

Way Of The Peaceful Warrior Millman Dan Dan Millman

The book *Way of the Peaceful Warrior*, shared among friends and families, became a multimillion-copy worldwide bestseller, inspiring men and women of all ages. Now author Dan Millman and illustrator Andrew Winegarner meld the peaceful warrior story into the style and dynamism of the graphic novel. This fresh take on Millman's saga of growth and enlightenment includes new scenes and elements not found in either the book or the *Peaceful Warrior* movie. Here is a story of growing up and waking up ? about a young athlete who finds himself on a path less traveled. Haunted by dark dreams and a vague sense that something is missing from his life, Dan wanders into an all-night gas station. There he meets an old man named Socrates, and his world begins to change. Guided by this mysterious old warrior, and drawn to an elusive young woman named Joy, Dan begins an odyssey into realms of light and shadow ? a journey that leads him toward a final confrontation that may deliver or destroy him.

More and more people are 'waking up' spiritually. And for most of them, the question becomes: now what? 'Information about life after awakening is usually not made public,' explains Adyashanti. 'It's most often shared only between teachers and their students.' *The End of Your World* is his response to a growing need for direction on the spiritual path. Consider the book you hold in your hands Adyashanti's personal welcome to 'a new world, a state of oneness.' A guide should give clear directions and then get out of your way. In this unique collaboration, bestselling author Dan Millman and his daughter Sierra Prasada help to orient you as you advance through five universal stages of creativity: Dream, Draft, Develop, Refine, and Share. Whether you're seeking new goals, the discipline to reach them, a shield against self-doubt and inertia, or practical advice on sorting through feedback and connecting with readers - you'll find a way forward in this fresh approach to writing and storytelling. Drawing on the coauthors' personal stories about overcoming challenges, as well as sage advice from other writers, artists, and innovators, *The Creative Compass* will transform both the stories you tell and the stories you live.

20th Anniversary Edition with New Afterword and Revisions by the Author *Way of the Peaceful Warrior* has become one of the most beloved spiritual sagas of our time. Shared among friends and families, this million-copy word-of-mouth bestseller has inspired men and women of all ages in twenty languages worldwide. Despite all his success, college student and world-champion athlete

Dan Millman is haunted by a feeling that something is missing from his life. Awakened one night by dark dreams, he wanders into an all-night gas station, meets an old man named Socrates, and his world is changed forever. Guided by this eccentric old warrior, drawn to an elusive young woman named Joy, Dan begins a spiritual odyssey into realms of light and shadow, romance and mystery, toward a final confrontation that will deliver or destroy him. This classic tale, a blend of autobiographical fact and narrative fiction, told with heart and humor, speaks to the peaceful warrior in each of us. Countless readers have been moved to laughter and tears—even moments of illumination—as they rediscover life's larger meaning and purpose. Journey with Dan on the peaceful warrior's path to unreasonable happiness. Find out for yourself why this book changes lives.

A Book That Changes Lives: Easyread Super Large 18pt Edition

Sacred Journey of the Peaceful Warrior

A Book that Changes Lives (16pt Large Print Edition)

Forge Resiliency and Mental Toughness to Succeed at an Elite Level

Mastering Breathwork

A Guide to Finding Your Life Purpose

Hailed by Tony Robbins as the “definitive breathwork handbook,” Just Breathe will teach you how to harness your breath to reduce stress, increase productivity, balance your health, and find the path to spiritual awakening. Big meeting jitters? Anxiety over a test or taxes? Hard time focusing? What if you could control your outcomes and change results simply by regulating your breath? In this simple and revolutionary guide, world-renowned pioneer of breathwork Dan Brulé shares the Breath Mastery technique that has helped people in more than fifty countries reduce anxiety, improve their health, and tap infinite stores of energy. Just Breathe reveals the truth that elite athletes, champion martial artists, Navy SEAL warriors, first responders, and spiritual yogis have always known—when you regulate your breathing, you can moderate your state of well-being. So if you want to clear and calm your mind and spark peak performance, the secret is just a breath away. Breathwork gives you the tools to achieve benefits in a wide range of issues including: managing acute/chronic pain; helping with insomnia, weight loss, attention deficit, anxiety, depression, trauma, and grief; improving intuition, creativity, mindfulness, self-esteem, and leadership; and much more. Recommended “for those who wish to destress naturally” (Library Journal), Just Breathe will help you utilize your breath to benefit your body, mind, and spirit.

Introduction -- The height requirement -- Secure your shoulder harness -- Fuel for the motor -- Filling your empty seats -- Riding in the front seat -- Picking up speed -- Hands in the air -- Smile for the camera -- Epilogue -- Final word -- Acknowledgements -- Additional resources.

A best-selling author, pastor, futurist, and cultural thought leader argues that to experience and establish inner peace, we must first confront the battles that rage within. Your longings for inner peace and deep purpose are attainable, but they won't come easy. They require a warrior's mentality. Fighting for them requires passion, perseverance, and precision. This is an invitation to an unflinchingly honest look at your interior life guided by the ancient principles and methods revealed through Scripture. Erwin Raphael McManus delivers wisdom, instills passion, and provides the sacred movements needed to become the warrior you were meant to be. We live in a time of global and personal chaos. The world is at war because our souls are at war. The path to peace begins with you overcoming your most frequent and fierce enemy: yourself.

Drawing on his extensive experience as a coach and world champion athlete, bestselling author Dan Millman reveals a path to success not only in sports but in any life endeavor that requires training and the integration of the body and mind — from golf and tennis to playing the piano. Body Mind Mastery is a revised and updated edition of Millman's classic The Inner Athlete and includes a brand new Peaceful Warrior warmup, with photos and instructions on creating a daily exercise routine from Millman's principles, as well as a new section on the aging athlete. Through personal experience, as well as anecdotes from teaching and coaching at such schools as Stanford, U.C. Berkeley, and Oberlin College, Millman directs the reader through the detailed process of attaining the optimum performance of body and mind, where "our minds are free of concern or anxiety, focused on the present moment; our bodies relaxed, sensitive, elastic, and aligned with gravity; our emotions free-flowing expression, uninhibited, spontaneous." Body Mind Mastery includes overview chapters on developing mental, emotional, physical talent; practical chapters on training, competition, and the evolution of athletics; and Millman's exploration of natural laws that govern mental and physical training. It is a seminal book that examines the psychology behind the search for athletic excellence, and shows anyone how to improve skills, accelerate learning, and unleash athletic potential. The skills it teaches are applicable in sports and daily life — transforming training into a path of personal growth and discovery.

The Journeys of Socrates

The Way of the Peaceful Warrior
Everyday Enlightenment
Why We Don't Suck
An Ancient Path to Inner Peace
And How All of Us Need to Stop Being Such Partisan Little Bitches

This extensively updated edition of a crucial New Age classic will appeal to previous and new readers alike

After the publication of Dan Millman's first two books, which have since become classics in the realm of spiritual literature, many readers responded with thanks and questions, saying: "I was inspired by your first two stories – but how do you apply all these lessons in daily life?" Millman's answer came in the form of his third book, aptly titled, No Ordinary Moments. Containing perspectives, principles and specific practices that formed the core of "the peaceful warrior's way" – too much information to convey in a narrative story format as he had done in his first books – so he wrote his first comprehensive "guide to daily life." Structured in five parts – The Peaceful Warrior's Way – Up the Mountain Path – Tools for Transformation – The Battle Within – and The Expanded Life – and containing chapters with titles like Heart of the Warrior's Way... In the Arena of Daily Life ... When the Going Gets Tough ... Getting Real ... Universal Addictions ... The Will to Change and many more, the book has guided hundreds of thousands of people. As Millman puts it: Our lives are like a journey up a mountain path. As we climb, we face challenges in relationships and sexuality, money, work and health. We can find abundant information and advice on these subjects. So many of us know what to do, but it remains for us to turn knowing into doing." Dan Millman presents a peaceful warrior's approach to turning intentions into action, challenges into strength, and life experience into wisdom. Based on the premise that by changing ourselves we can change our world, No Ordinary Moments offers simple, practical ways to balance the body, liberate the mind, accept our emotions and open our hearts.

Way of the Peaceful Warrior A Book That Changes Lives: Easyread Super Large 20pt Edition ReadHowYouWant.com

The Hidden School reveals a book within a book, a quest within a quest and a bridge between worlds. Dan Millman takes readers on an epic spiritual quest across the world as he searches for the link between everyday life and transcendent possibility. Continuing his journey from Way of the Peaceful Warrior, Dan moves from Honolulu to the Mojave Desert, and from a bustling Asian city to a secluded forest, until he uncovers the mystery of The Hidden School. While traversing continents, he uncovers lessons of life hidden in plain sight – insights pointing the way to an inspired life in the eternal present. Along the way, you'll encounter remarkable characters and brushes with mortality as you explore the nature of

reality, the self, death and, finally, a secret as ancient as the roots of this world. Awaken to the hidden powers of paradox, humour and change. Discover a vision that may forever change your perspectives about life's promise and potential.

Wisdom of the Peaceful Warrior

Body Mind Mastery

Peaceful Warrior

The Heart of the Shaman

Secret of the Peaceful Warrior

Presents the author's personal account of his spiritual quest to unite the diverse realms of body, mind, and spirit by combining Eastern philosophy with Western fitness routines to become an example of the peaceful warrior. When you were a child, you had an amazingly strong, resilient and healthy body. The body you built through movement during the first several years of your life was meant to be the foundation from which you would continue to add strength, power and resiliency. Your body was meant to be strong, graceful, powerful, fluid, mobile and resilient. You were never meant to be broken, weak, fragile, stiff or injured. You were never meant to just "fall apart" with age. You are supposed to be able to conquer mountains, and even playgrounds, well into your golden years. You are supposed to enjoy this life with vitality. But, many of us do not. Many of us are just watching life go by. We have lost our way. We have lost our foundation. Our sedentary lifestyles have robbed us of the foundation and the joy of movement that we built as children. Because of this, we have lost our strength, our health, our resiliency and our vitality. Thankfully, we were indeed made to move. Through movement, specific movements, we can regain our foundation of strength, our foundation of health. We can become the strong, powerful, and graceful bodies that we were meant to be. We can enjoy this life with vitality. We don't have to be spectators, merely existing. We were made for adventure, for life! We can regain our Original Strength - our foundation. We can help our bodies remember how to move again and in doing so, we can become strong, healthy and resilient; like we were meant to be. We invite you to join us and regain the body you were always meant to have: A body capable of enjoying life.

The international bestselling author is back with a page-turning tale of the origins of the peaceful warrior. In the heart of nineteenth century Tsarist Russia an orphaned boy born of both Jewish and Cossack blood desperately seeks to find a place in a dangerous world. Sergei Ivanov's (Socrates') journey from a military academy to America is a spellbinding and tragic odyssey of courage and love. This riveting novel reveals how a boy became

a man, how a man became a warrior, and how a warrior discovered peace. From his birth, this boy—Sergei Ivanov—is destined to become the peaceful warrior and sage who changed the life of Dan Millman and millions of readers worldwide.

Unappreciative of what he has in life, Danny travels with the magical old man Socrates into another world, where his quest for the crystal castle teaches him that it is the journey itself that makes a warrior, not the reward.

Summary of Dan Millman's Way of the Peaceful Warrior by Milkyway Media

Return of the Peaceful Warrior

The Creative Compass

Peaceful Heart, Warrior Spirit

The True Story of My Spiritual Quest

A Peaceful Warrior's Guide to Daily Life

This is the second book in the Peaceful Warrior Saga. Neither a sequel nor prequel, this adventure takes place within the context of the original book, shedding new light on the path he was to travel, and would one day teach. After a period of training with the man he calls Socrates, Dan Millman is sent away by his old mentor to apply what he has learned to everyday life. Struggling with personal failure and growing disillusion, Dan sets out on a worldwide quest to rediscover the sense of clarity, meaning and purpose he found with Socrates. Then a long-forgotten memory drives Dan to seek a mysterious woman shaman in Hawaii. She is the gateway to all his hopes and fears — and the only one who can prepare him for what may follow. Deep in a rain forest on the island of Molokai, Dan encounters mortal challenges, vivid characters, and startling revelations as he ascends the peaceful warrior's path toward the light that shines at the heart of creation. In this compelling tale, the author breathes new life into ancient wisdom and reminds us that all our journeys are sacred, and all our lives an adventure.

Each one of Dan Millman's best-selling books presents new keys to the "peaceful warrior's way of living." Each offers a different aspect of Dan's philosophy - relevant, user-friendly, real-world guidance for everyday life. For the first time, in Living on Purpose, Dan answers some of the toughest questions we face. Organized into twenty-four key principles to answer some of life's toughest questions, Living on Purpose refines and expands on the teaching of his other books with fresh insight. Each of the principles, in turn, features further questions and answers more specific, related challenges. Building a bridge between idealism and realism, Dan applies timeless principles to pressing questions from all over the world — questions on metaphysics, destiny versus free will, control and surrender, goal making, and setting life priorities, as well as common everyday challenges, such as child rearing, divorce, drugs, money and work, sexuality, and

simplifying your life. In *Living on Purpose*, Dan Millman combines the wisdom of Solomon with the commonsense touch of *Dear Abby*, taking on real-world questions with the insight and knowledge that have drawn millions of readers to his books.

From the author of the bestselling *Why We Suck* comes a searing comic look at these divisive times, skewering liberals and conservatives alike with a signature dose of sarcasm and common sense. In an America so gluten-free that a box of jelly donuts is now a bigger threat than Vladimir Putin, where college kids are more afraid of Ann Coulter than HIV, it's time for someone to stand up and make us all smell the covfefe. Dr. Denis Leary is that guy. With *Why We DON'T Suck: And How All of Us Need to Stop Being Such Partisan Little Bitches*, Denis is on a devoted mission to #MakeAmericaLaughAgain. Using the clamorous political atmosphere as a starting point, he takes a bipartisan look at the topics we all hold so dear to our patriotic hearts—including family, freedom, and the seemingly endless search for fame and diet vodka. Denis will answer important questions like: When will Hillary blame herself? Why does Beyoncé think he's Bryan Adams? And why doesn't he follow the millennial lead and post pictures of his food on social media? (Spoiler alert: He's too busy actually eating it.) Not that Denis has anything against millennials: "When it comes to science, math, and technological advances, this generation has done more in three and a half decades than any other age group in history. What did my generation do? Cocaine and quaaludes mostly. With a side order of really stupid haircuts." Dr. Leary is here to remind us of what truly makes America great, even though we're #7 on the most recent list of Best Countries to Live In. Which may sound bad but means we still make the playoffs.

"This story is mine, but the way belongs to us all." — Dan Millman
Dan Millman's books and teachings have been a guiding light to millions of people. Now comes the true story of his search for the good life, a quest for meaning in the modern world. In vivid detail, he describes his evolution from childhood dreamer to world-class athlete, including the events that led him to write the spiritual classic *Way of the Peaceful Warrior*. Over the course of two decades Dan was guided by four radically different mentors: the Professor, a scientist-mystic; the Guru, a charismatic spiritual master; the Warrior-Priest, a rescuer of lost souls; and the Sage, a servant of reality. Each of them generated mind-expanding experiences that prepared Dan for his calling as a down-to-earth spiritual teacher. At times funny, at times poignant, this memoir will delight Dan's longtime fans and inspire new generations of readers who wish to live with a peaceful heart and a warrior's spirit.

A Book That Changes Lives: Easyread Super Large 24pt Edition

Straight Answers to Universal Questions

The Way of the Warrior

Unbeatable Mind

The Graphic Novel: the Graphic Novel

No Ordinary Moments

WAY OF THE PEACEFUL WARRIOR has become one of the most beloved spiritual sagas of our time. Shared among friends and families, this million-copy word-of-mouth bestseller has inspired men and women of all ages in twenty languages worldwide. Despite his success, college student and world-champion athlete Dan Millman is haunted by a feeling that something is missing from his life. Awakened one night by dark dreams, he wanders into an all-night gas station, meets an old man named Socrates, and his world is changed forever. Guided by this eccentric old warrior, drawn to an elusive young woman named Joy, Dan begins a spiritual odyssey into realms of light and shadow, romance and mystery, toward a final confrontation that will deliver or destroy him. This classic tale, told with heart and humor, speaks to the peaceful warrior in each of us. Countless readers have been moved to laughter and tears - even moments of illumination - as they rediscover life's larger meaning and purpose. Journey with Dan on the peaceful warrior's path to unreasonable happiness. Find out for yourself why this book changes lives.

Nearly a quarter century after the publication of Dan Millman's Way of the Peaceful Warrior, a film adaptation came to screen in a movie titled "Peaceful Warrior" starring Nick Nolte as Dan's old mentor, "Socrates." Dan had anticipated that many questions might come from viewers of that film, and that it was finally time to write a book that directly addressed the original teachings in his first book, and loosely expressed in the movie. Over the years, readers have asked many compelling questions about mysterious elements in his bestselling classic. In this powerful new work, Wisdom of the Peaceful Warrior, Dan selected one hundred key passages and added incisive commentaries to clarify the timeless teachings of his old mentor, Socrates. With practical wisdom gained over the passing decades, Dan now shares fresh insights that readers can apply directly to their everyday lives. Wisdom of the Peaceful Warrior speaks to all adventurous souls seeking a deeper understanding of themselves and their lives. For Dan Millman's loyal readers as well as those new to his work, this book reveals how to live each day with a peaceful heart and a warrior spirit.

This heartwarming tale tells of Danny Morgan, who learns the meaning of courage and friendship when he is confronted by, and befriends, the schoolyard bully. With dignity, wit, and compassion, Danny's mentor shows him that he cannot solve his problems by running away — or by becoming a bully himself.

The Heart of the Shaman will take you on a journey into the sacred world of the shaman, through stories, dreams, and ancient rites. In his latest book, Alberto Villoldo sets his focus on the dreaming and time-travel practices of the medicine men and women of the Andes and Amazon, whose wisdom radically changed his worldview. Villoldo shares some of

their time-honored teachings that emphasize the sacred dream: an ephemeral, yet powerful vision that has the potential to guide us to our purpose and show us our place in the universe. The practices in this book will help you forge a sacred dream for yourself. They will help you craft a destiny infused with courage, and driven by vision. You'll be invited to follow the footsteps of the luminous warrior and learn how to break out of the three nightmares surrounding love, fear, and safety that have held you captive, and transform them into the experience of timeless freedom, known as the Primordial Light. This creative power exercised by shamans will lead you to create beauty and healing, and dream a new world into being. When you transform these dreams and accept that life is ever changing, that your mortality is a gift, and that no one except you can free you from fear —the chaos in your life turns to order, and beauty prevails. "Wake up from the slumber you are living in, and dream with your eyes open so that all the possibilities of the future are available to you."

Writing Your Way from Inspiration to Publication

Training for Sport and Life

Living on Purpose

Original Strength

A Tale of Transformation

The Graphic Novel

With over 100 Five-Star Reviews, Unbeatable Mind (2nd Edition) has deeply impacted the lives of thousands of people seeking strength in their thinking, mental-state, and self-development with a curated package of tools and techniques not easily found anywhere else. In this revised and updated version of Unbeatable Mind (3rd Edition), Mark Divine offers his philosophy and methods for developing maximum potential through integrated warrior development. This work was created through trial and error proving to thousands of clients that they are capable of twenty times more than what they believe. The powerful principles for forging deep character, mental toughness and an elite team provided in this book are the foundation of the Unbeatable Mind 'working in' program of Divine's SEALFIT Academies and renowned Kokoro Camp. They are being employed by a growing number of coaches, professors, therapists, doctors and business professionals worldwide. > Commander Divine is a retired Navy SEAL and human performance expert who works with elite military, sport and corporate teams, SEAL / SOF candidates and others seeking to maximize their potential, leading to more balanced success and happiness. The training is leading to breakthroughs in all walks of life and and cultivating a robust community of practitioners. > This book will specifically help you develop: > Mental clarity- to make better decisions while under pressure. > Concentration - to focus on the mission until victory is assured. >

Awareness - to be more sensitive to your internal and external radar. > Leadership authenticity - to be a heart-centered leader and service oriented teammate. > Intuition - to learn to trust your gut and use mental imagery to your advantage. > Offensive "sheepdog" mindset - to avoid danger and stay one step ahead of the competition or enemy. > Warrior spirit - to deepen your willpower, intention and connection with your spiritual self.

Perhaps the most important section in Dan Millman's best-selling book, *The Life You Were Born to Live* was titled *Laws that Change Lives*. These laws, as described, were key to overcoming the specific hurdles on a given individual's life path. Different laws played critical roles for different paths. But the author considers these laws so central to all our lives that they needed a book of their own, and a more universal treatment, since anyone could benefit from applying any of these laws. As he writes: "Within the mystery of our existence, the universe operates according to spiritual laws as real as the law of gravity and as constant as the turning of the heavens. Aligning our lives to these laws can transform our relationships, careers, finances, and health. Simply put, they make life work better." *The Laws of Spirit*, Dan Millman's "little book of big wisdom," offers a teaching tale in which he encounters an ageless woman sage while on a mountain hike. There, in the wilderness, she takes Dan and his readers through experiences and tests in the natural world that demonstrate the power of spiritual laws of balance, choice, process, presence, compassion, faith, action, patience, , surrender, and unity. As the sage relates, "These laws belong to all of us. They rest within our hearts and at the heart of every religion and spiritual tradition." As you make your own journey through the pages of this book, you will find universal solutions to the varied challenges of our lives, leading to perspective and wisdom about the meaning and purpose of our lives here, and our connection with all of creation It begins with a single step: Open the first page of a book you will refer to again and again for inspiration and guidance on life's journey, up the mountain path.

More and more people are "waking up" spiritually. And for most of them, the question becomes: now what? "Information about life after awakening is usually not made public, " explains Adyashanti. "It's most often shared only between teachers and their students." *The End of Your World* is his response to a growing need for direction on the spiritual path. Consider the book you hold in your hands Adyashanti's personal welcome to "a new world, a state of oneness."

****Warning**** This book contains strong sexual content, strong adult language, and domestic violence. But it does have a happily ever after...no cliffhanger. Sydney and her best friend Theresa are enjoying their Junior year of college. When Sydney's boyfriend breaks up with her she becomes the target of the star quarterback. After some convincing from her best friend, she finally agrees to go on one date with the sexiest guy on campus. Ronnie Thomas, star quarterback, has a dark past. No matter how hard he tries, his past always comes back and creates problems in every relationship. He wants things to be

different with Sydney, she's beautiful, funny, smart, and patient. Cade, a Nomad in the motorcycle world, meets Sydney one weekend when he attends a party at the club house where her dad is the President of the motorcycle club. His best friend Bryan, a prospect for the club, warns him that Sydney is off limits since she's the Prez's daughter. But Cade sees what she is hiding from her family and friends. When Sydney calls Bryan and Cade for help--all hell breaks loose. Ronnie won't give up that easy and plans on doing whatever he has to, to have Sydney.

Way of the Peaceful Warrior

Avatar: The Last Airbender--Katara and the Pirate's Silver

The Hidden School

A Book that Changes Lives

The Four Purposes of Life

The Entrepreneur Roller Coaster

The Hidden School reveals a book within a book, a quest within a quest, and a bridge between worlds—a “must-read journey of transformation. Few other books so skillfully combine story and substance than this peaceful warrior adventure,” raves #1 New York Times bestselling author, Tony Robbins. In the long-awaited conclusion to the international bestselling Peaceful Warrior saga, Dan Millman takes us on an epic spiritual quest across the world as he searches for the link between everyday life and transcendent possibility. Continuing his journey from Way of the Peaceful Warrior, Dan moves from Honolulu to the Mojave Desert, and from a bustling Asian city to a secluded forest, until he uncovers the mystery of The Hidden School. While traversing continents, he uncovers lessons of life hidden in plain sight—insights pointing the way to an inspired life in the eternal present. Along the way, you’ll encounter remarkable characters and brushes with mortality as you explore the nature of reality, the self, death, and finally, a secret as ancient as the roots of this world. Awaken to the hidden powers of paradox, humor, and change. Discover a vision that may forever change your perspectives about life’s promise and potential.

For many of us, life seems like a puzzle with missing pieces. We form plans and change them; we choose one path then another, trying to find the right mate and career, hoping that we’ve made the right decision and that it will all work out. At some point, we ask ourselves the central question: What is the purpose of my life? Few writers approach the topic of life purpose with the clarity of Dan Millman, whose prior book The Life You Were Born to Live has reached more than a million readers worldwide. In The Four Purposes of Life, Millman distills decades of exploration and experience into a concise map of what we’re here to accomplish on our life’s journey. This book is for anyone seeking deeper insight into themselves and their lives, but especially for those at a crossroads, facing a challenge or change, when past approaches no longer work.

If a strange old gas station attendant offered to teach you to change your life, would you take him up on the offer? Way of the Peaceful Warrior: A Book That Changes Lives (1980) is a semi-autobiographical work of fiction by Dan Millman, a personal transformation coach and former collegiate gymnast... Purchase this in-depth summary to learn more.

The author of the bestseller, Way of the Peaceful Warrior presents an important, practical guide that reveals twelve keys to transform everyday life into a spiritual adventure.

An Adventure

Finding Meaning and Direction in a Changing World

A Book That Changes Lives

A Book That Changes Lives: Easyread Super Large 20pt Edition

The Peaceful Warrior Collection

Its Your Turn to #jointheride

It's sink or swim for Katara! When Team Avatar is suddenly ambushed by the Fire Nation, Katara gets separated from the group. Unable to rendezvous with Aang, Toph, and Sokka, Katara must avoid capture by aligning herself with some unlikely allies! The normally sweet and sensitive Katara will need to explore her tougher side if she's going to reunite with the rest of Team Avatar.... Written by Faith Erin Hicks (The Adventures of Superhero Girl, The Nameless City) and drawn by Peter Wartman (Stonebreaker), with colors by Adele Matera and letters by ComiCraft's Jimmy Betancourt, in collaboration with Avatar: The Last Airbender animated series writer Tim Hedricks!

The Laws of Spirit

A Book That Changes Lives: Easyread Large Bold Edition

Stories and Practices of the Luminous Warrior

Rewind

A Basically True Story

The Twelve Gateways to Personal Growth