



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**Classics**  
represents a  
global  
bookshelf of  
the best works  
throughout  
history and  
across genres  
and  
disciplines.  
Readers trust  
the series to

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**provide  
authoritative  
texts enhanced  
by  
introductions  
and notes by  
distinguished  
scholars and  
contemporary  
authors, as  
well as up-to-  
date**

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**translations  
by award-  
winning  
translators.  
From the Trade  
Paperback  
edition.  
Focus words:  
up, down.  
Award winner:  
“Hearing about  
Down syndrome**

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**directly from  
these young  
men has a good  
deal more  
impact than  
reading any  
guide from a  
professional.”  
–Booklist This  
book is in  
Mitchell and  
Jason’s own**

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**words. . . .**

**We wanted  
readers to  
have a true-to-  
life sense of  
their charm,  
their  
directness,  
their humor  
and warmth,  
and, yes,  
their**

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**intelligence.  
At ages  
nineteen and  
twenty-two,  
respectively,  
Jason Kingsley  
and Mitchell  
Levitz shared  
their  
innermost  
thoughts,  
feelings,**

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**hopes,  
dreams—and  
their  
experiences  
growing up  
with Down  
syndrome.  
Their frank  
discussion of  
what mattered  
most in their  
lives—careers,**

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**friendships,  
school, sex,  
marriage,  
finances,  
politics, and  
independence—e  
arned Count Us  
In numerous  
national  
awards,  
including the  
EDI Award from**



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**the National  
Easter Seal  
Society. More  
important,  
their wit,  
intelligence,  
candor, and  
charm made for  
a powerful and  
inspirational  
statement  
about the full**

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**potential of  
people with  
developmental  
disabilities,  
challenging  
prevailing  
stereotypes.  
In this  
edition, with  
a new  
afterword, the  
authors also**

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**discuss their  
lives since  
then:  
milestones and  
challenges,  
and changes  
both expected  
and  
unexpected.  
“Their parents  
were told to  
expect**

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**nothing. But  
Jason Kingsley  
and Mitchell  
Levitz were  
lucky, because  
their parents  
didn't listen.  
They gave  
their sons  
that chance to  
show how far  
they could**

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**go—and they've  
astounded  
everyone!”**

**—Jane Pauley**

**“This single  
volume will do  
more to change  
stereotypes  
about Down  
syndrome than  
any book I  
have read.**

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**These two  
young men  
steal our  
hearts and  
wash away  
generations of  
misconceptions  
.” –Mary L.  
Coleman, MD,  
Emeritus,  
Georgetown  
University “An**

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**excellent  
illustration  
of what it's  
like to have  
Down syndrome  
. . . Most  
moving here  
are the  
portrayals of  
strong family  
relationships.  
” –Publishers**

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**Weekly “Will  
open eyes and  
touch the  
heart.”**

**–Library  
Journal**

**#1 NEW YORK  
TIMES**

**BESTSELLER • A  
panoramic  
experience  
that tells the**



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**story of  
Beastie Boys,  
a book as  
unique as the  
band itself—by  
band members  
ADROCK and  
Mike D, with  
contributions  
from Amy  
Poehler,  
Colson**

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**Whitehead, Wes  
Anderson, Luc  
Sante, and  
more. The  
inspiration  
for the Emmy-  
nominated  
Apple TV+  
“live  
documentary”  
Beastie Boys  
Story,**

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**directed by  
Spike Jonze  
NAMED ONE OF  
THE BEST BOOKS  
OF THE YEAR BY  
Rolling Stone  
• The Guardian  
• Paste Formed  
as a New York  
City hardcore  
band in 1981,  
Beastie Boys**

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**struck an  
unlikely path  
to global hip  
hop  
superstardom.  
Here is their  
story, told  
for the first  
time in the  
words of the  
band. Adam  
“ADROCK”**

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**Horovitz and  
Michael "Mike  
D" Diamond  
offer  
revealing and  
very funny  
accounts of  
their  
transition  
from teenage  
punks to  
budding**

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**rappers; their  
early  
collaboration  
with Russell  
Simmons and  
Rick Rubin;  
the debut  
album that  
became the  
first hip hop  
record ever to  
hit #1,**

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**Licensed to  
Ill—and the  
album's messy  
fallout as the  
band broke  
with Def Jam;  
their move to  
Los Angeles  
and rebirth  
with the genre-  
defying  
masterpiece**

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**Paul's  
Boutique;  
their  
evolution as  
musicians and  
social  
activists over  
the course of  
the classic  
albums Check  
Your Head, Ill  
Communication,**



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**and Hello  
Nasty and the  
Tibetan  
Freedom  
Concert  
benefits  
conceived by  
the late Adam  
"MCA" Yauch;  
and more. For  
more than  
thirty years,**

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**this band has  
had an  
inescapable  
and indelible  
influence on  
popular  
culture. With  
a style as  
distinctive  
and eclectic  
as a Beastie  
Boys album,**

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**Beastie Boys  
Book upends  
the typical  
music memoir.  
Alongside the  
band narrative  
you will find  
rare photos,  
original  
illustrations,  
a cookbook by  
chef Roy Choi,**

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**a graphic  
novel, a map  
of Beastie  
Boys' New  
York, mixtape  
playlists,  
pieces by  
guest  
contributors,  
and many more  
surprises.  
Praise for**

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**Beastie Boys  
Book “A  
fascinating,  
generous book  
with portraits  
and detail  
that float by  
in bursts of  
color . . . As  
with [the  
band’s]  
records, the**

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**book's**

**structure is a  
lyrical three-  
man weave. . .**

**. Diamond's  
voice is  
lapidary,  
droll.**

**Horovitz comes  
on like a  
borscht belt  
comedian, but**

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**beneath that  
he is urgent,  
incredulous,  
kind of  
vulnerable. .  
. . Friendship  
is the book's  
subject as  
much as music,  
fame and New  
York.”—The New  
York Times**

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## **Book Review**

**“Wild, moving**

**. . .**

**resembles a  
Beastie Boys  
LP in its wild  
variety of sty  
les.”–Rolling  
Stone**

**Count Us In  
A Book of  
Opposites**



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**Up Down Inside  
Out**

**Down the Up  
Staircase**

**An Opposites**

**Lift-the-Flap  
Book**

**Up and Down  
the Real**

**Australia**

***"A page-turning  
book that spans a***

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***century of worker  
strikes....***

***Engrossing,  
character-driven,  
panoramic."***

***--The New York  
Times Book  
Review We live in  
an era of soaring  
corporate profits  
and anemic wage  
gains, one in***

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***which low-paid jobs and blighted blue-collar communities have become a common feature of our nation's landscape. Behind these trends lies a little-discussed problem: the***

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***decades-long  
decline in worker  
power. Award-  
winning  
journalist and  
author Steven  
Greenhouse  
guides us  
through the key  
episodes and  
trends in history  
that are essential***

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***to understanding  
some of our  
nation's most  
pressing  
problems,  
including  
increased income  
inequality,  
declining social  
mobility, and the  
concentration of  
political power in***

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***the hands of the  
wealthy few. He  
exposes the  
modern labor  
landscape with  
the stories of  
dozens of  
American  
workers, from GM  
employees to  
Uber drivers to  
underpaid***

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***schoolteachers.  
Their fight to take  
power back is  
crucial for  
America's future,  
and Greenhouse  
proposes  
concrete, feasible  
ways in which  
workers'  
collective power  
can be--and is***

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***being--rekindled  
and reimagined  
in the twenty-first  
century. Beaten  
Down, Worked  
Up is a stirring  
and essential  
look at labor in  
America, poised  
as it is between  
the tumultuous  
struggles of the***



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***past and the vital,  
hopeful struggles  
ahead. A PBS  
NewsHour Now  
Read This Book  
Club Pick  
Follow an  
energetic  
toddler's day with  
Dad that's full of  
opposites - up  
and down, make***

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***and break, yum  
and yuck, and  
more. From his  
first demand to  
be picked up and  
then immediately  
put down,  
opposites pop up  
all day long for  
this energetic  
boy. Breakfast is  
no, no, no, yes!***

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***At the sandbox,  
it's make, make,  
make, break! And  
jumping into the  
pool goes from  
can't, can't, can't,  
to can! Kimberly  
Gee's expressive  
illustrations  
emphasize the  
loving  
connection***

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***between a boy  
and his father in  
this clever  
concept book  
about everyday  
highs and lows  
that is sure to  
entertain little  
(and big!)  
members of the  
family.***

***He was a small-***

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***town boy who  
burst onto the  
international golf  
scene with a  
dramatic hook  
shot from deep in  
the woods to win  
the Masters—  
before the game  
he loved almost  
killed him.***

***Opening up***

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***about the toll that chasing and achieving his dream of being a champion golfer took on his mental health, Bubba Watson shares his powerful story of the breaking point that gave***

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***him clarity.***

***Bubba Watson is known as the big-hitting left-handed golfer who plays with the pink driver—the small-town kid who grew up as a child golf prodigy before going on***

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***to win two  
Masters  
Tournaments,  
competing in the  
Olympics, and  
rising to be the  
number two  
golfer in the  
world. But every  
dream comes  
with a price.  
Feeling that he***



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***was never good enough, Bubba began to let the constant criticism from fans and commentators haunt his thoughts. Success in the game he loved was killing him.***

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***In Up and Down,  
Bubba opens up  
about his  
debilitating  
anxiety attacks,  
the death of his  
father and  
namesake,  
adopting his  
children, and how  
reaching a  
breaking point***

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***professionally  
and personally  
drew him closer  
to his family and  
God. Golf is what  
Bubba Watson  
does, but it is not  
who he is.***

***Through his  
story, you'll learn  
how Bubba:  
Overcame his***

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***anxiety and  
feelings of  
inadequacy  
Found his true  
identity not in the  
standards of the  
world, but in the  
God who already  
knows he is  
enough Learned  
to trust God with  
his gifts, family,***

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***and biggest  
dreams Became  
the husband,  
father, friend, and  
mentor he was  
called to be Life,  
like golf, is filled  
with ups and  
downs. Up and  
Down is the  
inspiring story of  
an imperfect man***

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***striving to  
become the best  
person he can  
be—wherever the  
course may take  
him.***

***Demonstrates  
such preposition  
pairs as in and  
out, up and  
down, and before  
and after through***

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***pictures of  
children with  
Down syndrome.  
On board pages.  
How to Succeed  
When Times Are  
Good, Bad, or In  
Between  
Up and Down  
Up in the Garden  
and Down in the  
Dirt***

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***Up and Down the  
Number Line  
Turn It Up and  
Lay It Down  
The True Story of  
How One Dog  
Turned Five  
Neighbors into a  
Family***

Introduces  
opposites  
through the



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adventures of two children who gallop up, down, fast, and slow with horsey toys while riding a carousel.

Learn about the opposites in Baby's world in this interactive photographic

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board book! This bright, playful board book introduces sets of opposites for babies to identify, from up and down to quiet and noisy! Each pair of concepts is demonstrated

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with fun  
photographs of  
young ones,  
making for an  
adorable read.  
And Baby Up,  
Baby Down is  
perfect for  
bedtime, with an  
ending that will  
settle Baby off  
to sleep.

## Download File PDF Up And Down In The Dales

On his first day at Turner King, David Stewart quickly realizes that the world of international PR (affectionately, known as "the dark side") is a far cry from his previous job with the

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Canadian government. For one, he missed the office memo on the all-black dress code; for another, there are enough acronyms and jargon to make his head spin. Before he even

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has time to find the washroom, David is assigned a major project: devise a campaign to revitalize North America's interest in the space program -- maybe even

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show NASA's pollsters that watching a shuttle launch is more appealing than going out for lunch with friends. The pressure is on, and before long, David finds himself

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suggesting the most out-of-this-world idea imaginable: a Citizen Astronaut lottery that would send one American and one Canadian to the International Space Station.



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Suddenly,  
David's vaulted  
into an odyssey  
of his own,  
navigating the  
corporate  
politics of a big  
PR agency;  
wading through  
the murky  
waters of  
U.S.-Canada

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relations; and  
trying to hold on  
to his new job  
while still doing  
the right thing.  
Equal parts  
clever and  
satirical,  
thoughtful and  
affecting, Up  
and Down is  
Terry Fallis at

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his best,  
confirming his  
status as a  
literary star.  
In this funny,  
outrageous and  
empowering  
book, Dr. Lissa  
Rankin answers  
all the secret  
gynecological  
questions that

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most women wonder about, but have always been afraid to ask. Suppose you had a wise, warm, funny best friend—who just happened to be a gynecologist. You're out with

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the girls for cocktails and the conversation turns to sex, and then to girly parts. One by one, you start asking her all the questions you've secretly wondered about- and discover

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that you have a lot in common. If you were to write those questions down, then you'd have What's Up Down There?, a life-changing little book that answers: - Do old ladies have

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saggy vaginas? -  
How do male  
gynecologists  
have a sex life  
without feeling  
like they're  
stuck at the  
office? - Is it  
normal for your  
inner labia to  
hang out of your  
outer labia? -

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Can the baby feel its mom having sex during pregnancy? - How common is it for one's boobs to be two totally different sizes? And so much more! As outrageously



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funny as it is  
empowering,  
this book  
reveals how to  
love yourself  
and your body-  
and will have  
you  
recommending  
it to every  
woman you  
know. From off-

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the wall sex  
questions to  
serious topics of  
women's sexual  
health, What's  
Up Down There?  
provides  
answers to  
women of all  
ages and stages.  
Essays  
The Past,

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Present, and  
Future of  
American Labor  
Beaten Down,  
Worked Up  
Up and Down in  
the Dales  
Baby Up, Baby  
Down  
A Guide to  
Sound Investing  
***In the tradition***

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*of John Jeremiah  
Sullivan and  
David Foster  
Wallace,  
Cheston  
Knapp's Up Up,  
Down Down "is  
an always  
smart, often  
hilarious, and  
ultimately  
transcendent*

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In The Dales  
*essay*

*collection”  
(Anthony Doerr,  
Pulitzer Prize-  
winning author  
of All the Light  
We Cannot See)  
that brilliantly  
explores  
authenticity and  
the nature of  
identity. Daring*

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*and wise,  
hilarious and  
tender, Cheston  
Knapp's  
"glittering"  
(Leslie Jamison)  
collection of  
seven linked  
essays tackles  
the Big  
Questions  
through*

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*seemingly  
unlikely  
avenues. In his  
dexterous  
hands, an  
examination of a  
local  
professional  
wrestling  
promotion  
becomes a  
meditation on*

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*pain and his relationship with his father. A profile of UFO enthusiasts ends up probing his history in the church and, more broadly, the nature and limits of faith itself. Attending*



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*an adult  
skateboarding  
camp launches  
him into a  
virtuosic  
analysis of  
nostalgia. And  
the shocking  
murder of a  
neighbor  
expands into an  
interrogation of*

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*our culture's  
prevailing ideas  
about  
community.  
Even more  
remarkable,  
perhaps, is the  
way he manages  
to find humanity  
in a damp  
basement full of  
frat boys. Taken*

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*together, the essays in Up Up, Down Down amount to a chronicle of Knapp's coming-of-age, a young man's journey into adulthood, late-onset as it might appear. He presents us*

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*with formative  
experiences  
from his  
childhood to  
marriage that  
echo throughout  
the collection,  
and ultimately  
tilts at what  
may be the  
Biggest Q of  
them all: what*

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*are the hazards  
of becoming  
who you are?  
With “a firmly  
tongue-in-cheek  
approach to the  
existential  
crises of male  
maturity for the  
millennial gener-  
ation...Knapp’s  
intelligent take*

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*on coming-of-age deserves to be widely read” (Publishers Weekly). “Compelling...Precise and laugh-inducing” (The New York Times Book Review), Up Up, Down Down signals*

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*the arrival of a  
truly one-of-a-  
kind voice.*

*Life for the  
Yorkshire Dales  
school inspector  
is about to  
become not  
unlike the  
rambling hills of  
the Dales  
themselves-up*

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*and down and  
all over the  
place. After a  
routine school  
inspection  
culminates with  
a teacher being  
forced into early  
retirement,  
Gervase is left  
feeling his year  
hasn't begun on*



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*the right foot.  
Then come the  
news that his  
local school is  
closing down,  
the accidental  
demolition of a  
historical  
church, and a  
knee injury! And  
still Gervase  
gallantly retains*

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*his sense of  
humour  
throughout,  
making this a  
charming and  
thoroughly  
entertaining  
read.*

*From the  
creator of the  
celebrated  
Black Bird*

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*Yellow Sun  
comes another  
bold and  
beautiful  
concept book,  
this time playing  
with opposites  
and reversals.  
Black cat. White  
cat. One is long,  
stretching out,  
and the other is*

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*short,  
crouching.  
When both  
perch in a  
window, one tail  
is straight, the  
other one curly.  
One has an  
empty plate,  
and the other a  
full one. With a  
mouse to*

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*entertain them,  
variously lost  
and found, they  
move through  
the day, until  
one cat is awake  
and the other  
asleep, but for  
how long? With  
enchanted ink  
illustrations full  
of pure color,*

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*simple shapes,  
and an elegant  
use of negative  
and positive  
space, this  
concept board  
book for the  
youngest of  
readers is a joy  
to behold -- and  
as graceful as a  
leaping cat.*

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*Different types  
of dinosaurs  
move and  
behave in ways  
that  
demonstrate  
opposites. On  
board pages.  
Beastie Boys  
Book  
The Up and  
Down Book*

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*My Up & Down  
& All Around  
Book*

*How Do  
Dinosaurs Go  
Up and Down?  
Up Up, Down  
Down*

*Katie Up and  
Down the Hall  
Turn Up the Volume  
equips journalism*



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*students, professionals, and others interested in producing audio content with the know-how necessary to launch a podcast for the first time. It addresses the unique challenges beginner podcasters face in producing professional level audio for online*

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*distribution.*

*Beginners can learn how to handle the technical and conceptual challenges of launching, editing, and posting a podcast. This book exposes readers to various techniques and formats available in podcasting. It includes the voices of*

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*industry experts as they recount their experiences producing their own podcasts and podcast content. It also examines how data analytics can help grow an audience and provide strategies for marketing and monetization.*

*Written accessibly,*

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*Turn Up the Volume gives you a clear and detailed path to launching your first podcast.*

*Presents the fundamentals of coaching, including topics such as push versus pull coaching, acting as a catalyst, learning how to listen, and providing accountability and*

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*structure. It provides insight into generational differences that can make communication difficult and coaching impossible. Focusing on the challenges presented by a workforce characterized by multiple generations, it provides an overview of how*

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*different generations  
experience their  
formative years and  
how these  
differences affect the  
ways they think and  
express themselves.  
The Up and Down  
Book Golden Books  
Can the broad truths  
of aphorisms be  
visually explained?  
Dive into the pages  
of this interactive*

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*book to find out!*

*Peppa Pig: Up and  
Down*

*Why Stocks Go Up  
(and Down)*

*Three Generations of  
a Harlem Family*

*Turn Up the Volume  
Up the Down*

*Staircase*

*A Book About  
Slowing Down*

**Describes the**

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**water cycle and the importance of water, explaining evaporation and condensation, dew and frost, and the three states of water. It's a lovely sunny day, and Peppa and her family are going**



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**on a picnic in the countryside. So off they go on their bikes, to their favourite picnic spot. Let's hope Daddy Pig can keep up! Lift the flaps to explore the world around them and find out all about**

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**opposites,  
including  
happy/sad,  
big/small,  
up/down and lots  
of others.**

**Down the Up  
Staircase tells  
the story of one  
Harlem family  
across three  
generations,**

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**connecting its  
journey to the  
historical and  
social forces that  
transformed  
Harlem over the  
past century.  
Bruce D. Haynes  
and Syma  
Solovitch capture  
the tides of  
change that**

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**pushed blacks  
forward through  
the twentieth  
century—the  
Great Migration,  
the Harlem  
Renaissance, the  
early civil rights  
victories, the  
Black Power and  
Black Arts  
movements—as**

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**well as the many  
forces that  
ravaged black  
communities,  
including  
Haynes's own. As  
an authority on  
race and urban  
communities,  
Haynes brings  
unique  
sociological**

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**insights to the  
American  
mobility saga and  
the tenuous  
nature of status  
and success  
among the black  
middle class. In  
many ways,  
Haynes's family  
defied the odds.  
All four great-**

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**grandparents on his father's side owned land in the South as early as 1880. His grandfather, George Edmund Haynes, was the founder of the National Urban League and a protégé of**

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**eminent black  
sociologist W. E.  
B. Du Bois; his  
grandmother,  
Elizabeth Ross  
Haynes, was a  
noted children's  
author of the  
Harlem  
Renaissance and  
a prominent  
social scientist.**



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**Yet these early advances and gains provided little anchor to the succeeding generations. This story is told against the backdrop of a crumbling three-story brownstone in Sugar Hill that**

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**once hosted  
Harlem  
Renaissance  
elites and later  
became an  
embodiment of  
the family's rise  
and demise.  
Down the Up  
Staircase is a  
stirring portrait  
of this family,**

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**each generation  
walking a  
tightrope, one  
misstep from  
free fall.**

**Arthur William  
Upfield is well  
known as the  
creator of  
Detective  
Inspector  
Napoleon**

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**Bonaparte (Bony)**  
who features in  
**29 crime**  
**detection novels,**  
**most set in the**  
**Australian**  
**outback. It is not**  
**well known that**  
**he also wrote**  
**about 250 short**  
**stories and**  
**articles, drawing**

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**on his  
experiences in  
the bush  
between 1911  
and 1931. Up and  
Down the Real  
Australia is the  
second  
published  
collection of  
Upfield's short  
works. Kees de**

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**Hoog has  
selected 45  
autobiographical  
articles, ranging  
from humorous  
outback  
anecdotes to  
personal  
experiences at  
Gallipoli and the  
Somme during  
the First World**

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**War. Kees has added The Murchison Murders, Upfield's account of how the "perfect murder" was developed for his second Bony novel, The Sands of Windee; how Snowy**

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**Rowles used it to commit at least one, probably three, murders from 1929; how the crime was solved; and what happened at Rowles' trial in 1932.**

**Up, Down, and All Around**



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**Growing Up with  
Down Syndrome  
Hurry Up!  
Up and Down the  
Worry Hill  
A Peruvian  
Festival Tale  
A Down and Dirty  
Guide to  
Podcasting**

Have you ever  
been up and down

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in an elevator?

Can you go up and  
down at the  
playground? What  
else can go up and  
down?

Presents  
illustrations of  
neighborhoods  
and famous  
landmarks of New  
York City as they  
appeared in the

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1920s.

Discusses the major influences affecting the stock market, covers the fundamentals of investment, and looks at a sample stock over a period of eighteen years

Travel and holiday.

Up, Up, Up, Down!

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Water

Victories and  
Struggles in the  
Course of Life  
Up & Down New  
York

What's Up Down  
There?

A Children's Book  
about Obsessive-  
compulsive  
Disorder and Its  
Treatment

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A busy boy and his dog learn to slow down and enjoy life together in this lyrical, rhyming picture book perfect for hurried families everywhere. For one busy boy, life is all hurry up, hurry down, hurry round and round and

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round! That is until he takes a big breath...and a big break...and slows down to see all the wonderful things in the world around him. From celebrated picture book creators Kate Dopirak and Christopher Silas Neal, this playful yet

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powerful picture book reminds us to be present, to be mindful, and to appreciate each moment.

In *Up, Down, or Sideways*, Mark Sanborn, author of the bestselling book *The Fred Factor*, prepares you for

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life ' s inevitable cycles of up and down—and, too often, sideways. We tend to be surprised when downturns hit us and treat them as the exception—and when times are good, we act as if they will never change. In this book, Mark shows us



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what we should always be doing to be prepared for these cycles and events in our lives in order to make the most of them. Mark tells his own story of a downturn he experienced. Then, he identifies the principles and

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practices that will help you discover opportunities in both good times and bad, in up and sideways years. Mark provides timely wisdom that can ' t be ignored no matter where you are in your personal or professional life.  
A personal memoir

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by bestselling author  
and celebrity  
journalist Glenn  
Plaskin, KATIE is a  
moving story about a  
man who discovers  
the true meaning of  
family after adopting  
a cocker spaniel  
puppy. Through the  
magnetic personality  
of his mischievous

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dog, the author soon makes powerful connections with several of his down-the-hall neighbors in a high-rise located in the unique Battery Park City neighborhood of Lower Manhattan. First, Katie trots into the lives of Pearl and

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Arthur, a warm-hearted elderly couple just a few doors down from Glenn. Later, John, a single Dad, and his rambunctious young son, Ryan, also move in and are seduced by Katie's charms. All of their lives are profoundly changed

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as they are transformed from neighbors to friends to family, with Pearl as matriarch. The motherless boy finds a "Granny"; his Dad inherits a mother, Glenn discovers a confidante. Set in New York City, we witness nearly sixteen

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years of antics and family adventures spanning Hollywood high times, bad health, accidents, blustery winters, even the terrors of 9/11. Through it all, the family clings to each other, sharing a deep bond that give each comfort, support and

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security. Based upon a widely-read article in Family Circle, here is an unforgettable story about the love that makes a family-one that transcends the hard realities of time, tragedy, and inevitable loss.

Illustrates the concepts of "up" and



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"down" in backyard  
and neighborhood  
settings.

Been Down So Long  
It Looks Like Up to  
Me