

## **Women Sex And Addiction**

***Journalist Jenny Valentish takes a gendered look at drugs and alcohol, using her own story to light the way. Mining the expertise of 35 leading researchers, clinicians and psychiatrists, she explores the early predictors of addictive behaviour, such as trauma, temperament and impulsivity. Drawing on neuroscience, she explains why other self-destructive behaviours - such as eating disorders, compulsive buying and high-risk sex - are interchangeable with problematic substance use. From her childhood in suburban Slough to her chaotic formative years in the London music scene, we follow her journey to Australia, where she experiences firsthand treatment facilities and AA groups, and reflects whether or not they are meeting the needs of women. Woman of Substances is an insightful, rigorous and brutally honest read. In Australia it was nominated for a prestigious Walkley Book Award. 'Employing expert interviews and research, each rich personal episode is contextualised within the under-examined issue of women's substance abuse. Detailed, insightful and told with a feature writer's narrative flair' Bookseller and Publisher. 'Engages readers with storytelling while presenting scientific findings and theories in a way that is accessible to a broad audience' Broadsheet. 'Part monograph, part memoir, part Ginsbergian howl of outrage at a culture in which gender bias is a tenet. It is a work of compellingly articulate anger' The Australian. 'In straightforward, lively prose she relates even her darkest moments without self-pity or aggrandisement, and often with a streak of gallows humour, leading to more laugh-out-loud lines than you might expect' The Saturday Paper. 'We need books like this, and writers like Valentish, to give voice to our frustrations and concerns, to help legitimise and mobilise' Kill Your Darlings. 'Valentish's passion lies in exploring the underlying causes and their effects and, in the most female of ways, offering companionship and reassurance for her readers' The Monthly. 'Doesn't mince her words' Sydney Morning Herald. IN THIS INTENSELY PERSONAL MEMOIR, Staci Sprout offers a vulnerable account of her recovery journey from the painful world of sexual intrigue and addiction. She was an honors student and cheerleader, and later a talented young social worker, but her life had a dark twist even her closest friends didn't suspect. Childhood sexual abuse and exposure to pornography had ignited a drive to be sexual that eventually threatened to unravel her sanity and her life. Desperate for relief, she tried psychotherapy, hypnotism, bodywork, and traditional and pagan spirituality. Nothing helped until a near-death experience became a turning point and she found her way into the rooms of 12-Step recovery for sex addiction. Staci's story reveals what can happen when a woman refuses to give up in her fight for dignity and freedom. The wisdom that emerges will be both a roadmap and inspiration for anyone, male or female, who struggles with sexual addiction - and to their loved ones.***

***Now a Lifetime Television original movie airing April 2008 with Sally Pressman, star of Army Wives. In this powerful memoir, a woman learns to value herself—as a whole person rather than as a sexual object. Sue William Silverman tells of her roller-coaster life of sex and self-destructive behavior. Finally, addicted to danger itself, she seeks the help of a trusted therapist to discover what love really means.***

***Daily readings for individuals in recovery from sex addiction. These meditations provide 12-Step insights, sobriety tools and tips, lessons for successful recovery, and partner sensitivity. They combine the clinical guidance of a seasoned therapist with the wisdom received by walking a recovery path.***

***Sex Addiction: The Partner's Perspective***

***Overcoming Sex Addiction***

***How Adult Daughters Can Understand and Heal from Lost Nurturance, Protection, and Guidance***

***Gifts of Recovery***

***A Step-by-Step Plan to Rebuild Trust and Restore Intimacy***

***Healing When Sexual Addiction Invades Your Marriage***

***Women Who Love Sex Addicts***

**Sex addiction is on the increase - in the media as well as in the therapy room. But while more and more people seek help for their compulsive sexual behaviours, there is still confusion and debate about whether the condition even exists. Understanding and Treating Sex Addiction explains why an increasing number of people are inadvertently finding their lives devastated by their sexual behaviours. It explores the latest scientific understandings and research into why pornography, cyber sex, visiting sex workers, fetishes and multiple affairs can come to control some people's lives to the point that they can't stop. It explains how sex addiction is not a moral issue, as some assume, but a health issue that we as a society need to start taking seriously. Throughout the book are the revealing statistics from the UK's latest survey on sex addiction. Three hundred and fifty people who struggle with this condition have bravely and candidly shared their experience for the benefit of their fellow sufferers and those who choose to help them. This book contains support and advice for both the clinician and for those who suffer from sex addiction. As well as practical guidance and techniques for stopping compulsive behaviours and preventing relapse, there is also a thorough exploration of the deeper underlying causes and how these must be addressed.**

**The number of affordable, easy links to pleasurable sexual online content is on the rise. Activity increases with the accessibility of technology. So, too, has sex addiction. People struggling with sex, porn, and love addiction typically have little understanding of this incredibly complicated disease.**

**Sex Addiction 101** covers everything from what sexual addiction is and how it can best be treated, to how it affects various subgroups of the population such as women, gays, and teenagers. The book also provides sex addicts with strategies to protect themselves from the online sexual onslaught. **Sex Addiction 101** is intended to enlighten the clinical population as well as actual sex addicts and their loved ones. Along with his mentor Patrick Carnes, Weiss has become the face of and driving force behind understanding and treating sex addiction; this book should be a core title in every addiction collection.

Unhooked from regular routines and healthy relationships by the coronavirus pandemic or other traumas, even our most basic human impulses and inputs can become addictive and destructive. An essential resource for those struggling with sexual addiction and compulsions, and those who love them. With the revised information and up-to-date research, **Out of the Shadows** is the premier work on sex addiction, written by a pioneer in its treatment. Sex is at the core of our identities. And when it becomes a compulsion, it can unravel our lives. **Out of the Shadows** is the premier work on this disorder, written by a pioneer in its treatment. Revised and updated to include the latest research--and to address the exploding phenomenon of cybersex addiction--this third edition identifies the danger signs, explains the dynamics, and describes the consequences of sexual addiction and dependency. With practical wisdom and spiritual clarity, it points the way out of the shadows of sexual compulsion and back into the light and fullness of life.

Sex and pornography addiction are growing problems that devastate the lives of partners as well as sufferers. **Sex Addiction: The Partner's Perspective** has been written to help partners and those who care about them to survive the shock of discovering their partner is a sex addict and to help them make decisions about the future of their relationships and their lives. First and foremost, it is a practical book, full of facts, and self help exercises to give partners a much needed sense of stability and control. Like its sister book, **Understanding and Treating Sex Addiction**, it includes case examples and survey results revealing the reality of life for partners of sex addicts. **Sex Addiction: The Partner's Perspective** is divided into three parts. Part I explores the myths surrounding sex addiction and provides up to date information about what sex addiction is and what causes it before moving on to explain why the discovery hurts partners so much. Part II is about partners' needs and includes self-help exercises and strategies to help partners regain stability, rebuild self-esteem and consider their future. The controversial topic of co-dependency is also explored with guidance on how to identify it, avoid it and overcome it. Part III focuses on the couple relationship starting with

**the difficult decision of whether to stay or leave. Whatever the decision, partners will then find help and support for rebuilding trust and reclaiming their sexuality. This book has been written to help partners not only survive, but to grow stronger and move on with their lives - whether alone, or in their relationship. Readers will find revealing statistics and real life stories shared by partners who kindly took part in the first UK survey of sex addiction partners. This book will this book be a valuable guide for partners, but also for the therapists who seek to support them on their journey of recovery.**

**Sex Addiction 101**

**Out of the Shadows**

**Sexual Sanity for Women**

**Understanding Sex Addiction in Gay Men**

**Answers in the Heart**

**Love Sick**

**Healing from Sexual and Relational Brokenness**

Clinical Management of Sex Addiction ' s newest edition updates many of the original chapters from 28 leaders in the field with new findings and treatment methods in the field of sex addiction. With a growing awareness of sex addiction as a problem, plus the advent of cybersex compulsion, professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation. This is the first book distilling the experience of the leaders in this emerging field. It additionally provides new chapters on emerging areas of interest, including partner counseling, trauma and sexual addiction, and adolescent sex addiction. With a focus on special populations, the book creates a current and coherent reference for the therapist who faces quickly escalating new constellations of addictive sexual behavior. Readable, concise and filled with useful interventions, it is a key text for professionals new to the field and a classic reference for all clinicians who treat sex addiction.

Robert Weiss, director of the Sexual Recovery Institute in Santa Monica, California, avoids political and moral arguments and instead focuses on the clinical approach, asking the question, "Is your sexual behavior causing problems in other areas of your life?" Cruise Control leads men to a better understanding of the difference between sexual compulsion and non-addictive sexual behavior within the gay experience, and it explains what resources are available for recovery. A timely and important contribution to the body of recovery literature, Cruise Control provides understanding, empathy and encouragement to gay men seeking healthy sexual expression.

Sexual Sanity for Women guides participants through the process of understanding why they struggle with destructive relational and sexual patterns and how the gospel brings change and a new way of living. Twenty lessons guide participants to understand God's good design for sexuality, the underlying reasons they struggle with sexual brokenness, and how the grace and truth of Jesus Christ can be applied to their

struggles. Change begins as deeper heart issues are uncovered, and women learn that they are well-loved daughters of God who will find healing and wholeness as they live out God's Word in their relationships. This workbook is ideal for a one-on-one mentoring, college age student groups, and women's groups.

The concept of sexual addiction has gained increasing recognition in the academic and healthcare communities since the 1990s. It has also captured the attention of the media, where there has been much debate over whether it can truly be described as an addiction. What is certain is that many people struggle with out of control sexual behaviour, which takes over their lives and has harmful consequences for their relationships, careers and finances. The Routledge International Handbook of Sexual Addiction brings together a comprehensive range of perspectives on sexual addiction from a worldwide selection of scholars and therapists. It sets out to define sexual addiction and to study its causes from a range of different psychological perspectives. A series of presentations of sexual addiction are outlined, including internet sexual addiction and the relationship between paraphilias and sex addiction. The handbook considers both individual and group treatment strategies, drawing on a wide range of approaches, including cognitive behavioural therapy, mindfulness and 12-step programmes. The book studies sex addiction in specific populations including women, adolescents and men who have sex with men. Finally, it considers some of the alternative discourses surrounding the concept of sexual addiction. This is the first comprehensive reference book to bring together global viewpoints on advances in research, theory and practice in one volume. This handbook provides an essential guide for academics and students of psychotherapy, counselling, nursing, addiction, sexualities, social work and health and social care, as well as professionals in practice and in training working with sexual addiction and related issues.

Sex Addicts Anonymous

Women Redeemed from Sexual Addiction

Daily Meditations for Men and Women in Recovery from Sex Addiction

Mother Hunger

The Storm of Sex Addiction

Clinical Management of Sex Addiction

Healing the Wounds of Sexual Addiction

**Scott Rawley plans to embark on a gambling career on a Mississippi riverboat, just as soon as his father pays off his ranch. With one payment left, his father is gunned down and killed. Scott postpones his gambling career while pursuing revenge.**

**Like other psychiatric disorders, sexual addiction is a condition that affects peoples' relationships with others as much as it affects their own mental state. Individuals suffering from sexual addiction typically pursue sex through any means possible and often engage in risky forms of sexual activity such as exhibitionism,**

promiscuous sex with multiple partners, online sex, etc. It's easy to see how a couple's relationship may be challenged by the manifestations and reality of a disorder like this one. **A Couple's Guide to Sexual Addiction** discusses common relationship issues within the context of sexual addiction and provides the reader with exercises, information, and advice on the following topics: Trust Communication Healthy sexuality & sexual behaviors Family By understanding the reality of sexual addiction and what it means for a relationship, couples will be able to better relate to each other and plan for a successful future.

For many years, addiction research focused almost exclusively on men. Yet scientific awareness of sex and gender differences in substance use disorders has grown tremendously in recent decades. This volume brings together leading authorities to review the state of the science and identify key directions for research and clinical practice. Concise, focused chapters illuminate how biological and psychosocial factors influence the etiology and epidemiology of substance use disorders in women; their clinical presentation, course, and psychiatric comorbidities; treatment access; and treatment effectiveness. Prevalent substances of abuse are examined, as are issues facing special populations.

A psychologist and bestselling author redefines love and sex addiction as a spectrum disorder, and offers a new approach for healing. For anyone who has wondered Why does everyone else seem to be able to make romantic relationships work, and I can't? What's wrong with me? Why is love so hard? Psychologist and bestselling memoirist Kerry Cohen is all too familiar with the questions she often hears from her clients—and has asked herself. Even though sex and love are some of the most universal, sought-after experiences we have, many of us lack the tools and understanding to approach them in a healthy way. Without knowing it, many people struggling with sex and love actually fall somewhere on the spectrum of sex and love addiction (SLA). Sex and love addiction is still wildly misunderstood. It's shrouded in secrecy and shame, and many counselors lack the training to address it—leaving people who need help without resources. Yet SLA isn't a binary of you are or you aren't, rather, it's a spectrum. Kerry Cohen knows this all too well as both a therapist and someone who identifies on the SLA spectrum. Based on research and her own clinical experience, **Crazy for You** dives into SLA and provides an inclusive framework for understanding relationships, along with practical exercises and advice for self-assessment, discovery, and healing: Part one explains the sex and love addiction spectrum, helping you determine where you fall on it and how you got there Part two introduces strategies for breaking the spell of sex and love addiction, like behavior modifications and self-awareness techniques Part three teaches you how to navigate healthy, safe, and fulfilling relationships

**A Memoir of Recovery from Sex Addiction and Other Temporary Insanities**

**Women and Sex Addiction**

**Understanding the Urge to Merge and How to Heal When Things go Wrong**

**A Search for Love and Power**

**Help for Healing from the Effects of a Relationship With a Sex Addict**

**Hope After Betrayal**

**Women and Addiction**

Sexual addiction is a problem that affects millions of people. Maureen Canning, LMFT, who has extensive experience treating sex addicts, explains its roots and how those afflicted can recover. This book also explains the poisonous childhood seeds that lead to public scandals like the revelations involving former congressman Mark Foley. Canning shows how compulsions are the product of early childhood abuse and how patterns, from the most violent to the most commonplace, develop. She explains that the overriding emotion sexually addicted people feel towards the partners with whom they seek intimacy is anger turned into sexuality, or "sexualized anger." This yields a false sense of security and power, an "aggressive tendency," which destroys any chance of a healthy relationship. Lust, Anger, Love offers a comprehensive and enlightening look at the origins of these little discussed behaviors and maps out a plan for recovery.

Examining the neurobiological underpinnings of sex addiction. Neuroaffective science—studying the integrated development of the body, brain, and mind—has revealed mechanisms linking psychological and biological factors of mental disorders, including addiction. Indeed, its paradigm-shifting theoretical umbrella demonstrated that substance and behavioral dependencies share identical neurobiological workings, and thus that problematic repetitive behaviors are genuine addictions—a state increasingly understood as a chronic brain disorder. Clinical experience strongly suggests that sex addiction (SA) treatment informed by affective neuroscience—the specialty of Alexandra Katehakis—proves profoundly transformative. Katehakis's relational protocol, presented here, blends neurobiology with psychology to accomplish full recovery. Her Psychobiological Approach to Sex Addiction Treatment (PASAT) joins therapist and patient through a relationally-based psychotherapy—a holistic, dyadic dance that calls on the body, brain, and mind of both. Written with clarity and compassion, this book integrates cutting-edge research, case studies, verbatim session records, and patient writings and art. Katehakis explicates neurophysiological, psychological, and cultural forces priming and maintaining SA, then details how her innovative treatment restores patients' interpersonal, sexual, and spiritual relationality.

A timely and gutsy YA novel based on the Tony and Grammy Award winning musical from Alanis Morissette, Diablo Cody, and Glen Ballard! Swallow it down—what a jagged little pill . . . Jagged Little Pill: The Novel follows the intertwining lives of five teens whose world is changed forever after the events at a party. Adopted Frankie struggles to see eye-to-eye with her mother—who would

rather ignore a problem and preserve their “perfect” life than stand up for what’s right. Jo just wants her mom to accept her queer identity—and is totally crushed when Frankie, the only person who really gets her, finds herself infatuated with someone new. Phoenix tries to find his place at the new school and balance wanting to spend time with Frankie but knowing he also has to help out with his sick sister at home. Bella wants to enjoy the end of high school and just head off to college without a hitch. Everyone expects Frankie's brother Nick to be the golden boy, but even though he just got into his dream school, he’s not even sure he's a good person. Each of their stories intersects when Bella is sexually assaulted at a party, and it looks like the perpetrator might get away with it. Moving, heartfelt, and raw, *Jagged Little Pill: The Novel* draws on the musical’s story and gives readers deeper glimpses of the characters. It’s a story about the power of voicing your pain, standing up for what’s right, and finding healing and connection. *Overcoming Sex Addiction* is an accessible self-help guide which uses the principles of cognitive behaviour therapy to help those with problematic or unwanted patterns of sexual behaviour. It is designed for those who are not yet ready to seek professional help or who live in a place where little help is available and can be used in conjunction with general psychotherapy. Written by a leading expert in the field, the book offers an insight into the origins of sex addiction, before going on to explain the cycle of addiction and how to break it. The book has a do-it yourself week-by-week programme of action to tackle compulsive sexual behaviour, and provides extensive advice on relapse prevention to help the reader move forward in recovery. *Overcoming Sex Addiction* will provide clear, informed guidance for sex addicts and those professionals working with them.

Routledge International Handbook of Sexual Addiction

The Myth of Sex Addiction

Daily Meditations for Men and Women Recovering from Sex Addiction

Texas Blood

No Stones

The Truth

*Jagged Little Pill: The Novel*

*“Erica Garza has written a riveting, can’t-look-away memoir of a life lived hardcore...In an era when predatory male sexual behavior has finally become a topic of urgent national discourse...Getting Off makes for a wild, timely read” (Elle). A fixation on porn and orgasm, strings of failed relationships and serial hook-ups with strangers, inevitable blackouts to blunt the shame—these are not things we often hear women share publicly, and not with the candor, eloquence, and introspection Erica Garza brings to Getting Off. What sets this courageous and riveting account apart from your typical misery memoir is the absence of any precipitating trauma beyond the garden variety of hurt we’ve all had to endure in simply becoming a person—reckoning with family, learning to be social, integrating what it means to be sexual. Whatever*

*tenor of violence or abuse Erica's life took on through her behavior was of her own making, fueled by fear, guilt, self-loathing, self-pity, loneliness, and the hopelessness those feelings brought on as she runs from one side of the world to the other in an effort to break her habits—from East Los Angeles to Hawaii and Southeast Asia, through the brothels of Bangkok and the yoga studios of Bali to disappointing stabs at therapy and twelve-steps back home. In these remarkable pages, Garza draws an evocative, studied portrait of the anxiety that fuels her obsessions, as well as the exhilaration and hope she begins to feel when she suspects she might be free of them. Getting Off offers a brave and necessary voice to our evolving conversations about addiction and the impact that internet culture has had on us all—"a profoundly genuine, gripping story that any reader can appreciate" (Vice). "In reading Garza's insight into her own experiences, we better understand ourselves" (The New York Times Book Review).*

*The most comprehensive, informative, accessible, and readable primer on sex addiction.*

*"You can't truly understand the country you're living in without reading Williamson." —Rich Lowry, National Review "His observations on American culture, history, and politics capture the moment we're in—and where we are going." —Dana Perino, Fox News An Appalachian economy that uses cases of Pepsi as money. Life in a homeless camp in Austin. A young woman whose résumé reads, "Topless Chick, Uncredited." Remorselessly unsentimental, Kevin D. Williamson is a chronicler of American underclass dysfunction unlike any other. From the hollows of Eastern Kentucky to the porn business in Las Vegas, from the casinos of Atlantic City to the heroin rehabs of New Orleans, he depicts an often brutal reality that does not fit nicely into any political narrative or comfort any partisan. Coming from the world he writes about, Williamson understands it in a way that most commentators on American politics and culture simply can't. In these sometimes savage and often hilarious essays, he takes readers on a wild tour of the wreckage of the American republic—the "white minstrel show" of right-wing grievance politics, progressive politicians addicted to gambling revenue, the culture of passive victimhood, and the reality of permanent poverty. Unsparing yet never unsympathetic, Big White Ghetto provides essential insight into an enormous but forgotten segment of American society.*

*Everyone makes mistakes in relationships at one time or another. Sometimes they learn from those mistakes. Other times, they return to those behaviors and cycle through failed relationship after failed relationship. Sometimes those behaviors become an addiction to love that may leave a person feeling unhappy, unfulfilled, lonely, or worse. Lesbian Love Addiction: Understanding the Urge to Merge and How to Heal When Things go Wrong makes visible the elements of love addiction that many lesbians suffer from. Love addiction for lesbians comes in many forms. Some struggle by sexually acting out and others are serial relationship junkies, jumping from one relationship into the next. Some are addicted to the high of falling in love and once that wears off don't know how to handle the day-to-day realities of a*

*committed relationship. Some are even addicted to fantasy and intrigue, while others are love avoidants and sexual anorexics. Love avoidants may be able to get into a relationship but once they are fully committed, struggle with feeling smothered. Others may avoid intimate or sexual relationships all together, becoming sexually anorexic. Some may even vacillate between all of these. The underlying component and common denominator in all of these scenarios is the "Urge to Merge." Lesbian Love Addiction is designed to help ameliorate at least part of this problem. Lauren D. Costine offers insight for lesbians, bisexual women in relationships with women, queer women, and more specifically, any woman who loves women, as well as their family and friends, and health care professionals, into the psychology of lesbian love addiction. It will give those who struggle with and suffer from love addiction ways to understand, cope, and heal from this debilitating addiction. It will give those who work with this population new tools to use to do this more effectively. Mostly, it will help lesbians understand their relationship failures and how to heal from problems associated with them, so they may grow and cultivate happier, more fulfilling connections in the future.*

*L.I.F.E. Guide for Women*

*Women, Sex, and Addiction*

*Understanding and Treating Sex Addiction*

*Understanding Sexual Addiction*

*Breaking the Spell of Sex and Love Addiction*

*A Comprehensive Guide for People who Struggle with Sex Addiction and Those who Want to Help Them*

*Understanding Sexual Addiction and the Road to Healthy Intimacy*

The basic text of the SAA fellowship, Sex Addicts Anonymous explains sex addiction from the SAA perspective and demonstrates, through examples, how sex addiction worsens over time. It describes the personal powerlessness and unmanageability of sex addiction, and the damage to personal relationships, livelihood, and physical health that is often caused by addictive behavior. Sex Addicts Anonymous conveys a vision of hope for the addict through a recovery program based on the time-honored Twelve Steps that were initially proposed for alcoholics. A separate section of the book offers a variety of personal stories from individual members of the fellowship to illustrate the challenges and the hope of recovery.

Meg is a lantern guiding women through the twists and turns along this pain-filled path. --Lynn Marie Cherry, speaker and author of Keep Walking: 40 Days to Hope and Freedom After Betrayal Meg Wilson watched her world fall apart when her husband confessed to years of sexual addiction. She has intimate knowledge of the devastation that follows--and she has come through the other side. In her groundbreaking Hope After Betrayal, Meg provides reassuring counsel, compassionate insight, and wise direction. By sharing her story, talking to other women who've been in a similar situation, and turning to Scripture, Wilson has helped countless readers through the steps to recovery--and shows how you can follow that same path out of the darkness. This

newly revised and expanded edition includes new lessons Meg has learned over the last decade. A compelling final chapter by Meg's husband sheds further light on the difficult road to healing from sexual addiction, and a thoughtful new appendix addresses the effect sexual addiction has on children in the home. Hope After Betrayal is a strong and sure lifeline that thousands of women will reach for in a drowning moment. Meg offers careful, clear direction and encouragement in each chapter while unveiling the truth about sexual addiction...This valuable tool should be required reading for every wife and every mother of sons." --Robin Jones Gunn, best-selling author of the Sisterchicks Series

Daily reflections for those searching for lasting recovery from sex addiction. The supportive and motivational thoughts in this bestselling collection of daily readings promise to spark the healing, hope, and personal growth anyone addicted to sex needs to embrace recovery. Part of the Hazelden Meditation series, each thought of the day inspires the strength, courage, and mindfulness readers need to overcome patterns of sexual compulsion. Featuring 366 affirmations that complement any Twelve Step program for love addiction or an unhealthy dependence on sexual behavior, this book will become the touchstone to your transformation.

'An honest and deeply chilling account of what it's like to suffer from a compulsion to look for love in what are most definitely the wrong places' Elle For Sue Silverman, the wrong places to look for love include: At the end of a phone, when a stranger calls her college dorm late night and asks what she's wearing. On a blue leather couch, with a senator, while an intern on Capital Hill. In the back of a military truck, with a paratrooper, when hitching a ride across a desert on holiday. And still years later, in Room #213 of the Rainbow Motel, where she goes every Thursday lunchtime for routine sex with Rick (unbeknownst to Husband 2) ... In Love Sick, her unflinching memoir of her 28 days of treatment in a clinic for female sex addicts, Sue revisits her past behaviour as she learns to put her demons behind her and discover what love really means.

Rescue and Recovery

Love Sick: One Woman's Journey through Sexual Addiction

An Eye-Opening Odyssey Through Love Addiction, Sex Addiction, and Extraordinary Relationships

Sex Addiction as Affect Dysregulation: A Neurobiologically Informed Holistic Treatment (Norton Series on Interpersonal Neurobiology)

Getting Off

Woman of Substances

3rd Edition Conference Approved

Women, Sex, and Addiction A Search for Love and Power Harper Collins

A can't-put-it-down read about a wife's devastating discovery that her physician husband is a sex addict Maurita Corcoran's world collapsed when she learned that her husband of fourteen years, a successful physician, was a sex addict. She had never even heard of a "sex addict,"

but she was suddenly submerged in a world of painful choices about how to rebuild a life for herself and her four children. This is an absorbing memoir about forgiveness, resilience, and hope. With the growing public awareness of how pervasive sex addiction has become in our culture, this memoir answers the questions that spouses must face in building lives of self-respect and confidence. Filled with actual raw journal entries, this first-hand account will help any spouse or partner who needs to know more about this devastating addictive disease. This engaging memoir proves that women can emerge from the betrayal, anger, and heartache to become authentically peaceful and resilient sources of support to other women. Maurita Corcoran and her husband have been in recovery for more than a dozen years. They have raised four children, and they remain happily married.

Compulsive sexual behavior is finally being recognized as an addictive disease like drug abuse, overeating and gambling. The causes and symptoms of sex-addiction are explored as well as the concerns of an addict's co-dependent partner.

In our society, sex can easily become the price many women pay for love and the illusion of security. A woman who seeks a sense of personal power and an escape from pain may use sex and romance as a way to feel in control, just as an alcoholic uses alcohol; but sex never satisfies her longing for love and self-worth. In this wise and compassionate book, Charlotte Kasl shows women how they can learn to experience their sexuality as a source for love and positive power and sex as an expression that honors the soul as well as the body.

Crazy for You

Cruise Control

Big White Ghetto

Lust, Anger, Love

Dead Broke, Stone-Cold Stupid, and High on Rage in the Dank Woolly Wilds of the "Real America"

Naked in Public

An insatiable need for sex and love. Periods of overeating or starving. A pattern of unstable and painful relationships. Does this sound painfully familiar? Trauma counselor Kelly McDaniel has seen these traits over and over in clients who feel trapped in cycles of harmful behaviors-and are unable to stop. Many of us find ourselves stuck in unhealthy habits simply because we don't see a better way. With *Mother Hunger*, McDaniel helps women break the cycle of destructive behavior by taking a fresh look at childhood trauma and its lasting impact. In doing so, she destigmatizes the shame that comes with being under-

mothered and misdiagnosed. McDaniel offers a healing path with powerful tools that include therapeutic interventions and lifestyle changes in service to healthy relationships. The constant search for mother love can be a lifelong emotional burden, but healing begins with knowing and naming what we are missing. McDaniel is the first clinician to identify Mother Hunger, which demystifies the search for love and provides the compass that each woman needs to end the struggle with achy, lonely emptiness, and come home to herself.

Presents the history and questionable science underlying sexual addiction, suggesting that men take responsibility for sexual choices rather than labeling sexual desire as a force that must be resisted, feared, and treated.

For most women, sexually addictive and sexually codependent behavior are intertwined. Sexually codependent behavior reflects basic female conditioning in our society—we are taught that a woman's power is in her sexuality, yet her sexuality is often controlled by men. Thus, sex can easily become a basic form of barter: it is the price many women pay for love and the illusion of security. The addicted woman, seeking a sense of personal power and an escape from pain, may use sex and romance as a high or as a way to feel in control, just as an alcoholic uses alcohol. Either way, however, sex never satisfies her longing for love and self-worth. Combining remarkably candid case histories with provocative cultural analyses, Dr. Charlotte Kasl dramatically evokes both the experience of addiction and the process of recovery. She illuminates the insidious relationship between adult addiction and early abuse or neglect and explores the connections between all forms of addiction. Her guide to recovery is backed by a life-affirming discussion of healthy love and spiritual awareness. With this wise, compassionate book, women will learn to experience their sexuality as a source of love and positive power, and sex as an expression that honors the soul as well as the body.

“ One of the 33 books everyone should reading before turning 30. ” — The Independent "I am not the hero in this story . . . I am the villain. ” In this highly acclaimed and revelatory classic, New York Times and Rolling Stone journalist Neil Strauss embarks on a deeply personal quest to discover why the rate of infidelity, divorce, and marital unhappiness is so high – and what we can do about it. In this quest to heal his intimacy issues, he explores love addiction and love avoidance; sex addiction and sex anorexia; enmeshment and abandonment; and, most importantly, why so many people attract the partners most likely to wound them. What he discovers about himself—and what you will discover about yourself and your partners from reading this—will change the way you date, love, and commit.

A Couple's Guide to Sexual Addiction

A Comprehensive Guide to Understanding and Surviving Sex Addiction For Partners and Those Who Want to Help Them

Lesbian Love Addiction

A Basic Guide to Healing from Sex, Porn, and Love Addiction

A Self-Help guide

A House Interrupted

One Woman's Journey Through Sex and Porn Addiction

*Hope--real hope--for recovery is within reach. This book goes beyond cliché answers and offers meaningful, spiritual, and practical steps to healing and freedom from sexual addiction--or any addiction. With today's rampant availability of Internet pornography, sexual addiction has become a national epidemic that affects an increasing number of Christians, even pastors and priests. As devastating as any drug habit, it brings heartbreak and despair to those it entangles. But there is help for men and women caught in sexual addiction's downward spiral. This book offers a path that leads beyond compulsive thoughts and behaviors to healing and transformation. Speaking from his own experience with sexual addiction and recovery, Dr. Mark Laaser is sensitive to the shame of sexual addiction without minimizing its sinfulness. He traces the roots of the problem, discusses its patterns and impact, and maps out a biblical approach to self-control and sexual integrity. Whether you know someone with a sexual addiction or struggle yourself, Healing the Wounds of Sexual Addiction points the way to understanding, wholeness, and holiness. Spanish edition also available; previously titled Faithful and True.*

*Weiss & DeBusk combine their professional & personal experiences on unraveling yet another layer of the plague of sexual addiction. They specifically focus this work on the women who can be both victims & lovers to men who are sexual addicts. Weiss & DeBusk make this cross cultural journey into the lives of the women who love sex addicts both enlightening & encouraging. The readers are introduced to family of origin issues & possible other predisposing factors that contribute to a woman loving a sex addict. The authors also give to the reader hope to recover from a woman who loves a sex addict. This hope is shared through the personal experiences of other women who share their hope & recovery in this must read book WOMEN WHO LOVE SEX ADDICTS. This book can offer to those who are in a relationship with a sex addict a positive approach to recovery. For many this book may be the first step into a new life of understanding themselves & their relationships. Discovery Press, 5212 Golden Lane, Fort Worth, TX, 76123, 1-800-732-8865.*

*In this book Marnie C. Ferree offers a unique resource for women struggling with sexual addiction. Written by a counselor who understands the condition from the inside out, No Stones offers practical help for those battling sexual addiction and those who want to come alongside women as they seek help. Important for pastors and church leaders, this book will also be a much sought-after resource for Christian counselors and therapists counseling women who grapple with this type of addiction.*

*A Comprehensive Handbook*

*LONELY ALL THE TIME*